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June 2026

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Dear Residents,

Happy summer season is almost here and we are pleased to share with you all the wonderful events that are taking place in the community.

As you can see from the front cover, Winterbourne Barn is in full preparation for their brilliant Winterbourne Medieval Day on Sunday 28th June. Enjoy stepping back in time with activities and stalls for all ages to delight in.

Frampton Cotterell Parish Council have a whole host of fun and free events to mark their Big Green Week and Festival of Nature, running 6th–14th June.

Popular Frampton Singalong Club is celebrating its 10th anniversary in style with a special event on Wednesday 1st July.

The Crossbow Singers are also in fine voice preparing for their uplifting, *The Sky's the Limit* concerts that will take place over, 6th to 8th July.

Nothing says summer more than a beach and the Willowbrook Centre are pleased to have their sandy

beach back from the end of May for all to enjoy.

Acton Court in Iron Acton is open to the public from 27th May to 28th June, on which they will have their special end of season Tudor Jamboree event.

Following a break last year, the festival committee are pleased to announce that the ever popular Frampton Festival will take place at its traditional venue, Centenary Field, on Saturday 11th July.

Congratulations goes to Fram Rugby who recently became Bristol Combination Vase Cup winners!

If you are a business looking to promote your services across the local area in 2026, do get in touch with us and we will be happy to help. Deadline for the next edition is 17th June.

When you make contact with our advertisers, please do mention the magazine, thank you.

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From left: Emma, Geoff, Georgia and Maggie
Front: Tina and Mary. The Sales Team at Bundy and Bond

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The Crossbow Singers Summer Concert



The Crossbow Singers are delighted to announce an additional performance of their Summer Concert this July, following last year's sell-out success. With tickets in high demand, the choir hopes even more members of the local community will have the opportunity to enjoy an uplifting evening of music and entertainment.

This year's concert theme is *The Sky's the Limit*, promising a wonderful selection of songs that will inspire audiences to reach for the stars.

Based at Crossbow House in Frampton Cotterell, The Crossbow Singers are a friendly four-part mixed choir, rehearsing every Monday evening. Their repertoire includes a wide variety of music, from show-stopping favourites to beautiful ballads, ensuring there is something for everyone to enjoy.

During their special fiftieth anniversary year, the choir raised a record-breaking £2,000 for charity. They were proud to support Emmaus Bristol, helping people affected by homelessness, and

Comfort and Joy, which supports local families in need. The choir is immensely grateful to its loyal audiences and dedicated volunteers, whose support made this achievement possible.

In 2026, the choir will be raising funds for Georgina Moore, who is working towards her dream of representing Great Britain as a Paralympic Boccia athlete. Funds raised will help cover the costs of travel, equipment, coaching, training, and competition, all vital as Georgina seeks to improve her ranking and pursue selection for the GB squad.

The choir will also continue its support for Frampton Food Hub, based at Zion Church, and REMAP Bristol, which creates bespoke equipment for disabled people when no suitable commercial alternatives exist.

If you are looking for an entertaining evening filled with music, laughter, and joy, why not come along this summer?

The Sky's the Limit

Monday 6th, Tuesday 7th, and Wednesday 8th July 2026, 7.30pm, at Crossbow House, Church Road, Frampton Cotterell, BS36 2DA. Tickets: £10, available from 8 June.

Booking

Monday performance: Rose – 01454 772675.
Tuesday performance: Mary – 01454 887885.
Wednesday performance: Katrine – 07886 154948.
Do book early to avoid disappointment!



All are invited to a
Musical Evening
at St Michael's Church,
Church Lane, BS36 1SE on
Saturday 6th June, 7pm.

Listen to a special piece of music written about **Hicks Common** (where development is currently proposed).

Talk to the local man who has composed the music about this special green space.

There will also be music from St Michael's Choir, young musicians and folk music for all to enjoy.

The event is free and refreshments will be available, along with a retiring collection.



News from Frampton Cotterell WI

For our late March meeting we were given a demo on 'Chair Yoga' by local instructor Sam Cairns. Sam taught us a variety of techniques for both relaxing and breathing as well as some moves that can easily be made from a sitting position, to help build and maintain core strength. We were genuinely surprised at how some of the moves can really work the muscles, just through some gentle stretching and lifting. Sam normally runs her classes in Chipping Sodbury, which also include other types of Yoga.

As we go to press, we look forward to a talk by a representative from Avon & Somerset Police, and our Resolutions & Quiz night at the end of May.

Other upcoming talks include:

June 23rd – Bob from Yate Food Bank (Trussell Trust) | **July 28th – Bristol's Blue Plaques** (Bristol Civic Society) | **September 22nd – The Amazing Honeybee** (Richard Rickett, Beekeeper).

In July we will be running our popular cake stall again at the Frampton Festival (Sat 11th), as well as holding our Summer Meal – an Italian Night at Magnolia Mews, in the village.

Visitors and new members are welcome to our monthly meetings at **St Peter's Hall on School Road at 7.45pm, on the fourth Tuesday of the month.** Watch this space and our Facebook page for confirmation of future event dates and more details about our WI.

There is a non-member charge of £4.00 for the evening and any new members can also join by paying a membership fee. In the meantime, if you're interested in joining us please let us know and get in touch via our Facebook page. Special interest/social groups that meet separately including a book club, lunch club, gardening group and skittles team.

Please search **FramptonCottWI** to find out more, and to like our Facebook page.

Win Big While Making a Difference

Imagine the excitement of winning up to £10,000 while helping children and young people with life-limiting conditions receive the care and support they need. By joining the Children's Hospice South West Raise a Smile Lottery, every ticket purchased helps provide vital funding for local hospice services and gives players the chance to win fantastic weekly prizes.

There are 35 prizes to be won every week, including a £1,000 first prize, a £100 second prize, two £25 prizes, five £10 prizes and five £5 prizes, plus 20 Bonus Draw Entries for the following week's draw. A single play costs just £2 per week, making it an easy and affordable way to support an incredible cause while enjoying the thrill of taking part.

Players are also automatically entered into the Bonus Rollover draw, which starts at £200 and increases by £200 every week until it reaches an impressive £10,000 jackpot. The lottery draw usually takes place every Friday, with 14 guaranteed winners selected at random.

Last year alone, the lottery helped raise more than £10,000 every week for Children's Hospice South West. These funds can make a life-changing difference, helping to provide specialist equipment and facilities, such as accessible baths for babies, children and young people with life-limiting conditions at the hospices.

Playing is simple. Regular players can enter up to five times each week, with every play allocated a unique lottery number. One-off play tickets are also available from local CHSW charity shops.

As well as the chance to win cash prizes, every ticket sold helps Children's Hospice South West continue providing expert care, respite and support for families when they need it most.

To sign up, visit: <http://www.chsw.org.uk/lottery>



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Members of Fram Rugby Club helping out at St Peter's Church



Frams first team – Bristol Combination Vase Cup winners!



News from Framton Rugby Club

Bristol Combination Vase Cup winners!

The Frams first team reached the final of the Vase Cup by beating local rivals, St Mary's 34–27, after coming from 27–12 down! The final against Clevedon took place on the evening of Tuesday 12 May, with the game finishing a brilliant 52–36 to Frampton, making them triumphant winners!

Unfortunately, the crunch promotion game versus Cinderford ended in defeat so the promotion dream is over for our first team. It was a close game but Frampton didn't recover from a serious broken leg in the first half to centre, Harrison Hopes. The game was being replayed following a broken leg to another Fram player, Rich Mortimer before Christmas!

Better news on the 2s as they secured promotion by winning the league (Counties 4 Glos South). The

team has been superbly led by captain Dan Harris .

Frampton annual rugby awards

A wonderful awards night was held at the Chipping Sodbury Golf Club on Saturday 18th April. It was an amazing annual dinner with thanks going to the brilliant bunch of players and supporters that we have. Player of the Year went to Zak Smith. Special mentions to mini bus hero, Giles Fletcher, dinner organiser, Mike Ashwin, compere, Mike Weaver, raffle organiser, Teresa Styles and DJ extraordinaire, Aidan Davies.

Supporting the community

A group of volunteers from Frampton Rugby Club spent a spring morning at St Peter's Church carrying out ground maintenance around the overgrown churchyard. Mowing and strimming of grass and general tidy up of paths .

Organised by one of Fram rugby's main sponsors, Digby Associates. Digby got together the Fram volunteers, many of which are retired ex-players, and rewarded their efforts with a visit to The Globe pub, next to the church after.

Special mention to, Lloyd – landlord of the Globe, who also sponsored some refreshments for the hard workers. A great positive Frampton community volunteering project and thanks to all involved.

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An ode to working (paid or not) mums

The horsey side of life is not something we often write about within our pages but, after attending Badminton this year and witnessing the amazing achievement of Ros Canter and her horse, Lordships Graffalo, we felt compelled to share a few words. Although we appreciate many who read this will have no or little experience of the equestrian world, a huge number of you will have first-hand experience of being a hard working mum, a role that often poses significant challenges!

Ros Canter gave birth to her second child at the end of January 2026 and in May 2026 won one of the most prestigious prizes in eventing – Badminton Horse trials, for the second year in a row. This third Badminton title adds to her two consecutive Burghley titles, as well as both World and Olympic gold medals. During interviews at Badminton, it was refreshing to hear her share both the mental and physical challenges that getting back to work involved and that often it was trying to find the headspace that proved the more difficult of the two.

Matters Magazines was founded twenty one years ago by Jaci who, prior to having her first child was a financial director and, before the birth of her second, launched Bradley Stoke Matters to enable her to work around her two children. She then aided Kerry to launch Bishopston Matters two years later. To keep in with the equine theme, we will share that we became friends over our obsession of horses over 30 years ago!

On winning the international event Ros gave thanks to her team and family for enabling her to compete. Support networks are again something I am sure many of us have been thankful for. After the birth of both of our respective children, we each had less than a month off – the printing press waits for no one! Our husbands, family and friends helped each of us to achieve this, both with practical help and support of mental wellbeing.

We hope, like both of us, you take heart from Ros Canter who is certainly out there flying the flag for strong women and working mums with her phenomenal achievements, while all the time acknowledging it is not always easy and all we can do is our best. So, whether you're on maternity leave, working a few hours or full-time each week, we just wanted to take this opportunity to say you are all doing an amazing job and we should be proud of all that we achieve no matter what that is.



Ros Canter & Lordships Graffalo at Badminton 2026



Right to left: Kerry & Jaci happy in the stands at Badminton

Keeping Up Traditions at Badminton Horse Trials: Badminton Scoreboard Manned by local Residents

The prestigious Badminton Horse Trials is a 5 star eventing competition held at the Duke of Beaufort's estate in Gloucestershire every May. The inaugural event was in 1949. Top level riders, horses and a mass of volunteers head to the village of Badminton to support the running of the horse trials.

Whilst we were at Badminton this year (see article opposite), we were delighted to bump into Wendy, a long time resident of Winterbourne, another horsey friend of several decades, and, with the support of Matters Magazines founder Jaci, the first editor of Winterbourne & Frampton Matters, which she ran for many years. Wendy was at Badminton with her life-long friend Sarah, who lives in Coalpit Heath, and together they held the responsibility of running the very important score-board at the most important 5 star equestrian event in the country (some might say world as it's the one everyone wants to win)!

Sarah tells us: Back in 2021, I was approached by Jane Tuckwell, Event Director, if I would like to gather up a team to take over the scoreboard, as my handwriting was neat in her Christmas card! The huge scoreboard at Badminton Horse Trials is the only hand painted board left in the country, with most events now having a digital screen, but the organisers, and particularly the Duke of Beaufort himself, feel it is important to stick with tradition. Hence the scoreboard has now become a major focal point for those attending the event.

The scoreboard is remade every year and is a massive blackboard with just lines at the start, our job, is to fill in all the blanks with the necessary information. Spectators, owners, riders and stall holders all make their way to the scoreboard to check the up-to-date news. Many spectators commented on how lovely it was to come and see the scoreboard written up in real time rather than just check on their phone! Those who flood the tiny village each year to watch the event unfold, day by day, are eager to meet at the scoreboard for good old fashioned paper updates of scores, running orders and like to write on their own score sheets to keep and take home. The paint is traditional white lime powder which paints on very pale and then dries to a brilliant white, while the daily total scores and the final placings are all painted up in red.

Along with myself, my daughter usually mans the phones from the FEI scorers and my good friend, Wendy, informs me of withdrawn and retired



combinations as well as the scores to go up. Each one of us knows exactly how to do the other jobs, except the painting which needs to be completed in all the same hand. It is a massive undertaking over the four days and we all pull together to get the scores up and ready for the rider interviews at the end of each day.

As the scoreboard is raised, with one end doubling as an interview platform, a ladder is essential as the board is quite high up and the very top can be slightly wobbly in the wind! We all take time off to support the horse trials as volunteers but as we are under a big canopy – we are thankfully usually dry.

A good time is had by all, meeting friends not seen since last year, eating lots of cake and drinking tea, whilst catching up on past events.



Photos top to bottom: Sarah and Wendy in front of the completed board at the end of the four days of competition; Filling in each individual result; Sarah detailing hand painting each of those scores with a paintbrush!

Fancy joining us?

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THE BEACH IS BACK!

FRIDAY 22ND MAY

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The Frampton Festival is back



Preparations for the fun-filled family day are almost complete for this popular local community event. Following a break last year, the festival committee are pleased to announce that the ever popular Frampton Festival will take place at

its traditional venue, Centenary Field, on Saturday 11th July.

Due to kind donations, sponsorship, JustGiving, advertisers and the generosity of the Parish Council, the festival is able to take place once again. The Festival committee have been working hard since last summer to ensure that popular attractions have been booked.

Committee member Ian Haddrell said: "The organising committee are extremely grateful to all those who have provided funds which allows the festival to take place again. We know how popular the festival is with local residents and we are determined to continue providing the annual free event."

There are a variety of events taking place throughout the day including: Frampton Cotterell Male Voice Choir and line dancing with Laughter In Line. Among the usual attractions at the event are steam engine rides and a variety of fairground rides. For children in particular there is Johnny G's puppet and magic show.

Live musical entertainment throughout the day will be provided by Assembly Banger, The Worthy Voices, local band Brain Fog, Elvis impersonator Mark Knight, Fab Twins, Sweet Heat and headliners Elevation.

There will be a selection of stalls – a combination of local organisations and local businesses, who have once again supported the festival and many will be in attendance on the day.

Stalls already booked include: Bee Painted – face painting and glitter tattoos, Frampton Cotterell WI – cake stall, Mighty Spice, Pint Sized People – children's toys & sweets, Zion Church, Seravida Art – mindful art & workshops, Inner Harmony – physic tarot and charms reader, Hedgehog Rescue Centre, Wendy Greenwood Jewellery, and Ian Lloyd with his Parody Portrait Caricature.

Refreshments will be available on the day, with Bramble's Bar providing an on-site bar selling a range of beers, ciders, wine and lager, along with numerous food outlets.

The free festival takes place on Saturday 11th July in Centenary Field, Mill Lane, Frampton Cotterell, commencing at 2.00pm and finishing at 10.00pm with the lighting of the parish beacon followed by a spectacular silent firework display. Well behaved dogs are welcome at the festival, but unfortunately barbecues are not permitted at the festival.

The committee would welcome a few additional helpers on the day to ensure that the festival runs smoothly and safely. If anyone feels that they could spare an hour (or two) on the Saturday of the festival, please contact the festival committee at info@framptonfestival.co.uk.



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Images thanks to Hannah Daniels



Winterbourne Down Village Carnival 2026 – a thank you from chair Nick Roden

What an incredible success this year's Winterbourne Down Village Carnival has been!

From accountants to lawyers, project managers to teachers – so many of us lead busy, hectic lives, yet still give up our precious free time to make this event happen. This year has brought challenges that have truly tested our willingness to volunteer, but as always, we pulled together as a team and powered through because we see, year after year, just how much this carnival means to our community.

And what a day we had! The mizzle cleared just in time for the parade, brilliantly led by our VIP, Charlie Bear from this year's charity – GWAAC. We saw bumper registrations for the Dog Show, and an incredible turnout from the community – it was fantastic to see so many smiling faces!

A huge and heartfelt thank you to every single volunteer who made the magic happen – from our ever-watchful safety stewards and enthusiastic raffle ticket sellers, to our legendary scone bakers (fueling the village one jam-and-cream masterpiece at a time). To the photographers capturing our best angles, chauffeurs keeping things moving, Explorer Scouts lending a hand, litter pickers restoring order, dog bowl water fillers keeping tails wagging, the toe-tapping ukulele band, bunting hangers braving ladders, and stall table distributors performing feats of logistical genius – you are the true heroes of carnival day. Quite simply, we couldn't do it without you (and we definitely wouldn't have as much fun!).

Most importantly, thank you to our dedicated committee members, who work tirelessly throughout the year to plan and organise this wonderful event. Your commitment does not go unnoticed.

We are incredibly lucky to be part of such a fantastic, supportive community – the spirit, generosity and togetherness on display this year was truly special. And while we take a moment to reflect on a brilliant 2026 carnival, our thoughts are already turning with excitement to what we can achieve together in 2027!

On a personal note, it is an absolute privilege to serve as your Carnival Chair. Seeing our community come together like this – the laughter, the generosity, the shared pride – is something that stays with you long after the day is done. Thank you for your support, your kindness, and for making this village such a special place to call home.

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You're Not Imagining It:

*Why the Weather Really Does Affect
How You Feel*

There's a moment most of us recognise. You wake up, pull back the curtains... and it's grey again. Not dramatic, not stormy, just that familiar, sky. And somehow, your energy dips before the day has even begun. It's easy to dismiss this as a lack of motivation. Actually, your body is responding exactly as it's designed to.

The science behind the slump: Light is one of the most powerful regulators of our internal body clock. Exposure to daylight helps control our sleep-wake cycle, energy levels, and even mood. When natural light is limited, like during those lingering grey spells, we produce more melatonin (the sleep hormone) and less serotonin (which plays a key role in regulating mood). This is why some people experience more noticeable dips, sometimes diagnosed as SAD: Seasonal Affective Disorder. Even without a diagnosis, many of us feel a 'quieter' version of this; lower energy, reduced motivation, and a tendency to retreat indoors. So no, it's not "just you."

The South West Effect: Living here in the South West, we're no strangers to unpredictability. Spring and early summer can bring a mix of bright, uplifting days alongside long stretches of cloud, drizzle, and cool air. The challenge? We often wait for the "perfect" weather to feel good, be active, or get outside. And when it doesn't arrive, our habits slip. Walks get postponed. Fresh air becomes optional. Movement becomes negotiable. Over time, this creates a subtle but powerful pattern. The weather starts to dictate our wellbeing.

Shifting from Reaction to Rhythm: What if, instead of reacting to the weather, we worked with it? Research consistently shows that regular exposure to daylight, even on cloudy days, supports mood, sleep, and overall health. In fact, outdoor light levels on a grey day are still significantly higher than indoor lighting. This means that stepping outside, even briefly, can have a measurable impact. The key, therefore, is consistency, not the conditions.

3 Simple Ways to Weatherproof your Wellbeing:

1. Lower the bar for getting outside

It doesn't have to be a long walk or a full workout. Ten minutes of fresh air between meetings, during the school run or after dinner is enough to signal to your body that it's daytime.

2. Dress for the day you have, not the one you want

A light waterproof, an extra layer, or comfortable



Tip the Balance

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footwear can remove just enough friction to make getting outside feel easy rather than effortful.

- Anchor your routine to time, not temperature**
Instead of deciding based on how it looks outside, build habits around your day. A morning step outside, a lunchtime walk, or an evening reset, regardless of the forecast.

We Need to Make Peace with the Grey

Those brighter, sunny days will come, and when they do, they'll feel even better for it. But waiting for them isn't a strategy for wellbeing. Let's face it, in a place like the UK, learning to embrace the weather isn't just helpful, it's essential.

If this resonates, it might be a helpful time to check in with your own approach to movement using our **Elemental Approach to Wellbeing** (<https://www.tipthebalance.life/elemental-approach-to-wellbeing/>). The Meaningful Movement element, and our Movement Wheel, are designed to help you build flexible, realistic habits that work with your life (and the British weather), rather than against it (<https://www.tipthebalance.life/elemental-approach-to-wellbeing/meaningful-movement/>).

If you're ready to feel more consistent, energised, and in control of your wellbeing, whatever the forecast, get in touch to explore how we can support you.





News from the Floral Friends of Frampton

Well, the weather was fabulous, so many people came along to support us and, as a result, our plant sale was a roaring success. We hope everyone had a wonderful time, we certainly did. We had many more plants than usual this year because we had enlisted the help of some local gardeners who rose to the challenge of growing little plugs into beautiful bedding plants that absolutely flew off the shelf. Any leftover summer bedding will go into planters around the village so none of our collective efforts will be wasted.

As always, there were delicious homemade cakes on offer and, of course, our grand raffle which is always well supported both in donations and ticket sales. To everyone who grew plants for us, made cakes, bought our wares or just came along and had a good time, thank you so much. It's always hugely rewarding and of course, it means we can buy or replace our planters, buy bulbs and flowers and maintain the lovely Beesmoor border.

In other news, we now have a second recycled bench outside St Peters church, perfect for sitting in the summer sun after a walk in the fields or around the village, plus a new recycled planter at Frome Valley Medical Centre which is now sited in the car



park, rather than on the path. As part of a revamp this spring, there are two wooden planters now positioned opposite St Peters church, either side of the existing bench, re-purposed from outside Salon 98 in Woodend Road. Hopefully this will make it a more attractive spot to relax and watch the world go by. There will be two new recycled planters outside the hairdressers, next to the bench as before.

Lastly, a special thank you for your unwavering support. Without it we couldn't continue as we do, so as always, we are eternally grateful

If you would like to contact us, please email us at floralfriendsofframpton@gmail.com or follow us on Facebook.

A growing team blossoming at Dawn Clode's holistic, garden treatment room

In the last issue, we introduced therapist Ella to Dawn's holistic treatment room based in Little Stoke. The pair met when Ella gained Reiki qualifications on a series of Dawn's popular courses. Ella is also a qualified massage therapist, Sound healer, Crystal therapist and a Cacao ceremony facilitator – born out of linking to her family heritage. Sharing her treatment space with Ella has worked so well that Dawn is now pleased to welcome talented therapist, Eva to the friendly team.



Left to right: therapists Eva, Dawn & Ella

Eva is a self-employed Massage Therapist with over four years of experience working across both sporting and clinical rehabilitation environments.

With a background in Sports Rehabilitation Eva shares, "I take a holistic and client-centred approach to wellbeing, helping clients reduce pain, recover from injury, unwind from everyday stress and feel their best both physically and mentally." This is a working ethos very much aligned with Dawn, who has been practising Holistic treatments locally for over a decade.

With a passion for sport, Eva coaches and plays lacrosse, as well as being an avid runner, all of which gives her a greater understanding of the physical demands sport can place on the body and the importance of recovery, movement and self-care.

Alongside sports and clinical massage, Eva is excited to continue growing within the wellness industry by developing her knowledge in Reflexology, Aromatherapy and Reiki, enabling her to offer a greater holistic approach to healing and wellbeing. She also speaks conversational French and Spanish, as well as British Sign Language (BSL), which helps her connect with and support clients from a wide range of backgrounds.

All of the local therapists that practice at Dawn's treatment centre are dedicated to creating a calm, welcoming space where people feel comfortable, cared for and able to truly relax during their treatment. If you would like to find out more or book in with any of these local, holistic therapists please contact Dawn.

Call: 0795 1099 491 or visit: www.life-and-soul-empowerment.co.uk

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The Window Hub: Bristol's Award-Winning Rise to the Top

When a Bristol-born company sets out to shake up an entire industry, you'd be forgiven for raising an eyebrow. But The Window Hub has done exactly that — and the trophy cabinet is starting to feel a little crowded!

In late 2025, The Window Hub was crowned the UK's Number One Installer at the prestigious G Awards, the fenestration industry's most coveted accolade. Going up against the country's biggest names, this Bristol team proved that genuine craftsmanship, honest pricing and an unwavering commitment to customers can outshine companies many times their size.

And the recognition hasn't stopped there. The Window Hub has just been announced as a finalist in not one, but two categories at the National Fenestration Awards: **Customer Care Company of the Year** and **Managing Director of the Year**. It's a remarkable double-nomination that speaks volumes about the culture and leadership behind the brand — a company that doesn't just fit windows, but treats every home as if it were their own.

What makes this story so compelling isn't simply the silverware. It's what those awards represent: thousands of happy homeowners across the South West who've experienced a refreshing alternative to the high-pressure sales tactics that have plagued our industry for decades. Transparent quotes. Premium products. A team that turns up when they say they will.

If you've been thinking about new windows, doors or a conservatory, there's never been a better time to talk to the company everyone in the industry is talking about.

Call The Window Hub today for your free, no-obligation quote — or visit our website to discover for yourself why we're officially Britain's number one installer.

What's on at Winterbourne library



Share Bristol Library of Things – now at Winterbourne Library. Borrow more, waste less! See library for details or www.sharebristol.org.uk.

Children's FREE Activities

Rhymetime – Every Wednesday, 10am (term time only).

Storytime – Every Friday, 10am (term time only).

Lego Club – Four weekly on a Saturday – Story and a themed build. Children must be accompanied by an adult. Suitable for 4+ years. Next Session is 20th June, 10am – 11am.



Coming soon – Summer Reading Challenge 2026: Read to the Beat! Inspiring children to read through the universal appeal of music. It's FREE to take part in the Summer Reading Challenge – all children aged 4–11 are invited to join in! They can read any books they enjoy and collect stickers and rewards, including a medal and certificate!

There is also a **full programme of free holiday activities in libraries**. Children who join the Summer Reading Challenge 2026 at a South Gloucestershire library during staffed hours from Saturday 4 July finishing by Saturday 12 September, can pick up a free activity bag. We are also **recruiting volunteers** 14+ years to help with the Summer Reading Challenge, please see in library for details.

Adult activities

Adult craft group – Fortnightly on Saturday 10am – 12pm. Join our friendly group to do your own craft and chat, refreshments by donation. Next dates – 13th and 27th June.

Coffee Morning – Every Wednesday 11am – 12pm – Join us for a coffee, chat, friendship and bring a craft too.

Adult Games Club – Fortnightly on Wednesdays, 2 – 4pm, with refreshments by donation. Next dates – 3rd and 17th June. Come along on your own or with a friend to play a variety of board games and make new friends.

Free Computer Classes – Thursday (term time only) – enrolment required with SGS College. For further information please contact: Cindy on: cindy.corbett@sgscol.ac.uk or 01179 092239. This is a 16 week course that you can join at any time.



Digital Champion – Do you need help getting online? Are you stuck using your iPad or phone? Book a free one to one computer session at a local library – See staff for details.



Open Access – This is our system that lets you into the library when we are not open with staff between 8am – 7.30pm, 7 days a week using your library card. Library members complete a quick induction held at Winterbourne library, 3pm Wednesdays and 10am Saturdays to register to use Open Access. You then can use our WiFi, computers, printing, collect reservations, issue and return books.

Normal opening hours

Tuesday, 10am – 3pm. Wednesday & Friday, 10am – 5pm. Saturday, 9.30am – 12.30pm.

Email: winterbourne.library@southglos.gov.uk

Telephone: 01454 868006

www.southglos.gov.uk/libraries

Facebook: [South Gloucestershire Libraries](https://www.facebook.com/SouthGloucestershireLibraries)

Twitter: [southgloslibs](https://twitter.com/southgloslibs)

Seeds of New Life

June is a wonderful month, full of hope and promise. Now, I'm no gardener, but even I can see that gardens are waking up, hedges are full and green, and everywhere I look there are signs of new life pushing its way into the world. Tiny seeds, once hidden in the soil, are now becoming something we can see and enjoy.

It's easy to forget how small a seed really is. A handful can look like nothing much at all. Yet, given time, warmth and care, those small beginnings turn into flowers, vegetables and trees that last for years. There's something quietly remarkable about that.

Many of us have our own ways of tending to seeds, whether in a back garden, a window box, or a shared allotment. We water them, we keep an eye on them and we trust that something is happening even when we can't yet see it. Growth often begins out of sight.

Perhaps the same can be said for other parts of life in our community. Small acts – a kind word, a helping hand, a moment of patience – can seem insignificant at the time. But, over days and weeks they take root. They shape friendships, strengthen our community and bring a sense of warmth that others can feel.

New life doesn't always arrive in grand or obvious ways. Often, it begins quietly. A fresh start after a difficult time. A new neighbour settling in. A child learning something for the first time. These moments can be easy to miss, but they matter more than we might think.

There is also something about seeds that invites us to be patient. Not everything grows at once, and not everything grows quickly. Some things take longer, needing the right conditions before they truly flourish. That can be true for people as well.

As we enjoy the longer days of June, perhaps we can take a moment to notice not only what is growing around us, but also what is growing within us. The gardens, certainly, but also the small signs of goodness in daily life. These are the seeds that quietly shape who we are becoming.

Just as in the garden, it is often the simplest things – light, care, and a little attention – that make all the difference.

Joanne

Rev Joanne Hodge – Fromside Benefice

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Admission **£13.70** including booking fee.

Tudor Jamboree

Sunday 28 June – End of Season Event | 10:30–13:00 & 14:00–16:30

There will be special guests and activities covering **Tudor Court music**, **Birds of Prey**, **Tudor Queens**, **Jewellery from Wolf Hall**, **Tudor herbs and plants**, **Tudor tailoring**, **painting and flowers**.

Full details on website. No audio guides for this event, but visual and written information will be provided.

Admission **£16.96** including booking fee. Children, 11 and under, by arrangement.

There is free parking and partial access for disabled visitors. Light refreshments are available on site.



Acton Court Latteridge Road Iron Acton Bristol BS37 9TL

info@actoncourt.com | Information line: 01454 228 224 | www.actoncourt.com



Summer at Winterbourne Medieval Barn

Winterbourne Medieval Day

Sunday 28 June, 11am–4pm

Our wonderful Medieval Day is back, with re-enactments from the, Warwick Warriors and living history group, The Company of Chivalry on a genuine medieval site! There is a varied programme of demonstrations throughout the day, plus medieval live music, Knight School, archery, traditional games and activities for young children, artisan craft stalls where you can watch some of the artists at work, and a varied range of food and drink options. A great day out for all ages at an affordable price. Book now for early bird prices of only £5 adult and £1 child. Free parking at Winterbourne Academy with a free shuttle bus to and from the Barn.

History Talks in the Barn

All talks start at 7pm. Bar opens at 6.30pm. Seating unreserved. Free parking on site.

Rails in the Avon Gorge (Prof Richard Coates)

Monday 15th June – Hear about the many tramways and railways that have existed over the last 200 years.

Glos Landscape 12,000 years in the Making –

(Cotswold Archaeology) **Monday 20th July** – Hear about the amazing recent discoveries made while building the A417 'missing link'.

Mon 3 Aug – The Quest for the Historical King Arthur (Prof Ronald Hutton).

Tue 15 Sep – The Bayeux Tapestry (Prof Benjamin Poh) – a new Interpretation.

Summer Comedies

Visiting professional touring companies bring all kinds of hilarious drama to the Barn.

The Pantaloons – Thursday 2nd July – The (almost) Complete History of Britain. Mud, blood and stiff upper-lips! A delightfully inventive hilarious race through the centuries.

Shakespeare in the Barn – Friday 14th August – *The Comedy of Errors*. The Festival Players bring the very best in touring theatre with this crazy farce.

The Wonderful Wizard of Oz – Sunday 16th August – IKP bring another 'bonkers' adventure in this relaxed inclusive family-friendly theatre.

Summer Barn Dance – 10 July, 7.30pm.

What could be better than a proper Barn Dance in a real heritage barn? Gloucestershire folk band, Sargent's Mess play the traditional tunes, and Rob calls all the steps, so no experience needed. Bar open from 6pm and you are welcome to bring a picnic if you wish. The Barn Dance in March sold out well in advance so book now to avoid disappointment!

Craft Workshops

Fused Glass – Tuesday 9 June – 10am or 1pm. Two hour sessions. A choice of projects.

Basketry for Beginners – Tuesday 21 July – 10.30am. Make a round basket in four hours.

Booking info: Early Bird discounts are available if you book at least two weeks beforehand (not applicable to workshops). All events should be booked online at Ticketsource or via the Barn's website. If you need to book in person, contact the office (open part-time) to arrange a time to visit. The Medieval Barn is fully accessible for wheelchairs.

www.winterbournebarn.org.uk

Facebook: @winterbournemedievalbarn

Winterbourne Medieval Barn, Church Lane, Winterbourne, BS36 1SE



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Actor Gamba Cole runs in support of Bristol's youngest children



Bristol actor, Gamba Cole, took on the Great Bristol Run on Sunday 10 May, raising vital funds for Baby Bank Network Bristol and helping families in our community who are facing crisis or poverty.

Known for his roles in BBC's *The Outlaws* and recently ITV's *Betrayal*, Gamba joined the Baby Bank Network team in the 10k run, helping raise money so the charity can continue providing essentials for the babies and children who need them most.

Gamba said the charity's work had made a lasting impression on him. "I've seen first-hand what Baby Bank Network does for Bristol families, and the care they put into every package," he said.

"It's a lifeline for so many babies and children in our community who would otherwise grow up struggling for life's essentials."

In the last 11 years, Baby Bank Network Bristol has helped nearly 12,500 families, passing on everything from nappies and toiletries to baby clothes, cots and prams to local families who are unable to provide the basics for their young children.

Demand for the charity's services continues to grow as the cost of living puts pressure on household budgets across the city.

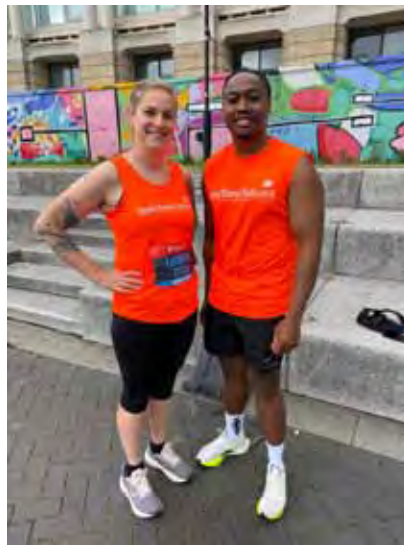
CEO and Co-founder of Baby Bank Network, Becky Gilbert, said: "We're so grateful to Gamba for going the extra mile (literally!) for our charity – it's meant a huge amount to our team, and to the families we support.

"Being born in Bristol, Gamba understands how special this city is to people living in its communities. When families are going through a tough time, Baby Bank Network is here to help, and fundraising like this makes a real difference to what we can offer.

"The atmosphere in Bristol over the weekend was electric, and we're very thankful for everyone who got behind the team – both cheering along the route and donating to our appeal. Every penny we raise will help us make sure babies and young children living here have the essentials they need to thrive."

There's still time to support Gamba and the Baby Bank Network team by donating to their Great Bristol Run fundraiser at [justgiving.com/campaign/bbnbristolrun2026](https://www.justgiving.com/campaign/bbnbristolrun2026)

For more information about Baby Bank Network Bristol, visit [babybanknetwork.com](https://www.babybanknetwork.com)



Baby Bank Network supporter Lauren Peters and Bristol actor Gamba Cole

St Michael's Primary Year 1 pupils enjoy creative writing

Last term, Year 1 embarked on an incredible writing journey! The children were excited to create their very own stories, we used the story, *Where to hide a star*, by Oliver Jeffers to give us a story structure.

During their writing sessions, the Year 1 pupils gathered ideas about the best hiding places for a star. Some suggested hiding it in a fluffy cloud, while others thought it could be hidden on a sandy beach. The classroom was full of creativity as they shared their thoughts and their imaginative ideas.

Once they had their ideas, the children began to write. One student, Henry, said, "I would hide my star in a church. Another student, Eira, said, "I would hide my star in a park." Their stories were filled with

wonderful descriptions and exciting adventures.

After finishing their stories, the children proudly shared their work with the class. Their faces lit up with joy as they read aloud, and everyone clapped for their amazing efforts.

This writing project not only helped Year 1 improve their writing skills but also encouraged them to express their creativity. What a fantastic experience it was for these young authors! We can't wait to see what they write next!



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Free Live Music for Everyone!

The Music Train has arrived at Paul's Place, which they're proud to adopt from the Milestones Trust. It's a community initiative founded and facilitated by local volunteer, Liz Gray. These much-loved live music events bring the wider community together at local venues, including at Paul's Place Hub, a charity that supports and enhances life for disabled people.

The live music events take place during the day, making them ideal for anyone who finds it difficult to socialise or get out in the evenings. It's a great opportunity to meet friends for a chat, enjoy a coffee, and have a boogie. They're also perfect for local care homes looking for fun daytime activities. Everyone in the community is welcome.

Music Train also welcomes those with a wide range of support needs and has become a powerful source of joy, connection and community engagement. From 2024–2025, The Music Train hosted 150+ events and welcomed nearly 8,000 people, contributing to over 700 events held across Bristol, Bath, South Gloucestershire, Wiltshire and beyond since its launch.

Existing fans of Music Train can expect accessible and live music at the same venues, but with extra community events at Paul's Place Hub in Shire Way. Aside from some minor branding changes, the experience will remain unchanged.

The charity would like to thank Liz Gray for her dedicated and outstanding contribution to The Music Train and the wider community. And thank you to Milestones Trust for previously hosting Music Train and for making its transition to Paul's Place possible.

Lynda Williams, CEO of Paul's Place, said: "We are honoured we have adopted The Music Train, and working closely with Liz ensures this much-loved and essential service not only continues but grows. It is an outstanding project that aligns perfectly with Paul's Place's mission to enhance the lives of disabled adults."

Liz Gray said: I am very excited that Paul's Place adopted The Music Train. This will ensure that The Music Train continues to enrich the lives of the people Milestones Trust supports and the wider community, and possibly reach more communities.



The whole community is welcome to enjoy these live and free music events across different venues and during the day. Donations are welcome, and refreshments are available.



For more information about The Music Train event happening near you, please visit www.facebook.com/themusictrainbristol.

www.paulsplace.org.uk/donate

Events at St Saviour's Church Beesmoor Road, Bristol BS36 2RP

Sunday 21st June, Fathers' Day Breakfast in the church hall, from 9am.

Come and enjoy a full English breakfast before sharing in our Parish Praise service at 10.30am. There will be a notice in church for you to sign up at the beginning of June.

Saturday 27th June St Saviour's Summer Fayre, 2pm in the Hall Garden

Regular Events

Butterflies Baby and Toddler Group
in the hall on Monday mornings (term time),
10–11.30am

Mothers' Union
On the fourth Tuesday in the month, 7.30pm

Messy Church
On the first Saturday in the month, 3.30pm in
the church hall

Open Church
Wednesday, 1–3.30pm. The Church is open for
tea, coffee and a chat or quiet time.

Frampton Cotterell Computer Group



Frampton Cotterell Computer Group provides help and advice to people of all ages on the use of PCs, laptops and tablets. The group meets at the Brockridge Centre in Frampton Cotterell on Wednesday (10.00am to 12.00pm) and Thursday mornings (9.30am to 11.30am) and new members are always welcome to join on whichever day they prefer.

Nowadays many aspects of modern life, from banking to booking theatre tickets, are done online. However, for people who have not grown up using smart phones or computers this can be quite daunting.

FCCG aims to help people to improve their knowledge, confidence and understanding, either through structured exercises which they can work through at their own pace or by answering specific questions which are raised. Because of the informal nature of the group people can also learn from each other as they try different things.

For the latest information contact the Brockridge Centre, Tel 01454 864442 or Email: framcottcg@gmail.com

Frampton Cotterell Computer Group

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brockridge Centre, Woodend Road Frampton Cotterell.



To enquire about future sessions

Tel: 01454 864442

Email: framcottcg@gmail.com

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Celebrating 10 Years of Frampton Singalong Club

This year marks the 10th anniversary of Frampton Singalong Club, a much-loved community group founded by husband-and-wife team Tony and Hilary Jay, bringing music, friendship and fun to retired and disabled people in the local area.

What began as a small community singalong, has grown over the past decade into a warm and welcoming monthly gathering where people come together to sing, laugh, socialise and enjoy themed afternoons led by experienced musicians.



Group singing is now widely recognised as a positive wellbeing activity and recommended as used in social prescribing, helping to generate 'endorphins' the body's natural feel-good chemicals. So, as well as encouraging everyone to sing, the club has always been about even more. With the help of a wonderful team of volunteers, members are welcomed with refreshments, conversation, poems, gentle exercises and companionship. Volunteers help in many ways, from making tea and serving cakes and fruit, to assisting wheelchair users, chatting to members and helping everything run smoothly behind the scenes.

Throughout the challenges of Covid, the Singalong Club continued whenever possible, holding outdoor singalongs and later moving into a large hall with doors and windows wide open – members often singing happily in coats and scarves just to stay connected through music and friendship.

Over the years the club has supported wellbeing, reduced isolation and created many lasting friendships within the community. Any profits made by the group have been donated to charities which have included – Unicef (Children affected by War in Ukraine), Motor Neurone Disease, Children in Need, St Peter's Hospice and Parkinson UK.

To celebrate this special milestone, Frampton Singalong Club will be holding a free 10-Year Celebration Singalong on Wednesday 1st July at 2pm at Crossbow House, School Road, Frampton, BS36 2DB.

Everyone will receive a warm welcome. No amazing singing voice is needed – just come along and enjoy the music, friendship and fun. The afternoon will have singalong leaders, live music, favourite singalong songs (songbooks available), cream teas and a non-alcoholic prosecco toast to celebrate ten wonderful years together. Booking is essential.

For more information or to reserve a place, please contact Hilary, call: 07515 351813 or email: jays.music@mac.com

FRAMPTON SINGALONG 10TH BIRTHDAY CELEBRATION!

2.00 pm Wednesday 1st July 2026

FREE EVENT with Live Music, Classic hits 50s, 60s & 70s. Song books. Cream Teas, Non Prosecco & Birthday Cake!

Crossbow House, Frampton Cotterell, BS36 2BD

Free parking, accessible facilities

Everyone welcome! **BOOKING ESSENTIAL**

News from Beesmoor Playing Field



Car Boot Sales @ Beesmoor Playing Field

Our car boot season is here! From May to August we open our field on the **first Sunday of every month for car boot sales**. It's £8 per car if booked in advance and £10 on the day. We open at 8am to set up and 9am to the public.

But it's not just a car boot sale! We sell bacon baps, cold drinks, hot drinks and delicious home made cakes so you'll always be well fuelled, plus our little pavilion is open if you fancy a sit down and of course, we have loos too. It's always a social event – a chance to catch up with friends and grab some bargains. We also have our fabulous wooden park so the kids have somewhere fun to play after you've browsed the stalls or finished selling. So start that declutter now and come and join us on **Sunday 7th June!**

If you'd like to book a pitch, please email us at: field@beesmoor.uk

If you'd like to know more, please do follow us on Facebook or at www.beesmoor.uk.

Beesmoor Playing Field, Beesmoor Road, Frampton, BS36 2NX.

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News from Frampton Cotterell Parish Council

Big Green Week & Festival of Nature in Frampton Cotterell

As part of this year's Big Green Week and Festival of Nature (6th – 14th June), Frampton Cotterell Parish Council will be hosting a bunch of fun and free community events and activities.

Frampton Cotterell Repair Café – First Birthday Special – 11am – 1pm, Saturday 6th June – Royal British Legion, Frampton Cotterell.

Don't replace, repair! Free repairs for electricals, appliances, woodwork, furniture, basic jewellery repairs, sewing, tool sharpening and more. Find out what we achieved this first year and how you could volunteer (we really need another sewist).

Community Nature Reserve Social – 7.30pm, Wednesday 10 June – Royal British Legion, Frampton Cotterell

Skittles, free buffet food provided by the Parish Council and the bar will be open to buy drinks. Open to anyone interested in local nature! Find out more about the Community Nature Reserve project. All welcome, just turn up.

Bat Walk – 9.45pm, Thursday 11th June – Starting at St. Peters Church, Frampton Cotterell

All ages welcome, just turn up – note there will be undulating and uneven surfaces. We will have bat detectors which will let you listen to bat calls!

Meet the Moths Moth Club – 13th or 14th of June, date/time to be confirmed.

Nature Walk – 13th /14th of June, date/time to be confirmed.

Learn more about our Big Green Week / Festival of Nature events on our website.

Buzz and Scuttle Artist Collage Workshop – Saturday 27th June – The Brockridge Centre

Later in June, for National Insect Week, we will also be hosting an art workshop with the fantastic local artist behind Buzz and Scuttle, Marian (buzzandscuttle.com/insect-gallery.html). You may have seen Marian's collage work around local Wildlife Trust Reserves and Parks.

During this session, you will learn how to create beautiful realistic insect collages. We will be running an Under 16s session from 10.30am to 12pm, and an Over 16s session from 1pm to 3.30pm. Tickets £5 per person – 100% of booking fees will go to our local climate and nature charity of the year, Empowering Futures. If this booking fee is a barrier to attendance, we can provide limited free concession spaces to ensure everyone has chance to take part. Places for these workshop sessions are limited, and booking required. To reserve your place on this art workshop, contact our Nature Officer Daisy on the details below.

2026 Local Climate & Nature Art Exhibition

Frampton Cotterell Parish Council will be hosting our 4th annual Local Climate & Nature Art Exhibition at the end of August 2026.

We want to encourage local artists of all ages and abilities to exhibit their art. Our exhibition theme includes any art which could sit under the climate and nature umbrella. That could be art focused on wildlife, landscapes, cycling, reduce / reuse / recycling, the place of people within the natural world, art created using natural or up-cycled materials... and more!

Whatever your artistic medium, we'd love to showcase your work. From crochet to collage, sculpting to sewing, pottery to poetry and everything in between, all art is welcome!

If you are interested please contact Daisy on the contact details below.

To learn more about this year's exhibition (including specific exhibition dates, as yet to be confirmed) please visit our website at www.framptoncotterell-pc.gov.uk/climate-nature-art-exhibition.

Kids Against Dog Poop Competition Winners + New Signs

Earlier this year, the Parish Council held a youth competition for local kids to design our new official anti-dog-fouling awareness posters.

Our first-place winners, Grace (aged 13) and Eliza (aged 5) not only received prizes for winning, but have also had their winning posters turned into official signs displayed around the village (see pics opposite).

We also chose two runners up, Aubrey (6) and Niamh (7). Aubrey and Niamh received runner-up prizes and their designs will be printed and displayed on notice boards etc. Congratulations to you both!

Extra Women's Cardio Tennis Dates By Popular Demand

By popular demand, we have added additional session dates for our super-popular Women's Cardio Tennis sessions!

These sessions will all take place at our tennis courts at The Park (Crossbow) on Wednesday evenings from 6.15 – 7.15pm on the following Wednesdays – 3rd, 17th, 24th June, 1st, 8th and 15th July.

Bookings for each session can be made up to one week in advance. These sessions are available to women aged 16+.

Our Women's Cardio Tennis is a fun, sociable women's group fitness class with a tennis twist. Hit tennis balls, build up your skills and work up a sweat with other local ladies. Great music, great cardio and great people – what's not to like!?

Free Park Tennis Sessions

Our Free Park Tennis sessions will also continue throughout June and July from 10am – 11am on the following Sundays – 7th, 21st June, 5th and 19th July.

Bookings for each Free Park Tennis session can be made up to one week in advance. These sessions are available to everyone aged 8+.

Free Youth Tennis Sessions

Under 18s can now book our tennis courts at The Park (Crossbow) for free on weekdays! These free youth sessions are available between 4 – 6pm during term time and 1 – 4pm during the school holidays.

To book a free youth tennis session, email us on tennis@framptoncotterell-pc.gov.uk.

Citizen's Advice Drop In Sessions

Thanks to joint funding from Westerleigh & Coalpit Heath Parish Council and Frampton Cotterell Parish Council, Citizens Advice South Gloucestershire now holds regular advice sessions for Westerleigh & Coalpit Heath and Frampton Cotterell residents.

People living in Westerleigh, Coalpit Heath and Frampton Cotterell will benefit from regular visits from Citizens Advice South Gloucestershire's Advisers – who will be able to help with a vast range of issues.

These include benefits, debt, housing, relationship breakdown and cost-of-living issues such as problems with energy bills as well as much more.

These sessions will take place on Friday afternoons from 1pm to 3pm weekly. Every first Friday of the month the drop-in will be held at Westerleigh Village Hall and all other Friday sessions at The Brockridge Centre in Frampton Cotterell.

All welcome.

Nature Officer Daisy, email: nature@framptoncotterell-pc.gov.uk or call 01454 864 442.

Frampton Cotterell Parish Council The Brockridge Centre, Woodend Road Frampton Cotterell, BS36 2LQ. Open: 9am–2pm, Mon to Fri.

www.framptoncotterell-pc.gov.uk

Tel: 01454 864442

Email: office@framptoncotterell-pc.gov.uk



The winning anti-dog-fouling awareness posters in print.



THORNBURY Art Club



Tuesday 23rd June 2026 Club Night

June's demonstration is by fine artist Colin Davies who will paint a seascape in acrylics – 'Crashing Waves'. Colin works in a rich, expressive style applying generous amounts of paint using a 'swift, tumultuous sweep of a palette knife'. This is then fine tuned with detailed brushwork. Colin left his Head teaching career behind to become a professional artist and tutor in 2019.

During the evening's demo, we will have a short break for free tea, coffee, and biscuits. This will give us an opportunity to chat with members, visitors and the artist. Come and join us to learn, socialise, and enjoy an evening of art, whether you're just starting out or looking to refine your skills. If you're interested in joining the Club, our membership secretary, Pat will be on the door to give you more information, or else contact us below.

Members free, non-members very welcome - £6 on the door, cash or card. 7.15pm until 9.30pm. Venue: St Mary's Church Hall (SMCH), Eastbury Rd, Thornbury, BS35 1DR

Club runs:

Every Tuesday. Thornbury Art Club, Tuesday Painting Studio Group, SMCH, 1.30-4.30 pm. Tel. 01454 414433

Every Thursday. Thornbury Art Club, Thursday Painting Studio Group, SMCH, 1.30-4.30pm. Tel. 07776 271 010

For more information contact: • www.thornburyartclub.co.uk • www.facebook.com/ThornburyArtClub • or email publicrelations.tac@gmail.com



Transports Of Delight

The Frampton Cotterell Male Voice Choir (FCMVC) steered the audience through a musical journey at its 101st annual concert in April. With all songs and tunes based around the transport theme, the choir was joined by the award winning flute ensemble, TuttiFlutti and professional trumpeter, Tom Harrison who collectively provided a wonderful evening's entertainment for the appreciative audience. As always, the annual concert was in aid of the choir's primary charity Cancer Research UK.

Although with some tenuous links at times, the programme was built entirely around songs inspired by travel, motion, and the machines that carry us from place to place. Steam ships, trains, aircraft, buses, and even a barge and combine harvester found their way into the repertoire, each piece chosen to celebrate the romance, nostalgia or adventure of travel. All the performances delivered a night that was as imaginative as it was musically rich and enjoyable.

Under the often amusing yet steady direction of Musical Director, Tim Warren, the choir navigated the evening's varied programme with energy and



emotion. Up-tempo numbers were delivered with a wink and a sense of fun, while more atmospheric pieces offered moments of reflection and calm. The theme proved a perfect match for the choir's personality: spirited, good-humoured, and always ready to take the audience somewhere unexpected.

A flock of flutes joined the proceedings and the TuttiFlutti Orchestra's shimmering sound added a new dimension to the programme. Who knew there were seven individual types of flute each with their own tonal quality and personality? TuttiFlutti's ensemble pieces brought a lightness and sparkle to the night in two individual sets and there was a fantastic collaborative performance with the choir on Chattanooga Choo Choo which closed the show.

Equally memorable were solo performances by professional trumpeter, Tom Harrison, whose tone filled the venue with effortless brilliance. Tom last played at an FCMVC annual concert as a schoolboy 17 years ago and returned to play two sets as well as accompany the choir's encore rendition of Morte Criste. His beautiful interpretation of a Swedish traditional tune, played on a Flügelhorn, was most captivating and moving.

Accompaniment from the highly talented, Chris Green on piano and, Carol Eveleigh on organ provided the bedrock for the choir's singing. Their efforts and dedication are very much appreciated by all members of the choir.

As always, the FCMVC annual concert was more than a musical showcase – it was a celebration of community spirit. By the final number, the hall was buzzing with the sense of a night well spent: music that entertained, performers who inspired, and a theme that carried everyone along for the ride.

The FCMVC's next public performance will be at the Yate Choir Showcase on Sunday 28th June.

www.fcmvc.com

★★★★★ 5 Star Google Reviews

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Mental Health Support: Putting the right help in the right place

Clare Moody, Police and Crime Commissioner (PCC) for Avon and Somerset

At some point in our lives, most of us will either experience mental ill health ourselves or support someone close to us who does. The mental health charity Mind estimates that one in four people will experience a mental health problem in any given year, making it clear how important it is that the right help is available when people reach crisis point.

The police are not always the right agency to respond to every incident, most of the time health professionals are far better placed to help. Recognising that - and building services around it - is essential to protecting people at their most vulnerable.

There are times when an emergency service response is necessary. That is why I am a co commissioner, alongside the NHS and the Fire service, of the Integrated Access Partnership (IAP). This model brings together mental health services, ambulance services and out of hours primary care to ensure that when emergency services are contacted, people receive the most appropriate and timely response to their mental health needs.

The IAP is delivered through a multidisciplinary team within Avon and Wiltshire Mental Health Partnership, working alongside South Western Ambulance Service and BrisDoc.

What this looks like in practice:

- The Mental Health Specialist Desk, where mental health nurses review and triage 999 calls involving mental health needs, supporting decisions about the most appropriate response.
- Mental Health Response Vehicles, providing blue light responses directly to people in mental health crisis, led by specialist clinicians.
- The Emergency Services Professionals Line, giving police, fire and ambulance staff immediate access to expert clinical advice while responding to incidents.

A particularly important development has been the deployment of the Mental Health Response Vehicles. More people who trigger emergency call outs are now being supported and treated at the scene rather than taken to hospital. This reduces distress for individuals and relieves pressure elsewhere in the system.

The Mental Health Specialist Desk has also been crucial in reducing unnecessary police attendance at mental health related incidents. This has been strengthened by a dedicated police Link Officer role, based within the South Western Ambulance call centre.

Officers in this role work alongside clinicians on a 24/7 rota, supporting the triage of calls. Where the link officer is in place, police deployments to mental health incidents have reduced by 20 to 30 per cent.

The IAP has calculated that for every £1 invested in this role, £3 is saved – a clear example of how doing the right thing for people also delivers better value for public money.

This approach means that, where appropriate, police officers and ambulances can be stood down and replaced by specialist support better suited to the situation. We avoid unnecessary trips to emergency departments, deploy clinicians directly to people in crisis, and free up emergency services to respond where there is an immediate risk of harm.

Police will always attend when there is a real and immediate threat to life. But protecting people also means getting them the right support, at the right time.

ARTS APPRECIATION GROUP

Thursday 18 June, 2pm at
The Greenfield Centre, Park Avenue,
Winterbourne, BS36 1NJ.

A talk by Simon Trapnell from Nature in
Art on, *Secrets of the Studio*.

More details from Sally
07946 508316



Make New Friends at The Brockridge Centre (& beyond...!)

Did you know that we run loads of social, activity, and volunteering groups at The Brockridge Centre and across the village? We'd love to see some new faces, anytime. The more the merrier!

Coffee & Cake Mornings

10.30am–12.30pm, every Tuesday morning.
The Brockridge Centre, BS36 2LQ.

Everyone welcome! Drop in for a cuppa, some cake, and a chat with your neighbours.

Men's Social Afternoons

1–3pm, every Wednesday afternoon.
The Brockridge Centre, BS36 2LQ.

Play pool or table tennis, have a card game or a round or two of dominoes, read the paper or a book from our free mini library, or simply grab a tea or coffee and have a chat with other local men. Men of all ages welcome.

Crochet & Knit Club

11am–1pm, every first and third Tuesday of the month.
The Brockridge Centre, BS36 2LQ.

We welcome all crafters to attend – not just crocheters and knitters! So whether you do macramé or diamond painting, sketching or sewing, come along and craft in company.

Climate & Nature Practical Conservation Sessions

Various days and times, every week. New sessions shared monthly.

Help local nature whilst getting outdoors, making new friends, and learning new skills. From working on our Community Allotment to building hedgehog hibernation boxes, we have a wide seasonal variety of eco activities you can get involved with. To find out what's on each month, visit www.framptoncoterell-pc.gov.uk/notice-category/climate-nature/practical-conservation-sessions.



Men's Social Afternoons

Winterbourne Down Art Group

Winterbourne Down Art Group has now successfully relocated to Whiteshill Evangelical Church hall. Everyone reports that the move was painless and we have settled in well. We are all very satisfied with the facilities and location.

Anyone wishing to join our friendly club is very welcome to "try before you buy" and see if it is what you expected. We all vary in what form our preferred "art" takes: from painting, sketching, to embroidery and felt work but we all enjoy the companionship and support.

We meet on **Thursday afternoons, 2–4pm** with the next block of meetings being **4th, 11th, 18th and 25th June 2026**.

If you are interested, please ring Alison Sansum on 01454 775133 for further info.



Artwork by group member Sue Blake

WINTERBOURNE BADMINTON CLUB (WADCA)

Every Tuesday from 19:30 - 21:00
£6 per session - pay as you go!

Come and join our friendly group this year!



Contact for more info

07594 691900 (Alison)
07973 500506 (Sarah)

Village Diary 2026

June

Mon 1st – Gardening and Social Club, Manor Hall Jubilee Room, 2–3.30pm. All welcome. £3 incl refreshments. www.manorhall.org. Tel: 07873 747513.

Tues 2nd, 9th, 16th, 23rd & 30th – Coffee, Cake, Chat, Brockeridge Centre, 10.30am–12.30pm. Come for a friendly chat, a hot drink and a slice of cake. Bring crafting activities to share. Everyone is welcome. Info, tel: 01454 864442 or office@framptoncottesell-pc.gov.uk.

Weds 3rd – Coffee Morning, Salem church, Watleys End, 10–11.30am. All welcome.

Wed 3rd – Coffee Morning, Henfield Hall, Ram Hill 10am–12pm. All welcome. Email: henfieldhall@yahoo.com.

Weds 3rd, 10th, 17th & 24th – Men's Social Afternoon, Brockeridge Centre, 1–3pm. Free for men of any age. Informal drop-in sessions. Pool, cards, table tennis, dominoes, socialise, read or simply find a friendly place with a cup of tea! Info, tel: 01454 864442 or office@framptoncottesell-pc.gov.uk.

Weds 3rd & Thurs 18th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. Tel: 07789 662694.

Weds 3rd & 17th – Table Tennis at Henfield Hall, Ram Hill, 2–4.30pm. £2. Equipment provided. Refreshments available. Email: henfieldhall@yahoo.com.

Weds 3rd – Singalong with The Jays and Joy, Crossbow, School Rd, 2–3.30pm. £5 incl refreshments. Carers free. Live music (40s, 50s 60s 70s 80s, films, musicals, etc). Songbooks provided. All welcome. Hilary, 07515 351813.

Weds 3rd & 17th – Bingo, British Legion, Ryecroft Road, 2pm. Doors open 1.30pm. Fortnightly.

Weds 3rd – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. Visitors £5. Tel: 07935 071291 or Facebook.

Thurs 4th – 50+ Wellbeing in Nature gardening group, Frome Valley Growing Project, 10.30am–1.30pm. Email: thegrowingproject123@gmail.com.

Thurs 4th, 11th, 18th & 25th – Fromeside Food Hub & Cafe, Zion, 12–2pm. Food served till 1.30pm. Open to everyone. Free or 'Pay as you Can'. Email: foodhub@zucchurch.co.uk.

Fri 5th & 19th – Laughter Club: Coffee, Cake, Chat, St Peters church, drop in 10am–12pm.

Fri 5th – Quiz and **Fri 19th** – Bingo at Crossbow, 8pm. Tel: 01454 772947 or email: crossbowhouse@gmail.com.

Sat 6th – St Saviours Church open to visitors, 10am–12pm. Tea/coffee etc available.

Sat 6th – Repair Cafe, British Legion, Ryecroft Rd, BS36 2HW, 11am–1pm. Bring bikes, electrical, toys, clothes etc for volunteers to mend. If you are interested in being a repairer please get in touch.

Sat 6th – Messy Church, St Saviours church hall, 3.30–5.15pm. Free. All welcome. Fun, worship, craft, food. Aimed at families and children.

Sat 6th, 13th, 20th and 27th – Live Music & Dancing, British Legion, Ryecroft Rd, 8.30pm. Doors open 7pm. Bingo 8pm. £6 members, non-member £6.50 (allowed once a month). New visitors welcome. RBL tel: 01454 772769.

Sun 7th & 21st – Free Group Tennis Session, The Park, 10–11am. Age 8–99. Tel: 01454 864442.

Mon 8th and 15th – Happy Mondays, St Peters church, 10am–12pm. Free. Tea, coffee, cake, chat, board games, jigsaws, bring knitting, sketching, crafts, etc. All welcome.

Tues 9th – Fused Glass Workshops, Winterbourne Medieval Barn, 10am or 1pm. winterbournebarn.org.uk.

Weds 10th – Community Allotment Volunteering, Mill Lane, 2–4pm. Learn skills and help grow food, trees, wildflowers. Refreshments provided. All welcome. Just turn up. More info email: wildlife@framptoncottesell-pc.gov.uk.

Weds 10th & 24th – Bingo, The Miners' (Coalpit Heath Village Hall), 2–4pm. Fortnightly. Free tea, coffee, biscuits, parking. Sec: Terry 0117 956 4259 or 07521 613154.

Thurs 11th – Vale of Frome Men's Probus, The Miners, 10am–12pm. Variety of speakers. Free tea, coffee, biscuits, parking. Sec: Terry 0117 956 4259 or 07521 613154.

Fri 12th & 26th – Soup lunches, St Saviours church hall, 12pm.

Fri 12th – Folk club, Crossbow, School Rd, 7.30pm. £3. Acoustic music. Play, sing or listen. Tel: 07974 151437 or Facebook: [folkatframptoncottesell](https://www.facebook.com/folkatframptoncottesell).

Sat 13th – Frome Valley Growing Project Open, Swan Lane Winterbourne, 11am–2.30pm (weather dependent). More info, email: thegrowingproject123@gmail.com.

Sat 13th – Crossbow Preschools Summer fair, FCCE school, 12.30–2.30pm. Inflatables, food, games. Everyone welcome. £5 child, adults free.

Mon 15th – Talk: Rails in the Avon Gorge, Winterbourne Medieval Barn, 7pm. winterbournebarn.org.uk.

Weds 17th & 24th – Volunteer Day at Frome Valley Growing Project, Swan Lane, Winterbourne, 10am–2pm. Email: thegrowingproject123@gmail.com.

Thurs 18th – Coeliac Local Café Meet Up, Iron Acton Garden Centre cafe 10–11.30am. Share experiences of living gluten free. Info: volunteering@coeliac.org.uk.

Thurs 18th – Arts Appreciation, Greenfield Centre, Winterbourne BS36 1NJ, 2pm. 'Secrets of the Studio' – Simon Trapnell (Nature in Art). Info, tel: 07946 508316.

Sat 20th – Repair Cafe, All Saints hall, Winterbourne Down, 10.30am–12pm. Frome Valley Environmental Group will try to repair your bikes, electricals, jewellery, clothing, wooden items, etc. Email: winterbourneenvironmental@gmail.com.

Sat 20th – St Peters Fair, Bridge House, 2–4pm with Bridge House Light Railway open.

Tues 23rd – Women's fellowship, Salem church, 2.30pm.

Tues 23rd – Mothers Union evening group, St Saviours Church, 7.30pm. Short service, tea, cake, craft, various speakers. Led by Sarah Blake. Call 01454 887870.

Tues 23rd – Frampton WI, St Peter's Hall, School Rd, 7.45pm. Email: fcwisecretary@outlook.com or Facebook.

Weds 24th – Litter Busters, meet at British Legion, 10am. (Check meet on FB). Voluntary group who help to keep our village tidy, once a month. Wear gloves. See Facebook or email: framcottva@hotmail.co.uk or contact Parish Council.

Weds 24th – St Saviour's church open 1–3.30pm for tea, coffee, prayer or quiet space.

Thurs 25th – Memory cafe, Greenfield Centre, 2–3.30pm. Chat and cuppa, socialising, advice, varied speakers. Free.

Thurs 25th – Filling Station, Manor Hall, 7.30pm. Christian gathering. Open to all. Speaker: Roscoe Crawley. www.thefillingstation.org.uk/station/south-glos.

Fri 26th – Goldies Sing & Smile, British Legion, Ryecroft Rd, 2–3pm. Recommended donation £3. Singalong hits of the '50s onwards. www.golden-oldies.org.uk.

Sat 27th – St Saviours church Summer Fair, 2pm.

Sun 28th – Medieval Day, Winterbourne Medieval Barn, 11am–4pm. Battle re-enactments with Warwick Warriors and Company of Chivalry, medieval games, stalls, crafts, etc. Bar and food stalls. winterbournebarn.org.uk.

July

Weds 1st – Coffee Morning, Salem church, Watleys End, 10–11.30am. All welcome.

Weds 1st – Coffee Morning, Henfield Hall, Ram Hill 10am–12pm. All welcome. Email: henfieldhall@yahoo.com.

Weds 1st, 8th, 15th, 22nd & 29th – Men's Social Afternoon, Brockeridge Centre, 1–3pm. Free for men of any age. Informal drop-in sessions. Pool, cards, table tennis, dominoes, socialise, read or simply find a friendly place with a cup of tea! More info 01454 864442 or council website: www.framptoncottesell-pc.gov.uk/mens-social-afternoons.

Wed 1st & Thurs 16th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. Tel: 07789 662694.

Weds 1st & 15th – Table Tennis at Henfield Hall, Ram Hill, 2–4.30pm. £2. Equipment provided. Refreshments available. For info, email: henfieldhall@yahoo.com.

Weds 1st – Singalong with The Jays and Joy, Crossbow, School Rd, 2–3.30pm. £5 (includes refreshments). Carers free. Live music (40s, 50s 60s 70s 80s, films, musicals, etc). Songbooks provided. All welcome. 07515 351813.

Weds 1st, 15th and 29th – Bingo, British Legion, Ryecroft Road, 2pm. Doors open 1.30pm. Fortnightly.

Weds 1st – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. Visitors £5. More info, tel: 07935 071291 or Facebook: [@WICoalpitHeath](https://www.facebook.com/WICoalpitHeath).

Thurs 2nd – 50+ Wellbeing in Nature gardening group, Frome Valley Growing Project, 10.30am–1.30pm. thegrowingproject123@gmail.com.

Thurs 2nd, 9th & 16th – Fromeside Food Hub & Cafe, Zion, 12–2pm. Food served till 1.30pm. Open to everyone. Free or 'Pay as you Can'. foodhub@zucchurch.co.uk or Facebook.

Thurs 2nd – The (almost) Complete History of Britain, Winterbourne Barn, 7pm. Wonderful comedy from The Pantaloons. Book online at winterbournebarn.org.uk.

Fri 3rd and 17th – Laughter Club: Coffee, Cake, Chat, St Peters church, drop in 10am–12pm.

Fri 3rd – Mash in the Meadows, Iron Acton, from 6pm. £20. Book online Acton Aid.

Fri 3rd – Quiz and **Friday 17th** – Bingo at Crossbow, 8pm. Tel: 01454 772947 or email: crossbowhouse@gmail.com.

Sat 4th – St Saviours Church open to visitors, 10am–12pm. Tea/coffee etc available.

Sat 4th – Repair Cafe, British Legion, Ryecroft Rd, BS36 2HW, 11am–1pm. Bring bikes, electrical, toys, clothes etc for volunteers to mend. If you are interested in being a repairer please get in touch, or come along on the day.

Sat 4th – Messy Church, St Saviours church hall, 3.30–5.15pm. Free. All welcome. Fun, worship, craft, food. Aimed at families and children.

Sat 4th, 11th, 18th & 25th – Live Music & Dancing, British Legion, Ryecroft Rd, 8.30pm. Doors open 7pm. Bingo 8pm. £6 members, non-member £6.50 (allowed once a month). New visitors welcome. RBL tel: 01454 772769.

Sun 5th & 19th – Free Group Tennis Session, The Park, 10–11am. Age 8–99. Tel: 01454 864442.

Mon 6th, Tues 7th & Weds 8th – Crossbow Singers' Summer concert, 7.30pm. £10. Call, Rose 01454 772675 (Mon tickets), Mary 01454 887885 (Tues tickets) or Katrine 07886 154948 (Weds tickets).

Tues 7th, 14th, 21st and 28th – Coffee, Cake, Chat, Brockeridge Centre, 10.30am–12.30pm. Come for a friendly chat, a hot drink and a slice of cake. Bring crafting activities to share. Everyone is welcome. Tel: 01454 864442.

Weds 8th – Bingo, The Miners' (Coalpit Heath Village Hall), 2–4pm. Fortnightly. Free tea, coffee, biscuits, parking. Sec: Terry, 0117 956 4259 or 07521 613154.

Thurs 9th – Vale of Frome Men's Probus, The Miners, 10am–12pm. Variety of speakers. Free tea, coffee, biscuits, parking. Sec: Terry, 0117 956 4259 or 07521 613154.

Fri 10th, 24th & 31st – Soup lunches, St Saviours church hall, 12pm.

Fri 10th – Barn Dance, Winterbourne Medieval Barn, 7pm. Live band Sargent's Mess. winterbournebarn.org.uk.

Fri 10th – Folk club, Crossbow, School Rd, 7.30pm. £3. Acoustic music. Play, sing or listen. Tel: 07974 151437 or Facebook: [folkatframptoncottesell](https://www.facebook.com/folkatframptoncottesell).

Sat 11th – Frome Valley Growing Project Open, Swan Lane Winterbourne, 11am–2.30pm (weather dependent). More info: thegrowingproject123@gmail.com.

Sat 11th – Frampton Festival from 2pm, Centenary Field.

Mon 13th & 27th – Happy Mondays, St Peters church, 10am–12pm. Free. Tea, coffee, cake, chat, board games, jigsaws. Bring your knitting, sketching, crafts. All welcome.

Weds 15th & 22nd – Volunteer Day at Frome Valley Growing Project, Swan Lane, Winterbourne, 10am–2pm. Email: thegrowingproject123@gmail.com.

Thurs 16th – Coeliac Local Café Meet Up, Iron Acton Garden Centre cafe 10–11.30am. Share experiences of living gluten free. Info: volunteering@coeliac.org.uk.

Sat 18th – Repair Cafe, All Saints hall, Winterbourne Down, 10.30am–12pm. Frome Valley Environmental Group will try to repair your bikes, electricals, jewellery clothing, wooden items, etc. Email: winterbourneenvironmental@gmail.com.

Sat 18th – Watermore School Summer Fayre, 2–4.30pm.

Mon 20th – Talk: A417 'Missing Link' a Cotswold landscape 12,000 years in the Making, Winterbourne Medieval Barn, 7pm. Book online at winterbournebarn.org.uk.

Tues 21st – Basketry for Beginners, Winterbourne Medieval Barn, 10am–2.30pm. See Ticketsource or Barn website for info, winterbournebarn.org.uk.

Thurs 23rd – Memory cafe, Greenfield Centre, 2–3.30pm. Chat and cuppa, socialising, advice, varied speakers. Free. More info: The Alzheimers Society.

Thurs 23rd – Filling Station, Manor Hall, 7.30pm. Christian gathering. Open to all. Various speakers. www.thefillingstation.org.uk/station/south-glos.

Sat 25th – Coalpit Heath Cricket Clubhouse from 2pm. Happy hour 8pm if teams win!

Tues 28th – Mothers Union evening group, St Saviours Church, 7.30pm. Short service, tea, cake, craft, various speakers. Led by Sarah Blake. Tel, Mary on 01454 887870.

Tues 28th – Frampton WI, St Peter's Hall, School Rd, 7.45pm. For info, email: fcwisecretary@outlook.com or Facebook.com/FramptonCottWI.

Weds 29th – Litter Busters, meet at British Legion, 10am. (Check meet on Facebook). Voluntary group who help to keep our village tidy, once a month. Wear gloves. See Facebook or email: framcottva@hotmail.co.uk.

Weds 29th – St Saviour's church open 1–3.30pm for tea, coffee, prayer or quiet space.

Fri 31st – Goldies Sing & Smile, British Legion, Ryecroft Rd, 2–3pm. Recommended donation £3. Singalong hits of the '50s onwards. www.golden-oldies.org.uk.

Monthly listings at www.villageaction.org.uk



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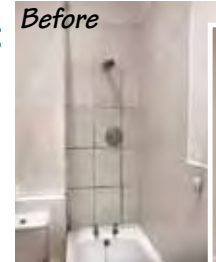
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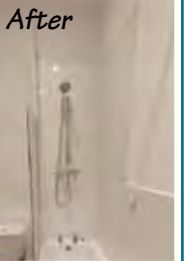
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