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August 2019

Community Chepstow Matters

Hand delivered FREE to Chepstow & the surrounding villages



A beautiful view ... the lovely Piercefield Park during the recent horse trials. See inside this issue for Chepstow Show and Nashville Day this month, as well as Family Fun at the Racecourse on the Bank Holiday as well as Usk Show to look forward to in September!



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Dear Readers...

School's out for summer!! At least, the bell is about to go as I sit and write this, whilst listening to the torrential rain outside (why does the weather always change as soon as they break up!?). We're off camping in Croyde next week so I hope the sun puts in a reappearance for us then.

Welcome to our August edition of Chepstow Matters - this month we have Chepstow Show (see p22-23), where Chepstow Matters is again happy to be one of the sponsors of the Dog Show. Do take your pooch along for some fun! (see more on this on p25). 17th August sees Nashville Day in Chepstow (see opposite) and Usk Show is coming up in September (see p26-27). We also have Castell Roc to look forward to in August - there are still some tickets remaining, check with Hannah's Music (p12) for tickets remaining and dates of all shows.

We also bring you a few challenges in this issue - Plastic Free Chepstow are running a summer challenge for all 11-18 year olds - read more about this on page 15. The MS Therapy Centre is looking for people to 'Take the Plunge' and be rescued by a New Foundland - see p14. You could also undertake a 'Walk for Parkinsons' around the beautiful Ashton Court Estate - see p28.

If your business would like more custom from local residents across Chepstow and the local villages do get in touch with us and we will be happy to help. Deadline for the next issue is 15th August.

Enjoy the read!

Jaci x

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Jo Hume, at Ian Watts & Son who cover South Wales & the South West said, 'When people take out funeral plans with us, they very often say that they don't like the idea of either a burial or a flame cremation so this could be a new alternative. Water cremation is already operating in North America and Canada and is known as 'alkaline hydrolysis.' Jo added, 'if you wish to know more about this and would like to be kept updated with information, please call us on tel: 07977 092935 or email:- joannehume@icloud.com www.ianwattsandson.com

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Wyedean pupils gain great work experience

With social mobility in our local area remaining static compared to other parts of the country, it was inspiring to see students at Wyedean school use their work experience week to boost their future career prospects. The school's priority this year has been to improve students' social capital and employability by connecting them to industry leaders and local professionals.

The students gained some extraordinary experiences. Ben Pisacane worked at BEX Media in Gloucester where he worked with their latest drone filming technology, while Izzie Adams produced illustrations for an app at Sugar Creative (see some of Izzie's excellent creations pictured right). Politics student Alicia Morgan secured a placement in Westminster alongside her local MP and budding corporate accountant, Cameron Williams, worked hard to secure a place Deloittes.



Future medics, Henry Williams and James Philips had a taste of life on the frontline of the NHS. James spent several days with a senior GP who checks everything is in order before a body is cremated, so he spent time in a morgue and crematorium as well as the surgery. Henry spent time with NHS physiotherapists and also sports physiotherapists who were treating Team GB Paralympic athletes. Henry said, 'It was an incredible privilege to work with both teams and it has confirmed that this is the path I want to take in the future.'

It was fantastic to hear that students had made the social connections that will help them progress after their A-levels. Maya Tyrrell joined a networking society for young planning consultants while Ellis Kirton made connections at EFL, an engineering company in South Wales.



The school's reputation as a Cyber Security Hub School was re-inforced by Tom Carter and Shay Wearden's experience at Cyber Security Associates as well as Kara Dummett, Dan Creber and Jake Andrews who worked at Deep 3. None of these students can divulge the nature of their work! Tom (pictured left) said, 'Work experience in this field helps you connect the dots between learning in the classroom and the reality of working in the industry. It's definitely encouraged me to pursue a career in cyber.'

As the county faces the prospect of an aging population, it is heartening to hear that young people in the Forest of Dean and Monmouthshire are developing the skills and social connections to grow a thriving economy in our local community. We look forward to seeing these students' experiences bearing fruit in the future.

NatWest Community Banker

Your local NatWest Community Banker is available to meet customers at the following locations and times:

Lydney Library: Mondays 10am-12.30pm
Chepstow Library : Thursdays 1pm – 3.00pm

for more information or to book an appointment, contact

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Update from Chepstow Lions

Chepstow Agricultural Show

Please join us on Saturday 10th August for the annual Chepstow Agricultural Show at the Chepstow Racecourse. Our GRAND PRIZE this year in addition to many other prizes, the famous Lions Big Raffle is a stunning wedding dress courtesy of Eve at the Bridge Boutique. The lucky winner of this fantastic prize will have a range of 6 wedding dress styles to choose from, with full alterations included, and undertaken by Ivory White Bridal Alterations.



Purchase your raffle tickets from Lion Brian Prout (Caldicot 01291 420015), or Lion John Robinson (Chepstow 01291 622938), or from our stall on the day.

Supermarket Bucket Collections

In June we were once again asking you to give money to our charity. Thanks to Waitrose, Caldicot and Tesco, Chepstow and your generosity we collected £785 which will help us



spread a little bit of happiness in some very dark places.

New President elected

In July of every year, the Lions Club elects a new President. This year our 48th President is Glyn Williams. Glyn who joined our club in 2014, transferred in from a Lions Club in Spain, and brings a wealth of experience from a unique standpoint. Glyn also holds the office of Zone Chairman which gives him responsibility for 5 other clubs in the area.



The club has recently been granted Charity status, which will see some changes in the running of the club, but it will not change the way we will continue to serve the communities of Chepstow & Caldicot.

Among our new officers are Denise Harrison, Vice President, who will administer the Charity Commission rules and regulations; Sandra Bushell who becomes Treasurer and Trustees John Bennett, Ray Nash, Brian Prout and Glyn Williams.



Devauden Fete

The organizers of this fete very kindly invited us to attend with our famous Pink Pig Race game. We soon had lots and lots of children (and parents) shouting encouragement to the "runners and riders", (see below).

This very popular fete must have attracted several hundred visitors during the afternoon and there were many stalls to visit, arrows to be fired, cakes to be consumed and big red tractors to be admired.

Photo opposite page: top left Club members at our Tesco display; President Brian Prout presenting the President's chain of office to Lion Glyn Williams; more Club members at Tesco..

Photo this page left our famous Pink Pig race game and above scenes from the show!

WINE & TAPAS at your local wine shop

Enjoy either a glass of wine from our Sommelier special choice or choose a bottle from the shelves (only £5 corkage) served with complimentary appetizers or why not sample our brand new tapas menu! If you have a specific enquiry please ask - we are flexible! Open Tuesday to Saturday til 7pm.

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Summer is here and with it comes sunshine filled days and weeks away exploring the world. While you are away from your garden, you may be concerned about your plants and keeping them watered. There is nothing worse than coming home to wilted plants and withered crops.

Luckily, there are steps you can take to make sure your garden stays looking fantastic! So when you get back home, you can relax with a cuppa in the garden (and ignore the pile of washing!)

1. A day or so before you leave, weed your garden. Weeds compete for water with other plants, removing them will make sure your plants have more.
2. Cut the grass – instead of putting the cuttings in your green bin, pile them on your beds. Not only will your lawn look neat, the cuttings will create a mulch. Mulched plants lose 25% less water, helping keep them healthy.
3. Before you leave, water your plants deeply. This means give the soil a thorough soaking - a quick run around with a watering can will not be enough. If you can leave a sprinkler on for a while this will help when watering large areas.
4. If you have areas that dry out quickly because they are in full sun, cover the ground to trap moisture. This can be done with bark or wood chips, mulch or stones. Do not use plastic as you want rain water to still get in to the soil.
5. You can also add a shade cloth. Common in greenhouses, shade cloths diffuse the light and help protect plants from direct sunlight. This could even be an old sheet on some poles!
6. Use water spikes. These are handy for containers, hanging baskets and houseplants. Using a recycled plastic bottle, fill it with water and screw on the water spike where the lid would be. This will allow the water to slowly drip out, keeping your plants watered. If you are away for two weeks, you can use two or three bottles.
7. Create an automated water system. You can add a timer to your garden hose and set up a watering system around your garden. This will make sure your plants are watered as if you were actually there.



8. Ask a friend or neighbour! Usually they will be more than happy to pop in to your garden and keep everything watered for you.
9. Water butts. These store rain water, so can provide you with lots of free water. You can run soaker hoses from them in to your garden, which will slowly saturate the ground while you are away.

Hopefully these tips will help your garden stay green and fabulous while you are away. If you need any help with watering products or have any garden related questions, why not pop in to our centre and speak to our friendly staff. They are always on hand to give advice and help you achieve your garden vision.

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TIDENHAM CHURCH FLOWER FESTIVAL – A WONDERFUL WEEK!!

St Mary & St Peter Church in Tidenham enjoyed a highly successful Flower Festival week held in glorious weather in July. The Festival not only incorporated nearly twenty floral displays from organisations based throughout the Parish of Tidenham, but also had a special Opening Afternoon Event, with continuous “live” music performed by local musicians, including items by some younger parishioners.

During the afternoon, when the church was buzzing with nearly 100 people who had come to enjoy the flowers and music, afternoon tea was available. The Church’s own Bellringing Team opened the events, joined later by a visiting team from Somerset. The Church was also decorated with many colourful knitted flowers, done by local supporters, which decorated the font, chancel and pulpit areas as well as outside down the pathways and gates.

The Flower arrangements “theme” this year was Book Titles, and a Quiz was available for participation for all who came to view throughout the week. This was also the focus of two evenings of entertainment by the Drama Group Go2Theatre, who provided superb cameos of a whole variety of scenes and extracts of literature ranging from Shakespeare to 20th century novels, interwoven with music background, popular short song items and interludes. It was a fantastic end to a fantastic week for Tidenham Church.



This event, organised by the Friends of St Mary & Tidenham Church, had a major focus, raising £2000 which was continuing the fundraising for the ongoing Church Refurbishment Project, now into its fifth year. Having now established a car park, disabled access, water piped to the church, the tower clock repaired and functioning, and other essential matters, the next crucial phase is new heating, due to be installed before the end of the year. This will be followed, as soon as funds are raised, with 21st century facilities. The 14th century building is important for our local heritage but now must be made “fit for purpose” for a new 21st generation, a place for future community use, as well as a continuing place of worship – and this is what the Friends of Tidenham Church are doing, with the support offered by local people.

Future events in 2019 include a Quiz Night on 19th October and a Christmas Tree Festival, again with an Opening Evening of music and readings on 19th December.

Fitness Pilates Classes

I can't believe it's been two months since I first introduced myself to you in June Chepstow Matters. I've welcomed new clients into my Fitness Pilates classes in the quaint St Arvans Memorial Hall on Tuesday evenings and the lovely Dance Academy in Bulwark on Thursday mornings.

We've used various pieces of equipment to help activate, strengthen and stretch different muscles throughout the body. One such focus was on shoulders and proved to be a huge success. A client was finally relieved of shoulder pain after a car accident years ago. Other clients have commented on the increase of wellbeing they feel and others have been recommended with their improved posture when horse riding. All very positive and hugely encouraging to know I can provide these benefits (and more) to my client....and maybe you too can benefit.

So what is Fitness Pilates?...It's a functional approach to the traditional Pilates class. It applies the main principles of Pilates such as Breathing, Centering, Concentration, Balance and Control. But it also incorporates more functional movements useful for everyday life. Strength and flexibility exercises are part of each session to improve posture and core strength. I offer modifications for exercises which provides the flexibility that these classes are suited for everyone regardless of age, gender or ability.

I also offer 1-2-1 personal training in Fitness Pilates, Cycling Confidence and Body Conditioning. I've just started personal training a GB para-athlete showing that cerebral palsy will not determine who's the boss!

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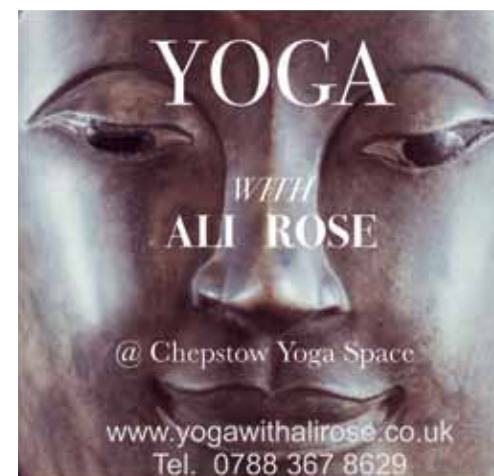
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Take the Plunge for The West of England MS Therapy Centre

On Saturday 14th September, The West of England MS Therapy Centre will be joined by the lovely people of Newfound Friends at Portishead Quay Marina as their canine chums leap into action, and into the harbour waters, to rescue willing volunteers.

Be thrilled by the sight of huge but loveable Newfoundland dogs showing off their rescue skills whilst helping raise money for the Centre. With a typical bodyweight of around 75-90 kilos, a double waterproof coat and a full set of webbed feet, these gentle giants are as much at home in the water as they are on dry land and their life saving skills have been commended by The Royal Life Saving Society. People taking part will be whisked from the quayside by boat and they will jump, or slide, into the water where the dogs will show off their famous lifesaving skills. Every volunteer will get a 'souvenir photo' taken with their cuddly rescuer.

The event is organised, with the kind help of Newfound friends and Portishead Quay Marina, to raise funds for The West of England MS Therapy Centre. The centre provides treatments, therapies and support to not only those who have Multiple Sclerosis but also many other neurological conditions with the aim of helping their members to remain fit, active and maintain an independent lifestyle for as long as possible. The very nice people at Hall and Woodhouse Portishead are kindly knocking 20% off the food bill for any of our participants on the day.

To enjoy the chance of being rescued by these wonderful canine lifeguards register at <https://www.thebrightwell.org.uk/events/take-the-plunge-for-ms/form> - there is a £20 registration fee and we ask participants to raise a minimum of £150 in sponsorship. **For further information please contact: Claire Wingate 01454 201686 or email claire.wingate@thebrightwell.org.uk**



Plastic Free Chepstow Summer Challenge

We've all heard that litter, especially plastic litter, is hurting our environment in terrible ways. From the bottom of the deepest ocean to the top of the tallest mountain, pieces of rubbish have been found. Yet people sometimes still need a reminder not to drop trash – and we at Plastic Free Chepstow (a Transition Chepstow group) need your help to do this.

If you're aged between 11 and 18, we want you to find a new way to spread the 'Don't litter' message. You can do this any way you choose. You could create a poster, a video, a song, sculpture or poem, or any other idea to use in a social media campaign. It could be funny, sad, scary, or a mixture of all three – the choice is yours. All we ask is that it gets the message across effectively, especially to people in your age group.

The winning entries will be judged by a panel, including input from young people. The judges will be looking for something that grabs people's attention, has a clear message, and encourages people to act responsibly.

We are offering 4 prizes of £50 each for individual entries and 2 of £100 each for team entries. The creator of the strongest message will get a chance to work with graphics and video professionals to create a real-life campaign.

Strong campaigns are based on good research. We know that people drop litter for many reasons and different problems need different messages. We also know that positive messages (like 'take it home' or 'bin it') often work best. We hope you will look around you, talk to your friends and family and maybe take a bag and pick up the litter you find. You can also visit the websites of organisations such as Keep Wales Tidy and Keep Britain Tidy, the Marine Conservation Society and Surfers against Sewage.

Do you think you've got what it takes? Read the small print (terms and conditions) then get creating! Any questions? Email plasticfree@transitionchepstow.org.uk



The small print – terms and conditions

1. The competition is open to young people aged 11-18 who live in or around Chepstow (NP16 postal district) or attend school in Chepstow. You can enter as an individual or a team.
2. Your entry must be your own work, not previously displayed or performed in public, and must not infringe anyone else's copyright.
3. Each entry must be accompanied by an entry form, downloadable from www.TransitionChepstow.org.uk. You can enter at any time after 15th August and the closing date for entries is Friday 6 September 2019 at 6pm. Entry forms should be accompanied, in a separate email, by a photograph, sound recording or video of your work using a standard format and should be submitted to plasticfree@transitionchepstow.org.uk. Alternatively, you can submit via Facebook Messenger to Plastic-Free Chepstow. Entries limited to one per person/team.
4. Prizes will be awarded as follows: 2 prizes of £50 each for the best entries by 11-14 year olds; 2 prizes of £50 each for the best entries by 15-18 year olds; 2 prizes of £100 each for the best team entries. In addition, the entrant or team who, in the judges' opinion, provides the most effective message will be invited to work with Monmouthshire County Council's professional graphics/design team.
5. The judges will be looking for an original piece of work which grabs people's attention, has a clear message, and encourages people to act responsibly. Both the quality of the creative work and the statement in the entry form will be considered.
6. Winners will be notified on or before 7 October 2019.
7. The copyright of the work will remain with the entrant but, by submitting your work, you give permission for Transition Chepstow, Monmouthshire County Council and Keep Wales Tidy to use it for publicity and promotional activities and in social media campaigns.

Burnt Barn Community (Sports) & Social Club

Burnt Barn Road, Chepstow, Monmouthshire NP16 5AR

Club activities

Mon - Crib/Skittles/Bingo
Tues - Club members tote prizes to £3000
Wed - Men's Darts incl Gwent Super League

Thurs - Mencap till 9pm.
Ladies Darts
Fri - Family night (incl children)
Thrft Club • Men's Darts

Sat - Function room
available for hire

Sun - Pool league

The Club has Free WiFi

Email: beckett012@btinternet.com

T: 01291 629020 / M: 07850 534 370

www.burntbarnclub.co.uk

Club Associates

Little Acorns Playgroup, 9.15-12.45
Mon - Fri in term time only.
Contact Rachel 07904 212135

Tues - Slimming World
Thurs - Kung Foo Club

Large function hall
available for hire for
all types of parties.

Room is available for hire
Mon - Fri afternoons after
1pm, Fri nights, Sat &
Sun all day & evening.

Resident disco and
catering available.

Opening Times

Sat: 2.30pm - 12am
Sun: 12pm - 12am
Mon-Thurs: 7pm - 11.30pm
Fri: 7pm - 12am

News at Pembroke Primary School

Written by James, Amy, Evie and Amy, Year 5

Pembroke Performances

We are currently very busy with our end of year achievement assemblies. All classes put on an end of year assembly to celebrate the children's achievements throughout the year, we all get certificates and share what we have learnt throughout the year. It is really fun watching all the other classes.

Year 5 put together a show for the parents, titled I'm a Year 5 GET ME OUT OF HERE, we worked in groups to plan our assembly which was great fun!

The parents walked in eagerly while the performers panicked, when it began the rest of the school were waiting patiently as the music played. The very first act was of Hilston Park which is where we went for five days to do many outdoor activities, like the Leap of Faith - To complete this challenge you must climb an unstable pole and get to the platform on top of it the jump to the trapeze bar.

Playground pals

This week there has been a huge success as the newly appointed year four playground pals have had a great start to their year long careers taking over from the year five's, they have started early because year five's have decided to have a retirement because they have had the responsibility of setting up the playground equipment every day since September. We have a lot of equipment and we separate our play area into zones. The most popular zone by far was the construction zone and everyone wanted to man that station the other stations were the bouncy ball zone, quiet zone, friendship stop, ball games and leaders activities and board games. We wish year 4 pupils great success in their new role.

Junior Eurovision at Chepstow School

On Thursday the 27th of June the Chepstow School Arts hall was turned into a miniature Eurovision hall, all because seven different schools came together to create their own Eurovision.

After six weeks of regular meet ups to plan the performance, which included a visit to Exeter University to learn more about Expressive Arts and what it would be like to be in a university if that's what we choose to do, we were very excited for the final performance to take place. The show started at 5:30 and was a huge success all the families and teachers loved the fabulous comedy commentators who made the show fantastic. All performances were outstanding and we really enjoyed being part of such a great experience.






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Paralympian Jack Rutter Inspires Local School Children

In the soaring temperatures of Friday 28th June, the junior school pupils of Ysgol Y Ffin were put through their paces by paralympian Jack Rutter. In teams, each of the pupils aged 7-11 completed circuit style bases which included press-ups, lunges and mountain climbing exercises.

Jack Rutter has joined forces with a great number of other disabled athletes of various disciplines, who aim to inspire children throughout the country through the "Sports for Schools" initiative, which aims to deliver physical education, whilst promoting a positive "I can" attitude. Through child sponsorship for the event, they also help schools to raise much needed funds for sport equipment.

Following the physical activities, Jack then inspired and uplifted both children and staff as he explained his story, which proves just how strong human nature can be when it is put to the test. As an 18 year old, Jack was an up and coming footballer, who was on the verge of signing a professional contract with Birmingham City, when he fell victim to an unprovoked attack, resulting in brain injuries that left his dreams in tatters. In the period that followed, his mother made contact with the East Midlands Cerebral Palsy football team, who accepts players with other neurological conditions. They quickly saw Jack's skill and potential and he was soon signed up to play for England.

Since then Jack Rutter has made quite a name for himself as one of the country's top disability football players. He has 14 England caps to his name, 9 of those as captain, he has represented England in the European Championships in Portugal, as well as the Cerebral Palsy World Championships. The ultimate honour came in 2016, when he captained the Paralympics GB Seven-a-side football team in the Paralympic Games in Rio.



Kestrel Gymnastics Club

Artistic Gymnastics and Trampoline Classes for Girls & Boys

PeeWees (Pre-school 2-3 years): A structured class where children together with parent/carer, supervised by a qualified coach work towards British Gymnastics Awards. Mondays 13:00-13:45 & Fridays 09:30-10:15

Tweeties (Age 3 1/2 - 4 years): A class led by a qualified coach working on various apparatus. Mondays 13:45-14:30 & Fridays 13:00-13:45

Recreational Classes (Age 4 years +) Mondays 16:15-17:15, Wednesdays 16:15-17:15 & 17:30-18:30, Thursdays 16:15-17:15, Friday 16:15-17:15, Saturday 10:30-11:30

Trampoline Fridays 16:15-17:15 and Saturdays 10:00-11:30

Competitive Squad Gymnasts - Selected Gymnasts with potential to compete at regional and national levels.

Parkour: Wednesdays 20:00 - 21:00 pm



Open Gymnastics Fun Session

Saturdays
9.00am-10.00am

For children aged
4yrs onwards -
£4.00 per session
payable on entrance

01291 620780

Please email us at: kestrelgymclub@live.co.uk

Kestrel Gymnastics Club, Bulwark Industrial Estate, Bulwark Road, Chepstow, NP16 5QZ



**Offa's Mead
Academy**
Find your remarkable

I am delighted to be appointed as the new Principal for Offa's Mead Academy with the Academies Enterprise Trust.

It is a privilege, as a teacher and a leader, to be able to inspire, enthuse, motivate and nurture children to achieve; to find their remarkable. All children are amazing and have unique potential waiting to be unlocked and I look forward to working with all stakeholders to achieve this.

A successful and happy school depends on everyone involved in working together. As a Senior Leader in education, I am committed to a holistic whole child approach that fosters the social and emotional aspects of learning as well as their academic success aiming to provide our children with the assistance and structure for attaining long-term success in all areas of their life. When children are healthy, safe, supported, engaged and challenged they are then able to thrive.

I have already felt a great deal of warmth, energy and enthusiasm from the school community and I am excited about continuing to develop the school to reach its full potential.

I look forward to getting to know the community and being part of Offa's Mead Academy as we enter a new and exciting chapter.

Mrs L Sharman, Headteacher



Chepstow School Achievement Scholar

Our local schools often recognise the effort of hardworking students through the awarding of prizes for outstanding academic and outdoor achievement - prizes for writing, for sport and so on. The Rotary Club supports the local community and decided that they would make an award for those scholars who really do deserve recognition but for whom no prize is allocated.

At morning assembly at Chepstow School on Wednesday 10th July the new President of the Chepstow & District Rotary Club, Christopher Wilson presented the first of such prizes to a most deserving local example. That student was Grace Hall in Year 10. Grace is a most hardworking student and one who also displays much kindness to all her colleagues. A rare combination. She continually works hard to help others and when she recently spoke as part of Suzie's trip it was a really massive challenge for her. She stood in front of her whole class, a daunting situation for anyone, and delivered her message perfectly. Grace is also a key player in the school's Invisible Army initiative where members identify, report and aim to prevent bullying.

Grace always gives of her very best and, while she finds academic work difficult, she never gives up, trying and trusting in the suggestions that the school offers to help her. The President said that he hopes that this Rotary award acknowledging her ongoing hard work will also go a long way to boost her morale and her self-confidence. President Wilson presented Grace with an Award Certificate together with a £50 Amazon voucher as thanks and admiration for her ongoing efforts.

Commander Wilson, who is married and lives in Beachley, has now taken over as Rotary Club President where they remain very keen to maintain links with all of our local schools.



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ISI Inspection Report 2019

- 'Pupils are highly motivated and embrace new challenges and opportunities.'
- 'Pupils are highly articulate, eloquent and confident communicators orally and in writing.'
- 'The wide and well-planned curriculum supports the achievement of all learners.'



Tutshill, Chepstow NP16 7LE. Tel: 01291 622045
www.stjohnsonthehill.co.uk
email: admissions@stjohnsonthehill.co.uk

A co-educational day and boarding school welcoming children from 3 months to 13 years



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KIDS

**BUNGEE TRAMPOLINES
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RACE-O-RAMA
MONSTER TRUCKS**

TEENS+

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**DINOSAUR
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**CHEPSTOW
RACING & EVENTS**

**TO BOOK TICKETS AND FOR MORE INFORMATION VISIT
CHEPSTOW-RACECOURSE.CO.UK | 01291 622 260**

Big Family Race Day – Bank Holiday Monday 26th August

Meet giant dinosaurs and enjoy free fun fair rides at our August Bank Holiday Big Family Race Day and don't forget children 17 and under go FREE!

As well as the seven great horse races, there will be plenty of entertainment to keep the whole family amused, what's more, it is all free with your admission ticket.

For the first time at Chepstow Racecourse, you'll be able to meet a giant Raptor and Triceratops as well as two baby dinosaurs. We will also have lots of other dinosaur activities in our Jurassic Marquee (including giant dinosaur eggs, jungle plants, dinosaur bones, small eggs, hatching dinosaur eggs and Ranger Training).

We will have more fun fair rides than ever before, creating both a 'Kids Village' & 'Teen Village' so there really are rides suitable for the entire family!

We have: Bungee Trampolines, Mini Planes, Tea-Cups, Race-o-Rama, Monster Truck Ride, Speed Booster, Dodgems and Dance Zone.

Other entertainment on site includes bouncy castles, face painting and more!

REMEMBER, ALL THIS ENTERTAINMENT IS FREE WITH YOUR TICKET!

Early bird adult tickets are ONLY £15 for this amazing event and remember, kids aged 17 & under go free, parking is free and you can bring a picnic (no alcohol).



Jump Season Opener Friday 11th and Saturday 12th Oktoberfest

This is the eagerly anticipated opening weekend of the winter jump racing campaign - the excitement and drama starts here!

This meeting is steeped in heritage with top class horses battling it out over fences and hurdles with today's feature race, The Persian War Novices' Hurdle.

Top class horses have appeared at this meeting including Cue Card, Silviniaco Conti, Don't Push It, Finian's Oscar and Blaklion. Which stars will we see this year?

Unibet is proud to be an official betting partner over the weekend and are proud sponsors of the Veteran's Handicap Chase.

It's also Oktoberfest Friday and Saturday so bring your friends and family for a great day out!

The Oktoberfest Marquee will feature an Oompah band performing live in-between races.

Friday tickets for Grandstand & Paddock for this meeting are just £20 in advance and £25 on the day. Premier Enclosure tickets are £25 in advance and £30 on the day. **Saturday** tickets for Grandstand & Paddock for this meeting are just £22 in advance and £27 on the day. Premier Enclosure tickets are £27 in advance and £32 on the day.

You can also take advantage of our advance Pie & Pint Package which for just £32pp includes a Grandstand & Paddock admission ticket, top quality pie, a drink (pint, glass of wine or soft drink) and a racecard.



Chepstow Show

Sat. August 10th 2019



At Chepstow Racecourse

Main Ring programme commences 9:30 am.
Attractions include.

Welsh Horse Display Team and
Ben Long Falconry

Pony Club Mounted Games

Curre & Llangibby Hunt Parade of Hounds

Grand Parade of Livestock

Woolaston Basset Hounds

Display of Vintage Vehicles

.....
ADULTS £10 • CHILDREN (5-16) £4

UNDER 5's Free • SENIORS £8

FAMILY TICKET £25 (2 adults and up to 3 children)

CASH PAYMENTS ONLY FREE PARKING



www.chepstowshow.co.uk

Chepstow Show - "It's a Great Day Out!"

Saturday 10th August

The Chepstow Show, organised by the Chepstow Agricultural Society, will take place on Saturday 10th August at Chepstow Racecourse.

Visitors can expect to find the best local food and a showcase of livestock from the largest farmers in the area.

This year's attractions include **The Welsh Horse Display Team** - the modern Welsh Horse Yeomanry was formed in 1994 and is named in honour of the twentieth century British Army regiment of the same name. They are a civilian display team providing fantastic historical displays on horseback.

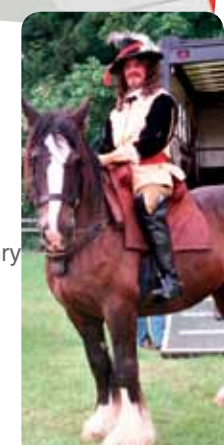
Ben Long Falconry: Most people have seen bird-of-prey demonstrations, but this is somewhat different. Firstly, as the name implies, the team mostly comprises experienced falcons, which are the most exciting of all the raptor families. The most dashing of the falcons is the peregrine, which is rarely seen in public displays. This is officially the world's fastest living creature, which can attain speeds of well over 200 mph in a "stoop" or dive. By the use of both ancient falconry methods and modern devices and techniques Ben Long Falconry endeavours to show the glorious flying abilities of the falcon.

Also making a return appearance at this year's show will be the Pony Club mounted games. Please come along to support your local youngsters from the Monmouth, Llangibby and Chepstow based Curre pony clubs as they compete against one another. ***The mounted games promises to be fun, fast and fantastic!***

With many more attractions including an enter on the day dog show, hound parades, vintage vehicles, homecrafts, handicrafts and a separate marquee for horticulture, trade stalls and much more, there is something here for everyone.

It's a great family day out whether you work in the agricultural industry, are interested in all things equine or just want a fun day out to see the countryside at its best and enjoy the atmosphere.

For further details please see www.chepstowshow.co.uk
or email: chepstowshow@hotmail.co.uk



Community Noticeboard

Combined Armed Forces and Veterans Breakfast Clubs
Chepstow and Lydney

Together We Served



There Is No Stronger Bond
Good Food, Good Company, Good Banter

Meet First Saturday of Each Month - 09:30 hrs
 Watney Hall, 3 Hill Street, Lydney, GL15 5HW

Meet Third Saturday of Each Month - 09:30 hrs
 Two Rivers Pub/ Bistro, Newport Rd, Chepstow NP16 5PR

Contact: Ray Taylor 07745 043665 - Jim Wernock 07523 582945
 or alternatively please email: cafvbc@gmail.com

<https://www.facebook.com/groups/686045528100851/>
Join a Breakfast Club near you!

Bristol North - Bristol South - Bristol East - City of Bath - Chippenham
 Cheltenham - Stroud - Cirencester - Chepstow and Lydney - Monmouth and Ross

September SWING

Starring **DRUM & BASS**

Plus **DI REV. HEP**

SWING & JUMP JIVE DANCE PARTY

Saturday 28th September 2019
 7pm till 11 pm
CHEPSTOW DRILL HALL, NP16 5HJ
 Tickets From £12
www.swingdicat.com for ticket details

THE CHEPSTOW SOCIETY
TOWN WALKS

Wednesdays 7th, 14th, 21st, 28th August
 at 6.30pm

Members of the town's civic and amenity society will each lead a small group around the old heart of the town, pointing out historic features from Chepstow's 950 years.

£3 per person

No prior booking required - just turn up

Meet outside the Tourist Information Centre, opposite the Castle

The walk takes about 60-80 minutes.

www.chepstowsociety.co.uk
 Find us on facebook!

FUN DOG SHOW

HELD AT THE CHEPSTOW SHOW...A GREAT DAY OUT FOR ALL THE FAMILY

From the waggiest tail, to the cutest puppy, we all love our 4 legged friends. That's why the Chepstow Agricultural Fun Dog Show is a real hit! Sponsorship experts will be on hand to advise on Dog Training, Grooming, Pet Health, Dog Foods, Pet Care Services plus much more....

Saturday 10th August 2019 ... £2 per class—Judging starts at 11am
Entry on the day in the Dog Show Ring

Best Puppy (under 12 mths old)
 Best Female (Pedigree)
 Best Male (Pedigree)
 Best Female (Cross Breed)
 Best Male (Cross Breed)
 Dog with the Waggiest Tail
 Best Child Handlers (Child Under 11 Yrs)
 Best Child Handler (Child 12—16 Yrs)
 Best Fancy Dress
 Golden Oldie (Dog Over 8 Yrs)

BEST IN SHOW

Winners from all classes are eligible to compete for Best in Show

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TW3 WALKING FOOTBALL

FOR OVER 40'S

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TUESDAY 5PM—6PM

£17.00 for 8 weeks

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FOR MORE INFORMATION CONTACT:
 Erica Wilson from Sport Development Team; 07977014166

FOOTBALL CAMPS
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Mathern Mill

will be open on
Saturday 17th August
from 2pm until 5pm
FREE admission



This water powered corn mill retains most of its Victorian machinery.

Discover the history of the mill.
Find out about the people who lived and worked here for over three centuries.

Turn off the A48 towards Mathern, then right at the war memorial. Post code NP16 6LG.

Enquiries phone 01291 622282

Sunday August 11th 2019
Chepstow Walkers Are Welcome

Join CWAU and enjoy a circular 5.5 mile moderate walk around the beautiful Clanna Woods and Hewesfield Church.

Lovely views of the Severn Estuary.

Opportunity to have lunch at the very popular Rising Sun Pub at Woolaston Common.
 (Booking advisable)

Meet 10am Rising Sun GL15 6NU (OL14 SO589011) in car park - if unable to stay for drink or lunch please park on the road outside.

For further information contact Helen
01291 641856



Saturday 14th, September 2019
9:00am - 6:00pm

Usk Showground, Usk, Monmouthshire
 (Sat Nav: NP15 1DD)

Joseph's Amazing Camel Racing
AND DISPLAYS FROM:

- Rockwood Dog Agility Display Team
- Black Mountain Falconry • Rowan Working Horses
- Usk Valley Working Gun Dogs • Amazing Alpacas
- FREE Children's Make & Take Crafts with JUNKFISH
- Curre & Llangibby Hounds • Woolaston Bassetts
- The Ferguson Club • Pony Club Mounted Games
- Grand Parade of Livestock & Horses
- Hot Air Balloons • Usk Brass Band
- Amusements & Inflatables

PLUS

- Cattle • Sheep • Pigs • Goats • Horses • Show Jumping
- Companion Dog Show • Poultry • Rabbits
- Homecrafts & Floral Art • Horticulture
- Steam & Vintage Tractors • Military Vehicle Trust
- Craft Marquee • Rural Crafts • Shopping Mall
- Food Hall • Over 200 Trade Stands

Adults: £12 Junior (Age 12-16): £4

Under 12's: Free

(Dogs allowed on short leads)

Free Car Parking & Disabled Car Park with Mobility Scooter
/ Wheelchair Hire - Free Shuttle Buses from Twyn Square,
Usk - Free Park & Ride from Usk College
(Last Buses leave Showground at 7:00pm)

BUY TICKETS ONLINE NOW AT
WWW.USKSHOW.CO.UK

Principal Sponsor
Estuary
 Oils
01291 422656

Usk Show

Celebrate our 175th Anniversary with us
"A Great Day Out for Everyone"

Usk Show celebrates its 175th anniversary this year and hopes that as many people will join them on Saturday 14th September 2019 to help celebrate!

There really is something for everyone to see from Livestock and Equine classes, to Children's Craft and Prize-winning vegetables, to name but a few!

As the showground has grown over the years, it has become more difficult to see everything and get from one end of the showground to the other – particularly when you stop every two minutes to chat to everyone you know! So one of the new additions for 2019, is a land train to ferry people around the showground – or just have 5 minutes sit down while sightseeing!

The big attractions for 2019 include Joseph's Amazing Racing Camels. The camels and the jockeys wear fantastically colourful Arabian style outfits to add pizzazz to your event. As well as racing, the camels are on display all day so the public can meet these splendid animals and learn more about them. Choose your favourite to cheer on as loudly as possible!

The camels will be joined by the regular displays in the main ring from the Curre & Llangibby Hunt with their wonderful display of hounds and the Grand Parade of livestock & horses, as well as the ever-popular Rugby 7s, where local pub teams battle it out against each other! We have also added a Pull the Tanker competition this year to keep everyone entertained, with thanks to our principle sponsor Estuary Oils for providing their lovely yellow tankers for this new event.

The Countryside ring starts the entertainment at 10am on show day, with displays from Usk Working Gun Dogs, Rowan Working Horses, Woolaston Bassett Hounds, Amazing Alpacas and the wonderful Black Mountain Falconry. A lot of these displays are interactive, and the children can get involved by getting up close to the wonderful animals. The new attraction for 2019 will be Rockwood Dog Agility Display team who will show us all the amazing tricks that their clever dogs can do.

If you think your dog is clever, or gorgeous, or even likes dressing up, why not enter our companion dog show with your pampered pooch? You can enter on the day, with all entry fees going to this year's Chairman's Charity, LATCH Children's Cancer Charity.

Children can complete all sorts of free activities around site too, including the amazing make & take crafts in Junkfish and have a go at some of the crafts in the Forgotten Skills marquee. Parents can spend their pocket money in the amazing array of trade stands, including over 150 small traders in the Craft, Shopping & Food Halls.

There is so much to see and do – come and celebrate with Usk Farmers Club on Saturday 14th September – it really is "a great day out for everyone"!

For further details and early bird ticket discounts, visit www.uskshow.co.uk





WALK FOR PARKINSON'S

Ashton Court Estate

Bristol

Sunday 29 September 2019

Join this walk and unite with thousands of people across the UK.
Every step will take us closer to a cure.

parkinsons.org.uk/walkac19
#walkforparkinsons
020 7963 3912

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

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Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom.
A charity registered in England and Wales (258197) and in Scotland (SC037554). © Parkinson's UK

INTERGENERATIONAL WEALTH – WHY IT'S GOOD TO TALK

In many families, having a frank discussion about wealth is something that's a bit of a no-go area. Parents don't always feel comfortable discussing money matters in front of their children, often because they want them to have a strong work ethic and don't want them to become complacent about what they might inherit in the years to come.

Older people don't always like to dwell on the future, finding it difficult and distressing to open up a dialogue with their loved ones on sensitive issues like death and inheritance.

However, it's widely acknowledged that learning money management skills when they are still quite young will stand children in good stead throughout their lives. With the older generation living longer and potentially needing help in managing their finances in their later years, it's important for children and parents of any age to be able to communicate effectively about family wealth issues.

Helping you adopt a new perspective

Instead of each generation making their own arrangements, families are starting to consider how to use their combined resources in the best, most tax-efficient way to benefit all members.

For example, with many first-time buyers needing to borrow from the Bank of Mum and Dad in order to make their move, this is the perfect time to have a wider conversation about the effect this is likely to have on the whole family. For parents, giving or lending money can have implications for their retirement plans and the standard of living they can expect to enjoy during their later years.

Openly discussing wealth matters as a family helps establish financial priorities, clarify goals and ensure that the right plans are in place to support each generation according to their needs.

This is where we can help. We're experienced in looking at family finances in a holistic way and are happy to be part of these discussions. We encourage all participants to be open and honest about

With the older Generation living longer and potentially needing help in managing their finances in their later years, it's important for children and parents of any age to be able to communicate effectively about family wealth issues.



their needs, now and for the future.

Once goals are established, we can help families put in place plans that will deliver the outcomes they seek. We enable them to do things like save and invest for the future, make lifetime gifts, and pass on wealth tax-efficiently to the next generation on their death, whilst ensuring that the practical needs of each generation are fully respected and addressed.

Dr Josh Lewis

MBChB MBA MRCGP DipFA
MLIBF ACSI CertPFS MAQ

Senior Financial Planning Consultant

IAM Financial

Mobile: 07979 157259

Chepstow: 01291 626373

Abergavenny: 01873 854488

Email: joshlewis@thinkpositive.co.uk

Web: www.iamfinancial.net

- Pensions and Retirement Planning
- Mortgages • Savings and Investments
- Insurance • Tax Planning



Let people know you saw them in Chepstow Matters!



Local Clubs, Groups & Community Organisations in and around Chepstow

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet in the area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please contact us on **community@mattersmagazines.co.uk** and we shall do our best to put it right for you!

CHEPSTOW COMMUNITY LISTINGS

Chepstow Castle Bridge Street, Chepstow, NP16 5EZ 01291 624065

Chepstow Hub Manor Way, Chepstow, NP16 5HZ 01291 635730 chepstowlibrary@monmouthshire.gov.uk

Chepstow Museum Bridge Street, Chepstow 01291 625981

Chepstow Town Council The Town Council Offices, The Gatehouse, High Street, Chepstow, NP16 5LH 01291 626370 clerk@chepstow.co.uk

Chepstow Tourist Information Centre Castle Car Park, Bridge Street, Chepstow NP16 5EY. 01291 623772 chepstow.tic@monmouthshire.gov.uk

Community Centres:

Palmer Community Centre, Corneilles Square, High Street, Chepstow, NP16 5LH 01291 628725 main hall and lounge available for hire, Tea Rooms open for all!

The Drill Hall, Lower Church Street, Chepstow, NP16 5HJ Hall available for hire including weddings 01291 628552 or e-mail Mike at ctcdrillhall@aol.com

Bulwark Community Centre, Laburnam Way, Bulwark, Chepstow, NP16 5RF 01291 624138 bccbulwark@btconnect.com Large Hall, seminar room, café, kitchen and garden area.

Sedbury Space, 11 King Alfred's Rd, Sedbury NP16 7AG, info@sedburyspace.org.uk, 01291 626158, community activities & rooms for hire

Doctors Surgeries and Community Hospital

Chepstow Community Hospital, Tempest Way, Chepstow, NP16 5YX 01291 636636

Town Gate Practice, Tempest Way, Chepstow, NP16 5XP 01291 440065; Beachley Road, Sedbury NP16 7AA 01291 626041

Mount Pleasant Practice, Tempest Way, NP16 5XR 01291 440154; 12A Main Rd, Portskewett NP26 5SG 01291 425242

Vauxhall Surgery Vauxhall Lane, Chepstow, NP16 5PZ 01291 636100

Police Station 14 Moor Street, Chepstow NP16 5XW 01633 838111

LOCAL CLUBS AND ORGANISATIONS

Bulwark Senior Citizens Club Contact Joan Johnson 01291 623352 various social trips and get togethers. Bingo Thurs and Sat 2-4pm and Whist on Wed 2-4pm.

Care Support: Joy's Gift Shop, Bulwark. Free Activity Sessions for people with Alzheimers \ Dementia Related Illness. Phone Toni to book a place on 01291 629392

CHAOS Music and Drama chaosinchepstow@live.co.uk Jon Stow 07926 584 661

Chepstow Archaeological Society www.chepstow.org.uk 1st Thursday of the month 7.30 Chepstow Conservative Club

Chepstow (Archway) Bridge Club meets Mon, Weds, Thurs at the Palmer Centre, 7-10pm <http://chepstowarchwaybc.org.uk> or call Pete on 01291 - 627599 for more information.

Chepstow Carers Group Scout Hut, off Pembroke Road, Bulwark first Wed of the month 10-12 chepstowcarers@yahoo.co.uk 07592 503757

Chepstow Choral Society www.chepstowchoralsociety.org.uk info@chepstowchoralsociety.org.uk Wed 7.30 Chepstow Leisure Centre

Chepstow Community Big Band Meets on Wednesday evenings during term time at Wydean School NP16 7AA 6pm - Microjazz Training Band; 7pm - Swingcopation Big Band. <http://chepstowcommunitybigband.weebly.com>

Chepstow Corneilles Twinning Association www.chepstowtwinning.wordpress.com

Chepstow and District Amateur Radio Society www.gw4lwz.org.uk contact James Hewitt chairman@gw4lwz.com, meet at Chepstow Athletic Club

Chepstow and District Gardening Club Caroline Duchet cdgclub@gmail.com

Chepstow and District Lions www.caldicot.com/lions 0845 8339565

Chepstow Folk Dance Club Wednesdays 7.30 pm Function Room Conservative Club, Moor Street. <http://chepstowfolkdance.weebly.com/>

Chepstow Hill Walking Club an informal group of people of all ages who like to walk on the hills and moorland. www.chwc.org.uk

Chepstow Jubilee Townswomen's Guild meets at Chepstow Leisure Centre on the 1st Wednesday of each Month. Contact: Maureen Dale 01291 623257

Chepstow Knitters first and third Monday of the month Chepstow Methodist Hall 7.30-9.30pm. Contact Margaret Payne 01291 630580

Chepstow Male Voice Choir www.chepstowmvc.co.uk Mon & Thurs 7pm The Dell School contact Elvin Hart on 01291 620438 or 07956 891 234.

Chepstow Photographic Club www.chepstowphotosoc.org admin@chepstowphotosoc.org

Chepstow Probus Club fortnightly meetings for retired business gentleman. Contact Ian Whitford - Secretary for PROBUS of Chepstow 01291 622 193

Chepstow Round Table www.chepstow.roundtable.co.uk community voluntary organisation for men aged 18-44. 'find them at Facebook/Chepstow Round Table'

Chepstow Society local group exploring history and developments of town, meet each month in Drill Hall. www.chepstowsociety.co.uk Secretary Henry Hodges, 01291 625865.

Chepstow Town Band meet Sundays 6.30-8.30 at Bulwark Community Centre, contact Alen Lane 01291 629580

Chepstow Walk for Health. Meets 10.00 am every Monday (except Bank Holidays) at the rear of Chepstow Leisure Car Park. Walks no longer than 3 miles with few if any stiles. Come and make new friends and get fitter at the same time. For further information contact Helen 01291 641856

Chepstow Womens Institute (WI) www.thewi.org.uk Shirenewton, St Arvans and Tidenham

Chepstow Group of Gwent Wildlife Trust Contact Hilary Lee 01291 689326 hilary-lee@tiscali.co.uk

ComBat Communities of Bulwark and Thornwell, community group Chairman Ric Hayes ric.hayes@talktalk.net

Library Friends Group aims to support and promote the library through a variety of activities. Please contact 01291 635730 for more info.

Lower Wye Ramblers Sunday Walks (meet CLC) www.lowerwyeramblers.org.uk 01291 637416

Mahjong Group meets weekly on Monday afternoons in Tidenham Chase. For new and current players please contact David Green on 07813 200808

Mathern Men's Choir meet in Mathern Village Hall on Mondays at 8.00 pm. New members welcome. Neil Jones 01291-628410

Mathern, Mounon and Pwllmeyric Villages in Bloom Meet 7pm last Thur of the month, bi-monthly (Jan, Mar, May, July, Sep, Nov) Mathern Village Hall. <https://www.facebook.com/MMPVB/> email: mmpvb@btinternet.com

Movie Night at Bulwark Community Centre and St Arvans Memorial Hall see www.monmouthshiremobilemovies.co.uk

Musical Youth Theatre www.cmyt.org Chepstow Baptist Church Tues and Thurs

Pottery Thursdays 7-9 Chepstow Comp School Cathy 07917 261511 www.monmouthshirepotters.org hello@monmouthshirepotters.org.uk

Rotary Club of Chepstow and District Secretary Geoff Sumner 01291 624758 www.chepstowrotary.org.uk

Royal British Legion Chepstow Branch meets at the Beaufort Hotel in Chepstow monthly on 4th Tuesday at 7.30 pm. Contact Tom Moran on 01291 427266 tmoran@btinternet.com.

Royal Naval Association Chepstow Branch meets at the Conservative Club, Moor Street monthly on 2nd Thursday (except August) at 8.00 pm Contact Ken Davies on 01291 621485 kendavies131@yahoo.co.uk

The Singing Club for anyone who wants to sing www.singingclubber.co.uk

Tidenham Historical Group meets from September to April on the last Tuesday of the month at 7.30pm in Sedbury Village Hall NP16 7AQ. Visitors welcome. For details ring 01291 623736 or e-mail info@tidenhamhistory.co.uk.

U3A <http://www.u3asites.org.uk/chepstow> Discover 70 activity groups for the retired or semi retired. Make new friends. Contact Irene on 01291 629055

Wye Cross Stitch Club meets the second and fourth Tuesday of every month. 7.30pm to 10pm Sedbury Village Hall. Contact: Elaine Moore 01291 629666

Wye Knot Speakers a group to help develop public speaking skills. Find us at Facebook/WyeKnot Speakers or call Stephen Dance on 01291 620819.

CHURCHES

www.chepstowchurchestogether.org.uk

Chepstow Methodist Church, Albion Square, Chepstow, NP16 5DA 01291 627014 www.chepstowmethodist.org.uk

St Marys Priory, The Vicarage, Mount Way, Chepstow NP16 5NF **St Christophers**, Bulwark, (linked to St Marys) Rev Phillip Averay 01291 620980 <http://www.chepstowparish.co.uk/>

Chepstow Baptist Church, Lower Church Street, Chepstow, NP16 5HJ 01291 622987 chepstowbaptist.org.uk

St Marys Catholic Presbytery Church, Bulwark Road, Chepstow, NP16 5JE 01291 622649 admin@stmarysrcchepstow.org.uk www.stmarysrcchepstow.org.uk

St Luke's Church, Coleford Road, Tutshill NP16 7PT 01291 624868 www.tidenhamparishchurch.co.uk

Stroat Church, Gloucester Road, Stroat, Chepstow, NP16 7LR 01594 529209 info@stroatchurch.org.uk www.stroatchurch.org.uk

The Bridge Pentecostal Church, Unit 1A Critchcraft Buildings, Bulwark Road NP16 5QZ 07943 851799 thebridgechurchchepstow@gmail.com

Victory Church, Palmer Community Centre, High Street, Chepstow, NP16 5LH 0845 4092449 www.victorychurch.co.uk

BABY AND TODDLER GROUPS

Baby Rhyme Time and Under Fives Story Time at Chepstow library 01291 635730 Rhyme Time Thurs 2.15-2.45 Story Time Fri 10.15-10.45

Chepstow Leisure Centre Playgroup. Contact: Karen Isaac 01291 623392 karenisaac61@aol.com

Chepstow Methodist Church Parent and Toddler Groups mornings 10am term time www.chepstowmethodist.org.uk

Cylch Ti A Fi Cas-Gwent Chepstow Library contact Mai Jones mai.jones@meithrin.co.uk Tuesdays 10.15-11.15

Devauden Mother and Toddlers, Devauden Village Hall contact sarah_trim@rocketmail.com Mondays 10-12 including holidays

Shirenewton Parent and Toddler Shirenewton Rec Hall, Paula Siddall p.rimmer10@btinternet.com every Thurs 1.30-3pm

St Arvans Baby and Toddler St Arvans Memorial Hall. T. Sabrina 07701 027313 sabrinaortner@yahoo.co.uk every Wed 10-12.

St Christophers Under Fives and Families St Christophers Church, Bulwark contact Babs Middleton 07594172720 babsmiddleton80@gmail.com Wed 3.45 term time, all age siblings welcome FREE

Sedbury Stay & Play, Sedbury & Beachley Village Hall, Wednesdays 9.30-11am. Glos term times only. Contact Jane Penny 07856 679377

Stroat Church Toddler Group 10am on Thursdays, term time only 01594 529209 www.stroatchurch.org.uk

Tutshill Baby & Toddler group, Tutshill Memorial Hall, Tuesdays, 9.30-11.15am Glos term times only. Contact Jane Penny 07856 679377



Please support us and connect with us:
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/ChepstowMatters

Local Clubs, Groups & Community Organisations in and around Chepstow

NURSERIES / PRESCHOOLS

Bluebells Playgroup Fairfield Road, Chepstow 01291 628908
bluebellspgplaygroup@outlook.com

Hedgehogs Nursery, in Tutshill Open 7.30am–6.00pm
for ages 3m–4 yrs. 01291 628344 hedgehogs@
deanclosenurseries.co.uk

Little Acorns Playgroup Burnt Barn Road, Chepstow 01291
628031 www.littleacornspgplaygroup.co.uk

Little Scamps Pre-School and Nursery Beachley Barracks,
Chepstow Nicky Morgan 01291 645381

Penguins Pre-School, c/o Offas Mead Academy, Beachley
Road, Sedbury NP16 7DT Michelle 07923548584

Robins Nursery, in St Arvans Open 7.30am – 6.00pm for ages
3m–4yrs. 01291 624893 robins@deanclosenurseries.co.uk

Shirenewton Playgroup contact Beverly Lindsay, Playgroup
Supervisor 07881 480764 shirenewtonplaygroup@gmail.com

Tutshill Community Pre-School Debra Hockin 01291 629134
www.tutshillpreschool.org.uk tutshillpreschool@talktalk.net

PRIMARY SCHOOLS

(The) Dell Primary Welsh Street, Chepstow NP16 5UQ
01291 635641 thedellprimary@monmouthshire.gov.uk
www.dell.monmouthshire.sch.uk

Offa's Mead Academy Beachley Road, Sedbury, Chepstow
NP16 7DT 01291 622932 www.offasmeadacademy.org
contactus@offasmeadacademy.org

Pembroke Primary School Fairfield Road, Bulwark NP16 5JN
01291 622310 pembrokeprimary@monmouthshire.gov.uk
www.pembrokeprimaryschool.co.uk

Shirenewton Primary School Shirenewton, Chepstow, NP16
6RN, 01291 641774 shirenewtonprimary@monmouthshire.
gov.uk

St John's on-the-Hill, Independent, co-educational
school for ages 4–13 years. 01291 622045 enquiries@
stjohnsonthehill.co.uk.

St Marys RC Primary School (Voluntary Aided) Bulwark
Road, Chepstow NP16 5JE, 01291 623006 stmarysprimary@
monmouthshire.gov.uk

Thornwell Primary and Nursery Unit Thornwell
Road, Bulwark, Chepstow, NP16 5NT 01291 623390
thornwellprimary@monmouthshire.gov.uk

Tutshill C of E Primary School, Coleford Rd, Tutshill,
Chepstow NP16 7BJ 01291 622593 admin@tutshillcofe.
gloucs.sch.uk

Ysgol Y Ffin (Welsh medium), Sandy Lane, Caldicot, NP26
4NR 01291 420331 Headteacher: Mr J Hallett

SECONDARY SCHOOLS

Chepstow School Welsh Street, Chepstow, NP16 5LR 01291
635777 www.chepstowschool.net

Mountain House Special School Headteacher Miss Beverley
Randall, Pwllmeyric, Chepstow, NP16 6LA, 01291 635050
www.mountainhouse.org.uk/

Wydean School Robert Ford, Headteacher Beachey Road,
Sedbury NP16 7AA 01291 625340 www.wydean.gloucs.
sch.uk

SPORTS CLUBS

Archery – St Kingsmark Bowmen www.st-kingsmark.co.uk
Wed & Fri 7pm Chepstow Athletics Club

Chepstow Amateur Boxing Club www.welshboxing.org
Stephen Woods 07793 047 941

Chepstow Athletics Club (Sports and Social Club) www.
chepstowathleticac.co.uk Tony and Shirley Hardy 01291
622126

Chepstow Badminton Club www.gwentbadminton.co.uk
Tues 8–10 Leisure Centre. Miss P Jenkins 01291 624438

Chepstow Boat Club www.chepstowboatclub.co.uk Ben
Ponting 07872 532145 secretary@chepstowboatclub.co.uk

Chepstow Bowling Club www.chepstowbowlingclub.co.uk
Mike Roy 01291 626137

Chepstow Cricket Club www.chepstow.play-cricket.com
markburch1228@hotmail.com 01291 622126

Chepstow Cycling Club www.chepstowcyclingclub.wales/

Chepstow Darts League contact Rob Mordin - murdrobe@
sky.com or Chris Smith - smudger391@hotmail.com, tel -
07445 287018.

Chepstow & District Yacht Club www.cdyc.co.uk Roger
Nasey 07968495124

Chepstow Harriers Running Club
www.chepstowharriers.org.uk Tues and Thurs 7pm Leisure
Centre

Chepstow Ladies Hockey www.pitchero.com/clubs/
chepstowladieshockeyclub Jamie Clifton (Secretary) email:
jamie.clifton@hotmail.co.uk

Chepstow Mountain Biking www.chepstowmtb.co.uk
chepstowmtb@tiscali.co.uk

Chepstow Rugby Club www.chepstowrfc@mywru.co.uk
01291 624818 email: chepstowrfc@outlook.com

Chepstow Swimming Club www.swimchepstow.org.uk
information@swimchepstow.co.uk

Chepstow Tennis Club www.chepstowtennisclub.co.uk,
admin@chepstowtennisclub.co.uk contact Ian Russell 01633
400957 meet at Chepstow Athletics Club

Football:

Chepstow Athletic Football Club www.clubwebsite.co.uk/
chepstowathletic

Chepstow Town Football Club www.clubwebsite.co.uk/
chepstowtownafc. Contact Stuart Carter 07592 323 770

Chepstow Garden City Junior Football Club www.
gardencityjfc.com

Thornwell Red and White Football Club www.teamstats.
net/thornwellfc

Chepstow Chamber of Commerce & Tourism Supporting Local Business

Chepstow Chamber of Commerce and Tourism is a long-standing group of local businesses who work together to benefit the economy and community in and around Chepstow. Our Members are varied and diverse. If you are interested in joining us email secretary@chepstowchamber.com for further information. www.chepstowchamber.com / www.facebook.com/ChepstowAGreatPlaceTo



FREE “Love Where You Live” Eco Bags

We all know that litter has a detrimental affect on the environment, is unsightly, harmful to wildlife, encourages rats, etc. The cost of litter to the taxpayer in England and Wales is now over £400 million.

For the past 2.5 years, Chepstow Chamber of Commerce and Tourism has been working behind the scenes with Monmouthshire County Council to highlight some of the issues we have in Chepstow town centre, like the open topped bins which allow seagulls to spread litter, then trying to help find practical solutions with the limited resources available, such as prioritising the bus station for cleaning each day.

More recently we have worked with Keep Wales Tidy and local student, Alex Modro, to adapt the “Love Where You Live” logo to a dual language English and Wales version for use in Wales. Thanks to a grant from Monmouthshire County Council and the services of local print company, Kudos Companies, we’ve been able to obtain a number of reusable cotton bags which we are giving away for FREE. These are available to local residents from the Tourist Information Centre.



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Chepstow Chamber of Commerce & Tourism

Supporting Local Business



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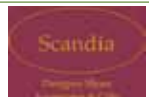
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Chepstow Chamber of Commerce & Tourism

Supporting Local Business



Barclays Bank Business Managers for Barclays Bank

Beaufort Square, Chepstow NP16 5XL T: 07766 360114 (Maira Wearing);
T: 07342 05355 (Anne Winfield); www.barclays.com



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Chepstow Chamber of Commerce & Tourism

Supporting Local Business



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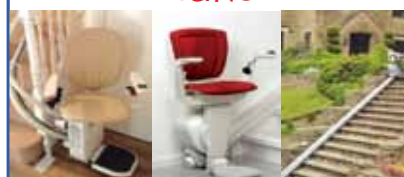
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