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December 2022

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Dear Residents,

Welcome to the December issue of your community magazine, there are plenty of events featured to get you into the festive spirit. From The Snow Queen panto at WADCA (that runs in early December so get booked in quick!) to Christmas crafts at Winterbourne Medieval Barn.

If you love to sing, why not join the Stokes Singers, or just enjoy one of their local performances? You can also attend Carols around the tree at the Bickeridge Centre or at Winterbourne Barn, with live nativity performances incorporated. As well as many local church seasonal services. If you prefer to listen, be sure to book in for one of the Crossbow Singers Christmas concerts.

Our Christmas message from Rev Ben Thompson reflects the fact it may be difficult this year for many local people to have a 'Happy Christmas'. With the rising cost of living, this winter will be a challenging time. As we would expect, areas of the community have responded by setting up local initiatives to try

to help ease their burden. A Food Hub has been created at Zion United Church for those finding life tough at the moment. The venue opens once a week to offer food parcels, hot drinks and snacks at their Vine café. Read more inside.

The churches of 'Together 4 Fromside' invite you to share a little 'Comfort & Joy' this Christmas! Your contributions to their annual appeal provide the funds to support many local families in need, over Christmas and throughout 2023.

If you are a business looking to promote your services across the local area do get in touch with us and we will be happy to help. Deadline for the next edition is 9th December.

DON'T FORGET YOU CAN KEEP UP WITH EACH EDITION OF YOUR FAVOURITE COMMUNITY MAGAZINE VIA www.mattermagazines.co.uk

Wishing you love and peace this Christmas, we look forward to writing to you in the New Year!

community@mattersmagazines.co.uk 01454 300900 Jaci & Kerry x



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From left: Mary, Emma, Jane, Maggie, Fran and Tina
The Sales Team at Bundy and Bond



Events at Winterbourne Medieval Barn

Carols in the Barn –
Saturday 10 December, from 2.15pm –
Sunday 11 December, from 2.15pm or 5.15pm

Celebrate the Christmas story as re-told in words and music by members of St Michael's church in the very atmospheric setting of the Medieval Barn. Join in singing your favourite Christmas carols. Suitable for all ages. Carols start at 3pm or 6pm, and doors open 45 minutes beforehand, for you to enjoy mulled wine (or juice) and a mince pie (included with your ticket). The Barn is a medieval agricultural building so wrap up warm! Booking essential (£5 adult, £1 child) – see the Barn website or Tel: 0117 403 1536.

Parking at the Barn is reserved for people with mobility difficulties and must be pre-booked.

No parking on Church Lane as this obstructs emergency vehicles and other users. You can park

at Winterbourne Academy (BS36 1JL) for just £1, and then walk down Church Lane or Beacon Lane to the Barn. A torch is useful after dark.

Family Christmas Craft Sessions –
Wednesday 21 December, 10am or 1pm

Family festive craft sessions are aimed at families with 6–11 year olds, but all are welcome. We'll be making our own Christmas stockings, crafting some sparkly wreaths, and creating some reindeer antlers – perfect for prancing your way into the New Year! Tickets are £7.50 per family. Booking essential, direct on Ticketsource or via the Barn website.

Apple Grafting Workshop –
Saturday 18 February 2023, 10am–4pm

A one-day course run by Ben Raskin of the Soil Association, explaining why and how we graft fruit trees. You will make at least 3 newly-grafted apple trees to take home, and learn a new skill to use in your own garden or allotment. The cost is £55 including full tuition, three rootstocks and wood to graft, and tea, coffee and biscuits. More information is on the Barn website. Booking essential by January. This workshop might make an unusual Christmas present for a gardener!

The primary purpose of these events is to raise money for WMBT and to support conservation, management, maintenance and improvement of the WMBT site.

Volunteering – WMBT would welcome more volunteers to help out with Barn maintenance and with community events, either occasionally or on a more regular basis. Contact us via the website or ring 0117 403 1536 to make enquiries (office manned part-time) and join a welcoming team of people who want to be involved in their community.

www.winterbournebarn.org.uk
Facebook @winterbournemedievalbarn

Winterbourne Medieval Barn
Church Lane, Winterbourne, BS36 1SE



Singing in support of our local community

Come and sing carols with Stokes Singers!

Are you feeling stressed? De-stress and have fun with Stokes Singers! Join us for some festive cheer at Willow Brook shopping centre on the afternoon of **11th December** or in the morning at Poplars Cafe Frampton Cotterell.

On **Saturday 3rd December** we are joining with the Good Afternoon Choir and singing at St. Mary's Yate from 1.30 pm. to celebrate the start of the Christmas Tree Festival.

Shopping at the Mall, Cribbs Causeway? Take a break and sing with us on **Thursday 8th December** from 6pm. We will be opposite Chandos Deli at the end of the food court.

Singing has many positive effects on our body and mind especially singing with others! **Come and join us! Stokes Singers meet every Thursday at Holy Trinity, Bradley Stoke BS32 ODB, 7.30–9.30pm.** We are a small friendly group who sing for fun. You don't need to read music. Just come along, have fun and make new friends.

Email: info@stokessingers.co.uk

Phone: 07716 353 182

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At Matters Magazines we are looking for a passionate and highly self-motivated individual to help further develop our 4 publications.

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- Good sales experience preferably (but not essential) in media sales
- Excellent communication skills
- Great organisational skills and discipline
- Passion, commitment, drive and determination
- A personality that shines bright!

A respected Bristol business established in 2005. These publications have the community at their heart. This position is for 8 – 16 flexible hours a week, working from home and travelling to visit businesses in the Bristol area – BS6/7/8/9 and North Bristol (BS32/34/36). Salary can be discussed depending on experience and bonuses will be applied when targets are met. Training will be given. The candidate will strive to build long-term relationships with clients and manage their accounts. This is a sales role and resilience is key.

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www.mattersmagazines.co.uk – 17 years in the community



Avon County Scouts receive Queen's Award



Avon County Scouts volunteers have been honoured with the Queen's Award for Voluntary Service, the highest award a voluntary group can receive in the UK.

Scouting in the Avon area supports young people from all walks of life to reach their full potential and become the best possible citizens of the future, while having fun and learning skills for life. They are fully inclusive and totally embedded within the community, taking part in a plethora of activities and having a profound impact on hundreds of children.

"It is a real honour for our volunteers to receive such fantastic recognition for all their hard work and commitment." County Commissioner, Graham Brant.

Avon County Scouts is one of 244 charities, social enterprises and voluntary groups from across the United Kingdom and Channel Islands to receive the prestigious award this year. The number of nominations and awards has increased year on year since the awards were introduced in 2002, showing that the voluntary sector is thriving and full of innovative ideas to make life better for those around them.



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News from St Michael's School



Since the children returned to school after the October half term, many exciting things have been happening at St Michael's Primary School.

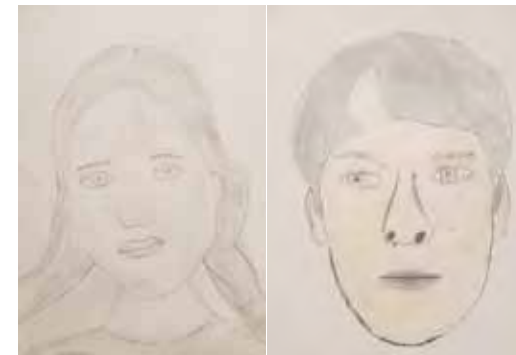
Timetable Rockstars Day

The children at St Michael's had an exciting day celebrating 'Times Table Rock Star

Day'. The children and teachers dressed as rock stars and worked hard to improve their rapid re-call of their times tables and number facts. Whenever the bell was rung down the corridor, the children stopped what they were doing and took part in a short times table session. Later in the day, four children from each class came together to form mixed year group teams and competed until a reigning champion was crowned. One child scored 86 correct answers in 60 seconds!

Competitive Sport

This year has seen the return of competitive sport here at St Michael's. Our children and teachers have had a busy term with our girls and boys football teams attending their first tournament of the season. Our teams played incredibly well, challenged themselves and reflected on their training throughout. Competing against some tricky teams, our girls returned to school having had a brilliant time and on cloud 9. Most recently our boys returned victorious, with a spring in their step, having won against multiple other teams. This will see them compete in a second cup tournament later



in the year. We are also excited with the progress our netball team are making in their training sessions with our Head teacher, Mrs Robson. We look forwards to hearing of their first competitive match.

Budding Artists

Our Year 5 class have created fantastic self-portraits after being inspired by artists Monica Lee and Glenn Keelan. The children researched and annotated art work, later sketching and shading facial features with the tiniest details. The children experimented on finding beauty in every feature, line or pigment they saw. Our budding artists created pieces to be incredibly proud of. Each child produced a self-portrait that showcased their shading techniques and looked just like them. To celebrate their successes, they held an 'in class' art gallery, where each child received positive feedback from one of their friends.

Join us

If you have a child starting school in September 2023, we invite you to come and look around our wonderful school. Please call the school office on 01454 867105 to arrange a time to visit.

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**Aerospace Bristol launches
£500,000 appeal to help inspire
future engineers,
as the museum celebrates its 5th
birthday**

Winterbourne & Frampton Matters was delighted to be invited by Aerospace Bristol to their 5th birthday celebrations and launch of the new Bristol Fighter display, an opportunity to reflect on the journey so far and hear the charity's future ambitions.

Over the next five years, the home of Concorde is raising funds to sustain and grow its award-winning schools programme, which has thus far reached over 50,000 school children and young people in the local community since opening in October 2017. **'Engineering Futures'** is the new fundraising appeal that aims to raise £500,000 over the course of the museum's fifth birthday year.

Sally Cordwell, CEO of Aerospace Bristol, said: "As we celebrate Aerospace Bristol's fifth birthday and look back upon the achievements of the last five years, it's crucial that we also look ahead and raise the vital funds needed to sustain and grow the Aerospace Bristol learning programme, which benefits so many young people across the region.

We're therefore calling on corporate supporters and individuals who care about our engineering industry to support the Engineering Futures appeal and play a part in nurturing the next generation of engineering talent."

Amy Seadon, Learning & Community Engagement Manager, added: "Looking back on five years of Aerospace Bristol, we're proud to have inspired so many young people with workshops like Supersonic Sound, Mission to Mars, Hubble Explorers, and Blast off Rockets, as well as opportunities to work alongside engineers in our Conservation Workshop, and enjoy interactive exhibits, science shows and hands-on visitor activities.

Through the Engineering Futures appeal, we hope to build upon our existing work and enable even more young people to get to grips with science and engineering whilst discovering amazing aircraft and the people who built them."

Aerospace Bristol is a family visitor attraction that tells the story of Bristol's aerospace achievements from the earliest days of powered flight through to the modern day. The museum is home to the last Concorde ever to fly, with visitors able to step on board Concorde, explore the passenger cabin, glimpse into the cockpit, and learn about the supersonic passenger jet through a show projected on to the fuselage of the iconic aircraft.

At the celebration event the museum unveiled a new Bristol Fighter display, with the wooden frame of the WWI aeroplane suspended above the museum's existing replica.

To find out more about Aerospace Bristol and the Engineering Futures appeal, visit aerospacebristol.org.



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NEW YEAR'S EVE *Ball*

Join us for a luxurious evening to welcome in 2023.

Arrive in the beautifully dressed Cotswold Suite where a glass of Champagne is served.

A Scottish piper starts the evening followed by a five-course dinner created by the Curious Kitchen team. Dance the night away to our resident DJ and see in 2023 in style.

Adults £90.00 per adult

Please note – this event is not suitable for children under 16 years of age.

To make a booking call the Events team on
01454 201090 or email events@aztechotelbristol.co.uk

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News from the Floral Friends of Frampton



Thank you ... Floral Friends are entirely funded by donations and we would like to thank all who have supported us recently by making donations and perhaps commemorating someone special by doing so. It is very much appreciated. Donations can be made either in person or on-line. Our bank details are: Floral Friends of Frampton, Lloyds, S/C 30-98-97, A/C 70582363.

If you can help in any way, we'd love to hear from you – If you would like to join us, you would be warmly welcomed – you do not need any previous gardening skills – just enthusiasm and a willingness to take part. If you can donate time, money or plants please **Email: floralfriendsofframpton@gmail.com**.

Remember – all our latest news is available at <http://fframpton.wixsite.com/frampton-cotterell> and on Facebook: @FloralFrampton.

Floral Displays – Our volunteers have been busy refreshing the planters around the village replacing the seasonal summer bedding with a mixture of Pansies, Daisies and Polyanthus, interplanted with the existing perennial plants, to give colour over the winter.

Naturally we use peat-free compost wherever possible, and any plants removed are composted. Any planters which may need to be replaced in the near future (for example, those in the Sensory Garden) will be substituted with ones made from recycled materials.

Autumn Fayre success!

Thank you to all who attended this event and enjoyed a hot drink and a cake, before browsing the stalls selling plants, gifts, and bulbs. There was a raffle with lots of prizes donated by local companies and shops (thank you for all the donations – we really appreciate it). Thank you also to Nisa who donated the refreshments. Altogether we raised nearly £550 which will be used to continue the upkeep of the planters and hanging baskets found around the village and to continue to establish more wildflower areas. Thank you to everyone who supported us.



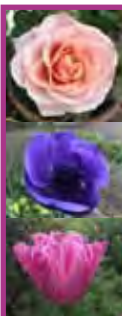
The prizes for most popular scarecrows from the scarecrow trail were presented by the Chair of the Parish Council (see page 18).

Do you love flowers?

Join us at Winterbourne Flower Club for enjoyable hands on sessions.

Now at WADCA on the second Monday of the month between 2–4pm.

Details from 01454 776753



THE SNOW QUEEN



Enjoy a performance at WADCA, Watleys End Road, Bristol, BS36 1QG, from Wednesday 30th November to Friday 2nd December at 7.30pm each

evening, plus Saturday 3rd December at 2.30pm.

Tickets are £10 adult, £5 child online at Ticketsource or Tel: 01454 317408.

All-age cast, and usual nutty panto plot based on the well-known Hans Christian Anderson tale. Well known songs the audience can join in. WADCA bar open.

Arts Appreciation Group

We are a small friendly group who meet monthly at Bradley Stoke Community School to hear talks on many aspects of the arts.

We are not a painting group but love all fine and decorative arts. Talks on paintings by the masters, architecture, theatre, music, antiques needle work, garden design, etc.

This October we had an amazing look at self portraits by the masters. In November, it was Festive Food, On December 15th (all invited), we look forward to a musical evening entertainment by the Winterbourne Wind Band.

Our talks are diverse and of a high standard by professional speakers. We come away enlightened and refreshed after an hour of pure enjoyment, as well as having discovered a new insight into the arts with like minded people. We also arrange group lunches and visits.

Sally, our Chairman, who is passionate about all things beautiful with the help of her hard working Committee, would love to see many local new members interested in the Arts and would be delighted to welcome you to join us once a month so why not come along and make new friends?

You will be made very welcome; biscuits and tea or coffee is available on arrival. There is ample parking at the School.

Bradley Stoke Community School, Fiddlers BS32 Wood Lane9BS,
7 for 7.30pm every third Thursday, October until June.

For more information contact Sally 01454 774401; email sallykitching@googlemail.com



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Feeding Fromside Food Hub

As the Cost of Living Crisis starts to bite this winter, locals have set up their own 'Food Hub' to help reduce food waste and mitigate food insecurity in Frampton Cotterell, Coalpit Heath, Winterbourne and the wider area. The food hub will open once a week and will offer free food parcels, hot drinks and snacks at a community café.

The venture will run on a 'pay as you wish' basis. This means that for those on the breadline, food parcels, hot drinks and snacks will be available for pennies or even for free. For those who can afford to pay more or for those who perhaps don't need assistance but who think the project represents a valuable asset to the community, there will of course be an opportunity to donate much more to help support the project!

Anyone is welcome to use the food hub and while the food parcels are designed for those who really need help with groceries, no one will be turned away or asked searching questions about whether they need help or why. The cafe, on the other hand, welcomes everyone, regardless of income and the coordinating team hope that the Food Hub can become a real central point in the village where people can make friends, warm up in the colder months and create a strong sense of community spirit and mutual assistance.

The project has been set up with a grant from Community Brightside which operates under the auspices of South Glos Council. The money has been awarded to the Food Hub team to empower them to work towards reducing health inequalities in the local area.

The Hub will operate out of Zion United Church, Woodend Road in Frampton Cotterell, who have volunteered the use of their accessible building and kitchen so that the whole community can benefit from this project with minimal overheads.

Despite the presence of food insecurity and deprivation in the neighbourhood, most support services (such as food banks) are located several miles away. With local buses cut to the bone this means that many families and individuals struggle to access much needed support.

The Feeding Fromside Food Hub will endeavour to mitigate some of these difficulties, while reducing food waste in the local area by distributing surplus from local food businesses. Winterbourne Co-op have already begun donating to the Hub and the coordinating team are hoping that other supermarkets and food businesses will soon follow.

The food hub is an ambitious project for a small village and the coordinating team would certainly welcome more volunteers and food donations.

Please contact the lead coordinator Zoe Drew at zoedrew@googlemail.com if you can help.



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Dawn Clode



Many of us live with pain of some sort – aching lower back, stiff shoulders, sore joints, repetitive stress injuries from hours at the computer! But few of us find the time or resources to rectify these problems, which would enable us to live a happier, healthier life! Now is the time to take action and Osteomyologist Dawn Clode is here to help!

From her Holistic Health Practice in Little Stoke, Dawn treats people of all ages, suffering with numerous different types of physical or emotional pain. Dawn practices a wide range of treatment modalities to effectively address each individual's pain. These include; Acupuncture, Aromatherapy, Confidence and Self Esteem Coaching, Cranial Sacral Therapy, Manipulation (HVT), Massage, Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP), Reflexology and Reiki

For some people one session is enough to rectify their pain completely; for others a few sessions are required. Dawn told me, *"The ideal is to balance the patient, get them moving in tune with themselves, and then see them every few months for a check up to ensure that they are on track!"*.

Help somebody you love – Why not treat somebody you love, that you know is suffering in silence – or has been complaining for months but not doing anything about it!



What better gift this Christmas than starting the New Year pain free? Vouchers are available.



Looking ahead to 2023 – Dawn will be running more treatment courses so you can learn techniques to ease the aches and pains of your family and friends.

Dawn will be opening her Holistic Holiday home in France to visitors in early summer 2023.

Get in touch to purchase vouchers, book in for a treatment or find out more on any of the above.

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Dinner out with friends



Sue in an adapted bike



Hannah and Jess on holiday

Local charity Paul's Place says thank you to its amazing community and celebrates Three Good Things this year

Paul's Place is a charity that enhances life for physically disabled adults. As they reflect on their year, they share their appreciation for people in their community who have donated, fundraised, or joined an event.

Alex Stumpp, Communications Officer at Paul's Place says, "This has been another year of recovery after the pandemic. We're grateful to everyone in our community for their support. Every ticket bought, every donation from groups like the WI and others, means we can help disabled people live life to the full. Thanks to people's support, our doors stayed open, and we are able to offer our full range of services again. Thank you!"

The charity does many good things but here are three to show how community support makes a difference in the lives of disabled people.

Everyone deserves a holiday

Fully supported holidays for disabled people returned in 2022. Usually, the day centre at Coalpit Heath closes while staff support a small group of disabled people go on holiday but this year, the doors stayed open. This meant that some people could enjoy 5 days away, while others were attending their regular day service in Coalpit Heath. The charity had the staff and resources to do so this year, due to donations and support.

Hannah, who uses the charity for support, said, "I really enjoyed my holiday with Paul's Place at Holmoor Stables. Thanks for a great week!"

The return of holidays was also welcomed, as these not only provide service users with independence and fun experiences, but their carers enjoy some

rest too. Take service user Matt, while on holiday this September, the Paul's Place team encouraged him to take a leap of faith and overcome his fear of water. Thanks to the safe and nurturing environment created by the staff team, as well as fellow service users, Matt (for the first time in 20 years!) decided to take the plunge and go for a swim! A support worker Leanne shares, "My favourite bit must have been when we came back Friday afternoon and the day facility was still open and full of people. Matt got off the bus and straight away told everyone how he got in the pool. He was so proud of himself for overcoming one of his fears."

Fun and friendship

Having fun with friends shouldn't just be limited to support in the daytime for disabled people. Paul's Place evening programme supports people to spend time with friends and get out and about in the community.

As a disabled adult, it can be hard to not only find accessible venues but also have the confidence to go out. A fully supported evening Social Group is helping people connect with other disabled adults within a supportive and inclusive environment. We all know that social connections like this are vital to people's health. In 2022, thanks to renewed support, our evening programme returned to full strength and now disabled people are going out two nights each month.

Staying active with inclusive sports

It's been another year of getting active and enjoying sport at Paul's Place. The charity has been able to fund a project that gets people active, at Yate Outdoor Sport Complex. The achievements have been phenomenal! Thanks to the right support, Andy (who is blind) has been running around the track. Other service users with limited mobility, have tried out equipment like frame runners and wheelchair adapted bikes.

Other sporting activities include a weekly trip to the gym to use the exercise equipment. The charity also has a successful Boccia team who have won many medals in regional and national competitions. This is all made possible thanks to the funds raised that keep their minibus on the road. The bus takes them to weekly Boccia practice as well as competitions around the UK.

Alex Stumpp, says, "We are sharing these three Good Things to say 'thank you' and to show that with people's support, our charity really can help disabled people to live life to the full. There is always something going on at Paul's Place. Right now, we are getting ready for Christmas and people in our community can buy calendars and cards or make a donation so we can do more good things in 2023."

Facebook: @paulsplacecharity

Instagram: @paulsplaceofficial

www.paulsplace.org.uk



The Mummer's Play

The Christmas Boys and Winterbourne Down Border Morris Dancers will perform in four locations in Winterbourne Down, on Boxing Day.

Starting at Stone Lane at 10.30am, then moving onto the All Saints Church Hall at 11.15am, then onto Colston Close at 12.00pm and then finally down to the Cross Hands Pub, in Down Road at about 12.30 – ish.

Please do come and support these seasonal performances. The Mummer's Play usually raises over £800 for 'Paul's Place', so enjoy being entertained and give a few pennies or pounds towards a great cause.



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Look good

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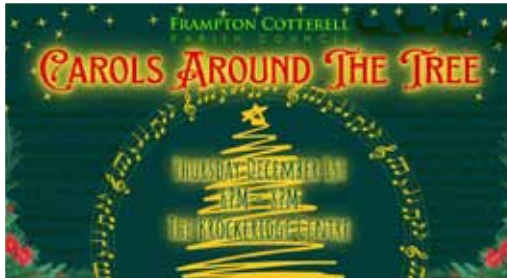
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vision express

F&F

Specsavers

News from Frampton Cotterell Parish Council



Carols Around The Tree, 1st December

On Thursday 1st December, Frampton Cotterell Parish Council will be holding our annual Christmas event, Carols Around The Tree.

This popular local event consists of an evening of outdoor community carol singing, as well as indoor activities, stalls for local businesses, and refreshments. Carols Around The Tree is the perfect way to get into the seasonal spirit and to catch up with your fellow villagers. Christmas time fun for the whole family!

The event will begin at 6pm and end at 8pm, and will be held at The Brockeridge Centre.

Scarecrow Trail 2022 – Success!

On Saturday 29th October, at the Floral Friends of Frampton's Autumn Fayre, Frampton Cotterell Parish Council announced the winners of this year's Scarecrow Trail.

This year's Scarecrow Trail event was on the theme of "Sport With A Ball". Our creative parishioners put together fourteen scarecrows for the trail, and all of them were fantastic! But there could only be one winner and one runner up...

1st Place went to "Spooky Athletics", the joint effort of the whole street at 10–34 Park Leaze. Accepting the award on behalf of the street were Lucy Bentham & John Murphy.



"Spooky Athletics", by the whole street at 10-34 Park Leaze. Councillor Linda Williams presenting 1st Place Prize to Lucy Bentham & John Murphy

2nd Place went to "Harry Potter", created by Imogen and Charlie Ross (with help from mum, Emily)!

We'd like to thank everyone who created scarecrows for this year's trail. It is thanks to the creative efforts of our wonderful parishioners that this year's trail was so enjoyable for the whole village. Thank you for your excellent efforts, scarecrow creators!

Ridings Road Play Area Survey

Frampton Cotterell Parish Council are considering making improvements to the Ridings Road Play Area. We would like to hear the thoughts and opinions of local residents to help guide our decision making process.

We have two surveys for local residents to take, one for Over 16s, and one for Under Sixteens. You can collect paper copies of these surveys from the Brockeridge Centre, or fill out an online survey by scanning the relevant QR code below.



◀ Under 16s,
Ridings Play
Area survey



◀ Over 16s,
Ridings Play
Area survey

The Park – Courts Development Survey

Frampton Cotterell Parish Council has won funding to improve the facilities at The Park, School Road. We want input from local residents who use The Park to help us decide what to improve, and how!

We have a survey you can complete to tell us how you think the park should be improved. You can collect paper copies of these surveys from the Brockeridge Centre, or fill out an online survey by scanning this survey QR Code.



2nd Place Prize went to "Harry Potter". Councillor Linda Williams presenting 2nd place prize to Imogen & Charlie Ross.



Councillor Vacancy

Frampton Cotterell Parish Council currently has a vacancy available for a new parish councillor.

If you have ideas, opinions, skills and expertise which could help benefit our parish; if you care about our community and the people in it; and if you're willing to offer some of your time to help improve things for everyone, you should consider applying to become a parish councillor!

Any resident over 18 who meets the eligibility criteria may apply. Get in touch on the contact details below to find out more.

T: 01454 864442

E: office@framptoncotterell-pc.gov.uk

[Frampton Cotterell Parish Council](https://www.facebook.com/FramptonCotterellParishCouncil)
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Happy Christmas?

I want to wish everyone a 'Happy Christmas', but this year it's proving hard.

How do I say 'Happy Christmas' to those people living in our area who are struggling with the cost of living increases? There are people who are already choosing to go cold rather than enter debt to heat their homes. There are those who are choosing to go hungry in order to be able to provide the food for their children. Some people are fearing increases in rent and mortgage repayments, facing the real possibility of losing their homes. How can I wish them a 'Happy Christmas'?

How do I say 'Happy Christmas' to those people living in our area who have been left bereft and lonely by two years of global pandemic. There are those who are facing their first or second Christmas alone without the company of their spouses or partners, lost to Covid, cancer, disaster, or the passing of time. There are those whose worlds' have been rocked by accidents, infections, or struggling to address the effect of trauma on their mental health. There are those wondering how long they might survive, or whether they really want to. What right have I to say to them 'Happy Christmas'?

The Christian Faith claims to have 'Good News', the Greek word from which we get 'Gospel' having been the equivalent term used for a proclamation of victory in battle in the Roman Empire. I believe in the core of my being that it really is 'Good News' that God the Son came down from heaven and became man, was crucified, and was raised again, but what good is promised 'eternal life' when life means pain, misery, and suffering?

In the Eastern traditions, the choice by God the Son to become united with humanity at Christmas, means humanity can be united to God in a process called theosis. This means we can share in divine attributes: we can be loving, peaceful, kind, gentle, faithful. We can improve the lives of those around us through our generosity. I don't simply mean financially, but with our time and resources.

I'm asking myself: can I offer my neighbour a warm place to sit? Can I spare nonperishable food to donate to a food bank? Can I treat my recently diagnosed friend to a day out to do their favourite thing? Our Churches are asking similar questions, and are hoping to offer warm safe spaces this winter (keep your eyes peeled for details). Perhaps you might ask yourself the same questions; perhaps, regardless of your faith (if you have one), you might be good news for someone this Christmas?

Many of us wish we had the ability to make people's problems go away, but one of the challenges of life is learning we are not the messiah. However, if I can bring relief to those around me in need, if I can be 'Good News' for those who desperately need some, then maybe (just maybe), I'll be able to look them in the eye and wish them a 'Happy Christmas.'

Benjamin

Rev'd Benjamin Thompson

www.fromsidechurches.org.uk
Tel: 01454 776518



The Parishes of Coalpit Heath, Frampton Cotterell, Iron Acton, Winterbourne and Winterbourne Down



Local Christmas Church Services



All Saints, Winterbourne Down

24th Dec, 6pm – Cribb Service
24th Dec, 11.30pm – Midnight Mass

St Michaels The Archangel, Winterbourne

4th Dec, 3pm – Advent Reflection
5th Dec, 6pm – Christingle Service
10th Dec, 3pm – Carols in Medieval Barn
11th Dec, 3pm & 6pm – Carols in Medieval Barn
23rd Dec, 6pm – Carol Service
followed by mince pies and mulled wine
Christmas Day, 10am – Family Communion

St James, Iron Acton

11th Dec, 4pm – Christingle
18th Dec, 6pm – Carols by Candlelight
24th Dec, 4pm – Cribb Service
24th Dec, 10pm – Candlelight Communion
Christmas Day, 9.15am – Said Holy Communion

St Peters, Frampton Cotterell

4th Dec 4pm – Christingle
18th Dec, 6pm – Carol Service
18th Dec, 8pm – Carols at the Globe Pub
24th Dec, 4pm – Cribb service
Christmas Day, 10am – Family Communion

The Crossbow Singers

This year their Christmas concert offers up a full programme of songs and music from classics to more modern arrangements. The choir are very pleased to finally be performing some of the songs that they have practiced but never performed due to Covid restrictions.

As usual the performances will be peppered with poems, ditties and of course lots of opportunities for an audience sing-along! This year they will also welcome some guest musicians, who will add additional variety to the programme.

So, put the 12th and 13th December, 7.30pm in your diaries to start your festive season off with a bang! The concert will be held in Crossbow Hall, tickets will cost £7 per person. For Monday tickets, call Rose on 01454 772675 or for Tuesday, call Mary on 01454 887885.

THE CROSSBOW SINGERS

Invite you to
**A programme of
Christmas Music & Song**

**Monday & Tuesday
12th & 13th December 2022, 7.30pm**

Crossbow House, School Rd, Frampton Cotterell



Tickets £7 from:

Monday 12th, Rose 01454 772675
Tuesday Mary 01454 887885



Together 4 Fromside Appeal 2022

Share a Little 'Comfort & Joy' this Christmas!

This December, the churches of 'Together 4 Fromside' will once again seek your help in supporting households across Fromside in need, over Christmas and throughout 2023.

Your contributions to their annual 'Comfort & Joy' appeal provide the funds to support many, many local families. Over the past year, thanks to the generosity of our community, and with the help of our local partners in housing, health and education, 'Together 4 Fromside' have been able respond to well over 100 households in need.

When people have been rehomed into properties with no carpets, or been unable to top up their gas meter, or had no food in the cupboard, 'Comfort & Joy' has demonstrated compassion, made a practical difference, and opened a door to community for many.

This winter is set to see financial challenges for many people, and the funds received through 'Comfort & Joy' can help us reach and support our neighbours in need.

Thank you for making this happen.

You can give to Comfort & Joy:

Online at: www.justgiving.com/campaign/comfort-joy-2022

By cash/cheque to: 'Comfort & Joy' c/o Zion Church Office, Woodend Road, Frampton Cotterell, BS36 2HY. Cheques payable to 'Churches Together in Frampton Cotterell and Coalpit Heath (LEP)',

The appeal will be open throughout December 2022.

Local classical music group is looking for string players

Do you play classical violin or viola and want a new playing opportunity? Stoke Gifford-based group The Gifford Ensemble is looking for string players to grow its membership and repertoire.

Formed in 2018, the Ensemble has formed a reputation for its friendly, accessible concerts, providing light music and – crucially – home-made cake to appreciative audiences. The COVID pandemic stopped performances but not play – the group still managed to put pieces together online, including a recording of Ronald Binge's Elizabethan Serenade, made with each player recording their part at home with a click track.

Regular rehearsals finally resumed earlier this year and the Ensemble were delighted to present a cheerful summer concert featuring well-known pieces such as Handel's Royal Fireworks and Fauré's Pavane, as well as two new works composed by members of the group.

The group have now started planning their autumn programme, including a Christmas concert to feature a carol singalong and of course more cakes.

Now they are properly back to work, the Ensemble are looking for new members so that they can expand their repertoire. In particular they are looking for string players, especially violins and violas.

Rehearsals take place at 7.15pm on Sunday nights in the Trust Hall, North Road, Stoke Gifford BS34 8PE. Members pay £4 per rehearsal to cover venue hire costs, but the first trial rehearsal is free. There is a friendly and relaxed atmosphere and all players get involved with discussions about the music.

If you play violin or viola and you're interested in joining, you can get in touch with the group via their Facebook page, their website (www.giffordensemble.uk) or by emailing secretary@giffordensemble.uk.



FRAMPTON SINGALONG

with The Jays and The Rosettes

2—3.30pm, Crossbow House, School Road

Enjoy a Singalong in 2023 on the following dates

Monday 2nd January

Monday 6th February

Monday 6th March

Monday 3rd April

Monday 1st May

Monday 5th June

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Refreshments included

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Contact Hilary on 07515 351813 for details and to book a place



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CASTELL ROC DATES RELEASED FOR 2023



After the fabulous events at Castell Roc 2022, held inside the absolutely beautiful grounds of Chepstow Castle, organiser Carol Mutlow of Hannah's Music is already putting the acts in place for 2023.

Now in its 12th year, the festival continues to grow, and 2022 was no exception, with Chepstow still buzzing from 13 fantastic sold-out events!

"The problem is" Carol told us, "it makes me wonder how I can top that!! But - I will certainly try!"

We have some fantastic events lined up for you next year already, some of whom have never been seen before at Castell Roc! As usual there is hopefully something for everyone, no matter what your music taste. This is what makes Castell Roc stand out from other festivals: the variety of music, plus the absolutely breath-taking venue!

Each week one act will be released until all 13 nights have been revealed. In this pre-Christmas edition Matters Magazines is able to bring you the first five events for Castell Roc 2023.

It's already looking amazing!!

For more information and tickets (which make AMAZING CHRISTMAS PRESENTS) contact - www.castellroc.co.uk



Shopmobility South Gloucestershire 20 years, and opening hours to Christmas.

In 2023 Shopmobility South Gloucestershire will be celebrating 20 years since it held its first meeting in July 2003. The Shopmobility scheme is based in Yate Library, in Yate Shopping Centre.

In that time the popular scheme has proven itself to be a much needed facility in the community.

The service provides mobility scooter and wheelchair hire on a daily and on a longer term basis to help people who have limited mobility to retain their independence and to use the facilities of the centre and to access other services too. And it is important for people's social activities too.

Shopmobility South Gloucestershire is delighted to announce its opening hours in the run up to Christmas:

It will be opening four days a week, Tuesdays, Thursdays and Fridays - 9.30 am to 4.00pm and Saturdays 9.30 - 1.30pm.

The service will be closing on 23rd December, then re-opening at 9.30 am on Tuesday, 3rd January 2023. There is free daily hire with a Concessionary Bus pass.

If you want to pre book a scooter or wheelchair please ring or email the scheme on 01454 868718 or 07999574474, or email - shopmobilitysouthglos@yahoo.com or simply call into our office at the Yate Library complex.

Vice Chairman David Bell said *"It's great to be providing our much needed service, and we look forward to seeing and serving our many customers."*

Please follow and share us on Twitter and Facebook, to find out our news and developments: -

Twitter: - @yate_southglos Facebook: - @yateshopmobility.

Shopmobility South Gloucestershire, based in the Yate Shopping Centre, is also looking for more volunteers to help operate and promote the service. There are opportunities to help the organisation to deliver the service, especially if it is able to expand its operations, and there are opportunities to deliver its promotion strategy to help the service reach more users.

Please contact the scheme on the email or phone number above if you are interested in volunteering for Shopmobility.



Bristol Male Voice Choir want to hear from you! Come along to see us and find out whether you are tenor, bass or baritone; there is no audition, but if you can hold a tune, our MD will allocate you to a voice section where you will sit in and listen to our rehearsals and practise our wide ranging and varied songs.

We meet on Thursday every week at 7.00pm in St Andrew's Methodist Church, Elm Park, Filton, Bristol BS34 7PS.

For further info visit www.bristolmvc.org.uk, Facebook, or phone 01179682223 / 07587143220. We are a great social group and we look forward to seeing you.



Frampton Cotterell Computer Group



Frampton Cotterell Computer Group are continuing to meet at the Brokeridge Centre in Frampton Cotterell offering help and

advice on the use of PCs, laptops and tablets. The group meets each morning from Monday to Thursday and new members are always welcome to join.

Although younger people have grown up with computers, many older people have had limited experience of them in either their working or personal life. FCCG aims to help people to improve their knowledge, confidence and understanding, either through structured exercises which they can work through at their own pace or by answering specific questions which are raised. Because of the informal nature of the group people can also learn from each other as they try different things.

The group would also welcome new volunteers who have some experience of using computers or tablets. You don't need to be an IT expert, as a basic knowledge, an enquiring mind, and a willingness to share, are sufficient to deal with most issues. For more complex questions, experienced people are at hand to offer support to other volunteers.

For the latest information contact the Brokeridge Centre, Tel 01454 864442, Email: over50it_1@hotmail.co.uk or visit the Computer Group website www.fccomputergroup.uk.

Frampton Cotterell Computer Group

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brokeridge Centre, Woodend Road Frampton Cotterell.

To enquire about future sessions

Tel: 01454 864442

Visit: www.fccomputergroup.uk



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News from Coalpit Heath WI



Our speaker in October was Robbie Hedges, the runner up in season 6 of Junior Bake off. It was fascinating to gain an insight into what the



production team are busy doing during filming and find out about all the other little things that the viewers don't see, including the interviews and close ups. Robbie described some extremely varied weekly challenges, including soufflé pancakes shaped like cats, biscuit portraits and a fault line cake

which won him Star Baker. We all agreed that he is a very talented and personable young man and we have no doubt he will be successful in whatever he chooses to do.

During half term we shared our scarecrow made for the village trail. This year the theme was sport with a ball. Despite a few challenges we made our first ever standing scarecrow, named Champion Lioness, complete with crop top and shirt in hand and she stood beside the church bench for the week.

The November meeting included our AGM and making some poppy wreaths for St Saviour's church porch and the lych-gate with a plan to create a waterfall of poppies again for next year.

Still to come this year we have a crafty Christmas



Love Local this Christmas!

Over this festive period please shop local as much as you can. Almost half of small business owners say that if everyone in their local community spent just £5 extra per week with small businesses it would help them to stay open in the long term.

Vouchers make a great gift and can be bought from many different types of business.



meeting and a carol service on 14th December in St Saviour's church, that everyone is welcome to attend. We have stalls at the church Christmas fair and another at St Monica's.

There is a Christmas meal out locally, as well as another at Highgrove for those who have signed up. A group are going to the ballet to see 'Raymonda' and a few are off on a Christmas shopping evening.

The book club has started successfully and we hope to review a book every other month. We will be having our next catch up soon to find out what everyone thought of 'Where the Crawdads sing.'

If you fancy coming along and seeing what we have to offer you would be most welcome. We meet on the first Wednesday of each month in St Saviour's church hall at 7.45pm.

Future meetings:

December 7th Christmas Crafts
December 14th Carols at St Saviour's

Search @WICoalpitHeath on Facebook to find out any further information and updates.



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Robbie Hedges

U15s FCCST Barbarians



News from Fram Rugby

U15s FCCST Barbarians

During the 20/21 season, the then Frampton Cotterell Rugby Football Club (FCRFC) U14s merged with Chipping Sodbury Rugby Football Club (CSRFC) U14s. This occurred, as the clubs were hit with early season injuries and some players not returning to the sport after Covid. At the time CSRFC only had a few players so the merger helped their lads to keep playing rugby, while it boosted FCFRC numbers to allow games to go ahead.

Sadly, over the summer FCFRC (now U15s) lost a coach and a number of players to a local team, further impacting the playing numbers. Trying to recruit boys to rugby particularly at this age is a challenge, so when the opportunity came for Thornbury Rugby Football Club (TRFC) to also join, the team, Coach, Dom jumped at the chance. This merger took the numbers to 32 and FCCST Barbarians were formed!

All the boys carried out preseason together at CSRFC grounds, to help with pitch congestion at Crossbow. At time of writing, this season they have played 5 matches together and you would never know they are from different clubs in how they play as a team.

The recent game saw them face another Barbarians team or Cirencester/Tetbury, in order for the game to go ahead FCCST Barbarians had to give them 3 players to make the numbers. The result was 41 - 41. It was amazing to see the positive attitude and structure of both teams and illustrates how teams can successfully merge. 5 clubs were represented on one pitch! Well done to all involved.

The U15s FCCST Barbarians have a full fixture list this season against teams across Bristol and Somerset, we wish them the best of luck.

If you would like more information on joining the U15s FCCST Barbarians please contact Dominic Baines by calling: 07757 498862 or e-mailing: domo.baines@hotmail.co.uk



Vieux Loups vets v Fram vets

A visit from French Vieux Loups vets rugby team

Over the weekend 11-13 November, the French Vieux Loups (Old Wolves) vets rugby team, made there bi annual trip to Frampton, the first time since Covid.

The rugby relationship exchange began in 1977 when Frampton juniors went over to Paris to play over three age groups. The juniors still continue every May but as players have got older the vets have carried on the rugby relationship also and that has gone on for over 30 years!

The Fram vets won back the Victory trophy with a 30-12 win, the trophy stays with the winning country.

Two players who played in the 1977 junior trip and donned there boots again in the game 45 years on, were Vieux Loups's Phillipe Colin and Frampton's Mike Weaver.

An extra special gift was awarded at the dinner on Saturday evening, the local council has named a path 'Paris Path' on the new Park Farm estate in Frampton, to mark the rugby exchange.

A truly unique and wonderful rugby relationship across 2 countries and both teams enjoyed the rugby, food and one or two beers and glasses of wine! Frampton will make the visit over to Paris in November 2023.

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Donations have been made, and plans now begin for the 2023 event. Our four chosen charities; MIND, SAFFA, Brace & North Bristol Food Bank, were thrilled with the additional £300 donation this year, on top of the £400 donated in 2021.

The charities all expressed their sincere thanks in what has been a challenging time, many are experiencing an up surge in need due to the current economic climate. So in turn, we would like to say "thank you" to all who visited and bought, a hot dog here and a tomato plant there, all contribute to the huge support we were able to provide for those in need.

Following the AGM in September, we welcome two new committee members, expanding upon our 2022 team. We're concentrating our efforts on making next year's Carnival even bigger and better! Thanks to your responses to our feedback survey, we'll be putting on more of what you want.

To help us grow, we're looking for local businesses to sponsor us. We are proposing various levels of sponsorship, so regardless of size, your business can get involved. With our large social media following you won't regret it, so please get in touch if you're keen to know more!

Kathryn Hopes, Publicity Officer

Follow us on Facebook, browse our site www.winterbournedowncarnival.co.uk or email: winterbournedowncarnival@gmail.com



News from Winterbourne Evening WI

by Emilie Smith

On an Autumnal evening, Winterbourne Evening WI gathered at member Susan Griffith's house for a chat, wine and nibbles. Members really enjoyed the chance to have a more extended discussion than we normally manage at our monthly meetings. Susan had put on a gorgeous selection of cheeses and other savouries. Chat varied from relief that we could all gather again after Covid, to catching up on local community news. Quite a few memories were also recalled about "how things used to be". A lovely evening was had by all and thanks goes to all those who attended and Susan who was a wonderful host.

Winterbourne Evening WI meets on the second Thursday of the month in St. Michael's school hall, Linden Close, Winterbourne, BS36 1LB at 7.30pm. Guests and prospective members are warmly welcomed.

Butterflies

A friendly and welcoming group for babies and toddlers, parents and carers

Mondays 10–11.30am in school terms

St. Saviours Church Hall, Beesmoor Road, Coalpit Heath, BS36 2RP

All welcome • £3 per family per session

For more information contact Jessica 01454 228666 or Mary 01454 887870

What's on at Winterbourne library



Staffed opening hours –

Tuesday, Wednesday, Friday 10am – 5pm,
Saturday 9.30am – 12.30pm

Contact us – email: winterbourne.library@southglos.gov.uk or phone: 01454 868006

FREE books! why buy books when you can borrow for FREE? talking books, eBooks, eMagazines, Jigsaws, FREE WiFi and more, come and join your library for FREE!



Adult Craft group

Saturdays 10am – 12noon on
3rd, 24th, 31st December 2022
and 7th January 2023. Join
a friendly group of crafters to
do your own work and chat,
refreshments available.

Regular activities

Rhymetime

Wednesdays 9.30 – 10am most suitable 0 – 18 months.

Storytime

Fridays 9.30 – 10am (Term time only) most suitable 18 months – 4 years.

LEGO CLUB

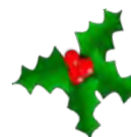
10 – 11.00am (All adults must be accompanied by a child). Next sessions:
Saturday 17th December
and 14th January 2023.



Festive Activities on Friday 23rd December

Christmas stories and songs around the tree between 9.30 – 10.00am.
Suitable for all ages 0 – 11 years.

Winter Wonderland activity,
between 10.30 – 11.30am. Join us to
create your crafts at our FREE drop
in or take your craft bag home. Most
suitable for 4 – 11 years.



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Facebook page – [sgloslibraries](https://www.facebook.com/southgloslibraries)

Twitter: [southgloslibs](https://twitter.com/southgloslibs)



Your local Scout District is looking for volunteers to join its groups and bring scouting to young people!

But volunteering is not just about giving something back. It's also about doing something that is good for you!

Volunteering gives you career-boosting skills, improves your wellbeing, and helps you make connections with friends, family and your local community.

So what are you waiting for? Get in touch to find your local group!

Email: James.Skuse@Scouts.org.uk

Facebook.com/cotswoldedgescouts

Frampton Cotterell & Coalpit Heath Village Diary 2022/23

December

Thurs 1st – Tea & Tour, Winterbourne Medieval Barn, 2pm. www.winterbournebarn.org.uk

Thurs 1st – FC Guitar Club, Bickeridge Centre 6.45 – 8.15pm. E: nick.drewitt@yahoo.com

Thurs 1st – Community Carols Around the Tree, Bickeridge Centre, 6pm. All welcome

Thurs 1st & Fri 2nd – The Snow Queen, pantomime at WADCA, 7.30pm. Winterbourne Musical Theatre. £10 (£5 under 16s) online at [Ticketsource](https://www.ticketsource.co.uk) or T: 01454 317408

Fri 2nd – Coffee, Cake, Chat, St Peters church, drop in 10am–12.00pm. For info T: 01454 776518

Fri 2nd – Quiz, Crossbow, 8pm. £1.50 ppn. T: 01454 772947 | E: crossbowhouse@gmail.com

Sat 3rd – Xmas Wreath Workshops, Winterbourne Medieval Barn, 1.30pm. Book online

Sat 3rd – Table Top Sale, Coalpit Heath Village Hall, 1–3pm. Book a table (£5) T: 07920 145352 | www.cphvh.co.uk and Facebook. E: coalpitheathvh@gmail.com

Sat 3rd – The Snow Queen, pantomime at WADCA, 2.30pm. Winterbourne Musical Theatre. £10 (£5 under 16s) online at [Ticketsource](https://www.ticketsource.co.uk) or T: 01454 317408

Sun 4th – Christmas Cracker, Manor Hall, 2–4pm. Special guest ELSA! Mulled wine, cider, hot refreshments. Ukelele performance. Adults £2 (incl mince pie). Children free. Visit Santa in Little Explorers' Grotto for £4

Mon 5th – Gardening and Social Club, Manor Hall 2–3.30pm. £2.50. All welcome. For info contact Mrs G Hale. T: 01454 774279 | www.manorhall.org | T: 07873 747513

Mon 5th – Frampton Singalong, Crossbow House, 2–3.30pm. £5 incl tea/coffee, cake, fruit. All profits to charity. Book with Hilary. T: 07515 351813 | E: jays.music@mac.com

Tues 6th – Frampton Cotterell Parish Council Coffee & Cake morning at The Bickeridge Centre, 11am–1pm. Everyone is welcome to attend

Tues 6th – Community Craft Group, Manor Hall Red Brick Annexe, 2–4pm. £4 incl refreshments. BYO knitting/crochet/papercraft etc. Booking Kay, T: 07792 189276

Weds 7th – Coffee Morning, Salem church, Watleys End, 10–11.30am. All welcome. www.salemchurch.org.uk

Weds 7th – Coffee Morning, Henfield Hall, Ram Hill, 10am–12.00pm. E: henfieldhall@yahoo.com

Weds 7th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. For info, T: Edna 07789 662694

Wed 7th – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. Varied Talks. Visitors always welcome! T: 07935 071291 | E: carolinemjohnston@hotmail.com or FB

Fri 9th – Frampton Folk club, Crossbow 8–11pm. Acoustic music. Play, sing, listen. T: 07974 151437 | E: andrew.edgington77@gmail.com or Facebook: [folkatframptoncotterell](https://www.facebook.com/folkatframptoncotterell)

Sat 10th – Carols in the Barn, 2.30pm. Booking essential. www.winterbournebarn.org.uk

Sun 11th – Carols in the Barn 2.30pm or 5.30pm. Booking essential. www.winterbournebarn.org.uk

Mon 12th – Winterbourne Flower Club, WADCA, 2–4pm. Theme tbc. Bring your own container and plant materials. Info Celia, T: 01454 776753 or text 07947 487155

Mon 12th & Tues 13th – Crossbow Singers' Christmas Concert, 7.30pm. Tickets £7. T: 01454 772675

Tues 13th – Mothers Union afternoon group, St Saviours Hall, 2pm. Various speakers. Contact Mary Head T: 01454 887870 | E: mary.head@blueyonder.co.uk

Tues 13th – Easy Circle Dance for beginners, Crossbow, 2.45–4pm. £4. Wellbeing and friendship. To book contact Hilary Jay, T: 07515 351813 | E: hilary.coach@icloud.com

Weds 14th – Golden Hours Social group for over 50s, The Miners, 2–4pm. £2. Varied activities. For more info contact Susan Bisp, T: 01454 775110

Thurs 15th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. For info contact Edna, T: 07789 662694

Fri 16th – Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. T: 01454 772947

Sat 17th – Litter Walk. Friendly group aimed at families with children, meet 10am. Venue tbc. For info: Facebook: [@framptonlitterwalks](https://www.facebook.com/@framptonlitterwalks) or www.villageaction.org.uk

Sat 17th – Repair Surgery, All Saints hall Winterbourne Down, 10.30am–12.00pm. Frome Valley Environmental Group will try to repair your bikes, electricals, jewellery, clothing, wooden items, etc. winterbourneenvironmental@gmail.com

Sat 19th – Messy Church, St Saviours church hall, 3.30–5.15pm. All welcome

Weds 21st – Family Festive Crafts, Winterbourne Medieval Barn, 9.30am or 11am.

Tues 27th – Easy Circle Dance for beginners, Crossbow, 2.45–4pm. £4. Wellbeing and friendship. To book contact Hilary Jay, T: 07515 351813 | E: hilary.coach@icloud.com

Tues 27th – Frampton WI, St Peters Hall 7.45pm. £3.50. Craft Evening with demo. See [Facebook.com/FramptonCottWI](https://www.facebook.com/FramptonCottWI)

Weds 28th – Golden Hours Social group for over 50s, The Miners, 2–4pm. £2. Varied activities. For more info contact Susan Bisp, T: 01454 775110

January

Weds 4th – Coffee Morning, Salem church, Watleys End, 10–11.30am. All welcome. www.salemchurch.org.uk

Weds 4th – Coffee Morning, Henfield Hall, Ram Hill, 10am–12.00pm, E: henfieldhall@yahoo.com

Weds 4th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. For info contact Edna, T: 07789 662694

Weds 4th – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. Varied Talks. Visitors always welcome! T: 07935 071291 | E: carolinemjohnston@hotmail.com or FB

Thurs 5th – FC Guitar Club, Bickeridge Centre 6.45–8.15pm. E: nick.drewitt@yahoo.com

Fri 6th – Coffee, Cake, Chat, St Peters church, drop in 10am–12pm. For info T: 01454 776518

Fri 6th – Quiz, Crossbow, 8pm. £1.50 ppn. T: 01454 772947 | E: crossbowhouse@gmail.com

Sat 7th – Table Top Sale, Coalpit Heath Village Hall, 1–3pm. Book a table (£5), T: 07920 145352 | www.cphvh.co.uk | Facebook | E: coalpitheathvh@gmail.com

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Tues 10th – Easy Circle Dance for beginners, Crossbow, 2.45–4 pm. £4. Wellbeing and friendship. To book contact Hilary Jay, T: 07515 351813 E: hilary.coach@icloud.com

Tues 10th – Mothers Union, St Saviours Hall, 2pm. A variety of speakers. Contact Mary Head, T: 01454 887870 | E: mary.head@blueyonder.co.uk

Fri 13th – Frampton Folk club, Crossbow 8–11pm. Acoustic music. Play, sing, listen. T: 07974 151437 | E: andrew.edgington77@gmail.com or FB/ [folkatframptoncotterell](https://www.facebook.com/folkatframptoncotterell)

Sun 15th – Litter Walk. Friendly group aimed at families with children, meet 10am. Venue tbc. Info: Facebook: [@framptonlitterwalks](https://www.facebook.com/@framptonlitterwalks) or www.villageaction.org.uk

Tues 17th – Frampton Cotterell Parish Council Coffee & Cake morning at Bickeridge Centre, 11am–1pm. Everyone is welcome to attend

Weds 18th – FC & District Local History Society, Zion hall, 7.30pm. £4 Members free (£15pa). E: secretary_fcdlhs@yahoo.com

Thurs 19th – Wellbeing Friends, WADCA 1.45–3.45pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. For info contact Edna, T: 07789 662694

Fri 20th – Bingo, Crossbow, 8pm. T: 01454 772947

Sat 21st – Repair Surgery, All Saints hall Winterbourne Down, 10.30am–12pm. Frome Valley Environmental Group will try to repair your bikes, electricals, jewellery, clothing, wooden items, etc. winterbourneenvironmental@gmail.com

Sat 21st – Messy Church, St Saviours church hall, 3.30–5.15pm. All welcome

Tues 24th – Easy Circle Dance for beginners, Crossbow, 2.45–4pm. £4. Wellbeing and friendship. To book contact Hilary Jay, T: 07515 351813 | E: hilary.coach@icloud.com

Tues 24th – Mothers Union evening group, St Saviours Church, 7.30pm. T: 01454 887870

Tues 24th – Frampton WI, St Peters Hall 7.45pm. Life at the Zoo, with Liz Curtis. See [Facebook.com/FramptonCottWI](https://www.facebook.com/FramptonCottWI)

Weds 25th – Litter Busters, 10am–12pm. If you would like to get involved see Village Action website or E: framcottva@hotmail.co.uk

Thurs 26th – Memory cafe, Greenfield Centre, 2–3.30pm. Chat and cuppa, socialising, advice, varied speakers. Free. For more info E: David. stone@alzheimers.org.uk

Fri 27th – Fused Glass workshop, Winterbourne Barn, 10am or 1pm. Book online www.winterbournebarn.org.uk

See Village Action website for dates for the full year www.villageaction.org.uk

If you have dates to add to the Diary, please email: louisemharrison@gmail.com.

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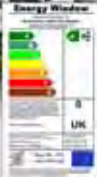


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