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Chepstow Matters is independently published every month and delivered FREE to approximately 10,000 homes across NP16 5, 6 and 7 on a rotational basis so that every home receives one through their door once per quarter.

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Dear Readers...

Christmas is coming and that is reflected by several of our advertisers including the NDAC (opposite) who are promoting their Medieval-style Dinner & Dance. We are pleased to welcome back Paint on Me in this edition - where you can have great fun making your gifts personal for Christmas this year.

There is SO MUCH going on this month - check out our noticeboard on pages 26-27 and be sure to have a good look through the magazine as well as there are many events advertised throughout our pages.

As a sample of what's inside, overleaf is Chepstow Apple Day which takes place on 3rd November this year. 3rd November is also the date for the annual Chepstow Town Firework display put on by the Chepstow & District Round Table, whilst Devauden's annual fireworks (and bonfire) always takes place on ... Remember Remember the 5th of November. There are a couple of fundraisers for the local Mencap this month - Bids & Brains is a quiz and auction night taking place at the NDAC on 8th November and on 15th November some of the businesses on Moor Street are putting on a Fashion Show - both events sound great fun if you can give them your support!

If your business would like more custom from local residents across Chepstow and the local villages do get in touch with us and we will be happy to help. Deadline for the next issue is 15th November.

Enjoy the read!

Jaci ✕

Don't forget you can keep up with each monthly edition of your favourite local community magazine via

www.mattersmagazines.co.uk/chepstow

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Martin Watts of Ian Watts & Son Independent Funeral Directors was delighted to be awarded Caldicot Mayor's Special Award last month. The award allows the Mayor to choose a premises that contributes and enhances the appearance of the town.

It is in recognition of the dedication and hard work undertaken to make Caldicot a better place. Martin said, 'We are very grateful to local couple Dave & Denise Bradbury who kindly volunteer their time to help make our funeral home gardens in Caldicot look so attractive.'

Pictured here are, staff member Phil Sutton, Martin Watts & volunteer Dave Bradbury.

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Everything Apple at Chepstow's Drill Hall

Chepstow's Apple Day will be celebrated in the Drill Hall from 11.30 to 16.00 on Sunday 3rd November and is a day for community celebrations, with something for all the family.

There will be apples, pears, cider and juices on sale, a range of entertainment and activities for adults and children alike, and light lunches and refreshments. You can buy a ticket in our unique apple varieties raffle. For those with a competitive streak, see if you can break the record for the longest apple peel, identify correctly the apple varieties or guess the number of apples. Children's activities will include the favourite apple bird feeders and apple art.

Bring along your apples to press for juice or cider and if you have a mystery apple tree in your garden, help is available - apple experts from the Marcher

Apple Network will be on hand to identify them. Don't forget to put aside three apples, ideally with leaves.

The organisers, Chepstow Town Council's Drill Hall and Transition Chepstow are also pleased to announce the return of the ever popular apple cookery competition. There will be prizes of £50, £30 and £20 for those judged to be the best. Cookery competition entry forms are available from Chepstow Museum or on the door. Any home-made savoury or dessert dish containing apples may be entered. Entries must be delivered to the Drill Hall, Lower Church Street Chepstow between 11.00am and 11.30am on 3rd November. The entry fee is £1 per dish.

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Chepstow Museum: Events at the Drill Hall

LEONARDO: THE WORKS

New Exhibition on Screen Film Marking the 500th anniversary of Leonardo's death

Thursday 14th November 7.30pm



Leonardo da Vinci is acclaimed as the world's favourite artist. Many TV shows and feature films have showcased this extraordinary genius but often not examined closely enough is the most crucial element of all: his art. Leonardo's peerless paintings and drawings will be the focus of Leonardo: The Works. The film also looks afresh at Leonardo's life – his inventiveness, his sculptural skills, his military foresight and his ability to navigate the treacherous politics of the day – through the prism of his art. Filmed on location throughout the world, this remarkable film offers a fresh and revealing insight into one of history's most extraordinary individuals. It will leave you amazed. Tickets £10.

Tickets from Chepstow Museum tel 01291 625981 (11-4 daily except Wednesdays) – you can pay by credit card and collect on the door. In support of Monmouthshire Museums.

Le Corsaire - The Bolshoi Ballet captured live in Moscow

Sunday 17th November 3pm



Captured live in Moscow Le Corsaire brings the magic of this magnificent company to life. It's the story of a dashing pirate on the high seas who rescues a beautiful girl from a dastardly slave trader. With cinematic sets including a dramatic shipwreck, Le Corsaire is one of the Bolshoi's most lavish productions. The ballet is famous for its showpiece dances in particular the beautiful and fantastical dance of flowers in a garden filled with magical fountains. This is classical ballet at its most sumptuous and exotic, danced with glittering twenty-first century technique.

A great opportunity to see world class ballet on the doorstep. Sunday afternoons are also an excellent time for ballet fans of all ages to come and see this. Tickets £12/ £10 concessions.

Specially created Christmas show for ages 3-7 years

by the Sherman Theatre at the Drill Hall

Saturday 23 November 3pm

THE UGLY DUCKLING

By Hans Christian Andersen



This year's show has been specially created for very young audiences by the team at the Sherman Theatre, and is a version of the well-known classic story by Hans Christian Andersen The Ugly Duckling. This is a warm and fluffy tale of friendship and belonging.

Join the brave Ugly Duckling as he waddles his way through the changing seasons on an exciting journey to a place he can call home; meeting a whole host of charming farmyard friends on the way. Full of enchanting music and playful characters The Ugly Duckling is the perfect heart-warming treat for children aged 3 – 7 years and their families this Christmas.

We are hosting an afternoon performance of this show at the Drill Hall, Chepstow on Saturday 23 November, at 3pm. Places are limited, tickets are £6.50 each, £22 for a family of 2 adults + 2 children There are also a few places available at the performance on Friday 22 November 1.30pm

Booking essential to avoid disappointment (the Sherman show was a sell-out last year) tickets from Chepstow Museum 01291 625981 (11-4 daily except Wednesdays) you can pay by credit card and collect at door!

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Take a magical journey to the North Pole to meet Santa Claus. Our Grotto is an interactive, multi room experience finishing with everyone meeting Santa and Mrs Claus.

Tickets must be pre-booked. To find out more, book tickets and view opening times visit our website or Facebook page.

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PREVENTION IS BETTER THAN CURE ! Hygienist and Therapist treatments you can access directly— no need to see a dentist first !

Gemma has worked with the dental industry for over 20 years and has worked as a Dental Hygienist and Therapist within the Chepstow area for 12 yrs.

Your first appointment and clean, will continue to be at the discounted price of only £50 for the remainder of 2019 – most practices will charge £80–£125 for this kind of treatment with this standard of equipment and time given. Existing patients will then still be charged only £50 for further appointments, as long as they return within the recommended time frame. New patients will be charged £65 for the initial visit from 1st Jan 2020.

"Beam has now been open for 3 months and I am delighted with the response we've had along with the feedback we have received from patients so far" - says Gemma "I am delighted to be able to offer what I feel is the very best dental Hygiene service. I am very fortunate that I've been able to



procure and invest in what I truly feel is the best, award winning technology ensuring you really do get the best clean possible."



There is now a huge amount of evidence to support the effect of oral bacteria on general health. It has been connected to many things such as stroke, dementia, heart disease, diabetes and even some types of

cancer. Treatment is suitable for all patients from 2 yrs old to 100 + yrs.

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Make your Christmas as white as possible with our in-surgery and home whitening package. For only £399 you can receive a full Consultation and Cleaning with stain removal, an in-surgery whitening session with BEAM light technology and home whitening trays to further enhance your smile and maintain it. We only have this offer for a limited number of patients so be sure to book early!!! – usual price £450 - A treat for yourself or an ideal Christmas present !

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BIDS & BRAINS
Bidiau ac Ymennydd



Friday 8th November 2019
National Diving and Activity Centre



A48,
Tidenham,
Chepstow
NP16 7LQ

Quiz Teams of 6—£22.50 per person

Team Registration 6.50 prompt

You can pre-register your team by contacting:
Chepstow Mencap 01291 623216 /
reception@chepstowmencap.co.uk or
Dr Glyn Jones 07977 038027 (payment on the evening)

7pm - Quiz—To Include a bowl of chips for each team
8.30 pm - Musical Entertainment from The Forest Treblemakers
9 pm—Auction with over 20 exciting lots

All proceeds to Project 20/20 - Chepstow Mencap's Perfect Vision

How's Your Retirement Planning Coming Along?

It may seem like light years away, but retirement will creep around faster than you expect. So, the sooner you engage with the topic, the sooner you'll get your plan in place and get working towards the retirement you deserve. The earlier you start saving for retirement, the longer your money has to grow. Reinvested dividends and, even in today's climate of low interest rates, compound interest can play an important part in investment growth.



Keep apathy at bay

The pension landscape has undergone vast changes over the last few years. Financial provision for our retirement has seen an emphasis, from being largely the responsibility of the state to largely the responsibility of the individual. Although it can seem a long way off, the reality of the situation is that careful planning now could make a considerable difference to the amount available in your pension fund at retirement, plus (within limits) you receive tax relief on contributions too.

Never too early to think about your pension

Ideally you should start planning your pension from the day you start work. No one wants to worry about money in their later years, and the way to help prevent that happening is to save regularly into a pension throughout your working life.

In simple terms, there are three main types of pensions: workplace; personal and the State Pension.

Whatever type of pension you hold, you get tax relief at the highest rate of income tax you pay, on all contributions you make, subject to annual and lifetime allowances.

At age 55, you can withdraw 25% of a defined contribution pension tax-free, which means the scheme is 'crystallised'. You can keep the rest of the fund invested in an income draw down plan, buy an annuity, or cash in your entire pension, subject to tax; or a pick and mix approach of all three.

If you save into a workplace pension, your employer should make contributions alongside yours, providing a welcome boost to your pension.

You need more than a safety net

Although the full new State Pension has increased to £168.60 per week, not everyone will get this amount as it will depend on their contribution record. The state retirement age is set to increase too, so if you were born after 6 April 1978 you won't be entitled to receive your state pension until you're 68 years old.

Something for everyone

If you're self-employed, an employee, work part-time, run your own business or have accumulated pension pots with past employers, we can offer you advice; retirement should be an enjoyable and fulfilling stage of life, not a time spent worrying about money.

Steps to take

- Make pension saving a priority
- Consider topping up your contributions whenever your financial circumstances allow
- Speak to us about arranging a regular review to ensure your retirement plans remain on track
- Know your State Pension age and get a forecast from gov.uk to show you how much you'll receive.

The value of pensions and the income they produce can fall as well as rise.

You may get back less than you invested.

Dr Josh Lewis

MBChB MBA MRCGP DipFA MLibF ACSI CertPFS MAQ

Senior Financial Planning Consultant

IAM Financial

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Pembroke Primary School and the Local Community - Could YOU be involved?



All staff and pupils at Pembroke Primary School are extremely fortunate to have close links with the local community and this is something we are always looking to develop. The school recognises the importance of using the skills and knowledge of others to enhance the school curriculum and to provide memorable experiences which excite and motivate pupils whilst extending their learning.

We currently have close links with Age Concern Monmouthshire and our pupils take great pleasure in visiting the local group, sharing stories, playing board games and teaching each other new skills. We also enjoy half termly enrichments afternoons, where a wealth of opportunity to practise, share and enjoy something new takes place. Activities include, cake decorating, athletics, puzzles, gardening, mindfulness colouring, German and many more. We are always looking for volunteers to opt into these sessions to widen the activities available.

Key Stage Two pupils are currently developing their physical skills with a qualified Tennis coach at Chepstow Tennis Centre and all will have the opportunity to experience Rugby sessions with a qualified Dragons coach. Foundation Phase pupils are developing their Road Safety awareness with volunteers, an important skill required to keep all our pupils safe.

Pembroke are always seeking ways in which we can develop further links with our local community, whether this be a member of the community who can provide information about the history of Chepstow, support our pupils with a particular skill or a professional or business who can share information about their career or support a school project are always welcomed.

Please get in touch with the school if you feel you are able to offer anything which would benefit the whole school community - 01291 622310.

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ISI Inspection Report 2019

- 'Pupils are highly motivated and embrace new challenges and opportunities.'
- 'Pupils are highly articulate, eloquent and confident communicators orally and in writing.'
- 'The wide and well-planned curriculum supports the achievement of all learners.'



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In the Community:

Inspired Through Sport, with Chepstow Matters' ex-pro footballer Nick Tanner

Pupils of a Chepstow school were really put through their paces on Tuesday September 17th as they took part in a very special Inspired Through Sport day.

Morning assembly at St John's on-the-Hill School was taken by triathlete Chris Silver (photo right), who introduced them to the principles of having a growth mindset, before taking various year groups on warm-ups, sprints and fitness sessions.

At the same time, ex-Liverpool and Bristol Rovers footballer (and Chepstow Matters' very own sales and marketing guru) Nick Tanner led other year groups in passing drills straight from the Anfield pitch.

Nick is pictured far right with Year 6 pupils Carrie and Alfie, who he chose as the two with the best attitude and skills, and presented them with signed copies of the book of his own story "From A Field to Anfield".

Nick commented: "It's been a great morning, I love being involved in the community like this - the children were brilliant and I hope to return soon to see how much their football has improved!"

In the afternoon, the pupils were then treated to an inspirational session with author Tom Palmer (photo right), who is responsible for the re-boot of Roy of the Rovers, as well as books on the upcoming Rugby World Cup in Japan. Such was the success of his visit, he completely sold out of signed books and more are on order!

Tom told us: "It was the perfect author visit. The children and staff were completely engaged - it was real Roy of the Rovers stuff!"

Finally, the pupils took part in a whole-school exercise burst, courtesy of you-tube and internet fitness guru Joe Wicks.

Mr Andy Downie, Head of English at the school, which is rated as 'excellent' by the ISI, said: "It was a brilliant day, which was about so much more than just doing sport. The children were inspired by our special guests, learnt about resilience, new skills, passion and determination and then went home and got their heads firmly stuck into a book."

Chepstow Matters loves being 'in the community for the community' and was pleased to support this initiative a St John's School - it's the best part of the job!

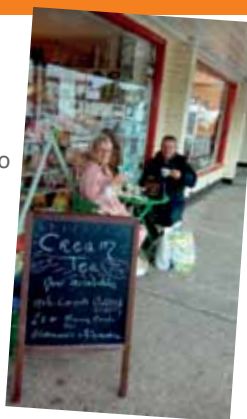


Joy's Gift Shop in Bulwark (which is where the old post office used to be) is a 'little gem of a shop', as said by the people who frequent it !

It is not only a gift shop with unusual gifts, it sells cards for all occasions and it also stocks crafts made by local artists ie cards of scenes of Chepstow, hand-made jewellery, cosmetic bags stocked with cosmetics, baby blankets, knitted toys made to order to name but a few.

All the profits of the shop go to the Alzheimer's Society and Dementia UK and to date over £8,000 has been raised since the shop was set up over 2 years ago.

Kate Lewis, who runs her own Healthcare business, opened the shop and wanted to give something back to the community by offering respite to people who's loved ones have Alzheimer's or Dementia. Family members can leave their loved ones for a couple of hours with Toni (Shop Manager) and she runs worthwhile activities ie arts and crafts, knitting, Dementia jig-saw puzzles, newspapers going back to the 1940's and '50's. Also ladies can have a manicure or sometimes they may just want to sit and have a chat. This service is Free of Charge !



As Joy's also offers Teas and Coffees for just a donation, local care homes regularly bring their residents over for cuppa. Joy's has become a life line and drop in venue for anybody to pop in for a sit and a chat. Joy's was one of the first businesses to become a registered "safe" place with Monmouthshire County Council.

Toni is passionate about fundraising for Alzheimer's and Dementia as she lost her Mum to Dementia over 3 years ago and she is well aware of the sadness and frustration that family members feel when their loved ones are diagnosed with this illness.

"The feedback I get from family members is very overwhelming and I just wish there was a place like this when my Mum had Dementia."

"Recently one of the fundraising events at Joy's was the Alzheimer's Cupcake day where I baked over 70 cupcakes and Laura, a local singer, offered to come in and sing to my customers which was a lovely event (photo right)! I also held a Cream Tea event to mark the National Afternoon Tea week which was so popular that I sold out of scones each day! I also do the annual Macmillan Coffee morning which is always well attended" Photo right shows visitors from Castleford Nursing Home enjoying a cream tea.



Coming now for the Christmas season is the "Chocoholics" catalogues where orders are taken for unusual Belgium chocolates...prices start from 40p and they also cover Halloween!

Another exclusive to the shop is "Simply Christmas" which is a Welsh company that sells unusual Christmas ornaments like those available on the Continent that offer Christmas decorations from £1.00 which have a range of Welsh decorations saying "Nadolig Llawen". Also available will be Teacher's Gift sets.

So next time your in Bulwark, pop into Joy's for a browse and, if you have time, a coffee and a chat!



Fundraising for CLIC Sargent

Wyedean School and Sixth Form Centre were delighted to have worked with CLIC Sargent, a children's cancer charity, to raise awareness of the 60 miles average journey that young cancer patients and their families need to travel for treatment.

Students from all year groups walked a mile in school time as part of our Morning Mile programme which aims to get students more active to improve their overall health and wellbeing. They undertook to cover another mile in their own time so each tutor group covered 60 miles in the week. Members of the leadership team also undertook to cover 10 miles each, reaching 60 miles in total.

We have also been raising funds on our JustGiving page: www.justgiving.com/fundraising/wyedean-school, should you wish to donate.

It's Christmastime

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Creative Hair Design - A Mobile Service by Louise

Hair can be likened to our best gown, a gown that is worn each and every day! I honestly believe this. Hair for most of us is the way that we choose to look in the world and it is also the way that we feel good about ourselves and confident with others.

As a hairdresser, newly based in Chepstow and with over 30 years' experience, nothing gives me more happiness than leaving one of my clients excited and thrilled about their new hair look. I know how much this means to them. I would class many of my clients as friends having got to know them so well over the years and really enjoy the social opportunity of meeting them every few weeks or so. It is my true pleasure to offer them this service. No wonder hairdressing is voted year on year as one of the happiest professions. How lucky am I!

So, whether you're a more mature person or younger, female or male, live in a rural or urban area, are incredibly busy or perhaps housebound and therefore welcome a regular visit to your own home, and whether you're looking for dramatic, classic, contemporary or sharp hair with colourful and precision cuts, I aim to provide a great service to your own home.

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CHEPSTOW DRILL HALL
Saturday 25th JAN Doors 7.00pm - Curfew 10.30pm

BBC
As close as it gets

Chepstow Folk Dancers set up a New Club

The new Chepstow Country Dance Club held their first session on Wednesday October 16th. The club welcomes new members both to dance and to call the dances. There will be a variety of styles from traditional English folk dances to modern American contras. The chairman of the club is Dave Judson, who told us "No experience is needed. The dances are fun and don't require fancy footwork. We're not going to be one of those clubs that look for perfection. We want everyone to enjoy themselves and to have time for a chat between dances."

Many of the dancers launching the club previously attended the Chepstow Folk Dance Club run by Claire Oldfield. "None of us wanted to stop dancing", says Dave. "We really enjoyed learning the dances with Claire and making new friends. So when Claire decided it was time to call it a day, after ten very successful years, some of us got together to try to start a new club."

The club will meet in the Conservative Club hall, 10 Moor Street, Chepstow, NP16 5DD, every Wednesday from 7.30 to 9.30pm. The subs are £4 a week.

"Come alone or come with a friend," says Dave. "A caller will walk everyone through the moves of each dance before the music starts. Once the music begins, the caller will prompt each move until everyone is comfortable with the moves. The folk dancing tradition is to switch partners for each new dance but you can stick with the same partner if you prefer."

For more information contact Edwina on 01633 868795 or Daniel on 07818 522266 or email chepstowcountrydance@gmail.com. Follow on Facebook: <https://www.facebook.com/chepstowcountrydance>



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Shirenewton Smashed it!!

Further to our article in the September edition of Chepstow Matters, we were very pleased to hear from Heidi Marriott-Trevains that 1st Shirenewton Cubs smashed it at Box Kart Championships at Goodwood with medals all round and even a trophy for best kart!

Torrential rain and gale force winds may be daunting for some, but they did not deter 40 teams of Cub Scouts from 3 Home Countries, who put their home made box karts to the ultimate test at the 12th annual Supreme Box Kart Championships held at Goodwood motor circuit on Sunday 29th September.

Cub Scouts aged between 8-10.5 years old from the world's largest youth organisation, spent months designing and building their karts, in order to navigate this prominent race track, but have never before in the history of The Supreme, had to brace such elements. A total of 252 heats took place before the final knock out stage. It truly was an exhilarating experience.

This incredible opportunity was the brain child of Stephen and Amanda Bell, who introduced their own Cub pack to the engineering behind building such karts, followed by a small scale event joined by a few other local Cub packs. Over the past 12 years the annual event has grown considerably and now has entries from all over England, Northern Ireland and Wales. Regarding this year's event, Stephen said *"This year has been the most challenging one to date with the predicted forecast giving me more than a few sleepless nights, but we adapted and over came to deliver yet another terrific day."*

There were two teams flying the flag for Monmouthshire as 1st Gilwern Cubs were also on their inaugural trip to The Supreme this year and managed to out run the rain and many of the other teams they competed against. 1 Shirenewton Cubs leader Heidi told us *"This type of adventurous activity demonstrates the diversity of opportunities afforded to young people through the Scouting programme and let's face it, who wouldn't be a tad*

excited to be able to say they had actually raced at Goodwood?!"

The Scouting Association has thirty seven million members spanning across the globe to 162 different countries. Fifty years ago it even reached the moon, when Neil Armstrong, himself a Scout, took his own Scout membership badge with him on the Apollo 11 mission, proving to generations of young people that with hard work and determination the possibilities are endless. Who knows how many youngsters will be inspired to fulfil their dreams in car design, engineering or motor racing, thanks to this tremendous opportunity that the Supreme Box Kart annual event gives? But if nothing else it teaches team work, leadership, sportsmanship and endurance, all of which are vital skills in life.



LOVE LIGHT

Mind, Body and Spirit Show
Caerwent Village Hall
Saturday 16th November
10am-4pm

Healers, Readers and Stalls with wonderful Christmas gift ideas and treats for yourself.

Entry is just £2.50
 (or £3.50 including raffle)

This event is in aid of SLS homeless.



*Learning for Life
 with Christ as our Light*

**St. Mary's R.C.
 Primary School,
 Old Bulwark Road**

OPEN DAYS

Tuesday 5th November 9:30am

Tuesday 12th November 5:30pm

**If you are unable to attend our open days please
 contact us to arrange to view our school on
 01291 623006.**

Spaces available in most classes.

**Our new
 Headteacher,
 Mrs Weightman,
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 welcoming you all.**



www.stmarysrc.monmouthshire.sch.uk

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LIONS TAKE THE CAKE



Your local Lions Club recently joined with other organisations in holding a MacMillan Coffee Morning in the Caldicot Methodist Hall. Attendance was very good and people of all ages had absolute lashings of cake to go with their drink. So, after several hours of eating too much of things we weren't supposed to eat, the Club had raised £203 for this very worthy cause.

CHILDREN WITH CANCER

In the last Issue, we mentioned the upcoming Winter Ball, which is being held on Saturday 16th November, the tickets are selling well but if you would like to come to this memorable evening please contact either our Club President Glyn Williams on 07484 907947 or Charlotte Hayes on 01291 621490. We will be donating the proceeds of the raffle to the Ty Hafan Childrens Hospice.

This money will be added to the £560 which we raised for them from our Easter Raffle.

LIONS SIGHT SAVERS

Our other project is the Sight Savers, over the last 40 years, the Lions Club have been supporting Sight Savers to help stop thousands of people across Africa and Asia from going blind. An incredible £3.9 Million have been donated from Lions Club through donations from the public during this time.



More than 8 Million people in India are blind. Most of them live in poorer parts of the country with little access to health facilities. Blindness can rob people of their independence, and their ability to go to school or find a job. This year we need to reach some of India's poorest communities by providing them with access to desperately needed eye care services, The Lions and Chepstow and Caldicot Lions Club in particular have a huge challenge in front of them so we really need your help.

Do you know that £2 could buy a visual assessment chart used for eye tests? £1,800 could pay for eye screening in four schools in India, £90 could pay for a child's sight saving cataract operation or £750 could fund the training of 400 teachers in basic eye screening, and £5,000 would cover the cost of distributing over 7,600 pairs of spectacles.

If you would like to help Chepstow and Caldicot Lions in raising funds for this cause please contact Lion President Glyn Williams on 07584 907947.

If you have any queries please give me a ring 01600 869151.



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Charity Fashion Show in aid of Chepstow Mencap

Several local independent traders in Moor Street Chepstow, are getting together to hold a **Charity Fashion Show on Friday 15th November, from 6.30pm at the Palmer Centre** in the town centre to help raise funds for Chepstow Mencap.

Toytastik, Orchard Clothing and Scandia Shoes, will be showcasing their line of winter baby, children's and ladies clothing, shoes and accessories. Refreshments will be available from The Preservation Society, who is also based in Moor Street.

Tickets are on sale at Toytastik, Orchard and Scandia at £5.00, with all proceeds going to Mencap. There will also be opportunity on the night to enter a charity prize draw, to win a selection of items and gifts from these shops.

Chepstow Mencap is a small, independent charity based in the centre of town who offer wonderfully supportive services to people with a learning disability and their carers.

"More at Moor Street"

Winter Fashion Show

in aid of
Chepstow Mencap
Palmer Centre

Friday 15th November 2019
6.30pm

Kids Clothing
Womens Fashion & Shoes
Refreshments

Tickets available at
Orchard Clothing, Toytastik & Scandia
£5.00

Burnt Barn Community (Sports) & Social Club

Burnt Barn Road, Chepstow, Monmouthshire NP16 5AR

- Club activities**
- Mon - Crib/Skittles/Bingo
 - Tues - Club members tote prizes to £3000
 - Wed - Men's Darts incl Gwent Super League
 - Thurs - Mencap till 9pm. Ladies Darts
 - Fri - Family night (incl children) Thrift Club • Men's Darts
 - Sat - Function room available for hire
 - Sun - Pool league

The Club has Free WiFi

Email: beckett012@btinternet.com
T: 01291 629020 / M: 07850 534 370
www.burntbarnclub.co.uk



Club Associates

- Little Acorns Playgroup, 9.15-12.45
- Mon - Fri in term time only.
- Contact Rachel 07904 212135
- Tues - Slimming World
- Thurs - Kung Foo Club

Large function hall available for hire for all types of parties.
Room is available for hire Mon - Fri afternoons after 1pm, Fri nights, Sat & Sun all day & evening.
Resident disco and catering available.

Opening Times
Sat: 2.30pm - 12am
Sun: 12pm - 12am
Mon-Thurs: 7pm - 11.30pm
Fri: 7pm - 12am

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Carols by Torchlight in Tintern Abbey

On Saturday 7th December the Chepstow Rotary Club will stage its annual Torchlight Carol Service at Tintern Abbey. This most popular family event is always well supported and last year over 600 people attended.

From 5pm families will form a column in front of the Anchor Inn, Tintern holding their flaming torches on high to light their way, while the smaller members carry their glowing light-sticks. They will then walk slowly in column around the outside of the Abbey while the wonderful singing of the Wydean choir radiates from within and adds to the ambience. It is always most satisfying to see the faces of the young, and not so young, reflected in the flames of the torches as they enter the rear of this beautiful and historic building. Tintern Abbey is certainly an atmospheric location by day. But by night, in floodlight, with hundreds of flaming torches burning brightly and with the sound of carols sung by the choir, it becomes a positively magical place. *"Harry Potter has nothing on this!"*, said one young visitor. Once all are within the Abbey the congregation sings together the most popular carols lead by the Wydean School Choir. The carols will be interspersed with seasonal Bible readings while prayers will be led by the Reverend Tony Jones.

This Torchlight Carol Service is a very special local event that launches the Chepstow Christmas Season. Every member of the family will remember Tintern for a long time to come and so the date 7th December should be marked in your diary now or visit www.chepstowrotary.co.uk for details. As always, entry is by personal programme that may be purchased on the night or, from the end of November, from the Tintern Abbey shop, or Miles Morgan travel agents in Chepstow High Street. Do remember that all profits go towards Rotary charities. See you there.

Last year this event raised almost £3,000 for Rotary charities. The Club also ran programmes for global polio eradication, many youth competitions in our local schools such as Young Chef, Young Citizen, Young Photographer, Young Writer, Youth Speaks & Young Musician competitions and sponsored a Life Education bus to encourage young learning. Many charitable donations were made to local organisations and individuals who sought our help. **Rotary IS the community.** So, we look forward to greeting you at Tintern Abbey from 5pm on Saturday 7th December

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Let people know you saw them in Chepstow Matters!

Good day out for the Kestrel Boys

Kestrel gymnasts had a great day at Sport Wales National Centre in Cardiff in the first Men's Artistic Welsh Challenge Apparatus Championships.

The gymnasts had to compete in a minimum four of the six apparatus. In the Under 10 years Section Henry French won Bronze on Parallel Bars, and 4th place Ribbons on Vault and Rings, and Overall 4th place Ribbon. Ted Watson won the Gold medal on P-Bars, Bronze on Vault, 4th place Ribbon on Floor, 5th place Ribbon on Rings, and Overall Gold medal!

8 year old Robin Kedward won Gold on Floor, Bronze on Pommel and Rings, Silver on Vault, 6th place Ribbon on P-Bars and Overall Bronze. Daniel Kucharczyk won Gold on Floor and Vault, 6th place Ribbon on Rings and P-Bars. Charlie Jones had a good competition and placed 7th Overall.



In the Under 14 section, James Davies won Gold on Floor, Vault, Rings and P-Bars.

8 year old Brereton Trim, coming back from injury, did his very best in the Welsh Men's 8 year Preparation Grade, a good score of 8.1 on Floor in 4th place, 9.6 on Vault in 5th place.

What a good start to the competition season from all the boys!

PHOTO L TO R Charlie Jones, Henry French, James Davies, Brereton Trim, Ted Watson, Robin Kedward, Daniel Kucharczyk

A Great Start to the Year at Tutshill Primary

At Tutshill C. of E. Primary School, we have had a great start to the new academic year! All of the children are settling well into their new classes and have been taking part in wide range of learning activities. We have had a visit from the Life Education Centre which was fantastic. All of the children took part in workshops based around wellbeing and living a healthy lifestyle. This experience was very informative and the children enjoyed meeting Gerald the giraffe! Year Six have taken part in a KNEX challenge. They had to work together respectfully to build a carnival float. Years Three and Four have been on a visit to Caerleon which brought their topic about the Romans to life! They enjoyed visiting the Roman bath and learning more about the Roman way of life.

The whole school have been involved in an 'Outdoor Learning Week'. This took place from 14th -18th October and allowed children to get outside and get muddy! They have had a great time taking part in lots of practical lessons which varied from completing algebraic calculations using natural objects to writing poetry about trees! All of the children have learned about the work of Andy Goldsworthy, who is an artist/sculptor that works with natural materials, and have created some amazing natural sculptures of their own. They have also been learning how to tie knots with the help of one of our parents who is an expert! They have used this skill to create wooden frames using sticks and other natural materials. We ended the week by taking part in Gloucestershire's 'Big Day Daily Mile'. This 'Outdoor Learning Week' was a fantastic way to celebrate the world in which we live and the children loved learning outdoors especially when it was wet!



Kestrel Gymnastics Club

Artistic Gymnastics and Trampoline Classes for Girls & Boys

PeeWees (Pre-school 2-3 years): A structured class where children together with parent/carer, supervised by a qualified coach work towards British Gymnastics Awards. Mondays 13:00-13:45 & Fridays 09:30-10:15

Tweeties (Age 3 1/2 - 4 years): A class led by a qualified coach working on various apparatus. Mondays 13:45-14:30 & Fridays 13:00-13:45

Recreational Classes (Age 4 years +) Mondays 16:15-17:15, Wednesdays 16:15-17:15 & 17:30-18:30, Thursdays 16:15-17:15, Friday 16:15-17:15, Saturday 10:30-11:30

Trampoline Fridays 16:15-17:15 and Saturdays 10:00-11:30

Competitive Squad Gymnasts - Selected Gymnasts with potential to compete at regional and national levels.

Parkour: Wednesdays 20:00 - 21:00 pm



Open Gymnastics Fun Session

Saturdays
9.00am-10.00am

For children aged
4yrs onwards -
£4.00 per session
payable on entrance

01291 620780

Please email us at: kestrelgymclub@live.co.uk

Kestrel Gymnastics Club, Bulwark Industrial Estate, Bulwark Road, Chepstow, NP16 5QZ

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robins@deanclosenurseries.co.uk



Chepstow Rugby Club 1st XV

Chepstow 1sts have had a excellent start to the 2019/20 season. The first game saw Chepstow away to Newport Saracens where, following a strong start to the game, it had to be abandoned after a serious injury to one of the Saracens players. We all wish Newport Saracens player Jack Tomlins a speedy recovery.

Our first home game was then against Whiteheads RFC, which saw a strong victory for the home team, wining 33 – 27.

Our next home game was against St Julians HSOB, on September 28th. Chepstow initially fell behind to a well struck penalty at a very windy Upton Memorial Ground, but they struck back quickly through a penalty from Sam L Thomas and, although St Julians scored a try after some good interplay between forwards and backs, they were unable to add the extras. The home side struggled to break through a stubborn Saints defence, but were awarded a second penalty for offside, Sam L Thomas making no mistake with the kick. A Saints penalty followed but Chepstow retaliated with tries by Sam Thomas and Morgan Freeman, Sam L Thomas converting the first. Just before the break, St Julians crossed the whitewash to make the half-time score 18-16.

"It was anyone's game at that point," said Chepstow's manager Dean Thomas. *"But we took the initiative in the second half and the pressure told with tries from Andrew Morris, Liam Brady and Sam L Thomas, who also added two conversions. At 37-16 down, St Julians could have buckled, but they showed Great Spirit to score an unconverted try in the last minute,"* Thomas added.



Sam L Thomas (above) showed great form in the Chepstow 1st XV's home bonus point victor

Saturday 5th October saw Chepstow 1st XV away to Blackwood Star. The visitors found themselves behind from a penalty inside the first five minutes but the setback spurred them into life and Jonathan Thomas crossed under the posts for a try, which he converted. Chepstow's forwards started to dominate and Ashley Mustoe scored an unconverted try to stretch their lead to nine points.

After another attack, Chepstow were awarded a penalty try from a five metre scrum, which Blackwood collapsed. A further penalty was scored by the home side, before a great backs move saw Ben Horder cross for the bonus point try, Jonathan Thomas adding the extras.



Morgan Freeman (left) and Ashley Mustoe scored tries for Chepstow 1st XV in the 38-6 victory at Blackwood Stars

The second half started with both teams keeping the ball tight and most of the play was concentrated in the middle third of the pitch. This led to a scoreless 20 minutes, but after Chepstow made some changes the back line cut loose with tries from Morgan Freeman and man of the match Horder. Jonathan Thomas converted one of the tries to complete a 38 -6 victory. This result saw Chepstow 1st XV leap to the top of the WRY Division 3B East Table.

Chepstow RFC 1st Team

Division 3 East B	P	W	D	L	Pts
1 Chepstow RFC	3	3	0	0	108
2 Trillick RFC	3	3	0	0	80
3 New Tredegar RFC	4	3	0	1	81
4 Whiteheads RFC	4	3	0	1	58
5 Newport Saracens RFC	3	2	0	1	89
6 Nantyglo RFC	3	2	0	1	96
7 Fleur de Lys RFC	3	2	0	1	77
8 New Porting RFC	3	1	0	2	44
9 Aberbargoed RFC	3	1	0	2	26
10 St Julians HSOB RFC	4	0	0	4	50
11 Hafodtryn RFC	4	0	0	4	42
12 Blackwood Stars RFC	3	0	0	3	13

Other news

Chepstow Druids (2nd XV) are enjoying a good start to the season. They opened the season with a 16 -13 victory away to local rivals Caldicot 2nds and then followed it up with 38 - 20 win at home to Monmouth 2nds. Next up was a 27-15 home win against Hartridge 2nds. October then brought wins against Pill Harriers 2nds by 39 points to 19 and Caerleon 2nds by 36 points to 5. As a result of these 5 wins out of 5, they sit proudly at the top of the Gwent, Newport & Pontypool league with 24 points.

September also saw the first game for Chepstow Gold's; the clubs latest new team, touch rugby for the over 40's. The team is largely made up of coaches and club dads, but looking to expand to include club mums and grandparents.



The game against the Ystradgynlais based Yogits RFC touch team, was a great success, with supporters from not just family and friends but also the WRU, who are thrilled to see any initiative that encourages participation of all ages and abilities.

Chepstow Rugby club has something for all ages, from Under 7's, through every school age to Under16's. We then have Youth teams, senior teams and the Gold's.

Why not come down and have a look, we are always looking for new players.

Or if you are just into watching, Chepstow play games on a Saturday, 2.30pm kick off. Anyone wishing to come and watch the boys play, are most welcome and there is usually at least one of the senior teams or the youth (U19) playing at home.

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NP16 5JW

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drinkaware.co.uk

Community Noticeboard
to promote your non-profit making event for FREE email
community@mattersmagazines.co.uk

CHEPSTOW COMMUNITY FIREWORKS 3rd NOVEMBER

4:30PM GATE'S OPEN FOR FAMILY FUN DAY

CHEPSTOW SCHOOL - ENTRY BY DONATION

SUPPORTED BY
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FUNFAIR RIDES
STALLS
LIVE BANDS
AND MUCH MORE

ROUNDTABLE



CHRISTMAS TREE FESTIVAL



Thursday 28th to Saturday 30th November
From 2.00 p.m. to 7.00 p.m.

at

Chepstow Methodist Church
Albion Square, Chepstow

Light refreshments available
throughout the festival

GWENT WILDLIFE TRUST Chepstow Talks

Wednesday 20th November 2019

"Mapping our Local Wildlife" – an illustrated talk by Adam Rowe, Manager of the Biodiversity Records Centre, Pontyclun. Learn how to turn your own wildlife sightings into biological records and be part of something important! All wildlife enthusiasts can help with the vital work of monitoring how our local wildlife is doing.

Wednesday 15th January 2020

"Dippers in the Wye Valley" – an illustrated talk by Stephanie Tyler, County Recorder and Vice-President of the Gwent Wildlife Trust. Steph's many years of work with Dippers is well known locally and, since it was featured on TV last year, Nationally too!

All events 7.30pm, Chepstow Leisure Centre

£3.00 entry, refreshments provided.

For more information please contact Hilary on
01291 689326.

DEVAUDEN BONFIRE NIGHT

a traditional family event.
BONFIRE, BAR, FOOD &
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TUESDAY NOVEMBER 5th

GATES OPEN at 5.30 pm

LIVE MUSIC FROM 6.15pm

BONFIRE LIT at 6.30 pm

FIREWORKS START 7.00

ENTRY BY DONATION

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exploring where our clothes have come
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11am - 4pm except Weds, free admission
Chepstow Museum, Bridge Street

Tintern Village Hall



**Christmas
Craft fair**
Sunday
1st December 2019
11.00 am to 4.00pm
Browse the stalls and
then enjoy a mince
pie or slice of cake
with a hot drink.

Handmade quality gifts and crafts
by over 20 local producers, plus a
Christmas Raffle

For further details 07512 856024

Follow us at Tintern Village Hall



Transition Chepstow

Energy & Transport Group
Health & Consciousness Group

Congestion Free Chepstow
Update Progress Report

Public Meeting

Thursday 14th November 2019 7.30pm
Arts Hall, Chepstow School

www.transitionchepstow.org.uk

Wednesday 27 November Chepstow & District Garden Appreciation Society (CADGAS)

Julie Henderson, RHS Bristol Botanic
Garden will be giving a talk entitled

"The Twelve Plants of Christmas"

7.30pm Chepstow Leisure Centre

All Welcome Visitors £4
Raffle, Tea, Coffee and
Christmas Mince Pies!



Saturday 9th November

Cármina with The Singing Club

Memorial Hall, Usk

An evening of Celtic Soul

Doors open at 7pm for 7.30pm
concert. Bar and Refreshments
available.

Tickets cost £8 and can
be purchased online at
www.eventbrite.com
(with a small booking fee)
or from The Sessions House,
Usk Museum Café, or call
01291 671291, or on the door
on the night.

the singing club

www.singingclub.co.uk

Noson Allan
Night Out

Usk Museum Café

The Sessions House

Usk Museum Café

Call 01291 671291

Saturday 16th November

Cármina with The Singing Club

The Drill Hall, Chepstow

An evening of Celtic Soul

Doors open at 7pm
for 7.30pm concert.

Bar and Refreshments
available.

Tickets cost £8 and can
be purchased online at
www.eventbrite.com
(with a small booking fee)
or from Chepstow Bookshop,
Hannah's Music, or call
07790 244623, or on the door
on the night.

the singing club

www.singingclub.co.uk

Noson Allan
Night Out

Chepstow Bookshop

Hannah's Music

Call 07790 244623

or on the door on the night



CHARITY COFFEE MORNING

Saturday 23rd November
10.15 To 12 Noon
Mathern Village Hall



Entry free. Stalls and raffle.
Mathern Wives Group Annual Event.

Proceeds this year to
Chepstow Mencap Project 20/20 and
PBC Foundation funding research into primary
biliary cholangitis.

Contact 01291 623271



Local Clubs, Groups & Community Organisations in and around Chepstow

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet in the area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please contact us on **community@mattersmagazines.co.uk** and we shall do our best to put it right for you!

CHEPSTOW COMMUNITY LISTINGS

Chepstow Castle Bridge Street, Chepstow, NP16 5EZ 01291 624065

Chepstow Hub Manor Way, Chepstow, NP16 5HZ 01291 635730 chepstowlibrary@monmouthshire.gov.uk

Chepstow Museum Bridge Street, Chepstow 01291 625981

Chepstow Town Council The Town Council Offices, The Gatehouse, High Street, Chepstow, NP16 5LH 01291 626370 clerk@chepstow.co.uk

Chepstow Tourist Information Centre Castle Car Park, Bridge Street, Chepstow NP16 5EY. 01291 623772 chepstow.tic@monmouthshire.gov.uk

Community Centres:

Palmer Community Centre, Cormeilles Square, High Street, Chepstow, NP16 5LH 01291 628725 main hall and lounge available for hire, Tea Rooms open for all!

The Drill Hall, Lower Church Street, Chepstow, NP16 5HJ Hall available for hire including weddings 01291 628552 or e-mail Mike at ctcdrillhall@aol.com

Bulwark Community Centre, Laburnam Way, Bulwark, Chepstow, NP16 5RF 01291 624138 bccbulwark@btconnect.com Large Hall, seminar room, café, kitchen and garden area.

Sedbury Space, 11 King Alfred's Rd, Sedbury NP16 7AG, info@sedburyspace.org.uk, 01291 626158, community activities & rooms for hire

Doctors Surgeries and Community Hospital

Chepstow Community Hospital, Tempest Way, Chepstow, NP16 5YX 01291 636636

Town Gate Practice, Tempest Way, Chepstow, NP16 5XP 01291 440065; Beachley Road, Sedbury NP16 7AA 01291 626041

Mount Pleasant Practice, Tempest Way, NP16 5XR 01291 440154; 12A Main Rd, Portskewett NP26 5SG 01291 425242

Vauxhall Surgery Vauxhall Lane, Chepstow, NP16 5PZ 01291 636100

Police Station 14 Moor Street, Chepstow NP16 5XW 01633 838111

LOCAL CLUBS AND ORGANISATIONS

Bulwark Senior Citizens Club Contact Joan Johnson 01291 623352 various social trips and get togethers. Bingo Thurs and Sat 2-4pm and Whist on Wed 2-4pm.

Care Support: Joy's Gift Shop, Bulwark. Free Activity Sessions for people with Alzheimers \ Dementia Related Illness. Phone Toni to book a place on 01291 629392

CHAOS Music and Drama chaosinchepstow@live.co.uk Jon Stow 07926 584 661

Chepstow Archaeological Society www.chepstow.org.uk 1st Thursday of the month 7.30 Chepstow Conservative Club

Chepstow (Archway) Bridge Club meets Mon, Weds, Thurs at the Palmer Centre, 7-10pm <http://chepstowarchwaybc.org.uk> or call Pete on 01291 - 627599 for more information.

Chepstow Carers Group Scout Hut, off Pembroke Road, Bulwark first Wed of the month 10-12 chepstowcarers@yahoo.co.uk 07592 503757

Chepstow Choral Society www.chepstowchoralsociety.org.uk info@chepstowchoralsociety.org.uk Wed 7.30 Chepstow Leisure Centre

Chepstow Community Big Band Meets on Wednesday evenings during term time at Wydean School NP16 7AA 6pm - Microjazz Training Band; 7pm - Swingcopation Big Band. <http://chepstowcommunitybigband.weebly.com>

Chepstow Cormeilles Twinning Association www.chepstowtwinning.wordpress.com

Chepstow and District Amateur Radio Society www.gw4lwz.org.uk contact James Hewitt chairman@gw4lwz.com, meet at Chepstow Athletic Club

Chepstow and District Gardening Club Caroline Duchet cdgclub@gmail.com

Chepstow and District Lions www.caldicot.com/lions 0845 8339565

Chepstow Folk Dance Club Wednesdays 7.30 pm Function Room Conservative Club, Moor Street. <http://chepstowfolkdance.weebly.com/>

Chepstow Hill Walking Club an informal group of people of all ages who like to walk on the hills and moorland. www.chwc.org.uk

Chepstow Jubilee Townswomen's Guild meets at Chepstow Leisure Centre on the 1st Wednesday of each Month. Contact: Maureen Dale 01291 623257

Chepstow Knitters first and third Monday of the month Chepstow Methodist Hall 7.30-9.30pm. Contact Margaret Payne 01291 630580

Chepstow Male Voice Choir www.chepstowmvc.co.uk Mon & Thurs 7pm The Dell School contact Elvin Hart on 01291 620438 or 07956 891 234.

Chepstow Photographic Club www.chepstowphotosoc.org admin@chepstowphotosoc.org

Chepstow Probus Club fortnightly meetings for retired business gentleman. Contact Ian Whitford - Secretary for PROBUS of Chepstow 01291 622 193

Chepstow Round Table www.chepstow.roundtable.co.uk community voluntary organisation for men aged 18-44. 'find them at Facebook/Chepstow Round Table'

Chepstow Society local group exploring history and developments of town, meet each month in Drill Hall. www.chepstowsociety.co.uk Secretary Henry Hodges, 01291 625865.

Chepstow Town Band meet Sundays 6.30-8.30 at Bulwark Community Centre, contact Alen Lane 01291 629580

Chepstow Walk for Health. Meets 10.00 am every Monday (except Bank Holidays) at the rear of Chepstow Leisure Car Park. Walks no longer than 3 miles with few if any stiles. Come and make new friends and get fitter at the same time. For further information contact Helen 01291 641856

Chepstow Womens Institute (WI) www.thewi.org.uk Shirenewton, St Arvans and Tidenham

Chepstow Group of Gwent Wildlife Trust Contact Hilary Lee 01291 689326 hilary-lee@tiscali.co.uk

ComBat Communities of Bulwark and Thornwell, community group Chairman Ric Hayes ric.hayes@talktalk.net

Library Friends Group aims to support and promote the library through a variety of activities. Please contact 01291 635730 for more info.

Lower Wye Ramblers Sunday Walks (meet CLC) www.lowerwyeramblers.org.uk 01291 637416

Mahjong Group meets weekly on Monday afternoons in Tidenham Chase. For new and current players please contact David Green on 07813 200808

Mathern Men's Choir meet in Mathern Village Hall on Mondays at 8.00 pm. New members welcome. Neil Jones 01291-628410

Mathern, Mounon and Pwllmeyric Villages in Bloom Meet 7pm last Thur of the month, bi-monthly (Jan, Mar, May, July, Sep, Nov) Mathern Village Hall. <https://www.facebook.com/MMPVB/> email: mmpvb@btinternet.com

Movie Night at Bulwak Community Centre and St Arvans Memorial Hall see www.monmouthshiremobilemovies.co.uk

Musical Youth Theatre www.cmyt.org Chepstow Baptist Church Tues and Thurs

Pottery Thursdays 7-9 Chepstow Comp School Cathy 07917 261511 www.monmouthshirepotters.org hello@monmouthshirepotters.org.uk

Rotary Club of Chepstow and District Secretary Geoff Sumner 01291 624758 www.chepstowrotary.org.uk

Royal British Legion Chepstow Branch meets at the Beaufort Hotel in Chepstow monthly on 4th Tuesday at 7.30 pm. Contact Tom Moran on 01291 427266 tmoran@btinternet.com.

Royal Naval Association Chepstow Branch meets at the Conservative Club, Moor Street monthly on 2nd Thursday (except August) at 8.00 pm Contact Ken Davies on 01291 621485 kendavies131@yahoo.co.uk

The Singing Club for anyone who wants to sing www.singingclubber.co.uk

Tidenham Historical Group meets from September to April on the last Tuesday of the month at 7.30pm in Sedbury Village Hall NP16 7AQ. Visitors welcome. For details ring 01291 623736 or e-mail info@tidenhamhistory.co.uk.

U3A <http://www.u3asites.org.uk/chepstow> Discover 70 activity groups for the retired or semi retired. Make new friends. Contact Irene on 01291 629055

Wye Cross Stitch Club meets the second and fourth Tuesday of every month. 7.30pm to 10pm Sedbury Village Hall. Contact: Elaine Moore 01291 629666

Wye Knot Speakers a group to help develop public speaking skills. Find us at Facebook/WyeKnot Speakers or call Stephen Dance on 01291 620819.

CHURCHES

www.chepstowchurchestogether.org.uk

Chepstow Methodist Church, Albion Square, Chepstow, NP16 5DA 01291 627014 www.chepstowmethodist.org.uk

St Marys Priory, The Vicarage, Mount Way, Chepstow NP16 5NF **St Christophers**, Bulwark, (linked to St Marys) Rev Phillip Averay 01291 620980 <http://www.chepstowparish.co.uk/>

Chepstow Baptist Church, Lower Church Street, Chepstow, NP16 5HJ 01291 622987 chepstowbaptist.org.uk

St Marys Catholic Presbytery Church, Bulwark Road, Chepstow, NP16 5JE 01291 622649 admin@stmarysrchepstow.org.uk www.stmarysrchepstow.org.uk

St Luke's Church, Coleford Road, Tutshill NP16 7PT 01291 624868 www.tidenhamparishchurch.co.uk

Stroat Church, Gloucester Road, Stroat, Chepstow, NP16 7LR 01594 529209 www.stroatchurch.org.uk

The Bridge Pentecostal Church, Unit 1A Critchcraft Buildings, Bulwark Road NP16 5QZ 07943 851799 thebridgechurchchepstow@gmail.com

Victory Church, Palmer Community Centre, High Street, Chepstow, NP16 5LH 0845 4092449 www.victorychurch.co.uk

BABY AND TODDLER GROUPS

Baby Rhyme Time and Under Fives Story Time at Chepstow library 01291 635730 Rhyme Time Thurs 2.15-2.45 Story Time Fri 10.15-10.45

Chepstow Methodist Church Parent and Toddler Groups mornings 10am term time www.chepstowmethodist.org.uk

Cylch Ti A Fi Cas-Gwent Chepstow Library contact Mai Jones mai.jones@meithrin.co.uk Tuesdays 10.15-11.15

Devauden Mother and Toddlers, Devauden Village Hall contact sarah_trim@rocketmail.com Mondays 10-12 including holidays

Shirenewton Parent and Toddler Shirenewton Rec Hall, Paula Siddall p.rimmer10@btinternet.com every Thurs 1.30-3pm

St Arvans Baby and Toddler St Arvans Memorial Hall. Every Weds 10-11.45. First session free. T: Ami Cooper 0788 668 0262 E: ami_balance@yahoo.co.uk

St Christophers Under Fives and Familys St Christophers Church, Bulwark contact Babs Middleton 07594172720 babsmiddleton80@gmail.com Wed 3.45 term time, all age siblings welcome FREE

Sedbury Stay & Play, Sedbury & Beachley Village Hall, Wednesdays 9.30-11am. Glos term times only. Contact Jane Penny 07856 679377

Stroat Church Toddler Group 10am on Thursdays, term time only 01594 529209 www.stroatchurch.org.uk

Tutshill Baby & Toddler group, Tutshill Memorial Hall, Tuesdays, 9.30-11.15am Glos term times only. Contact Jane Penny 07856 679377



Please support us and connect with us:
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Local Clubs, Groups & Community Organisations in and around Chepstow

NURSERIES / PRESCHOOLS

Bluebells Playgroup Fairfield Road, Chepstow 01291 628908
bluebellisplaygroup@outlook.com

Chepstow Leisure Centre Playgroup 07591 356101
chepstowleisurecentreplaygroup@outlook.com

Hedgehogs Nursery, in Tutshill Open 7.30am–6.00pm
for ages 3m–4 yrs. 01291 628344 hedgehogs@
deanclosenurseries.co.uk

Little Acorns Playgroup Burnt Barn Road, Chepstow 01291
628031 www.littleacornsplaygroup.co.uk

Little Scamps Pre-School and Nursery Beachley Barracks,
Chepstow Nicky Morgan 01291 645381

Penguins Pre-School, c/o Offas Mead Academy, Beachley
Road, Sedbury NP16 7DT Michelle 07923548584

Robins Nursery, in St Arvans Open 7.30am – 6.00pm for ages
3m–4yrs. 01291 624893 robins@deanclosenurseries.co.uk

Shirenewton Playgroup contact Beverly Lindsay, Playgroup
Supervisor 07881 480764 shirenewtonplaygroup@gmail.com

Tutshill Community Pre-School Debra Hockin 01291 629134
www.tutshillpreschool.org.uk tutshillpreschool@talktalk.net

PRIMARY SCHOOLS

(The) Dell Primary Welsh Street, Chepstow NP16 5UQ
01291 635641 thedellprimary@monmouthshire.gov.uk
www.dell.monmouthshire.sch.uk

Offa's Mead Academy Beachley Road, Sedbury, Chepstow
NP16 7DT 01291 622932 www.offasmeadacademy.org
contactus@offasmeadacademy.org

Pembroke Primary School Fairfield Road, Bulwark NP16 5JN
01291 622310 pembrokeprimary@monmouthshire.gov.uk
www.pembrokeprimaryschool.co.uk

Shirenewton Primary School Shirenewton, Chepstow, NP16
6RN, 01291 641774 shirenewtonprimary@monmouthshire.
gov.uk

St John's on-the-Hill, Independent, co-educational
school for ages 4 -13 years. 01291 622045 enquiries@
stjohnsonthehill.co.uk.

St Marys RC Primary School (Voluntary Aided) Bulwark
Road, Chepstow NP16 5JE, 01291 623006 stmarysprimary@
monmouthshire.gov.uk

Thornwell Primary and Nursery Unit Thornwell
Road, Bulwark, Chepstow, NP16 5NT 01291 623390
thornwellprimary@monmouthshire.gov.uk

Tutshill C of E Primary School, Coleford Rd, Tutshill,
Chepstow NP16 7BJ 01291 622593 admin@tutshillcofe.
gloucs.sch.uk

Ysgol Y Ffin (Welsh medium), Sandy Lane, Caldicot, NP26
4NR 01291 420331

SECONDARY SCHOOLS

Chepstow School Welsh Street, Chepstow, NP16 5LR 01291
635777 www.chepstowschool.net

Mounton House Special School Pwllmeyric, Chepstow, NP16
6LA, 01291 635050 www.mountonhouse.org.uk/

Wydean School Beachey Road, Sedbury NP16 7AA 01291
625340 www.wydean.gloucs.sch.uk

SPORTS CLUBS

Archery – St Kingsmark Bowmen www.st-kingsmark.co.uk
Wed & Fri 7pm Chepstow Athletics Club

Chepstow Amateur Boxing Club www.welshboxing.org
Stephen Woods 07793 047 941

Chepstow Athletics Club (Sports and Social Club) www.
chepstowathleticac.co.uk Tony and Shirley Hardy 01291
622126

Chepstow Badminton Club www.gwentbadminton.co.uk
Tues 8-10 Leisure Centre. Miss P Jenkins 01291 624438

Chepstow Boat Club www.chepstowboatclub.co.uk Ben
Ponting 07872 532145 secretary@chepstowboatclub.co.uk

Chepstow Bowling Club www.chepstowbowlingclub.co.uk
Mike Roy 01291 626137

Chepstow Cricket Club www.chepstow.play-cricket.com
markbirch1228@hotmail.com 01291 622126

Chepstow Cycling Club www.chepstowcyclingclub.wales/
Chepstow Darts League contact Nigel Wright - nigel64.nw@
gmail.com

Chepstow & District Yacht Club www.cdyc.co.uk Roger
Nasey 07968495124

Chepstow Harriers Running Club
www.chepstowharriers.org.uk Tues and Thurs 7pm Leisure
Centre

Chepstow Ladies Hockey www.pitchero.com/clubs/
chepstowladieshockeyclub Jamie Clifton (Secretary) email:
jamie.clifton@hotmail.co.uk

Chepstow Mountain Biking www.chepstowmtb.co.uk
chepstowmtb@tiscali.co.uk

Chepstow Rugby Club www.chepstowrfc@mywru.co.uk
01291 624818 email: chepstowrfc@outlook.com

Chepstow Swimming Club www.swimchepstow.org.uk
information@swimchepstow.co.uk

Chepstow Taekwondo Monday and Thursday evenings. Age
4+ chepstowtkd.org.uk Contact Tom Baxter 07590 847662

Chepstow Tennis Club www.chepstowtennisclub.co.uk,
admin@chepstowtennisclub.co.uk contact Ian Russell 01633
400957 meet at Chepstow Athletics Club

Football:

Chepstow Athletic Football Club www.clubwebsite.co.uk/
chepstowathletic

Chepstow Town Football Club www.clubwebsite.co.uk/
chepstowtownafc. Contact Stuart Carter 07592 323 770

Chepstow Garden City Junior Football Club www.
gardencityjffc.com

Thornwell Red and White Football Club www.teamstats.
net/thornwellfc

Chepstow Chamber of Commerce & Tourism Supporting Local Business

Chepstow Chamber of Commerce and Tourism is a long-standing group of local businesses who work together to benefit the economy and community in and around Chepstow. Our Members are varied and diverse. If you are interested in joining us email secretary@chepstowchamber.com for further information. www.chepstowchamber.com / www.facebook.com/ChepstowAGreatPlaceTo



Chepstow Chamber working with Monmouthshire County Council

It may seem like a small thing to get a new town centre sign but, in these times of stretched resources, budgets and increased and complex legislation for new signs in Wales, Chepstow Chamber has been pleased to work with Monmouthshire County Council (MCC) over the past year to get the old "Town Centre" sign on Hardwick Hill finally replaced. Chepstow Chamber has been working with MCC to address a number of issues around town; old and faded signs being just one. We hope that small changes like this will help to make the town more welcoming and attractive.

Chepstow Chamber is an entirely voluntary group, so all the time that goes into working with organisations such as MCC is our own. If you see any faded signs, road markings, unemptied litter bins, etc. you can help with the upkeep of the town by reporting them via the My Monmouthshire app or by visiting www.monmouthshire.gov.uk/my-monmouthshire



*What an improvement!
Chepstow Town Centre sign before (above)
and after (below)*



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Supporting Local Business



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T: 07342 05355 (Anne Winfield); www.barclays.com



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Chepstow Chamber of Commerce & Tourism

Supporting Local Business



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Gregor Heating	1,37	Dog Grooming		R H White Plbg & Htg	36
Childcare - Robins Nursery	23	Perfect Dog Grooming	3	Podiatrist - Stepwise Podiatry	18
Children's Activities		Financial Advisor IAM Financial	9	Repairs -	
Kestrel Gym Club	22	Funeral Directors		D-CR Domestic Appliance Repairs	37
Paint on Me	6	Ian Watts & Sons	4	Roofing - S J Roofing	36
Chepstow Chamber of Commerce	31-34	Gardens/Gardening		Schooling/Tuition	
Community Notices/Listings	26-30	Chepstow Garden Centre	7	St John's on the Hill	10,11
Days Out/Events/Activities		Gifts, Accessories & Jewellery		St Mary's Catholic Primary	17
A Christmas Carol	5	Silk Road Bazaar	15	Social Club - Burnt Barn Club	19
Apple Day	5	Hair & Beauty		Tiling - Wall & Floor Critchcraft	39
Bids & Brains	8	Albion House	4	Toyshop - Toytastik	7
Christmas Dinner Dance NDAC	2	Mobile Hair stylist - Louise	14	TV/Aerials - The Aerial Man	3, 37
Fashion Show	19	Pierrette's Salon	21	Voluntary/Social groups	
Flash - Queen Tribute	14	Holistic Therapy - Just You Hol	14	Chepstow & Caldicot Lions	23
Mind Body Spirit Show	16	Home -		Windows/Conservatories	
Museum Events	6,7	External Cleaning / Sealing	36	Chepstow & Caldicot Lions	23
Tintern Abbey Carols	21	Kitchens - Howdens	35	Monmouthshire Windows	40
Welsh Grand National	20	Thornbury Stairlifts	37	Wine Tasting - Tell Me Wine	13



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