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September 2019

# Community Chepstow Matters

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## Howdy Readers...

Welcome to Nashville! (cover photos and right). Chepstow High Street was buzzing on Saturday 17th August when residents and visitors were encouraged to don cowboy hats and join in with line dancing on the streets to enjoy a themed fun day in town. The day was instigated by Carol Mutlow of Hannah's Music in Moor Street, organiser of the annual Castell Roc music festival, and timed to support the Country Night in Nashville show which played at Castell Roc the same evening. The community feedback to the fun day has been so positive across social media and in person. Carol told us *"There have been so many lovely comments, it's unbelievable. It was a really fantastic day seeing the whole community pulling together, with many retailers getting involved too, I'm so glad it was so well received. Something to build on for next year!!"*



In our September edition we hear from more local businesses offering reader discounts (Bargain Booze plus, Chepstow Yoga, Beam Denti Spa, Fear Fest, The View Cafe Bar), or inviting you to celebrate with them (Tell Me Wine) and lots more to read inside including news of the Tŷ Croeso shop on Moor Street, WyeFest, a new Art History course starting this month, news from the Lions, School open days and more.

If your business would like more custom from local residents across Chepstow and the local villages do get in touch with us and we will be happy to help. Deadline for the next issue is 15th September. Enjoy!

**Don't forget you can keep up with each monthly edition of your favourite local community magazine via**

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Ian Watts & Son Funeral Directors were honoured to be invited to the Blessing of the extension to Dewstow Cemetery in Caldicot on 13th August. The Rev'd. Preben Andersen officiated.

Martin Watts of Ian Watts & Son said, 'Caldicot Town Council and others have worked extremely hard to obtain this additional land.'

The Town Council's Clerk, Mrs Gail McIntyre, is pictured in the front row with the Mayor Cllr. Dave Evans. Jo Hume from Ian Watts & Son commented, 'We can't thank Gail and her Team enough at the Town Council Offices for all their help and support with all our applications for burials and memorial applications and for asking us to be a part of today's Ceremony.'

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## Fabulous FREE family day out

Home made go karts will tear around a figure of eight race track at Goodwood on Sunday 29th September, in the 12th annual Supreme Box Kart Championships, organised by the Scouting Association.

Cub Scouts aged between 8-10.5 years old from the world's largest youth organisation, have spent months designing and building their karts, as they eagerly anticipate the navigation of such a prominent race track.

Forty-two teams, from three home countries will race around the 120m track, with some expected to fly round it in just 25 seconds! A total of 252 heats will take place before the final knock out stage, which sees the champions taking home a trophy. It truly is an exhilarating experience.

This incredible opportunity was the brain child of Stephen and Amanda Bell, who introduced their own Cub pack to the engineering behind building such karts, followed by a small scale event joined by a few other local Cub packs. Over the past 12 years the annual event has grown considerably and now has entries from all over England, Wales and Northern Ireland. It was hoped that a team from Spain would be joining the jamboree this year, but sadly places are limited and very much works on a first come first served basis with entries selling out within weeks.

When asked why 'The Supreme' as it has become known was so popular, Stephen Bell replied "Box karts are old school and although they are raced in a more controlled manor than when we were children, the adrenalin rush is still there. It ticks all the boxes from creativity, engineering, team work, fitness and above all, fun!"

**One of the Welsh teams who were fortunate to be allocated a space are the Cubs of 1st Shirenewton.** A spokesperson for the group said "This type of adventurous activity demonstrates the diversity of opportunities afforded to young people through the Scouting programme and let's face it, who wouldn't be a tad excited to be able to say they had actually raced at Goodwood?!"

The Scouting Association has thirty seven million members spanning across the globe to 162 different countries. Fifty years ago it even reached the moon, when Neil Armstrong, himself a Scout, took his own Scout membership badge with him on the Apollo 11 mission, proving to generations of young people that with hard work and determination the possibilities are endless. Interestingly twenty of the twenty four men who travelled to the moon on Apollo missions were Scouts and eleven of the twelve men who walked on the moon were again Scouts.

Who knows how many youngsters will be inspired to fulfill their dreams in car design, engineering or motor racing, thanks to this tremendous opportunity that the Supreme Box Kart annual event gives? But if nothing else it teaches team work, leadership, sportsmanship and endurance, all of which are vital skills in life.

**Spectators are very welcome to join the festivities at Goodwood motor circuit on 29th September with the first race setting off sharply at 10am. Thanks to sponsorship from local businesses, there is no charge to anyone who wishes to come and join the electric atmosphere that is ... The Supreme.**



# Tŷ Croeso

*Chepstow Matters was pleased to be invited along to the community run Tŷ Croeso shop in Moor Street for this edition.*

## History:

The shop was recently donated to the CIO (Charitable Incorporated Organisation) Friends of Welsh (Chepstow)/ Ffrindiau'r Gymraeg Cylch Cas-Gwent by Margaret Odyomo (née Jones) who describes herself as 'Forest of Dean Welsh' having been born and brought up in St Briavels. After college in Cardiff, Margaret went to Uganda as a VSO and loved it so much that she stayed for 11 years, teaching Biology and marrying Peter, a Ugandan. In 1974 she returned to the UK with her young son to help her mother care for her father who had Alzheimer's. After his death she was unable to return to Uganda because of the fighting in Idi Amin's regime. She therefore remained in the UK and taught Biology and Chemistry at a school in Gloucester until, semi-retired, she worked in the Forensic Lab in Chepstow, living in Tutshill.

On retirement Margaret had - for the first time - both time and opportunity to learn Welsh properly, enrolling in a class at Boverton House with tutors from Coleg Gwent. However her health began to decline (arthritis) and, needing to downsize, she did so with a vengeance, moving to a 1 bed flat in the heart of Chepstow above what is now Tŷ Croeso and, passionate about the Welsh language, she started a 'siop siarad' ('talking shop') in the shop for herself and other learners to converse and consolidate their learning. Over the years the shop morphed into what outwardly looked like a Welsh interest



bookshop, run on a shoestring and trying to support the Welsh language in any way it could. In 2010 Margaret received the Ysbyrdoli! / Inspire! Award as Welsh Learner of the year. She passed her A Level in 2011. By this time the South Monmouthshire Welsh Society had formed in Chepstow.

In late 2016 as her health declined further, she moved to a groundfloor flat in Caldicot to be 'on the flat' but, still 'dwli ar y Gymraeg' (passionate about the Welsh language and culture), she gifted the 'siop siarad' premises to become Tŷ Croeso which, hopefully as it's name says, will be a house of Welcome for all interested in the Welsh language and culture.

A group initiated from the Welsh Society in Chepstow, including Norman Chamberlain and Lynne Davies, drew together a CIO (Charitable Incorporated Organisation) to which Margaret very generously transferred ownership of the property. All of the trustees of the CIO are passionate about promoting the Welsh language in the locality, and the group includes both learners and fluent speakers of all ages, reflecting the fact that over 10% of Monmouthshire's residents are either fluent or learning Welsh.

Trustees Lynne, Norman and Andrea have been volunteering regularly to open the Centre. Lynne was born in Cardiff, and brought up bilingually. She moved back to Chepstow several years ago, having spent over 15 years working in England and France, so that her children could attend the Welsh-medium school Ysgol y Ffin in Caldicot. Norman was born locally but spent the majority of his life in England. He didn't learn Welsh until after retirement when he decided to book on a

course, inspired by both his grandparents having been Welsh speakers. "Norman now speaks better Welsh than me!" joked Lynne. Similarly, Andrea has learnt Welsh as an adult, regaining the fluency that was her grandparents' birthright.

After some renovation and redecorating, the charity 'Ffrindiau'r Gymraeg Cylch Cas-Gwent' (Friends of the Welsh Language, Chepstow) opened earlier this year in May with a book night and open day, with over 50 people attending.

## Future Plans:

Looking to the future, Tŷ Croeso has a programme of activities planned for 2019/20 including talks, book club meetings, Welsh history sessions, a Welsh language folk group, and a total beginners language course taught by Colleg Gwent starting on 16th September.

There is also a baby & toddler group starting in September as well as a Welsh Women's Institut group.

The team are keen to encourage local pupils to use the centre as a resource and pop in too to practice their Welsh or borrow books. There is a library scheme for books which costs just £6 a year for membership. From September, officers from organisations such as Menter Iaith and Cymraeg Byd Busnes will be able to work from Tŷ Croeso one day per week, to expand the use of Welsh in the community and in local schools.

The group are also looking to start taster language sessions on a Saturday for those not quite sure about starting on a whole course.

For those who are already reasonably fluent there will be the possibility of running some Welsh literature and language courses too.

The premises will be set up for language classes and will also be available to rent to other users when not in use, at very reasonable rates!

At present Tŷ Croeso is run entirely by volunteers, with the building only open to the public on Saturday (check our website for times), but the aim is to open more as support grows.

Everybody from the local area, villages and beyond (including Welsh speakers from Bristol and Thornbury who have already found their way to the shop) are very welcome to pop in and

# YOGA IS IT FOR ME?



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say hello and have a cuppa - whether you are currently a Welsh speaker or just interested to find out more.

**For more information check out the website:**  
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### Keep apathy at bay

The pension landscape has undergone vast changes over the last few years. Financial provision for our retirement has seen an emphasis, from being largely the responsibility of the state to largely the responsibility of the individual. Although it can seem a long way off, the reality of the situation is that careful planning now could make a considerable difference to the amount available in your pension fund at retirement, plus (within limits) you receive tax relief on contributions too.

### Never too early to think about your pension

Ideally you should start planning your pension from the day you start work. No one wants to worry about money in their later years, and the way to help prevent that happening is to save regularly into a pension throughout your working life.

In simple terms, there are three main types of pensions: workplace; personal and the State Pension.

Whatever type of pension you hold, you get tax relief at the highest rate of income tax you pay, on all contributions you make, subject to annual and lifetime allowances.

At age 55, you can withdraw 25% of a defined contribution pension tax-free, which means the scheme is 'crystallised'. You can keep the rest of the fund invested in an income draw down plan, buy an annuity, or cash in your entire pension, subject to tax; or a pick and mix approach of all three.

If you save into a workplace pension, your employer should make contributions alongside yours, providing a welcome boost to your pension.

### You need more than a safety net

Although the full new State Pension has increased to £168.60 per week, not everyone will get this amount as it will depend on their contribution record. The state retirement age is set to increase too, so if you were born after 6 April 1978 you won't be entitled to receive your state pension until you're 68 years old.

### Something for everyone

If you're self-employed, an employee, work part-time, run your own business or have accumulated pension pots with past employers, we can offer you advice; retirement should be an enjoyable and fulfilling stage of life, not a time spent worrying about money.

### Steps to take

- Make pension saving a priority
- Consider topping up your contributions whenever your financial circumstances allow
- Speak to us about arranging a regular review to ensure your retirement plans remain on track
- Know your State Pension age and get a forecast from gov.uk to show you how much you'll receive.

The value of pensions and the income they produce can fall as well as rise.

You may get back less than you invested.

### Dr Josh Lewis

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Created in Nighthall  
Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom.  
A charity registered in England and Wales (258197) and in Scotland (SC037554). © Parkinson's UK

## Chepstow & Caldicot Lions Update

### Lions make a splash!

On one of those hot days (remember!) last month, Shirenewton Primary School officially unveiled its new wildlife pond. Situated in the school grounds, the pond will attract water-loving insects and dragon flies to the water lilies and other pond plants which have been funded by the Lions.



Pupils and the Headmistress Mrs. Mitchell are shown taking an interest in the plants.

### Another defibrillator for the Town

Yet another defibrillator was installed at the Tourist Information Office 2 weeks ago. This is one of 26 defibrillators which have been funded by the Lions in, and around Chepstow in the past 2 years.



Sandra Bushell ex Clerk to the Chepstow Town Council and now a member of the Lions is seen presenting the distinctive yellow box to Lucy Allen, the current Clerk to the Chepstow Town Council.

### The Lions go back to school

The UNICEF organization provide large boxes which contain enough educational material for 40 children for a year and is aimed at areas of conflict where children have little hope of attending organized lessons. Each box costs £150 and our picture top right shows our President Glyn Williams receiving a cheque from Caroline Leigh-Price, Branch Secretary of the Unite Union, thanks to this donation and our Charity Fund, your Lions Club will be supplying 4 of these boxes to areas most in need.



### Lions at the Show

To say the least, the weather at the Chepstow Racecourse on Agriculture Show day, was rather mixed! Despite the rain and howling wind the Lions first presented a cheque for £531 to Helen Morgan of Ty Hafan. This money was raised through donation to our Easter Egg raffle.



Next, on with our current raffle (36 prizes) where we tried very hard to persuade the drenched visitors to buy our tickets.

Just as a footnote, and to demonstrate the indomitable courage of our local farming community, we pictured Robin, Kathryn and son William eating ice-cream, despite the weather - they were determined to have a good time!



Let people know you saw them in Chepstow Matters!



## Creative Hair Design - A Mobile Service by Louise

Hair can be likened to our best gown, a gown that is worn each and every day! I honestly believe this. Hair for most of us is the way that we choose to look in the world and it is also the way that we feel good about ourselves and confident with others.

As a hairdresser, newly based in Chepstow and with over 30 years' experience, nothing gives me more happiness than leaving one of my clients excited and thrilled about their new hair look. I know how much this means to them. I would class many of my clients as friends having got to know them so well over the years and really enjoy the social opportunity of meeting them every few weeks or so. It is my true pleasure to offer them this service. No wonder hairdressing is voted year on year as one of the happiest professions. How lucky am I!

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## Burnt Barn Community (Sports) & Social Club

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T: 01291 629020 / M: 07850 534 370

[www.burntbarnclub.co.uk](http://www.burntbarnclub.co.uk)



### Club Associates

Little Acorns Playgroup, 9.15-12.45  
Mon - Fri in term time only.  
Contact Rachel 07904 212135

Tues - Slimming World

Thurs - Kung Foo Club

### Large function hall available for hire for all types of parties.

Room is available for hire  
Mon - Fri afternoons after  
1pm, Fri nights, Sat &  
Sun all day & evening.

### Resident disco and catering available.

Opening Times  
Sat: 2.30pm - 12am  
Sun: 12pm - 12am  
Mon-Thurs: 7pm - 11.30pm  
Fri: 7pm - 12am

## Gardening tips and advice from Chepstow Garden Centre

Autumn is the perfect time to tidy your garden before the cold weather. There are lots of simple jobs you can do to help your garden continue to look spectacular through winter and in to spring.

The first job is tidy your beds. Deadhead flowers, remove dead leaves, pull out collapsed stems and cut back your herbaceous perennials – this will neaten everything up and help it grow back healthy. Don't forget to remove weeds! You can also spread compost or manure over the soil to insulate plant roots.

Next, turn your attention to your lawn. You will be slowing down on your mowing now, make sure to keep your lawn mower height set high to keep the grass slightly longer for winter, this will help it stay healthy. Grab an edging tool or knife to trim and edge your lawn, a pristine lawn line always looks fantastic.

Our favourite autumn job is planting bulbs. Daffodils, tulips, crocus and hyacinths are all popular spring flowers you can plant now to enjoy vibrant colours in the spring. You can also plant summer bulbs like lilies, alliums and crocosmia.



## PLAN NOW FOR SPRING



### Our top tips for bulb planting:

- Plant most bulbs 2 to 3 times their depth. So, if you have a bulb which is 5cm tall, dig a hole 10-15cm and sit the bulb at the bottom.
- Certain bulbs prefer certain areas, daffodils like a sunny spot with well-drained soil, snowdrops like dappled light and moist soil. It is always best to check.
- Layer bulbs in pots - start with the largest bulbs at the bottom and work up. Choose bulbs which will flower in different months, so you have constant colour. Top with pansies to add colour in the winter.

September is the perfect time to plant bulbs ready for fantastic flower displays in spring.

Bulbs are easy to plant in beds, borders or pots. Ask our staff for help with planting inspiration or advice on how to plant.

We pride ourselves on being your friendly, independent and local Garden Centre.

**CHEPSTOW**  
Garden Centre

Pwllmeyric, Chepstow, NP16 6LF

01291 626035

[www.chepstowgardencentre.co.uk](http://www.chepstowgardencentre.co.uk)



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With summer festival season well under way, Wyedean students were treated to the inaugural whole school 'WyeFest' on the 22 July. Building on the success of Year 9's end of year festival in 2018, Head of Year 10, Marie Groucott, decided go one better - making the festival bigger, better and open to all students.

Inspired by scenes at Glastonbury, Wyedean students were treated to an end-of-year spectacle involving music, giant inflatables, face painting, tie die head bands, photo booths and a barbeque. Teachers put aside their whiteboards and pens for the day and instead organized retro fete entertainment such as coconut shies, hoola hooping and jenga.

Despite the previous day's rain the event took place in glorious summer sunshine which was doused by the fire service playfully drenching staff and students alike. Even that couldn't dampen spirits!

New Principal, Gwennan Jeremiah, commented that is was a wonderfully inclusive day with something for everyone and it was fantastic to witness students engaging with each other and celebrating the end of the academic year in style.

Chloe Rayworth in Year 9 felt that it was "amazing to get the whole school together. It was a chance to enjoy each other's company without the pressure of work." Kyran Grant and Elijah Coles commented that the day was "really enjoyable" and they were "looking forward to the same again next year".

WyeFest provided a glorious full stop to another successful academic year and an introduction to what has hopefully been a wonderful summer holiday for all at the school.



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## Adult Community Learning - Autumn Term 2019

- \*Ancient History for Beginners; \*Archaeology - Beginners;
- \*Clothes Making + Soft Furnishing; \*Sewing for Beginners - Lydney;
- \*Italian all levels;
- \*French (all levels); \*Spanish (all levels); \*Latin;
- \*Enjoy Photography; \*Smartphone Photography;
- \*Painting and Drawing; \*Ink, Watercolours + Gouache;
- \*Dementia Awareness workshop (free);
- \*Silversmithing Jewellery for all;
- \*Make Silver Earrings or \*Make Silver Ring Workshops;
- \*Christmas Wreath Workshop;
- \*Autumn Flower Arranging;
- \*Excel; \*Computer Skills – the Essential Introduction;
- \*Make the most of your iPad; \*eBay – how to sell;
- \*Pilates; \*Chair Aerobics – ease memory problems;
- \*Golf Coaching – St Pierre Golf Academy, Chepstow;
- \*Basic First Aid; \*Basic Food Hygiene;

Download the Autumn Term ACL Brochure from

[www.wydean.gloucs.sch.uk](http://www.wydean.gloucs.sch.uk)

<http://www.wydean.gloucs.sch.uk/Community/Adult-Learning>

School Office on 01291 625340 (answerphone at times)

Wydean School and Sixth Form Centre, Beachley Road, Sedbury, Chepstow, Glos NP16 7AA

## Adult Community Learning Opportunities for YOU

Wydean School offers a fantastic choice of courses under the Adult Community Learning Programme not only at Wydean, but also in community venues in the Forest of Dean.

Be inspired and get creative! How about making gorgeous pieces of silver jewellery or get sewing a bespoke piece for yourself or for your home? Don't miss out on the usual popular courses such as Discovering Archaeology, with Stuart Wilson of Time Team and Digging for Britain fame; Photography; Meditation; Golf and more. Discover the past and understand the present on Ancient History for Beginners.

Develop your employability skills on the Computing courses, Basic Food Hygiene and First Aid and, of course, languages such as Spanish, French and Italian enhance your CV or your holiday abroad.

Our students have flagged up the relaxed atmosphere in the classes – the friendliness of the group making people feel at ease; how much fun it was to learn and, their appreciation of the knowledge and skill of the tutors.

**There are numerous courses available from September. Browse the brochure online for full descriptions and an enrolment form.**

**Go to [www.wydean.gloucs.sch.uk](http://www.wydean.gloucs.sch.uk) then 'Community' Or, go directly to <http://www.wydean.gloucs.sch.uk/Community/Adult-Learning>, Or ring 01291 625340 for a copy.**



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- 'Pupils are highly articulate, eloquent and confident communicators orally and in writing.'
- 'The wide and well-planned curriculum supports the achievement of all learners.'



Tutshill, Chepstow NP16 7LE. Tel: 01291 622045  
[www.stjohnsonthehill.co.uk](http://www.stjohnsonthehill.co.uk)  
email: [admissions@stjohnsonthehill.co.uk](mailto:admissions@stjohnsonthehill.co.uk)

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## OPEN DAY

Friday 4 October  
2:30 - 5pm



Please contact us to arrange your visit: 01454 613229  
[www.tockingtonmanorschool.com](http://www.tockingtonmanorschool.com)  
Washingpool Hill Road, Tockington, Bristol, BS32 4NY

## A year in the life of Tockington Manor -

Stephen Symonds, Headmaster

**Tockington Manor School and Nursery had an incredibly busy and successful 2018/2019 school year.**

Early in October visiting ISI Inspectors found the quality of pupils' personal development to be EXCELLENT, stating that "pupils develop resilience as they are guided through increasingly challenging curricular and co-curricular activities" and "attainment is above average in relation to national age-related expectations".

The ISI Inspectors also commented that "pupils enjoy a healthy lifestyle and make full use of the outdoor opportunities afforded to them" within our 28 acre site including forest skills, cross country trails, national standard sports pitches and swimming lessons in our onsite 25m indoor swimming pool.

Our focus on health and wellbeing, from food to exercise and everything in between, was also recognised when we received a commendation in the healthy eating category of the Independent School of the Year Awards. This year we were also finalists in the Bristol Life Awards. Great achievements for a small school and testament to our traditional family values.

Our leavers are preparing to start their senior schools, all having been accepted to their first choice and many achieving scholarships. Proof that together we deliver a curriculum to form a foundation that will equip them with the right attitude and aptitude to tackle the challenge of senior school and future life. Our school parents agree that we encourage confidence, independence, teamwork and social skills (100% stated agree/strongly agree in our recent parent survey).

We've also had sporting success. Congratulations to our U11 and U13 Boys' National Cross Country Champions and National U11 Boys' 8x25m Relay Swimming Champions. Every child is given the opportunity to be part of a team and by discovering their talents many go on to compete on a regional and national level.

This coming academic year we look forward to welcoming new families to the school and nursery. We're located just 4 miles from the old Severn crossing with a daily school minibus service from



Chepstow and surrounding areas. Our wrap-around care offers the perfect flexibility for busy family life with optional breakfast (7:45am) and supper (6pm) at no extra cost, plus flexi-boarding. The children love the variety of our extra-curricular clubs and activities including music, judo, horse-riding, computing and cricket.

If you're in the process of choosing a school or nursery for your child then do come and visit us at our Open Day on 4th October or contact us to arrange a private tour. We look forward welcoming you to find out more about what we could offer you and your child over the bridge.



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## Exploring art history in Chepstow - a new course 'Masters of Art' begins in September

This autumn, a new series begins of the popular art appreciation classes run by Chepstow Museum. The 'Masters of Art' ten-week course takes us through the centuries from the medieval world of 1300 up to the 20th century, by exploring in-depth the work of one artist each week. But instead of focusing on the most obvious artists from a time period, among the painters covered will be some names you may know, but other you may not have encountered before. Each represents a particular era in the history of art, exemplifying the society of their times and the changing fashions in art and culture.

The course, led by well-known and popular local lecturer Eleanor Bird, will set each painter in the context of their contemporaries and of art historical developments.

Beginning with the golden altarpieces of Giovanni da Rimini, an artist whose pictures are as mysterious as his life story, to represent the 15th century instead of Leonardo or Michelangelo, the focus will be on Fra Bartolomeo whose richly coloured works bring Renaissance Italy alive. The course will also turn the spotlight onto several women artists and after moving round the Western world will finish with the Welsh artistic giant, Sir Kyffin Williams.

No prior knowledge of art history is needed and there is no homework. This is learning for enjoyment and pleasure. If you like looking at art and what to know more about understanding it, learning how to look deeper and appreciate the ideas and culture of the time, or if you just want to spend Monday afternoons looking at wonderful images of art in a relaxed and friendly atmosphere, then give this course a try. If you've not been before there is the opportunity to have the first lecture on Monday 23rd September as a taster session. Lectures take place in the Drill Hall, Lower Church Street, Chepstow.

Prior booking is essential though – so please visit or contact Chepstow Museum to book the course or taster session, telephone 01291 625981 (open every day except Wednesdays, from 11-4pm)



**Paintings clockwise:**  
**Angelica Kauffman - Self-Portrait Hesitating Between the Arts of Music and painting;**  
**Pieter de Hooch - The Courtyard of a House in Delft, National Gallery.jpg;**  
**Mary Cassatt - The Cup of tea 1880**



# Community Noticeboard

to promote your non-profit making event for FREE email  
community@mattersmagazines.co.uk

## Shirenewton Village Market

Saturday, 21  
September 2019  
from 10:30-12:30



Come and get fresh with the locals at The Village Market & pop up cafe. Buy home made bread, cake, cheese, eggs, seasonal veg, jam, honey.



## Shirenewton And Mynydd Bach iLlumination Extravaganza! (ShAMBLE)

Come join us at dusk on  
**12th & 13th October 2019**  
when the stars come out and Shirenewton & Mynydd Bach are transformed into a spectacular outdoor gallery where windows become works of art.

On 12th October ONLY refreshments will be available from 6-8.30pm at Shirenewton Recreation Hall. This is a family friendly community event. All welcome!

Wednesday 25 September 2019  
Chepstow and District Garden Appreciation Society (CADGAS)

Talk by Laura Willgoss, Wildegoose Nursery, Munslow on

## "Creating Beautiful Borders"

7.30pm Chepstow Leisure Centre  
All welcome Visitors £4

## Mathern Mill Open Day

Sunday 15th September  
2pm to 5pm,  
Entrance FREE

This historic, listed watermill, with Victorian Machinery, tells the story of milling over three centuries. Discover how the mill worked and find out about our millers and their families. Plenty to interest the whole family.

NP16 6LG, Tel: 01291 622282

## Tintern Village Hall



## Table Sale & Bric-a-Brac Fair

Sunday 15th September

11.00 am to 4.00 pm

Free entry

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Books

Local crafts  
Greetings cards  
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Light refreshments and tasty bakes available

Also note Xmas Craft Fair Sunday 1st December.

To book a table call 07512 856024



Follow us at Tintern Village Hall



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Starting DJ REV. HEP  
Saturday 28th September 2019  
7pm till 11 pm  
CHEPSTOW DRILL HALL, NP16 5HJ  
Tickets From £12  
www.swingdicate.com for ticket details

## St Arvans Village Fete Saturday, 14th September from 1-4pm

Fun for all the family including Rainbow Gecko Bubble Man and Rainbow Faerie, along with the DWAEC who will be bringing some exotic animals.

There will also be exciting displays from Chepstow Taekwon-do, Caroline Graham School of Dance and Modern Samurai.

Not forgetting live music all afternoon from village band Stolen Aces.

Come along and enjoy family fun times with refreshments

## Bulwark Community Centre is celebrating its 25th Anniversary

Saturday, 14th  
September  
from 2pm



There will be musical entertainment throughout the afternoon from

"Don't Tell Johnny"  
Chepstow Town band  
and Chaos songs from the shows

This is a community, family-friendly event supported by Chepstow Town Council.

There will be hot dogs, burgers and light refreshments on sale.

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Join a Breakfast Club near you!  
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Cheltenham - Stroud - Cirencester - Chepstow and Lydney - Morencourt and Ross





**Saturday 14th, September 2019**  
**9:00am - 6:00pm**

Usk Showground, Usk, Monmouthshire  
 (Sat Nav: NP15 1DD)



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## Top tips for the school term ahead

Getting children ready for their first day back at school can come with lots of challenges. The retail sector's massive marketing campaigns, with shops full of 'back to school' merchandise, try to make us feel we have to buy everything new – but that's not necessarily the case. And the new school year challenges aren't just financial. Here are some tips to make preparing a little easier.

### Are new uniforms necessary?

There's an expectation that each child needs a new uniform, sports kit and school bag ready for the first day back. However, it pays to be realistic – does your child really need all new stuff? Could their shoes from last term be worn for a little longer? If money is tight it makes sense to make everything last that bit longer. Only buy new if needed!

If you do need to hit the shops, be firm with yourself and ask, 'What do the kids really need?' Cut your list down as much as possible and only buy what's absolutely necessary. Most supermarkets have basics such as polo shirts, trousers and dresses at budget prices. Keep an eye out for offers and any chances to get your hands on free or reduced cost uniform – some schools pass on donated uniform or there may be clothes swaps. Don't forget to check the charity shops too!

### Do you and your child know what to expect on the first day at school?

If your child is starting school for the first time in Reception or Year 1, it helps if you can discuss the routine with them so they know what to expect. You may find little ones get very tired as they adjust to a lot of changes. You could try arranging little treats for them such as their favourite food for lunch or tea so their first few days are associated with things they enjoy.

### What can you do to ease the move from primary to high school?

Children moving up from primary to secondary school may be nervous of such a big change. There are ways to help with this. Chat to your kids about their hopes and fears so you can understand and work towards some solutions. You could also talk about the positives of your



own school days, such as the fun of making new friends and learning new subjects.

For examples of issues which may come up and advice about how to deal with them, see [tinies.com/our-favourites/transition-from-primary-to-secondary-school](http://tinies.com/our-favourites/transition-from-primary-to-secondary-school).

### What support is available for students with additional needs?

Extra support may be required if your child has additional needs, in order to make the transition as smooth as possible. There are some great suggestions at [mentalhealth.org.uk/learning-disabilities](http://mentalhealth.org.uk/learning-disabilities).

### Why not start budgeting for next year?

If you've been anxious about affording everything needed for this year, consider looking at your budget and making a plan to save for a better year ahead.

Help and support is available through Christians Against Poverty (CAP). Why not sign up for a CAP Money Course or CAP Life Skills group in your local area to learn how to better manage your money? Find out more at [capuk.org/help](http://capuk.org/help).

**Christians Against Poverty (CAP) is a UK charity with over 600 services across the country delivering debt counselling, money management, job clubs, life skills groups and support for people breaking addictions.**

**Visit [capuk.org](http://capuk.org) or call 0800 328 0006 to find out more.**





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Friends of St Mary & St Peter, Tidenham Registered Charity no 1159658

## TIDENHAM CHURCH FLOWER FESTIVAL – A WONDERFUL WEEK!!

St Mary & St Peter Church in Tidenham enjoyed a highly successful Flower Festival week held in glorious weather in July. The Festival not only incorporated nearly twenty floral displays from organisations based throughout the Parish of Tidenham, but also had a special Opening Afternoon Event, with continuous “live” music performed by local musicians, including items by some younger parishioners.

During the afternoon, when the church was buzzing with nearly 100 people who had come to enjoy the flowers and music, afternoon tea was available. The Church’s own Bellingring Team opened the events, joined later by a visiting team from Somerset. The Church was also decorated with many colourful knitted flowers, done by local supporters, which decorated the font, chancel and pulpit areas as well as outside down the pathways and gates.

The Flower arrangements “theme” this year was Book Titles, and a Quiz was available for participation for all who came to view throughout the week. This was also the focus of two evenings of entertainment by the Drama Group Go2Theatre, who provided superb cameos of a whole variety of scenes and extracts of literature ranging from Shakespeare to 20th century novels, interwoven with music background, popular short song items and interludes. It was a fantastic end to a fantastic week for Tidenham Church.



This event, organised by the Friends of St Mary & Tidenham Church, had a major focus, raising £2000 which was continuing the fundraising for the ongoing Church Refurbishment Project, now into its fifth year. Having now established a car park, disabled access, water piped to the church, the tower clock repaired and functioning, and other essential matters, the next crucial phase is new heating, due to be installed before the end of the year. This will be followed, as soon as funds are raised, with 21st century facilities. The 14th century building is important for our local heritage but now must be made “fit for purpose” for a new 21st generation, a place for future community use, as well as a continuing place of worship – and this is what the Friends of Tidenham Church are doing, with the support offered by local people.

**Future events in 2019 include a Quiz Night on 19th October and a Christmas Tree Festival, again with an Opening Evening of music and readings on 19th December.**



Let people know you saw them in Chepstow Matters!





## Local Clubs, Groups & Community Organisations in and around Chepstow

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet in the area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please contact us on **community@mattersmagazines.co.uk** and we shall do our best to put it right for you!

### CHEPSTOW COMMUNITY LISTINGS

**Chepstow Castle** Bridge Street, Chepstow, NP16 5EZ 01291 624065

**Chepstow Hub** Manor Way, Chepstow, NP16 5HZ 01291 635730 chepstowlibrary@monmouthshire.gov.uk

**Chepstow Museum** Bridge Street, Chepstow 01291 625981

**Chepstow Town Council** The Town Council Offices, The Gatehouse, High Street, Chepstow, NP16 5LH 01291 626370 clerk@chepstow.co.uk

**Chepstow Tourist Information Centre** Castle Car Park, Bridge Street, Chepstow NP16 5EY. 01291 623772 chepstow.tic@monmouthshire.gov.uk

#### Community Centres:

Palmer Community Centre, Cormeilles Square, High Street, Chepstow, NP16 5LH 01291 628725 main hall and lounge available for hire, Tea Rooms open for all!

The Drill Hall, Lower Church Street, Chepstow, NP16 5HJ Hall available for hire including weddings 01291 628552 or e-mail Mike at ctcdrillhall@aol.com

Bulwark Community Centre, Laburnam Way, Bulwark, Chepstow, NP16 5RF 01291 624138 bccbulwark@btconnect.com Large Hall, seminar room, café, kitchen and garden area.

Sedbury Space, 11 King Alfred's Rd, Sedbury NP16 7AG, info@sedburyspace.org.uk, 01291 626158, community activities & rooms for hire

#### Doctors Surgeries and Community Hospital

**Chepstow Community Hospital**, Tempest Way, Chepstow, NP16 5YX 01291 636636

**Town Gate Practice**, Tempest Way, Chepstow, NP16 5XP 01291 440065; Beachley Road, Sedbury NP16 7AA 01291 626041

**Mount Pleasant Practice**, Tempest Way, NP16 5XR 01291 440154; 12A Main Rd, Portskewett NP26 5SG 01291 425242

**Vauxhall Surgery Vauxhall Lane**, Chepstow, NP16 5PZ 01291 636100

**Police Station** 14 Moor Street, Chepstow NP16 5XW 01633 838111

### LOCAL CLUBS AND ORGANISATIONS

**Bulwark Senior Citizens Club** Contact Joan Johnson 01291 623352 various social trips and get togethers. Bingo Thurs and Sat 2-4pm and Whist on Wed 2-4pm.

**Care Support:** Joy's Gift Shop, Bulwark. Free Activity Sessions for people with Alzheimers \ Dementia Related Illness. Phone Toni to book a place on 01291 629392

**CHAOS Music and Drama** chaosinchepstow@live.co.uk Jon Stow 07926 584 661

**Chepstow Archaeological Society** www.chepstow.org.uk 1st Thursday of the month 7.30 Chepstow Conservative Club

**Chepstow (Archway) Bridge Club** meets Mon, Weds, Thurs at the Palmer Centre, 7-10pm <http://chepstowarchwaybc.org.uk> or call Pete on 01291 - 627599 for more information.

**Chepstow Carers Group** Scout Hut, off Pembroke Road, Bulwark first Wed of the month 10-12 chepstowcarers@yahoo.co.uk 07592 503757

**Chepstow Choral Society** www.chepstowchoralsociety.org.uk info@chepstowchoralsociety.org.uk Wed 7.30 Chepstow Leisure Centre

**Chepstow Community Big Band** Meets on Wednesday evenings during term time at Wydean School NP16 7AA 6pm - Microjazz Training Band; 7pm - Swingcopation Big Band. <http://chepstowcommunitybigband.weebly.com>

**Chepstow Cormeilles Twinning Association** www.chepstowtwinning.wordpress.com

**Chepstow and District Amateur Radio Society** www.gw4lwz.org.uk contact James Hewitt chairman@gw4lwz.com, meet at Chepstow Athletic Club

**Chepstow and District Gardening Club** Caroline Duchet cdgclub@gmail.com

**Chepstow and District Lions** www.caldicot.com/lions 0845 8339565

**Chepstow Folk Dance Club** Wednesdays 7.30 pm Function Room Conservative Club, Moor Street. <http://chepstowfolkdance.weebly.com/>

**Chepstow Hill Walking Club** an informal group of people of all ages who like to walk on the hills and moorland. www.chwc.org.uk

**Chepstow Jubilee Townswomen's Guild** meets at Chepstow Leisure Centre on the 1st Wednesday of each Month. Contact: Maureen Dale 01291 623257

**Chepstow Knitters** first and third Monday of the month Chepstow Methodist Hall 7.30-9.30pm. Contact Margaret Payne 01291 630580

**Chepstow Male Voice Choir** www.chepstowmvc.co.uk Mon & Thurs 7pm The Dell School contact Elvin Hart on 01291 620438 or 07956 891 234.

**Chepstow Photographic Club** www.chepstowphotosoc.org admin@chepstowphotosoc.org

**Chepstow Probus Club** fortnightly meetings for retired business gentleman. Contact Ian Whitford - Secretary for PROBUS of Chepstow 01291 622 193

**Chepstow Round Table** www.chepstow.roundtable.co.uk community voluntary organisation for men aged 18-44. 'find them at Facebook/Chepstow Round Table'

**Chepstow Society** local group exploring history and developments of town, meet each month in Drill Hall. www.chepstowsociety.co.uk Secretary Henry Hodges, 01291 625865.

**Chepstow Town Band** meet Sundays 6.30-8.30 at Bulwark Community Centre, contact Alen Lane 01291 629580

**Chepstow Walk for Health.** Meets 10.00 am every Monday (except Bank Holidays) at the rear of Chepstow Leisure Car Park. Walks no longer than 3 miles with few if any stiles. Come and make new friends and get fitter at the same time. For further information contact Helen 01291 641856

**Chepstow Womens Institute (WI)** www.thewi.org.uk Shirenewton, St Arvans and Tidenham

**Chepstow Group of Gwent Wildlife Trust** Contact Hilary Lee 01291 689326 hilary-lee@tiscali.co.uk

**ComBat Communities of Bulwark and Thornwell**, community group Chairman Ric Hayes ric.hayes@talktalk.net

**Library Friends Group** aims to support and promote the library through a variety of activities. Please contact 01291 635730 for more info.

**Lower Wye Ramblers Sunday Walks** (meet CLC) www.lowerwyeramblers.org.uk 01291 637416

**Mahjong Group** meets weekly on Monday afternoons in Tidenham Chase. For new and current players please contact David Green on 07813 200808

**Mathern Men's Choir** meet in Mathern Village Hall on Mondays at 8.00 pm. New members welcome. Neil Jones 01291-628410

**Mathern, Mounon and Pwllmeyric Villages in Bloom** Meet 7pm last Thur of the month, bi-monthly (Jan, Mar, May, July, Sep, Nov) Mathern Village Hall. <https://www.facebook.com/MMPVB/> email: mmpvb@btinternet.com

**Movie Night** at Bulwak Community Centre and St Arvans Memorial Hall see www.monmouthshiremobilemovies.co.uk

**Musical Youth Theatre** www.cmyt.org Chepstow Baptist Church Tues and Thurs

**Pottery** Thursdays 7-9 Chepstow Comp School Cathy 07917 261511 www.monmouthshirepotters.org hello@monmouthshirepotters.org.uk

**Rotary Club of Chepstow and District** Secretary Geoff Sumner 01291 624758 www.chepstowrotary.org.uk

**Royal British Legion Chepstow Branch** meets at the Beaufort Hotel in Chepstow monthly on 4th Tuesday at 7.30 pm. Contact Tom Moran on 01291 427266 tmoran@btinternet.com.

**Royal Naval Association Chepstow Branch** meets at the Conservative Club, Moor Street monthly on 2nd Thursday (except August) at 8.00 pm Contact Ken Davies on 01291 621485 kendavies131@yahoo.co.uk

**The Singing Club** for anyone who wants to sing www.singingclubber.co.uk

**Tidenham Historical Group** meets from September to April on the last Tuesday of the month at 7.30pm in Sedbury Village Hall NP16 7AQ. Visitors welcome. For details ring 01291 623736 or e-mail info@tidenhamhistory.co.uk.

**U3A** <http://www.u3asites.org.uk/chepstow> Discover 70 activity groups for the retired or semi retired. Make new friends. Contact Irene on 01291 629055

**Wye Cross Stitch Club** meets the second and fourth Tuesday of every month. 7.30pm to 10pm Sedbury Village Hall. Contact: Elaine Moore 01291 629666

**Wye Knot Speakers** a group to help develop public speaking skills. Find us at Facebook/WyeKnot Speakers or call Stephen Dance on 01291 620819.

### CHURCHES

[www.chepstowchurchestogether.org.uk](http://www.chepstowchurchestogether.org.uk)

**Chepstow Methodist Church**, Albion Square, Chepstow, NP16 5DA 01291 627014 [www.chepstowmethodist.org.uk](http://www.chepstowmethodist.org.uk)

**St Marys Priory**, The Vicarage, Mount Way, Chepstow NP16 5NF **St Christophers**, Bulwark, (linked to St Marys) Rev Phillip Averay 01291 620980 <http://www.chepstowparish.co.uk/>

**Chepstow Baptist Church**, Lower Church Street, Chepstow, NP16 5HJ 01291 622987 chepstowbaptist.org.uk

**St Marys Catholic Presbytery Church**, Bulwark Road, Chepstow, NP16 5JE 01291 622649 admin@stmarysrcchepstow.org.uk [www.stmarysrcchepstow.org.uk](http://www.stmarysrcchepstow.org.uk)

**St Luke's Church**, Coleford Road, Tutshill NP16 7PT 01291 624868 [www.tidenhamparishchurch.co.uk](http://www.tidenhamparishchurch.co.uk)

**Stroat Church**, Gloucester Road, Stroat, Chepstow, NP16 7LR 01594 529209 [www.stroatchurch.org.uk](http://www.stroatchurch.org.uk)

**The Bridge Pentecostal Church**, Unit 1A Critchcraft Buildings, Bulwark Road NP16 5QZ 07943 851799 thebridgechurchchepstow@gmail.com

**Victory Church**, Palmer Community Centre, High Street, Chepstow, NP16 5LH 0845 4092449 [www.victorychurch.co.uk](http://www.victorychurch.co.uk)

### BABY AND TODDLER GROUPS

**Baby Rhyme Time and Under Fives Story Time** at Chepstow library 01291 635730 Rhyme Time Thurs 2.15-2.45 Story Time Fri 10.15-10.45

**Chepstow Leisure Centre Playgroup.** Contact: Karen Isaac 01291 623392 karenisaac61@aol.com

**Chepstow Methodist Church Parent and Toddler Groups** mornings 10am term time [www.chepstowmethodist.org.uk](http://www.chepstowmethodist.org.uk)

**Cylch Ti A Fi Cas-Gwent** Chepstow Library contact Mai Jones mai.jones@meithrin.co.uk Tuesdays 10.15-11.15

**Devauden Mother and Toddlers**, Devauden Village Hall contact sarah\_trim@rocketmail.com Mondays 10-12 including holidays

**Shirenewton Parent and Toddler** Shirenewton Rec Hall, Paula Siddall p.rimmer10@btinternet.com every Thurs 1.30-3pm

**St Arvans Baby and Toddler** St Arvans Memorial Hall. Every Weds 10-11:45. First session free. T: Ami Cooper 0788 668 0262 E: ami\_balance@yahoo.co.uk

**St Christophers Under Fives and Families** St Christophers Church, Bulwark contact Babs Middleton 07594172720 babsmiddleton80@gmail.com Wed 3.45 term time, all age siblings welcome FREE

**Sedbury Stay & Play**, Sedbury & Beachley Village Hall, Wednesdays 9.30-11am. Glos term times only. Contact Jane Penny 07856 679377

**Stroat Church Toddler Group** 10am on Thursdays, term time only 01594 529209 [www.stroatchurch.org.uk](http://www.stroatchurch.org.uk)

**Tutshill Baby & Toddler group**, Tutshill Memorial Hall, Tuesdays, 9.30-11.15am Glos term times only. Contact Jane Penny 07856 679377



Please support us and connect with us:  
@ChepstowMatters



/ChepstowMatters



### NURSERIES / PRESCHOOLS

**Bluebells Playgroup** Fairfield Road, Chepstow 01291 628908  
bluebellspg@outlook.com

**Hedgehogs Nursery**, in Tutshill Open 7.30am–6.00pm  
for ages 3m–4 yrs. 01291 628344 hedgehogs@  
deanclosenurseries.co.uk

**Little Acorns Playgroup** Burnt Barn Road, Chepstow 01291  
628031 www.littleacornspg.co.uk

**Little Scamps Pre-School** and Nursery Beachley Barracks,  
Chepstow Nicky Morgan 01291 645381

**Penguins Pre-School**, c/o Offas Mead Academy, Beachley  
Road, Sedbury NP16 7DT Michelle 07923548584

**Robins Nursery**, in St Arvans Open 7.30am – 6.00pm for ages  
3m–4yrs. 01291 624893 robins@deanclosenurseries.co.uk

**Shirenewton Playgroup** contact Beverly Lindsay, Playgroup  
Supervisor 07881 480764 shirenewtonplaygroup@gmail.com

**Tutshill Community Pre-School** Debra Hockin 01291 629134  
www.tutshillpreschool.org.uk tutshillpreschool@talktalk.net

### PRIMARY SCHOOLS

**(The) Dell Primary** Welsh Street, Chepstow NP16 5UQ  
01291 635641 thedellprimary@monmouthshire.gov.uk  
www.dell.monmouthshire.sch.uk

**Offa's Mead Academy** Beachley Road, Sedbury, Chepstow  
NP16 7DT 01291 622932 www.offasmeadacademy.org  
contactus@offasmeadacademy.org

**Pembroke Primary School** Fairfield Road, Bulwark NP16 5JN  
01291 622310 pembrokeprimary@monmouthshire.gov.uk  
www.pembrokeprimaryschool.co.uk

**Shirenewton Primary School** Shirenewton, Chepstow, NP16  
6RN, 01291 641774 shirenewtonprimary@monmouthshire.  
gov.uk

**St John's on-the-Hill**, Independent, co-educational  
school for ages 4–13 years. 01291 622045 enquiries@  
stjohnsonthehill.co.uk.

**St Marys RC Primary School** (Voluntary Aided) Bulwark  
Road, Chepstow NP16 5JE, 01291 623006 stmarysprimary@  
monmouthshire.gov.uk

**Thornwell Primary and Nursery Unit** Thornwell  
Road, Bulwark, Chepstow, NP16 5NT 01291 623390  
thornwellprimary@monmouthshire.gov.uk

**Tutshill C of E Primary School**, Coleford Rd, Tutshill,  
Chepstow NP16 7BJ 01291 622593 admin@tutshillcofe.  
gloucs.sch.uk

**Ysgol Y Ffin (Welsh medium)**, Sandy Lane, Caldicot, NP26  
4NR 01291 420331

### SECONDARY SCHOOLS

**Chepstow School** Welsh Street, Chepstow, NP16 5LR 01291  
635777 www.chepstowschool.net

**Mounon House Special School** Pwllmeyric, Chepstow, NP16  
6LA, 01291 635050 www.mounonhouse.org.uk/

**Wydean School** Beachey Road, Sedbury NP16 7AA 01291  
625340 www.wydean.gloucs.sch.uk

### SPORTS CLUBS

**Archery** – St Kingsmark Bowmen www.st-kingsmark.co.uk  
Wed & Fri 7pm Chepstow Athletics Club

**Chepstow Amateur Boxing Club** www.welshboxing.org  
Stephen Woods 07793 047 941

**Chepstow Athletics Club** (Sports and Social Club) www.  
chepstowathleticac.co.uk Tony and Shirley Hardy 01291  
622126

**Chepstow Badminton Club** www.gwentbadminton.co.uk  
Tues 8–10 Leisure Centre. Miss P Jenkins 01291 624438

**Chepstow Boat Club** www.chepstowboatclub.co.uk Ben  
Ponting 07872 532145 secretary@chepstowboatclub.co.uk

**Chepstow Bowling Club** www.chepstowbowlingclub.co.uk  
Mike Roy 01291 626137

**Chepstow Cricket Club** www.chepstow.play-cricket.com  
markb1228@hotmail.com 01291 622126

**Chepstow Cycling Club** www.chepstowcyclingclub.wales/

**Chepstow Darts League** contact Rob Mordin - murdrobe@  
sky.com or Chris Smith - smudger391@hotmail.com, tel -  
07445 287018.

**Chepstow & District Yacht Club** www.cdyc.co.uk Roger  
Nasey 07968495124

**Chepstow Harriers Running Club**  
www.chepstowharriers.org.uk Tues and Thurs 7pm Leisure  
Centre

**Chepstow Ladies Hockey** www.pitchero.com/clubs/  
chepstowladieshockeyclub Jamie Clifton (Secretary) email:  
jamie.clifton@hotmail.co.uk

**Chepstow Mountain Biking** www.chepstowmtb.co.uk  
chepstowmtb@tiscali.co.uk

**Chepstow Rugby Club** www.chepstowrfc@mywru.co.uk  
01291 624818 email: chepstowrfc@outlook.com

**Chepstow Swimming Club** www.swimchepstow.org.uk  
information@swimchepstow.co.uk

**Chepstow Taekwondo** Monday and Thursday evenings. Age  
4+ chepstowtkd.org.uk Contact Tom Baxter 07590 847662

**Chepstow Tennis Club** www.chepstowtennisclub.co.uk,  
admin@chepstowtennisclub.co.uk contact Ian Russell 01633  
400957 meet at Chepstow Athletics Club

**Football:**  
**Chepstow Athletic Football Club** www.clubwebsite.co.uk/  
chepstowathletic

**Chepstow Town Football Club** www.clubwebsite.co.uk/  
chepstowtownafc. Contact Stuart Carter 07592 323 770

**Chepstow Garden City Junior Football Club** www.  
gardencityjfc.com

**Thornwell Red and White Football Club** www.teamstats.  
net/thornwellfc

## Chepstow Chamber of Commerce & Tourism Supporting Local Business

Chepstow Chamber of Commerce and Tourism is a long-standing group of local businesses who work together to benefit the economy and community in and around Chepstow. Our Members are varied and diverse. If you are interested in joining us email secretary@chepstowchamber.com for further information. www.chepstowchamber.com / www.facebook.com/ChepstowAGreatPlaceTo



### Chepstow Chamber says “thank you” to Pupils of the Dell School

We all know that litter has a detrimental effect on the environment, is unsightly, harmful to wildlife, encourages rats, etc. The cost of litter to the taxpayer in England and Wales is now over £400 million.

Amongst other initiatives, Chepstow Chamber has been working with the Dell School by donating litter pickers and hi-vis vests. This will enable pupils, enthusiastic about the well-being of the environment, to get out and about and help keep our town tidy and more attractive to residents and visitors alike. On this outing, pupils collected four bags of rubbish and a fire extinguisher!



It is particularly important to keep litter away from the river. As well as being unsightly, broken glass and other sharps can make swimming or wading dangerous, unused contents can attract vermin, it can damage fish, birds and animals, it can kill wildlife, chemicals released on breakdown can be poisonous and when eventually swept out to sea, it will be deposited around the coast.

We all have our part to play. Thank you pupils of the Dell.

### Support Local Business: Retail & Hospitality



**Baa Brewing Ltd**  
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Unit 4, Station Yard Ind Est, Chepstow NP16 5PF  
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Chepstow NP16 6BE  
T: 01291 622260 www.chepstow-racecourse.co.uk



**Deacons Florist**  
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**Greenman Backpackers Ltd**  
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# Chepstow Chamber of Commerce & Tourism

## Supporting Local Business



**Isabel's Bakehouse** (award winner)  
Handmade celebration & wedding cakes. Mobile crepes catering & cookery classes  
T: 07966 592368 www.isabelsbakehouse.com



**Mathern Palace**  
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Mathern, Chepstow NP16 5JA  
T: 01291 626995/ 07500 930844 www.mathernpalace.com



**Mead Farm Foods**  
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Mead Farm, Mead Lane, Redwick, Caldicot NP26 3DE  
T: 01633 881401 www.meadfarmfoods.co.uk



**Mint and Mustard**  
Fine Indian restaurant and street food  
13-14 Nelson St, Chepstow NP16 5HT  
T: 01291 623222 www.mintandmustard.com



**Runway**  
Independent boutique for ladies clothes, jewellery, shoes, handbags & accessories 8 High Street, Chepstow NP16 5LH  
T: 01291 622033 www.runwaychepstow.com



**Scandia**  
Shoes, accessories & gifts  
35 Moor St, Chepstow NP16 5DE  
T: 01291 627272 www.facebook.com/scandia-shoes



**Silver Circle Distillery**  
Micro distillery/craft spirits producer  
Pleasant View Barn, Ninewells Road, Catbrook, NP16 6UL  
T: 07725 743131 www.silvercircledistillery.com



**St Tewdrics House**  
19th Century Italianate Villa wedding venue  
Mathern Rd, Chepstow NP16 6HX  
T: 07477 017537 www.sttewdrichouse.co.uk



**Tell Me Wine**  
Quality wine shop, beers and spirits  
Old Bell Chambers, Riflemans Way, Chepstow NP16 5EJ  
T: 01291 629670 www.tellmewine.co.uk



**Tyrell's Family Butchers**  
Local, quality meat & products at affordable prices; catering & takeaway  
Beachley Road, Sedbury, Chepstow NP16 7AA  
T: 01291 621089 www.tyrellsfamilybutchers.co.uk

## Support Local Business: Services



**A-B Connecting Communities**  
Chepstow to Tintern shared use path  
T: 01291 626836 www.facebook.com/AtoBconnectingcommunities



**Barclays Bank Business Managers for Barclays Bank**  
Beaufort Square, Chepstow NP16 5XL T: 07766 360114 (Moir Wearing);  
T: 07342 05355 (Anne Winfield); www.barclays.com

# Chepstow Chamber of Commerce & Tourism

## Supporting Local Business



**Basepoint Centres Ltd**  
Maintained & serviced office space  
Riverside Court, Beaufort Park, Chepstow NP16 5UH  
T: 01291 635500 www.basepoint.co.uk



**BDHC Chartered Accountants**  
Accountancy, business & tax advisors  
11 Moor St, Chepstow NP16 5D  
T: 01291 624866 www.bdhc.co.uk



**BEAM Denti Spa**  
Direct access dental hygienist services  
6, St Mary's Arcade, Chepstow NP16 5EU  
T: 01291 628071 www.beamdentspa.co.uk



**Bespoke Music Services**  
Live music services for all occasions  
Forge Road, Tintern NP16 6TH T: 01291 689227  
www.chepstowcommunitybigband.weebly.com/live-music-for-hire



**Cake House 21**  
Celebration cakes for every occasion, fresh bakes, cupcake bouquets and cake pops Bulwark, Chepstow  
T: 07904 212135 www.facebook.com/21cakehouse21



**Chepstow Beacon**  
Independent, family owned newspaper  
T: 01600 712142 www.chepstowbeacon.co.uk



**Chepstow Dental Care at Fairlight**  
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T: 01291 622450 www.chepstowdental.co.uk



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**Chepstow Voice**  
Community magazine publisher  
T: 01600 717249 www.thevoicemagazines.co.uk



**Compose Management Ltd**  
Strategic communications, engagement & marketing advice  
Bellarmine House, 14 Upper Church St, Chepstow NP16 5EX  
T: 07766 770779 www.composemanagement.com



**ETP Property Consultants**  
Commercial property consultants & chartered surveyors  
10 Beaufort Square, Chepstow NP16 5EP  
T: 01291 440100 www.etpproperty.co.uk



**Feakes & Co Solicitors**  
Riverside Court, Beaufort Park, Chepstow NP16 5UH  
T: 01291 639280 www.feakes-legal.com



**Help u at Home**  
Homecare services & support for the elderly and infirm in the Chepstow area  
T: 07708 519374 www.helpuathome.co.uk





# Chepstow Chamber of Commerce & Tourism

## Supporting Local Business



**Hopkins Law Ltd**  
13 Bank Street, Chepstow NP16 5EN  
T: 01291 639510 www.hopkinslawltd.com



**IAM Financial**  
*Financial advisors to individuals & businesses*  
Home Farm, Itton, Chepstow, NP16 6BS  
T: 01291 626373 / 07979 157259 www.iamfinancial.net



**JG3D Design**  
*Architectural and energy surveyor; 3D visualisation*  
Bridge St, Chepstow NP16 5EY  
T: 07870 988410 www.energysurveyor.co.uk



**Just Eat Cake**  
*Everything cake: cupcakes, cakes & pastries delivered in and around Chepstow*  
Garden City, Chepstow  
T: 07739 530109 www.justeatcake.co.uk



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Kudos House, Bulwark Ind Est, Chepstow NP16 5QZ  
T: 01291 444777 www.kudoscompanies.co.uk



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T: 07500 930996



**Monmouthshire Building Society**  
*Savings, mortgages, insurance and financial planning*  
19, High St, Chepstow NP16 5LQ  
T: 01291 629306 www.monbs.com



**Moore Language Solutions**  
*English, French & Italian Language Services (Translation. Proof-Reading. Transcription. Tuition)* Fitzosborn Close, Chepstow, NP16 5PY  
T: 07414 501 933 www.moorelanguagesolutions.com



**Purple Pine Creative Ltd**  
*Graphics, web design, branding and print*  
Rockfield Grove, Undy NP26 3FB  
T: 01633 880460 www.purplepine.co.uk



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T: 07557 226473 www.tandemcc.co



**Taylor Made Energy Solutions Ltd**  
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