

Winterbourne & Frampton *Matters*



April / May 2023

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Dear Residents,

Spring has sprung - hurray! In this issue we share information on lots of seasonal activities to get involved with over the coming weeks.

We are pleased to bring you an Easter message and details of services, from the churches in the Fromside Benefice.

Winterbourne Medieval Barn invite you to join in Easter Family Crafts on Monday 3rd April, and take an Early Birdsong Walk & Breakfast on Saturday 22nd April.

Frampton Cotterell Parish Council welcome local people to join in their annual Bioblitz Event at Centenary Field, on Saturday 29th April. Bioblitz is an international event to record local nature across the world.

The wonderful Winterbourne Down Village Carnival takes place on Monday 1st May. The theme for 2023 is 'My Hero'. They'll be prizes on the day for the best fancy dress on this theme.

Saturday 6th May marks the Coronation of King Charles III, we are pleased to mark this with an article dedicated to His Majesty. Winterbourne Library are currently looking for volunteers to help make some Coronation bunting for the celebrations they have planned.

From 16-20th May you can enjoy Joseph and the Amazing Technicolour Dreamcoat at WADCA.

The Floral Friends of Frampton host their Spring Fayre & Plant Sale on Saturday 27th May.

The centre pages bring you up to date with all of the latest news from St Mary's Rugby Club.

If you are a business looking to promote your services across the local area do get in touch with us and we will be happy to help. Deadline for the next edition is 11th May 2023.

DON'T FORGET YOU CAN KEEP UP WITH EACH EDITION OF YOUR FAVOURITE COMMUNITY MAGAZINE VIA www.mattermagazines.co.uk

community@mattersmagazines.co.uk 01454 300900 Jaci & Kerry x



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From left: Geoff, Fran, Jane, Emma, Maggie, Mary and Tina
The Sales Team at Bundy and Bond

Adorno Community Day Centres and Activity Clubs first opened their doors in May 2021 and have been providing essential respite care to primary caregivers, while at the same time offering clients the opportunity to enjoy and participate in different activities each week and to interact with and meet new friends.

Activities which clients can take part in include; visits from therapy pets, Cognitive Stimulation Therapy (CST), intergenerational events, board games, gardening club, ice creams in the sunshine, air hockey, pool, bingo, pottery, chair based exercise, oil painting and much more.

After a difficult few years for everyone, it has been rewarding to see so many people benefit from the opportunity to leave their homes and enjoy hobbies again.

The Day Centres run from 10am to 2pm at the following venues:

Wednesday – Greenfield Centre, Winterbourne

Thursday – Ridgewood Centre, Yate

For full details contact: T: 07398 526024

email: bookings@adornocommunitydaycentre.co.uk

or visit our website at: www.adornocommunitydaycentre.co.uk



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April heralds the beginning of spring and as Alfred, Lord Tennyson wrote,

"In the spring a young man's fancy lightly turns to thoughts of love."

For Christians, however, this time of year reminds us of a greater love, the love of Jesus who was

prepared to suffer and to undergo an excruciating death in order that we should understand the fullness of God's love for each one of us. Dare we truly believe and grasp that despite all that has gone before in our life we, each one of us, is precious in the sight of God and that he is willing us, wanting us, to grasp life in all its fullness, prayerfully and humbly?

During Holy Week, beginning on April 2nd this year, we recall the anguish and wickedness of Jesus's crucifixion, and are reminded of so much in the world today that is insufferable and evil, causing human suffering and damage to our planet. But, for those who dare to trust in the living God, the risen Christ, whose presence we shall celebrate on Easter Day, his death on the cross is not the end of the story but the beginning of life, the Christian way, following in Jesus's footsteps.

The Christian way of life offers a vision which beckons us towards a more humane world, as we endeavour to live the struggle with sin and evil within ourselves and around us. Prayerfully with hope and courage we seek God's kingdom here on earth knowing that the Risen Christ is a real presence here among us.

A very blessed Easter to you all.

Jean Capstick

Retired priest of the Fromside Benefice

www.fromsidechurches.org.uk

Tel: 01454 776518



The Parishes of Coalpit Heath, Frampton Cotterell, Iron Acton, Winterbourne and Winterbourne Down

Minister's Message

Easter services 2023

Palm Sunday 2nd April

All Saints, 9.15am – Parish Communion

St James, 9.15am – Holy Communion

St Michaels, 8am – Holy Communion

10.30am – Parish Communion

St Saviours, 10.30am – Parish Communion

St Peters, 10.30am – Parish Communion

Monday 3rd April

All Saints, 8pm – Stations of the Cross

Tuesday 4th April

St Michaels, 8pm – Compline

Wednesday 5th April

St Peters, 8pm – Tenebrae

Maundy Thursday 6th April

All Saints, 8pm – Maundy Thursday Liturgy

Good Friday 7th April

All Saints, 9.15am – Communion of the Cross

St James, 9.15am Communion of the Cross

St Michaels, 2pm – Cross of Christ

St Saviours, 10.30am – Communion of the Cross

St Peters, 10.30am – Family Service

Holy Saturday 8th April

St James, 8pm – Easter Vigil

Easter Day 9th April

All Saints, 9.15am – Parish Communion

St James, 10am – Family Communion

St Michaels, 10.30am – Parish Communion

St Saviours – 8am Holy Communion BCP / 10.30am

Parish Communion / 6pm Easter Songs of Praise

St Peters – 10.30am Parish Communion

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Your Own Personal Holiday Operator - Based in Bradley Stoke!

Local resident Andy Cunningham has an amazing story to tell! He's been globe-trotting, having lived in several different countries including south and central America, the Caribbean, Papua New Guinea as well as the UK, but he's also spent years on long-haul flights around the world in several previous careers including furniture retail. Now Andy is the proud owner of a travel agency business right here in the Stokes!

At the start of last year Andy, who lives in Little Stoke, decided to set up his own travel shop and is now actively booking more than 50 holidays a month for local people from his base in the Willow Brook Centre, Bradley Stoke.

Why book a holiday through Andy?

"I grew up in a world where the customer is key, as is attention to detail – and when you are arranging someone's holiday, this is what really counts," says Andy, who regularly receives five-star reviews on Trust Pilot (see a few snippets right).

"As a travel agent I have access to 60% more offers than people can access for themselves online - and with me you obviously get full ATOL and ABTA protection and a one-point contact. I look after every aspect of your holiday from travel advice, booking options and insurance, to checking in and issue of boarding passes. My focus is on a very personal service, with the goal of making my clients happy and helping them make the best memories."

"Customers receive a completely different level of service when travelling with me. I make sure my customers get the absolute best value for every penny they spend. I regularly speak to and build relationships with the tour operators and suppliers to enable me to source the absolute best seats, rooms, flights and to build bespoke itineraries for everyone."

"Excellent service, saving me time, hassle & money!"

"I am so impressed with the dedication and service provided, I can't recommend him highly enough. Will always use Andy from now onwards. He knows he is now my favourite Travel guru."

*"Fab Service, Trustworthy and Great Value
Andy took the time to understand my needs and find packages that were perfect. He's meticulous in his planning and offers great value for money. Can't recommend Andy highly enough!"*

Snippets of reviews
see more at:

[https://andycunningham.
notjusttravel.com/testimonials](https://andycunningham.notjusttravel.com/testimonials)



"I am looking to be your travel agent of choice for life and will endeavour to earn that right by giving you exceptional service."

As part of travel giant Hays, Not Just Travel has access to 450 operators with all holidays fully protected by ABTA ensuring his customer's peace of mind. He also has access to exclusive deals with Not Just Travel's key trade partners and is a member of CLIA (Cruise Lines International Association), dealing with every cruise supplier direct.

Andy has so much passion and drive - he loves his job so much he considers it a hobby - and enjoys every minute that he spends creating memorable experiences for customers, tailoring each holiday and providing round-the-clock personal support, if needed.

He has now expanded his team with Stokes resident Lisa Hanley and they are both looking forward to helping more local residents plan your holiday outings - whether it be a bespoke trip of a lifetime, your annual two weeks in the sun, or indeed the ski slopes!



Find Andy at
Not Just Travel

Willow Brook Centre, Bradley Stoke BS32 8BS

Drop in to this super-friendly shop, for a chat and a hot drink and discuss your next holiday adventure with Andy and Lisa.



Or call on **0800 970 8715**
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Don't forget to mention Winterbourne & Frampton Matters when replying to ads! 7



News from Frampton Cotterell Parish Council

Bioblitz 2023

On Saturday 29th April, Frampton Cotterell Parish Council and other local groups and volunteers, will be hosting our annual Bioblitz Event at Centenary Field (BS36 2AA, behind The Globe pub).

Bioblitz is an international event to record local nature across the world, recording snapshots of local nature in specific locations. During the Bioblitz, people are invited to work together within a set amount of time to find, identify, and record as many species of plants, animals, and fungi as possible.

As well as supporting people in making nature recordings, our Bioblitz event will have tonnes of fun and educational activities for people of all ages.

Some of the activities we have planned for our Bioblitz day include (subject to change):

- 6:30am – Dawn Chorus Walk
- 9–10am – Bird Walk
- 10–11am – Tree Walk
- 11am–12pm – Butterfly Walk
- 12–12.30pm – iNaturalist nature recording workshop with BSL provisions
- 12.45– 2pm – Bat Detector Workshop with British Sign Language and Braille provisions
- 2–3pm – Wildflower Walk
- 3.30–4.30pm – Bug hunt
- 8–9.30pm – Bat Walk with audio and visual detectors
- Activities from 12–4pm – including: Building footprint tunnels | Making seed bombs | Den building
- Local stalls, book sales plant sales ...and more!

Absolutely everyone is invited to come along and join in the nature-based fun! All of the walks, activities, and workshops during our Bioblitz event

will be free of charge and open to everyone who would like to take part.

If you have any questions or would like to learn more about this year's Bioblitz, please get in touch via email: nature@framptoncotterell-pc.gov.uk, by the contact details below, or by popping into the Bickeridge Centre during our opening hours for a chat.



Crochet & Knit Club

Wonderful local crafter and community volunteer Lesley is back at the Bickeridge Centre, running her fun and friendly Crochet & Knit Club – and she wants you to come along!

Anyone is welcome to attend the 'Crochet & Knit Club' sessions, regardless of your ability. These sessions will run alongside our weekly 'Coffee & Cake' mornings – so you'll be able to grab yourself a free cuppa and some biscuits whilst you're here!

The next session will be Tuesday 18th April, 11am–1pm at The Bickeridge Centre. For information on future sessions, please check our Facebook page, or email, or call via the contact details below. We hope we'll see you there!

T: 01454 864442

Facebook: @Frampton Cotterell Parish Council

E: office@framptoncotterell-pc.gov.uk

www.framptoncotterell-pc.gov.uk



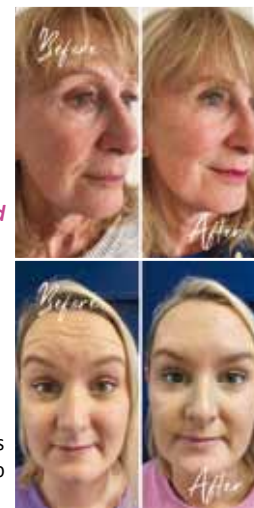
Doctor-led Anti-wrinkle and Aesthetic Treatments in Idyllic Countryside Clinic

There has been a big shift in the aesthetics industry over the last few years. Clients are now seeking a more natural look and to address specific signs of ageing rather than the fake or frozen look that we have seen so much of in the media.

How can aesthetic treatments be used to address ageing whilst maintaining a natural look?

As we age our skin loses stores of hyaluronic acid, collagen and elasticity. This leads to wrinkles forming in the areas where we move our face the most, typically the forehead, frown lines and around the eyes. Anti-wrinkle treatments can be used to target these lines and also prevent them from forming at rest or getting deeper. Anti-wrinkle treatments do reduce movement of the facial muscles but, by tailoring treatments to the individual, we can ensure clients retain enough natural movement to look refreshed and rejuvenated rather than frozen.

Another feature of facial ageing is volume loss from bone and fat pad resorption. This occurs most in the mid face and around the mouth which leads to cheek flattening and downward movement causing jowls. Lips also become thinner and more lined. When dermal fillers are tailored to the clients degree of volume loss it can be incredibly subtle to others yet very effective in restoring a youthful appearance...it is a good sign when no-one else can tell! For example, a little filler to the cheek region will restore natural cheek curvature, soften any 'shelf effect' around the lower eye, as well as lift the lower face. Fillers are made of hyaluronic acid which attracts a large amount of water giving a hydrated effect to the skin above. This is



particularly useful in the lips where using small amounts can give a more youthful, plumper appearance without excessive volume.

Why should I choose Dr Mathewson Aesthetic Medicine?

Your face is important and when considering injectable treatments it is essential to know you are in safe hands. I am a highly experienced GMC registered doctor with over 12 years in the NHS. I trained with Harley Street experts to deliver my range of treatments and only use premium market leading products. Safety and delivering gold standard care are my highest priorities.

During your consultation we can discuss what you are hoping to achieve and what treatment options are most suitable. I will undertake a complete face and skin assessment and am happy to advise on the best skincare regime to meet your goals and optimise treatment outcomes. There is no obligation and I actually recommend clients new to aesthetics have a period of time between consultation and treatment so they can make a considered decision.

I would be delighted to welcome you to my weekly clinic at The Old Rectory in Iron Acton - a beautiful wellness clinic in peaceful countryside surroundings.

Dr Courtney Mathewson





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Spring at Winterbourne Medieval Barn

The Barn is really springing into life, with something for everyone!

Winterbourne Medieval Barn was built in 1342 for Thomas de Bradeston, and this nationally important raised-cruck structure survives as a magnificent example of the medieval builders' craft. **Take a Tour of the Barn and St Michael's Church** on the first Thursday afternoon of April or May, and find out how the Barn was built and why it is so important. See the superb medieval roof timbers and discover more about Thomas de Bradeston, an important local medieval figure. The Tour is followed by tea, coffee and biscuits in the Medieval Barn, with plenty of time to talk further and ask questions.

Monday 3rd April – Easter Family Crafts – We celebrate Easter with our youngest Barn visitors with an Easter Family Craft session and Egg hunt. Make bunny baskets, Easter party hats, fluffy lamb puppets and garden wind spinners. Then take part in an egg hunt around the Barn. Activities are aimed at families with children aged 6–11 but all ages are welcome. Book online.

Sunday 23rd April – Early Birdsong Walk & Breakfast, 8am – Later in the month we have a hands-on activity for adults and older children with an Early Birdsong Walk. Ed Drewitt guides a walk of approx 1.5 hours around the lanes and nature reserve, hoping to hear birds such as – Blackcap, Robin, Blackbird, Thrush and Chiffchaff, and learn their songs. The walk is followed by breakfast together back at the Barn with a chance to chat and ask questions.

The Barn offers Monthly Talks on a wide variety of topics. Talks start at 7pm and all tickets are £7.50. Talks are also live-streamed on Zoom. Coming up this spring we have:

Thursday 27th April – Curious Follies of Bristol & South Glos – Author and folly enthusiast, Jonathan Holt takes us on a local tour revealing the stories behind our region's many curious follies.



Thursday 25th May – The Story of the Modern

Matthew – The Matthew is now one of the most iconic symbols of Bristol's age of discovery, and of its trading and seafaring heritage. She is a faithful representation of the ship used by John Cabot when he discovered Newfoundland in 1497. What was it like to cross the North Atlantic in a tiny wooden ship? How was she designed and built? Clive Burlton tells her story and shows archive film footage.

Workshop events at The Barn this spring

Fused Glass Workshops, Friday 12th May – make a decorative glass hanging or, a decorated summer lantern.

Ian Redfearn is back with a Wine Tasting on Saturday 20th May – sample a range of summery wines from South Africa. Over 18s only.

The Pottery Shed opens on Saturday 17th June – enjoy a Pottery Taster Session in aid of the Barn Trust. Book for a hand-build or wheel session.

The Medieval Fayre is back on Sunday 11 June

The living history group, The Company of Chivalry will re-enact daily life at the time the Barn was built in the 14th century. You can wander around the medieval encampment with authentic tents and fire pit, and watch a variety of different demonstrations and talks throughout the day. There will also be craft stalls, activities for children, and plenty of high quality food and drink available.

All events can be booked online on the Barn website or Ticketsource. There is a Box Office open at the Barn once a month on the first Thursday from 1.30 –2.30pm. All events are run to raise money for the Trust, which is run entirely by volunteers. If you would like to join the team please make contact via the website or ring 0117 403 1536.

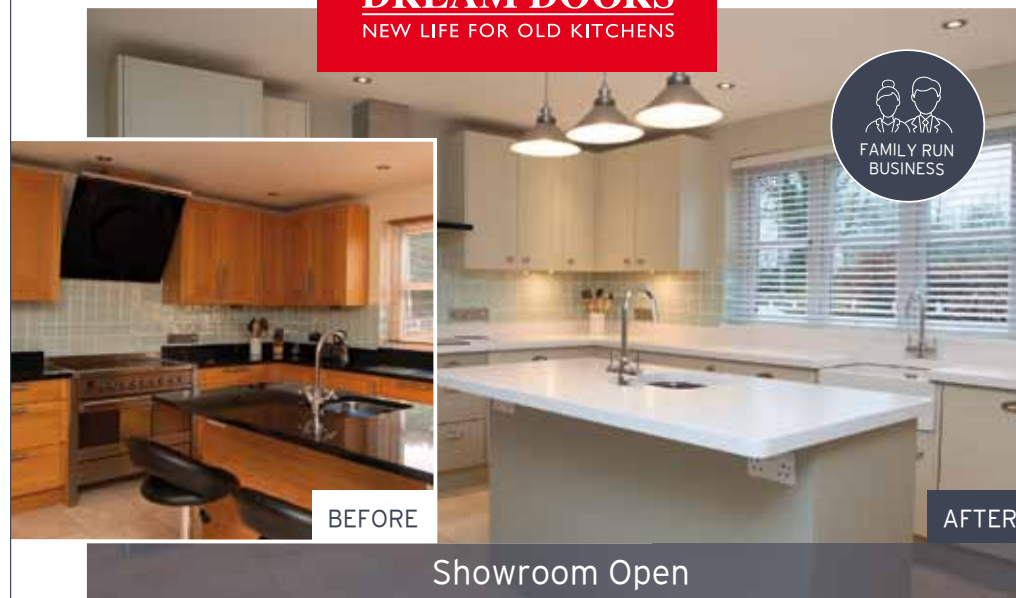
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News from Frampton Cotterell RFC



Frampton Cotterell RFC seniors, took a well deserved tour to St.Austell on the weekend of 18th March. In the absence of over 100 club members, the 1st team still had to fulfil a fixture against Drybrook 2nd team. With some frantic ringing around and dusting off of some boots, the Frampton Cotterell Barbarians were born!

Under the coaching guidance of Matt Flood and James Carver, and the captaincy of Alamo Moore, the Frampton Barbarians dominated the match and came away with a 29-7 victory!

The game witnessed several 1st team debutants such as – Tim Mason, Lawrence Chidley, Liam Crowley, Matt Harvey, Dan Casey, Josh Kay, Rudi Hahn and Adam Nolan. Tries from Nolan (2) Mason, Rob Keir and the evergreen Tony Bleakman, drove the Fram to a convincing victory, and showed what strength in depth the club has.

Fram seniors meanwhile enjoyed a great weekend to Newquay. The party of 45 included many players under 23 – and enjoying their first tour.

All began on Friday lunchtime in the George and Dragon, before departing to Cornwall.

On Saturday 18th March, St Austell RFC hosted the group, along with a party of ex-players and oldies, who made their way down for one night.

Frampton Cotterell Male Voice Choir

The choir is hoping to attract new members. It's a friendly choir and all men are welcome – there's no requirement for previous singing experience or musical knowledge, and definitely no audition! Rehearsals are on Friday evenings, from September to May, in Zion United Church, BS36 2HY. Anyone interested in giving it a try can get more information from Russell at – sec.fcmvc@gmail.com

www.fcmvc.co.uk | Facebook: framptonshantymen



Sam Rumley (left) & Mark Smith (right) about to tackle

The game was close, but Fram ran out losers 29-25. Fram Man of the Match and Captain was Liam Hennessy, who crossed for a hat-trick of tries. The other tries went to stalwarts Mark Smith and Sam Rumley, who borrowed kit to enter the fray at half time .

Fram stopped at Okehampton RFC on the way home for the traditional, *Framptons Got Talent* competition, for the first time tourists! A great club weekend was had by all.




FRAMPTON COTTERELL MALE VOICE CHOIR

Saturday 29 April
7:00pm, Zion United Church BS36 2HY

Tickets £10
www.ticketsource.co.uk/FCMVC
or from choir members

Proceeds to:  CANCER RESEARCH UK

www.fcmvc.co.uk

tickets via www.castellroc.co.uk or 01291 627122



CHEPSTOW CASTLE

August 2023

10th To be confirmed

11th **WELSH LEGENDS** (STEREOSONICS, BENIDORM TOM (JONES) + MORE)

12th **MASSIVE WAGONS + GUN + SCARLET REBELS + ATACK**

13th **ABSOLUTE BOWIE + BOOTLEG BLONDIE** (2 shows for one)

17th **BACK INTO HELL** tribute to Meat Loaf & Jim Steinman (plus Believe—Cher)

18th **MIDGE URE** performing a very special one off show 'under the stars'

19th **JASON DONOVAN** performing his biggest hits live!

20th **THE BARRICADE BOYS** direct from Londons West End & Broadway

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26th **EMILIO SANTORO AS ELVIS** with the Graceland Band (Euro & World Champ)

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28th **HAWKWIND plus Phil Campbell And The Bastard Sons**

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SKA Party Night Sat 13th May

The Navarones have appeared at Castell Roc - Chepstows Friendly Festival as a support band to both The Dualers and Si Cranstoun, and they always go down a storm !

They will not be playing Castell Roc - Chepstows Friendly Festival 2023, much to the disappointment of many, so we thought, for one night only we would bring a little bit of 'Castell Roc magic' to the Drill Hall, just a stones throw away from Chepstow Castle !

So grab your tickets while you can guys for the one and only

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ISI Stamp of Approval for Tockington Manor School

Tockington Manor School has successfully met the standards required by the Independent Schools Inspectorate following its recent Regulatory Compliance Inspection. The ISI visited the independent co-educational day school in South Gloucestershire in January 2023.

"I am incredibly proud of the excellent team effort which resulted in our school meeting every applicable standard required," said Headmaster Stephen Symonds (pictured last summer with pupils from Reception). "Tockington prides itself on its high standards and this is a testament to our hard work."

The ISI Inspectors report on the school's compliance with the Independent School Standards Regulations and, in TMS's case, the Early Years Foundation Stage. All schools are required to meet the standards applicable to them. Its findings give Tockington Manor School and Nursery the stamp of approval on the quality of education provided, the health, safety and welfare of pupils, and the quality of leadership and management of the school, among other criteria. *"The teaching enables pupils to make good progress, encompasses effective behaviour management and is supported by suitable resources,"* it said.

The team of inspectors spent two days observing lessons, talking to pupils and examining their work. They also held discussions with staff and governors, observed extra-curricular activities in the school's 28-acre grounds and attended assemblies. Questionnaires completed by staff, parents and pupils from both the school and nursery were also taken into consideration.

This latest report builds on the positive outcomes of a more comprehensive inspection at the school and nursery in 2018. The ISI's Educational Quality Inspection Report found that Tockington Manor School produces pupils who *"demonstrate self-confidence and self-awareness of the highest quality"*. It also commended the school on the personal development of pupils, which it said was excellent.

The full report can be found at: www.tockingtonmanorschool.com/isi-inspection



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Monday 1st May 2023



And before we know it, spring is upon us (even though as I type this it's snowing outside!) and we're but a few weeks away from May Day. It is a busy month for us on the committee, we're at the point of finalising all the fun and kick starting all the events that look for community participation. Arguably the most important role of the Carnival is our Royalty, we've made the plea to children at Hambrook, St Michael's and Elm Park Primary schools to volunteer to be either the King, Queen or an Attendant. The winners will be drawn at random and announced on Facebook soon!

Surprisingly, we still have a few stalls available, we welcome any and all offerings, from crafts to cakes, please get in touch either through our Facebook page or email below. Very reasonable rates and all proceeds go to St Peter's Hospice.

May Day programmes will appear in local shops in the run up to May 1st, and for up to date information, follow us on Facebook. Don't forget, not only do we have the Carnival itself on Monday, but Sunday also offers the chance to join in the Songs of Celebration, Treasure Hunt and Scarecrow Trail.

And finally a message to the children, get planning your fancy dress, this year's theme is 'My Hero', there are prizes up for grabs so go big!

Winterbourne Down Village Carnival, in partnership with the Cross Hands & Ben's Reclamation.

Kathryn Hopes, Publicity Officer

Follow us on Facebook, browse our site
www.winterbournedowncarnival.co.uk or
 email: winterbournedowncarnival@gmail.com



*Pictured above, L to R: WI member member
Gill Parker with Carole Darling*

News from Winterbourne Evening WI by Margaret Grazebrook

March is the month when you make plans for your garden, and we were looking forward to a talk on gardening. Sadly, our speaker was ill and unable to be with us. We send her our best wishes for a speedy recovery.

At the last minute, Carole Darling came forward to talk to us about holidays; another suitable spring topic. She chose the subject of holiday disasters, and the worse the event, the more we laughed! From forgotten essential clothing, flight delays, noisy bars with drunken antics downstairs, hospital admissions, incompetent guides leaving you stranded in the desert, to shootings and revolution in Venezuela; Carole said you could still survive and arrive back home saying you had the holiday of a lifetime! Thank you Carole for brightening up a cold and wet evening.

Winterbourne Evening WI meets on the second Thursday of the month, in St. Michael's school hall, Linden Close, Winterbourne, BS36 1LB at 7.30pm. Guests and prospective members are warmly welcomed.

Our next meeting will be on Thursday 13th April, when Ali Smith, who will teach us the craft of Diamond Painting.

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Dawn offers individual or small group courses in the following – Aromatherapy, Homeopathy, Massage, Mindfulness, Reflexology and all levels of Reiki.

Get in touch: For more information and to book onto a course contact Dawn on, **0795 1099 491**

www.life-and-soul-empowerment.co.uk



Students Sarah & John practicing Reflexology

Dawn is an amazing Reiki teacher and practitioner! She made me feel completely at ease from the first moment; outlining all the key principles succinctly and encouraged us to ask questions before getting stuck in. By guiding us through the hands on part we developed our own intuitive feel for the techniques and gained confidence quickly. I feel extremely lucky and grateful to have been taught by such a wonderful master. Thank you!

John Seaward

Dawn is a knowledgeable and enthusiastic teacher. I have studied several different topics with her including reflexology. She is able to present the information in a positive and accessible manner.

Student Sarah Cox

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View from St Mary's -

Senior Men's and Women's Teams Enjoy Success

Both our Senior Men's and Senior Women's team have been on winning runs – given both were promoted last season this is no mean feat. The Men's team have had a good first season in Gloucestershire Counties 2 South, finishing 5th and enjoying great wins including turning over local rivals Frampton Cotterell, leading teams from the Forest of Dean Bream, Berry Hill and Lydney as well as Bristol Combination clubs including Whitehall and Bristol Saracens. They now are looking at the Combination Vase where they are in a pool with St Bernadette's, Ashley Down OB and Whitehall, after winning the Combination Bowl last season.

On April the 22nd we are celebrating the 20th Anniversary of our 1st XV appearance in the Final of the Powergen Cup at Twickenham with a lunch for the team and supporters. The team was then coached by former Bristol players Pete Polledri, Dave Pike and Dave Palmer. We have tracked down all the former players and some are coming from as far afield as New Zealand and Finland for the occasion. It promises to be a great reunion.



Spencer Barrowman on the charge supported by Tom Moore v Bream (49-29 Win)

Our ladies team have registered two significant victories after a tough start to their season. They now play in Championship 2 South West which is Level 3 in the women's game – only 2 off the Premiership that Bristol Bears play in – and of course we are a pathway club for the Bears. Given that, we are still very much looking to grow and develop our squad for next season

and new players are very welcome to come and join us training on a Tuesday evening now, before the current season ends, at Trench Lane 7-8:30pm.

In particular any girls who have been playing U18 rugby looking to progress to senior rugby - we are coached by Ru Deane who is a fantastic Level 3 coach and we will be fully committed to developing your technical, mental and playing skills. Come Join Us – you can see from the team photo we have loads of fun!



SMOB Ladies after their National Champ 2 31-22 win over Swindon Supermarine

St Mary's Mourn Mike Purnell

Mike has been a member of SMOB since his son Jacob joined the minis at the age of 4. Mike could be heard for miles and when not on the pitch often found behind the bar helping out pulling pints.

Unfortunately, Mike lost his battle to bowel cancer in January this year. Mike has left a massive hole in the lives of many people, especially his wife Marie and 3 boys Martin, Joshua and Jacob. Mike could be heard before he was seen, either of the football pitches of Stoke Lane or Almondsbury watching Joshua play football or at St Mary's rugby club watching Jacob. Jacob continues to play for our U14s, alongside his cousin Paisley Clark. Mike also has a connection with Clevedon Rugby where he played his own rugby and where his other nephew Mason Purnell now plays.

We have organised a special match to be played for the Mike Purnell Cup between Clevedon and St Mary's U14s on Sunday 26th March

Your Local Community Rugby Club

at Trench Lane in Mike's honour. The match and associated raffle will be a fundraiser for St Peters Hospice who supported Mike and his family through their very difficult time.

Minis and Juniors Recruiting

We still have space in our Minis and Junior squads for new players. We can guarantee you game time – our commitment is all players will get at least a half of playing time and free hotdogs - so if you are fed up standing on the touchline or even not playing as many games as you would like - talk to us about joining our team.



St Mary's U14s with their Head Coach and 1st XV Player Callum Beresford

The Touch Union at St Mary's



On Monday nights we run our hugely popular Touch Union sessions which are Fast. Fun. Any Age. Any Skill Level. Any Gender. Come along at 7pm Monday's and you will find a welcoming and inclusive community that plays non-contact rugby. Join us and try something new.

GAA at St Mary's



We welcome the return of GAA Sports to Trench Lane with the start of the Gaelic Football Season. The two Bristol GAA Clubs, Western Gaels and St

Minis having fun with their Coach ahead of the game



Nicks GAA have merged during the close season and created Bristol Harps GAA. Both Clubs have enjoyed success in the GAA League and Cup competitions whilst playing at St Mary's and we are delighted to welcome the newly formed Harps to Trench Lane. To remember the proud history of both clubs, the Harps crest incorporates the main features of the former clubs. The Gaels suspension bridge motif and St Nicholas the spire of St Nicholas's church. GAA will be running throughout the summer at St Mary's.

NEW HOLIDAY CLUB!!

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News from the Floral Friends of Frampton

Sensory Garden Refurbishment

You may have noticed that the Weeping Cherry tree in the Sensory Garden has been removed – it had got too big for the space and had also been vandalised. We have now replaced it with a Crab Apple tree – hopefully this will soon be flowering and will be followed in the autumn with a plentiful supply of fruit!

The planters are also due to be replaced shortly, since the existing ones are deteriorating. Planters made from recycled plastic will be installed, and filled with a mix of perennial and annual plants.

Spring Fayre & Plant Sale – a date for your diary

Saturday 27th May, 10am – 12 pm. Come along and enjoy a cup of tea or coffee with a cake, browse the stalls and, maybe, buy some plants for your garden. An event not to be missed!

Thank you – Floral Friends are entirely funded by donations and we would like to thank all who have supported us recently by making donations, and perhaps commemorating someone special by doing so. It is very much appreciated. Donations can be made either in person or on-line. Our bank details are: Floral Friends of Frampton, Lloyds, S/C 30-98-97, A/C 70582363.

If you can help in any way, we'd love to hear from you – If you would like to join us, you would be warmly welcomed – you do not need any previous gardening skills – just enthusiasm and a willingness to take part. If you can donate time, money or plants please **Email: floralfriendsofframpton@gmail.com**.

Remember – all our latest news is available at <http://ffframpton.wixsite.com/frampton-cotterell> and on Facebook: @FloralFrampton



News from Coalpit Heath WI

Ann Fisher shared her skills and passion for iced flower making at our March meeting. Ann has always enjoyed cake making and decorating, but a special cake made for an anniversary sparked her interest in fondant flowers. We learnt how pieces were made, shaped and coloured and then watched while an orchid flower was assembled. Many of her arrangements had been made a while ago but they still looked absolutely amazing! The Christmas display and the Primrose were particular favourites.

We once again supported the NICU units locally, by making over 40 hearts, which were given out on Mother's Day, we know they are much appreciated. This year's collection were knitted and sewn.

The theatre group really enjoyed their trip to see My Fair Lady and thought the production was brilliant. Their trip was not without an incident involving a Radley shopper, an entertaining story to end the meeting!

We had another great evening of skittles, this time against Iron Acton. It was very closely contested and we only lost by 4 at the end. All agreed it was great fun, so we are looking into the possibility of having a game amongst ourselves.

Our next meeting is April 5th with Briony May Williams sharing – Life after Bake Off, visitors are most welcome for a £3 donation. We will be holding our Easter raffle, tickets £2. Those who have been busy making Twiddlemuffs for the group meeting are asked to bring them along so a winner from our WI can be selected.

If you fancy coming along and seeing what we have to offer you would be most welcome. We meet on the first Wednesday of each month in St Saviour's church hall at 7.45pm.

Our programme for 2023 continues with:

May 3rd – Resolutions meeting, June 7th – Verna Life as a Blind VIP, July 5th – Amy Grimsby Needle Felting

Search @WICoalpitHeath on Facebook to find out any further information and updates.



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Splatts Abbey Wood is looking forward to the future

The Splatts Abbey Wood Conservation Group helps maintain the site with South Glos Council and is planning new work projects and developing existing partnerships for the historic woodland based between the MoD and Cheswick Village.

Splatts Group Chairman David Bell along with long term committee members Andy Ward and Fred Hillberg are committed to building relationships to maintain the woodlands.

"Splatts Abbey Wood is an historic woodland. It is all that remains of a once much larger estate and is beautifully preserved for your enjoyment by a band of dedicated volunteers made up of local members from the community and the UWE Green spaces team, whose input is massively appreciated and without whom much of the larger projects and ongoing maintenance at the woodland would not take place. If you haven't paid Splatts Abbey Wood a visit, why not take the time to do so. A massive thank you to all the volunteers who help with the woodland throughout the year".

Recently UWE student volunteers started planting a new bog garden (photo below) at Splatts Abbey Wood, a wonderful new feature for the woodland. John Hoyos on behalf of the student volunteers commented *"We students at UWE are very lucky to have two woodlands near Frenchay Campus, Splatts Abbey Wood, which is the woodland we maintain the most, and also Sims Hill. The workdays are a perfect opportunity to get to know other students whilst allowing us to relax from the sometimes-stressful coursework at uni, and of course we feel we are making a positive impact to the tackle the climate crisis in our local community"*

The Splatts Abbey Wood Conservation Group has developed many productive partnerships with other organisations - South Glos Council;

UWE student volunteers and the Students' Union at UWE; and its sister woodland Sims Hill Community Woodland.

Faith Terry-Doyle, Sustainability Coordinator at The Students' Union at UWE told us - *"We have already had four sessions this academic year, and eight UWE students are now Greenspace Project Leaders, taking on more responsibility and helping to run and organise the sessions. It's been so lovely to see so many students engage in maintaining local woodlands and learning so many practical skills along the way."*

Splatts Abbey Wood Conservation group can be contacted at - splattsabw@gmail.com

Please Follow us on Facebook (Splatts Abbey Wood Conservation Group) and Twitter (@SplattsG) for the latest updates and to get involved.



The Sims Hill Community Woodland Group, including new members from Stoke Gifford Retirement Village, were recently joined by the UWE Student Greenspace Group at Sims Hill Wood for a tour and practical task. The wood is behind Bristol Business Park and the Scholars Chase development. We looked at different species in the wood and discussed ash dieback and future plans for the wood including thinning and replanting with a more diverse species mix, and improving the paths. After lunch we cut back bramble and overhanging vegetation along the public footpath, cleared an overgrown culvert in a ditch (above photo) and litter-picked.

To find out more about the group and get involved in managing Sims Hill Wood join our public Facebook page (Sims Hill Community Woodland) or email simshillcw@gmail.com.



Frampton Cotterell Computer Group



Frampton Cotterell Computer Group are continuing to meet at the Brokeridge Centre in Frampton Cotterell offering

help and advice on the use of PCs, laptops and tablets. The group meets on Tuesday, Wednesday and Thursday mornings from 9.30 to 11.30am and new members are always welcome to join on whichever day they prefer.

Although younger people have grown up with computers, many older people have had limited experience of them in either their working or personal life. FCCG aims to help people to improve their knowledge, confidence and understanding, either through structured exercises which they can work through at their own pace or by answering specific questions which are raised. Because of the informal nature of the group people can also learn from each other as they try different things.

The group would also welcome new volunteers who have some experience of using computers or tablets. You don't need to be an IT expert, as a basic knowledge, an enquiring mind, and a willingness to share, are sufficient to deal with most issues. For more complex questions, experienced people are at hand to offer support to other volunteers.

For the latest information contact the Brokeridge Centre, Tel 01454 864442, Email: over50it_1@hotmail.co.uk or visit the Computer Group website www.fccomputergroup.uk.

Frampton Cotterell Computer Group

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brokeridge Centre, Woodend Road Frampton Cotterell.



To enquire about future sessions

Tel: 01454 864442

Visit: www.fccomputergroup.uk

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Meet your PCC – Mark Shelford

Avon & Somerset Police and Crime Commissioner (PCC), Mark Shelford was elected as Conservative PCC in 2021.

This week, the National Police Chief's Council and the College of Policing published their 'Tackling Violence Against Women and Girls (VAWG)' report. I very much welcome this first national assessment of the policing response to VAWG, particularly as the key area of focus is the national VAWG framework in responding robustly to allegations of police-perpetrated abuse, sexism, and misogyny within policing services.

As PCC, I want to make it clear that misogyny is unacceptable in any sphere, especially within policing. When public confidence in the police is low, Avon and Somerset Police must continue to demonstrate that misconduct will not be tolerated. This national report is important in ensuring transparency and accountability in police performance in tackling VAWG.

Chief Constable Sarah Crew and I agree that officers and staff who think misogyny, sexism and misconduct are acceptable, and ultimately, betray the force's values, will be dealt with swiftly and dynamically.

I will continue to seek assurances from the Chief Constable regarding what is being done to prevent and tackle any misconduct within the force and, where it's found, ensure officers and staff are held accountable.

In our most recent Performance and Accountability Board (PAB), the Chief Constable discussed the importance of increasing the number of women within policing to help restore women's confidence and be part of this much-needed cultural shift.

I want to thank Chief Constable Sarah Crew and Acting Chief Officer for People and Organisational Development, Louise Hutchison, for joining me for my PAB. I hope those who watched the session found the Chief Constable's answers helpful and might even consider joining the police service to help make a difference.

If you missed this month's meeting, you can now watch it back via the link on the Avon and



Somerset PCC's Facebook page (@AandSPCC) or on our website. The next PAB will take place on 12 April at 4pm and be streamed live on our Facebook page.

Moving on, I know that dog theft is a wide concern for the people of Avon and Somerset. To mark National Dog Theft Awareness Day, my team and I spoke to Avon and Somerset Police's Animal Welfare Legislation Officer PC Natalie Cosgrove.

She told us that the force recorded 16 cases of dog theft in 2021 and only five in 2022. While a reduction and, I'm sure reassuring to many, that is still five cases too many. If you are a dog owner, there are specific security precautions you can take to make dog theft harder, including camera doorbells, keeping doors locked and sensor lighting outside your house.

I would also like to remind those who have a dog to not leave it unattended in your car, in your garden, or tied up outside of shops. Remember, microchipping is not only a legal requirement; it means your dog will be much easier to track down if it is stolen. I also urge dog owners to consider DNA tracking to help identify their dog if it is stolen and then recovered by the police.

More information on DNA tracking can be found on the 'DNA Protected' website. If your dog has been stolen, you should immediately contact the police and report the crime as theft. This way, we can ensure preventative work is carried out to keep our pets safe.

If you would be interested in meeting me when I am in your local area, please do get in contact via my website below.

News from St Michael's School

2023 is well under way at St Michaels, and the children have an action pack term ahead of them.



Shrove Tuesday was celebrated this year with our annual pancake races. All the children at St Michaels gathered on the playground to cheer on their friends, as they flipped their

pancakes and raced each other to the line. There were a few dropped pancakes and suspect flips, but the whole school were full of encouragement and laughter.

On World Book Day, the children were given the challenge of creating their own Potato book character. There were many fantastic entries, including the Hungry Caterpillar, Harry Potter and the Tiger who came to tea. The children enjoyed creating their entries and showing them off to other classes. Pupils also brought books to school for our book swapping event, and entered photos of themselves in our 'Get caught reading' competition, where they had to read their favourite book in an imaginative way or place. There were photos of children reading while doing gymnastics, climbing trees and many other fun ways.

A late winter spell struck Winterbourne in early March, and the children at St Michael's were delighted to make the most of it! The whole school went out onto the school field to make snowmen and play. Many of the younger children had not experienced snow before so they were incredibly excited to play in it.

This term the children in our Mini Police Club became crime scene investigators and enjoyed an evening of investigating a robbery crime scene.



They also staged a mock riot using the riot shields and batons! This term, St Michaels



also entered a team in the Festival of Youth Swimming. Pupils in years 3, 4, 5 and 6 competed against different schools in a variety of events and strokes, including a team relay where they had to transport a ball to each other. Our swimming team represented the school with pride and swam tremendously well. When they returned to school they were very pleased to share their achievements with the rest of the school in our Friday Praise assembly.



Local photographer, Jamie Constable is preparing to exhibit his work for the first time at the 2023 Severn Vale Art Trail, that takes place 27th April to 1st May.

Frampton Cotterell born Jamie, has been interested in photography from an early age, as well as having a keen interest in wildlife and nature.

Jamie's photographs are mainly of wildlife and nature, capturing creatures in their own environment. He also works in landscape photography. Most of his art is from the Outer Hebrides, although he also takes photographs more locally and in other places around the UK.

He will be exhibiting in Thornbury, at Venue 18 – hosted by friend Katie along with Emily, Daisy and Rosa, who will be exhibiting a mixture of digital art, ceramics, textiles and collage.

For more details of the Art Trail please visit:
www.severnvalleartrail.org
Instagram: @jamierpc

www.avonandsomerset-pcc.gov.uk

T: 01278 646188

Avon and Somerset Police and Crime Commissioner, A&S Police HQ, Bristol BS20 8JJ

What's on at Winterbourne library

Staffed opening hours – Tuesday, Wednesday, Friday 10am – 5pm, Saturday 9.30am – 12.30pm

Easter opening hours – We will be closed on 7th April, 8th April, 9th April and 10th April. Please check our website for our Easter opening hours for Open Access users

Contact us – email: winterbourne.library@southglos.gov.uk or phone: 01454 868006

Adult Craft group – Saturdays 10am – 12noon. Next sessions, 22nd and 29th April (please note change of weeks due to Easter Holiday). Join our friendly crafters, bring your own project while you chat and enjoy a cuppa!

Rhymetime – Wednesdays, 9.30 – 10am most suitable 0 – 18 months.

Storytime – Fridays, 9.30 – 10am (term time only) most suitable 18 months – 4 years.

LEGO CLUB

10 – 11.00am, Saturday 15th April. (All adults must be accompanied by a child).



Easter Holiday Activity – Dinosaurs! Join us on Friday 14th April between 10.30 – 11.30am, for some Dinosaur fun!

Create your crafts at our free drop in or collect your craft bag to make at home. Follow our Dino trail – how may Dinosaurs can you find hiding in the library, can you name them all? Suitable for 4 – 11 years.

Coronation Bunting – Help wanted! Create some community bunting for the Coronation. It can be red, white or blue, crowns, castles or royal. It should be 14.5cm wide x 21cm drop to the middle point – pick up a template in the library now during staffed hours. Please bring your finished flag into the library by 30th April 2023.

Crown making competition to wear at our Coronation tea party coming soon! See library for details.

NEW – Need help getting online? Want to know how to use your tablet? Set up email? Shop online? Book a 1:1 appointment with our Digital Champion on a Friday 10am–12pm – booking essential.

Open Access – Do an induction, 3pm Wednesday or 10am Saturday and get Open Access on your library card – our system that lets you in when we are not staffed – 8am–7.30pm, 7 days a week.

Find the latest information on our website

www.southglos.gov.uk/libraries

Facebook page – [sgloslibraries](https://www.facebook.com/sgloslibraries)

Twitter: [southgloslibs](https://twitter.com/southgloslibs)



King Charles III

As Prince of Wales, Charles has been preparing for this moment for most of his life, under the tutelage and guidance of his late mother, Elizabeth II. He will be recorded in history as the longest ever heir apparent, and the oldest to ever accede to the British throne at the age of 73.

Charles Philip Arthur George was born on 14th November 1948, during the reign of his grandfather King George VI. After the death of the King in 1952, his mother Elizabeth became Queen and Charles became heir to the throne at just three years old.

Charles was educated at Cheam and Gordonstoun schools, in the footsteps of his father Philip. He was the first heir apparent to attend school rather than receive private tuition. His time at Gordonstoun was hard, he referred to it as “Colditz in kilts” but later reflected, “...it taught me to accept challenges and take the initiative.” He left in 1967 with six O levels and two A levels in French and History.

Charles went on to read Archaeology and Anthropology, then switched to History at Trinity College, Cambridge. He gained a 2:2 Bachelor of Arts in 1970. As Prince of Wales, he also spent a term at the University College in Aberystwyth, in order to study the Welsh language and history. In 1975, Cambridge University awarded him a Master of Arts.

Charles joined the Royal Air Force and trained as a jet pilot, then the Royal Navy, where he qualified as a helicopter pilot. The Prince's Trust was founded in 1976 with the £7,500 severance pay from the Navy. Since then, Charles has established sixteen more charities which raise over £100 million annually.

In 1981, he married Lady Diana Spencer. They had two sons, William born in 1982 and Harry in 1984. The couple divorced in 1996, and Diana was tragically killed in a car accident a year later.

In 2005, Charles married Camilla Parker-Bowles. The official title of Princess of Wales was never publicly acknowledged, instead Camilla became known as the Duchess of Cornwall.

The Duchy of Cornwall Estate was established by Edward III in 1337 for the heir to the throne. As Duke of Cornwall, the 53,000 hectare estate provided Charles with a private income to fund public, charitable and private activities, effectively making him financially independent. The estate passed to Prince William when he became heir apparent.

On 8th September 2022, Queen Elizabeth passed away peacefully and King Charles III became the new monarch. Coronation plans have been laid out for many years, under the codename ‘Operation Golden Orb’. It's thought that the service will be smaller than the last coronation in 1953, and include different faiths and communities to reflect the change in British society. The Church of England ceremony will be broadcast internationally, and requires an oath and anointment, delivery of the orb and enthronement.

The coronation of King Charles III and Camilla takes place in Westminster Abbey on 6th May 2023.

Long live the King!



Frampton Cotterell & Coalpit Heath Village Diary 2023

April

Sat 1st – Table Top Sale, Coalpit Heath Village Hall, 1–3pm. Book a table (£5). T: 07920 145352 | www.cphvh.co.uk | Facebook | E: coalpitheathvh@gmail.com

Mon 3rd – Family Crafts and Egg Hunt, Winterbourne Medieval Barn, 10am or 1pm, £3.75 per child. Book online. www.winterbournebarn.org.uk

Mon 3rd – Frampton Singalong, Crossbow House, 2–3.30pm. £5 incl refreshmts. Carers free. All profits to Ukraine Humanitarian Appeal. Booking Hilary, T: 07515 351813

Mon 3rd – Gardening and Social Club, Manor Hall, 2–3.30pm. £2.50. All welcome. Info – Mrs G Hale. T: 01454 774279 | www.manorhall.org | T: 07873 747513

Tues 4th – Community Craft Group, Manor Hall Red Brick Annexe, 2–4pm. £4 incl refreshments. BYO knitting/craft etc. Book Kay, T: 07792 189276 or Sally T: 07954 419761

Weds 5th – Coffee Morning, Salem church, Watleys End, 10–11.30am. All welcome.

Weds 5th – Coffee Morning, Henfield Hall, Ram Hill, 10am–12pm. E: henfieldhall@yahoo.com

Weds 5th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. Info Edna, T: 07789 662694

Weds 5th – Golden Hours Social group for over 50s, The Miners, 2–4pm. £2. Varied activities. For more info, contact Susan Bisp, T: 01454 775110

Weds 5th – Table Tennis at Henfield Hall, Ram Hill, 2–4.30pm. Equipment provided. Refreshments available. For information, E: henfieldhall@yahoo.com

Weds 5th – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. 'Life After Bake Off'. Visitors welcome. T: 07935 071291 | E: carolinemjohnston@hotmail.com or FB

Thurs 6th – Tea and Tour, Winterbourne Medieval Barn, 2pm. T: 0117 403 1536

Thurs 6th – FC Guitar Club, Bickeridge Centre 6.45–8.15pm. E: nick.drewitt@yahoo.com

Tues 11th – Frampton Cotterell Parish Council Coffee & Cake morning at Bickeridge Centre, 11am–1pm. Everyone is welcome to attend

Tues 11th – Mothers Union, St Saviours Hall, 2pm. A variety of speakers. Contact Mary Head, T: 01454 887870 | E: mary.head@blueyonder.co.uk

Thurs 13th – Fromside Food Hub Community Cafe/Pantry, Zion, 12–2.30pm. Free.

Fri 14th – Coffee, Cake, Chat, St Peters church, drop in 10am–12pm. For info, T: 01454 776518

Fri 14th – Frampton Folk club, Crossbow 8–11pm. Acoustic music. Play, sing, listen. T: 07974 151437 or FB: [folkatframptoncotterell](https://www.facebook.com/folkatframptoncotterell)

Sat 15th – Bacon butties/toasted teacake Coffee Morning, Salem, Watleys End, 10am. All welcome. www.salemchurch.org.uk

Sat 15th – Gentle Tai Chi For All, WADCA, Watleys End Road, 10.30 or 11.30am. £5. Fundraiser for WADCA. Wear loose clothes, flat shoes. Refreshments available all morning. More info from Jenny, T: 07855 560257 or E: jksmith@blueyonder.co.uk

Sat 15th – Repair Surgery, All Saints hall Winterbourne Down, 10.30am–12pm. Frome Valley Environmental Group will try to repair your bikes, electricals, jewellery, clothing, wooden items, etc. E: winterbourneenvironmental@gmail.com

Sat 15th – Messy Church, St Saviours church hall, 3.30–5.15pm. All welcome.

Weds 19th – Golden Hours Social group for over 50s, The Miners, 2–4pm. £2. Varied activities. For more info contact, Susan Bisp, T: 01454 775110

Weds 19th – FC & District Local History Society, Zion, 7.30pm. Talk by Prof Steve Poole. £5. Members free (£15pa). E: secretary_fcdlhrs@yahoo.com

Thurs 20th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. For info contact Edna, T: 07789 662694

Fri 21st – Jazz in the Barn, UWE Big Band, Winterbourne Medieval Barn, 7.30pm. www.winterbournebarn.org.uk | T: 0117 403 1536

Fri 21st – Bingo, Crossbow, 8pm. T: 01454 772947

Sun 23rd – Early Birdsong Walk & Breakfast, Winterbourne Medieval Barn, 8am. www.winterbournebarn.org.uk | T: 0117 403 1536

Sun 23rd – Clothes Sale, Coalpit Heath Village Hall, 12–3pm. E: coalpitheathvh@gmail.com

Tues 25th – Mothers Union evening group, St Saviours Church, 7.30pm. T: 01454 887870

Tues 25th – Frampton WI, St Peters Hall 7.45pm. Tai Chi talk/demo. See Facebook: FramptonCottWI | E: Fcwisecretary@outlook.com

Weds 26th – Litter Busters, 10am–12pm. If you would like to get involved see Village Action website or E: framcottva@hotmail.co.uk

Weds 26th – Ladies' Circle, Zion, 7.30pm. More info E: jeanbradbeer@gmail.com

Thurs 27th – Memory cafe, Greenfield Centre, 2–3.30pm. Chat and cuppa, socialising, advice, varied speakers. Free. Info, E: David.stone@alzheimers.org.uk

Thurs 27th – Talk: Curious Local Follies, Winterbourne Medieval Barn, 7pm. Also on zoom. Book online at www.winterbournebarn.org.uk

Sat 29th – BioBlitz, Centenary Field. Stalls, walks, nature activities. E: framptoncotterellnature@gmail.com

Sat 29th – Frampton Male Voice Choir concert, Zion, 7pm. www.fcmmc.co.uk

May

Mon 1st – Frampton Singalong, Crossbow House, 2–3.30pm. £5 incl refreshments. Carers free. All profits to Ukraine Humanitarian Appeal. Booking Hilary, T: 07515 351813

Tues 2nd – Frampton Cotterell Parish Council Coffee & Cake morning at Bickeridge Centre, 11am–1pm. Everyone is welcome to attend

Weds 3rd – Coffee Morning, Salem church, Watleys End, 10–11.30am. All welcome. www.salemchurch.org.uk

Weds 3rd – Coffee Morning, Henfield Hall, Ram Hill, 10am–12:00 henfieldhall@yahoo.com

Weds 3rd – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. Info Edna, T: 07789 662694

Weds 3rd – Golden Hours Social group for over 50s, The Miners, 2–4pm. £2. Varied activities. For more info contact Susan Bisp, T: 01454 775110

Weds 3rd – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. Varied Talks. Visitors welcome. T: 07935 071291, | E: carolinemjohnston@hotmail.com or FB

Thurs 4th – Tea and Tour, Winterbourne Medieval Barn, 2pm. Booking advised. www.winterbournebarn.org.uk | Tel: 0117 403 1536

Thurs 4th – FC Guitar Club, Bickeridge Centre 6.45–8.15pm. E: nick.drewitt@yahoo.com

Fri 5th – Quiz, Crossbow, 8pm. £1.50 ppn. T: 01454 772947 | E: crossbowhouse@gmail.com

Sun 7th – Frome Valley Growing Project, Open day, 10am–2pm. Donations welcomed

Tues 9th – Community Craft Group, Manor Hall Red Brick Annexe, 2–4pm. £4 including refreshments. BYO knitting/craft etc. Book with Kay, T: 07792 189276 or Sally T: 07954 419761

Tues 9th – Mothers Union, St Saviours Hall, 2pm. A variety of speakers. Contact Mary Head, T: 01454 887870 | E: mary.head@blueyonder.co.uk

Thurs 11th – Fromside Food Hub, Zion, 12–2.30pm. Free/ 'Pay as you feel'.

Fri 12th – Coffee, Cake, Chat, St Peters church, drop in 10am–12pm. Info T: 01454 776518

Fri 12th – Fused Glass Workshops, Winterbourne Medieval Barn, 10am or 1pm. Book online www.winterbournebarn.org.uk

Fri 12th – Frampton Folk club, Crossbow 8–11pm. Acoustic music. Play, sing, listen. T: 07974 151437 | FB: [folkatframptoncotterell](https://www.facebook.com/folkatframptoncotterell)

Tues 16th to Fri 19th – Joseph & the Amazing Technicolour Dreamcoat, Winterbourne Musical Theatre, WADCA, 7.30pm. Tickets £13 on Ticketsource

Thurs 18th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. Info contact Edna, T: 07789 662694

Fri 19th – Bingo, Crossbow, 8pm. T: 01454 772947

Sat 20th – Bacon butties/toasted teacake Coffee Morning, Salem, Watleys End, 10am. All welcome. www.salemchurch.org.uk

Sat 20th – Repair Surgery, All Saints hall Winterbourne Down, 10.30am–12.00pm. Frome Valley Environmental Group will try to repair your bikes, electricals, jewellery, clothing, wooden items, etc. E: winterbourneenvironmental@gmail.com

Sat 20th – Joseph & the Amazing Technicolour Dreamcoat, Winterbourne Musical Theatre, WADCA, 2.30pm matinee. Tickets £13 on Ticketsource.

Sat 20th – Messy Church, St Saviours church hall, 3.30–5.15pm. All welcome

Sat 20th – Wine-tasting Evening, Winterbourne Medieval Barn, 7pm. Book online. Over 18s only. www.winterbournebarn.org.uk

Tues 23rd – Mothers Union evening group, St Saviours Church, 7.30pm. T: 01454 887870

Tues 23rd – Frampton WI, St Peters Hall 7.45pm. Annual Resolutions. See FB: FramptonCottWI | E: Fcwisecretary@outlook.com

Weds 24th – Ladies' Circle, Zion, 7.30pm. More info: jeanbradbeer@gmail.com

Thurs 25th – Memory cafe, Greenfield Centre, 2–3.30pm. Chat and cuppa, socialising, advice, varied speakers. Free. More info: David.stone@alzheimers.org.uk

Thues 25th – Talk: Story of the modern Matthew, Winterbourne Medieval Barn, 7pm. www.winterbournebarn.org.uk | T: 0117 403 1536

Fri 26th – Coffee, Cake, Chat, St Peters church, drop in 10am– 12pm. Info, T: 01454 776518

Sat 27th – Floral Friends Fayre & Plant Sale, 10am–12pm. Stalls, refreshments, plants.

Weds 31st – Litter Busters, 10am–12pm. If you would like to get involved see Village Action website or E: framcottva@hotmail.co.uk

See Village Action website for dates for the full year www.villageaction.org.uk

If you have dates to add to the Diary, please email: louisemharrison@gmail.com.

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Index of Local Advertisers

Aerials		Complementary Therapist Courses		Music / Events	
A1 Aerials	35	Dawn Clode	19	Aztec Mowtown Disco Night	2
Dan Grace Aerials	5,33	Computer services: IT – Repair/help		Castell Roc live music events	14,15
M D Aerials	36	Frampton Cotterell Computer Group	25	Fram Cotterell Male Voice Choir	13
				Ska Party Night	15
Bicycle Repair		Conveyancing		Opticians	
Rule 4 Cycles	17	Sarah Howe & Teaghan Jenkins,	4	Mike Harbord Opticians	19
		Setfords			
Blinds		Doors		Painter / Decorator / Tiler	
Harmony Blinds of Bristol	39	DCL Doors & Windows	35	MW Property Maintenance	33
		Dream Doors	11	RAW Decorating	32
Builders/Groundwork/Property svcs		Garolla Roller Shutter Doors	32		
Beaufort Property	36	Southern Plasticad	40	Plumbing / Heating Engineers	
CWG Design & Build Limited	37			AK Plumbing	34
MW Property Maintenance	33	Electrical Appliance Repairs		AMW Plumbing & Heating	33
		DC-R domestic appliance repairs	34	Low Cost Plumbing	36
Carpet & Upholstery Cleaners		Electrician		Mayo's Heating & Plumbing	37
Bonne Fresh Clean	36	Gary Smart Electrical	37	WJM Plumbing	33
		Millard Electrical Services	37	Recruitment	
Car / Motorbike- Repair / Valet / MOT		Engraving		Hambrook School – caretaker	12
Frampton Garage	34	RMG Engraving	17		
LCM Automotive	1	Estate Agents / Property Letting		Roofing	
		Bundy and Bond Estate Agents	1,3	Supreme Roofing	35
Central Heating Engineers				Rooftech	37
AMW Plumbing & Heating	33	Gardens / Garden Maintenance		Roller Shutter Doors (Garage)	
Mayo's Heating & Plumbing	37	BYEWEEED	33	Garolla Roller Shutter Doors	32
		CJP	36		
Cleaning & Domestic Services		Gym / Pools		Rubbish Clearance	
Busy Lizzie Ironing Service	15	Aztec Hotel & Spa	2,6	Bradley Stoke Rubbish Clearance	32
Clover Ovenclean	32			Local Man with a Van	34
Elite Hygiene Services	32	Hair / Beauty			
		Aztec Hotel & Spa	2,6	Schools	
Community Articles		Beauty Plus	19	Hambrook School	12
Coronation of King Charles III	29	Dr Mathewson Aesthetic Medicine	9	Tockington Manor School	16,17
Events at Wint Medieval Barn	10	The Hairdresser	18		
Floral Friends of Frampton	22	Home Care		Security	
Fram Cotterell Male Voice Choir	13	My Homecare - Care at Home	25	Technisys - Home Alarm Systems	36
Meet your PCC – Mark Shelford	26	Hotels / Restaurant		Shopping Centres	
Minister's Message	5	Aztec Hotel & Spa	2,6	Willow Brook Centre	22,23
News from Coalpit Heath WI	23	Insulation			
News from Fram Cott PC	8	Insulation Network	35	Stairlifts	
News from Fram Rugby	13	ISO Management Systems		Thornbury stairlifts	25
News from Winterbourne Eve WI	18	Pontnewydd Consulting Ltd	28	Travel	
Severn Vale Art Trail	13	Kitchen Refurbishment		Green Travel	4
Splatts Abbeywood	24	Dream Doors	11	Travel Agents	
St Mary's Rugby Club	20	Locksmith		Not Just Travel	7
St Michael's Primary School	27	Keymaster	37	Weed Spraying solutions	
Village Diary	30,31	Lock Stuck and Barrels	34	BYEWEEED	33
Wint Down Carnival	18	Man & Van		Windows/Conservatories & Doors	
Wint Library News	28	Local Man with a Van	34	DCL Doors & Windows	35
				Southern Plasticad	40
Community Day Centres					
Adorno Community Day Centres					
& Activity Clubs	4				

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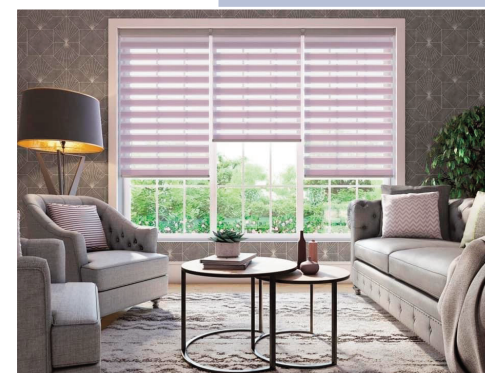
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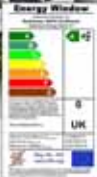


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