



May 2020
Lockdown Edition!

Telephone 01291 606 900

May 2020

Community Chepstow Matters

Hand delivered FREE to Chepstow & the surrounding villages

Thank you
NHS

and all Key Workers



**BUY YOUR
NEW
BOILER**

From your local
Which Trusted
Trader



Don't forget to ask us
about smart controls
for your new
boiler

Finance & flexible payment options available*

*On selected Worcester Bosch boilers. Terms & conditions apply.

Arrange your FREE
boiler survey today
0117 935 2400
www.gregorheating.co.uk

WORCESTER
Bosch Group
Accredited installer

Rated
4.8
out of 5
on Trustpilot

Which?
Trusted trader

safe
checked out

 **Gregor**
Heating, Electrical & Renewable Energy

To promote your business in 2020 call Jaci on 01291 606900

Take a photo of this poster to share with those who may need us!

Chepstow Covid-19 helping group

Find us on Facebook:
Chepstow Covid-19 Helping Group
www.chepstowcovid19.co.uk

This is a service run by volunteers in the Chepstow area. We're doing everything we can to help each other through the Covid-19 situation. If you need support please do not hesitate to get in touch with a local co-ordinator, who will be happy to help you.

Area Contact Numbers

Beachley	01291 892563
Bulwark	01291 892117
By Hospital	01291 892092
The Danes	01291 892454
Garden City	01291 892542
Itton/Howick	01291 892673
Langstone	01291 892793
Larkfield	01291 892141
Pwllmeyric	01291 892207
Mathern	01291 892249
Sedbury	01291 892257
St. Arvans	01291 892241
Tutshill	01291 892243
Town	01291 892883
Thornwell	01291 892924

We can help with



You can also raise a request via our website
www.chepstowcovid19.co.uk/help

www.facebook.com/groups/chepstowhelpers



Contact Us :

01291 606 900

sales@mattersmagazines.co.uk
community@mattersmagazines.co.uk

www.mattersmagazines.co.uk

Chepstow Matters
Editor: Jaci Crocombe
c/o Batwell Farm, Shirenewton NP16 6RX

Reg Office: Matters Magazines Ltd,
130 Aztec West, Almondsbury BS32 4UB
Co Regn No: 8490434



Follow us on Twitter
[@ChepstowMatters](https://twitter.com/ChepstowMatters)



Find us on facebook
[/ChepstowMatters](https://www.facebook.com/ChepstowMatters)

Chepstow Matters is independently published every month and delivered FREE to approximately 10,000 homes across NP16 5, 6 and 7 on a rotational basis so that every home receives one through their door once per quarter.

The views and opinions expressed are not necessarily those of the editor (unless it is a personal review of a service that we have participated in). We cannot vouch for every advertiser personally (although we endeavour to use as many of our advertisers' services ourselves as we can). Any feedback or experience is welcomed.

We would like to thank all the advertisers who support this publication and therefore make it possible. Please return their support by utilising their services when and where you can. It is the advertiser's responsibility to ensure conformity with the Trade Descriptions Act 1975, Business Advertisements Disclosure Order 1977, Sex Discrimination Act 1975 and the Consumer Credit Act 1974. We cannot be held responsible for misrepresentations in the adverts included. All artwork created by us must not be published in any other media without our permission. © Matters Magazines Ltd 2005-2020

Dear Readers...



First of all I hope you are all keeping safe and well. These are very strange and worrying times and our thoughts and wishes go out to everyone who has been affected or lost a loved one in the recent weeks.

As we are adhering to the Government's request to Stay Home, we have been doing just that. This edition has been collated from the comfort of home and will only be appearing on line. Thank you to all our contributors.

I have to say that in the midst of these crazy times, there is so much positive news to share.

Community really does Matter and there are some fantastic people in our midst who have been doing some fabulous things over the past few weeks in order to help others. If you need help in these times the wonderful Chepstow Covid-19 group mentioned last month are doing an amazing job - their contact details are opposite and you can read more about them on pages 6-7.

We have plenty of good news stories within but don't miss Chepstow School's fundraiser on pages 5, 12-13. 'Voices for Visors'. Thank you for all the NHS posters and drawings sent through to us, we have included as many as we can throughout the magazine.

A huge thank you to all our Key Workers - to our NHS staff, to our Council Workers and Refuse Collectors, to our Pharmacists and Shop Workers, Farmers and Bakers. You are all appreciated and we are thankful that you are carrying on to help us all in these times of crisis.

Enjoy our positive articles & keep safe.

Jaci x

Deadline for the June edition is 15th May.

Don't forget you can keep up with each monthly edition of your favourite local community magazine via

www.mattersmagazines.co.uk/chepstow

THE AERIAL MAN

TV Aerial and Satellite Specialist

Affordable Prices - Reliable Service

- Digital Aerials
- Fully Guaranteed
- Repairs
- Sky Work
- Free Quotes
- OAP Discounts
- Poor Reception Problems
- Additional TV Points
- Humax Recorders

01291 618 013
07818 413 451
www.theaerialman.co.uk

Which?
 Trusted trader

Perfect Dog Grooming

Perfect Doggy Daycare & Grooming Centre

Perfect pet services for pets and their owners

01633 400993

Collection & Return service available.

www.perfectpetservices.com

A48 Penhow, rear of Rock & Fountain Inn



With the current coronavirus epidemic, so many organisations have been struggling to source adequate supplies of face masks and sanitiser.

A.B. Inbev UK Ltd., known locally as Magor Brewery, were quick to come to the rescue and have donated many litres of sanitiser from their Magor plant recently to local companies.

Just one these organisations was local independent funeral directors Ian Watts & Son.

Director at Ian Watts & Son, Jo Hume said, 'We always keep large supplies of disinfectants, sanitiser and PPE such as masks and gloves for example, but with the current situation we were concerned about running short, particularly of masks. We are awaiting delivery from various suppliers but we were so grateful when Magor Brewery came forward to offer their support.'

Jo added, 'we have been able to share the items with the local Crematorium and others and we are all so grateful to the Brewery Management and staff for their kindness. In addition to giving our grateful thanks to the Brewery,' Jo said, 'we want to thank local business owner Steve Johns of A & S Bricklayers who is volunteering his time to assist us in various ways during this very busy sad period.'

'Steve has recently renovated our funeral home premises in Caldicot and made us a second Chapel of Rest with a large off-road car parking area and is now unable to carry out much building work due to the current situation,' Jo concluded.

Pictured above are:- Jason Angel and Craig Evans from the Brewery with Steve Johns in the centre.



Working Together in a Crisis

The DT Department at Chepstow School has also been busy providing essential equipment to Key Workers during the Covid-19 Lockdown period.

First prototypes of the visors were created by the school's DT department for St David's Hospice Care and the Aneurin Bevan Health Board before going into production on the visors on 22nd April. Thank you Mrs Davies, Mrs Heath and Mr Smith Well done team !

Chepstow is running a fundraising initiative Voices for Visors - see article on pages 12-13 <https://www.gofundme.com/f/voices-for-visors>

Other members of the DT department have been busy making over 100 scrubs bags for the NHS.

The Science department also donated 250 goggles, 5 boxes of latex gloves, and 850 aprons to the Royal Gwent Hospital on 10th April, all of which were very much appreciated.

Ian Watts & Son Ltd

Independent Funeral Directors
Est 1968

- 24 Hour Personalised Service
- Free home visits • No unnecessary costs
- Free friendly advice and assistance with a wide range of funeral grants • Helping Families in all areas • Male & Female Funeral Directors
- Huge range of memorials • Funeral Plans



01291 420972 • 07947 847277

07977 092935

joannehume@icloud.com
www.ianwattsandson.com



SHOP, TUITION, REHEARSAL ROOM
with IN-HOUSE PA & DRUMS
ALL UNDER ONE ROOF!!



An Aladdin's cave for music lovers!

Moor Steet, Chepstow NP16 4DE
01291 627122 www.hannahsmusic.co.uk

Bargain Booze

ALWAYS HERE FOR YOU.

COMMITTED TO OUR COMMUNITY.

Opening Times:
Monday - Saturday: 9am - 8pm
Sunday: 12pm - 6pm
Opening times subject to change.

Unit 2A Bridge Court
55 Bulwark Road, Bulwark
Chepstow NP16 5JW

Tel: 01291 623199

drinkaware.co.uk
for the facts

Community Matters: and this Community Rocks!

Chepstow Covid-19 Helping Group

Chepstow Covid-19 Helping Group was initiated by single mum Helen Child Villiers (photo right) in mid-March, as the pandemic started to affect us here in the UK.

The local community's response to the group has been phenomenal and, as we write, the group has grown to over 3000 members, has taken over 1400 calls and carried out over 1000 tasks for residents across Chepstow and the surrounding villages. It was fantastic to hear from Helen, who shared with us the following update on all the fantastic efforts being given by so many across our amazing community.

Helen: When I started the group, I had no idea that it would blow up like this at all. I thought it would be a few people taking Shepherd's Pies round to those who couldn't get out, maybe a bit of shopping here and there. Never could I have imagined it would be so big and I'm sorry for underestimating Chepstow!

It quickly became clear that I would need to protect the vulnerable people in our community, and those who are volunteering for us. So I started creating the volunteer registration form, and writing the procedures and policies.

I split the town into 15 teams, and then Transition Chepstow used Chepstow Town Council funds to purchase and set up the phone numbers so we weren't disclosing personal numbers and, more importantly, more than one person could bear the load of call processing.

Transition Chepstow also secured funds from Chepstow Town Council to buy some of the branded High Visibility Jackets, and then Lucy Allen ordered 100 more when they ran out.

Lucy has been beyond amazing

in terms of continuous support - both funds and paperwork. I can't thank her enough.

The support from MCC has been absolutely amazing. Not just in a practical sense but they've checked on my wellbeing too, and have helped with safeguarding issues that have arisen, even two on a Sunday.

Chepstow Round Table donated £200 so we could buy enough card reader machines to take payments from those who had run out of cash or couldn't do online banking.



"The community has responded to the call to action with aplomb. To say I am moved by the response of those volunteering is the greatest of understatements."

Helen Child Villiers

From Warren:

"My first call involved an old couple breaking down in tears on the phone, they had been desperately trying to get urgent medication and had no family or friends here. As soon as I mentioned that we would help they both burst out in tears."

"That alone showed how important this service is to those who are often forgotten about."

Chepstow Gold Touch gave us £125 towards food for those in need who were struggling.

Tidenham Parish Council gave us £250 towards food, card machines and the cost of running the card machines.

Mark at Distinct Graphics built us a beautiful website for free and is also hosting it for us. Check it out - <http://chepstowcovid19.co.uk>

Dave Quarrell built us the system that we use to manage the tasks, and negotiated use of the software for free for us for 6 months.

The community as a whole has continued to donate money to help

fund food shops for those who might not qualify for regular service support due to the impact of Covid19 on employment.

I get messages of thanks every day. I'm so grateful for them, but it's so important to remember that none of this would happen if it wasn't for the Admin Team, Area Coordinators, and Team Members. Each of them brings a unique skill set with them. The ID cards were designed by a volunteer, and have been printed between him and Jenni and Keith Brews of Affinity Events.

The gorgeous leaflets (see page 2) that have just been delivered to households were created, printed and delivered to the teams by Warren Bluck.

The community has responded to the call to action with aplomb. To say I am moved by the response of those volunteering is the greatest of understatements.

But most importantly, the knowledge of the security, reassurance and safety we are

providing our local community with is beyond meaningful. Every single volunteer is changing the quality of life for those they are helping. I think the quote highlighted opposite from Warren sums up exactly how big an impact we are having.

Everyone is helping us help Chepstow, whether that's helping the chemists with our delivery service, getting shopping for someone who's self isolating, someone who's lonely, or even someone who lives far away and wants us to help their elderly parent. Chepstow people really are pulling together when the chips are down and it's been a real privilege to facilitate and orchestrate that, I don't think I'll ever forget this, even if it has been a bit of a blur!

Thank you so much to everyone who has helped, donated and volunteered.

Thank you Helen for everything you have done to orchestrate all of the above - you are a real Community Champion.

Covid-19 Are you feeling overwhelmed, anxious, worried, are your emotions up and down?

Mind Monmouthshire are here to support you and your wellbeing.

We offer a confidential and friendly service.

- Information, Advice or someone to talk to about you feel?
- Benefits Advice; including help to make new claims
- Tenancy and Housing Support
- Farmers Support

Contact us: Monday - Friday 9.00am - 4.30pm

- Phone: 01873 858275
- Text: 07950 889415
- Email: iaa@mindmonmouthshire.org.uk



Monmouthshire
Sir Fynwy





that Slimming World feeling!

Mondays
5.30pm & 7.30pm
Chepstow Methodist Church Hall
David 07912 054286

Tuesdays
5.30pm
Burnt Barn Social Club, Bulwalk
Carol 07988 598447

Wednesdays
9.30pm
Chepstow Palmer Centre, High Street
Lisa 07490 706047

5.30pm & 7.30pm
St Arvans Memorial Hall (Just past the Piercefield)
David 07912 054286

Thursdays
5.30pm & 7.30pm
Tidenham War Memorial, Tutshill, Chepstow
Amanda 07557 132121

slimmingworld.co.uk
0344 897 8000

DEREK'S GYM & FITNESS CENTRE
The Old Fire Station • Lower Church Street • Chepstow • NP16 5HJ
01291 624 222

Bodybuilding & Fitness Specialists offering:

- General fitness & toning
- Ladies Figure Training
- Power Lifting • Body Building
- Training for the over 60s

Opening Times:
10am-1pm Mon, Wed, Fri & Sun
5-9pm Mon - Thur, 5-8pm Fri

Membership Options:
£3.50 per session, or £2.50 per session to members (£15 annual fee), Unlimited membership - £45 for 3months or £80 for 6months

OVER 50 YEARS IN CHEPSTOW!



Wednesday mornings Gentle Yoga
10.00 -11.30 am
'A simpler practice with all the benefits'

Friday mornings Soma Yoga
9.30 -11.00 am
'The perfect antidote to a working week'

www.yogawithalirose.co.uk
ali@yogawithalirose.co.uk
Tel 0788 367 8629



Chepstow Round Table Celebrates Unsung Heroes

We were very pleased to hear from Chepstow Round Table who have been conducting a weekly campaign of rewarding the "unsung heroes" of the Lockdown. This is such a fabulous idea and is so appreciated by the recipients. Some of those recognised as we went to print have been:

10th April: Today we start our campaign of saying thank you to the unsung heroes of the Covid 19 Lockdown. First we say a big "Thank You" to the refuse collectors of Chepstow & Caldicot with a little gift. They have carried on their essential duties during this testing time. Thank you Binmen!



16th April: Today we celebrated some more unsung heroes of the Covid 19 crisis: The Post Men & Women of Chepstow. Throughout these difficult times they are delivering our much needed parcels and post. Thank you posties!



17th April: Today we delivered some treats to the front line of the fight against COVID-19 for our NHS Heroes at the Royal Gwent after we saw an appeal on social media.

These treats were very kindly donated by The Woodlands Tavern in Llanvair Discoed and Mrs Gemma Allen from Magor. Thank you.



17th April: Bradbury Milk was recognised as a local hero by being voted for by the local community to receive a card and gift from the Round Table for continuing to supply the community with milk during the current times. "Thank you to Chepstow & District Round Table and the nominations for the card and gift as being recognised as a local hero by still supplying milk deliveries to the local community during these difficult times. Thank you all x"



18th April: Really pleased to have donated these six contactless machines to the Chepstow Covid19 Helping Group for the duration of lockdown, allowing them to support people our community with essential shopping and picking up prescriptions. So far they have had over 1000 requests. Let's not forget that in times like these community is important and we are seeing some truly amazing examples of our community coming together. Let's Keep it up!!






Still Open On-Line !!
Visit www.toytastik.co.uk to check out our range of fantastic Toys & Clothing

16b Moor Street
Find us on Facebook/Toytastik.uk
We're very sociable!
01291 627200



Handmade Jewellery, Knitwear and Accessories



Still Working at Home -
Check out our Website
www.silkroadbazaarshop.com
or give us a call if we can help with something special

Jewellery Repairs and Reinventions
Open Tues-Sat 10am-4.30pm
8 St Mary's Arcade, Nelson Street
T: 01291 638844 / 075000 58344

GEMMA ROSSER
Dental Hygienist & Therapist Dip DT/DH



A brand new dental spa in the heart of Chepstow town centre

01291 628071
6 St Mary's Arcade, Chepstow NP16 5EU



Pranic Healing Tibetan Head Massage
Massage Reflexology

Call: 01454 626439 / 07872 440787
www.justyoutholistics.co.uk

Check out our facebook page for Hair Tips during the Lockdown!

Pierrette's Hair Salon
welcoming, relaxing, tranquil
From classic hair cuts, including perms, colouring and highlights, to the latest styling trends
Appointments not always necessary
01291 625544
St Mary's Arcade, Chepstow




Local DT teacher at Wydean instigates production of 1000s of protective facemasks for local healthcare and other essential workers

We were really pleased to hear from Ben Gibson, Design & Technology Teacher at Wydean School whose initiative to use the school's resources to help with the acute need for protective facemasks has been a fantastic help to the local community:

"We started this venture a few days after lockdown started. The news that PPE was in short supply was soon picked up on by DT teachers across the country.

"We downloaded a 3D file and started printing headbands straight away. It was lucky that I had some appropriate visor material left over from an A-Level project, so within 24 hours, we had our first batch of face guards complete and sent to a local GP surgery.

"As a department, we have been very fortunate this year to receive funding for an expanding array of 3D printing facilities from NCSC (National Cyber Security Centre). We are currently running 11 machines.

"When I shared the project on social media, local residents soon volunteered their services. Neil Taylor from Sedbury had 3 printers at home and soon started printing face guards at impressive speed. Neil's IT skills have been helpful in modifying 3D models and improving the efficiency of the project. Neil has worked night and day since the beginning of the project and I am very grateful for his assistance. Ian Hickman from Sedbury has also been lending his services, putting his impressive 3D printing facility to work and delivery a huge number of products. Cara Gardner also has been a big help providing 3D printing from home.

"As the project expanded, I was unable to run all the printers in my home office. Kate Wacey, from Llangwm got in touch and offered the services of her family. Tom and Owen are both D&T option students at school. They were put to work (with sister Pip), and their home is currently an autonomous production unit running 3 of our Ultimaker printers, assembling and shipping up to 75 face guards per day.

"Between the whole team, we are producing an average of 150 face guards per day. To date we have delivered around 1800 to over 50 different organisations.

"We have orders for another 600 (as at 21st April) and growing!"



From Twitter:

"My husband & 20+ patient transport colleagues now have #PPE - #3Dprinted face shields thanks to @WydeanDT ... proving the power of good people, #socialmedia (where we spotted the work), & tech"

You can follow progress on this via twitter @WydeanDT

Chepstow School presents:
The Endless Summer Festival 2020 and Chepstow's Got Talent



#voicesforvisors
 #chepstowsgottalent



Chepstow School has enjoyed a close relationship with St David's Hospice Care for many years and it is a cause close to our hearts. When CEO, Emma Saysell, whose boys attended our school, contacted us to request supplies of visors and anything else we could do to help them fundraise, we were called to action. St David's Hospice Care need our help now, more than ever.

"St David's Hospice Care relies on income generated by its shops and fundraising to provide its vital hospice care. The NHS contributes 30 per cent of the clinical costs to St David's Hospice Care, the hospice has to raise the rest through its shops and fundraising to pay nursing salaries. With the shops shut and all fundraising events postponed, the hospice faces major cash flow issues. Demand on hospice clinical services is dramatically increasing as COVID-19 hits its peak and the hospice wants to ensure it can meet this, working alongside its NHS colleagues."

"Visors are a key piece of PPE equipment to ensure the safety of our staff and patients during the COVID-19 crisis. As a hospice we are committed to providing end of life care to patients in their own homes, but to do this safely, we need the protection this equipment provides." CEO, Emma Saysell

This is where Chepstow School and YOU, our fantastic community can help!

Supporting our local heroes, St David's Hospice Care and the Aneurin Bevan Health Board in the fight against the COVID-19 pandemic.



<https://www.gofundme.com/f/voices-for-visors>

Chepstow's Got Talent

We also want to get YOU involved! Do you have a musical or other talent you would like to share with the Chepstow Community? If so, we would love you to enter our "Chepstow's Got Talent" competition. To enter, simply:

1. Post a video of your performance on Twitter, tagging @chepstowschool and adding the hashtag #chepstowsgottalent.
2. Donate £5 to our GoFundMe page, and add the link to your entry in the notes.

The deadline for entry is Friday 8th May 2020, 5pm and then the Chepstow Community will have the opportunity to vote for their favourite entry! A talent competition like no other, featuring the talents of our community and voted for by our community. The victor will have the opportunity to close The Endless Summer Festival with their winning performance.

The Endless Summer Festival 2020

On the evening of Friday 22nd May 2020, Chepstow School will host a virtual festival featuring our talented students, staff and governors for your viewing and listening pleasure. All we ask is a small donation to dial into this event and support this vital cause.

Where will your donations go?

Any support through your voluntary donations will be very gratefully received. All funds raised will directly assist:

- The local NHS, Aneurin Bevan Health Board by paying for specialist materials to create PPE Safety Visors in our DT department, in addition to the stock of safety goggles, gloves and aprons we have already donated.
- St David's Hospice Care (Charity number: 1010576) by paying for specialist materials to create PPE Safety Visors in our DT department. Any additional funds raised will be donated directly to this worthy cause, to provide the very best in end of life care.



Currently offering Members area online
- check out our facebook page and website
www.Elderfit.co.uk

ELDER FIT

STRENGTH. BALANCE. WELLBEING.

Friday mornings 11:30-12:15
The Palmer Centre, Chepstow

£4 per session, first session FREE, Ages 40-90+

07540 806 437

info@elderfit.co.uk www.Elderfit.co.uk

Chepstow Cat Sitting

The care your pet deserves

Our service is flexible and tailored to suit your cats needs, we are a husband and wife team who have 20+ years experience of looking after cats.



Available 365 days a year
Catteries can be stressful for your cat,
our services allows them to relax and
remain at home

Fully Insured
See our Facebook page for
recommendations 5 star service
Can administer medication if required
React at short notice
Single or twice daily visits

Member: International Society of
Animal Professionals
Diploma's: Feline Behaviour &
Psychology, Cat care, behaviour & Welfare
Cat Behaviour problems resolved
Veterinary visits undertaken for you
(transport & return from vets)
Husband and wife team with 20+ years'
experience of cat care
Area covered: Chepstow and
10 mile radius, includes Magor



Please visit our website and contact us
for more details: **07713 175481**

www.chepstowcatsitting.com



Follow us on
Instagram

Joy at Qualification for British Champs swiftly Quashed

Literally just prior to the lockdown, Kestrel gymnasts set off to Haverfordwest for the Welsh NDP Tumbling Championships, to compete three set Tumbles and a Range and Conditioning routine, where only the top two qualifying gymnasts in each group would represent Wales at the British Regionals in Birmingham in June.

Five gymnasts were absolutely overjoyed at qualifying, but now totally disappointed when the British Championships were cancelled due to Coronavirus.

It was the first time 8 year olds Brereton Trim and Robin Kedward (top right) were old enough to compete for the in the 9/10yrs NDP Level 1 age group. They did superbly with Brereton winning Gold with a total score of 80.1, and Range and Conditioning score of 85.0, and Robin winning Silver with a score of 79.1, Range and Conditioning score of 83.0.

Meanwhile 13 year old James Davies (middle) was the Level 2 champion with a total score of 79.1, R&C 78.0.

Maisie Edwards (right of photo right) won Silver in the 13/14 yrs section was against strong competition but performed great tumblers and scored 80.2 with 86.0 in R & C.

Jessica Ham (left of photo right) won Bronze, just missed on qualifying, with a total score of 79.2, R&C 91.0.

Kestrel Gymnastics is not operating at the moment, but hopefully with hard work when we return, the gymnasts can achieve the same high competition standards for next year.



UPDATE FROM OUR GARDEN CENTRE

The team in the Garden Centre would like to thank all our customers for their support.

None of us expected 2020 to go down this path, we are grateful you continue to shop with us.

We are open for phone orders, website orders, home deliveries and click and collect.

Our Farm Shop is open and well stocked.

Please visit our website to find out more.

We wish all our customers to stay safe and well.

We pride ourselves on being your friendly, independent and local Garden Centre.

CHEPSTOW
Garden Centre

📍 Pwllmeyric, Chepstow, NP16 6LF

📞 01291 626035

🌐 www.chepstowgardencentre.co.uk



Kestrel Gymnastics Club

Artistic Gymnastics and
Trampoline Classes for Girls & Boys

PeeWees (Pre-school 2-3 years): A structured class where children together with parent/carer, supervised by a qualified coach work towards British Gymnastics Awards. Mondays 13:00-13:45 & Fridays 09:30-10:15

Tweeties (Age 3 1/2 - 4 years): A class led by a qualified coach working on various apparatus. Mondays 13:45-14:30 & Fridays 13:00-13:45

Recreational Classes (Age 4 years +) Mondays 16:15-17:15, Wednesdays 16:15-17:15 & 17:30-18:30, Thursdays 16:15-17:15, Friday 16:15-17:15, Saturday 10:30-11:30

Trampoline Fridays 16:15-17:15 and Saturdays 10:00-11:30

Competitive Squad Gymnasts - Selected Gymnasts with potential to compete at regional and national levels.

Parkour: Wednesdays 20:00 - 21:00 pm



Open Gymnastics
Fun Session

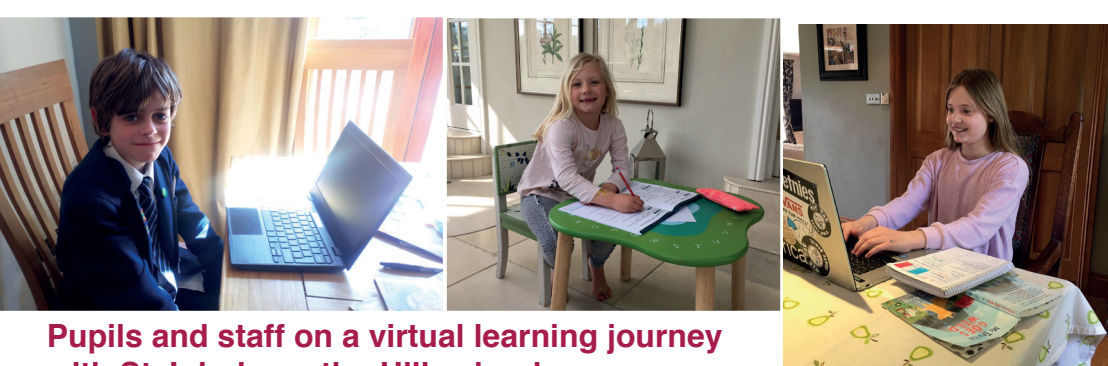
Saturdays
9.00am-10.00am

For children aged
4yrs onwards -
£4.00 per session
payable on entrance

01291 620780

Please email us at: kestrelgymclub@live.co.uk

Kestrel Gymnastics Club, Bulwark Industrial Estate, Bulwark Road, Chepstow, NP16 5QZ



Pupils and staff on a virtual learning journey with St John's on-the-Hill school

Utilising the technology of Google classroom, pupils are able to access a full timetable from home after the nationwide school closure programme due to the Covid-19 crisis.

Teachers are on hand to respond to any questions the children have throughout the day. So far they have been blown away by how quickly their pupils have bought into the whole concept and, showing true resilience, simply adapted to learning from home.

Following a morning of core subjects, children then follow a 'what next?' programme in the afternoon, including exercise and reading. On Monday they even attended a virtual West End performance of 'Wind in the Willows'. www.willowsmusical.com

Director of Studies Rachael Shakeshaft said: "Seeing all the pupils appear in our virtual classes, being able to chat to them and help them with their learning is so important to us. Teachers have shown such dedication getting this up and running so quickly. We are so proud of our pupils adapting to working this way."

Come and see why St John's is rated 'Excellent' in all categories



ISI Inspection Report 2019

- 'Pupils are highly motivated and embrace new challenges and opportunities.'
- 'Pupils are highly articulate, eloquent and confident communicators orally and in writing.'
- 'The wide and well-planned curriculum supports the achievement of all learners.'



Tutshill, Chepstow NP16 7LE. Tel: 01291 622045
www.stjohnsonthehill.co.uk
 email: admissions@stjohnsonthehill.co.uk

A co-educational day and boarding school welcoming children from 3 months to 13 years

Community Matters : Happy to Help!!

Dear Matters: Good morning. My son who is 8 years old receives the National Geographic Kids Magazine each month and loves to read the articles and engage in the activities. This month he was learning about lesser known endangered animals and readers were encouraged to find out more about the animal and write an article in their local magazine to educate people about the animal and the issues surrounding its endangered status.

Please find his article attached which he researched, wrote and published himself. He would love to have it published in your magazine as an example of some meaningful writing completed while learning from home during the lockdown. There is even a corona virus link...! Heidi Hall

Saving an un-known endangered animal

When people think of endangered animals, they probably think of the white rhino, pandas or leatherback turtles, but unfortunately, there is an animal in danger that people simply do not know exists. Have you ever heard of a pangolin? I doubt it.

It's time to find out more about these curious creatures.



The name Pangolin comes from the Malay word 'pengguling' which means roller, because they curl into a ball if distressed or under attack. Pangolins are often mistaken for reptiles but they are actually scaly mammals, which eat

termites and ants. They are fully armoured with scales from head to tail and their large scales, which make up 20% of their body weight, are made of keratin (like rhino horns) making them desirable in the illegal trade. In 1 year alone, over 1 million pangolins were poached and trafficked to China, where the meat is considered a delicacy and their scales are traded to be used in traditional medicine.

There are 8 species of pangolin, 4 in Africa and 4 in Asia. All are endangered or critically endangered. A pangolin only weighs 4-7lbs. It is nocturnal and eats 70 million ants per year using a tongue that is longer than its entire body.

Unfortunately, Pangolins are known to carry a strain of the coronavirus. It is not the exact one currently proving so deadly to humans, but by ensuring there is a complete ban on poaching and trafficking them, the threat of it spreading to humans is less likely.

What can be done to save these creatures?

Even though there are laws in place to protect the trafficking of pangolins, they are still in demand and in decline. They are heading for extinction if something is not done to save them. People can buy a cuddly pangolin or donate money directly to WWF to raise funds to support this cause.

By William Hall aged 8.

Well done William - what an interesting and informative article! Thank you so much for sharing it with us. I enjoyed learning about pangolins! Chepstow Matters.



A pangolin in defensive position



Scales being sold illegally

Pembroke Primary

On Friday 20th March along with the majority of other schools and businesses in the UK, we closed our doors to our wonderful Pembroke family, without even a hug to say farewell for now. This definitely was an emotional finish on a Friday afternoon. However, with thanks to the wonderful powers of technology we have remained a close community and although we are very grateful for these social media platforms to allow us to communicate and check in with our families we long for the day we can all be together again.

At such a challenging time the team efforts from all at Pembroke Primary, including staff, governors, pupils and families have been inspirational and everyone has risen to the new challenge of virtual classrooms. This is definitely not what any member of staff or child and I'm sure parent thought would happen in 2020, the virtual staffroom is also full of chat with staff keeping each other's spirits up and sharing resources... just like our real staffroom. This is certainly a new way of working for all and curriculum activities for children to complete at home are being provided by our hardworking team. However, we recognise that at this challenging time this can be another added pressure on families and our advice to all the community is to focus on what matters to you and your family right now!

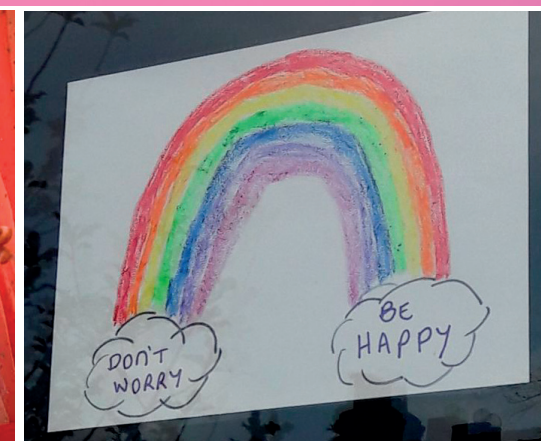
We urge families to take this opportunity to spend quality time together, many are so used to leading such busy lives this is not something that we have the chance to do very often and reducing any anxiety the children may be experiencing is absolute priority. Remember that good health and wellbeing are key to successful learning for everyone!

There are many ways to support your children with their understanding of the world around us, keeping healthy and active and remaining calm during this time of change and uncertainty is essential and for those that are completing the Joe Wicks daily workouts, we are certain that when all this has ended you will be fitter than ever! Please take a look at our website for home learning ideas and other resources to support children at this time.

To all our community - stay safe and we look forward to our school life continuing as we know and love.

#stayhomesavelives

www.pembrokeprimaryschool.co.uk
@pembrokeprimary



Pictures this page and opposite sent in to Chepstow Matters - not associated with Pembroke Primary

New Principal at Wyedean School and Sixth Form Centre

Wyedean School is pleased to announce the appointment of Mrs Gwennan Jeremiah as the School's new Principal. This will be effective from 1st May 2020.

The School's Board of Governors stated –

"We are delighted to secure Mrs Jeremiah's services as substantive Principal. Over the last year, Gwennan has done an excellent job as Interim Principal, more recently in very challenging circumstances. She is a passionate educator, with an eye for a fantastic curriculum and will ensure Wyedean continues to be an excellent local choice for secondary education. Gwennan will enjoy the full support of all staff and parents and will lead Wyedean through the current national situation with confidence and skill. We will continue to provide the best education we can to our students and strong and proven leadership is key to this."

Mrs Jeremiah is the first female Principal in Wyedean's 47-year history and commented:

"I am honoured and delighted to be appointed as the Principal of Wyedean School and Sixth Form Centre. To lead a high-performing school, which prioritises excellent teaching and learning, extra-curricular opportunities and well-being is a privilege. We have a wonderful school, grounded in its community and I look forward to working with everyone to continue our tradition of academic excellence and care for all."

For further information and enquiries, please email Mrs Melanie Dex-Davies, Executive Officer melaniedex@wyedean.gloucs.sch.uk.



Wyedean

School and Sixth Form Centre

*Aspire together, achieve together
adfecere pariter, perfecere pariter*



Local boy makes good!

A Bertrand Russell commemoration, fifty years after his death

by Tintern Philosophy Circle
www.tintern-philosophy.org

Russell (Bertie to his family and friends) was born in Trellech in 1872 to a famous liberal reformist family, and his last home was in Penrhynedeudraeth, nr Portmeirion, where he died in 1970.

He wrote over 70 books in his life and was famous for his contributions to mathematics, logic and theory of knowledge, for his public support for the anti-war and suffragette movements early in the 20th century, for his unpopular liberal views on morality in general and sex and marriage in particular, and for his leadership of the anti-nuclear movement and anti-Korean war campaign. He was not a pacifist, however, and supported the allied involvement in the Second World War as he believed that, if victorious, Nazism would destroy freedom and democracy. He was twice imprisoned for his political views.

A good introduction to the man, his life and his beliefs can be found on the Philosophy Circle page (www.tinternvillage.co.uk/village_groups/philosophy/) of the Tintern village website. There will be posted a series of interesting video interviews with Bertrand Russell. The first, from 1952 when Russell was approaching his eightieth birthday, is there now and further videos will be posted to the page on an approximately weekly basis.

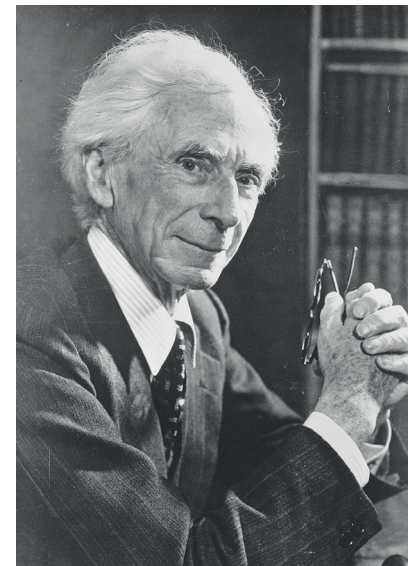
The following extract from the Postscript to his 1969 autobiography gives an eloquent summary of the man and his ideals.

"The serious part of my life ever since boyhood has been devoted to two different objects which for a long time remained separate and have only in recent years united into a single whole. I wanted, on the one hand, to find out whether anything could be known; and on the other hand, to do whatever might be possible towards creating a happier world. Up to the age of thirty-eight I gave most of my energies to the first of these tasks. I was troubled by scepticism, and unwillingly forced to the conclusion that most of what passes for knowledge is open to reasonable doubt. I wanted certainty in the kind of way in which people want religious faith."

"Then came the First World War, and my thoughts became concentrated on human misery and folly. Neither misery nor folly seemed to me any part of the inevitable lot of man. And I am convinced that intelligence, patience and eloquence can sooner or later lead the human race out of its self-imposed tortures provided it does not exterminate itself meanwhile."

"On the basis of this belief I have had always a certain degree of optimism, although, as I have grown older, the optimism has grown more sober and the happy issue more distant. But I remain completely incapable of agreeing with those who accept fatalistically that man is born to trouble."

"I have lived in the pursuit of a vision, both personal and social. Personal: to care for what is noble, for what is beautiful, for what is gentle; to allow moments of insight to give wisdom at more mundane times. Social: to see in imagination the society that is to be created, where individuals grow freely, and where hate and greed and envy die because there is nothing to nourish them. These things I believe, and the world, for all its horrors, has left me unshaken."



Burnt Barn Community (Sports) & Social Club

Burnt Barn Road, Chepstow NP165AR

Club Activities:

Mon - Crib • Skittles • Bingo
Tues - Club members tote prizes to £3000
Wed - Men's Darts incl Gwent Super League
Thurs - Mencap till 9pm • Ladies Darts
Fri - Family night (inc children) • Thrift Club • Men's Darts
Sat - Function room available for hire
Sun - Pool league

The Club has FREE WiFi

Club Associates:

Little Acorns Playgroup
9.15-12.45 Mon-Fri in term time only
Contact: Kelly 07999 357600
Slimming World Tues - 5.30pm
Contact: Carol 07988 598447

Large function hall available for hire for all types of parties / gatherings

Room is available for hire Mon-Fri afternoons after 1pm. Friday evening, Sat & Sun all day and evening.

Resident disco and catering available.

Opening times:

Mon-Thurs 7pm-11.30pm
Fri: 7pm-12am
Sat: 2.30pm - 12am
Sun: 12pm - 12am

Annual Membership:

£10 per adult / £8 for Seniors 65+

Email: beckett012@btinternet.com
T: 01291 626090 / M: 07850 534 370
www.burntbarnclub.co.uk





Bathing a problem? – we can help

- Wet rooms • Walk in showers and baths
- Waterproof wall panelling • Slip resistant safety flooring • Grab rails & shower seats • Zero VAT on disabled bathrooms • Discounts for over 60s SSAFA and Ex Service personnel • Disabled Facilities Grants • Charity work and grants

Call for friendly advice
and free survey and quote

01291 445675

info@ahminstallations.co.uk www.ahminstallations.co.uk

Terms and conditions apply, visit our website for more details.



Still keeping fit on-line - check out my facebook page Claire Jardine Evolution Fitness

Fitness Pilates

SPECIAL OFFER HALF PRICE

A New Years resolution you can maintain. Suitable for both men & women.

Contact **CLAIRE** on 07891 017633 for details of classes
claire.jardineevolutionfitness@gmail.com
IG: jardine_claire
Twitter @JardineFitness

Creative Hair Design Mobile Service, by Louise

Colour your life!

- Over 30 years' experience
- Beautiful precision cuts & colour
- Recently relocated to Chepstow
- Indian head massage also available

call **0787 206 8882**



Sullivans Garden Machinery

When we describe ourselves as a family business – we mean it.

We are a small but efficiently run family business with over 70 years' experience in the Garden Machinery Trade. We like it that way, and our customers love dealing with a family team whose heart and soul really is in the business.

We offer Sales, Service and Repair on a wide variety of garden machinery and tools, from ride-on mowers to chainsaws, strimmers and hedge cutters.

Our customer base has been built over time, many of which choose us over and over again because of our honest, down to earth advice and our quick response to breakdowns and repairs throughout the season. We are based in spacious premises in Thornbury, next to The Sort It Centre.

We have maintenance contracts with a number of schools, as well as customers both sides of the Severn who demand the best standard of care for their machinery.

Quite simply, we offer the best choice of both new and reconditioned lawnmowers and garden machinery in the local area, plus unbeatable customer service.

Why not pop in and see us at our Showroom in Thornbury?
We are open Monday-Friday 9am-5pm and on a Saturday 9am-1pm.

And we plan to keep doing it, as a family, for a very long time.



If giving is in your blood, please help.

Chepstow

Leisure Centre

Mon 18 May

10.00 - 12.30 & 14.00 - 17.30

Tue 19 - Thu 21 May

09.30 - 12.30 & 14.00 - 17.30

Fri 22 May

09.30 - 12.30 & 14.00 - 17.00

Book a lifesaving
appointment today.

welshblood.org.uk
0800 252 266



Sullivans Garden Machinery

Sales - Service - Repairs



Atco GT 36H Garden Tractor
£2,699.00



Cordless mowers from
£190.00

Petrol Multi-tools from
£219.00



01454 412 100

SHOWROOM: Unit D3, Ashville Park, Short Way, Thornbury BS35 3UU

OPEN: Monday to Friday 9am - 5pm; Saturday 9am - 1pm

www.gardenmachinerysuperstore.co.uk • enquiries@gardenmachinerysuperstore.co.uk





Local Clubs, Groups & Community Organisations in and around Chepstow

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet in the area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please contact us on **community@mattersmagazines.co.uk** and we shall do our best to put it right for you!

CHEPSTOW COMMUNITY LISTINGS

Chepstow Castle Bridge Street, Chepstow, NP16 5EZ 01291 624065

Chepstow Hub Manor Way, Chepstow, NP16 5HZ 01291 635730 chepstowlibrary@monmouthshire.gov.uk

Chepstow Museum Bridge Street, Chepstow 01291 625981

Chepstow Town Council The Town Council Offices, The Gatehouse, High Street, Chepstow, NP16 5LH 01291 626370 clerk@chepstow.co.uk

Chepstow Tourist Information Centre Castle Car Park, Bridge Street, Chepstow NP16 5EY. 01291 623772 chepstow.tic@monmouthshire.gov.uk

Citizens Advice Monmouthshire County, The Gate House, High Street, Chepstow NP16 5LH

Community Centres:

Palmer Community Centre, Cormeilles Square, High Street, Chepstow, NP16 5LH 01291 628725 main hall and lounge available for hire, Tea Rooms open for all!

The Drill Hall, Lower Church Street, Chepstow, NP16 5HJ Hall available for hire including weddings 01291 628552 or e-mail Mike at ctcdrillhall@aol.com

Bulwark Community Centre, Laburnam Way, Bulwark, Chepstow, NP16 5RF 01291 624138 bccbulwark@btconnect.com Large Hall, seminar room, café, kitchen and garden area.

Sedbury Space, 11 King Alfred's Rd, Sedbury NP16 7AG, info@sedburyspace.org.uk, 01291 626158, community activities & rooms for hire

Doctors Surgeries and Community Hospital

Chepstow Community Hospital, Tempest Way, Chepstow, NP16 5YX 01291 636636

Town Gate Practice, Tempest Way, Chepstow, NP16 5XP 01291 440065; Beachley Road, Sedbury NP16 7AA 01291 626041

Mount Pleasant Practice, Tempest Way, NP16 5XR 01291 440154; 12A Main Rd, Portskewett NP26 5SG 01291 425242

Vauxhall Surgery Vauxhall Lane, Chepstow, NP16 5PZ 01291 636100

Police Station 14 Moor Street, Chepstow NP16 5XW 01633 838111

LOCAL CLUBS AND ORGANISATIONS

Adult Community Learning Wydean School Beachey Road, Sedbury NP16 7AA 01291 625340 www.wydean.gloucs.sch.uk

Bulwark Senior Citizens Club Contact Gil Shackley 01291 637437 weekly activities, various social trips and get togethers.

Care Support: Joy's Gift Shop, Bulwark. Free Activity Sessions for people with Alzheimers \ Dementia Related Illness. Phone Toni to book a place on 01291 629392

CHAOS Music and Drama chaosinchepstow@live.co.uk
Jon Stow 07926 584 661

Chepstow Archaeological Society www.chepstow.org.uk 1st Thursday of the month 7.30 Chepstow Conservative Club

Chepstow (Archway) Bridge Club meets Mon, Weds, Thurs at the Palmer Centre, 7-10pm <http://chepstowarchwaybc.org.uk> or call Pete on 01291 - 627599 for more information.

Chepstow Carers Group Scout Hut, off Pembroke Road, Bulwark first Wed of the month 10-12 chepstowcarers@yahoo.co.uk 07592 503757

Chepstow Choral Society www.chepstowchoralsociety.org.uk info@chepstowchoralsociety.org.uk Wed 7.30 Chepstow Leisure Centre

Chepstow Community Big Band Meets on Wednesday evenings during term time at Wydean School NP16 7AA 6pm – Microjazz Training Band; 7pm - Swingcopation Big Band. <http://chepstowcommunitybigband.weebly.com>

Chepstow Cormeilles Twinning Association www.chepstowtwinning.wordpress.com

Chepstow and District Amateur Radio Society www.gw4lwz.org.uk contact James Hewitt chairman@gw4lwz.com, meet at Chepstow Athletic Club

Chepstow and District Gardening Club Caroline Duchet cdgclub@gmail.com

Chepstow and District Lions www.caldicot.com/lions 0845 8339565

Chepstow Folk Dance Club Wednesdays 7.30 pm Function Room Conservative Club, Moor Street. <http://chepstowfolkdance.weebly.com/>

Chepstow Hill Walking Club an informal group of people of all ages who like to walk on the hills and moorland. www.chwc.org.uk

Chepstow Jubilee Townswomen's Guild meets at Chepstow Leisure Centre on the 1st Wednesday of each Month. Contact: Maureen Dale 01291 623257

Chepstow Knitters first and third Monday of the month Chepstow Methodist Hall 7.30-9.30pm. Contact Margaret Payne 01291 630580

Chepstow Male Voice Choir www.chepstowmvc.co.uk Mon & Thurs 7pm The Dell School contact Elvin Hart on 01291 620438 or 07956 891 234.

Chepstow Photographic Club www.chepstowphotosoc.org admin@chepstowphotosoc.org

Chepstow Probus Club fortnightly meetings for retired business gentleman. Contact Ian Whitford - Secretary for PROBUS of Chepstow 01291 622 193

Chepstow Round Table www.chepstow.roundtable.co.uk community voluntary organisation for men aged 18-44. 'find them at Facebook/Chepstow Round Table'

Chepstow Society local group exploring history and developments of town, meet each month in Drill Hall. www.chepstowsociety.co.uk Secretary Henry Hodges, 01291 625865.

Chepstow Town Band meet Sundays 6.30-8.30 at Bulwark Community Centre, contact Alen Lane 01291 629580

Chepstow Walk for Health. Meets 10.00 am every Monday (except Bank Holidays) at the rear of Chepstow Leisure Car Park. Walks no longer than 3 miles with few if any stiles. Come and make new friends and get fitter at the same time. For further information contact Helen 01291 641856

Chepstow Womens Institute (WI) www.thewi.org.uk Shirenewton, St Arvans and Tidenham

Chepstow Group of Gwent Wildlife Trust Contact Hilary Lee 01291 689326 hilary-lee@tiscali.co.uk

ComBat Communities of Bulwark and Thornwell, community group Chairman Ric Hayes ric.hayes@talktalk.net

Library Friends Group aims to support and promote the library through a variety of activities. Please contact 01291 635730 for more info.

Lower Wye Ramblers Sunday Walks (meet CLC) www.lowerwyeramblers.org.uk 01291 637416

Mahjong Group meets weekly on Monday afternoons in Tidenham Chase. For new and current players please contact David Green on 07813 200808

Mathern Men's Choir meet in Mathern Village Hall on Mondays at 8.00 pm. New members welcome. Neil Jones 01291-628410

Mathern, Mounton and Pwllmeyric Villages in Bloom Meet 7pm last Thur of the month, bi-monthly (Jan, Mar, May, July, Sep, Nov) Mathern Village Hall email: mmpvb@btinternet.com

Movie Night at Bulwark Community Centre and St Arvans Memorial Hall see www.monmouthshiremobilemovies.co.uk

Musical Youth Theatre www.cmyt.org Chepstow Baptist Church Tues and Thurs

Pottery Thursdays 7-9 Chepstow Comp School Cathy 07917 261511 www.monmouthshirepotters.org hello@monmouthshirepotters.org.uk

Rotary Club of Chepstow and District Secretary Geoff Sumner 01291 624758 www.chepstowrotary.org.uk

Royal British Legion Chepstow Branch meets at the Beaufort Hotel in Chepstow monthly on 4th Tuesday at 7.30 pm. Contact Tom Moran on 01291 427266 tmoran@btinternet.com.

Royal Naval Association Chepstow Branch meets at the Conservative Club, Moor Street monthly on 2nd Thursday (except August) at 8.00 pm Contact Ken Davies on 01291 621485 kendavies131@yahoo.co.uk

The Singing Club for anyone who wants to sing www.singingclubber.co.uk

Tidenham Historical Group meets from Sept-April last Tues of the month, 7.30pm in Sedbury Village Hall NP16 7AQ. Visitors welcome. For details ring 01291 623736 or e-mail info@tidenhamhistory.co.uk

U3A <http://www.u3asites.org.uk/chepstow> Discover 70 activity groups for the retired or semi retired. Make new friends. Contact Irene on 01291 629055

Wye Cross Stitch Club meets the second and fourth Tuesday of every month. 7.30pm to 10pm Sedbury Village Hall. Contact: Elaine Moore 01291 629666

Wye Knot Speakers a group to help develop public speaking skills. Find us at Facebook/WyeKnot Speakers or call Stephen Dance on 01291 620819.

CHURCHES

www.chepstowchurchestogether.org.uk

Chepstow Methodist Church, Albion Square, Chepstow, NP16 5DA 01291 627014 www.chepstowmethodist.org.uk

St Marys Priory, The Vicarage, Mount Way, Chepstow NP16 5NF
St Christophers, Bulwark, (linked to St Marys) Rev Phillip Averay 01291 620980 <http://www.chepstowparish.co.uk/>

Chepstow Baptist Church, Lower Church Street, Chepstow, NP16 5HJ 01291 622987 chepstowbaptist.org.uk

St Marys Catholic Presbytery Church, Bulwark Road, Chepstow, NP16 5JE 01291 622649 admin@stmarysrchepstow.org.uk www.stmarysrchepstow.org.uk

St Luke's Church, Coleford Road, Tutshill NP16 7PT 01291 624868 www.tidenhamparishchurch.co.uk

Stroat Church, Gloucester Road, Stroat, Chepstow, NP16 7LR 01594 529209 www.stroatchurch.org.uk

The Bridge Pentecostal Church, Unit 1A Critchcraft Buildings, Bulwark Road NP16 5QZ 07943 851799 thebridgechurchchepstow@gmail.com

Victory Church, Palmer Community Centre, High Street, Chepstow, NP16 5LH 0845 4092449 www.victorychurch.co.uk

BABY AND TODDLER GROUPS

Baby Rhyme Time and Under Fives Story Time at Chepstow library 01291 635730 Rhyme Time Thurs 2.15-2.45 Story Time Fri 10.15-10.45

Chepstow Methodist Church Parent and Toddler Groups mornings 10am term time www.chepstowmethodist.org.uk

Cylch Ti A Fi Cas-Gwent Chepstow Library contact Mai Jones mai.jones@meithrin.co.uk Tuesdays 10.15-11.15

Devauden Mother and Toddlers, Devauden Village Hall contact sarah_trim@rocketmail.com Mondays 10-12 including holidays

Shirenewton Parent and Toddler Shirenewton Rec Hall, Paula Siddall p.rimmer10@btinternet.com every Thurs 1.30-3pm

St Arvans Baby and Toddler St Arvans Memorial Hall. Every Weds 10-11.45. First session free. T: Ami Cooper 0788 668 0262 E: ami_balance@yahoo.co.uk

St Christophers Under Fives and Familys St Christophers Church, Bulwark contact Babs Middleton 07594172720 babsmiddleton80@gmail.com Wed 3.45 term time, all age siblings welcome FREE

Sedbury Stay & Play, Sedbury & Beachley Village Hall, Wednesdays 9.30-11am. Glos term times only. Contact Jane Penny 07856 679377

Stroat Church Toddler Group 10am on Thursdays, term time only 01594 529209 www.stroatchurch.org.uk

Tutshill Baby & Toddler group, Tutshill Memorial Hall, Tuesdays, 9.30-11.15am Glos term times only. Contact Jane Penny 07856 679377



Please support us and connect with us:
@ChepstowMatters



/ChepstowMatters



Local Clubs, Groups & Community Organisations in and around Chepstow

NURSERIES / PRESCHOOLS

Bluebells Playgroup Fairfield Road, Chepstow 01291 628908
bluebellspg@outlook.com

Chepstow Leisure Centre Playgroup 07591 356101
chepstowleisurecentreplaygroup@outlook.com

Hedgehogs Nursery, in Tutshill Open 7.30am–6.00pm
for ages 3m–4 yrs. 01291 628344 hedgehogs@
deanclosenurseries.co.uk

Little Acorns Playgroup Burnt Barn Road, Chepstow 01291
628031 www.littleacornsplaygroup.co.uk

Little Scamps Pre-School and Nursery Beachley Barracks,
Chepstow Nicky Morgan 01291 645381

Penguins Pre-School, c/o Offas Mead Academy, Beachley
Road, Sedbury NP16 7DT Michelle 07923548584

Robins Nursery, in St Arvans Open 7.30am – 6.00pm for ages
3m–4yrs. 01291 624893 robins@deanclosenurseries.co.uk

Shirenewton Playgroup contact Beverly Lindsay, Playgroup
Supervisor 07881 480764 shirenewtonplaygroup@gmail.com

Tutshill Community Pre-School Debra Hockin 01291 629134
www.tutshillpreschool.org.uk tutshillpreschool@talktalk.net

PRIMARY SCHOOLS

(The) Dell Primary Welsh Street, Chepstow NP16 5UQ
01291 635641 thedellprimary@monmouthshire.gov.uk
www.dell.monmouthshire.sch.uk

Offa's Mead Academy Beachley Road, Sedbury, Chepstow
NP16 7DT 01291 622932 www.offasmeadacademy.org
contactus@offasmeadacademy.org

Pembroke Primary School Fairfield Road, Bulwark NP16 5JN
01291 622310 pembrokeprimary@monmouthshire.gov.uk
www.pembrokeprimaryschool.co.uk

Shirenewton Primary School Shirenewton, Chepstow, NP16
6RN, 01291 641774 shirenewtonprimary@monmouthshire.
gov.uk

St John's on-the-Hill, Independent, co-educational
school for ages 4–13 years. 01291 622045 enquiries@
stjohnsonthehill.co.uk.

St Marys RC Primary School (Voluntary Aided) Bulwark
Road, Chepstow NP16 5JE, 01291 623006 stmarysprimary@
monmouthshire.gov.uk

Thornwell Primary and Nursery Unit Thornwell
Road, Bulwark, Chepstow, NP16 5NT 01291 623390
thornwellprimary@monmouthshire.gov.uk

Tutshill C of E Primary School, Coleford Rd, Tutshill,
Chepstow NP16 7BJ 01291 622593 admin@tutshillcofe.
gloucs.sch.uk

Ysgol Y Ffin (Welsh medium), Sandy Lane, Caldicot, NP26
4NR 01291 420331

SECONDARY SCHOOLS

Chepstow School Welsh Street, Chepstow, NP16 5LR 01291
635777 www.chepstowschool.net

Mounton House Special School Pwllmeyric, Chepstow, NP16
6LA, 01291 635050 www.mountonhouse.org.uk/

Wydean School Beachey Road, Sedbury NP16 7AA 01291
625340 www.wydean.gloucs.sch.uk

SPORTS CLUBS

Archery – St Kingsmark Bowmen www.st-kingsmark.co.uk
Wed & Fri 7pm Chepstow Athletics Club

Chepstow Amateur Boxing Club www.welshboxing.org
Stephen Woods 07793 047 941

Chepstow Athletics Club (Sports and Social Club) www.
chepstowathleticac.co.uk Tony and Shirley Hardy 01291
622126

Chepstow Badminton Club www.gwentbadminton.co.uk
Tues 8–10 Leisure Centre. Miss P Jenkins 01291 624438

Chepstow Boat Club www.chepstowboatclub.co.uk Ben
Ponting 07872 532145 secretary@chepstowboatclub.co.uk

Chepstow Bowling Club www.chepstowbowlingclub.co.uk
Mike Roy 01291 626137

Chepstow Cricket Club www.chepstow.play-cricket.com
markb1228@hotmail.com 01291 622126

Chepstow Cycling Club www.chepstowcyclingclub.wales/
Chepstow Darts League contact Nigel Wright - nigel64.nw@
gmail.com

Chepstow & District Yacht Club www.cdyc.co.uk Roger
Nasey 07968495124

Chepstow Harriers Running Club
www.chepstowharriers.org.uk Tues and Thurs 7pm Leisure
Centre

Chepstow Ladies Hockey www.pitchero.com/clubs/
chepstowladieshockeyclub Jamie Clifton (Secretary) email:
jamie.clifton@hotmail.co.uk

Chepstow Mountain Biking www.chepstowmtb.co.uk
chepstowmtb@tiscali.co.uk

Chepstow Rugby Club www.chepstowrfc@mywru.co.uk
01291 624818 email: chepstowrfc@outlook.com

Chepstow Swimming Club www.swimchepstow.org.uk
information@swimchepstow.co.uk

Chepstow Taekwondo Monday and Thursday evenings. Age
4+ chepstowtkd.org.uk Contact Tom Baxter 07590 847662

Chepstow Tennis Club www.chepstowtennisclub.co.uk,
admin@chepstowtennisclub.co.uk contact Ian Russell 01633
400957 meet at Chepstow Athletics Club

St Arvans Taekwon-Do Club runs every Monday and
Thursday from 4:30 for ages 4+. At St Arvans Memorial Hall.
Contact: st_arvans_tkd@yahoo.com or tel: 07707 801150

Football:

Chepstow Athletic Football Club www.clubwebsite.co.uk/
chepstowathletic

Chepstow Town Football Club www.clubwebsite.co.uk/
chepstowtownafc. Contact Stuart Carter 07592 323 770

Chepstow Garden City Junior Football Club
www.gardencityjfc.com

Thornwell Red and White Football Club www.teamstats.
net/thornwellfc

Chepstow Chamber of Commerce & Tourism Supporting Local Business

Chepstow Chamber of Commerce and Tourism is a long-standing group of local businesses who work together to benefit the economy and community in and around Chepstow. Our Members are varied and diverse. If you are interested in joining us email secretary@chepstowchamber.com for further information. www.chepstowchamber.com / www.facebook.com/ChepstowAGreatPlaceTo



Chepstow Chamber Working with Local Business During COVID-19 Pandemic

During the current COVID-19 pandemic, the Chepstow Chamber has been doing its utmost to keep Members and local businesses updated on the Government's recent legislation in terms of grants and schemes available and those with self-employed status.

There are, however, still many businesses across Monmouthshire that have not claimed grants which have been made available and do not have to be paid back. If you are a business that qualifies for SBRR and have not yet claimed a grant, you should check details at the link that can be found on the Monmouthshire County Council website: <https://www.monmouthshire.gov.uk/business-advice/>

This page also has a link to the UK Government 'support finder' tool recently launched which will help businesses and self-employed people across the UK to determine what financial support is available to them during the COVID-19 pandemic. The tool asks business owners to complete a simple online questionnaire, which will direct them to a list of the financial support for which they may be eligible.

If you are a business in need of help, you can also contact the Chamber via the following email:
secretary@chepstowchamber.com

Support Local Business: Retail & Hospitality



Affinity Events Ltd
"Doing things differently"
PO Box 117, Chepstow, NP16 5XH
T: 01291 606020 www.affinityevents.co.uk



Chepstow Racecourse
Racing and events
Chepstow NP16 6BE
T: 01291 622260 www.chepstow-racecourse.co.uk



Deacons Florist
Creative, award winning floral designers
4 Bank Street, Chepstow NP16 5EL
T: 01291 623768 www.deaconsflorist.co.uk



Greenman Backpackers Ltd
Affordable accommodation for tourists, walkers, families & cyclists
Raglan Lodge, 13 Beaufort Square, Chepstow NP16 5EP
T: 01291 626773 www.chepstowbackpackers.com



Hannah's Music
More than just a music shop. Musical instruments, lessons, rehearsal room – all under one roof! 6 Moor St, Chepstow NP16 5DE
T: 01291 627122 www.hannahsmusic.co.uk



Isabel's Bakehouse (award winner)
Handmade celebration & wedding cakes. Mobile crepes catering & cookery classes
T: 07966 592368 www.isabelsbakehouse.com



Chepstow Chamber of Commerce & Tourism

Supporting Local Business



Mead Farm Foods
From our home to yours - eat fresh buy local
 Mead Farm, Mead Lane, Redwick, Caldicot NP26 3DE
 T: 01633 881401 www.meadfarmfoods.co.uk



Runway
Independent boutique for ladies clothes, jewellery, shoes, handbags & accessories 8 High Street, Chepstow NP16 5LH
 T: 01291 622033 www.runwaychepstow.com



Scandia
Shoes, accessories & gifts
 35 Moor St, Chepstow NP16 5DE
 T: 01291 627272 www.facebook.com/scandia-shoes



Silver Circle Distillery
Micro distillery/craft spirits producer
 Pleasant View Barn, Ninewells Road, Catbrook, NP16 6UL
 T: 07725 743131 www.silvercircledistillery.com



St Tewdrics House
19th Century Italianate Villa wedding venue
 Mathern Rd, Chepstow NP16 6HX
 T: 07477 017537 www.sttewdrichouse.co.uk



Tell Me Wine
Quality wine shop, beers and spirits
 Old Bell Chambers, Riflemans Way, Chepstow NP16 5EJ
 T: 01291 629670 www.tellmewine.co.uk



The Make Spot
Specialising in sewing & craft parties, workshops & courses
 4-5 Conrad House, Beaufort Square, Chepstow NP16 5EP
 T: 07800 874275 www.themakespot.uk

Tyrell's Family Butchers

Tyrell's Family Butchers
Local, quality meat & products at affordable prices; catering & takeaway
 Beachley Road, Sedbury, Chepstow NP16 7AA
 T: 01291 621089 www.tyrellsfamilybutchers.co.uk

Support Local Business: Services



A-B Connecting Communities
Chepstow to Tintern shared use path
 T: 01291 626836 www.facebook.com/AtoBconnectingcommunities



Barclays Bank Business Managers for Barclays Bank
 Beaufort Square, Chepstow NP16 5XL T: 07766 360114 (Moira Wearing);
 T: 07342 05355 (Anne Winfield); www.barclays.com



Basepoint Centres Ltd
Maintained & serviced office space
 Riverside Court, Beaufort Park, Chepstow NP16 5UH
 T: 01291 635500 www.basepoint.co.uk



BDHC Chartered Accountants
Accountancy, business & tax advisors
 11 Moor St, Chepstow NP16 5D
 T: 01291 624866 www.bdhc.co.uk

Chepstow Chamber of Commerce & Tourism

Supporting Local Business



BEAM Denti Spa
Direct access dental hygienist services
 6, St Mary's Arcade, Chepstow NP16 5EU
 T: 01291 628071 www.beamdentispa.co.uk



Bespoke Music Services
Live music services for all occasions
 Forge Road, Tintern NP16 6TH T: 01291 689227
www.chepstowcommunitybigband.weebly.com/live-music-for-hire



Bladen Commercial Property Consultants
Retail, office, industrial, warehouse sales & lettings/ residential land & development agents 10 Beaufort Square, Chepstow NP16 5EP
 T: 01291 440100 www.bladenproperty.co.uk



Cake House 21
Celebration cakes for every occasion, fresh bakes, cupcake bouquets and cake pops Bulwark, Chepstow
 T: 07904 212135 www.facebook.com/21cakehouse21

Chepstow Beacon

Chepstow Beacon
Independent, family owned newspaper
 T: 01600 712142 www.chepstowbeacon.co.uk



Chepstow Dental Care at Fairlight
General & specialised dentistry in modern, friendly practice
 Welsh Street, Chepstow NP16 5LR
 T: 01291 622450 www.chepstowdental.co.uk



Chepstow Matters

Chepstow Matters
Affordable, locally targeted advertising options for businesses of all sizes
 Shirenewton, Chepstow
 T: 01291 606900 FB/ChepstowMatters www.mattersmagazines.co.uk



Chepstow Voice
Community magazine publisher
 T: 01600 717249 www.thevoicemagazines.co.uk



Compose Management Ltd
Strategic communications, engagement & marketing advice
 Bellarmine House, 14 Upper Church St, Chepstow NP16 5EX
 T: 07766 770779 www.composemanagement.com



Crown Estate & Letting Agents
Property services for sales and rentals
 6 High St, Chepstow NP16 5LH
 T: 01291 500100 www.crown-estateagents.co.uk



Cupcake Corner Chepstow
Baked fresh, baked right, baked to your delight
 Bulwark, Chepstow
 T: 07855 772336 www.facebook.com/Cupcakeschepstow



CWLWM Busnes Gwent
Rhwydwaith Cyfrwng Cymraeg l'r ardal
Welsh Language Networking for the region
 Dafydd.Henry@cymraegbusnes.cymru



Feakes & Co Solicitors
 Riverside Court, Beaufort Park, Chepstow NP16 5UH
 T: 01291 639280 www.feakes-legal.com





Help u at Home
Homecare services & support for the elderly and infirm in the Chepstow area
T: 07708 519374 www.helpuathome.co.uk



Hopkins Law Ltd
13 Bank Street, Chepstow NP16 5EN
T: 01291 639510 www.hopkinslawltd.com



IAM Financial
Financial advisors to individuals & businesses
Home Farm, Itton, Chepstow, NP16 6BS
T: 01291 626373 / 07979 157259 www.iamfinancial.net



JG3Design
Architectural and energy surveyor; 3D visualisation
Bridge St, Chepstow NP16 5EY
T: 07870 988410 www.energysurveyor.co.uk



Just Eat Cake
Everything cake: cupcakes, cakes & pastries delivered in and around Chepstow
Garden City, Chepstow
T: 07739 530109 www.justeatcake.co.uk



Kudos Companies Ltd
Printed & promotional products, branded clothing, schoolwear, signage
Kudos House, Bulwark Ind Est, Chepstow NP16 5QZ
T: 01291 444777 www.kudoscompanies.co.uk



LC Hoof and Hound
Bespoke equine and dog services. Bespoke house sitting provided.
Please contact Leah Carter to discuss your requirements.
T: 07500 930996



Monmouthshire Building Society
Savings, mortgages, insurance and financial planning
19, High St, Chepstow NP16 5LQ
T: 01291 629306 www.monbs.com



Moore Language Solutions
English, French & Italian Language Services (Translation. Proof-Reading. Transcription. Tuition)
Fitzosborn Close, Chepstow, NP16 5PY
T: 07414 501 933 www.moorelanguagesolutions.com



Sales Academy 2012
Business Coaching - Sales Training - Team Performance ... in your corner
T: 01291 409117 www.salesacademy.uk.com



Summit Design Studio Ltd
Graphics, web design, branding and print
The Studio, 16 Queens Gardens, Magor NP26 3BU
T: 01633 639786 www.summitstudio.co.uk



Tandem Communications and Coaching Ltd
Coaching for leadership and life; communications for people and profile
Moor Street, Chepstow NP16 5QB
T: 07557 226473 www.tandemcc.co



Taylor Made Energy Solutions Ltd
Independent advice for businesses on energy efficiency; gas & electricity contracts; commercial ECPs
Moor Street, Chepstow NP16 5QB, Chepstow NP16 5QB T: 07785 313179 www.tmenergysolutions.com

Patience and Planning are Key in Uncertain Markets

Across communities and countries, we see families, business and governments all looking for the best way to prepare and protect themselves from the coronavirus outbreak.

In such times we all need to prioritise what matters most, and for many that includes making sure that they protect their hard-earned investments. This means it can be hard to sit back and observe the very real impact of the market volatility on your savings.

At these times, as we have seen during previous similar bouts of volatility during global events, one of the most important factors is to maintain a long-term view rather than trying to compensate for short term losses.



Three key principles that are worth remembering at times such as these are:

1. Stick To Your Plan

The distraction of short-term market changes does not change the purpose of the long-term plan you originally made with your adviser. Making sudden changes without taking advice could cause longer-term implications, so always talk to your adviser in the first instance.

2. Remember Cash Is Not Always King

While we all need some cash in case of an emergency, the temptation to move into low risk investment, such as cash, may not be the answer.

Remaining in a diversified investment solution which helps spread risk across a range of investments, is important, even during widespread volatility, to help maintain capital growth, spread risk and position your investments for any subsequent market recovery.

3. Stay Invested

When markets are volatile it is tempting to exit the market or switch to cash in an attempt to reduce further expected losses. However, timing these moves is inherently difficult for individual investors. As markets move up and down, being out of the market can actually cause further losses and missed opportunities for recovery.



Dr Josh Lewis

MBChB MBA MRCGP DipFA MLIBF ACSI
CertPFS CII(MP)

Director

- Pensions and Retirement Planning
- Savings and Investments
- Inheritance Tax Planning and Probate
- Mortgages • Equity Release
- Protection • Long-Term Care

Mobile: 07979 157259

Chepstow: 01291 626373

Abergavenny: 01873 854488

Email: joshlewis@thinkpositive.co.uk

Web: www.iamfinancial.net

Forest of Dean Flooring is a small company based just up the road from Chepstow, in Lydney.

We can supply and fit all types of flooring for you - carpet, wood, laminate, luxury vinyl and tiles.

We work for both commercial and domestic clients and have over 20 years' experience.

We offer a home selection service and also an appointment-only showroom based at Hurst Farm in Lydney.

Give Mark a call on 07775 980713 or email him on markallen.fodflooringsolutions@gmail.com and he will be pleased to help you.



FOREST OF DEAN

FLOORING SOLUTIONS LTD

Supplying & Fitting all types of flooring:

• Carpet • Wood • Laminate • Luxury Vinyl • Tile

07775 980713

E: markallen.fodflooringsolutions@gmail.com
facebook.com/FodFlooringSolutionsLtd

Quality Cleaning & Sealing

- Patios • Repointing Patios
- Paths • Drives • Garden Walls
- PVC Conservatories, Frames & Doors
- PVC Fascias, Soffits & Guttering
- Moss Removal from Slates & Tiles
- Fencing & Decking Staining
- Interior / Exterior Painting

Call Mark
07814 264 156 /
01633 281 879



The Aerial Man (Dan Grace) - still here for you!

The Aerial Man (Dan Grace) Ltd wants to let readers know that they are categorised as Key Workers by the government under the broadcast and communications category and hence still open for business.

The team at the Aerial Man is specialised in a wide range of television and audio services. They stress that they are following high levels of Health and Safety standards in regard to the coronavirus, introducing screening of customers before booking them in and before visits are made to properties, when correct protective equipment is used.

"If you are struggling financially during these strange times, it might be worth considering reducing your TV subscription packages to save money - there is so much great content available on Freeview now."

THE AERIAL MAN

TV Aerial and Satellite Specialist

Affordable Prices - Reliable Service

- Digital Aerials • Fully Guaranteed • Repairs
- Sky Work • Free Quotes • OAP Discounts
- Poor Reception Problems • Additional TV Points
- Humax Recorders

01291 618 013

07818 413 451



www.theaerialman.co.uk

"We have used Matters to promote The Aerial Man for many years now - it is a great source of advertising for us."

We monitor our calls closely and regularly receive over 60 jobs per year resulting in £11k worth of business for us annually from our eighth page adverts, which is a great return on our advertising spend."

Richard McKenzie, The Aerial Man



CR Baines

Plumbing and Heating Ltd

- Gas Boiler Breakdown & Servicing
- Oil Boiler Service & Installation
- Landlord Safety Checks
- Worcester Bosch Approved Installer
- Up to 12 Year Guarantee
- Oftec Registered 137746
- Gas Safe Registered 549988



Registered Business
137746



549988

07825 999510

01454 279732

www.crbainesheating.co.uk



- WASHING MACHINE • FRIDGE FREEZER
- TUMBLE DRYER • COOKER
- DISHWASHER • HOB OR HOOD

Tel 01454 850522 or 07917441539

EMAIL: d-cr@live.co.uk

www.d-crdomesticappliances.co.uk



S J Roofing Services

0789 403 4309

All aspects of roofing, guttering and fascia work undertaken

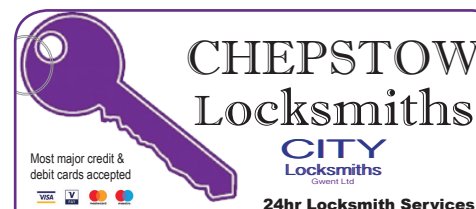
Advertise your Trade / Service in this space for just £25* per month

Can you afford not to?

Call 01291 606 900

to be in our next MONTHLY edition!

*price quoted is based upon 12-month booking and is subject to VAT



Most major credit & debit cards accepted

24hr Locksmith Services

www.citylocksmithsgwent.co.uk

- ✓ Local Locksmith - Local Prices
- ✓ 24 Hour Call Out Service
- ✓ Fast Response - No Call Out Fee
- ✓ DBS Checked
- ✓ MPL Certified
- ✓ NCFE Accredited
- ✓ uPVC Specialist - All Makes
- ✓ Doors - Windows - Garages (No Cars)
- ✓ Key Cutting Available On Site
- ✓ Approved Locks Available

**NO
CALLOUT
CHARGE**

**24
HOUR
SERVICE**

CALL TODAY ON:

01291 33 00 85



INDEX OF LOCAL ADVERTISERS



Bathroom Installations		Dog Grooming - Perfect Dog Gr	3	Pets/Pet Care/Dog Walking	
AHM Installations	22	Financial Advisor IAM Financial	31	Chepstow Cat Sitting	14
Beer & Wine		Flooring -		Perfect Pets/Doggy Daycare	3
Bargain Booze Plus Bulwark	5	FOD Flooring Solutions	32	Repairs -	
Car Maintenance - AutoCare	34	Funeral Directors -		D-CR Domestic Appliance Repairs	32
Central Heating		Ian Watts & Sons	4	Roofing - S J Roofing	32
Baines Heating	32	Gardens/Gardening		Schooling/Tuition	
Gregor Heating	1	Chepstow Garden Centre	14	Chepstow School	6,12-13
Children's Activities -		Sullivans Garden Machinery	23	Pembroke Primary	18
Kestrel Gymnastics	15	Gifts, Accessories & Jewellery		St John's on the Hill	16
Chepstow Chamber of Comm	27-30	Silk Road Bazaar	10	Wydean School	11,20
Chepstow Racecourse	35	Hair & Beauty		Social Club -	
Days Out/Events/Activities		Mobile Hair stylist - Louise	22	Burnt Barn Club	20
Chepstow's Got Talent	12	Pierrette's Salon	10	Toyshop - Toytastik	10
Endless Summer Festival	13	Holistic Therapy - Just You Hol	10	TV/Aerials - The Aerial Man	3, 33
Dentist/ Hygienist		Home -		Voluntary/Social groups	
Beam Denti Spa	10	External Cleaning / Sealing	32	Chepstow Covid-19 Help Grp	2,6-7
Diet & Fitness		Locksmith - Chep Locksmiths	33	Chepstow Round Table	9
Chepstow Yoga Centre	8	Mobility solutions		MIND	7
Derek's Gym	8	AHM Installations (Bathroom)	22	Welsh Blood Service	22
Elderfit	14	Music - Hannah's Music	4	Windows/Conservatories	
Fitness Pilates	22			Monmouthshire Windows	36
Slimming World	8				

BEST WISHES FROM CHEPSTOW RACECOURSE KEEP SAFE



CHEPSTOW RACING & EVENTS

www.chepstow-racecourse.co.uk / 01291 622260

Wishing all our local residents the best and hope to see you soon!

Still Open to Help if you Need Us during Lockdown

Bosch Car Service
For everything your car needs.

AUTOCARE CENTRE CHEPSTOW
Unit 6, Bulwark Business Park
Bulwark, Chepstow

01291 627137
auto.care@btconnect.com
www.auto.centre.co.uk

RAC
approved garage

BOSCH Service

Car Service

MOTOR INDUSTRY CODE OF PRACTICE
Service and Repair

tsi
APPROVED CODE
TRADINGSTANDARDS.GOV.UK

Affordable quality service you can trust!



The
MONMOUTHSHIRE
Window Company

SPRING OFFER

20% OFF

Windows, Doors & Conservatories

monmouthshirewindows.com

- Over 20 years' experience • State of the art showroom
- Express turnaround and delivery

01291 430 353

