Winterbourne & Frampton *Matters*



June 2022

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Dear Residents,

As you can see from the front cover we are pleased to celebrate the Queen's Jubilee! There are local events taking place to mark this special occasion, so do get involved and enjoy all the afternoon teas and parties! We are pleased to feature a special article focusing on our Queen and her work over the last 70 years!

It was wonderful to be able to attend the Winterbourne Down Village Carnival over the May bank holiday. It is always such a delight to watch the community come together for the procession and take part in the many varied activities put on. Congratulations to the organisers. You can share in the celebrations from the day on the centre pages.

The Winterbourne Medieval barn are delighted to be able to run their Medieval Fayre on Sunday 12th June, 11am-4pm. This promises to be another fantastic day out for the whole family.

Frampton Cotterell Parish Council, working with

Bundy

community partners, has had a busy few months delivering local projects and events, we hope you enjoy catching up on all their news.

We are pleased to bring you information on a new local guitar group set up by an enthusiastic member of the community who is keen to meet like minded musicians.

Staying on the musical theme we hear from the Crossbow singers and have details of a local Woodwind group that is inviting new members.

Frome Valley Environmental Group and St Michael's Eco Church ask us to think - How might we make Winterbourne a better place to live... and fossil fuel free? They bring us an update on the progress made so far.

We also hear from Frams Rugby Club, local WI's, Paul's Place, positive school news and much more!

We hope you have a right royal time celebrating this June!

community@mattersmagazines.co.uk 01454 300900 Jaci & Kerry X



From left: Michael, Fran, Tinz, Emma, Jane, Mary and Maggie

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Local Bioblitz event -

On Saturday 30th April, as part of the weekend long 'Bioblitz' event (as created by the City and Nature Challenge). Frampton Cotterell Parish Council hosted an all-day Bioblitz Nature Event at Centenary Field. Alongside Frampton Cotterell Nature Group, we organised craft tables, education sessions, nature walks, and group 'Bioblitzing' sessions which took place all day, beginning with a Dawn Chorus Walk at 5am and ending with a Bat Walk at 10pm!

On the day we had plenty of activity sessions, guided walks, and tonnes of bioblitzing, with lots of locals coming along to take part. We also welcomed stalls and sessions from Severn Wildlife Rescue, City and Nature Challenge, and Hedgehog Awareness.

News from Frampton Cotterell Parish Council

We would like to thank Frampton Cotterell Nature Group as a whole for their huge role in devising and organising this event; Severn Wildlife Rescue for attending and hosting their raffle, the City & Nature Challenge Team who ran iNaturalist workshops; and our Climate and Nature Officer, Daisy Finniear, for her Herculean efforts in managing and overseeing this brilliant event.

And finally, we'd love to say a very big thank you to everyone who came along and took part! With your enthusiastic assistance, Frampton Cotterell helped the Bristol and Bath region make over 4,000 recordings of local flora and fauna via the iNaturalist app, covering over 900 different species of plants, birds, insects, and animals!

Everyone involved was truly out-standing in their (Centenary) Field!

Repainting the Centenary Wheel

This spring, Frampton Cotterell Parish Council have undertaken to refurbish and re-paint the Centenary Wheel at Centenary Field.

The Parish Council purchased the land at Centenary Field in 1994 to commemorate 100 years of the Parish Council, and the now locally famous Red

Wheel was placed in the field as a monument to the area's industrial history.

However, in recent years the Wheel had begun to show the effects of its life outdoors: the red paint was fading, rust was forming, and the spokes and outer ring were looking decidedly grubby. The Parish Council therefore commissioned two local craftsmen to give the Wheel a thorough cleaning and a new coat of paint - and now it is looking fantastic once

Tea For Heroes

On Saturday 14th of May, Frampton Cotterell Parish Council hosted a Tea For Heroes event to thank local heroes who helped out our community during the pandemic.

Throughout April we put the call-out for local people to nominate anyone who they consider a 'Pandemic Hero', and we had a lot of great responses!

We invited those nominated to attend an Afternoon Tea at Crossbow House in Frampton Cotterell. This was our way of saying a great big thank you to our incredible local heroes whose selflessness, compassion, kindness, and support made the past two years of the pandemic much more bearable.













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Sparkling Sunday Lunch

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2 course £30 per person 3 course £35 per person

Visit aztechotelbristol.co.uk/food-drink for more details.





Events at Winterbourne Medieval Barn

Tea and Tours — Normally on the first Thursday afternoon of each month, the June Tea and Tour will instead be on Thursday 9th June at 2pm (rather than on the Jubilee holiday). Booking is advised.

Medieval Fayre – Sunday 12th June, 11am-4pm - The Big Event for June! Historical re-enactment group The Company of Chivalry vividly portrays life in a medieval military camp during the 100 Years War. A varied programme throughout the day includes demonstrations, talks, live music, and themed activities for children. Enjoy variety of artisan craft stalls and displays, and a wide selection of food including hog roast, pizza, pastries, cheeses, cakes and ice creams. The Barn bar, cafe, and the Three Engineers Brewery will be open all day. A perfect family day out. Entry £5 adult, £1 child. Pre-book online to avoid queues on the gate. Free parking at Stoke Gifford P&R or Winterbourne Academy with a FREE shuttle bus to and from the Barn all day.

Pottery Taster workshop – Saturday
16th July, 1pm – Join Brenda from *The Pottery Shed* to create your own masterpiece in a relaxed atmosphere with professional guidance. In a 3 hour session you will hand build a round bowl, then add a glaze to the outside and 'Sgraffito' into the glaze a pattern of your choice. Booking essential.

Family Theatre: Rapunzel – Sunday 17th July, 2pm – A heart-warming story about one girl's longing to break free from her imposed lockdown and explore the world outside. "Delightfully daft" (The Stage), this adaptation brings the classic fairytale to life with slapstick, physical humour, puppetry, wicked witches, lovable trolls, and miles of golden hair! Recommended for ages 5+. Advanced booking essential.

Summer Barn Dance – Saturday 30th

July, 7pm — Gloucestershire band *Sargent's Mess* and expert caller Rob return with rousing tunes and lots of fun. So get your dancing feet on and enjoy a midsummer evening down at the Barn. Bar is open all evening from 6pm so you can flop down with a drink if you get too hot! Tickets £10 (£7 under 16s). Book online via Barn website. Free parking on site.

Family Crafts – Monday 1st August, 9.30am or 11am – Get creative at the Barn this summer. Choose a 9.30am or an 11am start time. Aimed at families with children aged about 7–11 but all ages are welcome to come along. Tickets are £7.50 per family – book online.

Shakespeare's A Midsummer Night's Dream – Tuesday 2nd August, 7pm –

The Festival Players present Shakespeare's popular comedy in the magnificent Medieval Barn. This is professional touring theatre at its best. Advanced booking essential. Details on the website.

Volunteering at the Barn — Volunteers help out at events, or can be involved on a more regular basis with maintenance, gardening, admin or technical jobs. You can give as much or as little time as you would like, share you skills and experience, meet new friends, and perhaps learn new skills. For more information contact the Trust by email contact@winterbournebarn.org.uk or phone 0117 403 1536 (office manned part time).

www.winterbournebarn.org.uk
Facebook @winterbournemedievalbarn

Winterbourne Medieval Barn Church Lane. Winterbourne. BS36 1SE

News from Coalpit Heath WI

Many people find colouring in relaxing, so having an evening of silk painting to make cards proved equally therapeutic. Margaret Miller, our demonstrator, started silk painting in retirement and now happily shares her knowledge with different groups. We were able to select a flower outline and paints, and then by adding the smallest drops we could watch as the colour spread to fill the space. Once completed we made our designs into cards. The finished cards all looked fantastic and all very different.

At our May meeting we voted to support the resolution being put forward for this year, to the NFWI Annual meeting in June which is: 'Women and Girls with ASD and ADHD-under identified, underdiagnosed, misdiagnosed and under-supported.'

We also blind tested scones and iam from six different supermarkets to see if there really is a difference in quality between them despite the price variation. There were some very interesting discussions!

We made a start on this year's fence project at the meeting and after a little bit of extra work we should have it up in time for the Jubilee celebration.

If you fancy coming along and seeing what we have to offer you would be most welcome.



If you fancy coming along

and seeing what we have to offer you would be most welcome. We meet on the first Wednesday of each month in St Saviour's church hall at 7.45pm.

Search @WICoalpitHeath on Facebook to find out any further information and updates.







Local Holistic Courses

With Osteomyologist expert - Dawn Clode Lic MET Lic CR

Would you like to be empowered with the skills and knowledge to enable you to treat minor ailments at home, before reaching for the painkillers?

Dawn understands how many of us would prefer to try natural, holistic practices to sooth discomfort such as stomach or head aches and learn how to calm stress, anxiety and improve sleep.

Dawn is offering a wide range of Holistic Learning Courses in North Bristol during 2022, that will equip you with the knowledge to treat yourself, family and friends. Day courses start from £90. Select from the list of holistic disciplines below that you are interested in learning more about, and give Dawn a call to book in.

Dawn offers individual or small group courses in the following – Aromatherapy, Homeopathy, Massage, Mindfulness, Reflexology and all levels of Reiki.

Get in touch: Contact Dawn if you would like to book in for an appointment at her treatment room in Little Stoke or information on courses.

0795 1099 491

www.life-and-soul-empowerment.co.uk



Dawn is a knowledgeable and enthusiastic teacher. I have studied several different topics with her including reflexology. She is able to present the information in a positive and accessible manner.

Student Sarah Cox

Specsavers

Dawn is an amazing Reiki teacher and practitioner! She made me feel completely at ease from the first moment; outlining all the key principles succinctly and encouraged us to ask questions before getting stuck in. By guiding us through the hands on part we developed our own intuitive feel for the techniques and gained confidence quickly. I feel extremely lucky and grateful to have been taught by such a wonderful master. Thank you!

John Seaward





News from the Floral Friends of Frampton



Watermore School Garden

Floral Friends have been busy helping Year 3 Watermore wos sligud Sunflower seeds for their school garden. This shows support for Ukraine as the Sunflower is the national

flower of Ukraine. Sunflowers also support a wide range of wildlife, especially birds who love to feed on the seeds in Autumn. They can grow up to 3 metres tall, I wonder whose sunflower will grow the tallest?



Sunflowers in the Park

Recently enthusiastic Reception children from Frampton Cotterell C of E Primary School helped Floral Friends sow sunflower seeds at the Park. The rain will help the seeds to grow

into beautiful sunflowers, whose seeds will provide food for hungry birds in the Autumn. We hope the sunflowers will grow at least as tall as the tallest child in the class, maybe even their teacher!

Planter Care – The wooden planters were recently taken to the Jubilee allotments by FFF volunteers, where they were emptied of the plants and compost, new capillary matting fitted, and the perennials replanted in fresh compost. The planters are now back in position and waiting for the summer bedding plants to arrive – they should be here shortly and, hopefully, will provide plenty of colourful displays over the summer.

If you can help in any way, we'd love to hear from you

If you would like to join us, we'd love to hear from you - you do not need any previous gardening skills- just enthusiasm and a willingness to take part. If you can donate time, money or plants please get in touch.

Email: floralfriendsofframpton@gmail.com.

Thank you Floral Friends would like to say a big thank you to the lovely people who have made either one-off donations or regular on-line donations in the last few months to help keep our village full of flowers. It is especially helpful as, due to Covid, we have not been able to run our usual fundraising events. If anyone else would like to help out by making a donation on-line (either a one-off or a regular one is very much appreciated) our bank details are: Floral Friends of Frampton, Lloyds bank, S/C 30-98-97. A/C 70582363.

Remember - all our latest news in available at http://ffframpton.wixsite.com/ frampton-cotterell and on Facebook: @ FloralFrampton.



Do you love flowers?

Join us at Winterbourne Flower Club for enjoyable hands on sessions.

Now at WADCA on the second Monday of the month between 2-4pm.

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Introducing – Frampton Cotterell Guitar Club



Nick Drewitt moved to Frampton Cotterell with his wife Emma and their 1 year old son, Laurie in February 2022. The family moved from the city to enjoy the different pace of life that the countryside can offer.

Playing guitar has been a number one hobby for Nick for over 20 years and he is now pleased to run Frampton Cotterell Guitar Club (FCGC). He shared, "I decided to combine my musical hobby with a chance to meet new people from around the village. So far the local group has been a great success."

The first meeting saw eight people attend, ranging in ages from 20s to 70s, and in skill level from beginner to advanced. Nick said, "This was just the kind of club I was hoping it would be - open to all to enjoy a shared passion for guitar music. In between meetings we have stayed in touch to choose songs and topics to cover at future meet ups. We look forward to welcoming further new members."

Why not join this friendly group?

The FCGC meet on the first Thursday of the month, 6.45-8.15pm at The Brockeridge Centre, Woodend Rd, BS36 2LQ.

Each member pays a £2 contribution each month to cover hall hire and expenses.

For further information please email nick.drewitt@yahoo.com







News from Frampton Cotterell WI

For our April meeting, sustainable and Charity Shop Stylist, Becky Barnes came to talk to us - it gave us all good cause to re-think our clothes shopping habits. Becky gave us some amazing facts relating to wastage and water use for clothing manufacture, as well as some great tips for smarter, more sustainable clothes shopping going forward.

May 24th sees our annual meeting to discuss the WI National Federation resolutions, along with a guiz and refreshments, as well as a general catch-up. Other confirmed events for the coming year are as follows (normally the fourth Tuesday of every month):

2022/23 Meetings & Events

June 28th - Tales from the RAF with Wing Commander Ryan Morris

July 26th - Holistic Health with Sarah Weaver

August - Summer Picnic/other social event date TBC as no monthly meeting

September 27th - Flying Adventures (Photography) with Steve Slide

October 25th - Craft Evening with demo

November 28th - AGM/Quiz

November 29th - Our WI's 70th Birthday Party

December - Christmas Bingo and AFWI Carol Service, dateTBC

January 24th - Life at the Zoo with Liz Curtis

This year is our WI's 70th Birthday, and so we'll be celebrating in style on the 29th November! As well as the above programme we have other events/ socials lined up including - Mamma Mia at the Bristol Hippodrome in June and a visit to the Van Gogh experience in August.

Watch this space and our Facebook page for confirmation of future event dates and more details.

Visitors and new members are welcome to our monthly meetings at St Peter's Hall on School Road at 7.45pm, on the fourth Tuesday of the month. There is a charge of £3.50 for the evening and any new members can also join by paying a membership fee. In the meantime, if you're interested in joining us please let us know and get in touch via our Facebook page. Special interest groups that meet separately include a book club, craft group, choir and our skittles and darts teams.

Please search FramptonCottWI to find out more, and to like our page.



News from Winterbourne Evening WI

The beginning of our April meeting was busy with members paying in their subscriptions and finding out about the trips, social events and speakers for the coming year.

The Vice-President Diana Woodman opened the meeting and after singing Jerusalem for the first time in two years, we turned our attention to celebrating Easter. Alison Story had come to show us how to make decorated polystyrene eggs using decoupage. First we chose a paper table napkin decorated with flowers, butterflies or other attractive designs. The napkin had to be separated from the backing, creating a very fine paper, then carefully soaked with water on a paintbrush to free the design to be stuck onto the egg. It was a relaxing and sociable evening as we sat around tables and covered our eggs with designs. These were then finished with beads and ribbons ready to hang. Finally we enjoyed homemade Easter biscuits and cupcakes, with a cup of tea.

Our next meeting will be on the 12th of May at 7.30pm at St. Michael's C of E Primary School in Linden Close, Winterbourne, when John Tucker, a Chelsea Judge, will be talking about gardening. If you fancy some ideas for your garden this Summer visitors and new members are always most welcome.

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Frampton Cotterell Computer Group



Frampton Cotterell Computer Group are continuing to meet at the **Brockeridge** Centre in Frampton Cotterell offering help and

advice on the use of PCs, laptops and tablets. The group meets each morning from Monday to Thursday and new members are always welcome to join.

Although younger people have grown up with computers, many older people have had limited experience of them in either their working or personal life. FCCG aims to help people to improve their knowledge, confidence and understanding, either through structured exercises which they can work through at their own pace or by answering specific questions which are raised. Because of the informal nature of the group people can also learn from each other as they try different things.

The group would also welcome new volunteers who have some experience of using computers or tablets. You don't need to be an IT expert, as a basic knowledge, an enquiring mind, and a willingness to share, are sufficient to deal with most issues. For more complex questions, experienced people are at hand to offer support to other volunteers.

For the latest information contact the Brockeridge Centre, Tel 01454 864442, Email: over50it 1@hotmail.co.uk or visit the Computer Group website www.fccomputergroup.uk.

Frampton Cotterell Computer Group

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brockeridge Centre, Woodend Road Frampton Cotterell.



To enquire about future sessions

Tel: 01454 864442

Visit: www.fccomputergroup.uk

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https://www.greencommunitytravel.co.uk

WADCA - Your Community Centre Needs You!



Winterbourne District and Community Centre (WADCA) would like people to start using the centre again as it continues to lose vital funds

following the aftermath of the pandemic.

Centre manager Kelly, is asking locals to please begin to use the community venue, in a bid to save it before all funds have gone! The club has been hugely impacted after a number of people and groups have not returned to the centre.

She said: "With the rising costs of electricity and water, coupled with the groups that have either not returned or not returned to full capacity – the centre is really taking a hit."

"We would love locals to come and see what we have here - unfortunately we think there may be an opinion locally that the centre is aimed at an older generations - but we have so much here for all ages."

"Ideally we would like to see our rooms busy, they are available to be booked every day, outside of when regular hirers have them," said Kelly.

"Hopefully we can start booking in more parties, our halls are available for children's parties as well as dance, exercise and all other types of classes.

"Ultimately if we continue losing funds at the alarming rate we are, we will close - we need locals to use it or lose it - to close would be an utter shame. Please do support WADCA."

Clubs at WADCA:

- Winterbourne musical theatre Badminton
- Scrabble Players Karate Wellbeing
- Lunch club Short Mat Bowls

For more information go to www.wadca.co.uk





WADCA Commemorates Queen's Platinum Jubilee

On Thursday 24th March 2022, various members of WADCA's Lunch Club watched, as a white flowering cherry tree was planted in the Centre's grounds, bordering Watlevs End Road.

The new tree, planted to mark the Monarch's 70 year reign, joined the six pink blossom trees planted in 2012

to commemorate her Diamond Jubilee (pictured top left).

All of these beautiful trees were kindly donated by Rosemary and Ted King (pictured right), long standing members of WADCA. The Cherry trees will bring joy to the local community for decades to come.



Years of Service!! The Queen's Platinum Jubilee 1952-2022

This year's celebration of Queen Elizabeth II's 70-year reign is one of the UK's major historic events. 70 years on the throne is just an incredible accomplishment. At 96, Her Majesty is the world's oldest monarch, the previous holder of this title being His Majesty King Abdullah Bin Abdulaziz Al Saud of Saudi Arabia who died in 2015 at the age of 90 (although he was only king for 10 years!).

On 21st April 1926 during the reign of her grandfather King George V, the eldest daughter of the Duke and Duchess of York (later King George VI and Queen Elizabeth) was born in Mayfair and named Princess Elizabeth Alexandra Mary. For the first 10 years of her life, although 3rd in line to the throne, she was never expected to become By Original: Joel Rouse/ Ministry of Defence Queen. Her father was the second son of King George V and, as such, the first son Edward was the natural heir and any children he may go on to have would precede Elizabeth in this respect. When her grandfather died in 1936 Edward ascended to the throne for just short of a year before abdicating to marry Mrs Simpson, causing 'constitutional crisis', and leaving his brother to take on the responsibility becoming George VI thus changing the course of Princess Elizabeth's life.

Princess Elizabeth was 13 years old when WWII started. In 1940 her home in Buckingham Palace was bombed and the 14-year-old Elizabeth made her first radio broadcast during the BBC's Children's Hour, addressing other children who had been evacuated from the cities. She stated: "We are trying to do all we can to help our gallant sailors, soldiers, and airmen, and we are trying, too, to bear our own share of the danger and sadness





Derivative: nagualdesign - defenceimagery.mod.uk

"I declare before you all that my whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong."

E QUEEN

Pledge from the then Princess Elizabeth made on her 21st birthday in 1947

of war. We know, every one of us, that in the end all will be well." By the time the war ended, she had become a Junior Commander at the ATS (Auxiliary Territorial Service) and was training to become a mechanic.

As a member of the ATS, she was also the first female of the Royal family to be an active-duty member of the British Armed Forces. On VE Day, 8th May 1945, dressed in that ATS uniform, Princess Elizabeth and her sister Princess Margaret mingled incognito with the celebrating crowds in the streets of London. In 1985, speaking to the BBC about that night, she said, "I think it was one of the most memorable nights of my life." Today, Queen Elizabeth is the last surviving head of state to have served during the Second World War.

Princess Elizabeth went on her first overseas tour in 1947, accompanying her parents through southern Africa. During the tour, in a broadcast to the British Commonwealth on her 21st birthday, she made the following pledge: "I declare before you all that my whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong." I certainly think she has lived up to this promise.

Two years after the end of WVII, and six years before she would become gueen. Princess Elizabeth was betrothed and married to her distant cousin — Lieutenant Philip

Mountbatten of the Royal Navy. They were married in 1947. He was formerly Prince Philip of Greece and Denmark and. iust before they were to be married. was titled Duke of Edinburgh, Earl of Merioneth and Baron Greenwich by Princess Elizabeth's



Elizabeth II and Prince Philip after the Coronation

father. In 1952 on the death of her father, she became Queen Elizabeth II, the official coronation taking place in 1953. At this point, she had already given birth to two of her four children - Prince Charles (b1948) and Princess Anne (b1950). Ten years later in 1960 Prince Andrew would be born, and Prince Edward in 1964. To date their four children have given the Queen eight grandchildren, and twelve great-grandchildren. Sadly, Prince Philip passed in April 2021, after some 74 years of marriage and just two months before what would have been his 100th birthday. As Queen's consort from her accession as queen on 6 February 1952 until his death in 2021, he is the longest-serving consort in history.

Queen Elizabeth II has lived through many changes in the world around her, especially in terms of technology. She saw the world go from radio and black and white televisions to smartphones and royal social media pages. But, all in all, she has been said to be guite a progressive and embracing monarch as the world changed around her. The Queen's 1957 Christmas Broadcast was an historic event as (on the 25th anniversary of the first Christmas radio broadcast by her grandfather) it was the first to be televised, . She was also early to email, sending off her first one in 1976, and then in 2012 she recorded her Christmas message in 3D. The best way to analyse her approach to change is her own words. "Change is a constant," said the monarch as she addressed Parliament during her Golden Jubilee in 2002, "managing it has become an expanding discipline. The way we embrace it defines our future."

God Bless You Ma'am. We thank you for your service.

The Coronation Day 1953

A poem by Marlene Elizabeth Anne Ash, then aged 15

A young girl of slender frame this Queen Elizabeth of our reign From her shoulders, slim and slight Hangs a dress of Royal White

Diamonds are in her ears Looking like faultess tears While on her head a golden crown Gleams as before the alter she kneels down

On her head King Edward's Crown On her body a sateen gown On her shoulders a long red train This young girl has now begun her reign

Philip as always by her side During her coronation ride People shout all the while And she rewards them with a smile

From the balcony she gives her speech All the people in England it will reach. All the people to the edge of the coast To the new Queen - A Toast - A Toast!

Local Jubilee Events

Thursday 2nd June - Platinum Jubilee Celebration at Manor Hall - Jubilee Room & Garden, 2-4.30pm, Cream teas, coffee, and a glass of prosecco, tickets £5 from -T: 07873 747513.

Saturday 4th June - Coalpit Heath Village Hall will be celebrating The Queens Platinum Jubilee with Singer & entertainer Frankie Johns. 7.30pm to late. Tickets £3 each refunded back on your first drink from the hall bar. Bring your own nibbles. Dress code: wear something red, white & blue.

May Half Term - Jolly Jubilee! At Winterbourne Library. Collect your Free children's craft bag - while stocks last. Book a place for a craft session in the library, Wednesday 1st June - 10.30-11.30am (limited places). Suitable for ages 4–10 years. Winterbourne Library, Flaxpits Ln, Winterbourne, Bristol BS36 1LA



Only Rain Down the Drain!

Did you know that surface drains at the sides of roads lead directly to your local watercourse and not, as many people believe, to the sewage treatment works? This means that anything poured down the surface drain such as litter, car oils or shampoo, weedkillers or mop bucket wastewater can harm river wildlife. Fish, invertebrates and other river life need our help! Bristol Avon Rivers Trust DO Not (BART) are taking action in our local area to educate everyone that only rain should be going down the drain.

Have you seen the Yellow Fish?

DOMN

DRAIN

BART have been running an exciting Yellow Fish Campaign to raise awareness and encourage local communities to help improve water quality in the Bristol Frome. They have held a series of Yellowfish events with local schools and community groups.

Joined by volunteers in Winterbourne, Frampton Cotterell and Bradley Stoke they have been spraying yellow fish stencils onto the side of storm

drains using non-toxic washable paint, and also putting up posters and handing out leaflets to local businesses to help educate people on the fact that storm drains at the side of the road link directly to the nearest river or stream.

Thank you to the Environment Agency for funding the events and support from South Gloucestershire Council, and local community groups Winterbourne Environmental Group, Frampton Cotterell Nature Group and Three Brooks Nature Conservation Group in Bradley Stoke.

For further information or to get involved please contact:

Rozy@bristolavonriverstrust.org



Fabulous posters designed by local primary schools. Above is a winning

entry from Frampton Cottrell CofE

How might we make Winterbourne a better place to live ... and fossil fuel free?

The war in Ukraine and cost of living crisis emphasises just how urgent it is for the UK to become energy independent with clean, green electricity. Working towards net zero carbon emissions will not only mean we have secure British energy but improved local community facilities will also mean a better way of life for ourselves and our children.

That's why Winterbourne and Frome Valley Environmental Group and St Michael's Eco Church brought together a Transition event in February. All people who live, work, or play in Winterbourne were invited to share their hopes and aspirations for the



community. We wanted to know what will improve our area for residents. their family and friends.



The event used a format from the Transition Towns Network, called Open Space, where people are invited to think big and imagine our future. Residents produced over 100 amazing ideas for zero carbon transport, energy, waste, and food systems, ranging from better bus services, more community food growing, and local parks and recreation for families.

We discussed the ideas further at a stall at Winterbourne Down Carnival in May, where residents could vote on their favourite plans. We will now prioritise the ideas for action, working in partnership with St Michael's Eco Church, and aiming for a fossil free Winterbourne!

www.winterbourne-environmental.uk



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Winterbourne Down Village Carnival 2022

The forecast was dry, the bunting and tables were out so it was full steam ahead for the 2022 Winterbourne Down Carnival. And what a remarkable one it was. Undoubtedly the largest turn out in the history of the Carnival.

As always, the Carnival kicked off with the procession lead by the Bristol Pipers and our May Day Royalty, starting in Bradley Avenue gaining more and more people along the route. By the time we reached the Methodist Church in Winterbourne Down we had gathered hundreds of visitors. We had a jam packed programme of events for everyone to enjoy.

You couldn't move on the Village Hall Green during the dance displays and the demand for a burger had queues reaching far up Rose Close! However, when the Lancaster Bomber graced us with three fly pasts, everyone froze and their eyes reached for the sky. It was emotional and hugely thrilling.

We've since had many messages from the community to express their thanks and appreciation that the Carnival is back. It's clear people have had a tough couple of years and as a committee we were determined to hold a Carnival this year and we were chuffed to be able to deliver!

Thoughts from our chairman, John Turner, "The Carnival was a great success with residents and visitors enjoying a full weekend of activities... as Chair of the Carnival Committee my thanks go to everybody who played a part in Carnival 2022"

With donations still coming in we're yet to announce our final total raised, but we're hopeful to make a generous payment to all four charities; Mind, Brace, SSAFA and The Trussell Trust.

As for 2023, we're already making plans and would welcome new committee members, please follow us on Facebook for more information.

Winterbourne Down Village Carnival Committee



The Simon and Garfunkel Story (50th Anniversary Tour)

Direct from a weeklong run in London's West End at the Vaudeville Theatre, a SOLD-OUT Worldwide tour and standing ovations at every performance, The Simon & Garfunkel Story is

"Authentic and Exciting" - The Vocals & harmonies of this fantastic live duo is amazing! "Fantastic" - Elaine Paige, BBC Radio 2.

This 50th Anniversary Celebration features the boys singing all the hits including 'Mrs Robinson', 'Cecilia', 'Bridge Over Troubled Water', 'Homeward Bound' and many more.

There is also projection photos and original film footage taking you back in time!

Last seen in Chepstow at Castell Roc Festival in 2016, requests to have them back have been non stop.

The Drill Hall is a superb intimate venue, with tickets restricted to just 200 so ... get your tickets fast as this is an evening not to be missed!

www.thesimonandgarfunkelstory.com Tickets available: www.castellroc.co.uk



News from Crossbow Singers



The title of this year's concert is, 'Love Changes **Everything'** and showcases a variety of pieces around the theme of love. With pieces from upbeat numbers from West Side Story to beautiful classics by composers such as John Rutter: we hope the show will entertain and inspire.

Tickets are being offered as a one-off special price of £5 per person. Numbers for each concert have been reduced to 60 allow for a degree of social distancing so make sure you buy your tickets early to avoid disappointment. The Crossbow Community association bar will be open for the event so please arrive early to be able to pre-order drinks

in readiness for the interval. There will be a retiring collection bucket in aid of local charities so please bring along a donation.

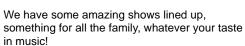
So if you would like to come along and enjoy an evening of music, please contact one of the ticket sellers to purchase you ticket: Mary - 01454 776755 or Rose - 01454 772675.

We are looking forward to welcoming you.



CagTell Roc

WELL FOLKS !!! After the last 2 years, it looks as if Castell Roc -Chepstow's Friendly Festival inside the absolutely stunning grounds of Chepstow Castle - is actually able to take place once again in August 2022!!



Since the latest government announcement, tickets have started flying out, so please don't be one of the people who leave it until the last minute and calls into the shop begging me to find them a ticket as if they are sold out no can do. Sorry !! So ... grab your tickets while you can !!

We have 13 amazing shows lined up for you:

THURSDAY 11th - 'Those Damn Crows', 'Mason Hill', 'Florence Black', 'Tribeless' and 'James and the Cold Gun' - five band star studded rock line

FRIDAY 12th - 'The Craig Charles Funk & Soul Show'- the legendary actor, host & DJ is back!

SATURDAY 13th - 'The Bohemians' & 'Fleetwood Bac' - 2 of the most authentic tributes on one night!

SUNDAY 14th - 'George Hinchcliffe's - Ukulele Orchestra of Great Britain' - who is to blame for the worldwide phenomena of ukulele orchestras and ukulelemania? THESE GUYS !!!

THURSDAY 18th - 'Tankus the Henge', 'Bare Jams' & '3 Daft Monkeys' - unforgettable song writing and spectacular live performances. You are in for a treat!!

FRIDAY 19th - Rock Legends - a tribute to 3 of the best, performed by - 'U2UK', 'Cloneplay' & 'Stereosonics'.

SATURDAY 20th - 'King King', the best Blues band in the world, with support from the amazing 'Cats In Space' & 'Rainbreakers',



"Fabulous scenic venue for an open air concert. Great stewarding, ample standing room with ample specified seating areas. Served quickly at bars"

SUNDAY 21st - 'The Barricade Boys' - these guys are amazing, having all starred in the West End show - Les Misérables and now on their way to Chepstow Castle as part of their world tour!

THURSDAY 25th -The incredible singer songwriter- Newton Faulkner!

FRIDAY 26th - Monsters Of Rock - featuring the incredible 'UK Guns n Roses' (who have now disbanded but are coming together for one last show) plus 'Whitesnake UK' and 'Hells Bells'. What a night this will be!!

SATURDAY 27th - An Amazing 'Twist up Night' featuring 'Si Cranstoun Band' - King of Swing meets 'The Navarones' legends of Ska. 'FABULOUS,- a night not to be missed'!!

SUNDAY 28th - 'Whitney Queen of the Night' the ultimate West End show !!

MONDAY 29th - 'The Shires' - the brilliant country duo return to Castell Roc once again!

And there you have it guys ...

CASTELL ROC 2022 !!!!!

Tickets available: www.castellroc.co.uk

**Just to confirm any tickets bought for shows in 2020 or 2021 are valid for 2022 dates.



Charity Ball raises a new record level of funds to help enhance the lives of physically disabled adults

Paul's Place finally hosted their 25th anniversary ball. The pandemic meant the charity had to wait two years before they could host this event. This long-awaited event was described as 'their best ball to date' and the amount raised reflected that.

Thanks to their guests, their sponsor and all the local businesses who supported their raffle and auction the charity raised over £11.000!

The evening not only raised such a high amount but their celebrity guests Lee Ridley, A.K.A Lost Voice Guy brought first-class comedy on the night. His performance had the room roaring with laughter. Lee is a very intelligent comedian, ensuring the audience is thoroughly entertained but also provides thought-provoking comedy about a Disabled life and the prejudices and inaccessibility disabled people face every day.

It wasn't just Lee who helped the room understand why it's vital to raise funds for a charity like Paul's Place, Great British Bake-Off Star, Briony May Williams also gave a thought-provoking speech on the night. Her speech about how the pandemic affected disabled people, reminded the room that

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what we have all experienced in the last few years is a fraction of what many disabled people would face if services like Paul's Place didn't exist. She users continued to get the support they needed throughout the lockdowns. Since then, what this charity has on offer for its service users continues to grow. For example, introducing a partnership with UWE Music Therapy Masters Course, where more about music therapy at www.paulsplace.org. uk/news/.

The £11,000 raised will continue to support the charity's services in 2022, but it was also a chance to recognise what Paul's Place had achieved in the last two years. From their telephone befriending service to their daily Zoom activities throughout the lockdowns, this charity remains a vital service for physically disabled adults.

As the guests danced the night away to the live band Goodnight Lois, the team raised a glass to celebrate their best ball yet. Here's to another year of helping physically disabled adults live life to the

praised the charity's ability to completely adapt their services in just 24 hours to ensure that their service students go to Paul's Place for placement. Find out



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If you missed out this year, Paul's Place Grand Ball will be back next vear for another unforgettable night! In the meantime, if you would like to help physically disabled adults live life to the full all year round you might want to consider becoming a regular donor.

It's amazing what a little support can do. £5 could buy art supplies so disabled people can express themselves

£10 could support a disabled person for an hour to help them see friends

£25 could help a disabled person boost their digital skills & be connected

£50 could help 5 disabled people do an hour of yoga to stay fit & healthy

£100 could help keep our minibus on the road to bring people together





To find out more and to sign up here is the link to our website www.paulsplace.org.uk/support-us

Facebook: @paulsplacecharity Instagram: @paulsplaceofficial www.paulsplace.org.uk



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Winterbourne library news

Staffed opening hours

10am-5pm - Tuesday, Wednesday and Friday, 9.30am-12.30pm Saturday. Open Access around these hours 7 days a week.

Welcome to everyone, whether browsing and borrowing from our shelves, using a computer or enioving bringing children to the library. As always. the most current opening hours and service information is on our webpage: www.southglos.gov. uk/librarychanges.

All children's activities places need to be booked due to limited spaces. For more details, visit the library or email: Winterbourne.library@southglos.gov.uk.

Regular activities

Rhymetime Wednesdays

9.30-10am - Have fun and learn new rhymes to share with your little one. Most suitable for 0-18 months - limited spaces.



Storytime Fridays

9.30-10am - Hear some stories, learn a rhyme, do a craft. Most suitable for 18 mths-4 years limited spaces. (Term time only from April 2022).

LEGO CLUB

Next sessions: Saturday 4th June, 10-11am, Royal theme. Saturday 2nd July



10-11am. All children must be accompanied by an adult www.southglos.gov.uk/childrenslibrary.



May Half Term -Jolly Jubilee!

Celebrating The Queen's Platinum **Jubilee**

Collect your Free children's craft bag - while stocks last. Book a place for our craft session in the library. Wednesday 1st June, 10.30-11.30am (limited places). Suitable for ages 4-10 years. See website for details or pop into the library.

Use the library when staff aren't there with Open Access -

Open Access is our system that lets you visit a library at a time that suits you. Library members



complete an induction session to register to use it and you can then let vourself in during Open Access hours

Find out more at www.southglos.gov.uk/openaccess

Find the latest information on our website www.southglos.gov.uk/librarychanges Facebook page - sgloslibraries

Twitter: southgloslibs

Butterflies

A friendly and welcoming group for babies and toddlers, parents and carers

Mondays 10-11.30am in school terms

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All welcome

£3 per family per session For more information contact Jessica 01454 228666 or Mary 01454 887870



Brownies in Winterbourne are back!

Now that we are able to meet up fully again there is a new unit for Brownies (for girls aged 7 to 10) open on Wednesdays for Winterbourne and Winterbourne Down.

Girlquiding offers girls a chance to learn new skills, try exciting activities, and make new friends. Whether your daughter was a Brownie pre-covid and would like to come back, or if she would like to join in the fun for the first time, please register on the Girlquiding website https://www.girlguiding.org.uk. You will be able to see where we are and which other local units - Guides too - have places. It's also where you can register your interest to volunteer as a grown-up - we are an experienced team and we make sure we have great fun too!

We look forward to seeing you!



News from St Michael's Primary School PTA

Reception and Year 1 children at St Michael's Primary School are enjoying the benefits of their new interactive whiteboards.

The boards were bought with money raised by the PTA with support from the school and the local community.



a difficult couple of vears without being able to hold events for the children

"We've had

we had to come up with unusual ways to support the school, such as joining Your School Lottery

and Amazon Smile, as well as setting up our own Clothing bank to give clothes a second home instead of going to landfill." Jess Bailes, PTA Vice Chair, who went on to say,

"It was such a joy to be able to hold the Christmas Fayre in December and finally let the children have

The next challenge is to raise enough money to renovate the library at St Michael's. This is a longterm project which will really benefit the children and aims to inspire a lifelong love of reading.

There will be a welcome return to the Summer Fete with a celebration of summer and fun on Friday 1st July 5.30-7.30pm. With a giant inflatable slide, many traditional games, BBQ and refreshments and some cheeky pirates to entertain, it will be a chance for everyone to enjoy themselves after the last few difficult years.

How the community get involved to support St Michael's?

Any donations of prizes for the Raffle would be welcome. St Michaels is set up as a charity on Amazon Smile (St Michael'S PTA) and Your School Lottery (www.vourschoollottery.co.uk/ play). Contact the school office or email PTA@ stmichaelswinterbourne.co.uk for further details.

St Michaels Stay & Play

Toddlers and their carers have been enjoying the new St Michaels Stay & Play at the school, with plenty of toys and craft activities. They celebrated the end of Easter term with an egg hunt, egg decorate and of course some chocolate. This is free and open to the community every Tuesday 9.30-11.00am term time.

FCRFC Under 12's sign off season with cup win and a trip to Premiership Final

Frampton Cotterell RFC under 12's, signed off their season with a Bath Landrover Cup win Hosted at North Dorset RFC in Gillingham.

FCRFC progressed from the group stages and saw off Bath Rugby, Chippenham and Chew Valley in the final to raise the cup. In return for winning the cup, the squad get to attend the Premiership Final in June at Twickenham. A great day out for the whole squad!

All of the Junior teams at FCRFC have had a brilliant season, seeing lots of new and old faces on the park.

The boots are now hung up until pre-season for the juniors!

If any children out there would like to get involved, we are always looking to welcome new players across all age groups (under 5's-under 16's. Boys and girls) please contact jakedarby@hotmail. co.uk or 07900700245.





Cotterell RFC

On Saturday 23 April over one hundred of Frampton Cotterell RFC attended the annual dinner and award evening at the Heineken Lounge at Ashton gate. The club enjoyed being back together after the last one took place three years ago .

Congratulations to all who won an award!

Player of the year - Harry Robert Blakes Most improved - Josh Sheppard

The Boot – Lewis Oakley

1st team Players Player - Lewis Oakley

2nd team Players Player - Adam Harris

3rd team Players Player - Toby Crowley

Derek Mayer Clubman Award - Martyn James

Founder Chairmans - Tim Mason

Terry Phillips Award - John Britton

Dave Attwood Award - Cameron Smith

Stephen Jones Memorial trophy - Charlie Hill

Doughboy - Louie Stiles

Plank - Samuel Purnell

Life Member awards - Helen Smith and Martin Hill

The 2022 season has now come to an end. The FCRFC first team finished with a flourish, winning there last 10 league games and finishing third in the Gloucester Premiership. Gloucester Rugby Football Union awarded them the 'Team of Month award' for March 2022, along with a case of Tribute beer – a great achievement.

Would you like to join the Fram team?

Fram are always looking to welcome new players across all age groups. Pre-season training starts again in July. Please get in touch if you would like to train and play. Club Coach, Nigel Smith: 07539175995. Club captains Mike Ashwin: 07971986014 and Mark Smith: 07721748226.







Race season is off to a flying start at **FCCE Engineering Club**

The race season is very much up and running for Frampton Cotterell C of E Primary School Engineering Club. Since last September the members of the club, all in Year 6, have been building a Greenpower Goblin electric racing car.

Greenpower Education Trust (www.greenpower. co.uk) is a UK-based charity which inspires young people around the world to excel in STEM (Science. Technology, Engineering and Maths) through a unique challenge: to design, build and race an electric car. Over the course of the year the team members develop skills not only in engineering but also finance, design, organisation and teamwork. The 'Goblin' electric car comes as a kit of parts which the pupils have to assemble: each team then chooses a name and theme for its car and designs and builds their own custom bodywork on that theme.

This season the Frampton car is called 'Abstract Automobile', and is covered with abstract artworks painted by the children in the style of famous artists including Pablo Picasso, Jackson Pollock and Piet Mondrian.

This year the team have a bespoke gazebo, printed with a club logo which the team designed. Steve Harrison, who runs the club, said, "It costs a lot to run this club and it's important that the team realises that, so at the start of the year every member wrote a letter to a local company or organisation asking for sponsorship. It's thanks to their efforts, and the generosity of the sponsors, that this year we had enough surplus to buy the gazebo, even after covering race entry fees, materials for the car, team kit etc."

The gazebo will be used in the paddock at Greenpower race meetings for years to come, as well as at fetes and other events to promote the school's commitment to STEM learning.

The team would like to thank the sponsors whose support has made it possible to run the club this year: CMC Partnership, Arke Ltd, Sirona Foundation, Royal Clarence Lodge, Oggadoon, Cleanroom Components, Wards Solicitors, Steve Tasker (YFSN) and A. F. Drew Structural Fabrications Ltd.

The team had a great time at their first full Greenpower event on Saturday 7 May, at Renishaw Miskin (near Cardiff). It was a packed day of races and the children organised themselves throughout - from registration through scrutineering and 13 races, with minimal adult involvement.

Steve Harrison is a retired engineer who has been volunteering at FCCE School, including running the Engineering Club, for four years, He shared, "I was very proud of how the team performed. They're now looking forward to doing it all again, a bit closer to home this time, at Renishaw New Mills (Wottonunder-Edge) at the end of May".



Frampton Cotterell & Coalpit Heath Village Diary

June 2022

Weds 1st - Coffee Morning, Salem church, Watleys End.10-11.30am. All welcome. www.salemchurch.

Weds 1st - Wellbeing Friends, WADCA 1.30-3.30pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. For info contact Edna T: 07789 662694.

Weds 1st - Golden Hours Social group for over 50s, The Miners, 2-4pm, £2. Varied activities. For more info contact Susan Bisp, T: 01454 775110.

Weds 1st - Coalpit Heath WI, St Saviours Church Hall, 7.45pm. Varied Talks. T: 07935 071291 | E: carolinemjohnston@hotmail.com or FB. Visitors always welcome!

Thurs 2nd - Platinum Jubilee Celebration, Manor Hall – Jubilee Room & Garden, 2–4.30pm. Cream teas, coffee, and a glass of prosecco, tickets £5 from T: 07873 747513.

Thurs 2nd - FC Guitar Club, Brockeridge Centre 6.45-8.15pm. E: nick.drewitt@yahoo.com.

Fri 3rd - Quiz, Crossbow, 8pm. £1.50 ppn.T: 01454 772947 | E: crossbowhouse@gmail.com.

Sat 4th - Queens Platinum Jubilee Celebration. Coalpit Heath Village Hall, 7.30pm.

Tues 7th - Community Craft Group, Manor Hall Red Brick Annexe, 2-4pm. £4 incl refreshments. BYO knitting/crochet/papercraft etc. Booking Kay, T: 07792 189276.

Tues 7th - Friendship & Circle Dance exercise class. Crossbow Hall 3-4 pm. £4. BYO drink. Socially distanced. To book contact Hilary, T: 07515 351813 | E: hilary.coach@icloud.com.

Weds 8th - Ladies' Circle, Zion, 7.30pm. Open to men and women. Varied speakers.

Thurs 9th - Tea & Tour, Winterbourne Medieval Barn, 2pm, www.winterbournebarn.org.uk.

Sat 11th - St Peter's Fair, British Legion, Rvecroft Road. Offers of help to 01454 778348 (leave a message) or email Carolie at cagreener2002@yahoo. co.uk.

Sun 12th - Medieval Fayre, Winterbourne Medieval Barn, 11am-4pm. Re-enactments from Company of Chivalry, hawks, stalls, food & drink. www. winterbournebarn.org.uk.

Mon 13th - Frampton Singalong, Crossbow House, 2-3pm. £5 incl tea/coffee, homemade cake and fresh fruit. Ring Jean to book a place, T: 01454 773726.

Mon 13th - Gardening and Social Club, Manor Hall 2-3.30pm, £2.50, All welcome, For Info contact Mrs G Hale, T: 01454 774279 | M: T: 07873 747513 | www. manorhall.org.

Mon 13th - Winterbourne Flower Club, WADCA, 2 4pm. Theme tbc. Bring your own container and plant materials. For info contact Celia T: 01454 776753 or text 07947 487155.

Tues 14th - Mothers Union afternoon group, St Saviours Hall, 2pm. Variety of speakers. T: Mary Head 01454 887870 | E: mary.head@blueyonder.co.uk.

Weds 15th - Golden Hours Social group for over 50s, The Miners, 2-4pm. £2. Varied activities. For more info contact Susan Bisp, T: 01454 775110.

Thurs 16th - Wellbeing Friends, WADCA 1.30-3.30pm. £3. For people with dementia and their carers. Varied activities, games, cuppa, chat. For info contact Edna T: 07789 662694.

Fri 17th - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. T: 01454 772947.

Sat 18th - Litter Walk. Friendly group aimed at families with children, meet 10am, Venue tbc. Info: Facebook: @framptonlitterwalks or www. villageaction.org.uk.

Sat 18th - Repair Surgery, All Saints Hall Winterbourne Down, 10.30am-12noon, Frome Valley Environmental Group will try to repair your electricals, jewellery, bikes, clothing, wooden items, etc. E: winterbourneenvironmental@gmail.com.

Thurs 23rd - Memory cafe, Greenfield Centre, 2-3.30pm. Chat, refreshments, socialising, advice, varied speakers. For info, E: David.stone@ alzheimers.org.uk.

Tues 28th - Mothers Union evening group, St Saviours Church, 7.30pm. T: 01454 887870.

Tues 28th - Frampton Cotterell WI, St Peters Hall 7.45pm. £3.50. Tales from the RAF, with Wing Commander Ryan Morris. See Facebook.com/ FramptonCottWI.

Weds 29th - Litter Busters, meet 10am at Gingerbread Man. More info on Village Action Facebook page or www.villageaction.org.uk | Email: framcottva@hotmail.co.uk.

Weds 29th - Golden Hours Social group for over 50s, The Miners, 2-4pm. £2. Varied activities. For more info contact Susan Bisp, T: 01454 775110.

See Village Action website for dates for the full year www.villageaction.org.uk

If you have dates to add to the Diary, please email: louisemharrison@gmail.com.



Minister's Message – the practice of being selfless

by Lay Minister, Joe Strange

I am sure we are all aware that this month. June. is a very exciting and momentous one for us as a country – I am referring of course to the Queen's Platinum Jubilee. During the build up to these celebrations I have been watching a number of programmes on the TV about her reign and cannot help be moved by the total dedication she has shown since the day of her coronation on the 2nd of June 1953. Looking at the photos of her on that day, I am struck by how young she was and yet since that day 70 years ago she has been totally, selflessly and utterly committed to the role which she believes wholeheartedly has been laid upon her by God.

Whatever our own personal views of the monarchy are. I am sure we all have huge respect for such selflessness. Maybe you, like me, are personally challenged to try to emulate such commitment in some small way in our own lives. Being selfless - putting others first - is not at all easy, at least I certainly do not find it so! Each evening I try to reflect on the day that has just past and so often I am ashamed to say I recognise that I have often slipped into selfish ways, putting my needs, my wants before those of others. So. I resolve to try harder the next day!

However, I know that as a Christian, like the Queen, I am not expected by God to do this in my own strenath.

On Sunday 5th June, we as the Christian church, will once again be celebrating the fantastic festival of Pentecost. The time when we are reminded that once Jesus had gone back to heaven, following his death and resurrection, because He loves each one of us so much, He left us all the gift of the Holy Spirit. That gift which, if we ask for it, daily equips us to live our lives selflessly, that gift which empowers us to take on things we never thought we were able to and most importantly of all, that gift which is a constant reminder to us, especially in the difficult and sometimes dark times in our lives, that we are not alone.

Our Lord and Saviour promised His first followers and that promise is to each of us as well, that he would always be with us, even to the end and the Holy Spirit living within us is a constant reminder of this. I see the Holy Spirit as a bit like a rechargeable battery. When we feel we are 'running low' we need to take time to ask our Lord to recharge us, refill us with His spirit to face the challenges of each day. When we do this, we, like the Queen, are equipped to do the work we feel called to day by day. And let's not forget, as Christians we can be assured that on those days when I, or any of us 'fall short or fall into selfishness again' Jesus, through the cross has promised us forgiveness.

So, as we celebrate this momentous occasion, as we give thanks for Her Majesty's service to this country, my prayer is that we too may endeavour to reflect more selfless lives day by day.

Happy partying!

Blessings.

Joe Strange

www.fromesidechurches.org.uk or Contact the Benefice Office on Tel: 01454 776518

Email: office@fromesidechurches.org.uk



The Parishes of Coalpit FromeSide Heath, Frampton Cotterell, Iron Acton, Winterbourne and Winterbourne Down www.fromesidechurches.org.uk

Coalpit Heath Village Hall will be celebrating The Queens Platinum Jubilee

Tickets £3 each refunded back on your first drink from the hall bar.

Dress code: wear something red, white & blue. (bring your own nibbles)

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