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including Coalpit Heath & Winterbourne Down

Matters

Jan/Feb 2019



A smiley, Happy New Year!



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Dear Residents,

Wishing you a very happy new year, I hope 2019 is a great one for us all.

After all the indulgences of Christmas and the craziness in the run up to it, in this issue we encourage you to take some time for yourself, and get yourself into good shape for the year ahead. Whether this be joining a local gym, visiting a local therapist to treat that niggling pain you have been living with for so long or taking up a new sporting hobby - we have resource of local business/groups that are ready to assist you get into great shape - both in body and mind.

We are blessed to have a wealth of community groups in our local area, as our Community Notice board and Village Diary are testament too. But if you think there is an activity missing or section of the community not

currently catered for, and would like to do something about this, why not apply for a Community Connectors Project Grant? Read how you can access both funding and support in our article on this.

If the absence of the Christmas activities has left you feeling a bit glum, don't worry, WADCA have plenty of entertaining events coming up that fill you with cheer!

Looking to the spring and the fabulous May Day celebrations, we are pleased to bring you news from the new Winterbourne Down Carnival committee and their plans for the 2019 event.

We thank you all for another fantastic year, your input and support of local traders make this community magazine possible.

Best wishes to you all,

Kerry & Jaci x

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Jan/Feb 19 Events at Winterbourne Library

Opening Times

STAFFED TIMES

Tuesday: 10am–5pm
Wednesday: 10am–5pm
Friday: 10am–5pm
Saturday: 9.30am–12.30pm

**No Open Access
1 January 2019**

OPEN ACCESS (Unstaffed)

8.30am–7.30pm – Everyday

If you register your card for our new Open Access system, and attend an induction, you'll be able to access library facilities throughout the week. You can borrow and return books and use the computers. Speak to a member of staff for more details.

Rhymetime: Rhymes and songs for parents and babies/toddlers to enjoy together. **Every Tuesday morning 10.30–11.00am.**



Pre School Storytime: Join us for stories and a simple craft. **Every Wednesday morning 10.30–11.00am.**

New! Code4Kids

Scratch: Fun interactive coding club for primary age children. **Every Tuesday 3.30–4.45pm.**



Lego Club: Listen to stories and poems, then create a model to display at the library. Suitable for the primary age range, children must be accompanied by an adult. We'll be meeting on **12 January** and **9 February, 10.30–11.30am.**

'Loving My Books' New Book Club for Teens Y7+. Meeting on **16 January** and **20 February, 3–4pm**, then third Wednesday every month.

The Craft Group: is meeting on **5 and 19 January** and **2 and 16 February, 10.00am–12 noon.** New members will always be made welcome by this friendly group. Share tips and ideas for your knitting, sewing or crochet projects.

'Have you Read? A New Open Reading Group for All (No set text). Share your love of books, extend your reading horizons on **Friday 1 February, 11 – 12noon**, refreshments served.

Chinese New Year: Activities to celebrate Chinese New Year for Years 5 and 6. Limited places, contact the Library to book your place. **Tuesday 19 February, 2.30–3.30pm**

'Up, Up and Away' – Half Term Drop in, Friday 22 February 10.30 – 12 noon. Suitable for ages 4–10.

For more information on any of the above:

T: 01454 868006

E: winterbourne.library@southglos.gov.uk

Visit: www.southglos.gov.uk/libraries

Twitter: @southgloslibs

'Like' us on Facebook: South Gloucestershire Libraries for all the latest news and for the Mischief Makers updates.



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Contact us – T: 01454 776873 E: office@fromesidegym.co.uk
Watleys End Road, Winterbourne, BS36 1PW

Puddle Ducks Winter News

All the latest from your local swim school

A happy new year to everyone from Puddle Ducks Bristol & Bath, one of the region's longest-established swim schools, teaching 1,200 children to swim beautifully every single week! We have some exciting announcements this month:

Additional Swim Academy teacher for Winterbourne classes

We are really excited to tell you that, due to the popularity of our classes, we've expanded our teaching team at the Winterbourne International Academy pool.

New Swim Academy teacher Jodie joined the team just before Christmas and will work alongside lovely Tasha teaching our swimmers aged 4 and over every Sunday.



You can also bring your babies or pre-schoolers to Winterbourne on a Sunday for our gentle, fun classes that are designed to give you and your little one confidence in the water. At weekends it's a great mix of mummies and daddies in the pool with their Puddle Ducks – a fantastic opportunity for some precious bonding time during the cold winter months.

Penny Porter pool – great for small babies

For small babies, our Wednesday and Saturday classes at the gorgeously warm Penny Porter pool in Henbury, a 15-minute drive away, could be the right fit for you. Taught by our wonderful Beth, they are a brilliant way to start your swimming adventure.



The perfect introDUCKtion to swimming

Have you spotted our new television adverts on ITV or Sky? It was a very proud moment for us to see Puddle the Duck on the small screen! If you've missed them, you can check out the ads via our Facebook page.



Puddle Ducks classes restart from Monday 7th January 2019

For more information, call our friendly team on 0117 971 7165, or check class locations and times at www.puddleducks.com/local-teams/bristol-bath

OSCARS is a well established playscheme providing before and after school club and holiday childcare for primary school aged children.



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Let's do this.

t: 0117 971 7165
bristolandbath.puddleducks.com
Find more information at www.swim-academy.co.uk

News from the Friends of Brandy Bottom Colliery, Pucklechurch

Throughout 2018 rebuilding work continued on the walls of the Vertical Engine House, there has been considerable progress made on conserving the brickwork around the stairs just outside that engine house, and spoil and bricks have been removed from the area under the floor of the Horizontal Engine House.

Brandy Bottom was open on the Heritage Open Days weekend of 15–16 September 2018, when there were a total of 134 visitors. We would like to say a particular thank you to one visitor – Keith Gardner, who gave us framed watercolours he had painted of Parkfield and Brandy Bottom, and old photos of miners underground. He did not know where they had been taken, but he assumed it was Parkfield, as his father and grandfather had worked there.



View looking north-eastwards from the bottom of the New Pit heapstead ramp. (© A D Wadley, 1977)

Some of them have already appeared in Doreen Lindegaard's book *Killed in a Coalpit*, or her article in a South Gloucestershire Mines Group newsletter. Her research confirms that they were taken at Parkfield, and also puts a name to one of the miners. She suggests that they were taken in 1933, by which time coal mining had ceased in the area around the Brandy Bottom shafts. As Brandy

Bottom was connected underground with Parkfield and worked the same seams, they illustrate the working conditions at Brandy Bottom.

We have also received copies of some 1977 photos of the site through the Bristol Industrial Archaeological Society (BIAS). The late Robin Stiles, a BIAS member, was a keen photographer. His family gave his collection of industrial photos to BIAS, and we have been given scanned copies of the ones relating to Brandy Bottom. There are also some

black and white photos by A D Wadley in the collection. We would like to thank Maggie Shapland and Mike Taylor of BIAS for sharing the photos with us.

Visitor Access and Future Work Parties – At present visitor access to the site is limited to days when there is a work party in progress.

Forthcoming dates for 2019 are: Saturday 05, Wednesday 16, Saturday 26 January, Saturday 02, Wednesday 13, Saturday 23 February, Saturday 09, Wednesday 20, Saturday 30 March.

If you would like to join a work party it is advised to first make contact via the AIBT's email address of info@aibt.org as times are subject to change.

www.aibt.org



Working underground in a narrow seam at Parkfield. These would have been 2 ft or 2 ft 6 in thick. (Photo from the K Gardner collection and caption based on the work of D P Lindegaard)



Miners with a tub loaded with coal underground. DPL thinks the writing on the timber above their heads could be interpreted as 13 Sep 1933, which would date when the photograph was taken. (Photo from the K Gardner collection and caption based on the work of D P Lindegaard)



Underground worker in an electrical switch room at Parkfield. (Photo from the K Gardner collection and caption based on the work of D P Lindegaard)



A group of miners having a lunch break, called bread time, in the stables at Parkfield. (Photo from the K Gardner collection and caption based on the work of D P Lindegaard)



The Friends of Ram Hill Colliery Need You!

Ram Hill Colliery in Coalpit Heath was once the hub of 19th century coal mining in Westerleigh parish. The site, dating to around 1830 is a fine example of early nineteenth century coal mining. The Friends of Ram Hill are undertaking a conservation project on the site and need your help please, to continue their good work.

Due to a key committee member's ill health, the project is in need of some extra pairs of hands to maintain this historical site, that is a haven for birds and wildlife. Volunteering for this worthwhile project would involve light site work once a month on one of the following days – Saturday, Sunday, or Wednesday mornings. If you are interested you are most welcome to attend for a taster session to see exactly what is involved. Please contact David

Godden on 0117 9322602 or email da.godden@btinternet.com.

If you would like to help but are not necessarily so keen on getting your hands dirty, the group are in urgent need of a new secretary. After ten years of excellent service their current secretary is moving on to new pastures. This is a vital role in support of their work. The committee meets four times a year for about 90 minutes at Coalpit Heath Village Hall (The Miners' Institute) on the Badminton Road. If you would be interested in the role please contact Chairman, Martin Pearson on 07989 368 261 or email membership@ramhillcolliery.org.uk.

Dates for your Diary – The next Open Day will be held on Monday 27 May 2019, 10am–4.30pm.

Facebook: [friendsofframhillcolliery](https://www.facebook.com/friendsofframhillcolliery)

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South Gloucestershire Hockey Club

The club we know today as South Gloucestershire Hockey Club started its life in July 1946 and since then has continued to grow with three mens teams, two ladies and a mixed team.

We moved to Bradley Stoke Community School in 2013. Not only do we love playing hockey we are a social club on and off the pitch enjoying a few post match drinks and regular socials.

The clubs biggest achievement is earning not one but two world records!

In May 2011 the club set a new world record for the longest single hockey match – 31-hours – raising thousands of pounds for charity in the process.

Although the club lost their title in 2013 to Holcombe hockey club, in May 2015 South Glos played non-

stop for a staggering 50 hours, raising thousands for the Bristol-based Cots for Tots charity.

2018/2019 Season Update – With the first quarter of the season completed, South Glos Hockey club are off to a flying start with a total of 89 goals scored across the club! With 4 out of the 5 teams currently sitting within the top spots of their leagues, South Glos are continuing to go from strength to strength.

So far this season, we have welcomed 15 new members to the club who have got stuck in and enjoyed training, playing matches, mixed hockey, pub golf and a spooky Halloween social. Some of these have never picked up a stick before whilst others have been playing for many years.

We have lots to look forward to including our Christmas tournament and Social where we will enjoy some food, drinks and dancing!

Fancy Playing Hockey? Our club welcomes players of all abilities, whether you're a little rusty or never picked up a stick please feel free to come along. We train on Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays.

If you want to find out more information please check out our website: www.sghc.org.uk
Facebook – South Gloucestershire Hockey Club
Instagram – Southgloshockey



'The key for any team is communication, timing and always being prepared- at South Glos we are always on point!'

Spinathon marks opticians final fundraiser of the year

A member of staff from the local Sepcsavers took part in a spinathon to raise funds for children's cancer charity, CLIC Sargent, as part of their pledge to support the charity in 2018.

The teams from Specsavers in Cribbs Causeway, Bradley Stoke and Filton have all been taking part in many fundraising events for the charity during 2018. The spinathon at Bradley Stoke saw store trainer, Julie Rafferty (pictured right), pedal for a whopping three hours without a break, raising more than £70.

The stores have been hosting a variety of fundraising events for the children's cancer charity this year, including a sky dive, marathon and Tough Mudder to name a few. *'We thoroughly enjoyed the spinathon and were pleased to see lots of friendly faces supporting our final fundraiser of the year for such a worthwhile cause'* says store director, Ed Stanleigh. *'While CLIC Sargent is a national charity, they also have a presence in Bristol so there is a local link too. CLIC offers tremendous support to youngsters who have been diagnosed with cancer, as well as their families, during what can be a frightening and challenging time. We hope to raise lots of money for the charity from all of our fundraising events this year.'*

CLIC Sargent provides practical, financial and emotional support for children and teenagers who have been diagnosed with cancer or leukaemia. To find out more about the charity, visit <http://www.clicsargent.org.uk/>.

For more information or to make a donation, you can find your nearest Specsavers store at The Willow Brook Centre, Bradley Stoke, BS32 8EF, T: 01454 275020, W: www.specsavers.co.uk/stores/bradleystoke



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Need an eye test? Book online at specsavers.co.uk

Bradley Stoke The Willow Brook Centre. Tel 01454 275 020

Specsavers

News from the Floral Friends of Frampton



Floral Friends Quilted Wall Hanging presented to Parish Council – At their Christmas Coffee Morning on 28 November 2018, the Floral Friends were delighted to present to Councillors Jane Stickland and Andy Beech (representing the Parish Council) a quilted wall hanging which commemorates the local area.

Coordinated by Gill Edgington and Lena Clarke, the wall hanging was designed and stitched by members of Floral Friends and comprises of twelve embroidered panels, each depicting a local landmark, which were then stitched together and quilted. From design to completion the work

took about twelve months. We hope that all local residents will enjoy seeing the wall hanging in the Bickeridge Centre for many years to come.

Christmas Coffee Morning and Gift Sale

Held at the Bickeridge Centre on a slightly damp and chilly November morning, local residents came and enjoyed a cup of tea or coffee and a slice of cake over a chat, before browsing the stalls for stocking fillers, small gifts and Christmas decorations. We were delighted that so many people came and supported us, the money raised (nearly £500) will be used by Floral Friends to maintain



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their work around the village – including summer hanging baskets, the planters and planter-benches, the wildflower areas in the park and the Glebelands, and the bed along Woodend Road. Our thanks to all who made items for sale, donated cakes and who came and supported us.

Brownies Plant in the Dark – In November 2018, the Frampton Cotterell Brownies, helped by Floral Friends volunteers, planted 200 Purple4Polio crocus corms in the Park. Head lamps and torches were definitely necessary to see! They all had good fun while helping a great cause.

Purple4Polio is a Rotary Club initiative to plant millions of purple crocuses every year to raise awareness of efforts to end polio. Purple4Polio crocus corms have also been planted by Floral Friends at the Triangle opposite the rising Sun

Flower Festival June 2019 – We're organising a Flower Festival with the theme of favourite children's book or character from a children's book for 15/16 June 2019. Much more information to follow – but make a note of the date now!

Bulb Planting – After clearing two beds either side of the new Frampton Cotterell notice board, native bluebell and narcissus bulbs have been planted by a Floral Friends volunteer. This will make a lovely spring display to complement the beautiful



pictures of Frampton Cotterell, created by children from Watermore Primary School. Volunteers have also planted more daffodils along Church Road to brighten up the spring, whilst crocuses and tulips were planted at the Triangle to make a patriotic spring display. Many thanks to all who donated bulbs this year.

We Need Help! If you could help with planting or maintaining a planter, we would love to hear from you. You don't have to be a gardening expert, just happy to lend a hand and help us to make our village beautiful. Please email us at floralfriendsofframpton@gmail.com

Remember – all our latest news is available at <http://fframpton.wixsite.com/frampton-cotterell>

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ANNUAL WASSAIL

AND MARI LWYD

Saturday

19th Jan

1pm until 11.30pm

JUICE CEILIDH BAND at THE DRILL HALL

Mari Lwyd at **The GreenMan Backpackers** 1.00pm

Apple Tree Wassail at **The Castle Dell** 2.30pm

Grand Mari Pageant at **The Drill Hall** 4.00pm

Meeting on the Border. **Old Iron Bridge** 6.15pm

Grand Mari Lwyd outside **The Museum** 7.15pm

Country Dance Ceilidh at **the Drill Hall** 8.00pm

Morris Dancing and Music throughout the event

Food Vendors - Crepes - Burgers - Hot Dogs - Soup

★ for program and further details please contact us below ★

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website www.chepstowwassailmari.co.uk

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With **NO BRIDGE TOLLS** to deter you, why not try something a little bit different this month ...

SATURDAY, 19th JANUARY 2019:
THE NEWEST OLD TRADITION IN WALES
(OR IS IT THE OLDEST NEW TRADITION IN WALES?)

The Chepstow Wassail Mari Lwyd is a very popular annual FREE community event suitable for the whole family combining the mainly English tradition of Wassailing, the Welsh Mari Lwyd tradition, plus a unique social meeting of the English and Welsh on the Welsh/English border (The river Wye bridge, main photo).

The Mari Lwyd is a Welsh mid-winter tradition which dates back many centuries. The Mari is a decorated, shrouded horse skull which is carried by the Mari Lwyd group who go door-to-door, singing and challenging the families inside to a battle of rhyming insults in Welsh. At the end of the battle of wits (known as pwnc) the group are invited into the house for refreshments. There is usually singing and rowdy banter, after which the Mari group bless the house and it's inhabitants (thlwncestyn), wish all a happy New Year and move on to the next port of call.

Gather at Beaufort Square for dancing, music and daft capers from around 12.15pm

- 1.00pm** Mari Lwyd Ceremony at the **GREENMAN BACKPACKERS**, Beaufort Square, Chepstow Town Centre. **BAR AND FOOD**
- 2.30pm** Meet at the Castle Dell car park for the Wassail of The Castle Dell apple trees. Your Wassail Butler this time Mr Robin Burton. Lots of singing, dancing, toast cider and party poppers. Followed by morris dancing and music.
- 4.00pm** Drill Hall - Mari Lwyd Pageant. As many as 30 Mari Lwyd's from all over Wales plus other horse traditions including creatures from Nottingham, Cornwall, Shropshire and beyond. Food vendors and a bar plus our stall selling event merchandising. **BAR AND FOOD**
- 5.30pm** Riverbank for more Morris Dancing, Music and Noise in Preparation for the Famous "Meeting on the Bridge". Food vendors and merchandising stalls.
- 6.15pm** Meeting of the English and the Welsh in the Middle of the Old Iron Bridge. **"It's like going to War and then all Peace breaks out!"** **SEE IT ON THE BIG SCREEN**
The centre bridge meeting filmed and beamed to a large view screen on the riverbank!!
- 7.15pm** **GRAND MARI LWYD** Performed outside the Chepstow Museum.
All Floodlit, Great for Viewing, Join in the Singing and Rumours of Hot Mulled Cider!
MARI AND WASSAIL SOUVENIR T-SHIRTS AND BADGES FOR SALE
- 8pm** Ceilidh at the Drill Hall with Excellent Ceilidh Band **JUICE** £6/£3 Concs Under 16's. Dance the Night Away or Just Watch, Listen and Enjoy.

Morris Dancing and Music throughout the whole event,
Food Vendors include Crepes, Burgers, Hot Dogs, Soup

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Community Noticeboard

For free listings contact
community@mattersmagazines.co.uk

Frampton Cotterell Royal British Legion, Ryecroft Rd.

What's on.....

Every Thursday night Bingo, 8pm.

Every Saturday night Bingo, 8pm, then dancing to live bands (modern, ballroom sequence and much more) from 8.30.

Details on RBL website. Entry £4.50

The Manor Hall at Coalpit Heath

CIO Registered Charity Number 1169917



Community Coffee Mornings 16 January & 20 February 2019

In aid of Macmillan. Held in the Jubilee Room on the 3rd Wednesday monthly, 10am to 12noon (excl August and Dec)

All profit from the sale of refreshments will be for the Manor Hall CIO.

Handmade cards sold in aid of BRACE usually available monthly.

Thank you to NISA for sponsoring our coffee morning and donating the tea and coffee.



FRAMPTON COTTERELL and DISTRICT

LOCAL HISTORY SOCIETY

Meetings at Zion Church
Hall, Woodend Rd, Frampton
Cotterell, BS36 2HY

Commencing at 7.30 pm

Wednesday 16 Jan 2019

Windmills of Somerset

Tracing the rise and fall of the windmilling trade in Somerset. The specific type of mill to be found in the county is examined, together with the lives of the millers who worked with these remarkable machines. An illustrated talk by Sarah Harris.

Wednesday 20 Feb 2019

Wings of War

The Bristol Aeroplane Company in World War Two. An illustrated talk by Chris Bigg.

All welcome. Entry £4, Free to members,
annual subscription £15
Includes light refreshments



If you fancy giving RUGBY a go, come along and join us. No experience necessary, just a willingness to have fun and make new friends. Training is 6-7pm on Mondays, and training or matches

(when you're ready) on Sunday afternoons.

A warm welcome guaranteed!

Get in touch with Mike Stiles on 07972 135 517 or
Email: stilesrugby@virginmedia.com
Facebook: Frampton Cotterell RFC Girls Team

Winterbourne & District Flower Arrangement Society

We would love to welcome new members and visitors. Our meetings are held at St Michaels Room, High Street, Winterbourne 7.30pm start, with doors open from 7.00pm.

We enjoy visiting demonstrators and practical, hands on sessions, on Thursday evenings on various dates.

For further details please contact: Celia –
01454 776753 • winterbourneflowerclub.com



BRIGHTEN DARK NIGHTS

in Frampton & Coalpit Heath

17-27 February

Free and Fun!

Kindle the community spirit by decorating a window in your house.

Black paper or card, or bin liner can outline a shape – tissue paper or paint can colour it; turn on a light and – Hey presto!

The theme is

'What makes me happy'.

Use a window visible from the road. Encourage neighbours, friends and family to join in and increase the fun.

Like to take part?

We just need the first line of your address by the end of January so we can map a trail for people to enjoy.

Contact Village Action:

www.villageaction.org.uk

or fill in a form at The Bickeridge Centre or phone 01454 864442.



Winterbourne Down & District Horticultural Society Meetings

All Saints Church Hall, Church Road,
Winterbourne Down, BS36 1BX, 7.30pm

Meeting every second Tuesday
of the month. Visitors welcome.

Severn Counties Foreign & British Bird Society

SCFBBS is a club for people interested in keeping all kinds of cage and aviary birds, from canaries to finches to parrots.

We meet on the third Thursday of each month at Winterbourne Methodist Church Hall at 8pm, where we usually have a guest speaker or demonstration on a wide variety of topics, from keeping various types of birds to photographic tours of various wildlife hotspots. New members welcome.

Contact: severncounties@btinternet.com
www.foreign-britishbirds.info/index.html

South Gloucestershire Mines Research Group



The last years of Coal Mining in South Wales

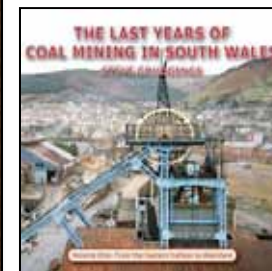
A talk by Steve Grudgings

on Wednesday 23 January 2019

At 7:30pm for 8:00pm start

in the Miners Institute (aka Coalpit Heath Village Hall),
214 Badminton Road, Coalpit Heath, BS36 2QB

Steve's latest book will be on sale at the talk



Non members welcome to talk - £2 each (Membership is £17.50 per year)

St Michael's School Council Report (written by the pupils)



Our School Council – We are pleased to be this year's school council (pictured above). We try to make our school a better place for everyone and always remember our school motto learn, care and enjoy. We have already been very busy. We hope you enjoy what we have organised so far!

Harvest Donations – In October 2018 it was our St Michael's Harvest Festival. We in the School Council thought it would be good to collect food to donate to other people who don't have as much as us. We emailed Matt Dobson who is from the Trussell Trust. He is in charge of all of the

foodbanks in our local area. Our nearest foodbank is at St Chad's Church in Patchway. Matt said they needed tinned vegetables, washing up liquid, shower gel and UHT milk. We wrote a letter to all the families from our school so they could bring in donations. We collected six big boxes of donations and delivered them to the food bank. Thank you to all St Michael's families who donated.

St Michael's Got Talent – In our school, we wanted our fellow students to be able to show off their talents so we arranged a talent show for everyone. There were class auditions from 15–19



October. We created a sign up form for children to be able to compete in the auditions. Some of us in the School Council helped the teachers to judge the class auditions. There were two winners from every class who went through into a final. Andrew and Sophie were judges in the final along with some special guests we invited. We saw lots of amazing talents. Some children danced and others demonstrated martial arts. There were live musicians and singers. It was very exciting and everyone enjoyed it. Well done to all who took part and especially our winner of the grand trophy. We can't wait until next year!


BBC Children in Need – At St Michael's we believe that we should help other children in need. BBC Children in Need 2018 was on Friday 16 November. Our School Council voted for the whole school to dress up in spots, stripes and bright colours. To dress up in bright colours you had to bring in a donation of £1. We planned an assembly to remind everyone that the money raised helps lots of children in the UK. A girl called Ruby in our school also organised a lucky dip that was 50p a go. We raised a total of £238! We would like to say thank you to all the people who donated.





Deliverers Wanted!

Your local community magazine is looking to recruit some additional delivery people in 2019. A few hours a month is required. Great for keeping fit and good rates of pay.

To find out more, please contact Jaci,
E: community@mattersmagazines.co.uk
T: 01454 300900




St. Michael's C of E Primary School

Open Morning

Friday 11th January

9.15-10.15am



**Come and look around our fantastic school.
Please take the chance to meet the staff, chat
to our children and see learning in action.**



Care to foster in Bristol?

Do you have a spare bedroom, patience, sense of humour and a real desire to help children and young people? We offer a generous allowance, professional training and great local support.

Capstone Foster Care needs carers for children of all ages but are particularly interested in hearing from people able to look after sibling groups or children over the age of 11.

Foster for Capstone

The number of children in care has reached a record high, with 90 young people entering the care system each day, figures show.

**Call 01454 423 820 or visit
www.capstonefostercare.co.uk**



Winterbourne Academy

SWIMMING POOL

The pool is open to the public to enjoy, so whether it's a few laps after work or a family swim, the pool is open on Saturdays & Wednesdays.



Adult	£4.10
Junior/Senior	£2.55
Family Public Swim	£11.20 (2 adults, 2 children)
Group Lessons	£5.60 per hour
Rookies	£6.50 per hour
Main Hire of Pool	£69.65 per hour
Hire of Lifeguard	£20.80 per hour

A full price list and more details can be found at:
www.winterbourneacademy.org.uk/Swimming-Pool/

As from 8th September the pool is now open to the public on:

SATURDAYS
1.00pm - 2.30pm

WEDNESDAYS
7.00pm - 9.00pm

Winterbourne's Medieval Barn – News & Events



Winterbourne Medieval Barn (WMBT) is very pleased to announce that they have been awarded a £70,000 grant from the H.B. Allen Charitable Trust to go towards the refurbishment of the building.

WMBT is one of the last recipients of money from this Trust which is winding up this year and taking no more applications. This money considerably helps the Barn's fundraising efforts, bringing the total raised so far to £272,000 of the £400,000 needed as part of the Heritage Lottery Fund project. The Trust is nearly there!

Further grant applications are still being considered, but if any local benefactors and businesses can help reach the funding target, please get in touch with the Chairman of the Trust, Sue Parsons via the Barn's website. www.winterbournebarn.org.uk.

WMBT hopes that the major refurbishment project, largely funded by the Heritage Lottery Fund will begin this new year. The Barn itself and most of the buildings on site will be inaccessible for the whole of 2019, but small events will continue in the Cart Shed and occasionally off-site. These will include a wide variety of talks, wildlife events, arts, crafts and skills workshops, children's activities, and more. The programme will be published on the website, facebook and of course here, in the spring, and most events will be bookable online. The first event of 2019 will be an Apple Grafting Workshop, on Saturday 2 March, 10am–4pm. The one-day course

involves individual hands-on work learning how and why we graft fruit trees. It is run by Ben Raskin, Head of Horticulture at the Soil Association, a very experienced horticulturalist and an excellent tutor. All participants on previous courses have rated the course as excellent.

Participants will do at least three full grafts themselves, ending up with new apple trees to take home. The course costs £45 to include all materials, full tuition, and tea and biscuits during the day. It will be held in the Cart Shed, which has some heating, but please dress according to the weather. Booking is via the Barn's website or www.ticketsource.co.uk. For further queries, ring Robert on 0117 957 4921.

Although during 2019 only smaller events can be held at the Barn, the Trust plans to re-open the whole site in 2020 with an increased programme of activities including the main concerts, musical and theatrical performances, medieval fairs and orchard harvest days, which have proved so very popular with visitors in recent years.

www.winterbournebarn.org.uk

You can also follow us on Facebook and Twitter.

**Winterbourne Medieval Barn,
Church Lane, BS36 1SE**



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The Vintage Box

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We offer a delivered afternoon tea, complimented with vintage crockery. We can offer a fully managed service with waiting staff, who will wait on you for the day. Or you can opt for a delivered service - we drop everything to you in the morning of your event made fresh, and collect the washing up later! We even do a Gin and Tonic reception too! Prices Start from just £12.50 per person.

Weddings and Events

We will work closely with you to help create your special day, offering bespoke packages that are tailored to you. Or we can simply come along with our lovingly converted bar horsebox to just look after the bar and reception drinks. We also have our lovingly converted kitchen horsebox, and can help provide anything in particular you would like to feature on your day, or we can suggest options. Enquire now for a complimentary consultation and quote.

Festival and Mobile Event Catering

We have two converted horseboxes: our gin bar, which can also double up as a full bar with draught, and serves many other premium products too; and our duck box, serving shredded duck wraps or salad. Both have been a popular hit already with dates already going quickly for 2019!

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Our North Bristol facility located in Stoke Gifford offers members adult and children's swimming pools, a fully-equipped, modern gym, plus personal training support.

We also offer group exercise classes ranging from Yoga to Body Combat, while on the gym floor you'll have access to all the latest cardio and strength equipment. Parking and crèche/nursery facilities make it easy for you to find time for fitness!

Your gym membership will start with a complimentary Health MOT, giving you and our staff a good understanding of your current fitness and help them create a tailored fitness plan for you. When you become a member of our fitness centre you'll also get access to 86 other clubs across the UK.

Have a free Health MOT on us!

Health MOTs are Nuffield Health's free one-hour health checks for gym members. They give you quality time with a highly-trained personal trainer to discuss your fitness. They also include key clinical tests, like blood glucose and blood pressure, to identify potential health risks and give you a full picture of your health and fitness.



Health MOTs help you get fitter, faster by:

- Measuring your current fitness
- Identifying potential health risks
- Defining achievable goals
- Providing a personal fitness programme
- Giving lifestyle guidance
- Tracking progress

Our members are twice as likely to stay on track with regular Health MOTs.

How to redeem

Simply come along to our fitness center with this page and speak to one of our helpful team. You'll be given free access to the facility for the day.

If you'd like to book a free health MOT please contact the club first to pre-book - call us on **0117 9749740**

We're easy to find: via car off Junction 1 of the M32, or via the B4057, with parking available onsite off Simmonds View. We're also a short walk from Bristol Parkway train station. Our Stoke Gifford club welcomes members from across the local communities of Stoke Gifford, Bradley Stoke, Little Stoke, Winterbourne, Frampton Cotterell, Filton and more.



Start the New Year Pain Free!



Book in with local Osteomyologist expert
– Dawn Clode Ostm, Lic MET Lic CR FAO

Many of us live with pain of some sort – aching lower back, stiff shoulders, sore joints, repetitive stress injuries from hours at the computer! But few of us find the time or resources to rectify these problems, which would enable us to live a happier,

required. Dawn told me, "The ideal is to balance the patient, get them moving in tune with themselves,

healthier life! Now is the time to take action and Osteomyologist Dawn Clode is here to help!

From her Holistic Health Practice in Little Stoke, Dawn treats people of all ages, suffering with numerous different types of physical or emotional pain.

Dawn practices a wide range of treatment modalities to effectively address each individual's pain. These include; Acupuncture, Aromatherapy, Confidence and Self Esteem Coaching, Cranial Sacral Therapy, Manipulation (HVT), Massage, Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP), Reflexology and Reiki.

For some people one session is enough to rectify their pain completely; for others a few sessions are

"Numerous visits to various chiropractors and physiotherapists had failed to resolve or ease my pain in any way.

I was referred to Osteomyologist Dawn, and to my utter astonishment just ONE treatment from her not only identified the underlying problems but returned my back to near-normal function.

I went in to Dawn's clinic contorted and unable to straighten up and an hour later was walking out normally! I cannot recommend her highly enough."

Rae Elson.

and then see them every 4–6 weeks for a half-hour, check up to ensure that they are on track!"

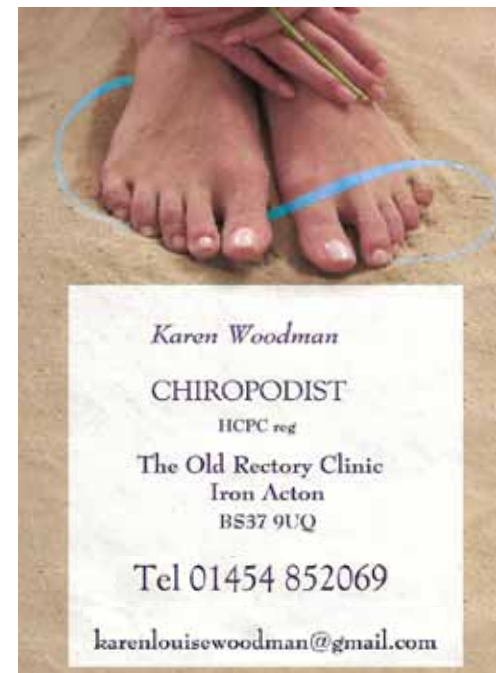
Make a positive change in 2019!

Is pain holding you back from taking part in hobbies you love? Or do you suffer on a daily basis simply trying to get through your day?

Take action now and make a positive change this New Year, book in for an appointment with Dawn and take your first steps to living pain free!

Dawn is happy for you to get in touch for further information. Please call: **0795 1099 491**

Visit: www.life-and-soul-empowerment.co.uk
Her holistic treatment room is in Little Stoke.



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Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

Call me on: **07964 991689**

E Catherine@hypnotherapistbristol.com
www.hypnotherapistbristol.com



News from Frampton Cotterell WI

2018. Votes were held for President and we're delighted to say that Rosey Simpkins has again accepted the role for another year. Committee members were agreed and our secretary, Elaine Avent gave us all a reminder about the events, talks and socials that we have all enjoyed over the past twelve months. These included talks by Metro Mayor Tim Bowles, and Alan Vowles speaking on the history of the Bristol Police Force, tours of Acton Court and Shepton Mallet Prison, demonstrations in wearing a Sari, and luxury chocolate making, our cake stand at the Frampton Festival and our Winter and Summer meals out – also our cheese and wine social back in August which proved to be very popular and a great evening out.

After the AGM we enjoyed a quiz (along with tea and scrummy home-made cakes!) and members



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Katheryn Smeaton and Jayne Michael set up stands selling beautiful hand-beaded jewellery as well as festive sweet jars and gifts, all of which helped give us some inspiration for our Christmas present lists.

In December, we took part in the Federation Carol Service at St. Mary Redcliffe and had fun at our Christmas Bingo night and social evening at Crossbow House.

Our new programme for 2019 will be announced at the January meeting, where there will be a history talk about Marie Antoinette – other events coming up include talks from our prison guide at Shepton Mallet, a representative from Bristol Auction Rooms and a specialist in creating Asian Street Food.

Visitors and new members are welcome to our monthly meetings at St Peter's Hall on School Road at 7.45pm, on the fourth Tuesday of the month. There is a charge of £2.50 for the evening and any new members can also join by paying a membership fee. Special interest groups that meet separately including a book club, craft group, choir and our skittles and darts teams.

Please search FramptonCottWI to find out more, and to like our Facebook page.

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Our personalised approach to fitness makes us the perfect fit when it comes to finding a club to help you reach your goals. Always on hand to offer advice, our friendly team of trainers will guide you through your 2019 fitness journey.

Enjoy getting fit in a really friendly, positive environment including full gym suite and fitness classes plus our heated indoor pool, for an invigorating swim or to relax after a workout.

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Facebook Page: Frampton Cottrell and Winterbourne Slimming World

slimmingworld.co.uk 0344 897 8000

Roll up Roll up!

BACK BY POPULAR DEMAND
AFTER THEIR LAST SELL OUT VISIT!

All the fun of the circus comes to Winterbourne Community Centre on Saturday 26th January at 2.30pm when the laughter-packed stage show "Cartoon Circus Live" combines the comedy of pantomime with the thrill of the circus.

The 80 minute family show features some of Britain's funniest clowns, traditional slapstick comedy, magic, illusions, balancing, high flying diabolos, cartoon characters, plate spinning, an acrobatic human slinky, puppets, prizes and surprises.

There is even a performing piranha.

All tickets are £7.

TICKETS ONLY £5 FOR GROUPS OF 10 OR MORE!

Box office: 01384 423496

Enjoy the Show!!



READER COMPETITION

Winterbourne & Frampton Matters has a family ticket (2 adults / 2 children) to give away for the WINTERBOURNE show on Saturday 26th January.

To be in with a chance of winning, Like our sister magazine facebook page <https://www.facebook.com/BradleyStokeMatters/> look for the **Cartoon Circus** competition post and comment with 'Winterbourne', then

Like and share.

If you are not on facebook you can also email Community@MattersMagazines.co.uk with **Cartoon Circus** in the subject and again stating 'Winterbourne'.

Winners will be drawn on Monday 14th January and notified via facebook or email, according to how you entered.



Life changes in the heart of the community

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Healthy living in the heart of the community

WillowBrookCentre

willowbrookcentre.co.uk



A Word From Revd Jean Capstick



Last week I visited a young couple in preparation for the Baptism of their baby daughter. The little girl, let's call her Sophie, (not her real name) was seven months old and just about to eat her supper.

She was adorable. Her eyes flickered around the room taking in every movement and sound and her fingers stretched to grab anything within reach in order to test its edibility. I found myself pondering on the complexity of a baby's mind, readily absorbing new sensations through the five senses.

We never know really what's going on in someone else's mind, do we? In my early years of marriage my husband used to be irritated by my repeated questioning as to what he was thinking and not being satisfied by the reply 'nothing much.' Similarly we cannot be sure how another person is feeling.

Over twenty five years ago when I was training to be a counsellor, we were taught never to assume that we knew how a client felt. If their facial expression, body language or conversation suggested a particular emotion, may be sadness or anger, we were told to check it out with the client and ask if there was any truth in our observation.

Trying to be sympathetic to someone who has suffered bereavement or trauma sometimes prompts the comment, 'I know how you must be feeling' and this is a great travesty of the truth. No matter how well we know someone, no matter how similar their experience appears to be to our own, we don't know how people feel until they tell us. To say that we do, can appear to belittle their true feelings and have the opposite effect from the sympathy we'd hoped to convey.

Knowing what is appropriate to say to someone who is suffering in any way is not easy and I'm sure I've got it wrong on many occasions. Years ago a young colleague of my mine had lost her husband to leukaemia and she told me how some people crossed the street to avoid her, presumably because they just didn't know what to say.

Asking God to help us speak the right words in any tricky situation is just one of the countless occasions when we need to pray. When we are truly seeking to live our lives according to God's will, our conversations with God become more and more necessary. There is no place, no time, no occasion when he's not available. Our loving God is always there.

St Paul wrote in his epistle to the Romans:

'For I am convinced that neither death nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.'

I wish you every best wish for 2019 and particularly that you will know the presence of God's love in your life.

Every Blessing, Jean (Retired Priest)



The Parishes of Frampton Cotterell, Iron Acton, Winterbourne & Winterbourne Down, in THE DIOCESE OF BRISTOL

News from Winterbourne Evening WI

As usual we have had a very busy few weeks including a visit to Cardiff Castle, AFWI AGM Meeting, now restored to our favourite venue at The Winter Gardens in Weston, a very enjoyable cheese and wine evening and a quiz evening, to name but a few.

At our November 2018 meeting, which was our AGM, the new committee for the coming year were elected, and we are pleased to report Emilie Smith was re-elected as President.

After the AGM we all enjoyed a selection of tasty and inventive starters, provided by five of our members along with the recipes for us to try at home. Wonderful!

We also had a very well supported table of Christmas gifts which helped raise funds for our WI.

Our December meeting is as always a fun evening with a supper table provided by members, guests from other WIs and followed by a speaker, this year we were fortunate to have Francis Burroughs 'Don't put your daughter on the stage'. All in all, a very festive time will be enjoyed.

We have a very varied and exciting programme of events and speakers lined up for 2019, and we would be pleased to see you as a visitor on the second Thursday of each month at the St Michaels Room, Winterbourne High Street, at 7.30pm. So come along and make new friends in your neighbourhood.

Margaret Beacham



Families doing church and having fun!

Christ-centred, for all ages, based on creativity, hospitality and celebration.

Messy church is about getting to know God and his family better. We get to know God by exploring the bible, through a wide range of hands on activities. We get to know each other as we share our own stories over a meal, maybe a jacket potato or a sandwich and cake. God talks about us enjoying life in all its fullness, so we aim to create sessions which are packed with fun. Why not come along to this new initiative and enjoy an afternoon of fun, games, craft and activities, followed by a meal and a praise service.

Future Date: 19th January 2019

All Saints Church Hall, Church Road,
Winterbourne Down BS36 1BW

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Castell Roc Festival all set for a spellbinding 2019

Castell Roc Festival attracted more than 14,000 avid fans to enjoy the brilliant shows at Chepstow Castle in August 2018, attracted by the wonderfully varied line-ups and of course a stunning Castle as the perfect 'somewhere special' Venue.

We caught up with organizer Carol Mutlow from Hannah's Music Shop in Chepstow, who is already busy putting acts together for 2019 and, with the line up near completion, was able to reveal the dates for next year which will be from **8th-26th August** with 4 shows on each weekend and also announce the first 5 shows for this eagerly awaited festival:

Thursday 8th of August 2019 is "**Legends Of Rock**", featuring three of the finest UK tributes to 'The Police & Sting', Dire Straits & U2 performed meticulously by 'Police Synchronicity', 'Dire Straits UK' and 'U2UK' respectively.

Sunday 11th August is '**Big Girls Don't Cry**' showcasing the amazingly talented Frankie Valli & The Four Seasons. This theatrical masterpiece will be enjoying its 10th anniversary and The East Coast Boys with a full live band will be will be authentically recreating Sherry, December 1963 (Oh What a Night), Walk Like a Man, Rag Doll and Big Girls Don't Cry, Grease, Let's Hang On, Working My Way Back to You, Beggin', I've Got You Under My Skin, Who Loves You and many more.

Thursday 15th August will see Chepstow Castle become 'el Cantina', (complete with Taco's, Tequila and thigh slapping tunes) when one of the UK's most popular touring bands '**Los Pacaminos**' rides in to Town. Featuring non-other than 80's superstar **Paul Young** the Stetson wearing band will play the very best in Tex Mex Border music, from The Texas Tornados and Ry Cooder through to Los Lobos and even Roy Orbison. This show also features firm festival favourites Mad Dog Mcrea.

Saturday 18th August - **Abba Mania** comes to Chepstow Castle. From London's West End, Abba Mania has been delighting audiences since 1999!

Thursday 22nd August is a night for the lovers of reggae and ska as the infectious '**Dualers**' roll

back in to Town, supported by The Navarones. The nine piece Jamaican Rhythm & Blues band from South-East London were an undeniable highlight show of 2018 and the Organisers have been quite simply been inundated with fan requests to bring them back, so they have!

Friday 23rd August is a chance to see two full shows for the price of one, firstly with '**Fleetwood Bac**' the world's first and best Fleetwood Mac Tribute Band. A band that are proudly endorsed by Big Daddy himself, Mick Fleetwood. Rounding off the night and being performed by The Bohemians is a high energy roller coaster ride of a concert, featuring the back catalogue of one of the world's most popular and iconic rock acts of all time, Queen.

Saturday 24th August sees '**A Country Night in Nashville**' starring **Dominic Halpin** and **the Hurricanes**. Transporting you on a musical journey through the history of country featuring songs from the biggest stars past and present.

Sunday 25th August - back by incredible popular demand after his 2017 performance, the No1 Elvis impersonator **Ben Portsmouth** returns with his show, **Taking Care of Elvis**.

Tickets available to purchase from the Festival Box Office at Hannah's Music, Chepstow (01291 627122) or online via www.castellroc.co.uk

MORE ACTS TO BE REVEALED SOON.



The Churches Together in Frampton Cotterell & Coalpit Heath Big Christmas Sing for Christian Aid

Many thanks to everyone who came along or took part in the 2018 Big Christmas Sing for Christian Aid. This was our tenth concert and, yet again, a fantastic evening of music & fundraising!

This year the concert featured carols and songs from Watermore Primary School, The Manor C of E Primary School Glee Club, Junior FR, Crossbow Singers, Frampton Cotterell Male Voice Choir, Rhythm Mix & the Frampton Shantymen. And, of course, as always, there was the 'For One Night Only' Community Choir, who came together especially for this concert! All the choirs were absolutely amazing and the audience was treated to an evening full of Christmas magic and community spirit.

Christian Aid's 2018 Christmas Appeal focussed on 'Being a Peacemaker': St Saviour's Church was decorated with card doves, the sign of peace. When we watch the news or read the papers, it can feel like peace is an impossible prospect; violence destroys lives and tears communities apart. But while peace is broken every day, it's also built –



by strong women and men working to heal their communities.

Christian Aid helps people recover from conflict worldwide- eg by helping child survivors of conflict come to terms with their traumatic experience, by providing safe havens, counselling, therapy. We can all help build peace for ourselves and for other people, whether they live down the road or across the world and at the 2018 Big Sing we all sang out for peace at Christmas.

This year's Big Christmas Sing raised £700.54, to which will be added £89 in Gift Aid. Such kind donations will bring lasting joy to many. Thank you!



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Ministering Angels: VAD Nurses from Frenchay Exhibition

Frenchay Village Museum is commemorating the centenary of World War One with a new temporary exhibition 'Ministering Angels: VAD Nurses from Frenchay', which will be displayed in until 30 January 2019. This exhibition tells the story of local women who devoted their time to aiding recovering servicemen as VAD nurses at Cleve Hill Hospital. It will also delve into the relationships formed between patients and nurses, as well as how war effected people in the village.

There will be many intimate photographs from the period displayed, including portraits of nurses and servicemen and images which capture the interiors of the hospital, day to day activities and the comradery which existed between these people. A nurse's uniform, autograph book and other items which belonged to Frenchay women, who worked as VAD nurses, will be put on display, providing a personal insight into their motivations, lives and the bonds they formed with the soldiers they cared for.

During this period there were also many changes relating to the role of women in society, as they became more active in the workforce and leaders in the war effort at home. This exhibition will explore some of these women as they pursued a new purpose in life and strove to comfort those away fighting by providing gifts and food in the form of parcels. The impact of the home front efforts on the soldiers will be recorded through letters and quotes expressing their gratitude. In addition, we will touch on the psychological turmoil suffered by returning men and the methods utilised by medical staff and nurses in guiding them on their recovery.

As a part of the exhibition there will be a new children's activity in the museum for visiting families. This exhibition aims to commemorate the lives of the brave men from Frenchay who fought in the war and celebrate those at home who passionately devoted themselves to helping the soldiers who were fighting as well as those who had returned.

Opening times: Doors open every Wed 1–4pm and every Sat and Sun 2–5pm. Entrance is free. For more information visit: www.frenchaymuseumarchives.co.uk/NewMuseum.htm



Community Connectors Project Grants

Building stronger connections in South Gloucestershire

Community Connectors have funding until 31 March 2019 to assist the formation of local groups which enable people to

be more connected to their local community. The Project helps to identify the interests and priorities of local people, and supports them in developing new activities that tap into this.

Community Connectors Project Grants are normally up to £200, and aim to help small groups make their activity a success. Grants cannot be used for wages or for capital projects like building work, but could provide small items of equipment like perhaps a tea urn for social gatherings or a CD player for exercise classes. A minimum of four people from the local area must benefit from each project. Projects may be for the general community or specifically to benefit a particular section, such as older people, toddlers, people with a disability, young parents, teenagers, people living alone, etc. They could offer opportunities for a sport or physical activity, or provide social contact for people who are feeling lonely, or help people learn to do something new.

If you are looking to start a new group, or you run an existing community group needing a small grant for a specific purpose, contact Hilary Jay, Wellbeing Worker, on 07792 495367 / hilary.jay@curo-group.co.uk who will give you a grant application form.

As a Community Connector, she has already assisted with the formation of several groups in this area, and has funding to start a further six community groups, or assist existing groups, with small funding grants.

Volunteer Coordinator Sandy Corke helps with the initial setting up of new groups. When the group seems well established, Community Connectors then pull out and leave it to the community members themselves to run their group. Sandy has funds to DBS check volunteers in new groups if that is necessary.

The Community Connectors Project Grants have to be allocated before 31 March 2019 so people are urged to apply as soon as possible before 31 January. The funding is ultimately provided by South Glos Council.

News from Coalpit Heath WI

Another busy year for Coalpit Heath WI draws to a close with a full programme of speakers and events. The summer holiday saw us adding a splash of colour to the Badminton Road with our washing line of clothes. Well done to the volunteers who kept the plants alive during a very hot summer!

This was followed by our scarecrows – Cinderella and Prince Charming, who had a happy half term week sitting on the bench outside the church. It was great fun assembling them, though straw and tights isn't an ideal combination!

Recently St Saviours church porch was adorned with a waterfall of poppies made by the members, their friends and family, for the commemoration of



100 years since the end of World War 1.

Inside the church the windowsills were decorated with floral tributes, artefacts and photos and tea and delicious cakes were served. Huge thanks to all those who contributed.

At the November 2018 meeting, our outgoing President, Jennie Mitchell, retired. She has worked extremely hard to run the WI group in Coalpit Heath and she and the other retiring committee members were thanked by all who attended for their hard work.

An exciting programme of events is planned for 2019 and the meeting programme will be available at the January meeting. As always the talks are varied, entertaining and inspiring. If you are interested in coming along we meet in **St Saviours church hall on the first Wednesday of every month at 7.45pm. New members always welcome.**

Please note January's meeting is on Wednesday 16 January.



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The Computer Group meets at the Broukeridge Centre in Frampton Cotterell on Monday to Thursday mornings. Each session lasts for 2 hours and costs just £2.50.

You can attend as many sessions as you like as our courses are designed so that each person can proceed at their own pace. You can join the Computer Group at any time as soon as there is space available on the day you would like to attend.

If you would like to book a place, please contact: Jill Allan on: 01454 864442.



Frampton Cotterell Computer Group

www.fccomputergroup.uk

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Broukeridge Centre, Woodend Road Frampton Cotterell.

**Mon - Thurs 9.30am - 11.30am
for each 2 hour session the cost is £2.50**

If you would like to join us please call Jill on:
01454 864442



There was a special presentation at the Coop store in Winterbourne at the end of 2018, to present local charities with money awarded under the Coop Local Community Fund. Shopmobility South Gloucestershire received a cheque for an amazing £3,599.65!

Vice Chairman David Bell, a founding Trustee of Shopmobility S. Glos since 2004 said, "This is a really marvellous contribution to the scheme and will help us to deliver our vital service to our service users. We are so grateful to the Coop and it's staff and customers for this generous donation to the scheme."

The Shopmobility service is based in Yate Library, and attracts users from all over South Gloucestershire, and beyond. The service provides mobility scooter and wheelchair hire on a daily and longer term basis to help people who have limited mobility to retain their independence and to use the facilities of the centre and to access other services. If you have a South Gloucestershire Council Diamond card then you can use that on the service.

The Shopmobility office is open Tues and Fri 9.30am-4pm, and Thurs and Sat 9.30am-2 pm.
Tel: 01454 868718 for more information or email shopmobilitysouthglos@yahoo.com

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First of all get the date Monday 6 May 2019 in the diary! We are pleased to announce that the carnival continues with events covering the whole bank holiday weekend, lead by a refreshed committee including lots of new members and volunteers – young and old.

On that note it would be remiss of us all here not to put on record our huge thanks to all past members of the committee who have put in so much of their own time over the years, helping to make the Carnival a focal point of the community. Fred Smith, Carnival Chair, is stepping down after more than thirty years dedicated service, as well as other long-standing members Anthe Evans, Martin Moulding and Carla Ash, they will be a hard act to follow and leave a legacy that we can all be proud of.

Next year all the familiar events will be continuing – the Bristol Pipe and Drum Band leading the Carnival procession, Carnival Queen, Charity Stalls and much much more... Playing Out will be on Saturday 4, with Quarry View Road closed to allow activities to take place, followed by a children's disco in All Saints Hall.

New for this year on Sunday will be a Treasure Hunt with the route taking in the scarecrows entered in our new competition.

Subject to final sign-off, with the team working hard in the background, are a blacksmithing



demonstration, more drinks and food outlets and on Monday, performances from an award-winning young people's arts group. There are lots more announcements to come so watch this space!

Get involved! We will once again be seeking volunteers to help during the carnival day, helping with the setting up/manning stalls/manning the road closure areas and tidying up. All we ask is an hour of your time to help make this Carnival Day another great success. For further information please contact Carnival Chairman John on 01454 775047.

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Irresponsible dog owners targeted in South Gloucestershire

We want to reduce the amount of dog waste littering in South Gloucestershire and ensure that dog owners meet their responsibilities, and have a number of new initiatives planned to help tackle these issues.

Incidents of dog fouling usually increase as the darker nights draw in, and studies show that people are less likely to pick up after their dogs when they feel they aren't being watched.

That's why we are taking part in Keep Britain Tidy's 'We're Watching You' campaign which features innovative, eye-catching, glow in the dark posters to help to remind thoughtless dog owners that "we're watching you". The posters will be placed in known problem areas across South Gloucestershire. Other areas of the country taking part in the campaign have seen a reduction in dog fouling by up to 77 per cent.

We are also consulting on extending the areas where we have powers to enforce dog fouling rules and giving officers the power to require a person in control of a dog to demonstrate that they have the means to clear up after their pet(s).

We are proposing to use powers under Section 59 of the Anti-Social Behaviour Crime and Policing Act 2014 to make a Public Spaces Protection Order (PSPO) in relation to dog fouling, which is an update to historic enforcement arrangements. This will enable us to extend the land types where we can enforce dog fouling rules to apply to all open-air land with public access. Currently we do not enforce against dog fouling on commons, woodland, farmland or heathland.

The Order will not cover land that is managed by the Forestry Commission, due to existing legislation exempting these areas from dog control orders, and any other owners or occupiers of land are also able to exclude land under their control from this Order. A further exemption from the PSPO would apply in relation to assistance dogs trained by a registered charity where the disability affects the person's ability to clean up after their dog.

We are also consulting on a proposal to give authorised officers the power to require anyone in control of a dog to demonstrate that they have the means to clear up after their dog(s). If this new power is adopted, authorised officers may approach dog owners and request them to produce appropriate means of removing dog waste and transporting it to a suitable bin. Dog walkers will be expected to demonstrate that they have bags or other means of clearing up, even if the dog hasn't defecated at that time. If they cannot do this, and they are not exempt from the PSPO, they will have committed an offence and may be issued with a fixed penalty notice.

Cllr Paul Hughes, Cabinet Member for Communities and Tourism, said: "We have some beautiful parks and walking routes in South Gloucestershire and we want to make sure that these can continue to be enjoyed by everyone.

"Dog owners have a responsibility to clean up after their pets, but unfortunately a small number of people do sometimes act irresponsibly. We hope that taking part in Keep Britain Tidy's campaign and updating our enforcement powers will give us more tools to help combat this issue."

Breach of a PSPO is an offence, which can result in fine of up to £1000 if convicted, however we are recommending issuing a Fixed Penalty Notice of £100 (reduced to £75 for prompt payment) instead of prosecution.

You can find out more and have your say on these proposals by visiting <https://consultations.southglos.gov.uk/consult.ti/PSPO19/consultationHome>

Alternatively you can email consultation@southglos.gov.uk or telephone 01454 868154. You can also download a paper copy or collect one from a library or One Stop Shop and return it to: South Gloucestershire Council, Corporate Research & Consultation Team, Council offices, Badminton Road, Yate, BRISTOL, BS37 5AF.

The consultation ends on Friday 11 January 2019.

South Gloucestershire Council



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Frampton Cotterell & Coalpit Heath Village Diary

January 2019

Wed 2 – Coalpit Heath WI, 7.45pm, St Saviours Church Hall, T: 07935 071291 / E: caitlin.reeves@virginmedia.com. Visitors always welcome!

Thurs 3 – Community Singalong, Crossbow, 2–3.30pm. £3 includes tea and cakes. Tel: 07792 495367 / E: hilary.jay@curo-group.co.uk

Fri 4 – Quiz, Crossbow, 8pm. £1.50 ppn. Tel. 01454 772947 / E: crossbowhouse@gmail.com

Sat 5 – Table Top Sale, Coalpit Heath Village Hall, 1–3pm. Table £5. Tel: 07920 145352.

Mon 7 – Gardening & Social Club, Manor Hall, 2–3.30pm. All welcome. £2.50.

Tues 8 – Community Coffee Morning, WADCA, 10.30–12.30. All welcome.

Tues 8 – Mothers Union, St Saviours Hall, 2.15pm. A variety of speakers. Tel: 01454 777664.

Wed 9 – Carer's Club, Zion, 2–4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925.

Fri 11 – Frampton Folk club, Crossbow, 8pm. £2. All welcome. allinsonjohn2@gmail.com

Wed 16 – Community Coffee morning, Manor Hall, 10am–12.00. Tel: 07873 747513.

Wed 16 – FC Local History Society, Zion, 7.30pm. Non-members £4 incl light refreshments.

Fri 18 – Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel: 01454 772947.

Tue 22 – Frampton Cotterell W.I. St Peters Hall, School Road, 7.45–10pm, £2.50. Tel: 01454 773426 or 01454 778900 / E: marycroberts@talktalk.net

Wed 23rd – Forget-me-not Singalong Group, Zion, 2pm–3.30pm. For local people who enjoy a sing a long. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

Wed 23 – Litter Busters, 10am, Gingerbread Man, Church Road.

Thurs 24 – Frampton Friendship & Dance, 2–4pm, Zion Church Hall. Learn easy, gentle dances. No partner needed. £4 incl tea. T: 07515 351813 / E: hilary.coach@icloud.com

Fri 25 – Meal & Music, WADCA, 8pm. 3 course meal, dance to music from Tony Graham. £20. Booking essential, T: 01454 776268 / E: ca.winterbourne@gmail.com / www.wadca.co.uk

February 2019

Fri 1 – Elton John Tribute act, WADCA, 8.30pm. Tickets £10 from www.ticketsource.co.uk or ca.winterbourne@gmail.com or T: 01454 776268.

March 2019

Sat 2 – Apple Grafting, Winterbourne Medieval Barn, 10am–4pm. One-day course on how and why we graft trees. Make 3 new trees to take home. £45. Booking form on www.WinterbourneBarn.org.uk. Limited to 8 people. Enquiries T: 0117 957 4921.

Sat 2 – Ceilidh, WADCA, 8pm. Varied styles from 'The World Band'. Caller tells you steps if you want to dance. All ages/experience. £7.50 www. Ticketsource.co.uk or WADCA T: 01454 776268 or Hilary Jay 07515 351813 / E: jays.music@mac.com

Fri 8 – Magical Mystery Four, Beatles / Rolling Stones tribute band, WADCA, 8.30pm. Tickets £8 now from www.ticketsource.co.uk or ca.winterbourne@gmail.com or Tel: 01454 776268. Tickets on the door £10.

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New Year – New Facilities for WADCA

Winterbourne and District Community Association (WADCA) are delighted to have received grants and a generous donation from the local lottery winners, to fund the refurbishment of WADCA's toilets.

The facilities have been transformed from being cold, uninviting and dated – to warm, fresh, modern and welcoming. The centre now have hand dryers, heaters and a baby changing facility. The ladies have an extra cubicle and more space has been created in the gents.

To celebrate these welcome improvements, **WADCA are having an official launch on Tuesday 8 January between 10.30am and 12noon.** They look forward to marking these vast improvements for the centre and all its 20K annual customers. The centre is inviting the donators, and will have a plaque to thank all the grant providers, that will be unveiled on the launch morning. Do join them if you can. WADCA looks forward to a prosperous 2019 and welcoming many of you to join them for one of their many events or regular activities. For more information visit: www.wadca.co.uk

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Parish Praise, 10am – On the first Sunday of the month. For all ages and families. Do stay for tea, coffee and biscuits afterwards to if you wish. Come and meet other families, we would love to see you.



Friday Lunches – Starting back on 4 January, then every week in the church. Anyone is welcome from 11.15am onwards for tea or coffee then stay for lunch at midday. Come and meet new friends. Donations to church funds.

Mothers Union – Meet on the second Tuesday of the month in the church Hall at 2pm. Mothers Union do lots of good things to find out more visit – themothersunion.org or contact Mary Head 01454 887870.

Seniors fitness, friendship club – Starting back on 9 January, then each Wednesday morning, 10–11.30am in the church hall. The club is targeted at senior citizens of all abilities, looking to engage in friendship, fitness and physical activities. We aim to improve your strength, balance, posture and flexibility, in a fun and friendly environment. We also have team games and refreshments. There is no age limit, it's for all. Come along and give it a try. Contact Spencer 07825155954 or Ann Carter 01454 319699.

See the church website for times of other Services and more information. www.coalpitheath.org.uk



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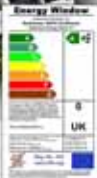
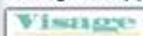
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