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Matters

June/July 2019



Lots of local, summer
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Dear Residents,

We had a fabulous time attending the 2019 Winterbourne Down Carnival, we hope you enjoy sharing the circus themed celebrations on the centre pages. Congratulations to the hard-working committee for organising a wonderful weekend of family fun.

This month we were pleased to interview Daniel Cheesman, new CEO of Paul's Place, Coalpit Heath. Read all about Daniel's plans and how you can support this fantastic local charity. They have a series of events you can enjoy over the summer.

For anyone interested in local history, we have a treat for you in this issue, as we bring you 'Reminiscences of The Old Hat Factory at Park Lane, Frampton Cotterell'. This fascinating account by Margaret Skinner was donated to the Frampton

Cotterell and District Local History Society, who are pleased for us to share it with local residents.

There are a huge range of local, summer events to attend over the coming months, from school fairs to cream teas, musical performances to horse and dog shows and of course the much looked forward to Frampton Festival! See details of these and many more activities throughout the magazine. If you think we have missed any, please do get in touch for the next Jul/Aug issue.

As always we are pleased to bring you news from local sporting groups, WI's, Winterbourne Library (who are celebrating their 50 year in anniversary on Friday 21 June) and Winterbourne Medieval Barn.

We hope you enjoy!

Kerry & Jaci X

community@mattersmagazines.co.uk **01454 300900**






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Puddle Ducks Summer News

Pool Focus: Winterbourne International Academy



Summer is nearly here, which can only mean one thing – lots of fun in the water! Make sure your little one is water confident with Puddle Ducks' superb swimming lessons for babies, pre-schoolers and children up to age 10.

In your area we run classes as follows:

Baby and pre-school

On Wednesdays and Saturdays at the toasty warm Penny Porter Hydrotherapy Pool, we run baby swimming classes suitable from birth to up to 30 months old. This lovely pool in Henbury is great for our youngest babies, with classes taught by the lovely Beth.

On Sundays, for babies aged over three months, toddlers and pre-schoolers, our gentle, fun classes at Winterbourne International Academy (with wonderful teacher Steph) also give parents and their little ones confidence in the water and a chance for some precious bonding time together.

Swim Academy – for school-aged children

Every Sunday at Winterbourne International Academy, we run our swimming lessons for children aged 4 – 10 who are ready to brave the water without their parent for the first time. There's no need to worry though, as in Levels 1 and 2, our expert teachers are right there in the water with the children to guide them towards their first unaided swims and start developing an effortless swim style.

With our baby and pre-school classes running at Winterbourne on Sundays too, it means that brothers and sisters of all ages can learn to swim in the same pool (and we offer a sibling discount, too!).

We are swimming until Saturday 20th July at Penny Porter and Sunday 21st July at Winterbourne.

For more information, call our friendly team on 0117 971 7165, or check class times and book at <https://www.puddleducks.com/local-teams/bristol-bath>



Teaching independent swimming from birth in a nurturing environment with individually tailored activities...that's the Puddle Ducks difference.

Join us at any point!

Find your local class at [puddleducks.com](https://www.puddleducks.com)

t: 0117 971 7165 bristolandbath@puddleducks.com

Baby and pre-school Age 0-4



Focus on – Daniel Cheesman new CEO of Paul's Place, Coalpit Heath

For those people who do not know about Paul's Place, please can you tell us about the organisation?

Paul's Place is a local charity based in Coalpit Heath, supporting adults with physical disabilities, cognitive and sensory impairments. Some of our members have lifelong disabilities they were born with, such as Cerebral Palsy, while about 75% have acquired disabilities as a result of things like road traffic injuries, brain tumours, strokes and workplace injuries. The support we provide is critical, providing a 'Lifeline' to many people overcoming anxiety and isolation that, in many cases, can even be life-threatening. Our approach is tailored to each person, promoting independence and life-enhancing opportunities. It's a very happy, friendly place and you cannot fail to smile spending time with our members.

How long has Paul's Place been running and how many people does it serve?

It started in 1985, meeting one evening a week with four founding members; we now have 300 plus members, with a day facility running Mon–Fri, 10am–4pm, as well as additional activities outside these hours, respite breaks and carers support programme.

How did you become involved in Paul's Place?

I came to Paul's Place after a 20-year career predominantly in the charity sector working for organisations that have promoted inclusion and challenged inequalities. Paul's Place appealed to me as there is a genuine sense that disabled people are at the heart of the organisation and this was really important to me in making the decision to take up the post and relocate from Brighton to Bristol. It is vital to me that any charity works in partnership with its members to determine what the needs and issues are, and this is something that I got a real sense of from my first interaction with Paul's Place.

What are you most looking forward to doing in your new role?

Learning more about the Paul's Place team, the members, staff and volunteers and what makes us tick. The charity has been running for over 20 years and I am looking forward to getting a sense of who we are, what we do and the difference that we make in the lives of the people that we support. I am spending a lot of my time talking and listening to people and seeing for myself what a great organisation we are. I am also looking forward to working with the charity in putting together a strategy that can take Paul's Place forward into the next stage of its organisational life.

What are your plans for Paul's Place in the next year?

To spend time putting together a new strategy for the charity. This will include thinking about how we tell our story and the difference that we make to the lives of our members. We have ambitions to grow the charity. Growth in terms of supporting more people and in terms of funding, growing our income streams so that we remain sustainable going forward.

What feedback do you get from individuals and families that are involved with Paul's Place?

Members have called it their 'Lifeline' when I have been talking to them. They've never found anything quite like it that supports the whole family; Empowering for members; Gives them hope and a future to look forward to; That it's a positive, vibrant place and helps to change their perspective on life; they can choose what activities they want to get involved in rather than being told; provides friendship circles and support; depression and anxiety is reduced.



Do you have any events coming up to share with local people?

Yes, lots! We have a charity **Zipwire on Sunday 16 June** at the National Diving & Activity Centre in Chepstow; **Heathfest on Saturday 6 July** – we are the

chosen charity for this event and would love to recruit some marshals; An afternoon **Cream Tea on Sunday 7 July** at Coalpit Heath Cricket Club; **Mediumship Night – Tuesday 16 July**; **Skydive – Sunday 21 July** and our flagship event – a **Grand Ball on Saturday 19 October**, a fabulous evening of entertainment – do get your ticket soon!

How can the local community become involved and support Paul's Place?

Join us for our events or perhaps sponsor one. Donations are always welcome. We are actively seeking volunteers to help in the day facility, and finally please Like our Facebook page – thank you!

For further information on any of the events mentioned, to donate, volunteer or join, please call **01454 777236** or email: **info@paulsplace.org.uk** or visit: **www.paulsplace.org.uk**.

#changeafuture

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Changes

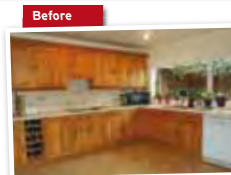
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News from the Floral Friends of Frampton

South Gloucestershire Community Awards

– Celia Zlobec was recently presented with a South Gloucestershire Community Award for her work in founding and leading the Floral Friends of Frampton, a group which aims to 'enhance the visual look and environment for the community and wildlife'. She was also commended for organising the group in establishing and maintaining the Sensory Garden in the village. Congratulations!

Toddlers have fun! Toddlers, who meet weekly at the Bickeridge Centre, have joined Floral Friends in getting ready for summer, they have been busy planting vegetable seeds in the Sensory Garden Taste area including peas, lettuce and radishes. Lots of fun was enjoyed by everyone and we are all really looking forward to watching their crops grow and tasting them later in the season.

Sensory Garden Spring Clean – Floral Friend volunteers recently had a busy spring cleaning session at the Sensory Garden. New plants have been planted to fill gaps, so we can now look forward to a colourful fragrant area to relax in this summer.

Spring Fayre Success – Despite the bad weather, our Spring Fayre attracted lots of visitors and we raised over £500 from our sale of plants, crafts and refreshments. The home made cakes were very popular and everyone enjoyed seeing the hedgehog from Hedgehog Rescue as well as the Floral Friends Village Quilt, which is now hanging on the wall. A huge thank you to everyone who helped to make our fundraising event such a big success! All the funds raised will be used to support our planting projects around the village.

We Need Help!

We will be replacing the winter bedding in the planters around the village with summer flowering plants at the beginning of June. If you can help with planting or maintaining a planter, we would love to hear from you. You don't have to be a gardening expert, just happy to lend a hand and help us to make our village beautiful. Please email us at floralfriendsofframpton@gmail.com.
<http://fframpton.wixsite.com/frampton-cottrell>



TV's favourite dance diva Oti Mabuse has high-kicked off the search for the UK's proudest glasses wearers – with a £10,000 cash prize up for grabs.

The star of Strictly Come Dancing and The Greatest Dancer showcased her own stunning specs style in a new photoshoot, as she launched Specsavers' annual search for the Spectacle Wearer of the Year 2019. Oti – who swaps her specs for contact lenses when she hits the dancefloor – says: 'I've been wearing my glasses since I was 10 and I wear them all the time. I can't live without them. I've got about 20 pairs of glasses and I love changing them to go with different outfits. There are so many styles to choose from, specs are a great way for people to express themselves through fashion. I feel more confident when I put my specs on. I wouldn't be Oti without them.'

All glasses wearers, aged 16 and over across the Stokes, just need to share a selfie and tell Specsavers what their glasses mean to them to be in with chance of winning the prestigious accolade. For every entry accepted, Specsavers will donate £1 to children's anti-bullying charity Kidscape. Spectacle Wearer of the Year has raised more than half a million pounds for Kidscape over the past ten years.

The money raised helps support the charity in providing practical support to children and families affected by bullying. Oti continues: 'Kids used to call me "four eyes" but I always say four eyes are better than two. I believe people should be proud to wear glasses. Embrace them, they are part of who you are and you are fabulous!'

Seven finalists, plus a social media favourite voted for by the public, will attend a celebrity-packed awards ceremony in London, with one overall winner scooping the top award and cash prize. **Specs wearers should get snapping and share their selfie at [specsavers.co.uk/loveglassescomp](https://www.specsavers.co.uk/loveglassescomp). Deadline for entries is 30 June 2019.**



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News from Winterbourne Down WI



This month our WI were delighted to invite other WI members and friends to come and listen and be entertained by

Emma Britton, host of BBC Radio Bristol Presenter. Emma had us intrigued and amused with her stories of being a BBC Broadcaster. She explained that the radio station not only covered Bristol but Bath, Somerset and South Gloucestershire with nearly one million listeners. She lives in Bridgwater with her partner John and much loved dog, Billy the Beagle. She travels to Bristol each day having to get up 3.15am morning!

Emma's career started as being a fitness instructor for people who were unfit and who were overweight. She wanted to make people feel better and healthier no matter what their background or size.

In 2007, a job in BBC Radio Somerset came up whereby she filled in for people who were out sick, or on holiday. She kept her keep fit business going in the evening. People liked her so much that she

was asked to stay, which she did for a number of years. She was then approached by Radio Bristol to host the successful morning programme. She was horrified to think she would have to get up so early and travel 35 miles to Bristol – but she did. Her programme is just speech and no music. Her rival is John Humphreys on Radio 4. Emma likes to report on local people with local stories. She says her job "is like no other" as she meets so many people in various jobs and walks of life. Her favourite interview was with Sir David Attenborough and Mary Berry and her favourite broadcast was from under the wings of Concorde, on the first day the Concorde Museum opened.

Emma has such a vibrant, happy disposition giving so much of her time to the public.

The evening ended with the distribution of loads of cake and tea which everyone enjoyed. On 6 June David Jeals will be talking on Diving and Survival. All are welcome to join us.

We have a very interesting and varied programme of talks throughout the year and everyone is most welcome to come and join us on the first Thursday of each month at 7.30pm in All Saints Church Hall, BS36 1BX.



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Chilli-loaded wedges

Super tasty nacho-style spuds – fantastic, filling family dinner.

Ingredients

2 baking potatoes, cut into wedges
Low-calorie cooking spray
250g lean beef mince (5% fat or less)
1 onion, sliced
1 red pepper, deseeded and finely chopped
230g can chopped tomatoes
1 tsp cumin
2 tsp Schwartz Perfect Shake Fajita seasoning
1 tsp paprika
2 tomatoes, roughly chopped
80g reduced-fat Cheddar
Fresh green jalapeno chillies, finely chopped (optional)

Method

Preheat your oven to 200°C/fan 180°C/gas 6. Put the wedges on a non-stick baking tray, spray with low-calorie cooking spray and season lightly. Bake for 25 minutes, then turn, spray again and bake for a further 25 minutes until golden.

Meanwhile, spray a non-stick frying pan with low-calorie cooking spray and place over a medium-high heat. Add the mince and stir-fry for 10 minutes, then add the onion and cook for 5-6 minutes, or until softened. Add the pepper and cook for 2-3 minutes, then stir in the canned tomatoes. Sprinkle in the cumin, fajita seasoning, paprika and a few twists of black pepper. Cook for 10-15 minutes, or until most of the liquid has evaporated. Stir in the fresh tomatoes. Remove from the heat.

Preheat your grill to high. Tip the wedges into an ovenproof dish, spoon over the mince and sprinkle over the cheese. Add the chillies, if using, and grill for 8-10 minutes, or until the cheese starts to brown. Divide between 2 plates and serve.

To find your nearest Slimming World group visit www.slimmingworld.co.uk or our [Facebook page – Frampton, Coalpit Heath & Winterbourne Slimming World](#) or call: **Frankie: 07519 347243, Lisa: 07815 759118 or Jude: 07968 426809.**



News from Coalpit Heath WI

It has been a busy couple of months at Coalpit Heath WI. Our visitors from the MS Therapy centre in Bristol did an amazing job sharing with us how varied an MS diagnosis can be. They explained how the Centre is supportive through their range of treatments, and as a social space, allowing people to share their experiences. We heard about all the therapies on offer and listened to the Centre's plans for the future – A bus for Gus, Therapy garden and Catered café. We wish them every success with their fundraising.

Each year we have a Resolutions meeting to add our support to WI national campaigns. This time we voted for – *Don't Fear the Smear*, encouraging members to raise the importance of cervical screening and address barriers to attendance. We will also support a campaign against the decline in local bus services, working to increase subsidies and to ensure an adequate provision of services.

We enjoyed taking the time to make ourselves some beautiful new name badges to add a personal touch to our monthly meetings (as pictured above).

We continue to have a collection for our local Food Bank and are planning to emphasise our commitment to #endplasticsoup by creating a display alongside the Badminton Road over the summer.

If you are interested in coming along, we meet in St Saviours church hall on the first Wednesday of every month at 7.45pm, it is always lovely to see new faces and you would be most welcome. To see what else we are doing please search for our FaceBook page @WICoalpitHeath.

Coming next in June is a talk from Pam Pontin of Pam's Baskets, while in July we are planning a fun games night.

Helping to help keep your Feet Healthy!



After several years in the printing industry Ian Swatton has changed his career path. Having successfully qualified for his diploma studies with a distinction, including an intensive practical examination, Ian is now a Foot Health Practitioner with his own mobile foot clinic.

Ian is able to offer foot care treatments in the comfort of your own home, including: diabetic foot care, nail trimming, fungal infections, corn / verrucae treatments, callus and hard skin removal.

"My mobile foot clinic is ideal for people who find it difficult to travel or for those who live in residential or nursing home settings. I am committed to providing a high standard level of treatment in a very professional and friendly manner."

Wherever treatment is needed, Ian's mobile service will come out to you to make it as easy as possible for you to get treatments done. Ian is a member of the register for Foot health practitioners, fully insured and also holds a DBS certification.

Ian has always been a keen participator in local sport, *"We often take our feet for granted and we put a lot of pressure on them, especially during our sporting activities. When your feet are the main source of moving around, having healthy feet is as beneficial as a healthy lifestyle."* He is offering to hold surgeries at local sports clubs to help members keep their feet in top condition.

To find out more, or to book an appointment, call Ian on 07981 996870 or email him on: imsfootcare@gmail.com. You can also find him on facebook and follow him on Twitter @Footcarelms.



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www.ategi.org.uk

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Community Noticeboard

For free listings contact
community@
mattersmagazines.co.uk

Winterbourne & District Flower Arrangement Society

We would love to welcome new members and visitors. Our meetings are held at St Michaels Room, High Street, Winterbourne 7.30pm start, with doors open from 7.00pm. We enjoy visiting demonstrators and practical, hands on sessions, on Thursday evenings on various dates.

For further details please contact: Celia – 01454 776753 • winterbourneflowerclub.com

The Manor Hall at Coalpit Heath

CIO Registered Charity Number 1169917



Community Coffee Mornings 19 June & 17 July 2019

In aid of Macmillan. Held in the Jubilee Room on the 3rd Wednesday monthly, 10am to 12noon (excl August and Dec)

All profit from the sale of refreshments will be for the Manor Hall CIO.

Handmade cards sold in aid of BRACE usually available monthly.

Thank you to NISA for sponsoring our coffee morning and donating the tea and coffee.

BRING-A-PICNIC SUNDAY

Sunday June 23rd 12.30pm onwards
Nutridge, Ram Hill, Coalpit Heath, BS36 2UF

DONATIONS ENCOURAGED

A three acre garden with perennial beds, trees, shrubs and open spaces.

Plants for sale.

Musicians, including pianists and singers will perform in the garden during the afternoon.

Proceeds in aid of Genieri, the African village linked with Yate.
Charity no. 1057814 www.yategenierilink.org

Downend Horticultural Society

Meet on the second Thursday of the month all year. You are invited to join them to share your gardening ideas and learn from others.

Thursday 13 June 2019 the topic is 'A year-long walk in Woodchester Park, Gloucestershire'.

Thursday 11 July 2019 the group will be having an evening outing. More details to follow. All welcome.

The group meet at The Assembly Hall, Salisbury Road, Downend at 7.30pm. Tea/coffee and home made cakes are served at the start of the evening followed by the talk. Everyone welcome.

For further details please call Roger Davis on 0117 9571703 or Hilary Walton on 0117 9792832.
www.downendhortsoc.co.uk

Chepstow Show

Sat. August 10th 2019



At Chepstow Racecourse

Main Ring programme commences 9:30 am.
Attractions include.



Welsh Horse Display Team and Ben Long Falconry

Pony Club Mounted Games
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FAMILY TICKET £25 (2 adults and up to 3 children)

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Avon Wildlife are planning are to run a series of fantastic Wild Wednesday Family events at local Says Court throughout 2019.

Future dates for your diary:
31 July, 7, 14, 21 August, 18 September (evening owl prow and bat walk) and 30 October.

Visit: www.avonwildlifetrust.org.uk/whats-on

BEAVERS

Do you have a sense of fun?

1st Winterbourne

Beaver Scouts needs several adult, volunteer Beaver Scout Leaders ready to start in September. Our Beaver Scouts are boys and girls between 6 and 8 years old and we meet on Mondays between 5.15–6.15pm in St Michael's Room. Our motto is 'Fun and Friends'.

No experience necessary – training available and loads of support from the rest of the team.

Contact Yvonne Andow 01454 775024 or
dandow@computer.org

Winterbourne Down & District Horticultural Society Meetings

All Saints Church Hall, Church Road,
Winterbourne Down, BS36 1BX, 7.30pm

Meeting every second Tuesday of the month. Visitors welcome.



What's on at The Miners

Coalpit Heath Village Hall

Saturday 1 June –
Good Old Fashioned – Jumble Sale
2–4pm, entry only 50p

Tuesday 11 June –
Alzheimer's Cupcake Day
12–2pm Join our Cupcake day and rise against dementia. Cakes, hot & cold drinks and a raffle on the day
www.cphvh.co.uk

Find us on Face book @coalpitheath
214, Badminton Road, Coalpit Heath,
BS36 2QB. Tel: 01454 776958



Cleve Archers Taster Sessions

Up Yonder, Moorend, Hambook, BS16 1SS

On the second Tuesday of the month from June to August 2019 from 6–8pm (11 June, 9 July, 13 August). Come along and try archery – booking required.

For adults and children age 7+. Cost £5 p/p.

For further information and to reserve a place visit
www.cleavearchers.co.uk/community-sessions-2019/

Ladies Circle meet every second and forth Wednesday of each month at 7.30pm (except June, July & August) at The Beacon, Zion Church, Frampton Cotterell. They have a good variety of different speakers and offer a warm welcome to any newcomers. There is a £3 charge for each visit but no annual membership.



ST. PETER'S CHURCH

Summer Fair

Saturday 8th June 2019

2.00 - 4.30 pm

BRIDGE HOUSE

Rectory Road Frampton Cotterell

ADMISSION FREE

REFRESHMENTS

Lots of STALLS and GAMES

Land Rover rides and TRAINS RUNNING





THE CROSSBOW SINGERS have *That Holiday Feeling*



The Crossbow Singers are now well into rehearsals for their **Summer Concert which will be held on Monday 1 and Tuesday 2 July, 2019**. The theme this year is *That Holiday Feeling*! Performances will be held at Crossbow House, School Road, Frampton Cotterell, commencing at 7.30pm.

A donation from this summer's ticket sales will be made to the Frampton and District Community Association (Crossbow House), as substantial improvements and repairs are taking place.

Tickets are now on sale at just £6 each. **Please contact Rose on 01454 772675 if you would like to come on 1 June, or Mary on 01454 887885 if 2 June is best for you.** We really hope you can come and we look forward to seeing you there.

St Saviours Church, Coalpit Heath Church Events

Butterflies Babes and Toddlers Group

Looking for something to entertain your baby or toddler? We are a friendly and welcoming group and would love to see you. It's £3 per family, pay as you go during school term only. Plenty of toys, dressing up, book corner and song time. Mondays, 10–11.30am in the Church Hall, Beesmore Road, BS36 2RP. www.butterfiestoddlersgroup@gmail.com



Parish Praise, 10am – On the first Sunday of the month. For all ages and families. Do stay for tea, coffee and biscuits afterwards if you wish. Come and meet other families, we would love to see you.



Friday Lunches – Every Friday in the Church Hall. Anyone is welcome from 11.15am onwards for tea or coffee then stay for lunch at midday. Come and meet new friends. Donations to church funds.

Mothers Union – Meet on the second Tuesday of the month at 2pm in the Church Hall. For more information contact Mary Head on 01454 887870.

Summer Fair – 22 June, -30pm. Come along and have a lovely afternoon. There will be refreshments, ice creams, games, many stalls and much more.

See the church website: www.coalpitheath.org.uk

News from Frampton Cotterell WI

We enjoyed another great speaker in April – Paul Green from Green's Leaves came along to talk to us about plant care and showcase different varieties of plants. Paul helped us to recognise our Japonicas from our Bergenias, not to mention introducing us to a wide range of plants that attract bees, such as – Californian Lilac and other types of Buddleia. There was also a plant sale on the night, so few of us went home empty-handed! It was a really lovely, informative evening.

We also had a fabulous Beetle Drive social evening on Tuesday 30 April at Crossbow House. And at time of writing, we are looking forward to our National Resolutions evening on 21 May, where we will debate key topics for National WI representation – it's always good to know that our members' views on important social topics can be represented in this way for future campaigns.

On 25 June, we're holding our own version of the Antiques Road Show at our monthly meeting. As always, visitors are welcome, so do come along if you have something that you would like our expert to take a look at!

And if that's not enough to look forward to, we're also meeting up for our Summer Meal at The White Horse at Hambrook on 26 June.



In July we'll be at the Frampton Festival again with our wonderful WI cake stand we always enjoy baking for the show, and our members always excel themselves with some prize bakes!

Later in the year we have more talks covering subjects ranging from learning Spanish for beginners and a Zumba workshop! Also, a number of social evenings are planned, including a member's trip to Berkeley Castle in July, and a cheese and wine social evening in August.

Visitors and new members are welcome to our monthly meetings at St Peter's Hall on School Road at 7.45pm, on the fourth Tuesday of the month. There is a charge of £2.50 for the evening and any new members can also join by paying a membership fee. Please search **FramptonCottWI** to find out more, and to like our page.



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The Computer Group meets at the Bickeridge Centre in Frampton Cotterell on Monday to Thursday mornings. Each session lasts for 2 hours and costs just £2.50.

You can attend as many sessions as you like as our courses are designed so that each person can proceed at their own pace. You can join the Computer Group at any time as soon as there is space available on the day you would like to attend.

If you would like to book a place, please contact: Jill Allan on: 01454 864442.



Frampton Cotterell Computer Group

www.fccomputergroup.uk

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Bickeridge Centre, Woodend Road Frampton Cotterell.

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I recently visited the friendly team at their new Brookfield Mobility Solutions showroom, on Filton Road. I was impressed by the diverse range of mobility equipment and aids on offer. As well as an extensive range of car adaptations available, they can also organise for a stairlift to be installed in to your home, and talk you through the latest range of mobility scooters and domestic aids on offer – from a simple yet effective gadget to assist with putting on your socks – to bath seats, all available from the showroom.

Their expertise lies with the bespoke car adaptations that enable people with compromised mobility their driving freedom. My family have had personal experience with the Motability Scheme; my dad was severely disabled with MS. I was amazed how the technology has come on over the years; had the steering wheel controls that action not only indicators and lights from the touch of a button but also brakes and accelerator been around in my dad's time, he would have been able to continue driving for years longer than he did.

When my father moved to an electric wheelchair, we were delighted to be able to have an adapted car on the mobility scheme that enabled him to drive his chair up a ramp into the back of the vehicle. Brookfield Mobility Solutions can enable all of this to happen too – for wheelchair or mobility scooter.

The great thing about having a spacious showroom is that if you wish, you can come in, have a drink and talk through your individual needs with a member of the BMS team. It is their aim to provide a bespoke solution to all their customers in conjunction with their high-class suppliers of adaptations.

The team offer a mobile fitting and repair service at



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Reminiscences of The Old Hat Factory at Park Lane, Frampton Cotterell also known as Penny Well Lane.

By Margaret Skinner



I was born in the house that was originally built as Christy's Hat Manufactory.

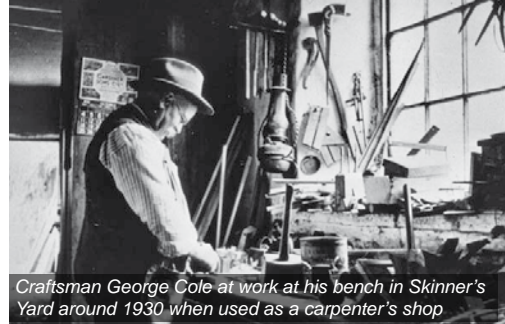
In 1876 my grandfather bought the house and adjoining workshops and set up the business which my father was later to expand as a sawmill, which

undertook carpentry, building, wheelwrighting, painting, decorating and undertaking. My father often said "I'm a Jack of all trades", in fact he and his workmen were masters of many skills.

As children my three brothers and I had the run of the house, garden orchard and workshops. I now realise what a rich environment we grew up in, watching all the various activities and skills that were practised there.

The house had no 'mod cons' until the late 1930s when my father wired it for electric light. We had an Aladdin lamp in the living room and candles to light us to bed. Halfway up the stairs, a stuffed fox lurked in its glass case and we always began whistling bravely when the candlelight caught his gleaming eyes.

One room on the top floor housed racks of apples from the orchard. Early Beauty of Bath, dark red Quarendens, Tom Putts and the enormous Golden Nobles which kept until Easter. From the ceiling hung inverted T-shaped pieces of wood once used for shaping the beaver hats formerly made in the factory, but used by us for gymnastics. In the corner stood Uncle John's old sea-chest. He had been a ship's carpenter and the chest contained relics of his South American travels-flags, ostrich eggs and an old blunderbuss. Some of the windows had bull's eye bottle-glass in them, which gave us an intriguing distorted view of the garden and the creeper-clad workshops.



Craftsman George Cole at work at his bench in Skinner's Yard around 1930 when used as a carpenter's shop

Much of our furniture had been made in the workshops, including my parent's oak bedstead which had acorns carved in relief on the end boards. Several cupboards and a bureau had custom-made shelving and divisions to house boxes of screws, hinges, special fittings and samples of mourning cards connected with the business. In earlier days there had been time for wood-carving oak blanket boxes, trays, snuff boxes and puzzles. My dolls-house had been made complete with stairs, fireplace and panelled doors. Many of the tools in the workshop had names cut on them.

Water was pumped up, ice cold, from a well under



A young Margaret Skinner, drawing water.

the kitchen floor and on wash days and bath nights a fire was lit under a large copper beside the sink. My father built a bathroom but we had no piped water until a fractured drain finally polluted the well. The lavatory was across a little backyard behind a screen of jasmine. Pleasant in summer but winter visits were brisk!

Cooking was done on a coal fired

range and we sometimes toasted cheese for supper on a trivet in front of the living room fire. George Cole, the eldest of the workmen, always came in to sit by the kitchen range to eat his lunch – half a loaf, with a hole gouged for a knob of butter, a hunk of cheese and a stick of celery. We always hovered near, waiting for a titbit and envying the way he ate with his pocket knife.

The greenhouse with its vine tomatoes, Marechal Niel rose and fuchsia, (whose buds we secretly popped) was my father's province, but we had a little plot of garden to cultivate as we pleased. There was also the orchard with nut bushes,

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apple, pear, plum, greengage and damson trees, an old summer-house and in the spring clumps of daffodils, narcissi and snowdrops under foot.

Here we had an old car to play in and a free-standing swing which had been made in the workshop. My mother kept a few chickens and my father had two hives of bees which we treated with respect, especially after the day my youngest brother tapped the hive and was badly stung. We watched the honey being extracted and stored for winter coughs and colds and we always enjoyed at least one dish-full of it dripping from the comb.

The workshops were a treasure house of different smells, sights and sounds. Fresh sawdust and wood-shavings, hot glue, putty, turpentine, paint, pitch (for treating the inside of coffins), smoke, the sound of bellows and the clash and clang of sizzling hot metal are the memories of days when the blacksmith and wheelwright's shop were in action.

Some days the band saw screamed through pieces of wood, and once a toad or frog was found unharmed in the hole of a tree, the cross saw must have missed it by a fraction of an inch. We saw handles renewed on implements, farm carts and wagons repaired and painted, sometimes with decorative scrolls and the owner's name and address inscribed. Something interesting was always happening and we had our own end of a work bench when we wanted to experiment on our own account.

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Continued from page 21 ►

Sometimes my father would go tree-felling, as far afield as Northwoods or Dodington, and the rough tree trunks would be hauled back to the timber yard on a bogey drawn by hired heavy horses. We enjoyed clambering over the timber as it lay in the yard for seasoning. My brothers built dens and played war games hiding upon the beams and in the saw shed and diving into the enormous box of sawdust. The horizontal saw – later electrified – was originally powered by an ancient steam engine which was housed in a shed adjoining the blacksmith's shop and bands ran across to the saw shed. Timber was manoeuvred on to the heavy saw bed by means of ratchets and chains and secured by metal dogs, to be cut into planks which were then stored in an open-sided shed. There was the thrill of a slow ride on the saw bed as it moved inexorably towards the sharp saw, a leap to safety, under the watchful eye of an apprentice, before we reached danger point. There was nothing macabre for us in the



Mr Arthur Skinner and Mr George Cole at work at the forge set up at the rear of the old hat factory in what was known as Skinner's Yard.

undertaking business, it was just a fact of life and our parents' firm, serene faith in an afterlife was comfortingly reassuring. My father would be sent for, returning with measurements and instructions. Oak or elm boards would be chosen and skilfully cut and bowed to the appropriate shape and size. The wood was sanded smooth and polished with our home-made beeswax polish; wood, chrome or brass handles being attached. My grandmother usually cut the

lining material and sewed a square of muslin for a veil. I often collected spare snippets of trimmings for use in my doll's house.

Sometimes the coffin and its occupant would rest overnight in the little mortuary my father had built, and I would polish the brass candlesticks and arrange a vase of flowers to go in there. In the 1930s some people still preferred a horse drawn procession and we enjoyed the dramatic arrival of the gleaming hearse and coal black horses. My father usually wore a top hat and tails when

William Skinner with his wife Mary Ann outside the summer house in the garden of the former hat factory.



conducting a funeral and sometimes the workmen would also don sober clothes to act as bearers. The floral wreaths and crosses would provide the only splash of colour.

Granny Skinner, who was a semi-invalid, lived with us and while my mother was busy with the household tasks,

she taught us the rudiments of knitting and sewing and told us stories of the "olden days". We would watch her flashing shuttle produce yards of tatting to decorate household linen and handkerchiefs. In the dark winter evenings, she taught us whist and cribbage or sometimes we would visit the three old aunts who lived in a cottage nearby and there we learnt to play chess and draughts and halma.

On the back of the settee in the living room hung a set of hand-bells. These came into action at Christmas when my father found time to go out carolling with a few friends, who always returned to our house at the end of the evening for a warming glass of home-made ginger brandy.

There was never much money – my father was too kind-hearted to be a good businessman but we collected a wealth of happy memories and never lacked for friends who were always eager to share and explore our fascinating home.

During the war my father was both a special constable and an air-raid warden, and our house – being one of the few with a telephone, was used as an air-raid post. The stone walls of the downstairs passage were considered thick enough to provide a safe retreat during air-raids, so we never had an Anderson shelter.

Frampton Cotterell was in the flight path between Bristol, Filton and Yate – all enemy targets, and we sometimes watched dogfights in the sky as enemy planes were intercepted. Occasionally bombs would be jettisoned, but comparatively few fell on Frampton, but I remember the night a land-mine was dropped in the field beyond our orchard, its impact was cushioned by landing on a haystack, but it left quite a deep crater and next morning we found our trees festively decked with hay covered by a

light sprinkling of snow.

I remember one occasion when my brother automatically got out of bed on hearing the warning siren, and rolled from top to bottom of the stairs without waking or hurting himself. As children we often slept through all but the noisiest raids.

My mother referred to those days in a letter written in 1940 which I still possess:-

August 11th 1940, Sunday night
11, Woodend, Frampton Cotterell, Bristol
Dearest Chum,

I feel so guilty, as I believe I owe you for two letters, but my days are so full I can't seem to fit it in – I'm writing to you at 10.30pm during an air raid, as Arthur is on duty and I have to listen for the phone in any case. We get so many raids now that we don't take much notice of them! Except when they drop bombs, and we've had a rest from them this week, their planes have been dropping leaflets instead, but I saw A.A. shells bursting in the distance last night, above the balloon barrage. I counted eighty balloons up tonight!

Guns are booming outside and Jerry is mooching round like an old bumble Bee! I wish he'd get off home and let me go to bed! Gran is sleeping down stairs now and C.J. and Micky in the drawing room and they are all sleeping peacefully at the moment, and I wander round like an old hen with her chickens, peeping in to see if they are all asleep!

My father died on 27th December 1942, after a tree felling accident at Dodington the previous day. He had been helping a friend, and was badly injured when the tree fell.

My mother carried on the business, with the help of a manager until early 1945, when she married a widower and moved away from the area. ■

The text of this article was donated to the Frampton Cotterell and District Local History Society, who now have the Copyright.

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Winterbourne's Medieval Barn – News & Events



North lean-to demolished

Winterbourne Medieval Barn is undergoing major work to conserve and redevelop the magnificent building.

Demolition work on site is truly underway! The roofless building attached to the north wall of the Medieval Barn has been completely demolished, exposing the medieval stone work of the side wall, and the sad-looking lean-to attached to the south range has also now gone. As work progresses, Corbel Construction are cleaning and storing stone to be reused elsewhere on site.

Although the main site is closed, the Cart Shed remains accessible and is hosting a wide range of talks and workshop throughout this year.

Thursday 13 June – Talk: Building a Martian House, 7– 9pm.

Thursday 11 July – Talk: The Newport Medieval Ship, 7– 9pm.

Thursday 13 July – Wine-tasting evening, 7– 9.30pm.

Thursday 20 July – West Gallery Music Workshop.

Tickets are on sale now, and numbers are strictly limited. Further details of the events can be found on the website below.



During the school summer holidays there will be a variety of clubs and activities for children to enjoy art, archaeology, and nature-based mornings. Information will be posted on the website and Facebook page shortly.

www.winterbournebarn.org.uk

You can also follow us on Facebook and Twitter.

**Winterbourne Medieval Barn,
Church Lane, BS36 1SE**



A note from the Carnival Committee

The carnival was a huge success this year and it was a pleasure to see so many people attend and help out, from stewarding the road closures to constructing stalls, all was done voluntarily with a big smile.

John Turner, Committee Chairman, deserves a huge thanks for all his hard work throughout the last year, along with all the new and old committee members who give a lot of their time to make the day run so well.

We had a great start on Saturday with the children's disco attracting 70 plus in a packed All Saints Hall, jumping around to the sounds of DJ Daft Vader...

The treasure hunt and scarecrow trail went down well with some fantastic entries, all culminating at All Saints Hall where the eventual winners were the Bennett family.

Northavon Singers and Alex Vice kept us entertained at All Saints Church on Sunday evening with songs of praise; presentations were also made to longstanding members of the carnival organising team.

Carnival day itself – as the rain kept off – was a great success, starting from the procession from Bradley Avenue to the Methodist Church, which saw the largest crowd for many years, led in fine fashion by the Bristol Pipe and Drum Band all the way to the Methodist Hall. This year's charity stalls and market stalls were at record numbers reaching far along Down Road. Entertainment on the day was provided by Winterbourne Down Border Morris dancers, Mundi Dance, Stapleton School of Dance, Same Same But Different, buskers, Panama Jazz band, Fern and the Gang, and many others. All in all, a great day was had and on behalf of the committee can I thank everyone who attend and helped.

www.winterbournedowncarnival.wordpress.com
Facebook @wdcarnival



Winterbourne Down Village Carnival 2019

Myself and young family were delighted to once again attend the Winterbourne Down May Day Carnival this year. It's always magical when you hear the pipers in the distance and then the procession turns onto the final stretch of bunting-adorned, stall-filled Down Road, packed with smiling crowds to welcome this year's May Queen and all her followers.

The costumes (with a circus theme) were impressive and awards were given to the best dressed attendees, in the grounds of the Methodist Church, where the crowning of the May Queen also took place.

The 2019, chosen charity for the carnival was The Jessie May Trust. Some representatives from the Bristol-based charity were pleased to take part in the carnival activities.

Live dance, sporting and musical displays throughout the day drew the crowds and the coal sack race was great fun to watch too!

The addition of may pole sign posts was a sweet touch – they were both informative and attractive. Winterbourne Matters enjoyed visiting stalls ran by groups that frequently feature in our community magazine; some home-made marmalade was purchased from the Winterbourne Down WI, and pop-corn for my sons, from the 2nd Winterbourne Down Guides, who were raising funds to help Empower women in the UK.

It was lovely to wander through the beautiful grounds of All Saints Church to find an impressive falconry display, set back in peaceful surroundings with stunning views across Winterbourne and beyond.

The carnival was first started in 1988 by All Saints and the Methodist church, who still remain the main sponsors. This fantastic community event has something for all of the family to enjoy. Congratulations to the new committee members, led by Chair John Turner, for continuing the wonderful legacy left to you from the former hardworking team; the carnival is certainly in safe hands and we look forward to seeing what next year will bring.



News from Frampton Cotterell RFC

FCRFC had a fantastic time at their annual dinner at the Mercure Bristol. Congratulations go to all the players who received prizes including: *Player of the year* – Lewis Oakley (pictured left) and *Most improved player* – Tom Curnock.



In May, FCRFC juniors, and for the first time girls' teams enjoyed their visit to Parisis Rugby club. Over 50 players visited for a festival of rugby. The exchange started in 1977 when employees from France and England were working on the Concorde project. In November 2019, the Parisis Rugby Club veterans will visit Frampton to play in Le crunch match! Some of these veterans played in the first game in 1977 – Mike Weaver and Phillip Colin. A truly remarkable rugby friendship.



Big shout out to FCRFC boys – Mark Chaplin, Giles Fletcher and Stu Sharman for their Le tour de balls charity cycle trip, concluding at the Globe.

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Coalpit Heath Football Club
Coalpit Heath Football Club are coming towards the end of another successful season, with additional teams planned for next season.

Massive congratulations must go to the U14s and their coaches: after a successful campaign, the team finished runners up in Division Two of the Avon Youth League and have been promoted to Division One. Pictured, triumphant, top right.

The U11s have had a great final season in the Hanham Minor League and were successful in reaching a cup final in the final round of competitive matches. The team is extremely proud of their achievements and all are looking forward to their first season in the Avon Youth League as U12s.

A busy season! During the past season the club has additionally had two U8s teams, an U9s and U10s competing in the Hanham Minor League. In the Avon Youth League we also have the U12s and U14 Colts.

The club is very proud of the thriving **Soccertots** section for children of Reception and Year 1 ages. The majority of players within the club started at Soccertots and have continued to play for the club and progress through the age groups. Training takes place on Saturday mornings, 9–10am, on the Manor Fields and the sports hall at Winterbourne International Academy during the winter.

Next season the club will have an U7s (year 2), U9s, U9s Colts (year 4), U10s (year 5) and U11s (year 6) team all competing in the Hanham Minor League. All teams train on a Saturday morning and play matches on a Sunday morning or afternoon.

In the Avon Youth League we will have two U12 teams (year 7), U13s (year 8), U15s and U15 Colts (year 10). All teams play matches on Sunday mornings or afternoons; training times vary.

The club is looking for additional players at all age levels; if you are interested please complete the contact form on the website: www.coalpitheathfc.org.uk or email: info@coalpitheathfc.org.uk.

The club's focus is on providing a fun environment in which players of all levels can enhance their skills and develop confidence on and off the pitch.

The club is FA Standard Chartered and take safeguarding very seriously; we have a dedicated Child Welfare Officer who works closely with all coaches throughout the season. All lead coaches must be a minimum of FA Level 1 qualified and any assistant coaches and helpers must hold a DBS check through the FA.

We are keen to generate a sense of community across all age levels and encourage age groups to work together and help each other develop. Various age groups have already played each other in friendlies to prepare them for changes as they move up the age groups.

When the England U21s recently played at Ashton Gate, the club paid for three coaches to take players, their siblings and parents to the match. The event was a great success with 130 people from the club enjoying a great performance from the U21s.

Over the past year we have been completing **developments at the Manor Field**, which is used by our junior teams, to improve the facilities and make it more welcoming for the children and their families. Further work will be undertaken over the summer. Alongside this, the club is raising funds towards the installation of a defibrillator within the Manor Field area. This will be of benefit to the whole community.

The club AGM will be held in June at Coalpit Heath Cricket Club. Everyone is welcome to attend to find out more about the club. We are always looking for volunteers to help with various activities within the club, including coaching or other support activities, as well as local companies to provide sponsorship. If you are interested please contact the Club Chairman, Stuart Aris, via email at chair@coalpitheathfc.org.uk.

We wish all players, parents, coaches and sponsors a great break over the summer and we look forward to an exciting 2019/2020 season.



Freshly promoted U14s to Division 1!



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Adult	£4.10
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Family Public Swim	£11.20 (2 adults, 2 children)
Group Lessons	£5.60 per hour
Rookies	£6.50 per hour
Main Hire of Pool	£69.65 per hour
Hire of Lifeguard	£20.80 per hour

A full price list and more details can be found at:
www.winterbourneacademy.org.uk/Swimming-Pool/

As from
8th September the
pool is now open to
the public on:

SATURDAYS
1.00pm - 2.30pm

WEDNESDAYS
7.00pm - 9.00pm



June & July Events at Winterbourne Library

Opening Times

Staffed Times – Tues: 10am–5pm / Weds: 10am–5pm. Fri: 10am–5pm / Sat: 9.30am–12.30pm.

Open Access (Unstaffed) – 8.30am–7.30pm – Everyday. If you register your card for our new Open Access system, and attend an induction, you'll be able to access library facilities throughout the week. You can borrow and return books and use the computers. Speak to a member of staff for more details.

Winterbourne Library is celebrating its 50 year anniversary! Come and join us on **Friday 21 June**. Look out for an event programme.

WANTED! Do you have any old or unwanted Duplo Lego? We would be grateful for any donations for a new Duplo club.

Rhymetime: Rhymes and songs for parents and babies/toddlers to enjoy together. **Every Tuesday morning 10.30–11.00am.**

Pre School Storytime: Join us for stories and a simple craft. **Every Wednesday morning 10.30–11.00am.**

Lego Club: Listen to stories and poems, then create a model to display at the library. Suitable for the primary age range, children must be accompanied by an adult. We'll be meeting on **8 June and 6 July, 10.30–11.30am.**

'Have you Read? ...' A new open reading group for all (no set text). Share your love of books, extend your reading horizons. **First Friday of every month 11am–12 noon.**

The Craft Group is meeting on **Saturday 1, 15 and 29 June & 13 and 27 July, 10.00am–12 noon**. New members will always be made welcome by this friendly group. Share tips and ideas for your knitting, sewing or crochet projects.

The Reading Agency and Libraries Present Space Chase Summer Reading Challenge – 13 July–14 September. Our super space family the Rockets need your help to track down books that have been nabbed by Aliens! As you read 6 library books over the summer, collect special stickers to complete your mission folder and get your medal and certificate.

Alien Invasion! Look out the Aliens are Coming! Free drop in craft activities suitable for ages 4–10. Friday 26 July, 10.30–12 noon.

For more information on any of the above:
T: 01454 868006

E: winterbourne.library@southglos.gov.uk

Visit: www.southglos.gov.uk/libraries

Twitter: @southgloslibs • 'Like' us on Facebook:

South Gloucestershire Libraries for all the latest news.



South Gloucestershire Libraries are looking for friendly and enthusiastic volunteers to join the team running Space Chase, Summer Reading Challenge 2019.

Volunteers will spend their time supporting children to do the Summer Reading Challenge, talking with them about the books they're reading and helping at a range of fun activities in the library. This is a great opportunity to develop skills in communication, team working and creative projects, whilst having fun and making new friends.

Mason, who volunteered last summer said, *"I've really enjoyed helping out this summer. It's been really good to develop my communication and problem-solving skills which I know will definitely be invaluable for me in the future."*

More than 5,000 children took part in last year's Summer Reading Challenge helped by 60 volunteers. The theme of this year's challenge is Space Chase. As children read 6 library books over the summer they collect special stickers to complete their mission.

The closing date for applications is 30 June. Volunteers must be aged 13 or over. For more information ask a member of library staff, email libraryvolunteers@southglos.gov.uk or visit www.southglos.gov.uk/libraries.

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email: adrian@hardstaxservices.co.uk



Need Hall space for your group? Need a new venue?

Why not contact St Michael's Primary School to find out how you could hire the School Hall?

Competitive rates starting from £30. Please call 01454 867105 and speak to either Fiona Huke or Sara Cunningham-Smith.

represents people waving palm leaves to welcome Jesus into Jerusalem."

"We wrote on post-its, things that make us angry. This represents how Jesus got angry in the temple at the people who were selling things. I wrote that war makes me angry."

"We took it in turns to wash each others' hands by pouring water over them. We did this to remember when Jesus washed his disciples' feet, to show he loved them."

"We coloured stones with a cross on one side and the word 'love' on the other, to remind us that Jesus loves us and died for us. We got to keep the rocks."

"Some of us made a garden to display at Church over the Easter weekend. We made a tomb out of slates of rock, and made a hill with wooden crosses. This was where the two thieves said that Jesus shouldn't have to die."

"The soil on the ground represents new life and the chance of hope. We placed trees in the garden to show that life lived on after Jesus passed, but it was never the same. We planted bushes on the edges of the garden to show that there is life all around the world even after Jesus went to heaven."

Easter at St Michael's Primary

by pupils Oliver, James, Alysia, Amy & Grace.

St Michael's Primary School always looks forward to celebrating Easter. Unfortunately, due to bad weather, we were unable to make our usual, whole school trip to the church, so this year the church came to us! Parents joined us in the school hall for Years' 3 and 4 assembly, where the children (dressed in their Easter bonnets) retold the story of Easter with singing, role play and readings.

After the service, Father Malcolm and members from the church then led a series of workshops for Years 5 and 6, to help them learn more about the events leading up to Jesus' crucifixion and resurrection.

The children later wrote about the activities and what part of the Easter story they represented, to help them understand what Easter means to Christians.

"We decorated a palm cross with words of happiness.

The cross

OSCARS is a well established playscheme providing before and after school club and holiday childcare for primary school aged children.



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Telephone: 01454 250528

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News from Winterbourne Cricket Club

Since the last time I wrote for the magazine a lot has happened at Winterbourne Cricket Club. In this short update, I hope to keep the community that we are so proud to represent abreast with the goings on at the cricket club, as we welcome in what we hope will be a fabulous summer.



Brainer's Cap Ceremony – At our season launch on Friday 3 May, we hosted the inaugural Brainer's Cap Ceremony. Brainer's caps are awarded to all current club members who have made over 50 senior competitive appearances since the induction of Play Cricket. To date,

72 people fulfil these criteria and nearly 50 current club members were there on the Friday to collect their numbered caps from the man himself, John Brainer. We were also happy to unveil the associated honours board, which proudly adorns one of the pillars in our St Michael's pavilion and will serve as a permanent reminder of how thankful we are for the longevity many of our playing members show.

Mixed Start for the Senior Sides – At the time of writing, two league fixtures have been played by each of our five sides and we have experienced a mixed start to the season. The recently promoted first team have excelled in their new environment registering wins both away at Keynsham and at home to Ilminster; the latter seeing Chris Dent mark his debut for the club with a 61, and James Brace marking his return with fabulous 94. The 2s, 3s and 5s meanwhile have experienced dichotomy in the opening two weeks, while the 4s are yet to register a victory. Here's hoping the club will achieve its first 5 wins from 5 of the season in the coming weeks.

Youth Sides dampened by Rain – The youth section has seen its start of the season heavily affected by the weather, with many of the scheduled matches lost to the elements. This did not stop the U13 Maroons though who racked up 165-0 in their 20 over match against Frenchay (A) with Max Richards, Henry Trotman and Freddie Bennett all retiring. In the other two fixtures to date, the U13 Golds and U15s were beaten by strong YMCA and Thornbury sides, respectively.

Record Breaking All Stars – Friday 10 May saw us host our first All Stars session of the year, as part of our youth training night. This year we have had

a record number of children sign up, with an incredible 43 incoming every week for an enjoyable hour of cricket

and perhaps an even more enjoyable 15 minutes afterwards raiding the sweet shop!

Girls' section goes from strength to strength – It was only back in January that a group of interested club and community members met together to come up with a plan for launching a girls' section. What started as just two girls at the first Youth Winter Net session soon became six and numbers have continued to grow ever since. Fast forward to the present and we have over 30 girls (aged 5-15) signed on at the club, and we were amazed to be able to accompany 17 of these girls to their first ever Softball Cricket Festival at Frenchay Cricket Club. It was a fantastic day of cricket and the girls all had a great time and improved immensely as the day went on. We encourage any girls who want to give cricket a try to come along on Friday nights, 6-7:30pm, for a free taster session and discover just how fun it can be.

For more details email myself, Chris Shine at: chrissy.shine@bti



Care to foster in Bristol?

Do you have a spare bedroom, patience, sense of humour and a real desire to help children and young people? We offer a generous allowance, professional training and great local support.

Capstone Foster Care needs carers for children of all ages but are particularly interested in hearing from people able to look after sibling groups or children over the age of 11.

Foster for Capstone

The number of children in care has reached a record high, with 90 young people entering the care system each day, figures show.

Call 01454 423 820 or visit www.capstonefostercare.co.uk



DingMaster started more than 12 years ago offering a mobile service repairing dings and dents.

Today DingMaster have expanded to 16 mobile vans covering the South West and now have two local repair centres, one based in Frampton Cotterell and their new unit in Bradley Stoke.

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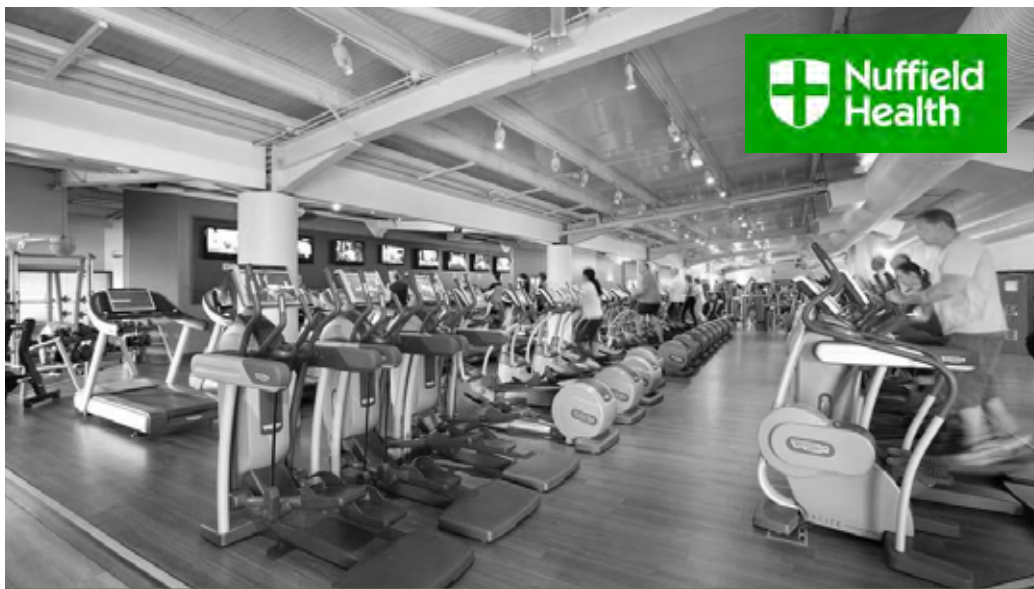
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Children & families welcome | Full Café facility + soft play
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Call to book your free day 0117 9749740 or visit www.nuffieldhealth.com

*Valid until 31st July 2019. 1 visit per person

Suffer with headaches? Help is here!

With local Osteomyologist expert – Dawn Clode Ostrm, Lic MET Lic CR FAO

When I visited Dawn for one of my regular treatments recently (to keep my back and neck in good shape), we started talking about the increase in people suffering with headaches.

We discussed the pressures of modern-day life, the stress of work or emotional life events people encounter all being contributing factors. From personal experience, I also know although the pain may be manifesting in your head, it could in fact be your jaw, or a bone in your neck or back that is out of place and causing the pain.

When a van drove in to the back of my stationary car, as well as whip-lash, I suffered with a strong headache that was thankfully alleviated when Dawn subtly re-positioned by jaw back into alignment.

Whatever the cause of your headache, they can be at best miserable and worst completely debilitating.

As an Osteomyologist, Dawn has a tool box of holistic treatments to relieve your pain. She explained to me Cranial Sacral is particularly effective in relieving headaches.

So don't suffer anymore, make an appointment with the caring, talented Dawn at her Holistic Health Practice in Little Stoke.

Other treatment modalities effectively used by Dawn include; Acupuncture, Aromatherapy, Confidence and Self Esteem Coaching, Cranial Sacral Therapy, Manipulation (HVT), Massage, Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP), Reflexology and Reiki.

Dawn is happy for you to get in touch for further information.

Please call: **0795 1099 491**

Visit: www.life-and-soul-empowerment.co.uk

Based in Little Stoke.



As well as alleviating headaches in adults, Cranial Sacral Therapy can be of great comfort to babies.

Being born is a stressful thing for a little one, with all kind of pressures being placed on their tiny bodies. If your baby is only wanting to feed from one side or appears uncomfortable (after seeking medical advice), Cranial Sacral can be a gentle way to relieve this discomfort.

Above Dawn is pictured giving a Cranial Sacral session to my little boy Henry.

Clinical Hypnotherapist

Catherine Smart DHP MNCH CHBP

Hypnotherapy can help you:



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- Stop panic attacks
- Lose weight
- Improve your self-esteem
- Combat Fears and Phobias
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- Stress and anxiety



Based in Winterbourne

Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

Call me on: **07964 991689**

E: Catherine@SmartHypnotherapy.co.uk
www.hypnotherapistbristol.com

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Welcome to Mike Harbord Opticians - a family practice in Winterbourne Village.

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There is no Planet B

Dear Friends,

Throughout history ordinary Christians have rallied against great injustice and achieved

extraordinary change: from the civil rights movement in the United States, to the struggle against apartheid in South Africa. When we move together with the conviction of faith, we can help bring about significant change. Together we are powerful.

Last week I watched David Attenborough's television programme on climate change and felt quite overwhelmed by the enormity of the task facing the human race. We know there are influential leaders of industries and nations who are in denial of global warming, so how can the changes necessary to reach net zero greenhouse gas emissions be achieved? This should be one of the most important concerns addressed by functioning governments around the world. Perhaps like the fifteen year old school girl from Sweden we should look at our own lifestyles and habits. It won't solve the bigger picture, but here are some questions we might like to ask ourselves.

How conditioned are we to want new things when we could recycle or buy second hand, and should we make do and mend far more frequently?

Why have we acquired so much stuff in our homes? Is our money invested in ethically and environmentally friendly companies? Should we limit our travel particularly by plane for pleasure?

Car Boot Sale

All Saints' Church Hall

Winterbourne Down

on Sunday 18th August

from 8.30am

Pre-Booked Cars £5.00

On the day cost £10.00

Enquiries: carlash@gmail.com

Bacon Baps and Drinks available

Church Service in Hall @ 9.15am



Have we considered meals with less red meat? Should we ask more questions about unnecessary packaging and non-recyclable plastic? Should we write to our M.P. about our concerns? Should we sign up to one of the organisations that is dedicated to environmental issues?

Our marketing and consumer driven society urges us to consume and buy, and I'm as much a victim of those pressures as anyone. Our beautiful extraordinary world created by God cannot cope with our escalating consumption of its precious resources.

One of the essential aspects of our Christian worship is the confession and absolution at the beginning of most services. We hold our hands up and admit we've got it wrong but we want to improve. We ask for God's forgiveness and we receive it. There is now so much sound scientific evidence that supports the argument that our extravagant way of living is causing irreparable damage. The sea level is rising, the polar caps are melting, extreme weather is increasing and causing devastation and loss of life, our seas are becoming horribly polluted and in too many cities the air pollution is highly detrimental to health.

Today I opened my newspaper and read that the Committee on Climate Change is recommending a drastic change in our habits to reduce gas emissions to 'net zero' by the middle of the century. As Christians we are called to lead the way with our eyes firmly set on caring for our planet – God's World – so that it is safeguarded for our grandchildren and future generations.

Every Blessing,

Revd Jean Capstick, Fromside Benefice of Churches



The Parishes of Frampton Cotterell, Iron Acton, Winterbourne & Winterbourne Down, in THE DIOCESE OF BRISTOL



Saturday 15 June

An all age afternoon of fun, games, craft, activities, followed by a meal and including a praise service

All Saints Church Hall

27 Church Rd, Winterbourne Down,
Bristol BS36 1BX. 4-6pm



Frampton Cotterell & District Ringcraft Club

Frampton Cotterell & District Ringcraft Club was formed some 30 years ago and although originally located in Frampton Cotterell, it is now held at Henfield Hall, Ram Hill, Coalpit Heath. We meet every Tuesday evening at 7.45pm until 9.15pm with only a few weeks' break over Christmas and New Year.

Our aim is to guide owners and their dogs or puppies (of any age) in the techniques of dog-showing and all that is involved in this very social hobby sport. We will give you instruction on how to handle your dog, what kind of show lead is best suited to your type of breed, what to expect in a show situation, what to take with you for the occasion, as well as guiding you, the handler/owner, in the method to best handle your dog in the show ring.

We hold a monthly match night whereby we invite an independent judge to come along and judge our dogs with the eventual winners gaining Best Puppy, Best Special Limit, Best Open, Best Veteran and then on to Best in Match, Reserve Best in Match and Best Puppy in Match with lovely rosettes to keep and display. This will give the new comer a little taste of what it's like to be in competition in a showing arena.

We have a very well qualified committee made up of trainers who have qualified in the various aspects of the dog show world with some of us who are "CC" awarding judges. We are a very friendly club and always welcome new members.

Our contact details are:- Mrs Shelagh Crowther (Secretary) Tel: 01453 298974

Saturday 8th June @ the Cloisters, Winterbourne

10:30am - 6pm



MISSELCHALLE GUN
Dog Display



Gill Raddings stunt
dogs as seen on TV/
FILMS



Avon and Somerset
Police Dog Handlers



Adrian Graham -
Giant Galapagos
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MELPALMER.2@HOTMAIL.CO.UK



Strictly no parking @ the Cloisters.
Please park in the local village.

Frampton Cotterell & Coalpit Heath Village Diary

June

Mon 3 – Manor Hall Gardening and Social Club, Manor Hall, 2–3.30pm. All welcome. £2.50 includes refreshments.

Tues 4 – Village walks, start New Inn, Badminton Road, 10.30am. Stroll in wild flower meadow and farmland up to 2 miles, or rural walk 3.7 miles.

Wed 5 – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. T: 07935 071291 / E: carolinemjohnston@hotmail.com. Visitors always welcome!

Fri 7 – Quiz, Crossbow, 8pm. £1.50 ppn. Tel: 01454 772947 / E: crossbowhouse@gmail.com.

Sat 8 – St Peters' Church Summer Fair, Bridge House, 2–4.30pm.

Sat 8 – Barn Dance with Mad Hatters Band, WADCA, 7.30pm. Caller tells you steps if you want to dance. All ages/experience. Tickets £7.50 (early bird £5). T: 01454 776268 / E: ca.winterbourne@gmail.com / www.ticketsource.co.uk.

Tue 11 – Community Coffee Morning, WADCA, 11am–12.30pm. All welcome.

Tues 11 – Mothers Union, St Saviours Hall, 2.15pm. A variety of speakers. T: 01454 777664.

Wed 12 – Frampton Singalong, Crossbow, 2–3.30pm. £3 includes tea and cakes. T: Hilary Jay 07515 351813 / E: hilary.coach@icloud.com.

Wed 12 – Carer's Club, Zion, 2–4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925.

Thu 13 – Talk: Building a Martian House, Winterbourne Medieval Barn (Cart Shed), 7pm. £5 Book online on Ticketsource. More info www.WinterbourneBarn.org.uk.

Fri 14 – Frampton Folk club, Crossbow, School Road, 8pm. £2. All welcome. T: 01454 222975.

Sat 15 – Beesmoor Road playing fields Picnic and Dog Show.

Wed 19 – Village walks start opposite Gingerbread Cafe, 10.30am. Stroll up to 2 miles on track to Hover's Ford with river views, or Rural walk 3.5 miles fields, woods, country lanes.

Wed 19 – Manor Hall community coffee morning, 10am–12.00pm. T: 07873 747513.

Wed 19 – Friends of Ram Hill Colliery AGM, The Miners, 7.30pm. E: da.godden@btinternet.com.

Fri 21 – Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. T: 01454 772947.

Sat 22 – FCCE Primary School Summer Fayre, 1.30–4pm. 50p (children free). Stalls, games, displays, inflatable slide, refreshments, BBQ, Pimms, and more.

Tues 25 – Frampton Cotterell WI, St Peters Hall, School Road, 7.45–10pm. £2.50. T: 01454 773426 or 01454 778900. See their facebook page.

Wed 26 – Forget-me-not Singalong Group, Zion, 2–3.30pm. For local people who like a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

July

Mon 1 – Gardening and Social Club, Manor Hall, 2–3.30pm. All welcome. £2.50, includes refreshments. Mrs G Hale, T: 01454 774279 / 07873747513.

Mon 1 & Tues 2 – Crossbow Singers Summer Concert, Crossbow, 7.30pm.

Tue 2 – Village walks, start Golden Hart, Kendleshire, 10.30am. Bury lanes and woods. Stroll 1.8 miles, or Pye Corner and Bradley Brook, walk 3 miles.

Wed 3 – Coalpit Heath WI, St Saviours Church Hall, 7.45pm. T: 07935 071291 / E: carolinemjohnston@hotmail.com. Visitors always welcome!

Fri 5 – Quiz, Crossbow, 8pm. £1.50 ppn. T: 01454 772947 / E: crossbowhouse@gmail.com.

Fri 5 – Mash in the Meadow, Iron Acton. www.actonaid.org.uk.

Sat 6 – Watermore Primary school Summer Festival. Myths & Magic theme.

Sat 6 – Proms in the Meadow, Iron Acton. With Bristol Millennium orchestra.

Tue 9 – Community Coffee Morning, WADCA, 11am–12.30pm. All welcome.

Tue 9 – Mothers Union, St Saviours Hall, 2.15pm. A variety of speakers. T: 01454 777664.

Wed 10 – Carer's Club, Zion, 2–4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925.

Thu 11 – Talk: 'The Newport Medieval Ship', Winterbourne Barn (Cart Shed), 7pm. £5, book online at Ticketsource. More info www.WinterbourneBarn.org.uk.

Sat 13 – Frampton Festival, see their Facebook page 'The Frampton Festival'.

Sat 13 – Wine-tasting evening, Winterbourne Medieval Barn (Cart Shed), 7pm. Try Australian wines with Ian Redfearn. Tickets £15, www.WinterbourneBarn.org.uk.

Sun 14 – Frampton United Church service, Centenary Field, 10.30am.

Wed 17 – Manor Hall community coffee morning, 10am–12.00pm. T: 07873 747513

Fri 19 – Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. T: 01454 772947.

Sat 20 – West Gallery Music Workshop, St Michael's Church, Winterbourne, 10am–4pm. Run by Bristol Harmony West Gallery Quire and Winterbourne Medieval Barn. Bookings E: lindajhall61@gmail.com or T: 07891 688581.

Tue 23 – Frampton Cotterell WI. St Peters Hall, School Road, 7.45–10pm. £2.50. T: 01454 773426 or 01454 778900. See their Facebook page.

Wed 24 – Forget-me-not Singalong Group, Zion, 2–3.30pm. For local people who like a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

Sat 27 – Nuttyness (Madness tribute band), WADCA. www.wadca.co.uk.

Wed 31 – Avon Wildlife Trust 'Wild Wednesday', Says Court. www.avonwildlifetrust.org.uk/whats-on.

Frampton Singalong Summer Break – after 12 June the next Singalong will take place on 11 September when you can join in their 3rd Birthday Party! The group will then continue on every second Wednesday of the month, 2–3.30pm at Crossbow House, School Road, BS36 2DB. Favourite songs, live music and sitting exercises. Tea, cakes and fresh fruit £3.00. All welcome, no voice needed! Tel Hilary 07515 351 813.

Friendship & Dance Summer Break – after 28 May class, the next session will be on 24 September at the new venue of – Miners Social Club, 214 Badminton Road, Coalpit Heath, BS36 2QB. The group will then continue on the forth Tuesday of the month 2–4pm. Friendship and Circle Dance for over 50s, no partner needed. Gentle exercise with easy circle dances to live music. Lovely wooden dance floor. Beginners/improvers welcome. Social break with refreshments £4.00. Tel Hilary 07515 351 813.



This year the fete is offering more family fun than ever before, new stalls, pimms bar, activities and a football workshop, as well as bringing back the arena for some spectacular entertainment and displays.

The 76th Almondsbury Gymkhana and Pony Show

Sunday 7th July 2019
Washingpool Hill,
Tockington BS32 4NY

First Classes Start at 10:00am

A fun packed day including:

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Schedule on: RIDING DIARY
Find us on Facebook at Almondsbury Show

All proceeds from the show go to:
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To read the in-depth newsletters on the progress of the FoBB please

visit their website – www.aibt.org

Visitor Access and Future Work Parties

– At present visitor access to the site is limited to days when there is a work party in progress. It is usually possible to give small groups a guided tour during the work parties on a 'turn-up on the day' basis though this cannot be guaranteed as it depends on there being sufficient volunteers present. Special arrangements can be made for parties of 10 or more people by emailing: info@aibt.org.

Forthcoming dates for 2019 are: Saturday 08, Wednesday 19, Saturday 29 June, Saturday 06, Wednesday 17, Saturday 27 July, Saturday 03, Wednesday 14, Saturday 24 August.

If you would like to join a work party it is advised to first make contact via the AIBT's email address of info@aibt.org as times are subject to change.





A E Rollin - Celebrating 60 years!

In June 1959 our father James, (known as Les), after many years of working within the building industry decided that he would go into business. He was joined by his

Left to right: Rob Rollin, Andy Rollin and their late father Les Rollin, (founder of the business)

father Adrian Edward Rollin and his brother Ken, 'A E Rollin & Sons' was born. To begin with work was hard to find, with many a sleepless night wondering if he had done the right thing.

Slowly they built up a reputation for producing high quality work and never cutting corners. Sadly Adrian (known as Ted), passed away in 1961 aged only 55, and shortly after Ken left to pursue his own business.

So, Les was on his own working Monday through to Saturday on site, leaving Sunday for him to manage the office work. However, he loved this and was never happier than when he was working, often either cutting short holidays or not going in the first place! Work was always his first priority leaving

Shirley, our mother, to cope with family life whilst also being his secretary, PA, office administrator etc. A role she still carries out for us after 60 years with no sign of retirement.

Gradually as we became older, we were all told that we would be joining the family business, this was careers advice Les style! We then spent many happy years working together, not only as father and sons but as friends. An enforced retirement, due to ill health, did not stop his interest in the business with him often making visits to site to ensure we were coping without him and to offer advice – regardless of whether we wanted it or not! Father passed away suddenly in 2012 aged 79.

The business continues with 2019 marking its 60th anniversary! Over the years we have carried out work for literally hundreds of people, often returning at regular intervals to the same customers, many of whom we now count as friends.

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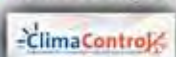
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