

Winterbourne & Frampton *Matters*



April/May 2026

Telephone 01454 300 900



Get ready to celebrate Winterbourne
Down Village Carnival 2026

aj homes

ESTATE AGENT AND
RESIDENTIAL LETTINGS

01454 252 140

email: info@aj-homes.co.uk

www.aj-homes.co.uk

A Business Based On –
TRUST, HONESTY & PROFESSIONALISM



Tel: 0117 239 9683

 **SERVICING from** **£139.00**

 **MOT TESTING** **£54.85**

 **TYRES from** **£59.00**

 **BRAKES from** **£159.00**

 **A/C REGAS from** **£79.00**



Unit 4 Fairway
Industrial Centre,
Golf Course Lane,
Filton, Bristol
BS34 7QS

www.LCMautomotive.co.uk

Winterbourne & Frampton Matters is delivered to 6,500 homes across
Winterbourne, Winterbourne Down, Frampton Cotterell and Coalpit Heath

NORTH BRISTOL CONTAINER STORAGE

 nbcstorage.co.uk

 01179 698501

 Gloucester Road
Almondsbury
BS32 4HY







20 X 8 x 8ft = 160 sq ft

6 months - £750 inc vat
*£28.85 per week

6 MONTHLY RENTAL AVAILABLE



Dear Residents,

Spring has well and truly sprung – hurray!

As we plan our Easter celebrations, there are lots of lovely local events taking place for the whole family to enjoy. From a scavenger egg hunt at Beesmoor Playing Field, to Easter crafts at Winterbourne Medieval Barn, a visit to the Willow Brook centre's Family Fun Day, to seasonal activities at Winterbourne Library, and of course not forgetting the many services and special events the Fromside Benefice are putting on across the community. We also pleased to share an Easter message at this special time of year.

The Frampton Cotterell Male Voice Choir are gearing up for their annual concert, 'Transports of Delight', not to be missed on Saturday 25th April.

Looking ahead to May, the Floral Friends of Frampton are busy nurturing a wealth of young plants for their Spring Plant Sale on Saturday 9th May, there will be some delicious refreshments available too.

The Winterbourne Down May Day Carnival and accompanying events is a celebration not to be missed. The parade is always such a wonderful scene of colour and local cheer.

Don't forget to get tickets to Winterbourne Musical Theatre's production of Kipps. The show runs from Wednesday 13th May to Friday 15th May at WADCA Community Centre and is sure to be wonderful!

If you are a business looking to promote your services across the local area in 2026, do get in touch with us and we will be happy to help. Deadline for the next edition is 8th May 2026.

When you make contact with our advertisers, please do mention the magazine, thank you.

DON'T FORGET YOU CAN KEEP UP WITH EACH EDITION OF YOUR FAVOURITE COMMUNITY MAGAZINE VIA www.mattermagazines.co.uk
Enjoy chocolate season!

Kerry & Jaci x

community@mattersmagazines.co.uk 01454 300900



01454 540 200

www.bundyandbond.co.uk



From left: Emma, Geoff, Georgia and Maggie
Front: Tina and Mary. The Sales Team at Bundy and Bond

Celebrating 10 Successful Years in Business!



Our office in Bounceval Mews, Chipping Sodbury

Offering high levels of service and excellent customer care
More 5* Google reviews than any other agent in the local area
Free no obligation valuations
Knowledgeable team with over 100 years combined experience
Free professional photography for all properties
Successfully selling properties of all values in a 15 mile radius of Chipping Sodbury

01454 540 200 info@bundyandbond.co.uk www.bundyandbond.co.uk

Helping you remain independent
in your own home



Our local care team can help you or your loved one live comfortably and safely at home.

In 2015 My Homecare introduced our person-centred style of caring across the whole of the country. We have an established branch in Bradley Stoke, covering the whole Bristol area, which has fully trained, DBS checked and dedicated carers.

We help people who either through illness or injury, require assistance to maintain their well-being, whilst continuing to live in their own home and neighbourhood. We provide a range of care services including: Personal care and support around the home; specialist care services including 24 hour live-in care, palliative care, supported living and outreach.

My Homecare's compassionate and hardworking care team have a clear goal to maintain our first class reputation for providing high quality care.

We can help with privately-funded care or local authority and NHS commissioned support.



- Care at Home and Support
- Live in Care • Meal Provision
- Befriending Service
- Personal Care • Cleaning
- Waking Nights

- Short or long visits
- Daily or weekly
- Trained and DBS checked staff
- Consistent carers
- Consistent times

0117 440 6397

Unit 9, The Courtyard, Bradley Stoke, BS32 4NQ

E: bristol@myhomecare.co.uk W: bristol.myhomecare.co.uk

News from Beesmoor Playing Field



Car Boot Sales @ Beesmoor Playing Field Our car boot season is almost here!

From May to August we open our field on the first Sunday of every month for car boot sales. It's £8 per car if booked in advance and £10 on the day. We open at 8am to set up and 9am to the public.

But it's not just a car boot sale! We sell bacon baps, cold drinks, hot drinks and delicious home made cakes so you'll always be well fuelled, plus our little pavilion is open if you fancy a sit down and of course, we have loos too. It's always a social event – a chance to catch up with friends and grab some bargains. We also have our fabulous wooden park so the kids have somewhere fun to play after you've browsed the stalls or finished selling. So start that declutter now and come and join us – the **first sale is on Sunday 3rd May** and we can't wait to see you!

If you'd like to book a pitch, please email us at: field@beesmoor.uk

Easter @ Beesmoor Playing Field

Calling all families!

It's our annual **Easter @ Beesmoor event on Saturday 11th April, 10am to 12pm**, and we'd love you to join us!

For our small and mighties we have an egg hunt (of course!), a scavenger hunt in our big wooden play area, name the chick, decorating a milk carton bird feeder (lots of stickers!), biscuit decorating and Easter related colouring. The activities are free but if you feel it's worth it, we always appreciate a small donation.

For the grown ups – and to boost our coffers – we have very reasonably priced coffee, tea, hot chocolate and lots of cakes – so please come along and join the fun!

Beesmoor playing field is a registered charity run by volunteers, so our fundraisers are really important to us. Not only do we have lots of family fun but we also raise much needed funds to help pay for the upkeep of the park, play area and pavilion.

If you'd like to know more, please do follow us on Facebook or at www.beesmoor.uk.

Beesmoor Playing Field, Beesmoor Road, Frampton, BS36 2NX.



Chris Ridgway
Mortgage & Protection Advisor

0117 931 4423 / 07771 888 792

13 Brake Close, Bradley Stoke, BS32 8BA

chrisridgway@ccfpm.biz www.localmortgage.co.uk

Crystal Clear Financial Planning & Mortgages is a trading style of Martin Jones Financial Planning Consultants LLP which is an appointed representative of The Openwork Partnership, a trading style of Openwork Limited which is authorised and regulated by the Financial Conduct Authority.



News from Winterbourne Evening WI

We opened our March meeting with the singing of Jerusalem and then our President, Di Woodman, gave us the business news. She reminded us that annual subscriptions were due in April. The results for the NFWI Resolutions

gave most votes to Accessible Public Toilets Facilities. We have an Italian lunch to look forward to in April.

Our speaker this month was, Geoff King and he introduced us to, Victorian Surgery. Dressed in a three piece suit and top hat with his two sets of instruments, he explained the methods used when surgery was needed. We were warned that the descriptions could be gruesome! Geoff talked about two common procedures, the amputation of limbs and trephining of the skull. This was a time of heavy industry and farming. Crush injuries

were common. Surgery was performed either in the home or in hospital and had to be paid for prior to the operation. We were shown the screw tourniquet, the capital knife, the saw and trephine.

Geoff told us about Robert Lisbon, a famous surgeon in London, who could perform an amputation in less than 30 seconds! He was also the first surgeon in Europe to use ether during surgery. Trephining was performed on skull fractures to relieve the pressure and clean the wound. Survival rates were low, infection was common and improvements only began when anaesthetics and antiseptic procedures were introduced, although there were difficulties, initially, in controlling the dose of chloroform or ether.

Geoff was thanked by Angela Routley for such a fascinating insight into previous surgical techniques. We all felt relieved that we had the benefits of modern day surgery.

Our next meeting will be on 9th April, at The Greenfield Centre, Park Ave, Winterbourne, BS36 1NJ. During this meeting we will hear about The Bristol Hippodrome. All visitors will be very welcome.

Small changes that can make a BIG difference to your dog



Paulina, a Bradley Stoke resident, qualified canine nutritionist and founder of Dog's Lounge, often heard the same concern from dog owners: they want to feed their pets fresh food but are unsure how to do it properly.

Fresh feeding can improve digestion, stool quality, skin and coat health, immune system, and appetite in dogs. However, many owners find it difficult to put it into practice. Online advice is inconsistent, recipes are often nutritionally incomplete and supplementation can be complex.

As a result, dog guardians return to commercial ultra-processed food despite their doubts. After seeing improvements in her own dog on a fresh diet, Paulina completed an Ofqual-certified diploma in canine nutrition and continued her professional training to better understand diet formulation. Through her work with clients and their dogs, she identified a clear need for greater structure around fresh feeding.

She went on to develop **Drooli, a free app** with complete cooked and raw recipes that calculates how much food a dog should eat based on their individual energy needs. With new recipes added

each month, owners have access to an expanding set of nutritionally balanced options.

Paulina also developed **Olli, a whole-food topper designed to complete fresh meals** in one step.

Instead of using multiple supplements, owners can prepare meals with everyday ingredients and add Olli to make them nutritionally complete. Olli is laboratory tested so owners can clearly see which nutrients fresh meals would lack without supplementation.

Together, Drooli and Olli are designed to reduce the practical barriers to fresh feeding. They offer a straightforward starting point for owners who want to move away from highly processed foods without taking on unnecessary complexity.

Drooli is free to download on Google Play and App Store. Olli can be purchased directly from the app or on www.dogslounge.co.uk.



HARBORD
OPTICIANS

Welcome to Mike Harbord Opticians - a family practice in Winterbourne Village.

Friendly, personal service and advice.

Full Eye Examinations and Retinal photography.

Qualified Optometrists and Dispensing Opticians.

A wide range of spectacles from NHS to handmade and bespoke frames.

Call today for an appointment

01454 775530

3 WHITEGATES, FLAXPITS LANE, WINTERBOURNE BS36 1JX

THE ARTISAN'S DEN

...where every item tells a story!

Inspiring craft courses & workshops

see socials for details

[f](#) [@](#)

Our gift range includes:

- Ceramics
- Textiles
- Cards
- Wood Gifts
- Candles
- One-offs
- Jewellery
- Prints
- and originals
- Soaps
- Tea Towels
- Plus more...

A UNIQUE RETAIL & WORKSHOP SPACE

Leading the way in providing an AFFORDABLE PROFESSIONAL service

WESTMINSTER LAW

Wills ~ Estate Planning ~ Probate

If you are over 60 it will cost you only £95* for us to prepare your Will. We are also Lasting Power of Attorney Specialists - only £120* each LPA if instructed during the Will appointment.

Our prices include home visits*, VAT and Inheritance Tax advice.

Call us now for a no obligation chat on: **01174 547926**

www.westminster-law.co.uk ~ Bristol branch email: kc@westminster-law.co.uk

Westminster Law Bristol Ltd ~ Registered Office: Wellesley House, 204 London Road, Waterlooville PO7 7AN
 *These very special rates are only available if you are over 60 years old. Minimum spend for a free home visit is £95.
 Our normal price for a standard single Will is £160, or £270 for a couple. VAT, when applicable, is included in these prices.
 Office of the Public Guardian (OPG) registration fee, when applicable, is not included in these prices.

The Winterbourne Musical Theatre presents Kipps

Winterbourne Musical Theatre presents
By arrangement with Cameron Mackintosh

KIPPS
THE NEW
HALF A SIXPENCE
MUSICAL

Based on the H.G. Wells novel
"KIPPS: The Story of a Simple Soul"
and the original musical by
Beverley Cross and David Heneker
New Songs and Additional Music and Lyrics
by George Siles and Anthony Drax
Book by Julian Fellowes

Wed 13th - Fri 15th May
7.30pm
Sat 16th May at 2.30pm

www.winterbournemusical.co.uk

WADCA Community Centre, Winterbourne BS36 1QG

This amateur production is presented by arrangement with Music Theatre International
All authorized performance materials are also supplied by MTI
www.mtiintl.com

By arrangement with Cameron Mackintosh, Winterbourne Musical Theatre presents Kipps, the new Half a Sixpence musical. This musical, an updated version of the 1960s show Half a Sixpence, by Beverley Cross and David Heneker, is based on H.G. Wells's novel Kipps: The Story of a Simple Soul.

Arthur Kipps was brought up by his aunt and uncle in a small town at the end of the Victorian era. Just before he leaves home at 14 to begin his apprenticeship at a drapers in fashionable Folkestone, he asks his childhood friend Ann to be his girl. She agrees, and they split a sixpence and each keep half. But they do not see each other for the next seven years.

Kipps is an ordinary, rather naive, working lad who simply dreams of an easier life and of buying

a banjo. When he unexpectedly inherits a fortune, he is suddenly propelled into high society, which confuses everything he thought he knew. He struggles desperately to learn the etiquette and rules of polite society. But he soon discovers that becoming a 'true gentleman' is neither as easy nor as desirable as it at first appears. He catches the eye of the beautiful and classy Helen Walsingham who genuinely wants to help him improve himself, but her family just want his money to restore their fortune. Then Ann turns up as a servant in Folkestone, and Kipps is torn between the two young women, who both genuinely love Kipps in their own ways. His fortunes continue to lurch up and down, but with the help of his friends, Arthur learns that there are important choices you have to make in life to have a chance of real happiness.

This rags-to-riches story of money, class and love, set in the early 20th century at a time of great social change, is a joyous journey filled with musical favourites including the well-known songs, Half a Sixpence and Money to Burn, and the riotous Flash, Bang, Wallop!

The show runs from Wednesday 13 May to Friday 15 May at 7.30pm, and on Saturday 16 May at 2.30pm, at WADCA Community Centre, Watleys End Road, Winterbourne BS36 1QG. The lounge bar will be open from 6.45pm each night (1.45pm Saturday). WADCA is a fully accessible venue with a free car park including two disabled parking spaces.

Tickets £15. Book online at [Ticketsource.co.uk](https://www.ticketsource.co.uk) or Tel: 0333 666 3366 (Booking fees apply).

www.winterbournemusical.co.uk

Facebook page: Winterbourne Musical Theatre.

Nat Austin
Permanent Cosmetics
And Beauty

Expert Beauty & Aesthetics

Located at Crossley Farm Business Park, Winterbourne

Offering a full suite of services from semi-permanent makeup to advanced aesthetic treatments, this clinic is the perfect one-stop spot for anyone looking to enhance their natural beauty or rejuvenate their skin with confidence.

Find out more or book online:
• nataustinspmu.co.uk • aestheticsbylucille.co.uk
T: 07854 929140 E: natashaustin1000@yahoo.com



Running for CHSW in memory of Daisy

In April, local mum, Emily Marsden, will run the London Marathon for Children's Hospice South West (CHSW), carrying the memory of her daughter, Daisy, with her every step of the way.

Emily's daughter, Daisy, died in April 2024 at the age of 9. Daisy lived with Rett Syndrome, a rare neurological condition that caused severe disabilities, including loss of speech and hand control, recurrent chest infections and difficult to treat epilepsy. Despite her declining health and repeated infections, Daisy was known for her peaceful, loving nature and deep joy in music.

Introduced to palliative care at the age of 7, Daisy continued to fight and share precious years at home. After an unexpected deterioration, she was transferred to Charlton Farm, one of CHSW's local hospices, where she died peacefully, surrounded by love and compassionate care.

"Daisy died at Charlton Farm in 2024," Emily says. "The care Daisy and our family received when she died, and following her death, was exceptional and made the pain of losing her that little bit more bearable. I am a firm believer that everyone should have access to good quality end of life care when that time comes. CHSW are a shining example of

how to provide the highest level of care at the most difficult of times."

Following Daisy's death, Emily faced an overwhelming sense of loss and emptiness after years devoted to Daisy's care. Meeting another bereaved mum through Charlton Farm, who ran the London Marathon in memory of her own daughter, planted a seed. Emily realised that a challenge like the marathon could offer focus, purpose and a way to move forward while still honouring Daisy. Training now fits around a busy life. Emily is juggling a new job, two young children and grief that still comes in waves.

Running for CHSW was an easy decision for Emily. "I am eternally grateful to CHSW for how wonderfully they cared for Daisy and our family," Emily says. "Children's hospices like Charlton Farm are special places and I am incredibly proud to be running for them." **If you would like to support Emily, please visit her Just Giving page at: <https://2026tcsLondonmarathon.enthuse.com/pf/emily-marsden>**



TIME TO WRITE YOUR WILL?

The GRAND APPEAL
GIFTS IN WILLS

You could write your Will **FREE OF CHARGE** with The Grand Appeal, the Bristol Children's Hospital Charity, and Simpson Solicitors.

Our free Will-writing service makes it easy to protect your loved ones while making an incredible impact.

Leave your legacy today. Help sick children tomorrow.

IN PARTNERSHIP WITH
simpsonsolicitors

Ring your local office on **01454 322 722** and quote **"MATTERS MAGAZINE"**

The Grand Appeal®. Registered charity 1043603. ©&™Wallace & Gromit Ltd/Aardman Animations Ltd 2026. All rights reserved.

Suppling all types of blinds

We make buying blinds from your home or business hassle-free. From quotes to fitting, enjoy seamless service & a three-year guarantee for your peace of mind.

01454 273133 | sales@northavonblinds.co.uk | northavonblinds.co.uk



**USE YOUR
LOFT SPACE**

Bristol's & Bath's local specialists in loft boarding and loft insulation

Transform your loft
Gain storage space
Reduce your heating bills
Free up room and add value to your home

- Boarding & Clearance
- Insulation
- Ladders & Hatches
- Shelving, Lighting & Lining
- Enquiry response within 24 hours
- Better energy efficiency
- Price guarantee
- 350+ 5 star ratings on Trustpilot

Tel: 0117 2980810
E-mail: info@useyourloftspace.co.uk
Visit: useyourloftspace.co.uk



**Winterbourne Down Village
Carnival 2026: Supporting
Great Western Air Ambulance**

Winterbourne Down Village Carnival 2026: A Day of Fun, Community Spirit, and Celebrating 100 Years of Sir David Attenborough!

Get ready for a day of excitement, entertainment, and heartwarming moments as the Winterbourne Down Village Carnival returns this May 2026! This much-loved annual event promises something for everyone, from dazzling costumes to live performances, delicious treats, and a fantastic line-up of family-friendly attractions.

We are proud to announce Great Western Air Ambulance Charity (GWAAC) as this year's sponsor, supporting an event that brings our community together while raising awareness for lifesaving local services.

The celebrations begin even earlier. **On Sunday, 3rd May**, families can enjoy the ever-popular **treasure hunt** starting at 2pm from the Methodist Church Hall. Later, at 6pm, the community will come together for **Songs of Celebration**, a joyful event to set the tone for the main carnival day.

On Carnival Day itself, May Day Monday 4th, the festivities kick off at 10 am with the spectacular carnival procession, setting off from Bradley Avenue shops. **This year's theme, 'Celebrating 100 Years of Sir David Attenborough'**, invites participants to take inspiration from wildlife, nature, and the natural world. Children are especially encouraged to take part in the **fancy dress**, coming dressed as animals, explorers, environmental heroes, or anything inspired by Sir David Attenborough's incredible legacy. It's a wonderful opportunity to spark creativity and celebrate our planet.

Leading the procession will be the Bristol Pipers, setting the perfect celebratory tone. Once the procession reaches the lawn of the Methodist Church, the fun continues with an action-packed day featuring:

- **Live music from local bands and performers**
- **Food stalls offering a variety of delicious treats**
- **Fairground rides to thrill the young and young-at-heart**
- **Market stalls showcasing handmade crafts, gifts, and local goods**
- **A raffle and auction with exciting prizes up for grabs**



This year also sees the return of a crowd favourite – the **Winterbourne Down Dog Show**, only it's going to be bigger and better! Whether your pooch is the cutest, best-behaved, or most talented, there's a category for every canine competitor. It's a brilliant way to celebrate our four-legged friends and guaranteed to raise plenty of smiles.

And, of course, no village carnival would be complete without **cream teas**, available throughout the event for those who want to relax and enjoy a classic British treat.

The Winterbourne Down Village Carnival is more than just a day of fun – it's a time for the community to come together, celebrate local talent, support the incredible work of Great Western Air Ambulance Charity, and create wonderful memories.

So mark your calendars, plan your nature-inspired costume, get the children involved in the David Attenborough-themed fancy dress, and join us for a magical day of celebration, wildlife, nostalgia, and community spirit. See you there!

winterbournedowncarnival.co.uk
www.facebook.com/wdcarnival



What's on at Winterbourne library



Easter Opening Times

The Library will be closed Good Friday (3rd April) to Easter Monday (6th April) – Open Access will be available during this time. We will be open Tuesday 7th April as normal.

IMPORTANT – Please note Winterbourne library will be closed all day on Tuesday 21st April for staff training – Open Access will be available for registered users.

Now Launched – Share Bristol Library of Things, Borrow more, Waste less – See library for details or www.sharebristol.org.uk.

Children's FREE Activities



Rhymetime – Every Wednesday, 10am (term time only).

Storytime – Every Friday, 10am (term time only).

Lego Club – Four weekly on a Saturday – Story and a themed build. Children must be accompanied by an adult. Suitable for 4+ years. Next Sessions 25th April and 23rd May, 10am – 11am.

Easter holiday Children's Activity 'Treasure Hunters' – Join us on Friday 17th April from 10.30am – 12pm for our children's free crafts or collect your free craft bag to make at home. Suitable for 4–11 years.

May Half term Children's Activity 'At the Beach' – Join us on Friday 29th May from 10.30am – 12.00pm for our children's free crafts or collect your free craft bag to make at home. Suitable for 4–11 years.

Adult activities

Adult craft group – Fortnightly on Saturday 10am – 12pm. Join our friendly group to do your own craft and chat, refreshments by donation. Next sessions 18th April, and 2nd, 16th and 30th May.

Adult Games Club – Fortnightly on Wednesdays, 2 – 4pm, with refreshments by donation. Next dates 8th and 22nd April, 6th and 20th May. Come along on your own or with a friend to play a variety of board games and make new friends.along on your own or with a friend to play a variety of board games and make new friends.

Free Computer Classes – Thursday (term time only) – enrolment required with SGS College. For further information please contact: Cindy on: cindy.corbett@scol.ac.uk or 01179 092239. This is a 16 week course that you can join at any time.

Digital Champion – Do you need help getting online? Are you stuck using your iPad or phone? Book a free one to one computer session at a local library – See staff for details.



Open Access – This is our system that lets you into the library when we are not open with staff between 8am – 7.30pm, 7 days a week using your library card. Library members complete a quick induction held at Winterbourne library, 3pm Wednesdays and 10am Saturdays to register to use Open Access. You then can use our WiFi, computers, printing, collect reservations, issue and return books.

Normal opening hours

Tuesday, 10am – 3pm. Wednesday & Friday, 10am – 5pm. Saturday, 9.30am – 12.30pm.

Email: winterbourne.library@southglos.gov.uk

Telephone: 01454 868006

www.southglos.gov.uk/libraries

Facebook: South Gloucestershire Libraries

Twitter: southgloslibs



We are a small, dedicated team who love to provide a high quality salon service

Salon 98 is open Tuesday – Friday and every other Saturday
(Beauty Studio closed on Wednesday)

Find us on:

@salon_98LTD @beautystudio98LTD

Salon 98 Ltd

5 Woodend Road, Coalpit Heath, BS36 2LN

01454 77 22 55

Email: info@salon98.co.uk

News from the Floral Friends of Frampton



Lots going on this month! Have you seen Beesmoor border on Woodend Road at the moment? So many daffodils on display and closer inspection reveals other treasures such as hellebores, muscari and wallflowers. We have started weeding and tidying the border ready for some fresh planting and we've also planted snowdrops, bluebells and native daffodils – courtesy of the Parish Council – at the Crossbow playing field.



We are also really pleased to welcome two new recruits, Julie and Jane, and a new logo! It was drawn several years ago by a schoolchild who won our competition to design a badge for us and, apart from being absolutely lovely, we feel it's more representative of our respect for all forms of nature.



Now, the very important bit...our **Plant Sale on Saturday, 9th May, 10am to 12 noon at The Brockridge Centre.** We asked for, and received, kind offers of help from local supporters to grow plug plants on for us in their greenhouses, so this year we hope to have even more bedding plants to sell. We would love to see you at this special fundraiser, which is always full of smiles and friendly chatter, so please save the date and come along for refreshments, cakes, a fabulous raffle, and, of course, lots of lovely plants!

As always, thank you for all your support and kind words. If you would like to contact us, please email us at floralfriendsofframpton@gmail.com or follow us on Facebook.

Growing together.

COLLEGIATE SCHOOL

**Working Open Morning
Friday 24th April**

PREP & SENIOR TOURS
AVAILABLE

scan to book



THORNBURY
Events • Golf • Stay

HAPPY FATHER'S DAY

SUNDAY 21ST JUNE • 10AM-1PM



BUFFET BREAKFAST & RANGE

Treat Dad to a Father's Day like no other at Thornbury! Start the morning with a delicious breakfast buffet to tantalise his taste buds, before taking to the bays for an action-packed, 2-hour Trackman range session that guarantees plenty of fun.

ADULTS £25.00PP • CHILDREN £15.00PP



SCAN THE QR CODE OR CONTACT US TO BOOK YOUR SPOT

PHONE 01454 281 144

EMAIL info@thornburygc.co.uk

One Team to One in Ten Homes – The Window Hub's Bristol Success Story

Every great local business starts somewhere. For The Window Hub, it began in Bristol with a single team, a simple belief in doing things properly, and a promise to treat every customer like the only customer. Fast forward to today, and that same family-run, independent business now completes one in every ten domestic window and door installations across the South West and South Wales – without ever losing sight of what made them successful in the first place.

2025 was a landmark year. The Window Hub was proudly crowned **UK Installation Company of the Year** at the prestigious national G-Awards, placing this Bristol-born business firmly on the national stage. As if that wasn't enough, two outstanding members of the team were also recognised with National Fenestration

Awards, proving that behind every great company is an even greater team.

Despite the national recognition, The Window Hub remains rooted in the local community. Being named finalists for Retailer of the Year at the Bristol Life Awards is a reminder that supporting local businesses really does matter. When you choose local, you're investing in local jobs, local families, and local success stories – and sometimes, those stories go on to achieve incredible things.

Whether you're upgrading your home, improving energy efficiency, or simply looking for honest advice from people who care, The Window Hub delivers award-winning quality with a personal touch.

Support local.
Choose proven.
Choose The Window Hub.

Call us on: **0117 313 4862**

Email: info@thewindowhub.co.uk

Your home deserves the best – and the best might just be right on your doorstep.



Upgrade your windows & doors with the UK's #1 installer!



Get in-touch today for a FREE no obligation quotation

Come visit our showrooms

Bristol: 0117 3134 862

72-74 High Street,
Staple Hill,
Bristol BS16 5HN

Exeter: 01392 642 634

208 Topsham Road
Exeter EX2 6AA

Newton Abbot: 01626 932 964

info@thewindowhub.co.uk
www.thewindowhub.co.uk



QUALITY KITCHEN MAKEOVERS

by simply replacing the doors and worktops

DREAM DOORS®
NEW LIFE FOR OLD KITCHENS



BEFORE

AFTER

MODERN

CLASSIC

TRADITIONAL

CONTEMPORARY

- › Up to 50% less than a new fully fitted kitchen
- › Replacement kitchen doors
- › Cost effective made to measure solution
- › Worktops and appliances
- › Quick installation in 2-3 days by local professionals

11-12 The Promenade,
Gloucester Road,
Bristol, BS7 8AL

Call us now for a free estimate:

01179 443 223

Checkatrade.com 9.8/10
Where reputation matters

dreamdoors.co.uk

THE UK'S #1 KITCHEN MAKEOVER COMPANY

Small Steps for a Healthier, Happier Spring

As we move into March and April, the signs of spring are all around us – lighter mornings, longer evenings and a renewed sense of possibility. It's a natural time to refocus on our wellbeing, and the spring calendar offers a collection of meaningful events that encourage us to care for both body and mind in simple, achievable ways.



Tip
the Balance
The Clinic Without Walls™

gratitude and spending time with others are simple, evidence-based ways to boost our mood and strengthen our resilience.

What ties all of these themes together is a focus on awareness, compassion and small, sustainable changes, improving our sleep, embracing differences, nourishing our bodies or seeking out moments of happiness. Each step contributes to a healthier whole.

March reminds us that wellbeing doesn't require a complete overhaul of our lives but grows from everyday choices. As spring unfolds, these gentle shifts can help us feel more energised, connected and ready to embrace the season ahead.

March begins with an often-overlooked pillar of health: sleep. World Sleep Day on 13 March is a timely reminder that good quality rest is not a luxury, but a necessity. Sleep plays a vital role in everything from mood and memory to immune function and hormone balance, yet still we struggle to get enough. Creating a calming bedtime routine, limiting evening screen time and keeping consistent sleep hours can all make a noticeable difference. As life gets busier, prioritising rest is one of the most powerful things we can do for our wellbeing.

Looking ahead, April continues the wellbeing momentum with a focus on awareness, prevention and positive daily habits. Stress Awareness Month encourages us to slow down and manage the pressures of modern life, while campaigns such as Bowel and Testicular Cancer Awareness highlight the importance of early detection and open conversations. World Autism Awareness Day (2 April) builds on March's inclusivity themes, and World Health Day (7 April) reminds us that health underpins everything.

Mid-March brings a particularly rich cluster of wellbeing themes, starting with Neurodiversity Celebration Week (16–20 March), encouraging greater understanding and appreciation of the natural differences in how people think, learn and experience the world. Conditions such as autism, ADHD and dyslexia are part of the rich spectrum of our human diversity. By fostering acceptance and inclusivity in schools, workplaces and our wider community, we can create environments where everyone feels valued and supported to thrive.

In truth, it doesn't take a special day in the calendar for us to reconnect with what we need; sometimes it is just time to reflect. If you need some support with this, use your preferred method to reach out and have a conversation via

www.linktr.ee/TiptheBalance

Let's get you refocused for 2026.

That same week is Nutrition and Hydration Week (16–22 March), highlighting the fundamental role that food and fluid play in maintaining health. Good nutrition isn't complicated or restrictive. Simple habits like eating regular meals, including a variety of colourful fruits and vegetables, and staying well hydrated can profoundly impact energy levels, digestion and vitality. As the weather warms up, it's also a great opportunity to refresh our tables with lighter, seasonal meals and plenty of water throughout the day.

On 20 March, we celebrate the International Day of Happiness, a moment to reflect on what truly supports our sense of joy and contentment. Happiness isn't about constant positivity, but balance, connection and purpose. Taking time to notice the small things; a sunny morning, a friendly chat, a walk in nature, can gently shift our mindset. Acts of kindness,



News from Coalpit Heath WI

At our March meeting we had an interesting talk by Barry Hamblin and his wife Carol about Lavender Farming in Axbridge, Somerset – 'Lavender – the forgotten herb'.

The talk covered the history of lavender and the ways to grow and use it.

Some interesting facts they shared include:

- The ancient Egyptians, Phoenicians and Arabs used lavender as a perfume and historians suggest Cleopatra's secret weapon was dabbing the essential oil on her wrists to seduce both Julius Caesar and Mark Antony.
- Lavender was brought to Britain by the Romans who added it to their famous baths and washed their clothes with it, giving it the name we use now from the latin 'lavare' – to wash.
- Lavender was used to cure everything from insomnia to back ache, and was very expensive – a pound of lavender costing a months' wages, or 10 pounds of bread or 10 litres of wine!

Carol brought handmade lavender products to demonstrate and sell such as hand creams, soaps, confetti, jams and marmalades.

If our meetings sound like something you would enjoy, why not come along to our warm and friendly group?

We meet on the first Wednesday of each month, at St Saviours' Church Hall, Coalpit Heath at 7.45pm and are always happy to welcome visitors or new members!

Programme updates for the year can be found at [@WICoalpitHeath](#) on Facebook, or [@coalpitheathwi](#) on Instagram. Visitors pay £5.

Coming up:

April 1st – Bear – 'Invertebrates' (held in St Peters Church rather than the Church Hall)

May 6th – Mark Goulding – 'Wildlife Enforcement'

June 3rd – Gail Boyle – 'Beyond Treasure Trove'



From my hands to yours – Pupil to Therapist with Dawn Clode

Lic MET Lic CR

Holistic therapist Dawn has featured within the pages of *Matters Magazines* for over a decade. She now shares her skills as an experienced therapist via her courses, held at her holistic treatment room in Little Stoke and online. The sessions are open to both people who would like to learn more to comfort their family and friends and to professional therapists looking to expand the treatments they are qualified to offer.

After reading about Dawn in *Matters Magazines*, local resident Ella picked up the phone and booked onto a Reiki course. In August 2024 she completed her Reiki 1 and 2 qualification. Ella shared, "I have always gravitated to being a healer and the Reiki course ignited my passion further." Ella is now delighted to be pursuing her career as a therapist. Dawn is so impressed with her student that she has opened up her holistic space for Ella to deliver treatments from.

Dawn said, "Ella is a lovely healer, who is intuitive with her work and has everything it takes to be a gentle, effective therapist, who I am pleased to support."

I have been treated by Dawn for many years, she helps put me back together after print deadline and is brilliant at what she does. This time when I

visited I was treated to some healing with Ella too and I left feeling restored.

As well as Reiki treatments, Ella is a qualified massage therapist, Sound healer, Crystal therapist and a Cacao ceremony facilitator – born out of link to her family heritage. If you would like to book in with Ella, email: eyaaligned@gmail.com, call 07899 930422 or see updates and offers on her Instagram: [@eyaaligned](#).

Why not book on to a course? Hungry for learning, Ella will be taking part in Dawn's, **Introduction to Aromatherapy level 1** course later in April. There will then be **Reiki 1 & 2** courses in May and **Reflexology** in early summer. So, if reading this has inspired you to start your holistic journey, whether it be for your own or professional use, do get in touch with Dawn to book in or find out more

Dawn. **Call: 0795 1099 491 or visit: www.life-and-soul-empowerment.co.uk**





CleanOvenCo
Bring Back the Shine

CleanOvenCo simply clean ovens!
Singles, doubles, Ranges, Agas,
hobs and extractors

07942 863741 **info@cleanovenco.co.uk**
www.cleanovenco.co.uk



Non-Surgical Skin Tightening in Winterbourne

Specialist in body and face skin tightening and lifting. Advanced, results proven treatments designed to rejuvenate your body and skin

Stimulating your body to restore naturally

<ul style="list-style-type: none"> *Bespoke body tightening and lifting *Eye and brow lift and glow *Face and neck rejuvenation *Skin condition solutions 	<ul style="list-style-type: none"> *Non surgical face lift *Scarring and stretch marks *Cellulite and body sculpting *Pain relief and wound healing
---	---





Because aging well is good - but ageing fabulously is better!

Don't delay - Summer body plan starting now!

Contact 07947864036 for more info

The Restore Clinic, Winterbourne | www.therestoreclinic.co.uk | @the_restore_clinic | Facebook/therestoreclinic

Spring
Family Funday

WILLOW BROOK SHOPPING CENTRE

FRIDAY 17TH APRIL
11AM – 3PM

PETTING FARM
DAFFODIL BALLOON MODELLING
CRAFTS & WORKSHOPS
FACE PAINTING
GLITTER TATTOO'S
CIRCUS PERFORMER

Meet and pet Rabbits, Guinea Pigs, Goats, a Minature Shetland Pony and a Donkey

Raising Vital funds for Marie Curie

Marie Curie

UB

Homegrown Leadership at Willow Brook

Willow Brook Shopping Centre is proud to announce the appointment of Ben Matthews as its new Centre Manager.

A familiar face to many and a true success story within the centre's own walls, Ben's journey is one rooted in dedication, hard work, and genuine care for the Willow Brook community. Having been part of the centre for nine years, he has quite literally worked his way up from the ground floor — starting as a housekeeper and going on to take on every single role available at the centre along the way. From facilities and operations to customer service and tenant support, Ben has built a deep understanding of every aspect of Willow Brook's day-to-day life.

His appointment marks a proud moment not just for Ben, but for the entire Willow Brook team. "It's an incredible honour to step into the role of Centre Manager," Ben said. "Willow Brook has been such a big part of my life for nearly a decade. I've grown with the centre, and I care deeply about the people here, our retailers, our team, our customers and most of all our community."

Ben's hands-on experience gives him a unique perspective. Having carried out each role himself, he understands the importance of teamwork, high standards, and creating a welcoming environment for everyone who walks through the doors.

A family man from Thornbury, Ben lives locally with his long-term partner Lauren and their two sons.



His strong ties to the area mean his commitment to Willow Brook extends beyond just the workplace.

"Being part of this community means everything to me," he added. "I want Willow Brook to continue being a place families enjoy visiting, somewhere friendly, safe and full of life."

Looking ahead, Ben is focused on building on the centre's strengths:

supporting retailers, enhancing the visitor experience, and continuing to strengthen Willow Brook's role at the heart of the community. With his energy, experience, and genuine passion for the centre, the future looks bright.

For Willow Brook Shopping Centre, this isn't just a new chapter — it's a homegrown success story.

WINTERBOURNE BADMINTON CLUB (WADCA)

Every Tuesday from 19:30 - 21:00
£6 per session - pay as you go!

Come and join our friendly group this year!

Contact for more info
07594 691900 (Alison)
07973 500506 (Sarah)

RMG ENGRAVING

Trophies & Glass Supplied

RACHAEL GALE

5 Parkside Ave, Winterbourne, BS36 1LU

T: 01454 773316

M: 07881 863408

E: rachael.gale195@btinternet.com

www.rmgengraving.co.uk



Easter services



Palm Sunday, 29th March

- 9.15 am – All Saints
- 9.15am – St James
- 10.30 am – St Michaels
- 10.30am – St Saviours
- 10.30am – St Peters
- 10.30am – Zion

Holy Week

- Mon 30th March, 7pm – Stations of the Cross – All Saints
- Tues 31st March, 7pm – Tenebrae – St James
- Weds 1st April, 7pm – Agape Meal* – St Saviours
- Maundy Thurs 2nd April – 7pm – Maundy Liturgies – St Peters

Good Friday, 3rd April

- 9.15am – Communion of the Cross – All Saints
- 10am – Stations of the Cross – St James
- 10.30am – Communion of the Cross – St Peters
- 10.30am – Communion of the Cross – St Saviours
- 10.30am – Zion
- 12 noon – Live stream of Wintershall Passion of Jesus – Zion (bring picnic lunch)
- 2pm – Cross of Christ – St Michaels

Easter Saturday, 4th April

- 7pm – Easter Vigil – St Michaels
- 3.30pm – Messy Church – St Saviours

Easter Sunday, 5th April

- 9.15am – All Saints
- 9.15am – St James
- 10.30 am – St Michaels
- 10.30am – St Saviours
- 10.30am – St Peters
- 10.30am – Zion
- 10.30am – Salem
- 10.30am – Bethesda



* Please contact the church office if you would like to attend, email: office@fromesidechurches.org.uk or call 01454 776518.

Church addresses

- All Saints' Church, Down Rd, Winterbourne Down, BS36 1BN
- Bethesda Methodist Church, Down Rd, Winterbourne Down, BS36 1BN
- St James Church, High Street, Iron Acton, BS37 9UQ
- St Michael's Church, Winterbourne, BS36 1SE
- St Peter's Church, 38 Mill Lane, Frampton Cotterell, BS36 2AA
- Salem Methodist Church, Factory Rd, BS36 1QL
- St Saviour's, Beesmoor Road, Coalpit Heath, BS36 2RP
- Zion United Church, Woodend Rd, Frampton Cotterell, BS36 2HY

Easter: A Time for New Beginnings



Easter is often associated with church bells, chocolate eggs, and springtime celebrations. For many across the country, it's a bank holiday and a chance to gather with family and enjoy the longer days. But what if Easter could mean

something more, even for those who don't regularly attend church or consider themselves religious?

For people of faith, Easter is the time to remember the resurrection of Jesus and the belief that love cannot be defeated, even by death. At its heart, Easter is about renewal – the idea that after every winter, a spring follows. This season encourages us to reflect on our lives, to shed what no longer serves us, and to embrace new possibilities. Whether you observe Easter for its religious significance or simply as a cultural tradition, it's a reminder that hope and new beginnings are always possible.

Richard Rohr, a well-known Franciscan writer and teacher, offers a way of understanding Easter that resonates beyond the walls of the church. Rohr emphasises that Easter is less about abstract ideas and more about transformation. He says, "*Resurrection is not a one-time event; it's the possibility of change and renewal in every moment.*" This teaching invites everyone – regardless of belief – to see Easter as a time for growth, letting go of old patterns and stepping into a new way of being.

Easter reminds us that even when things seem bleak, there is potential for new life and hope. Whether you're starting a new job, mending a relationship, or simply trying to make sense of the world, the spirit of Easter is relevant.

As well as attending a church service to celebrate Easter, walking through the park to enjoy the spring flowers or sharing a meal with loved ones can be ways to mark the occasion

Easter, as Richard Rohr teaches, is about more than tradition. It's an invitation to see life with fresh eyes, to believe in the possibility of renewal, and to find hope wherever you are. Whether you celebrate with faith, with family, or simply with a walk in the spring sunshine, Easter can be a meaningful time for all.

As the city shakes off the winter chill and embraces brighter days, Easter reminds us that change is possible. In the words of Richard Rohr, "*let this be your season of transformation*" – however you choose to celebrate it.



Chris

Chris Burley, Zion Church

Fromeside Benefice & Yate

The Parishes of Coalpit Heath, Frampton Cotterell, Iron Acton, Winterbourne & Winterbourne Down.

Email: Parishfromesidechurches.org.uk

Tel: 01454 776518

BEAUTY PLUS
By Myriam



Soft, smooth and beautiful feet start here!

Check out the NEW Callus Peel PRO.

It's the perfect time to get those feet summer sandal ready.

Quote **SPRING** to get £5 off.

01454 776938 / 078546 08889

147 CHURCH ROAD, FRAMPTON COTTERELL, BS36 2JX

The Animal Oil Painting Course

ORANGUTAN OR PET PORTRAIT

A 5 WEEK OIL PAINTING COURSE TO INSPIRE BEGINNERS AND REFRESH RETURNERS
21st/22nd APRIL - 19th/20th MAY 2026

Step By Step Guides Included

Fully Qualified Teacher

Free Onsite Parking







BOOK
Online:
www.fromesidechurches.org.uk

Beginners & Mixed Ability Class: TUES 9:30 AM – 12:30 PM

Mixed Ability Class: TUES 1:30 PM – 4:30 PM
(Beginners Welcome) WED 9:30 AM – 12:30 PM
WED 1:30 PM – 4:30 PM

Bring your own Paint Brushes: £165
Paint Brush Set & Case included: £190

BRUSHSTROKES

All Saints Church Hall,
Church Rd, Winterbourne Down,
Bristol, BS36 1BX

Make New Friends at The Brockridge Centre (& beyond...!)

Did you know that we run loads of social, activity, and volunteering groups at The Brockridge Centre and across the village? We'd love to see some new faces, anytime. The more the merrier!

Coffee & Cake Mornings

10.30am–12.30pm, every Tuesday morning.
The Brockridge Centre, BS36 2LQ.

Everyone welcome! Drop in for a cuppa, some cake, and a chat with your neighbours.

Men's Social Afternoons

1–3pm, every Wednesday afternoon.
The Brockridge Centre, BS36 2LQ.

Play pool or table tennis, have a card game or a round or two of dominoes, read the paper or a book from our free mini library, or simply grab a tea or coffee and have a chat with other local men. Men of all ages welcome.

Crochet & Knit Club

11am–1pm, every first and third Tuesday of the month. The Brockridge Centre, BS36 2LQ.

We welcome all crafters to attend – not just crocheters and knitters! So whether you do macramé or diamond painting, sketching or sewing, come along and craft in company.

Climate & Nature Practical Conservation Sessions

Various days and times, every week. New sessions shared monthly.

Help local nature whilst getting outdoors, making new friends, and learning new skills. From working on our Community Allotment to building hedgehog hibernation boxes, we have a wide seasonal variety of eco activities you can get involved with. To find out what's on each month, visit www.framptoncoterell-pc.gov.uk/notice-category/climate-nature/practical-conservation-sessions.



Men's Social Afternoons

News from Winterbourne Medieval Barn



Urgent repairs to one of the medieval roof trusses in the Barn (pictured above), dating back to 1342, have now been completed successfully, funded by The National Lottery Heritage Fund and the Garfield Weston Foundation. There were two open days when members of the public could see the work in progress, and there is a further Open Afternoon (also free) on Sunday 17 May.

The Medieval Barn is back in use this spring for a wide range of community activities including Live Music, Talks on varied historical topics, and a Mead Tasting evening, as well as craft workshops and Easter activities for families and children. All events should be booked online at Ticketsource or via the Barn website, and Early Bird tickets are available at a reduced price for music and talks booked at least two weeks in advance.

Live Music

Swing from Paris – Thursday 9 April, 7.30pm

Gypsy jazz and vintage swing with a distinctive Parisian flair from this fabulous all-string jazz quartet. Music of 1930s, '40s and '50s from the cafés and cabarets of Montmartre.



Midsummer Revels – Friday 8 May, 7.30pm

GreenMatthews return to the Barn with their usual wit and humour, bringing a new collection of light-hearted folk songs

and dance tunes played on a plethora of old and modern instruments.

Monthly Talks

Talks start at 7pm. Bar opens 6.30pm. Seating unreserved. Livestream available via Zoom.

Britain's Secret Defences: Civilian Saboteurs, Assassins and Spies – Thurs 23 April

Andrew Chatterton, author of Britain's Secret Defences, talks about the highly secret civilian organisations that were in place to defend the UK from German invasion. Most members went to the grave without telling anyone of their amazing wartime roles, but this talk lifts the lid!

South Glos and The Berkeley Plantation – Monday 18 May

Philip Ashford looks at the 'discovery' of the 'New World' and focuses on two ships which left Bristol in 1619-20 taking Gloucestershire people to set up a plantation in Virginia. Who were they, why did they go, and what happened to them?

A417 'Missing Link': Cotswold landscape 12,000 years in the Making – Monday 20 July

Hear from Cotswold Archaeology about their recent excavation and amazing finds from the last 12,000 years along this route between Gloucester and Swindon.

The Quest for the Real King Arthur – Monday 3 Aug

Celebrated historian Prof Ronald Hutton looks at our changing interpretations of King Arthur.

For Children and Families this Easter

Glass Mosaics for Children – Friday 10 April, 10am or 11.30am



In a one hour session, make a mosaic-style fused glass Easter egg-shaped or square sun-catcher using a variety of pre-cut glass in an array of everlasting beautiful colours.



Easter Family Crafts – Friday 17 April, 10.30am – 12.30pm

A relaxed and inclusive session aimed mainly at ages 5–11 years. Tickets £4.75 include crafting materials, squash and a biscuit, and scavenger hunt with sweet treat on completion.

Craft Workshops

There is a Fused Glass cabochon pendants and keyrings workshop on Friday 10 April at 1pm for ages 16+. And coming up in the summer, more Fused Glass opportunities in June, and Basketry for Beginners in July. Full details are on the website.

Mead Tasting – Friday 1 May, 7pm

Try a range of meads, from traditional medieval styles to modern sparkling drinks, all made by the beekeepers and brewers Hive Mind. With their deep love for the natural world, they transform their own Wye Valley honey into award-winning meads and modern drinks. The magnificent medieval barn makes a perfect setting for this tasting evening.

Open Afternoon – Sunday 17 May, 1 – 4pm

Come and see the magnificent Medieval Barn for free. In conjunction with Frome Valley Environment Network and Winterbourne Parish Council, there will be nature-themed activities for younger visitors (free, but some activities may need booking in advance on Ticketsource).

And save the date... our Medieval Day returns on Sunday 28 June!

Fun for all ages with Warwick Warriors, The Company of Chivalry, medieval-themed stalls, crafts, games, food and drink. Tickets booked in advance are cheaper – check the website.

www.winterbournebarn.org.uk

Facebook: @winterbournemedievalbarn

Winterbourne Medieval Barn, Church Lane, Winterbourne, BS36 1SE

Free Live Music for Everyone!

The Music Train has arrived at Paul's Place, which they're proud to adopt from the Milestones Trust. It's a community initiative founded and facilitated by local volunteer, Liz Gray. These much-loved live music events bring the wider community together at local venues, including at Paul's Place Hub, a charity that supports and enhances life for disabled people.

The live music events take place during the day, making them ideal for anyone who finds it difficult to socialise or get out in the evenings. It's a great opportunity to meet friends for a chat, enjoy a coffee, and have a boogie. They're also perfect for local care homes looking for fun daytime activities. Everyone in the community is welcome.

Music Train also welcomes those with a wide range of support needs and has become a powerful source of joy, connection and community engagement. From 2024–2025, The Music Train hosted 150+ events and welcomed nearly 8,000 people, contributing to over 700 events held across Bristol, Bath, South Gloucestershire, Wiltshire and beyond since its launch.

Existing fans of Music Train can expect accessible and live music at the same venues, but with extra community events at Paul's Place Hub in Shire Way. Aside from some minor branding changes, the experience will remain unchanged.

The charity would like to thank Liz Gray for her dedicated and outstanding contribution to The Music Train and the wider community. And thank you to Milestones Trust for previously hosting Music Train and for making its transition to Paul's Place possible.



Lynda Williams, CEO of Paul's Place, said: "We are honoured we have adopted The Music Train, and working closely with Liz ensures this much-loved and essential service not only continues but grows. It is an outstanding project that aligns perfectly with Paul's Place's mission to enhance the lives of disabled adults."



Liz Gray said: I am very excited that Paul's Place adopted The Music Train. This will ensure that The Music Train continues to enrich the lives of the people Milestones Trust supports and the wider community, and possibly reach more communities.

The whole community is welcome to enjoy these live and free music events across different venues and during the day. Donations are welcome, and refreshments are available.

For more information about The Music Train event happening near you, please visit www.facebook.com/themusictrainbristol.

www.paulsplace.org.uk/donate

Thornbury Stairlifts
SALES SERVICING & REPAIRS

- New & Re-conditioned Stairlifts & Warranty
- Removals & Relocations
- Free Surveys & Quotes – No Obligation
- Rentals for Straight Stairs
- Independent, Professional & Friendly Advice
- Over 24 years practical experience



Independent Stairlift Specialist
01454 413 748 • 07833 318 722
www.thornburystairlifts.co.uk

Frampton Cotterell Computer Group



FCCG aims to help people to improve their knowledge, confidence and understanding, either through structured exercises which they can work through at their own pace or by answering specific questions which are raised. Because of the informal nature of the group people can also learn from each other as they try different things.

For the latest information contact the Brockridge Centre, Tel 01454 864442 or Email: framcottcg@gmail.com

Frampton Cotterell Computer Group

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brockridge Centre, Woodend Road Frampton Cotterell.



To enquire about future sessions

Tel: 01454 864442

Email: framcottcg@gmail.com

Frampton Cotterell Computer Group provides help and advice to people of all ages on the use of PCs, laptops and tablets. The group meets at the Brockridge Centre in Frampton Cotterell on Wednesday (10.00am to 12.00pm) and Thursday mornings (9.30am to 11.30am) and new members are always welcome to join on whichever day they prefer.

Nowadays many aspects of modern life, from banking to booking theatre tickets, are done online. However, for people who have not grown up using smart phones or computers this can be quite daunting.

Here to help Winterbourne, Coalpit Heath, Frampton Cotterell and Westerleigh



Do you need help with transport? Call Green Community Travel!

Covering Coalpit Heath, Frampton Cotterell, Winterbourne, Yate and more, including the hospitals.

- Shopping, GP/Hospital and Dental Appointments, Hairdressers and much more
- Friendly team, accessible travel and discount for bus pass holders
- You can even book a regular slot with us, and should you need to cancel, just call us!

- Book in advance!

Call **01454 228 706**



admin@greencommunitytravel.co.uk

News from Frampton Cotterell Parish Council



New Youth Hangout Shelter at The Park

We are very pleased to announce that the long-awaited Youth Hangout area at The Park (Crossbow) is now complete!

On the former site of the old, worn-out skate ramp, young people can now find a place to shelter from the elements – plus some fantastic new outdoor seating for use on sunnier days!

The shelter is made of metal, has an attractive but sturdy design and has been built to last generations. We have also installed an accessible tarmac ramp leading up to the shelter to make sure it is inclusive to everyone.

This hangout area has been provided following feedback from local youngsters sent in through our public surveys, as well as through workshops held with the local FACE youth club.

We were additionally guided by discussion with the charity 'Make Space For Girls'. Their vision is for a "world where all parks and public spaces are designed to make teenage girls feel valued and included, and where everyone feels welcome". With this vision in mind, we also installed fantastic new "Encounter 12" outdoor seating next to the shelter. This fabulous, unconventional seating area consists of three twisted shaped rail seats, a rope hammock and a belt hammock, and is designed to encouraged friendly and welcoming social interaction for all.

On Friday 20th of February, our local FACE youth group organised a brilliant Launch Event to celebrate the new youth hangout shelter and multi-use games area at The Park. Local kids and teenagers were invited to come along for pancake-making, bracelet crafting and indoor games as well as to try out the new MUGA and youth

shelter and let us know what they thought! Even though the weather was, yet again, rather wet and grey, we were able to have a great time officially introducing our newest park facilities to our younger parishioners.

We hope you enjoy using the new youth hangout!

Citizen's Advice Drop In Sessions

Citizens Advice South Gloucestershire is delighted to be adding a new free regular advice session for Westerleigh & Coalpit Heath and Frampton Cotterell residents.

People living in Westerleigh, Coalpit Heath and Frampton Cotterell will benefit from regular visits from Citizens Advice South Gloucestershire's Advisers – who will be able to help with a vast range of issues.

These include benefits, debt, housing, relationship breakdown and cost-of-living issues such as problems with energy bills as well as much more.

This is the first time the charity has had a presence in these village locations and the drop-in has been made possible thanks to joint funding from Westerleigh & Coalpit Heath Parish Council and Frampton Cotterell Parish Council.

Citizens Advice South Gloucestershire Development Manager Rebecca Brown said: "We are extremely pleased to be able to provide a new advice session on people's doorsteps in Westerleigh, Coalpit Heath and Frampton Cotterell.

"These are areas which have not previously been covered – meaning people living here would have had to travel elsewhere in South Gloucestershire to access our face-to-face advice."

These sessions will take place on Friday afternoons from 1 – 3pm weekly. Every first Friday of the month the drop-in will be held at Westerleigh Village Hall and all other Friday sessions at The Brokeridge Centre in Frampton Cotterell. The first session will be on Friday 10th April 2026 at The Brokeridge Centre.



Free Park Tennis and Women's Cardio Tennis sessions

Free Park Tennis

This spring, our Free Park Tennis sessions will be back by popular demand!

The sessions will take place on Sundays, 10 – 11am on the following dates –

Sunday 26th April, 10th May, 24th May, 7th June, 21st June, 5th July and 19th July.

Bookings for each session can be made up to one week in advance. These sessions are available to everyone aged 8+.

Women's Cardio Tennis

Our Women's Cardio Tennis is a fun, sociable women's group fitness class with a tennis twist. Hit tennis balls, build up your skills and work up a sweat with other local ladies. Great music, great cardio and great people – what's not to like!?

We'll be running our Women's Cardio Tennis sessions on Wednesdays from 6.15 – 7.15pm on the following dates –

Wednesday 22nd April, 29th April, 6th May, 13th May, 20th May and 27th May.

Bookings for each session can be made up to one week in advance. These sessions are available to women aged 16+.

Learn more about all our upcoming tennis sessions and events on our website, at www.framptoncotterell-pc.gov.uk/tennis-events

Volunteers Needed!

These free tennis sessions are only made possible thanks to our amazing Activator Volunteers. To keep providing fantastic sessions like these, and to hopefully expand to more in future (e.g. Walking Tennis), we need more people to get involved as volunteers.

Anyone can become a Tennis Activator Volunteer.

You don't need to be an expert tennis player to volunteer – you don't even need much tennis

experience at all! You'll be provided with all the training and support you need to help us bring tennis into the community.

Interested? Learn more on our website at www.framptoncotterell-pc.gov.uk/activator-volunteers or email us for more information on tennis@framptoncotterell-pc.gov.uk.

Parish Council Grants Available from April 1st 2026

Every year we award grants to non-profit community groups and charities. These grants are awarded to help promote an active and engaged community in Frampton Cotterell, by providing financial support to the small local groups who work with tireless dedication for the good of our village.

If your group or charity supports local families in need, tackles climate and nature issues, organises community activities and entertainment for local people, helps keep our village beautiful and tidy, or focuses on any other community-benefiting cause, we are here to offer our support. Community Grants are considered by the Parish Council throughout the year.

Parish Councillor Vacancies

Make decisions. Make new friends. Make changes. Make a difference.

How?

By becoming a Frampton Cotterell parish councillor!

Whether your interests are in budgets and spending, climate and nature, projects and facilities, community events and outreach, or all of the above and more, you can find your place on Frampton Cotterell Parish Council.

We're looking for passionate local people who are genuinely enthusiastic about improving our village to join our parish council. If you could spare just a few hours of your time each month, you could make a real difference to our community, our environment, and our future.

To learn more about becoming a parish councillor, visit our website at www.framptoncotterell-pc.gov.uk/vacancies, email our clerk at clerk@framptoncotterell-pc.gov.uk, or give us a call on 01454 864442.

Frampton Cotterell Parish Council The Brokeridge Centre, Woodend Road Frampton Cotterell, BS36 2LQ. Open: 9am–2pm, Mon to Fri.

www.framptoncotterell-pc.gov.uk

Tel: 01454 864442

Email: office@framptoncotterell-pc.gov.uk

Monthly Update

Claire Hazelgrove MP

Hi all, I hope you're well and looking forward to spring.

As always, I've been working hard for you across our entire constituency, with my team and working on 793 new cases. I held my regular advice surgery, this time in Filton, and knocked on doors to listen in Patchway.

Doing politics differently, I held a 'Pub Politics' event in Bradley Stoke and my latest 'Coffee with Claire' event on crime and anti-social behaviour with Clare Moody, our Police and Crime Commissioner, in Emersons Green.

Knowing how broken the SEND support system is, I have collated views from local parents and schools, including through a specific 'Coffee with Claire' event and online survey, and shared these with the Education Secretary. I was pleased to receive a letter from her recognising our community's influence in shaping new significant proposals for improving SEND support.

These involve a complete overhaul of the system - unrecognisable from the failed one where parents have to battle for support for their child - with expert support as a new standard in mainstream schools, backed by £3.7 billion investment to expand specialist support.

In the House of Commons, I asked the Education Secretary how local parents and others could help further shape these proposals. She confirmed she wants to hear your thoughts as the next step, and I will organise another local event shortly.

I was also proud to raise the experience of Stoke Gifford mum Christine Lote in the House of Commons, whose incurable stage 4 cancer diagnosis could not be considered when allocating her daughter's primary school place. The Schools Minister confirmed that a new school admissions consultation will look at this.

I also spoke in a debate on health systems in Gaza, calling for our Government to continue to do everything possible to help vulnerable children.

I believe politics and Parliament should belong to everyone, so was pleased to welcome students from UWE, Coniston Primary and those who are home-educated to Parliament.

Locally, I met with South Gloucestershire Council's Cabinet Member for Communities and Local Place, Cllr Sean Rhodes, to discuss real progress on Hambrook



Claire Hazelgrove, MP for the Filton and Bradley Stoke constituency (middle), alongside 25 third-year economic students from University of West of England (UWE) during their visit.

Junction as part of our joined up work. Since 2019, two consecutive years of legally safe air quality data has been required for restrictions to end, but not met before now.

I've contacted Government Ministers to make sure the Council have the information they need on next steps if this is now - as we all hope - confirmed shortly. As the first woman in history to serve our community in Parliament, I joined an International Women's Day panel, chaired by Cllr Natalie Field, on women's experiences in typically male dominated sectors. With 40% of MPs women, but still more abuse and higher barriers, there's some real progress but more to do.

It was great to visit Abbeywood Community School to hear students' priorities and see their robotics engineering workshop in action, and Winterbourne Academy for a wide-ranging Q&A session with students.

As ever, please get in touch anytime:
claire.hazelgrove.mp@parliament.uk.



Attendees at Claire Hazelgrove MP's 'Coffee with Claire' at Brabazon's Spitfire Hangar on Social Media Access for Under-16s

The Frampton Cotterell Male Voice Choir gears up for its annual concert



Every Friday evening, as the night draws out over the village, the vaulted space within the Zion United Church reverberates to a familiar swell of harmony. Inside, the Frampton Cotterell Male Voice Choir is hard at work - warming up, laughing together, learning, rehearsing and polishing the repertoire for the much-anticipated annual concert on 25th April.

This year's event, entitled, *Transports of Delight*, promises to be a spirited celebration of all types of conveyance. From steam trains to sailing ships, taxis to jet planes, the programme spans eras and styles, weaving together songs that capture the romance, adventure, and nostalgia of travel. It's a theme that suits the choir perfectly: bold, varied, and full of interest.

Weekly rehearsals have taken on an extra buzz as more songs are introduced and the date of the concert approaches. The Musical Director, Tim Warren, and piano accompanist, Chris Green, guide the choir through tight harmonies, dynamic contrasts, and the occasional tongue-twisting lyric. There's a sense of camaraderie that only a male voice choir can muster - equal parts discipline and good humour.

The repertoire is a lively mix. Expect vintage charm from the golden age of steam, rousing numbers that evoke the open road, and modern favourites that bring the theme right up to date. The choir's trademark blend of rich basses, warm baritones, and ringing tenors gives each piece a distinctive lift.

Singing for a cause

While the concert is always a highlight of the local cultural calendar, the performance also carries with it the added purpose of being a charitable event. As usual the **majority of proceeds will go to Cancer Research UK**. The singers are proud to lend their voices to a cause that does great work and touches so many families.

A night to look forward to

Transports of Delight, Saturday 25th April is shaping up to be an evening of music, storytelling, and shared joy. Whether you're a long-time supporter or a newcomer curious to hear what a male voice choir can do, the concert promises a journey worth taking.

As the final weeks of rehearsal unfold, one thing is clear: the Frampton Cotterell Male Voice Choir is ready to lift the audience, carry them along, and deliver a performance that truly lives up to its name.

Book your tickets

Tickets are £10 and available through our website www.fcmvc.com or click on the QR code.

Alternatively tickets are also available from the Zion United Church office during opening times.



South Gloucestershire Mines Research Group

www.sgmrg.co.uk



Wednesday 1st April 2026

our ANNUAL GENERAL MEETING

At 7:30pm prompt, followed by talk at about 8:15pm

Miners, Accidents, Diseases, and (no) Compensation

by Rev. Roy Crew

Roy's father worked at Frog Lane colliery as weighman and despatcher; as a young lad Roy was fascinated by the pit. Roy was employed in 1950s and early 60s by the insurance companies that insured most colliery companies.

He assessed claims for compensation after accidents and the compensation paid under the old Workman's Compensation Act. In the Miners Institute (aka Coalpit Heath Village Hall) 214 Badminton Road, Coalpit Heath, BS36 2QB

Non members welcome - £4 each (cash please)
(Membership is £20 per year, includes talks and newsletters)

Why This New VAWG Strategy Matters - And Why I Have Hope

Clare Moody, Police and Crime Commissioner (PCC) for Avon and Somerset

Violence Against Women and Girls (VAWG) is one of the most persistent injustices in our society. It is unacceptable that, despite years of strategies, commitments and initiatives, too many women and girls still live with fear, control, and abuse.

When the first cross-government VAWG strategy was published in 2010, it set out priorities that have remained broadly consistent ever since: prevention, support, and pursuing perpetrators. Yet the rate of offences has barely shifted. The criminal justice system still too often harms more than it helps. And specialist support services continue to struggle to meet rising demand.

So it would be entirely reasonable to look at another strategy, the Government's Freedom from Violence and Abuse plan, and ask: "Another strategy? So what?"

Why this moment is different

I understand people's frustrations, but I have hope, and that hope comes from how this strategy was built.

This was not written in isolation by policymakers. It was shaped with lived experience experts, frontline practitioners, specialist organisations, academics, commissioners and advocates in the room together. And these are formidable women. Anyone who knows them will know the strength, belief and determination they bring.

There were CEOs of charities who keep their organisations running through sheer force of will, often campaigning on subjects many would prefer not to look at. There were political leaders who have had to match our male counterparts achievements but "backwards and in heels". It was a room full of expertise, grit and absolute refusal to accept the status quo.

For me this was an opportunity to draw on what the women and girls of Avon and Somerset they tell me every day and what I see as the commissioner of specialist support services and as the national APCC lead for victims and prevention.

That breadth of experience mattered. It meant the conversations were honest about what is not working, pragmatic about what must change, and ambitious about what the whole system can do differently.

A genuinely whole-system approach

What sets this strategy apart is the shift from isolated actions to a genuinely whole-system approach. It recognises that VAWG is not a "women's issue"; it is an issue for everyone.

Importantly, this means working directly with men and boys, supporting them to understand healthy relationships, challenge misogyny, and play an active role in ending violence. Lasting change will only come when the responsibility for preventing harm is shared by all of us.

Importantly, this means working directly with men and boys, supporting them to understand healthy relationships, challenge misogyny, and play an active role in ending violence. Lasting change will only come when the responsibility for preventing harm is shared by all of us.

Being honest about the current reality

For all the ambition, we must be clear-eyed about the scale of the challenge. Demand is rising. Trust in policing remains too low. Court delays continue to retraumatise victims. And support services, especially those working with the most marginalised women, remain under intense pressure.

But this strategy acknowledges those problems openly, and it commits to tackling them with long-term, practical action: stronger perpetrator management, improved police training and oversight, whole-school approaches to relationships education, and sustained investment in specialist services. It is a step towards a more coherent and accountable system.

A moment for determination and hope

I am grateful to every survivor who shared their experience, every practitioner who shows up day after day, and every organisation fighting to ensure women and girls can live safely and freely.

We have more to do. But for the first time in a long time, I believe that this strategy gives us a real opportunity to make meaningful, lasting change.

And I will continue to press for that change locally and nationally, until every woman and girl in Avon and Somerset, and across the country, can live a life free from violence and abuse.



Severn Vale Art Trail set to be the biggest and best ever

The Severn Vale Art Trail, which celebrates its 20th anniversary this year, is set to be the biggest and best one ever, with more than 80 artists and makers across more than 35 venues.

Taking place over the Mayday bank holiday weekend (Thursday 30th April to Monday 4th May), the trail has come a long way since its humble beginnings in 2006.

Back then, Barbara Ray was Artistic Director of the Thornbury Arts Festival. "The Festival usually just chose one or possibly two artists or makers to have an exhibition in The Council Chamber of the Town Hall over the period of the Festival," says Barbara. "I wanted to make a much more inclusive visual side of the Festival and the Open Studios movement was just picking up at that time."

The first year had just 20 participants and included some high profile artists including painters Jane Lampard and Christine Russell and sculptor John Higgins. They ranged from Olveston in the south to Coaley in the north and all displayed in their own homes/studios.

Today, as well as artists and makers opening up their own homes and studios, many also showcase their work in shared venues, such as village halls and churches in the region.

"When we started, the trail was supported by South Gloucestershire Council (SGC) and Arts Council England South West," says Barbara. "SGC employed a Consultant Deborah Harrison who had set up several other Open Studios before. She looked around the county and concluded that because Thornbury has a long-standing Festival with a viable Committee etc, that they would support the Open Studios on our side of the county and not elsewhere."

And so the trail steadily grew. From 20 artists in 2006, to 31 in 2007, 40 in 2009 and eventually to more than 80 today. The trail has also broadened its appeal, with ceramicists, woodturners and even upholsterers joining the line up.

"I am immensely proud of what the Severn Vale Art Trail has achieved," says Barbara. "We don't receive any external funding now and the trail is run entirely by volunteers, who simply believe passionately that local artists need a platform on which to showcase their work."



From Sharpness in the north to Tockington in the south; Wickwar in the east and Oldbury in the west, there is something for everyone on this year's trail.

This is your chance to support local artists and purchase unique paintings, photography, ceramics, textiles, jewellery, upholstery, woodturning and much more. Or simply have an inspiring day out - as well as buying beautiful pieces, you will also have the opportunity to watch many of the artists and makers at work.

Many of the venues have refreshments available or are located close to local coffee shops, and include some interesting churches, working studios and community buildings.

For details of all the artists and venues (including accessibility, direction and opening hours) and to view the trail map, please visit www.severnvalertrail.org or pick up one of the printed trail guides from local shops and cafes.

Follow the Severn Vale Art Trail on Instagram and Facebook (@severnvalertrail) for all the latest updates.

Winterbourne Down Art Group

Whiteshill Common Evangelical Church Hall, BS16 1SD. Should anyone be interested in joining, you will be made very welcome whether a beginner or a skilled artist.

For more information contact Alison Sansum on 01454 775133

Village Diary 2026

April

Weds 1st – Coffee Morning, Salem church, Watleys End, 10–11.30am. All welcome.

Weds 1st – Coffee Morning, Henfield Hall, Ram Hill 10am–12pm. All welcome. henfieldhall@yahoo.com.

Weds 1st, 8th, 15th, 22nd, 29th – Men's Social Afternoon, Brockeridge Centre, 1–3pm. Free for men of any age. Informal drop-in sessions. More info 01454 864442.

Weds 1st, Thurs 16th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Info, Edna 07789 662694.

Weds 1st, 15th, 29th – Bingo, The Miners' (Coalpit Heath Village Hall), 2–4pm. Fortnightly.

Weds 1st, 15th – Table Tennis at Henfield Hall, Ram Hill, 2–4.30pm. £2. Equipment provided. Refreshments available. For info email: henfieldhall@yahoo.com.

Weds 1st – Singalong with The Jays and Joy, Crossbow, School Rd, 2–3.30pm. £5 includes refreshments. Carers free. All welcome. Info: Hilary 07515 351813.

Weds 1st – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. "Invertebrates". Visitors £5. More info T: 07935 071291 or Facebook @WICoalpitHeath.

Weds 1st – Talk: Miners, Accidents, Diseases, and (no) Compensation, The Miners (CH Village hall), 8.15pm. Speaker Rev Roy Crew. All welcome. Non-members £4. Talk follows the SG Mines Research Group AGM at 7.30pm.

Thurs 2nd – 50+ Wellbeing in Nature gardening group, Frome Valley Growing Project, 10.30am–1.30pm. thegrowingproject123@gmail.com.

Thurs 2nd, 30th – Fromeside Food Hub & Cafe, Zion, 12–2pm. Food served till 1.30pm. Open to everyone. Free or 'Pay as you Can'. foodhub@zucchurch.co.uk or FB.

Fri 3rd – Livestream of Passion of Jesus play, Zion, 12–1.30pm.

Fri 3rd – Quiz, **Fri 17th** – Bingo, Crossbow, 8pm. Tel: 01454 772947, email: crossbowhouse@gmail.com.

Sat 4th – St Saviours Church open to visitors, 10am–12pm. Tea/coffee etc available.

Sat 4th – Repair Cafe, British Legion, Ryecroft Rd, BS36 2HW, 11am–1pm. Bring bikes, electrical, tools, toys, clothes etc for volunteers to mend. Eat cake!

Sat 4th – Bridge House Light Railway Open Afternoon Rectory Road, 2–4pm.

Sat 4th – Messy Church, St Saviours church hall, 3.30–5.15pm. Free. All welcome! Fun, worship, craft, food.

Sat 4th, 11th, 18th, 25th – Live Music & Dancing, British Legion, Ryecroft Rd, 8.30pm. Doors open 7pm. Bingo 8pm. £6 members, non-member £6.50 (allowed once a month). New visitors welcome. RBL tel: 01454 772769 or Facebook.

Tues 7th, 21st – Crotchet & Knit Club, Brockeridge Centre, 10.30am–12.30pm. Any ability. More info, tel: 01454 864442.

Weds 8th, 22nd – Bingo, British Legion, Ryecroft Rd, 2pm.

Thurs 9th – Vale of Frome Men's Probus, The Miners, 10am–12pm. Variety of speakers. Free tea, coffee, biscuits, parking. Sec: Terry 0117 956 4259 or 07521 613154.

Thurs 9th – Swing from Paris, Winterbourne Medieval Barn, 7.30pm. Book online winterbournebarn.org.uk.

Fri 10th – Glass Mosaics for children, Winterbourne Medieval Barn, 10am / 11.30am. Full info and booking online at Ticketsource or winterbournebarn.org.uk.

Fri 10th – Fused Glass workshop, Winterbourne Medieval Barn, 1pm. For adults. Full info winterbournebarn.org.uk.

Fri 10th – Folk club, Crossbow, School Rd, 8–10.30pm. £3. Acoustic music. Play, sing, listen. Info, tel: 07974 151437.

Sat 11th – Frome Valley Growing Project Open, Swan Lane Winterbourne, 11am–2.30pm (weather dependent). More info: thegrowingproject123@gmail.com.

Mon 13th – Gardening and Social Club, Manor Hall Jubilee Room, 2–3.30pm. All welcome. £3 incl refreshments. Tel: 07873 747513, www.manorhall.org.

Tues 14th, 28th – Coffee & Cakes, Brockeridge Centre, 10.30am–12.30pm. Open to all.

Tues 14th – Film Afternoon, Salem, Watleys End, 2pm. Free parking, free admission, warm welcome. www.salemchurch.org.uk or FB: @Watleysendmethodist.

Weds 15th – Volunteer Day at Frome Valley Growing Project, Swan Lane, Winterbourne, 10am–2pm. thegrowingproject123@gmail.com.

Weds 15th – FC Local History Society, Zion, 7.30pm. £5 incl tea/coffee. Members free (membership £20pa). secretary_fcdlsh@yahoo.com.

Thurs 16th – Coeliac Local Café Meet Up, Iron Acton Garden Centre cafe 10–11.30am. Share experiences of living gluten free. Info: volunteering@coeliac.org.uk.

Thurs 16th – Arts Appreciation, Greenfield Centre, BS36 1NJ, 2pm. "May Morris, William's talented daughter" – Justine Hopkins. More info, 07946 508316.

Fri 17th – Laughter Club: Coffee, Cake, Chat, St Peters church, drop in 10am–12pm. Info, winterbournebarn.org.uk.

Sat 18th – Repair Cafe, All Saints hall, Winterbourne Down, 10.30am–12pm. winterbourneenvironmental@gmail.com.

Mon 20th – Happy Mondays, St Peters church, 10am–12pm. Free. Tea, coffee, cake, chat, board games, jigsaws. Bring your knitting, sketching, crafts. All welcome.

Weds 22nd, 29th – St Saviour's church open 1–3.30pm for tea, coffee, prayer or quiet space.

Thurs 23rd – Memory cafe, Greenfield Centre, 2–3.30pm. Chat and cuppa, socialising, advice, varied speakers. Free.

Thurs 23rd – Talk: Britain's Secret Defences – Civilian Saboteurs, Assassins and Spies, Winterbourne Medieval Barn, 7pm. Book online winterbournebarn.org.uk.

Thurs 23rd – Filling Station, Manor Hall, 7.30pm. Christian gathering. Open to all. Speaker: Nick Crawley. www.thefillingstation.org.uk/station/south-glos.

Fri 24th – Goldies Sing & Smile, British Legion, Ryecroft Rd, 2–3pm. Recommended donation £3. Singalong hits of the '50s onwards. www.golden-oldies.org.uk.

Fri 24th – Northern Soul & Motown Night, British Legion, 7.30pm. £5. In aid of MND.

Sat 25th – Table Top Sale, St Peters church, 2–4pm. £1 entry. Tea and cake. To book a table (£10), 07979 246091.

Sat 25th – FC Male Voice Choir concert 'Transports of Delight', Zion church, 7pm. Tickets at Ticketsource.co.uk.

Sat 25th – Kick the Cat, WADCA, 9pm. Live band. Doors open 7.30pm. Tickets £12. Book on ticketsource.co.uk.

Tues 28th – Women's fellowship, Salem church, Watleys End, 2.30pm. www.salemchurch.org.uk.

Tues 28th – Mothers Union evening group, St Saviours Church, 7.30pm. Short service, tea, cake, craft, various speakers. Tel. Mary Head 01454 887870.

Tues 28th – Frampton WI, St Peter's Hall, School Rd, 7.45pm. £4 visitors. Info, email: Fcwisecretary@outlook.com or Facebook: FramptonCottWI.

Weds 29th – Litter Busters, meet at British Legion 10am. (Check meet on FB). Voluntary group who help to keep our village tidy, once a month. Wear gloves. See FB or email: framcottva@hotmail.co.uk or contact parish council.

Sun 29th – Wood carving Workshop, Winterbourne Medieval Barn, 10.30am. winterbournebarn.org.uk.

May

Fri 1st – Laughter Club: Coffee, Cake, Chat, St Peters church, drop in 10am–12pm.

Fri 1st – Mead Tasting, Winterbourne Medieval Barn, 7–9.30pm. Booking essential online at Ticketsource.

Fri 1st – Quiz, **Fri 15th** – Bingo, Crossbow, 8pm. Tel: 01454 772947, email: crossbowhouse@gmail.com.

Sat 2nd – St Saviours Church open to visitors, 10am–12pm. Tea/coffee etc available.

Sat 2nd – Repair Cafe, British Legion, Ryecroft Rd, BS36 2HW, 11am–1pm. Bring bikes, electrical, toys, clothes etc for volunteers to mend.

Sat 2nd – Bridge House Light Railway Open Day, Rectory Road, 2–4pm.

Sat 2nd, 23rd – Messy Church, St Saviours church hall, 3.30–5.15pm. Free. All welcome. Fun, worship, craft, food.

Sat 2nd, Sat 30th – Live Music & Dancing, British Legion, Ryecroft Rd, 8.30pm. Doors open 7pm. Bingo 8pm. £6 members, non-member £6.50 (allowed once a month). New visitors welcome. RBL tel: 01454 772769 or Facebook.

Tues 5th – Crotchet & Knit Club, Brockeridge Centre, 10.30am–12.30pm. Any ability. More info tel: 01454 864442 or email: office@framptoncoterrell-pc.gov.uk.

Weds 6th – Coffee Morning, Salem church, Watleys End, 10–11.30am. All welcome.

Weds 6th – Coffee Morning, Henfield Hall, Ram Hill, 10am–12pm. All welcome. henfieldhall@yahoo.com.

Weds 6th, 13th, 20th, 27th – Men's Social Afternoon, Brockeridge Centre, 1–3pm. Free for men of any age. Informal drop-in sessions. More info 01454 864442 or council website: www.framptoncoterrell-pc.gov.uk/mens-social-afternoons.

Weds 6th, Thurs 21st – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. Info, Edna 07789 662694.

Weds 6th, 20th – Table Tennis at Henfield Hall, Ram Hill, 2–4.30pm. £2. Equipment provided. Refreshments available. For info email: henfieldhall@yahoo.com.

Weds 6th – Singalong with The Jays and Joy, Crossbow, School Rd, 2–3.30pm. £5 includes refreshments. Carers free. Live music. Songbooks provided. All welcome. Info: Hilary, 07515 351813.

Weds 6th – Bingo, British Legion, Ryecroft Road, 2pm.

Weds 6th – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. Wildlife Enforcement. Visitors £5. More info, Tel: 07935 071291 or Facebook @WICoalpitHeath.

Thurs 7th – 50+ Wellbeing in Nature gardening group, Frome Valley Growing Project, 10.30am–1.30pm. thegrowingproject123@gmail.com.

Thu 7th, 14th, 21st – Fromeside Food Hub & Cafe, Zion, 12:00–2pm. Food served till 1.30pm.

Fri 8th – Soup lunches, St Saviours church hall, 12pm.

Fri 8th – Midsummer Revels, Winterbourne Medieval Barn, 7.30pm. Folk songs and traditional tunes.

Fri 8th – Folk club, Crossbow, School Rd, 7.30pm. £3. Info, tel: 07974 151437 or Facebook: folkatframptoncoterrell.

Sat 9th – Floral Friends' Plant Sale, Brockeridge Centre, 10am. With refreshments.

Sat 9th – Frome Valley Growing Project Open, Swan Lane Winterbourne, 11am–2.30pm (weather dependent). More info: thegrowingproject123@gmail.com.

Mon 11th – Gardening and Social Club, Manor Hall Jubilee Room, 2–3.30pm. All welcome. £3 incl refreshments. www.manorhall.org, Tel: 07873 747513.

Tues 12th – Coffee & Cakes, Brockeridge Centre, 10.30am–12.30pm. Open to all.

Tues 12th – Film Afternoon, Salem, Watleys End, 2pm. Free parking, free admission, warm welcome. www.salemchurch.org.uk, FB @Watleysendmethodist.

Weds 13th – Bingo, The Miners' (Coalpit Heath Village Hall), 2–4pm. Fortnightly.

Wed 13th Thurs 14th, 15th, 16th – Kipps, Musical Comedy, WADCA, 7.30pm (2.30pm on 16th). Book at Ticketsource.

Thurs 14th – Vale of Frome Men's Probus, The Miners, 10am–12pm. Variety of speakers. Free tea, coffee, biscuits, parking. Sec: Terry 0117 956 4259 or 07521 613154.

Sat 16th – Repair Cafe, All Saints hall, Winterbourne Down, 10.30am–12pm.

Sun 17th – Open Day, Winterbourne Medieval Barn, 1–4pm. Free entry. Nature activities for children with Frome Valley Environment Network / Parish council.

Mon 18th – Happy Mondays, St Peters church, 10am–12pm. Free. Tea, coffee, cake, chat, board games, jigsaws. Bring your knitting, sketching, crafts. All welcome.

Mon 18th – Talk: The Berkeley Plantation, Winterbourne Medieval Barn, 7pm. winterbournebarn.org.uk.

Weds 20th – Volunteer Day at Frome Valley Growing Project, Swan Lane, Winterbourne, 10am–2pm. thegrowingproject123@gmail.com.

Thurs 21st – Coeliac Local Café Meet Up, Iron Acton Garden Centre cafe 10–11.30am. Share experiences of living gluten free. Info: volunteering@coeliac.org.uk.

Thurs 21st – Arts Appreciation, Greenfield Centre, Winterbourne BS36 1NJ, 2pm. "Gardens of Gloucestershire" – Kate Peake. Tel. Sally 07946 508316.

Thurs 21st – Filling Station, Manor Hall, 7.30pm. Christian gathering. thefillingstation.org.uk/station/south-glos.

Fri 22nd – Elvis Tribute with James Burrell, The Miners, 7.30pm.

Tues 26th – Women's fellowship, Salem church, Watleys End, 2.30pm.

Tues 26th – Mothers Union evening group, St Saviours Church, 7.30pm. Short service, tea, cake, craft, various speakers. Tel. Mary Head, 01454 887870.

Tues 26th – Frampton WI, St Peter's Hall, School Rd, 7.45pm. Info, email: Fcwisecretary@outlook.com.

Weds 27th – Litter Busters, meet at British Legion 10am. (Check meet on FB). Voluntary group who help to keep our village tidy, once a month. Wear gloves. See FB or email framcottva@hotmail.co.uk or contact parish council.

Thurs 28th – Memory cafe, Greenfield Centre, 2–3.30pm. Chat and cuppa, socialising, advice, varied speakers. Free.

Fri 29th – Goldies Sing & Smile, British Legion, Ryecroft Rd, 2–3pm. Recommended donation £3. Singalong hits of the '50s onwards. www.golden-oldies.org.uk.

Monthly listings at www.villageaction.org.uk



The Lady Decorator

A reliable decorator who can add a woman's touch to a professional service.

Based in Winterbourne and with several years' experience, I can help with all your painting and decorating requirements for jobs both small and large.

Please contact Alex on 07919 554658 or alexcrice@hotmail.com



RUNDLE PLUMBING & HEATING LTD.

- Boiler Installation and Servicing
- Central Heating Services • Bathrooms • Plumbing

Local, friendly business
07402 613 506
 email: rundleph@outlook.com

GARY SMART ELECTRICAL

Domestic, Commercial and Industrial Installations
 All electrical work undertaken ...

- Rewiring • lighting • bathroom showers • kitchens • garden and garages etc
- Safety inspections, Periodic Testing, Fault finding and Repairs

Fully qualified City & Guilds Electrician 17th Edition Part P Registered
07805 070 947 • 0117 987 1437 • garysmart@sky.com
 All backed with a 6 year Niceic insurance policy




CHIMNEY2SWEEP

YOUR LOCAL CHIMNEY SPECIALIST

T: 07727 994 996
www.chimney2sweep.co.uk

Chimney sweeping | Stove installation
 Chimney pots & cowls | Bird nest removals

HETAS registered stove installer & chimney sweep, Reg number 8580

THE AERIAL MAN

TV Aerial and Satellite Specialist
 Affordable Prices - Reliable Service

- Poor Reception Problems Solved • Free Quotes
- Digital Aerials • Fully Guaranteed • Repairs
- Sky Work • Additional TV Points • OAP Discounts
- CCTV Systems • WIFI Solutions

0117 967 9028
07818 413 451
 www.theaerialman.co.uk | info@theaerialman.co.uk

Lee Williams Tiling & Repair Specialist

Is your bathroom leaking?
 Have your tiling repaired, regouted and resealed!
 Over 30 years' experience

Call Lee for free advice:
07976 359055
 leewilliamstiling@outlook.com

Before



After



★★★★★ 5 Star Google Reviews



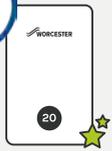
AMW PLUMBING & HEATING

Bathroom Installs now available, please get in touch for a quotation

Heating Specialists

Bristol and the South West

12 YEAR Guarantee

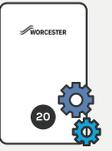


New Boiler Installations



Boiler Repairs

Worcester



Annual Boiler Service

Finance options available

Installations | Servicing | Repairs

0117 990 2735 WORCESTER BOSCH amwheating.co.uk

Life is easier with a cleaner ...



Let the award-winning CapriGems ease your life!
 We pride ourselves on our reliability, affordability, care and attention to detail, leaving every home or business spotlessly clean.

Drop us a line or give us a call for a FREE quote.
 01454 506117 | admin@caprigemscleaning.com
 www.caprigemscleaning.co.uk

Bradley Stoke Rubbish Clearance

Licensed waste carrier

- We load and clear • Same day service
- Single item jobs • Cheaper than a skip • No VAT
- Household, Garden, Garage and Shed cleared



Contact Stuart or Sue on
0800 0234 995 (Freephone) or
07770 944727
 stuart.thistlewood@yahoo.co.uk

Need an ELECTRICIAN?

Call our trusted, friendly team now!
01454 633 336



GO SOLAR SAVE BIG

Electricity bill was **£129/month**
NOW! £28/month

Save 70% on your electricity bills!
 Call 01454 633 336 or laelectrical.com



REPAIR

PRICE - REPAIR - CYCLE

CAFÉ

FRAMPTON COTTERELL

Bring your broken items to get fixed for free!

- electrical goods
- sewing items
- woodwork
- bicycles
- ...& more!

11AM - 1PM

EVERY FIRST SATURDAY OF THE MONTH
THE ROYAL BRITISH LEGION, BS30 4HW

PLASTIC FREE
FRAMPTON COTTERELL

FRAMPTON COTTERELL
ASTON COUNCIL

nature@framptoncotterell-pc.gov.uk | 01454 854442
www.framptoncotterell-pc.gov.uk/climate-and-nature-committee

Sherbourne Home and Garden Maintenance

Local Handyman (based in Bradley Stoke)



'All Work Considered'
(painting & decorating, gardening, fencing, jet washing, repairs)

Contact: Alan
07717 476 722 / 0117 9791061

W.J.M Plumbing & Tiling

OAP DISCOUNT 24 hour call out - No Job Too Small

Bathrooms ~ Kitchens
Unblocking Drains ~ Leaks Repaired

Reliable, Affordable
Friendly Service



Tel: **01454 851 830**
Mob: **07902 383219**

Based in Coalpit Heath

SPECIAL OFFER



5 DOORS FITTED IN YOUR HOME FOR ONLY **£579**



Any 5 white primed 'Suffolk' or 'Colonial' doors complete with a choice of 7 different handles, hinges and latch. Fitted in your home.

DOOR EXPRESS

08000 973333 - 07767 376770
A PHONE CALL WILL SECURE YOUR FITTING ORDER DATE

This offer applies to door sizes 78"x 30" & 78"x 27"

www.doorexpresssouthwest.co.uk

LOW COST PLUMBING



- Taps, Washers ✓
- Toilets, Cisterns ✓
- Leaks, Blockages ✓
- Tanks, Overflows ✓
- Lead Pipes, Stopcocks...etc... ✓

OAP DISCOUNTS and NO VAT
0117 957 5092

Want to SHOUT about YOUR local business?



Contact Jaci, it is EASY to appear in the next issue of Winterbourne & Frampton Matters

Call: **01454 300 900**
or Email: sales@mattersmagazines.co.uk

Mayo's Heating & Plumbing

Boiler fitting, repairs and full system upgrades including radiators!

Full Bathroom upgrades, including wetrooms.
Landlord certificates and general plumbing.

Call James:
0117 904 3172 or 07952 272 851
m6yos@hotmail.com



ICP Handyman Services

For all your jobs around the home -

- Unblocking sinks • Flat pack furniture • Leaking taps
- Shelving • Fitting curtain poles • Decorating services

To the bigger jobs: Bathrooms, Tiling and Flooring
Garden Services Decking, Fencing, Shed felt roof repairs

Call Ian on **07901 772026** for a fast, friendly, reliable service or email i.c.potter@hotmail.com

Harvey's Waste & Garden Services

We do all the hard work so you don't have to!

Rubbish clearance - cheap and fast! Full house clearance to single items removed.

All garages, sheds and gardens cleared.

Small demolition projects - eg sheds and garages - completely removed.

List of Services:

- Fencing supplied & fitted
- Hedge and grass cutting
- Tree trimming and felling
- Turfing • All garden waste removed

No job too big or too small!

Fully licensed & 10% discount for over 65s

Call **07956 548756**
or email Harveyswgs@outlook.com

ROOF-TECH Bristol

From a single tile to a whole roof, all build and roof works undertaken, pitched and flat.

We have over 20 years experience are fully insured and all work is guaranteed.

For a FREE, no obligation quote and roof survey, just give us a call.

Call: **Ben Peters: 07540 861550**
E-mail: roof-tech@hotmail.com



NPD Decorating Local Painter and Decorator

Professional, high quality interior and exterior work

Contact Nigel:
07915 061314
nddecoratingsw@gmail.com



BEAUFORT PROPERTY MAINTENANCE

FREE QUOTATION No Obligation

- PAINTING & DECORATING
- HOME IMPROVEMENT
- BUILDING MAINTENANCE & REPAIRS

Call for your free quotation:
01454 777 887 or 07980 301 905





James Antony FLOORING

Residential & Commercial



- Carpets • LVT • Vinyls • Herringbone Flooring •
- Laminate Flooring • Engineered Flooring •

- Over 23 years experience •
 - All work carried out guaranteed •
 - Free measuring and estimating service •
 - Quality flooring at competitive prices •
- "Will beat any like for like quotation on Carpets, Laminates and Vinyls"

Tel: 0117 401 8412 Mobile: 07584 674101

Email: jamesantonyflooring@gmail.com www.jamesantonyflooring.co.uk

357 Filton Avenue, Bristol BS7 0BD



Useful Trades & Services for the Home & Garden

BonneFreshClean NCCB
Carpet & Upholstery Cleaning Specialists

Professional carpet, upholstery and leather cleaning carried out with care by an all-female team

For a free no obligation quotation call Karen on
01454 436001 or 07774 908410
www.bonnefreshclean.co.uk
44 Townsend Lane, Almondsbury, Bristol, BS32 4EQ

clover ovenclean

Clover Ovenclean will clean your oven, range, hob, extractor or Aga using a non-caustic, fume free, eco-friendly system

Call Heath on 07943 870400
www.cloverovenclean.co.uk

Professional Oven Cleaning Services

MD Aerials Which? Trusted Trader

Call Michael Dagger

T: 01454 418 341 M: 07817 304 236
mikendaerials@gmail.com www.mdaerials.co.uk

All types of aerial and satellite work undertaken including:

- Reception problems
- TV wall mounting
- CCTV
- Free Quotations
- Additional room feeds
- Setting up and tuning
- WI-Fi access points

Over 34 years' experience!

TS Technisys SECURITY

HOME ALARM & CCTV SYSTEMS

- Installation of wireless & wired alarms
- Repairs & Servicing
- New bell boxes, detectors and door contacts
- HD CCTV and Intercoms

Call us 0117 9075709
Email - info@technisys.co.uk
Technisys.co.uk - Based in Stoke Gifford

SSAIB

Emergency number: 07798 905 337
Keep it in your mobile

Lock Stuck and Barrels
The complete door and window service

Locked out?
Need to replace or change your locks?

- Swift LOW cost emergency service to all home/commercial lock outs.
- Non destructive methods gaining entry quickly and efficiently from the initial call.
- Keys or handbag stolen? Burgled! Need your locks changed or re keying on a new home, call us.

ALSO: LOW cost Repair / replacement of UPVC / ALUMINIUM WINDOW and DOOR: LOCKS, HINGES, HANDLES AND MISTED UP / BROKEN DOWN DOUBLE GLAZED UNITS.

Full explanation and costs given before any works carried out. All work fully guaranteed. No call out fee

Call Dave on 07798 905 337

www.thebristollocksmith.co.uk
Based in Frampton Cotterell

CRB

BRUNEL GARAGE DOORS

Up and over garage doors

Sectional garage doors

Roller garage doors

Side hinged garage doors

Family run business with over 15 years' experience, carrying out installations and repairs to all types of garage doors in the Bristol and surrounding areas.

Free Quotation Service

Visit us and try our roller garage doors in our new demonstration area (by appointment only)

Unit 10 Ram Hill Business park, Coalpit Heath, Bristol BS36 2TX

01454 882212
www.brunelgaragedoors.co.uk

Index of Local Advertisers

Aerials		Community Articles cont		Kitchens	
Dan Grace Aerials	37	Winterbourne Medieval Barn	24	Dream Doors	16
M D Aerials	41	Winterbourne Musical Theatre	8	Locksmith	
Art Classes		Computer services: IT – Repair/help		Lock Stuck and Barrels	41
Brushstrokes	23	Frampton Cotterell Computer Group	27	Mortgage Advice / Protection	
Bathrooms		Doors		Crystal Clear	5
AMW Plumbing & Heating	36	Brunel Doors (garage)	41	Opticians	
Lee Williams Tiling & Repair	37	Dream Doors (kitchen)	16	Mike Harbord Opticians	6
Blinds		Door Express (internal)	38	Painter / Decorator	
North Avon Blinds	10	Southern Plasticad	44	NPD Decorating	39
Builders / Groundwork / Property svcs		The Window Hub	15	The Lady Decorator	36
Beaufort Property	39	Electrician		Pet Businesses	
ICP Handyman	39	Gary Smart Electrical	36	Dog Lounge	7
Sherbourne Home & Gdn Maintenance	38	LA Electrical & Solar	37	Plumbing / Heating Engineers	
Use Your Loft Space	10	Engraving		AMW Plumbing & Heating	36
Carpet & Upholstery Cleaners		RMG Engraving	21	Low Cost Plumbing	38
Bonne Fresh Clean	41	Estate Agents / Property Letting		Mayo's Heating & Plumbing	39
Car / Motorbike- Repair / Valet / MOT		aj homes	1	Rundle Plumbing & Heating	36
LCM Automotive	1	Bundy and Bond Estate Agents	3	WJM Plumbing	38
Central Heating Engineers		Flooring		Roofing	
AMW Plumbing & Heating	36	James Antony Flooring	40	Rooftech	39
Mayo's Heating & Plumbing	39	Phoenix Flooring	43	Rubbish Clearance	
Rundle Plumbing & Heating	36	Garden Services		Bradley Stoke Rubbish Clearance	37
Charities		Harvey's Waste & Gdn Services	39	Harvey's Waste & Gdn Services	39
Children's Hospice South West	9	ICP Handyman	39	Schools	
Paul's Place	26	Sherbourne Home & Gdn Maintenance	38	Collegiate	13
The Grand Appeal Gifts in Wills	9	Gift shop / workshop		Security	
Chimney Sweep		The Artisan's Den	6	Technisys – Home Alarm Systems	41
Chimney 2 Sweep	37	Golf Course		Shopping Centres	
Cleaning & Domestic Services		Thornbury Golf Club & Lodge	14	Willow Brook Centre	20,21
Capri Gems Cleaning Services	37	Hair / Beauty		Solar Energy	
Clean Oven Company	18	Beauty Plus	23	LA Electrical & Solar	37
Clover Ovenclean	41	Nat Austin SPMU –		Stairlifts	
Community Articles		Aesthetics & Beauty Rooms	8	Thornbury stairlifts	26
Beesmoor Playing Field	5	Restore Clinic	19	Storage Solutions	
Brockleridge Social Clubs	24	Salon 98	12	North Bristol Container Storage	2
Claire Hazelgrove MP Update	30	Health, Fitness & Wellbeing		Tiling	
Clare Moody, Police & Crime		Dawn Clode – Holistic courses	19	Lee Williams Tiling & Repair	37
Commissioner Update	32	Eya Aligned	19	Travel	
Coalpit Heath WI	18	Tip the Balance	17	Green Commuuty Travelwest	27
Easter Services	22	Heating Installation		Wellbeing Courses / Retreats	
Floral Friends of Frampton	13	AMW Plumbing & Heating	36	Dawn Clode – Holistic courses	19
Frampton Cotterell Male Voice Choir	31	Mayo's Heating & Plumbing	39	Tip the Balance	17
Frampton Cotterell Parish Council	29	Rundle Plumbing & Heating	36	Wills / Estate / Planning / Probate	
Minister's Message	22	Home Care		The Grand Appeal Gifts in Wills	9
Severn Vale Art Trail	33	My Homecare – Care at Home	4	Westminster Law	7
South Glos Miners Research	31	Windows/Conservatories & Doors		Windows/Conservatories & Doors	
Village Diary	34,35	Southern Plasticad	44	The Window Hub	15
Winterbourne Badminton Club	21	The Window Hub	15		
Winterbourne Down Village Carnival	11				
Winterbourne Evening WI	6				
Winterbourne Library	12				

Phoenix Flooring Limited



DISABLED ACCESS



RESIDENTIAL & COMMERCIAL FLOORING SPECIALISTS

Carpets • Luxury Vinyl Tiles • Laminates
Engineered Wood • Room Size Remnants
Vinyls • Artificial Grass

OPEN TO THE PUBLIC AND TRADE

Tel: 01454 620707

email: enquiries@phoenixflooringltd.co.uk

www.phoenixflooringltd.co.uk



Unit 15 Hemingway Business Centre
Walker Way, Thornbury, Bristol, BS35 3US

EDITOR'S NOTE: Winterbourne and Frampton Matters is independently published and delivered FREE to every home (c 6,500+) in Winterbourne, Frampton, Coalpitheath, Winterbourne Down and Moored. The views and opinions expressed are not necessarily those of the editors (unless it is a personal review of a service that we have participated in). We cannot vouch for every advertiser personally (although since starting in April 2009 we have used many of the services ourselves). Any feedback or experience is welcomed. We would like to thank all the advertisers who support this publication and therefore make it possible. Please return their support by utilising their services when and where you can. It is the advertiser's responsibility to ensure conformity with the Trade Descriptions Act 1975, Business, Advertisements Disclosure Order 1977, Sex Discriminations Act 1975 and the Consumer Credit Act 1974. We cannot be held responsible for misrepresentations in the adverts included. All artwork created by Matters Magazines must not be published in any other media without our permission. © Matters Magazines 2025 © Winterbourne & Frampton Matters 2025.

If your group, organisation or business would benefit from appearing in this magazine please call Jaci on 01454 300 900.

SP southern plasticlad ltd

0% Finance!

Now Available



Our Services

- Conservatories
- Windows
- Doors
- Garage Doors
- Roofing- Pitched and Flat Roofs
- Fascia, Soffits & Guttering

Showroom Opening Hours

Monday - Friday: 9am - 5pm
Saturday: 9am - 1pm



Unit 4, Ram Hill Business Park, Ram Hill, Coalpit Heath, Bristol, BS36 2TX

Southern Plasticlad Limited is an introducer appointed representative of Ideal Sales Solutions Ltd T/A Ideal Finance. Ideal Sales Solutions is a credit broker and not a lender (FRN 703401). Finance available subject to status. The rate offered is always provisional and will depend upon your personal circumstances, the loan amount and term.

01454 777732

sales@southernplasticlad.co.uk

www.southernplasticlad.co.uk