# Winterbourne & Frampton *Matters*



June 2025

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## Dear Residents,

Welcome to the June issue of your community magazine. Our front cover illustrates the flame that was lit as part of VE Day 80 year celebrations, at the Centenary Field in Frampton Cotterell. This event was organised by Frampton Cotterell Parish Council, read more about this and other activities and good news stories from the Parish Council inside.

Crossbow House is gearing up for its 50 year anniversary with a host of wonderful events planned starting over the weekend of 4th July.

From 50 to 100 year celebrations with the Frampton Cotterell Male Voice Choir, they share how they have had a fabulous time marking their centenary year.

You are invited to travel over 600 years back in history with the Winterbourne Barn Medieval Day on Sunday 8 June. There will be lots of new performers and crafts-people transporting you back to medieval

We are delighted to bring you some local history on the life of Brockeridge School thanks to local historian Ian Haddrell. How times have changed, it was wonderful to learn more about the school that started its life as a British/Council School.

All this, as well as updates from the local WIs. The Floral Friends of Frampton, Winterbourne Library, Fromeside Benefice. Paul's Place and, of course, all the events planned and detailed in the Village Diarv.

If you are a business looking to promote your services across the local area in 2025, do get in touch with us and we will be happy to help. Deadline for the next edition is 11 June 2025.

When you make contact with our advertisers, please do mention the magazine, thank you.

DON'T FORGET YOU CAN KEEP UP WITH EACH EDITION OF YOUR FAVOURITE COMMUNITY MAGAZINE VIA www.mattermagazines.co.uk

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From left: Emma, Geoff, Georgia and Maggie Front: Tina and Mary. The Sales Team at Bundy and Bond

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## 100 Years of The Frampton Cotterell Male Voice Choir

The Frampton Cotterell Male Voice Choir (FCMVC) centenary concert was an extraordinarily uplifting and memorable evening enjoyed by an audience of approximately 275 people. It was a very special occasion that will live long in the memory of all who attended and indeed participated.

The concert, held at the St Michael's Centre in Stoke Gifford, ran smoothly under the expert direction of the vivacious compere, Ali Vowles, and the orchestration of the choir's musical director, Tim Warren. The guest soloist, Welsh tenor Travis George, enthralled the audience with his passionate, soaring renditions of some favourite musical and swing numbers including Music of the Night (Phantom of the Opera) and That's life (Frank Sinatra). Backing him in the song Anthem (from the musical Chess) the choir sang with great conviction and heart. Travis' humorous and poignant insights into his growing up with autism and his breakthrough appearance on TV's Britain's Got Talent moved the audience. He graciously complimented the choir on its achievement and was impressed by the musicality and range of singing performed during the evening.

A pleasing interlude in proceedings was provided by the Frampton Shantymen who sang a couple of their maritime refrains. It was unusual to see them not dressed in their usual blue and white stripes but in waistcoats and bowties that is the standard dress for members of the choir.

The choir's own programme of songs was a diverse repertoire ranging from traditional hymn and gospel to Disney and the "roaring twenties". There was even an upbeat syncopated version of the 1964 pop song "Under the boardwalk" by the Drifters. Several of the songs had been arranged specifically for the choir by Tim Warren and in one case scored by him to commemorate deceased members. The evening ended with a stirring chorus of Morte Criste, thought to be a song that has been sung at all FCMVC annual concerts since 1925.



The St Michael's Centre auditorium lent itself perfectly to the harmonious voices. A more difficult place to project the choir's sound was the outdoor setting on the deck of the SS Great Britain one week later. Some of the same repertoire was valiantly undertaken despite windblown sheet music and less than ideal acoustics. Many visitors to the attraction took time to listen to a few tunes however and heartily applauded each rendition.

In the words of Steve Harrison the choir chairman, "We celebrate the past, preserving and continuing a tradition of male voice singing whilst also singing for the future for many years to come." The names have changed, personalities have come and gone, but the FCMVC has been an enduring ensemble united by a passion for singing and the comfort of easy fellowship with like-minded people. Here's to another 100 years!





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There will be no audio guides for this event but visual and written our audio guides. There is a selection of information will be provided. Blue Badge Guides will be on site to

Time slots 10:30 -13:00 & 14:00 -16:30

Admission £16.96 including booking fee. Children, 11 and under, by arrangement.

There is free parking and partial access for disabled visitors. Light refreshments are available on site:

Acton Court Latteridge Road Iron Acton Bristol BS37 9TL | info@actoncourt.com Information line: 01454 228 224 | www.actoncourt.com





## Summer at Winterbourne Medieval Barn

Winterbourne Medieval Barn is an extraordinary survivor from our medieval past. It was built in 1342 for Sir Thomas de Bradeston, who was Lord of the Manor of Winterbourne from 1328 until his death in

In 1393 King Richard II granted Blanche Bradeston the right to hold a weekly market in Winterbourne and a June fair. June was the time in the medieval calendar to celebrate Midsummer, and what a celebration it was!

So, volunteers at the Barn are delighted to be upholding that tradition over 600 years later with a Winterbourne Medieval Day on Sunday 8th June. This will be the Barn's main community event of 2025. Come along and enjoy some recreated medieval festivities suitable for all ages on a genuine medieval site!

There will be a varied programme of activities throughout the day from 11am to 4pm. Watch medieval combat displays from the Warwick Warriors, and demonstrations of aspects of daily life in the 1300s from living history group, The Company of Chivalry. There will be wandering jesters and live medieval music. You can have a go at Archery and traditional games, and there are competitions and activities for young children.

Come and explore an exciting mix of Medievalthemed artisan stalls and displays with heritage crafts. There will be plenty of delicious food and



drink available including a hog roast, Persian cuisine, and a range of sayoury and sweet bakes. The Barn bar serves alcoholic and soft drinks, teas. coffees, and snacks.

Tickets booked online by 1st June are £5 for adults, £1 for children. Entry on the gate is £7 adult, £2 child (cash or card). There is free parking at Winterbourne Academy with a free shuttle bus running up and down to the Barn all day. No parking is allowed on Church Lane as this causes congestion and obstructs emergency vehicles. Wellbehaved dogs are welcome on a lead.

If you would like to find out more about the history of the Barn, and about Thomas de Bradeston who was an important medieval figure, come along to The Story of Our Barn on 10th July, or a talk about Sir Thomas on 25th September. More information on the website.

Looking at much more recent history, Liz Ferguson gives a talk on Monday 30th June about brave and talented local folk named on the Whitehall War Memorial at Hambrook. Following on from the 80th anniversary of VE Day celebrations in May, her talk remembers those in our villages who did so much on the Homefront during WWI and WWII.

Summer at the Barn brings another traditional Barn Dance on 18th July, and three well-known dramas delivered with more than a hint of comedy. The Pantaloons bring Jane Austen's Sense and Sensibility on 24th July, The Festival Players perform Shakespeare's As You Like It on 14th August, and IKP offers Cinderella on 17th August.

Having been fully booked for months, there are now a few spaces for the popular Tai Chi classes in the Barn on Wednesdays. Classes are aimed at over 50s and can be done standing or sitting. Email: contact@ winterbournebarn.org.uk if you are interested.

#### www.winterbournebarn.org.uk Facebook @winterbournemedievalbarn

Winterbourne Medieval Barn, Church Lane, Winterbourne, BS36 1SE



## Wellbeing Matters!

#### The Benefits of Summer Seasonal Eating for Gut Health and Overall Wellbeing

As summer rolls in, our supermarkets and kitchens can fill with an abundance of vibrant, fresh produce. From juicy strawberries to sun-ripened tomatoes, the season brings an array of fruits and vegetables that not only tantalise our taste buds but also offer incredible benefits for our gut health and overall wellbeing. Embracing seasonal eating during the summer months can improve digestion, boost immunity, and promote more balanced gut health (microbiota), setting the stage for better overall wellbeing.



The gut microbiota is a complex community of micro organisms, including bacteria, fungi, and viruses, that reside in our digestive system. These tiny organisms play a pivotal role in digestion, metabolism, immune function, and even mental health. A diverse and balanced microbiota is essential for optimal health, while an imbalance can lead to issues such as bloating, inflammation, a weakened immune system, even depression.

Seasonal eating, particularly in the summer when nature offers its most diverse and colourful produce, can enhance the diversity of our gut microbiota. The wide variety of fruits, vegetables, and herbs available during the warmer months provides the necessary vitamins, minerals, fibre, antioxidants, and prebiotics that support our beneficial gut bacteria. Examples of seasonal foods that promote a healthy gut:

- 1. Berries Blueberries, raspberries, and blackberries are packed with fibre and antioxidants that can help to reduce inflammation in the gut and support the growth of good bacteria. Their high fibre content also helps to regulate bowel movements and prevent constipation.
- 2. Tomatoes A summer staple, tomatoes are rich in lycopene, an antioxidant that has been shown to reduce inflammation in the gut. They are also high in water content, which aids in digestion and prevents dehydration during the hot summer months.





- Leafy Greens Spinach, kale, and rocket are abundant in the summer and are excellent sources of fibre, magnesium, and other essential nutrients. The fibre in leafy greens helps to support the growth of beneficial gut bacteria while promoting healthy digestion.
- Cucumbers With their high water content, cucumbers help to keep the digestive system hydrated and flush out toxins, contributing to a healthy gut environment.
- 5. Herbs Fresh herbs like basil, mint, and coriander are not only flavourful additions to summer meals but are also rich in polyphenols, which act as prebiotics. Prebiotics nourish the beneficial bacteria in the gut, helping them to thrive.

There is growing evidence of the connection between gut health and mental wellbeing, often referred to as the "gutbrain axis." A balanced gut microbiota can positively influence mood, cognitive function, and mental health. The consumption of fibre-rich seasonal foods, which support the growth of beneficial gut bacteria, has been shown to enhance the production of neurotransmitters like serotonin, often referred to as the "happy hormone." Eating seasonal foods that are rich in antioxidants and anti-inflammatory compounds not only helps reduce digestive challenges like IBS, but also relieves gutrelated stress and improves overall mood and mental clarity. particularly during the summer when the mind and body are more active.

Adopting a diet based on summer's seasonal bounty is an easy and enjoyable way to support your gut health and overall wellbeing. If you need some support or inspiration to make this theory YOUR reality, get in touch and make the most of a happy healthy summer. Becca

> Our contact links can be found at www.linktr.ee/tipthebalance or call 07721 907780

## **News from Frampton Cotterell Parish Council**



#### Frampton Cotterell V.E. Day 80

In Frampton Cotterell, the whole community came together to celebrate V.E Day on the 8th of May. The event at the Centenary Field was organised by Frampton Cotterell Parish Council and had a

selection of stalls and activities for all to enjoy.

The Scouts, Guides and Air Cadets paraded onto the Centenary Field in full uniform to start the evening and the Air Cadets put on an impressive demonstration of their drills. The Crossbow Singers entertained the crowd with a wonderful selection of wartime songs, and local churches made doves of peace for people to decorate.

FACE Youth Group came in their special bus and ran activities, the

local Fire Brigade brought their fire engine, and there was an authentic military vehicle to see.

Throughout the event, we raised money for the British Legion from donations for cakes, which were all baked and donated by local volunteer, Shirley. In total, we raised £116.76 - thank you to everyone who gave so generously.

Daisy, our Climate and Nature officer, was kept busy, talking to people about caring for hedgehogs, bats and our current nature projects. Daisy also had plenty of wildlife equipment such as bat detectors and wildlife cameras on hand for people to borrow!

The event provided an opportunity for everyone to try out the newly installed commemorative "Lest We Forget" bench. Our Nature group have also been busy planting 80 poppy plants around the bench which will flower in the summer.

The V.E Day celebration ended with Parish Council Chair. Councillor Linda Williams reading the Tribute and the lighting of the beacon. The beacon looked magnificent against the night sky and was a beautiful end to an evening of joy and reflection.

#### **Three New Benches in Frampton**

Three new benches have been installed across Frampton Cotterell for use by the public.

A V.E. Day "Lest We Forget" memorial bench has been installed beneath a cherry tree at Centenary Field. This bench was provided by the parish council, and honours lives lost in military service.

The Floral Friends of Frampton received a grant from the parish council for a planter bench, which has been placed near St. Peter's Church. And finally, a bench was donated to the parish council by the Ramblers Association which has now been

installed at The Glebeland.



We invite you to take part in the Great Big Green Week. 7th - 15th, June. This is a nationwide celebration of community action to protect nature and tackle climate change. There are a number of events to take part in.

Repair Café - 11am - 1pm, Saturday 7th June, at The Royal British Legion (BS36 2HW). Bring broken jewellery, bicycles, woodwork, electrical

goods, sewing items and more to be repaired!

**LEAF (Local Environment Action Frampton)** Meeting - 6.30pm. Thursday 12th June. The Brockeridge Centre. Everyone is welcome to discuss issues, solutions and ideas relating to local climate, nature, wildlife and environment with local people who are as passionate about local nature as

Clothes Swap / Sale - 2pm, Saturday 14th June, The Brockeridge Centre.

Litter Pick - Date and time to be confirmed - check our website and social media for updates.

If you'd like to learn more about our Great Big Green Week or any of our other climate & nature efforts, please email: nature@framptoncotterell-pc.gov.uk or visit the Climate & Nature section on our website.



#### Wildlife equipment loan scheme

We are deeply passionate about local nature – and we know our parishioners are, too. That's why we've purchased wildlife monitoring and detection equipment for our parishioners to borrow for free! If you would like to borrow one of our bat detectors, moth traps or wildlife camera traps, email, call, or visit us at The Brockeridge Centre to find out more.

#### **Centenary Field Pond**

We are excited to let you know that our pond at Centenary Field has now been filled, finished and is looking fabulous! Our pond project has been a long work in progress, as we have faced several unexpected challenges during the work. The new pond will provide a huge boost to local nature and biodiversity, creating a much-needed water-source and habitat to help local plants and wildlife thrive. Thank you so much to everyone who has helped us with this project.

#### **New Stepping Logs for Sensory Garden**

We are pleased to have installed beautiful new wooden 'stepping stone' logs in our community Sensory Garden at The Brockeridge Centre. We would like to express our immense gratitude to our tree surgeon, Simeon of Bamfield Tree Services

for supplying these replacement logs.

#### **Community Nature** Reserve

If you know there are hedgehogs in your area, we'd love for you to join our Community Nature Reserve. By joining this project, you'll not only be helping local nature in a meaningful way, but you'll also get the chance to receive free tree saplings, wildflowers and hedgehog highways, as

well as receiving personalised advice on wildlifefriendly gardening! To learn more and to sign up to the Community Nature Reserve, visit our website at www.framptoncotterell-pc.gov.uk/community-naturereserve. The Community Nature Reserve is a joint project with Frampton Cotterell Parish Council and Frampton Cotterell Nature.

#### **C&N Nature Art Exhibition 2025**

For the past two years, Frampton Cotterell Parish Council has hosted art exhibitions showcasing the climate & nature themed art of talented local artists - in 2025 we're going for the hat trick! This year's exhibition will be held at The Brockeridge Centre from the 26th to the 31st of August.

We want to encourage local artists of all ages and abilities to exhibit in this year's exhibition. Whatever your artistic medium, we would be honoured to showcase your work: from crochet to collage, sculpting to sewing, pottery to poetry, and everything in between, all art is welcome! To find out more visit the nature-art-exhibition-2025 on our website.

The Brockeridge Centre, Woodend Road Frampton Cotterell, BS36 2LQ.

Open: 9am-2pm, Monday to Friday. www.framptoncotterell-pc.gov.uk

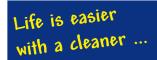
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## **What's on at Winterbourne library**



Normal staffed opening hours - Tuesday. 10am-3pm, Wednesday and Friday, 10am-5pm. Saturday, 9.30am-12.30pm.

See www.southglos.gov.uk/find-a-library

#### **FREE Children's activities**

Rhyme time - most suitable for 0-18 months, every Wednesday, 10am-10.30am (term time only).

Story time - most suitable for 18 months-4 years. Fridays, 10am-10.30am (term time only).

Lego club - 4 weekly on a Saturday. Story and a themed build, children must be accompanied by an adult. Suitable for 4+ years. Next sessions - 21st June and 19th July, 10-11am.

May Holiday Activity - Pesky Pirates! Join us on Friday 30th May from 10.30am for our children's free crafts, or collect your craft bag to make at home. Suitable for 4-11 years.



#### Make a difference this summer!

South Gloucestershire Libraries are looking for enthusiastic and friendly Summer Reading Challenge Volunteers. Develop your skills in communication, team working and creative projects, have fun and make new friends. Be part of the team running the 2025 Summer Reading Challenge, Story Garden for primary school aged children. You will help children doing the Summer Reading Challenge, talk with them about the books they're reading and help at library activities. Age 14+. Training will be given. Closing date for applications 22nd June 2025.

To find out more ask a member of library staff, visit www.southglos.gov.uk/library-volunteers or email libraryvolunteers@southglos.gov.uk. Thank you.

#### **Adult activities**

Adult craft group - Every other week on Saturday. 10am-12pm. Join our friendly group to do your own craft. Refreshments are available by donation. Next sessions - 14th and 28th June, 12th and 26th July.

Coffee Morning - Every Wednesday, 11am-12pm. Join us for coffee, chat, friendship and bring a craft too.

Adult Games Club - Fortnightly on Wednesday, 2-4pm with refreshments by donation. Next dates 4th and 18th June. Come along on your own or with a friend to play a variety of board games and make new friends.

Computer Classes – Thursday (term time only) enrolment required with SGS College. For further information please contact Cindy on: 0117 909 2296 or email: cindy.corbett@sgscol.ac.uk.

Digital Champion - Do you need help getting online? Or stuck using your iPad or phone? Book your slot with our friendly volunteer who runs a oneto-one hourly session on a Friday morning. See staff for further details.

Open Access – This is our system that lets you into the library when we are not open with staff, between 8am-7.30pm, 7 days a week using your library card. Library members complete a quick induction held at Winterbourne library, 3pm Wednesday and 10am Saturday, to register to use Open Access. You then can use our WiFi, Computers, printing, collect reservations, issue and return books.

Email: winterbourne.library@southglos.gov.uk Telephone: 01454 868006

www.southglos.gov.uk/libraries



**South Gloucestershire Libraries** 

southgloslibs

#### Winterbourne Down Art Group

The next session for this informal and friendly group is Thursday 5th June and then every Thursday until 17th July.

Anyone is very welcome to come along and see if vou would enjoy meeting new people and trying out a new hobby. If you are already experienced then joining a group is good way to meet like minded people.



Artwork by group member Sue Blake

We meet at 2-4pm at Winterbourne Down Church Hall. There is free parking and we have a break for coffee/tea and cakes.

For more information contact Alison Sansum on 01454 775133.



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## In memory of Nicholas: a sister's tribute and a hospice's milestone

On 11 April 2025, Nicholas would have turned 30. For his younger sister, Adela, this milestone birthday carries an emotional significance – not only because of what it represents for Nicholas, but because 2025 also marks 30 years since Children's Hospice South West's (CHSW) Little Bridge House in Devon first opened its doors to families like theirs.

Nicholas was born in April 1995 with a rare, life-limiting condition which required continuous monitoring, intense medical attention and frequent, often urgent, hospital visits.

Growing up, Nicholas, his sister Adela, and their mum and dad lived in Bristol. Adela shares, "I remember I would tell other children, that he couldn't walk, talk, sit or stand. This was the simplistic, child-like way in which I would articulate my brother's condition. While this was my normal, it wasn't what most would imagine childhood to be."

By the time she was 3, Adela was able to help feed Nicholas via a gastrostomy tube, and by 8, could read his oxygen saturation monitor.

"When I was little, my family frequently visited Little Bridge House for respite care. This was care for the entire family, with a dedicated Sibling Support Team who spent time with children like me doing arts and crafts, going on day trips

to local places in Devon and spending time in the infamous soft playroom. This





created an opportunity to meet other brothers and sisters in my situation, and I was able to talk freely about Nicholas without having to explain the backstory. Everyone already understood."

Nicholas & Adele

Nicholas passed away on 26 March 2010, aged 14.

To honour the sibling Adela so dearly loved and the 30th anniversary of Little Bridge House, the family hosted an event at home raising over £1,600 for the charity that has, and continues to, support them all.

If Adela's story has inspired you and you'd like to support Children's Hospice South West, please get in touch with your local CHSW fundraiser, Amanda Leonard, at amanda.leonard@chsw.org.uk.





## **News from the Floral Friends of Frampton**

What a spring it's been full of sunshine, daffodils, tulips, freshly mown grass and for those of us lucky enough to enjoy it, time spent in the garden.

We have decided to go with ever popular bright flowers in the summer planters, so by the time you're reading this, all the planters around the village should be sporting their colourful summer hue.

You may just receive this in time for our Spring Plant Sale on 24th May at the Brockeridge Centre, 10am-12pm. As well as buying plants, enjoy refreshments and a really generous raffle! It's always a friendly, fun morning and you may walk away with some good bargains!

In other news, our new bench planter outside St Peters Church (pictured), should be much easier to maintain and as it's made of robust, recycled plastic, meaning it will last for many years to come.

We have been very lucky with donations and support from our wonderful local people over the years and we'd also like to say a big thank you to Frampton Cotterell Parish Council for all their support too: allocating space for the Brockeridge Centre Garden; supporting funding bids; making



grants and allowing the staff team - especially Steve - to help us in so many ways.



Floral Friends are entirely funded by donations and we would like to thank all who have supported us recently by making donations and perhaps commemorating someone special by doing so. It is very much appreciated.

#### If you can support Floral Friends in any way we'd love to hear from you!

If you would like to join us, you would be warmly welcomed - you do not need any previous gardening skills - just enthusiasm and a willingness to take part. If you can donate time, money or plants please get in touch, thank you.

Email: floralfriendsofframpton@gmail.com. http://ffframpton.wixsite.com/frampton-cotterell Facebook: @FloralFrampton.

#### The Restore Clinic – Advanced Skin and Body Treatments Now in Winterbourne

Winterbourne's skincare scene has been beautifully elevated with the launch of The Restore Clinic—a welcoming space where expert treatments meet real, lasting results.

Specialising in award-winning aesthetic treatments, The Restore Clinic helps clients tackle everything from ageing and acne to scarring, pigmentation, and skin laxity. Each treatment is personalised, with a focus on natural-looking results and long-term skin health.

Popular services include HIFU (High-Intensity Focused Ultrasound) to lift and tighten sagging skin without surgery or downtime, and Microneedling with Radio Frequency, which stimulates deep collagen to smooth fine lines, scars, and stretch marks.

Clients also love LED Light Therapy, which uses targeted wavelengths to calm inflammation, rejuvenate skin, and support healing and pain relief—both for the face and the body. Skin Boosters deeply hydrate and improve elasticity, while Chemical Peels and Medical Skincare Plans target pigmentation, acne, and signs of ageing with medical-grade precision.

With a calm atmosphere and expert-led care, The Restore Clinic is dedicated to helping you feel confident in your skin—right here in your local community.







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At Pinewood, we are not just passionate about protecting your home, we're also committed to protecting our planet. We offer a range of eco-friendly roofing options that are as kind to the environment as they are to your wallet. Their energy-efficient materials can help reduce your carbon footprint and lower your energy bills, all while providing superior protection for your home.

With thoughts turning to summer, it's the ideal time to get your garden project underway. Our landscaping arm of the business offers the professional installation of new driveways, patios, fencing, decking, raised beds, real and artificial lawns and low maintenance garden design and installation.

For more information on any of the above or to book a free quote, please get in touch via the contact details below.



Jimmy and his team did a great job on our old leaky roof, taking on additional work at the same time that was a necessity following inspection.

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> D. Chiddy November 2024 ·



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#### Local business achieves national recognition

Local window company, The Window Hub, has been singled out as one of the UK's top window installation companies, receiving personal recognition from the CEO of industry's professional body.

With a head office in Staple Hill in Bristol, The Window Hub is proud to display its professional accreditations, including its membership of FENSA, which guarantees homeowners that the windows and doors the company fits meet the latest standards and Building Regulations.

Managing director and owner Danny Robb recently received a personal note from the chairman of the Glass and Glazing Federation (GGF), which owns FENSA, alerting him that his company is now in the top 20 of all FENSA-registered window installation businesses in the UK.

"Given the market conditions we are facing, in a mature market, I am sure you and the team are really proud of your achievement," GGF CEO John Agnew said. "Whatever your secret is tell nobody as they will all want to cash in on it!"

Danny Robb launched the Window Hub during lockdown in 2020 because he wanted to create a business that was "built on quality rather than greed".

Today, The Window Hub has offices, showrooms and installation depots across the South West, selling the latest window and door designs, which offer the very best security and warmth.

"The last five years have been an absolute whirlwind," Danny said. "But the whole team here at The Window Hub are focused on providing homeowners the very best windows and doors, at a decent price, with the friendly service they deserve.

"I knew we have grown quickly, but to get this letter telling me that I am a top 20 business absolutely amazed me. The team here are delighted with the news."



Danny said Window Hub has very strict guidelines that its employees must follow to ensure the customers are always looked after. This is includes an ethical sales policy which, in addition to following legal obligations, includes a 'canvassing etiquette' which all salespeople must read, sign and stick to.

"It really isn't rocket science," Danny said. "But we make sure our employees close gates behind them, and don't walk on the lawn. And if they are asked not to return, they must inform their Team Leader immediately, so Head Office can make a record and send out a 'no knocking sticker' so all canvassers know never to return.

"Our sales team also have specialist training on being aware of vulnerable homeowners, so that everyone can make an informed decision. Sales begin and end with treating customers properly."

The Window Hub also has a tree-planting programme as part of a comprehensive sustainability programme, and the company is heavily involved in local charities including youth sports teams and hospices.

This meteoric rise in fortune, despite being launched during a pandemic and facing tough economic conditions, also resulted in The Window Hub being shortlisted for a trade industry award in 2024.

"I am chuffed to bits to be a top 20 installer," Danny said. "But it takes second place to my Trustpilot score, which sits at five stars." 90% of reviews for The Window Hub on Trustpilot are for five stars, with customers celebrating the company's professionalism, friendliness, tidiness, and attention to detail. (The company doesn't invite satisfied customers to leave a review, so all comments on that site are genuinely organic.)

For more information, please visit TheWindowHub.co.uk

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#### Family Wins Battle to Secure the Right School for their Son

UK parents recently received their local authority's decision on school placements. While many are satisfied, some families now face the difficult decision of whether to challenge their child's allocation. One family's experience highlights how expert legal support can help secure the right educational setting for a child with special needs.

Their son, who has autism, was placed in a maintained special secondary school. However, his parents knew this wasn't the right fit, as he had previously struggled in a larger primary setting. His EHCP required crucial Speech and Language Therapy, which he wasn't receiving. Despite their concerns, the local authority insisted their chosen school could meet his needs, citing a £70,000 annual cost difference with the parents' preferred specialist ASD School.

With the help of specialist Education Lawyers here at HCB Solicitors, the family challenged the decision at the First-tier Tribunal. Independent reports confirmed the child needed a setting with class sizes no larger than five or six, on-site therapy, and a peer group with similar needs. Further investigation uncovered critical shortcomings in the local authority's school, leading them to concede before the hearing.

Three months after lodging the appeal, the family secured a placement at a small independent special school. The difference has been life-changing. Their son now has a one-to-one support worker, tailored teaching, and access to therapy. His progress has been remarkable—advancing in phonics and maths, thriving in a smaller classroom, and growing in confidence.

The family is overjoyed, describing the school's support as exceptional. They urge other parents facing similar battles to seek expert legal guidance, as specialist support can make all the difference in securing the right educational placement.

If you find yourself in a similar position, please do not hesitate to get in touch with one of our Education Law experts today. Every child deserves the opportunity to fulfil their potential and we will provide the expert guidance needed to ensure this is the case.

> Samantha Hale, Director, **Education Law Department** (Bristol)



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#### **News from Frampton Cotterell WI**

Our speaker at the end of April was Katie Bell, who gave us a fascinating tale of history and revelations about the past of the Bristol Hippodrome. The theatre was designed by the renowned architect Frank Matcham and it first opened its doors on the 16th December 1912. Many of our members were amazed to discover that



#### Up-coming events and talks include:

24th June - Victorian Surgery with Geoff King **23rd July –** Great Western Air Ambulance Service with Richard Lewis

12th August - hosting of regional WI's Annual Meeting at Crossbow House



We have many other events/ socials lined up for the year ahead, including visits to the theatre (including Moulin Rouge at the Bristol Hippodrome in July), and various other trips or meals out, garden/historic visits, etc. We also have a monthly 'lunch club', open to all members and held at a different local venue each time.

Watch this space and our Facebook page for confirmation

of future event dates and more details.

Visitors and new members are welcome to our monthly meetings at St Peter's Hall, on School Road, at 7.45pm, on the fourth Tuesday of the month. There is a charge of £4.00 for the evening and any new members can also join by paying a membership fee.

Special interest groups that meet separately include a book club, craft group, gardening group and our skittles and darts events.

If you would like to join us or to find out more, please search FramptonCottWI on Facebook, leave us a message and like our page.



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**Celebrating 50 years at Crossbow House** 

We are excited to invite the local community to help us celebrate a remarkable milestone: 50 years of Frampton Cotterell and District Community Association at Crossbow House!

This celebration is not just about looking back at our achievements but also about acknowledging the incredible support and participation of our community members over the years.

## On Saturday 5th July we will host a special event at Crossbow House from 1 – 5pm.

You can enjoy a free tea or coffee with a slice of cake, purchase drinks at the bar and have some free nibbles while mingling with the neighbours. We want to honour the spirit of togetherness that has defined our association and our community. Whether you've been involved for years or are new to the area, your presence will make this event even more special.

We will also have a photo exhibition showcasing the history of the association and many memories created within our community over the past five decades.

Additionally, you will have the chance to meet and engage with various local groups who will be setting up stalls to showcase their work/services. This is a fantastic opportunity to learn more about the clubs and organisations that enrich our community.



Our popular monthly **Friday quiz on the 4th July** will be themed around 1975.

One of our founder member Groups, the Crossbow Singers will be holding their 50th anniversary Summer concerts on Monday 7th and Tuesday 8th July and you can obtain tickets by contacting Dave Burman, email: dkburman53@gmail.com.

If anyone has any memorabilia that we can display, please let us know! We would love to showcase items that reflect our community's history and experiences over the past 50 years. Whether it's photographs, documents, or any memorabilia, your contributions would help make our celebration even more special. Feel free to reach out if you have anything you wish to share by contacting our office on 01454 772947 or email: crossbowhouse@gmail.com.

#### **Crossbow Singers marking 50 years with a new logo**



The Crossbow singers are marking half a century of music, friendship and giving back. The choir was founded fifty years ago and continues to rehearse and perform at Crossbow house.

To help mark this significant occasion the choir are very grateful to local artist Paul Bailey who has designed a choir logo reflecting the founding date of 1975.

'Something to sing about' was the theme of the thirty fifth anniversary concerts and the choir are still singing in celebration of their golden anniversary. The Summer concerts will feature a variety of favourite songs, chosen by the choir, guaranteed to take a trip down memory lane with some surprises thrown in across the evenings. The choir will be modelling new scarves and bow ties purchased using a generous grant from South Gloucestershire council.

Chris Parker, Jake Lewis and Ali Rice will be guest musicians at the concerts, not only supporting their mums who both sing in the choir but Jake's grandmothers as well (three generations of Lewis's)!

Please see full details of our summer concerts on the poster pictured left. Make sure to buy your tickets early because they tend to sell out fast!

25

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#### Celebrate in Style at Thornbury Golf Club

#### Parties, Prosecco & Plenty of Festive Fun

Thornbury Golf Club is swinging into the social season with a packed calendar of events guaranteed to get the party started. Whether you're marking the end of the school term, toasting to the holidays, or counting down to 2026, there's something for everyone on the horizon at this popular local venue.

#### Schools Out Party - 25th July

Summer starts here! Join the Thornbury team on Friday 25th July from 7pm to 1am for the ultimate Schools Out Party. Whether you're a teacher, student, or just ready for summer, kick off the holiday with music, dancing, and good times in the beautiful surroundings of the club from £25 per person.

## Christmas Party Nights - December Delights

Thornbury Golf Club's Christmas Party Nights are always a highlight of the festive calendar, and this year promises to be no exception.

Choose from six dates – Friday 5th, Saturday 6th, Friday 12th, Saturday 13th, Friday 19th or Saturday 20th December – and enjoy an evening of seasonal sparkle.

For £49.45 per person, guests will enjoy:

- A delicious three-course choice menu.
- A festive glass of prosecco on arrival.
- Stylish seasonal decorations to set the mood.
- An entertaining table magician during food service.
- A lively DJ to keep the dance floor buzzing all night.

These evenings are perfect for office parties, family get-togethers, or catching up with friends before the big day.

#### New for 2025: 80s/90s Disco Christmas Party – 18th December

Get ready to rewind the clock with Thornbury's allnew 80s/90s Disco Christmas Party on Thursday 18th December from 7pm to midnight. Dig out your neon, grab your scrunchies, and prepare to dance the night away to retro classics. At just £37.95 per person, this night of nostalgia includes:



- Classic disco hits from two iconic decades.
- A fun and relaxed festive atmosphere.
- Access to a fully stocked bar and festive treats.

Ideal for friends' groups, themed office parties, or anyone who knows the words to every Spice Girls and Duran Duran hit.

## New Year's Eve Disco - 31st December 2025

Say goodbye to 2025 and hello to the New Year in true Thornbury style. The club's New Year's Eve Disco on Wednesday 31st December will keep the party going right through the countdown. Expect great music, a buzzing atmosphere, and a night to remember as you welcome 2026 with friends old and new.

Spaces are limited, and events sell out quickly—so early booking is strongly advised!

To reserve your spot or find out more, contact the Events Team on 01454 281144 at Thornbury Golf Club or visit our website www.thornburygc.co.uk

THORNBURY

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#### An update from Clare Moody -

**Police & Crime Commissioner** 

#### Listening to the Public and Keeping People Informed about Policing

As your local Police and Crime Commissioner for Avon and Somerset, my role is to be the bridge between the community and Avon and Somerset Police. This means listening to you, understanding your concerns, and ensuring these concerns help drive the long-term strategy for police and commissioning services in our

Policing matters to every corner of our communities, from bustling town centres to rural communities to our coastal towns. To ensure I hear all your voices, I make it a priority to meet local communities, whether that's at public forums, visiting local businesses, or engaging with community organisations. These conversations give me the insights I need to hold the police to account and further drive improvements.

My role is not just about holding the police to account but also about working with partners to drive change, including local authorities, criminal justice and third sector organisations. Through my visits, I've seen the incredible work being undertaken across the Avon and Somerset force area: innovative projects tackling crime, organisations supporting victims, working with young people to build their futures and partnership working to make neighbourhoods safer. These successes show what's possible when we collaborate.

I recently had the pleasure to visit the Wheels Project where I saw young people in action learning motor vehicle studies. The project supports young people between 14-18 years of age, struggling in education or with specialist educational needs from Bath, Bristol and South Gloucestershire.

They run small groups of four, providing young people with practical functional skills, teamwork, communication skills and understanding of safety and risk issues. Reducing serious youth violence is a priority in my Police and Crime Plan. The Wheels Project has been working with the South Gloucestershire Violence Reduction Partnership (VRP) for several years.

Understandably, many individuals have questions relating to day-to-day policing. It's important to know that I am not responsible for operational policing, this falls under the remit of Chief Constable Sarah Crew.

#### If you need to:

- Report a non-urgent crime or incident
- · Share feedback about policing services you or

- someone else has received
- Make a complaint against an officer (below the rank of Chief Constable)



These must be reported directly to Avon and Somerset Police, who will be able to assist you as appropriate.

However, my office can help in other ways. If you have gone through the police complaints process but are unhappy with the outcome you have received, you can submit a complaint review request, through the following website: https://www.avonandsomerset. police.uk/forms/rrc

Should you wish to share concerns over broader safety issues within your local area, or a lack of police action against incidents, I am also here to listen. I would encourage you to join one of the upcoming public forums that will be published on my website:

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In addition to the traditional marketing methods adopted by high street estate agents, Nathan also draws upon the benefits of working with local publications and social media including Facebook, Instagram, threads, TikTok and next door to go the extra mile in reaching all prospective purchasers for your property. You can also expect professional photography including aerial/drone images, expertly drawn floorplans, For sale boards, plus marketing via all the major websites.

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## History Matters - British School, Frampton Cotterell

The (now withdrawn) planning application to demolish Brockeridge School (formerly British/Council School) on Woodend Road this March, prompted local historian Ian Haddrell to delve into the school's history. We are pleased to share some of his research findings below.

The British School in Woodend Road, Frampton Cotterell was opened in 1846 by Non-Conformists using funds from the British and Foreign Schools Society to provide a basic education for 2d (two pence) a week. The school was built on open land between the small hamlets of Brockeridge and Adams

Land/Coalpit Heath. The building has an almost ecclesiastical character and appearance, perhaps an intentional reflection of the church's involvement in its construction and running.

The British schools taught boys and girls in fixed rows of desk facing the master's desk, with standards placed at the end of the rows to mark the different age groups and the name. 'Standard' was later used to describe a class. Wide aisles at either end allowed monitors (older pupils) to teach groups of eight or twelve pupils who stood along a semi-circle drawn on the ground. In its early history the school received grant aid towards teachers' salaries but it also relied on school fees, donations and subscriptions.

In 1860 the annual examination of the children took place on the 26th March. The Western Daily Press reported that, "The attendance was very large, and was composed principally of parents of the children and young people of the neighbourhood. The children went through the various branches of learning very creditably, and gave unquestionable evidence that much pains and labour had been bestowed on them by the master and pupil teachers during the year. The singing was very pleasing. The specimens of drawings displayed great taste. The report for the last year was highly satisfactory, the mangers having, through increased effort and the liberality of the subscribers, completely cleared away a debt due to the treasurer of £10. The school appears to be in





a highly efficient state of working." At the time the staff was composed of one master, two male pupil teachers, and two female assistants for girls. The number of children in the school was 173.

An early identified headmaster of the British School was Alfred John Mayer, who was born in Cheltenham in 1850. Alfred, a schoolmaster by the age of 22, was by 1881 headmaster of the British School and living with his wife and family in Firleigh Villa, Frampton End. He was still headmaster at the time of the 1911 census, but died 19 November 1913 and was buried in Zion churchyard.

In 1885, the school is recorded as having an average attendance of 146 pupils. The local directory states that it been built for 240 children. Ten years later, the average attendance has increased to 154.

Besides recording the details of teaching staff, entries in the school Log Book between 1888 and 1890 contains references to: reports, inspections, staff lists, fluctuating attendances due to bad weather, illness and potato harvest. Annual lists of poems allocated to each class for recitation are also referred to. In 1889 a Mutual Help society for young men was started, with a bazaar held in 1890 to help clear the school debt. Pupils received a school treat of tea and entertainment in 1892 and a jubilee bazaar in 1896. 1899 recorded a list of pupil fever cases and the following year Alfred Mayer received a presentation on reaching 25 years as Master of the school.

A special meeting of the school's managers in 1903 passed a resolution to hand over responsibility of the school to the County Council, which actually took place in February 1904. The following year the British School changed its status to a Council School, teaching pupils up to the age of fourteen years. In October 1907 a public library, which was established under the auspices of the Local Sub-Committee for Higher Education, was opened in the school.

Alfred Mayer was succeeded as headmaster by Charles Herbert Tipton, born in Taunton in 1878. Charles Tipton was head teacher at the Manor School, where he and his family lived in the school house, immediately before taking over at the Council



Two members of the 1922-23 unbeaten football team became professional footballers: Gilbert Alsop & Ronald Green

School on Mayer's death in 1913. He temporarily left the school in 1916 for military service during the First World War. Released from active service, he resumed his duties as Head Teacher in 1919. Tipton retired in 1938 having spent eight years as head master of Coalpit Heath Manor School and 25 years as head master of Frampton Cotterell Council School. On his retirement Tipton commented in the local press that, "When he first became head master he had difficulty in convincing parents of the benefits of medical and dental services provided by the authorities. now parents clamoured for it."

An interesting element of the school curriculum in the early part of the 20th century was the gathering of blackberries, with the school records showing that in 1917, 845 lbs were gathered and the following year one and a quarter tons were collected!

In 1919 the school hosted the second welcome home for local servicemen who had fought in the Great War, when a further 52 discharged and demobilised soldiers and sailors were presented with a sum of money and a presentation card, each married man receiving £1 and the single men 10s (50p).

1922 was a particularly successful sporting year, with the school winning the Inter-Schools Sports competition and the football team, "Undaunted and Unbeaten" in season 1922-23, winning every possible point in the Chipping Sodbury League. Two members of the side became professional footballers; Gilbert Alsop, who scored the opening goal in one of the greatest FA Cup upsets of all time, when Walsall defeated the mighty Arsenal 2-0 in January 1933, and Ronald Green who had a professional career with Bath City reserves, Bristol Rovers, Arsenal, Notts County, Charlton Athletic and Swansea Town.

Mr. A. W. J. Rogers, the former assistant manager at Staple Hill Senior Council School was appointed head master of the Council School after Charles Tipton's retirement in 1938, but was soon replaced by Mr. A. W. Roberts, who was one of the mourners at Charles Tipton's funeral in October 1940.

With the outbreak of the Second World War an air raid drill was carried out in 1939. Despite the war there was a degree of normality within the school and the first Prize Giving and Open Day for parents was introduced in July 1943. During the Second World War women and girls were encouraged to help the war effort by knitting socks for soldiers.

In the 1940s a makeshift building was erected on land opposite as a canteen and wash-up for the school. The site was converted into a swimming pool in 1974 with the help of prisoners from Leyhill Prison. The pool closed in 1990, and towards the end of the 1990s the land surplus to the needs of Brockeridge Infants School was acquired by the Parish Council, where the Brockeridge Centre was built in 2000.

In February 1947, nearly 400 people attended a dinner at the school provided by the Frampton Cotterell and Coalpit Heath Services Gift Fund Committee as an official "Welcome Home" to the men and women from the two villages who served in the Second World War. Cheques of five guineas were presented to each of the 262 who had returned, and cheques for a similar amount to either the mothers or wives of those who did not return.

Miss Annie Mayer retired from the school in 1948 after 52 years' service as a teacher, although she had been at the school for 63 years without a break, for she became a pupil there at the age of four under her father, the late Alfred Mayer who was then headmaster.

With the introduction of secondary education for all children in 1949 the school became a primary, education children up to the age of eleven and pupils aged 13 and over transferred to Staple Hill Secondary Modern School in the March of that year.

With the opening of Highcroft Junior School in 1967 the pupil age was again divided, with the school, now Brockeridge School, becoming a school for infants.

With its final designation as Watermore Primary School (infant site) the school closed on 31 December 2010 and has stood empty ever since.

Images thanks to Frampton Cotterell Local History Society



Council School Governors and teaching staff gather at Miss Annie Meyer's retirement in 1948. Miss Meyer is central in the front row with headmaster, Mr Roberts to her left.

## **Become a Support Worker at Paul's Place**



Support workers at Paul's Place South West nave one goal - meeting aspirations, interests and needs to encourage what's possible for physically disabled adults.

Darren recently joined the charity in November 2024. He was made redundant

from the brain injury unit, where he supported patients alongside occupational, physio, and speech therapists to promote independent living.

Darren said, "I wish I had found Paul's Place years ago. It's a welcoming place where I want to stay." Darren loves supporting physically disabled adults to take part, so they can enjoy the same opportunities as everyone else. Sometimes, only

Look Like?

a few words are needed to encourage taking action.

Darren has a passion for music.

He will kick-start a radio and podcast project when the charity has more dedicated space at Paul's Place Hub, its new premises in Shire Way. It will encourage its members (service users) to find their voice and create exciting content together.

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## CROWDFUNDING FOR A HOLISTIC RETREAT IN

FRANCE

#### **Holistic Retreat in France Update**

Local holistic therapist Dawn Clode has featured with her Little Stoke Garden Clinic for the last decade in Matters Magazines. Now she is close to fulfilling her dream of setting up a holistic retreat in France.

If you're quick you can join the crowdfunder and be in with a chance of winning a trip to France!

To get the 200 year old rustic French farm house over the finishing line of completion, Dawn has been running a Crowdfunder with some great prizes up for grabs! There are six first prizes of one week, all inclusive, for two people at the finished house (worth over £1,900). The prize includes buffet style breakfast, lunch at the house or picnic to go out with and dinner (beer and wine with lunch and dinner). There are ten second prizes of a holistic course of your choice, (worth over £120) in Little Stoke. And finally there are twenty runner up prizes of a Reiki or Reflexology treatment (worth £60).

Please support Dawn and give yourself a chance of winning some fantastic prizes, it is only £10 to enter! The closing date is 26th May 2025 so do enter today! Click on the QR code below or follow a link to the crowdfunding page (and learn more about the retreat, in Charente, France) by visiting holistic-retreats-france.com.



Dawn has recently returned from France and after hard work with a small team the three upstairs bedrooms are now near completion. Downstairs concrete floors have been laid to make it all one level so fully accessible. A final push is needed for the completion, Dawn would be most grateful for your support.







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## The power of representing your thoughts or prayers with a Cairn

I wonder if you, like me find it almost irresistible whilst walking on one of the beautiful pebble beach's surrounding the UK not to pick up a beautiful smooth pebble, feel it and perhaps pop it into your pocket?

This reminds me of a trip many years ago when Malcolm and I took our youth group to a beach, cooked fish on an open fire and shared it whilst remembering the gospel story in which Jesus cooked a breakfast of fish on a beach for his disciples. This was a very moving experience both for the young people and us. Afterwards we all found pebbles on the beach and built a cairn (a stack of pebbles) each pebble representing the thoughts or prayers of that particular young person.



Cairns can be very powerful reminders of us being in community with each other and God's presence with us on life's journey. Individual single pebble prayers or thought stones are of course significant but when lovingly stacked together into a cairn their significance increases greatly. They embody our collective thoughts and prayers, our working together to make the world a better place. Malcolm and I came across a wonderful cairn when we recently climbed Dunkery Beacon in Somerset. It was a tough climb, pretty steep on a very warm day but absolutely worth it when we came across a huge cairn built of hundreds of pebbles each signifying the thoughts or prayers of those who had built it.

In the Christian tradition cairns can also mark particular times of divine encounter. Jacob built a Cairn to mark the place of Bethel where he had his dream of a stairway from earth to heaven and even made his cairn extra special by anointing it with oil, as it marked a place of transformative encounter with God and life would not be the same again.

Maybe we will not have such a dramatic encounter with God but we all have those times or encounters when we sense in a very real way something or someone bigger than us directing and protecting our lives.

Whilst on holiday, my 4 year old grandson found a pebble, painted it with a heart and wrote, "thank you Granny for a lovely holiday, I love you". I will treasure this as a reminder of special times spent with loved ones.

So next time you are on a beach maybe you will pick up pebbles and build a cairn representing your thoughts or prayers. As you do so I hope you feel a special presence with you and feel part of something much bigger.

#### Io Strange

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## **Frampton Cotterell Computer Group**



Frampton Cotterell Computer Group are continuing to meet at the **Brockeridae** Centre in Frampton Cotterell offering

help and advice on the use of PCs, laptops and tablets. The group meets on Wednesday and Thursday mornings from 9.30 to 11.30am and new members are always welcome to join on whichever day they prefer.

Although younger people have grown up with computers, many older people have had limited experience of them in either their working or personal life. FCCG aims to help people to improve their knowledge, confidence and understanding, either through structured exercises which they can work through at their own pace or by answering specific questions which are raised. Because of the informal nature of the group people can also learn from each other as they try different things.

The group would also welcome new volunteers who have some experience of using computers or tablets. You don't need to be an IT expert, as a basic knowledge, an enquiring mind, and a willingness to share, are sufficient to deal with most issues. For more complex questions, experienced people are at hand to offer support to other volunteers.

For the latest information contact the Brockeridge Centre, Tel 01454 864442 or Email: over50it\_1@hotmail.co.uk

#### **Frampton Cotterell Computer Group**

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brockeridge Centre, Woodend Road Frampton Cotterell.



To enquire about future sessions

Tel: 01454 864442

Email: over50it\_1@hotmail.co.uk

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## Village Diary 2025

#### **June**

Sun 1st – Car Boot Sale, Beesmoor Road playing field, BS36 2JN, 9.30am–12.30pm. Refreshments available. Pitches £10 per car (£8 in advance). Set up 8.30–9am. Book: field@beesmoor.uk Sun 1st – Frome Valley Growing Project Open Day, Swan Lane Winterbourne, 11am–2.30pm (weather dependent). More info: thegrowingproject123@gmail.com

Mon 2nd – Gardening and Social Club, Manor Hall – Jubilee Room, 2–3.30pm. All welcome. £2.50 incl refreshments. Info, tel: 01454 774279

Tues 3rd – Crotchet & Knit Club, Brockeridge Centre, 11am–1pm. Any ability. For more info, tel: 01454 864442 or email: office@framptoncotterell-pc.gov.uk

Weds 4th – Coffee Morning, Salem church, Watleys End, 10–11.30am. All welcome. www.salemchurch.org.uk

Weds 4th – Coffee Morning, Henfield Hall, Ram Hill, 10am–12pm. Email: henfieldhall@yahoo.com

Weds 4th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. Info, Edna: 07789 662694

Weds 4th – Singalong with The Jays and Joy, Crossbow, School Rd, 2–3.30pm. £5, incls refreshments. Carers free. Live music (40s, 50s 60s 70s 80s, films, musicals, country etc). Songbooks provided. Everyone welcome. Info, Hilary: 07515 351813

Weds 4th – Table Tennis at Henfield Hall, Ram Hill, 2–4.30pm. £2. Equipment provided. Refreshments available. For info, email: henfieldhall@Yahoo.com

Weds 4th – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. Birds of Prey – Naomi Johns. Visitors £4. Email: carolinemjohnston@hotmail.com or Tel: 07935 071291

Thurs 5th – 50+ Wellbeing in Nature Gardening group, Frome Valley Growing Project, 10.30am–1.30pm. Email: thegrowingproject123@gmail.com

Thurs 5th – Fromeside Food Hub, Zion, 12–2pm. Free/ 'Pay as you can'

Thurs 5th – Men's Chat Afternoon, Brockeridge Centre, 1–3pm. Free for men of any age. Informal drop-in sessions. Socialise, make new friends, share thoughts, ideas, concerns, or simply find a warm place with a cup of teal

Fri 6th – Laughter Club: Coffee, Cake, Chat, St Peters church, drop in 10am–12pm

Fri 6th – Quiz, Crossbow, 8pm. £1.50 ppn. Tel: 01454 772947 or email: crossbowhouse@gmail.com

Sat 7th – St Saviours Church open to visitors, 10am—12pm. Tea/coffee etc available

Sat 7th – Don't Frett, Royal British Legion Club, Ryecroft Rd, £6. Bingo at 8pm. Music and dancing from 8.30pm. New visitors welcome. Cash only. More info on Facebook

Sun 8th – Medieval Day, Winterbourne Medieval Barn, 11am– 4pm. Re-enactments, live music, stalls, crafts, food & drink, and more. www.winterbournebarn.org.uk

Tues 10th – Coffee & Cakes, Brockeridge Centre, 11am–1pm. Open to everyone

Weds 11th – Community Allotment Volunteering, 1–3pm. Learn skills and help grow food, trees and wildflowers. Refreshments provided. All welcome. Just turn up or email: wildlife@framptoncotterell-pc.gov.uk

Thurs 12th – Vale of Frome Men's Probus, The Miners, 10am–12pm. Variety of speakers. Free tea, coffee, biscuits, parking. Sec, Terry: 0117 956 4259 or 07521 613154

Thurs 12th – Fromeside Food Hub, Zion, 12–2pm. Open to all. Free or 'pay as you can'

Thurs 12th – Men's Chat Afternoon, Brockeridge Centre, 1–3pm. Free for men of any age. Informal drop-in sessions. Socialise, make new friends, share thoughts, ideas, concerns, or simply find a warm place with a cup of tea!

Fri 13th – Children in Permaculture, Frome Valley Growing Project, 1–3pm, for children who are home-educated/flexi-schooled Fri 13th – Folk club. Crossbow. School Rd. 8–10.30pm. £3.

Acoustic music. Play, sing, listen. Info, tel: 07974 151437 or Facebook: folkatframptoncotterell

Sat 14th – Volunteer morning to tidy St Peter's churchyard and improve environment for wildlife, 9.30am–12.30pm. Just turn up, everyone welcome! Refreshments provided. More info, Steve Birch: 07500 898179 or stevebirch?

Sat 14th – Crossbow Preschool Summer Event, FCCE school, 12.30–2.30pm. £5 child, adults free. Inflatable and activities for preschool and primary children and families

Sat 14th – St Peters church Summer Fair, Bridge House, 2–4pm. BHLR train rides. Stalls, refreshments, tombola, plants, and more

Sat 14th – The Alligators, High Fly, and The Abbey Roadies, WADCA, 8pm. Rock n Roll, 60s, 70s Glam Rock, and Beatles songs. In aid off Crisis, the homeless charity. Tickets £12 on Ticketsource. Doors and bar open from 6.45pm

Sat 14th – Music at the Royal British Legion Club, Ryecroft Rd, £6. Bingo at 8pm. Music and dancing with Frankie Johns 8.30pm. Visitors very welcome. Cash only

Tues 17th – Crotchet & Knit Club, Brockeridge Centre, 11am –1pm. Any ability. For more info tel: 01454 864442 or email: office@framptoncotterell-pc.gov.uk

Weds 18th – Table Tennis, Henfield Hall, Ram Hill, 2–4.30pm. £2. Equipment provided. Refreshments available. For info, email: henfieldhall@Yahoo.com

Thurs 19th – Coeliac UK Local Café Meet Up, Iron Acton Garden Centre cafe, 10–11.30am. Share experiences of living gluten free. Info: volunteering@coeliac.org.uk

Thurs 19th – Fromeside Food Hub, Zion, 12–2pm. Open to all. Free or 'pay as you can'

Thurs 19th – Men's Chat Afternoon, Brockeridge Centre, 1–3pm. Free for men of any age. Informal drop-in sessions. Socialise, make new friends, or simply enjoy a cup of tea!

Thurs 19th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. Info, Edna: 07789 662694

Thurs 19th – Arts Appreciation group, Greenfield Centre, BS36 1NJ, 2pm. Richard Box: "Impressionism and Beyond". More info. tel: 07946 508316

Fri 20th – Bingo, Crossbow Community Centre, School Rd, 8pm. Tel: 01454 772947

Sat 21st – Bacon Butties/Toasted Teacake Coffee Morning, Salem, Watleys End, 10am. All welcome. www.salemchurch.org.uk

Sat 21st – Repair Cafe, All Saints hall, Winterbourne Down, 10.30am–12pm. Frome Valley Environmental Group will try to repair your bikes, electricals, jewellery, clothing, wooden items, etc. Email: winterbourneenvironmental@amail.com

Sat 21st – Messy Church, St Saviours church hall, 3.30–5.15pm. All welcome

Sat 21st – Music and Dancing with Alan Dene, Royal British Legion Club, Ryecroft Rd. £6. Bingo at 8pm. Music from 8.30pm. Cash only venue. More info on Facebook

Tues 24th – Coffee & Cakes, Brockeridge Centre, 11am–1pm. Open to everyone

Tues 24th – Mothers Union evening group, St Saviours Church, 7.30pm. Short service, tea, cake, craft, various speakers. Led by Sarah Blake. Call, Mary Head: 01454 887870

Tues 24th – Frampton WI, St Peters Hall 7.45pm. Victorian Surgery – Geoff King. Visitors £4. Email: Fcwisecretary@ outlook.com or Facebook: FramptonCottWI

Weds 25th – Volunteer Day at Frome Valley Growing Project, Swan Lane, Winterbourne, 10am–2pm. Email: thegrowingproject123@gmail.com

Weds 25th – Litter Busters, meet at British Legion, Ryecroft Rd, 10am. A Voluntary group who help to keep our village tidy, once a month. Do join in. Wear gloves. See Village Action on Facebook or website or email: framcottva@hotmail.co.uk

Weds 25th – St Saviour's church open 1–3.30pm for tea, coffee, prayer or quiet space

Weds 25th – Ladies Circle, Zion, 7.30pm. Varied speakers. Small charge on the door. More info: jeanbradbeer@gmail.com or call Gill on 01454 850684

Thurs 26th – Fromeside Food Hub, Zion, 12–2pm. Open to all. 'Pay what you can'

Thurs 26th – Men's Chat Afternoon, Brockeridge Centre, 1–3pm. Free for men of any age. Informal drop-in sessions. Socialise, make new friends, share thoughts, ideas, concerns, or simply find a warm place with a cup of teal

Thurs 26th – Memory cafe, Greenfield Centre, 2–3.30pm. Chat and cuppa, socialising, advice, varied speakers. Free. More info from The Alzheimers Society

Thurs 26th – Filling Station, Manor Hall, 7.30pm. Christian gathering. Open to all. Speaker Akhtar Shan. www. thefillingstation.org.uk/station/south-glos

Fri 27th – Laughter Club: Coffee, Cake, Chat, St Peters church, drop in 10am–12pm, Info. tel: 01454 776518

Sat 28th – FCCE School Summer Fete, 11am–2pm. £6. Huge inflatables, ice cream van, bar, bbg, games and more!

Sat 28th – Ryan Mills, Royal British Legion Club, Ryecroft Rd, £6. Bingo at 8pm. Music and dancing from 8.30pm. Cash only. See Facebook for more info

Mon 30th – Fused Glass Workshop, Winterbourne Medieval Barn, 1pm. Book online on Ticketsource

Mon 30th – Talk: The Remember Me Project, Winterbourne Medieval Barn, 7pm. Hear the stories behind the names on the Hambrook War Memorial. Bring your own memorabilia from WWI and WWII along if you wish

Sat 24th – Bingo, Royal British Legion Club, Ryecroft Road, £6. Bingo at 8pm. Dancing to live band from 8.30pm. New members and visitors very welcome

Tues 27th – Coffee & Cakes, Brockeridge Centre, 11am–1pm. Open to everyone

Tues 27th – Women's fellowship, Salem Church, 2.30pm
Tues 27th – Mothers Union evening group, St Saviours Church,
7.30pm. Short service, tea, cake, craft, various speakers. Led
by Sarah Blake. Tel. Mary Head, 01454 887870

Tues 27th – Frampton WI, St Peters Hall 7.45pm. Visitors £4. Resolutions meeting & Quiz. Tel: 01454 773426, Fcwisecretary@outlook.com or Facebook: FramptonCottWI

Weds 28th – Litter Busters, meet at British Legion, Ryecroft Rd, 10am. A Voluntary group who help to keep our village tidy, once a month. Do join in. Wear gloves. See Village Action on Facebook or website or email: framcottva@hotmail.co.uk

Weds 28th – Volunteer Day at Frome Valley Growing Project, Swan Lane, Winterbourne, 10am–2pm. Email: thegrowingproject123@gmail.com

Weds 28th – St Saviour's church open 1–3.30pm for tea, coffee, prayer or quiet space

Weds 28th – Ladies Circle, Zion, 7.30pm. Varied speakers. Small charge on the door

Thurs 29th – Men's Chat Afternoon, Brockeridge Centre, 1–3pm. Free for men of any age. Informal drop-in sessions. Socialise, make new friends, share thoughts, ideas, concerns, or simply find a warm place with a cup of tea!

Fri 30th – Laughter Club: Coffee, Cake, Chat, St Peters church, drop in 10am–12pm

Sat 31st – Music at the Royal British Legion Club, Ryecroft Rd, £6. Bingo at 8pm. Music and dancing from 8.30pm. New members and visitors very welcome

Monthly listings at www.villageaction.org.uk

#### **News from Coalpit Heath WI**

Fresh grapes to the dining table for 10 months of the year. lawns mowed with precision, cross hatching before the family came down for breakfast. decorated dining tables were all part of the exacting job as a Victorian head gardener, as explained by



Francis Burroughs (pictured), our speaker in May.

Francis was able to give such a fascinating insight into the Victorian gardener's role as his father had started as a pot boy on a large Norfolk estate when he was only 12, before moving on to Gravetye Manor under the direction of William Robinson, a renown gardener and author. Francis imparted a wealth of gardening knowledge so we all know now what to tell our gardener's to do!

This was a huge contrast to our previous month's talk and demonstration from Tony Griffith. We learnt about the origins of the Magic Circle and had a chance to watch some close up magic tricks. At one point a balloon sausage dog took part and correctly identified a card chosen by one of the members! We were allowed to ask lots of questions, just not "How do you do it?"

As part of the V.E day celebrations the poppy display has been put back up on the Badminton road fence.

If our meetings sound like something you would enjoy, why not come along and meet us? You would be most welcome. We meet on the first Wednesday of each month in St Saviour's church hall at 7.45pm. Visitors £5.

#### **Next meetings**

July 2nd – Ed Sams – Ardman Modelling

Aug 6th – Lynda Warren – People of the Titanic

Sept 3rd – John Robinson – True Crime Odontologist

Programme updates will be found on Facebook @WICoalpitHeath or on Instagram @coalpitheathwi on Instagram.



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