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## Dear Readers...

Last month saw the re-enactment of the last siege of Chepstow Castle, some photos of which adorn our front cover this issue. You can see more of these overleaf - with thanks to Chepstow Chamber of Commerce.

If you have been inspired by this year's Wimbledon, why not get yourself down to Chepstow Tennis Club, see their article and advert on pages 12-13, they would love to encourage more people to give tennis a go this summer, whatever your age or ability.

I was delighted to spend an afternoon with local resident Eileen Grassby recently, a thoroughly interesting lady with so many stories to tell from her amazing life and adventures it could fill several books - I can only give an insight on pages 14-15 but I hope you enjoy the read.

This month sees the return of the wonderful Chepstow Show on 11th August - a great day out for everyone. See more of what's on offer this year on pages 20-21. Also don't forget the Family Fun Day at Chepstow Racecourse on Bank Holiday Monday - with special guests Andy Day from CBeebies and the Chuckle Brothers!

There is plenty more besides the above for you to read in this August edition: local people, local groups and local clubs and our all important supporters - OUR ADVERTISERS - without whom we would not be able to bring you all the news. Please do return their support and use their services whenever you have a need. Enjoy!

If you are a business looking to promote your services across the Chepstow and the villages then please do get in touch with us and we will be happy to help.

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# RE-ENACTMENT OF THE LAST SIEGE OF THE CASTLE!



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## Wye Valley Challenge 2018

Robert and his wife Noreen, have been involved with a national dog rescue charity, Houndsfirst Sighthound Rescue since 2013 being a rescuer, foster carer, adopter, transporter and fundraiser for them.

For the past two years, Robert and his disabled, Alistair, have taken on a version of the Welsh three peaks challenge where they have trekked up and down the three highest mountains in Wales, namely Snowden, Cadir Idris and Pen y Fan raising much needed funds for the rescue. It was both a mental and physical challenge for the both of them.

For this year's challenge Robert wanted to do something different, so this August Robert and his youngest son, Logan, have planned a gruelling multi point challenge. They intend to go to the Source of the River Wye high in the Cambrian Mountains and trek some 30 miles downstream to where it is navigable by canoe. They will then take 4 or 5 days to canoe from Glasbury to Chepstow. The last section of this is tidal and hard work. Finally, they will then walk the final distance to the official end of the Wye Valley outside Chepstow Castle. This will not just be physically gruelling but a personal challenge for them both. Logan has his own learning difficulties, with autism and hypermobility, which makes the fact he is willing to push so hard to raise funds for this cause even more amazing.

Hounds First Sighthound Rescue is a small but committed team who work tirelessly to rescue, rehabilitate and rehome Sighthounds of all types. Houndsfirst Sighthound Rescue are entirely self-funded, receiving no government support. Any support you can give to Robert and his son is very much appreciated. [justgiving.com/HoundsfirstWyeChallenge2018](https://www.justgiving.com/HoundsfirstWyeChallenge2018)

<https://uk.gofundme.com/houndsfirst-wye-challenge-2018>



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## Secret Chepstow, Louise Wyatt

Chepstow's location by a crossing of the River Wye, close to the Severn estuary has meant that the Monmouthshire town has always occupied a strategically important position. A Norman castle still stands above the town and until the 1960s the road bridge across the river was a major routeway between Wales and England, as was Brunel's Chepstow railway bridge across the Wye.

**Secret Chepstow** explores the history of the town from its early history as an Iron Age and Welsh settlement on the border with the Anglo-Saxon kingdom of Mercia, through the Norman invasion of the Welsh Marches and the construction of the castle, to the present day, revealing unusual stories, tucked away historical buildings and remarkable characters along the way. The castle, with its stone Great Tower still stands, extended in the 12th century by William Marshal, but there is also an abandoned mediaeval village by the town with the ruins of its church, and the town was also linked to nearby Tintern Abbey, which became a popular picturesque tourist destination in the 18th century. Chepstow's location on the River Wye has shaped its history; the Old Wye Bridge was the lowest crossing point of the river until the Severn Bridge was built. Its importance as a port is also revealed, as a centre for the wine and salmon trade as well as shipbuilding, and the author also investigates everyday life in the town, including its workhouse.

**Secret Chepstow** explores the less well-known episodes and characters in the history of the town through the centuries. With tales of remarkable characters, unusual events and tucked-away buildings, it will appeal to all those with an interest in local history. The book is due to be released on 15th August and is priced at £14.99



*Secret Chepstow explores the lesser-known history of the Monmouthshire town of Chepstow through a fascinating selection of stories, unusual facts and attractive photographs.*



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## Armistice Centenary - Monmouthshire Remembers

School children across Monmouthshire who are part of the world's largest youth organisation, are embarking on events to commemorate the centenary of the end of WW1.

Across the county, 811 youth members of the Scouting association from 6 year old beavers to 18 year old explorers and 206 uniformed adult leaders will take part in various activities throughout the summer months.

A commemorative badge competition is open to all uniformed members of Monmouthshire district scouts, with the inclusion of the words "Monmouthshire Remembers 1918-2018" being the only dictation to an otherwise open space for creativity. All entries were returned by the end of June and shall be judged by members of the Royal British Legion, who will manufacture the winning design onto badges, in time for the armistice centenary in November. The winning designer will also have the opportunity to meet members of the Royal Legion to talk about their art work.

A larger scale event, will see every uniformed member of the Monmouthshire district creating by hand, a ceramic poppy, with each representing a Monmouthshire resident who has lost their life in conflict over the past 100 years. Each poppy will be stamped with the name of a fallen serviceman and the date they fell and will act as a symbolic piece used to demonstrate the human cost of war. Following local Remembrance services, there shall be a district scout event held on 18th November



at Raglan Castle, where these poppies shall be a poignant focus. They shall remain in circulation at significant venues throughout the year until Remembrance day next year, when it is hoped they will be on public display somewhere in Cardiff.

Monmouthshire district scouts have secured the support and co-operation of primary and secondary schools across the county, who agreed to release children during the last week of June and beginning of July. Three hour slots were co-ordinated, during which time local comprehensive schools hosted youth members wishing to create and in some cases fire, their ceramic poppy, all whilst being filmed by the BBC and S4C (photos above).



A chance encounter with **HRH the Prince of Wales and HRH the Duchess of Cornwall** at the start of July, gave members of Monmouthshire Scouting the opportunity to showcase their proposal to create 1200 ceramic poppies. The Royal couple were so impressed with the scale of the project that they too insisted in getting their hands dirty and moulded the clay to perfection, even endorsing the base of their poppy with an HRH approval. The Royal poppy shall be included in those placed at Raglan Castle on 18th November.

For the younger members of the association the two World Wars are studied in history lessons, yet many have personal family connections with present day service personnel, some of whom have lost their lives in conflicts since the Great War.

The Scouting association has a long standing connection to the British services, with their founder Robert Baden-Powell holding the rank of Major-General in the British army. Baden-Powell served in India and Africa between 1876-1910 and amongst other decorations for service, was invested as a Companion of the Order of the Bath (CB), which is the fourth most senior of the British Orders of Chivalry. At the age of fifty seven, Baden-Powell put himself at the disposal of the war office at the outbreak of WWI in 1914, but he was not given a command. There are thought to be rumours that this was due to Lord Kitchener saying at the time that *"he could lay his hand on several competent divisional generals, but could not find anyone who could carry on the invaluable work of the Boy Scouts."*

So as members of the scouting association across Monmouthshire embark on these commemorative events, it is hoped that the sacrifice and human cost of conflict and war is made a present and personal reality, which will remain in the hearts of generations to come.



*Photos opposite page from the first poppy production; above HRH Prince of Wales and HRH Duchess of Cornwall join in the fun; HRH signed poppy reading for firing; Beavers from 1st Shirenewton. Cubs and Scout from 2nd Caldicot*



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## SUMMER 2018 TENNIS CAMPS

**Week 1: Mon 30th July - Fri 3rd Aug**  
**Week 2: Mon 27th - Fri 31st Aug**

**Mini Camp: 2-3pm Ages 4-9**  
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For more info contact Ollie Bendall,  
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## Interested In Tennis?

With Wimbledon just around the corner, has your inner tennis player come out? Do you know someone one with hidden potential or would your children fancy giving tennis a go? Whatever your background or interest, Chepstow Tennis club love to welcome new members and bring tennis to the local communities.



### Davis Cup Day

Recently Chepstow Tennis Club hosted its Annual Open day with British Davis Cup Professionals coming to offer some free coaching and play in an exhibition match. The event was organised by Chepstow Tennis Club and saw two ex pro Davis Cup and Grand slam players - James Auckland and Danny Sapsford - offering coaching before playing an exhibition match against Gavin Reid (Mens first Team Captain) and Ben Durman (Club communications).

Danny Sapsford was beaten by Pete Sampras in the 1999 Wimbledon Championships, and James Auckland who had reached a career high of 57 in doubles, gave up their time to help the club raise money for tennis in the community. The event was organised by Jason Allen (Club Organiser and Social Secretary), Julia Hitchcock (Club Junior development) and Ben Durman. Beautiful weather saw an attendance of over 100 and the club raised over £500. The funds raised have been earmarked to help children in local schools experience free tennis taster sessions. A program that will be coming to your local schools over the summer.

### Teams

Our Chepstow mens team play in the premier division of the south Wales League and the Cymru Kitchens Premier league centred around Gwent. Chepstow men have also been past champions and play against all the big teams inc Newport and Cardiff. Our ladies and mixed teams play in the Welsh 2nd divisions but are hoping to make the step up this year. The club is always looking for new team players so if you enjoy the challenge and sights of Wales we would love to have you.

### Upcoming

This year is an exciting year for the club with some great events and developments coming up. We have:

- Annual taster day in association with the LTA. 'Great British Tennis Weekend'
- New Floodlights being installed
- Summer Social BBQ & tennis tournament
- Wimbledon Day trips
- Nights out
- Annual club tournaments
- Introducing Tennis into Schools Program
- Local pop up tennis taster sessions at Local events

Please come on a Tues Evening from 7pm and introduce yourself, we would love to see you. **Give tennis a go.**



### History

Chepstow Tennis club have been in Chepstow since 1929 and along the way have seen massive changes. Only 3 years ago the club paid out nearly £50,000 to have the courts re surfaced in a fantastic Wimbledon Green Astro turf. The club currently boasts a membership of over 160 members.



### Juniors

We currently have a healthy Juniors coaching programme with some of our juniors progressing onto playing in the mens' and ladies' teams. We also have our juniors playing in the Welsh national competition league. With dedicated coaching sessions and court times set aside for Junior development, Chepstow Tennis offers a safe and exciting place for your children to develop their tennis skills, social skills, build teamwork and make friends. We are always looking for new juniors and offer free taster sessions. If interested please contact: **juniordev@chepstowtennis.club**





## Eileen Grassby: A Fascinating Life

At the Chepstow School Remembrance Service held at St Mary's Priory last November, Chepstow Matters was delighted to meet and chat to local resident Eileen Grassby. It transpired that Eileen has enjoyed a very interesting life and I was pleased to visit with Eileen recently with a view to sharing her story.

Born in 1930 into an old Earlswood/Shirenewton farming family, she later became a pupil of Larkfield Grammar School and the College of Music and Drama in Cardiff. Eileen tells me her mother had a beautiful singing voice, that was never encouraged by her Grandmother. As a result Eileen's mother was adamant that Eileen should be given every opportunity to sing. When still young, she began to attract the attention of the local Dramatic and Operatic Society, building her reputation and appearing in many local productions. When she was old enough, Eileen's aunt took her up to London to auditions and she was first accepted into the popular Tiller Girls where she danced and sang. She was invited to perform in Manchester and then given the opportunity to travel to America, which she was just about to do when her then beau, proposed marriage. Peter Grassby was an Army Officer and local Chepstow man. He wanted Eileen to accompany him to Nigeria where he promised her a lavish lifestyle with servants. Eileen's mother was not happy that Eileen chose to marry Peter and go to Nigeria, instead of following her career to America! After two years in Nigeria, Peter became an Officer in the New Malaya Army and after a short visit back home they set off to Malaya for four years, where their son Stephen was born. Not content with staying at home whilst in Nigeria and Malaya, Eileen took to teaching locals.

On the way home from their time in Malaya, Eileen and Peter explored Australia including Perth, Adelaide, Melbourne before picking up a passenger ship in Sydney which took them to New Zealand, Tahiti, Fiji, Panama through the canal to Trinidad and finally back to Britain. They bought a beautiful home in Chepstow, but sadly a slump in the market later meant they lost everything. Eileen used some money left to her by her father to buy Lower Hardwick House in c1962. This big old house opposite Bulwark corner was almost derelict at the time, but she ended up staying there for over 40



Eileen in 'La Traviatta' in the late 1960s



years. With Peter working away in London, Eileen worked several jobs in order to raise her children and bring the house back into a good state of repair. She worked in sales for the Coal Board and Adams Biscuits and in the evenings was the 'First Lady' at the Caldicot Castle Medieval Banquets where she would utilise her beautiful voice to entertain the guests.

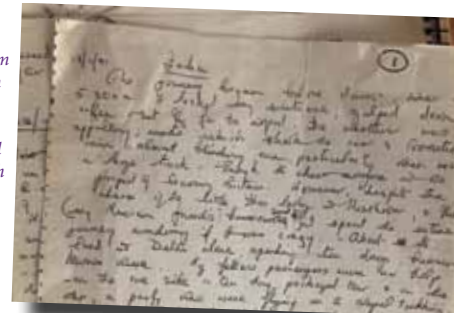
She also spent time teaching at the Cardiff College of Music and in 1968 was interviewed and invited to participate with the brand new Welsh National Opera, with whom she performed for about 4 years. Sadly the touring with the WNO became too difficult as she had the children at home to care for.

Eileen's marriage to Peter faltered and he stayed in London. Eileen opened her home at Hardwick House as a B&B where she continued to bring up her two children, Stephen and Juliette, and became heavily involved in many local activities including the Cormeilles Twinning Association, and later with U3A where she became the convenor for Art Appreciation. She was also the convenor for her singing group that prospered under her professional guidance, organising charity concerts in Summer and

at Christmas. Eileen kept singing herself and a notable performance was in 1983 at the Chepstow Castle Pageant as Emma, Lady Hamilton playing Britannia.

A member of the Chepstow Society, Eileen worked with Keith Underwood for many years in what eventually became something of a business, arranging very popular monthly excursions. They also set up a regular summer Garden Party, for instance at High Glanau and Wyndcliffe Court, and an annual holiday. These events greatly raised the profile of the Society, but were greatly missed when Eileen and Keith retired.

19/11/91 Extract: "The journey began before dawn, when at 5.30am I locked my suitcase, gulped down a coffee and set off for the airport. The weather was appalling, winds which shook the car and torrential rain almost blinding one ... Enough to cheer anyone on the prospect of leaving Britain! .... I spent the entire journey wondering if I was crazy. About to land in Delhi - alone - spending 10 days heavens knows where!"



Through her B&B Eileen met many interesting people, one of whom was a chap from New Zealand who later became a travel companion. They initially travelled around Wales together, before going to Paris for a week, back to visit his home in New Zealand, and then on to Honolulu and Los Angeles.

This was just one of many foreign adventures for Eileen, who just loved to travel. "After the children had left home and I had mostly retired, I used to run the B&B and save up until I could afford to go again! I am perfectly happy travelling on my own, I have met so many people over the years through singing and living abroad that I feel like I have friends wherever I go. I'm also quite a haggler and always travelled in the cheapest way I could, 'playing' on being an older lady travelling on my own to my best advantage. It's amazing what deals you can get!" Eileen told me with a twinkle in her eye.

Eileen's keen interest in travel and her many and varied experiences across Africa, India, Sri Lanka and Peru would make a book in themselves!

Throughout each of her adventures, Eileen kept a detailed diary of everything she did. They make interesting and enjoyable reading (extract above). The books Eileen showed me (which was not all by any means) detail trips to:

1986 - Los Angeles; 1988 - Toronto - Montreal - Quebec - Ottawa - Niagra - Boston; 1991 - India, New Zealand, Australia; 1992 - Singapore - Malaya; 1993 - Hong Kong; 1996 - Sri Lanka; 1997 - Delhi; 1997 - Seattle - Canadian Rockies 1998 - Mexico; 2000 - India (Southern); 2003 - Dubai - Singapore - Australia; 2009 - Cyprus

Asked what her favourite country of all was, Eileen responded "New Zealand, I truly love it there. It is so beautiful and very varied. You can have sunshine and warm seas, but snow on the mountains." One country Eileen has never visited is Russia. "I'm sorry to have not made it but my philosophy is to regret nothing. Be thankful for everything you have been able to do".

Throughout all her varied and extensive travels, Eileen has always kept a home in Chepstow.

Saddened by the recent news that Herbert Lewis will soon be closing down in the town, Eileen remembered fondly how then directors Herbert, Fred and Blodwyn Griffith always supported her early professional career as a soloist by being present at her many performances. "Chepstow's just not like that any more, it's got so much bigger."

Gardening has been a particular obsession of Eileen's and she has created beautiful gardens, first at Lower Hardwick, then at her current home in Chepstow, which was a particular challenge, providing her with a blank canvas. Many species of trees, shrubs and plants have appeared, gathered from the outlets of the very many gardens she has visited.

Eileen is also an adventurous and gifted painter and is a member of Keith's Thursday art group in Sedbury. Her home is filled with beautiful paintings, both of her own and others, with her travels and her garden being a great inspiration for her art (photos above and below).

It was an absolute delight chatting with Eileen, who tells me that the hardest thing about growing older has been "learning to do nothing - I'm itching to do more than I am currently able".

**What a fascinating and inspirational lady.**





## Students from Japan recently stopped off at Wydean School as part of a week-long excursion.

The students from Kosei High School, were visiting England as part of their studies and chose to visit the Wydean school to experience life as a secondary school student in England.

The students arrived from their host families in Cheltenham to a welcome from the school's global coordinator and Head of Languages, Rebecca Simpson. They then attended lessons with the school students for the morning over a period of three days, integrating into the classes and getting involved in all the different subjects such as Science, Maths, English, Art and Spanish.

In the afternoons they put on a display of Japanese culture, having eight stations of different traditional Japanese games for the school students to each have a go at and learn about Japanese culture and traditions. Following the display, the Japanese students performed a traditional Japanese dance where all students were invited to take part.



Mrs Simpson commented: *"This was an excellent opportunity not only for the Japanese students to experience a day at a British school, but also for our students to learn about Japanese culture. All students got along really well and most exchanged email addresses etc to keep in contact. We really hope the Japanese students enjoyed their visit as much as we did."*



## Wydean School and Sixth Form Centre visit the Cheltenham Science Festival Year 10 Trip

Year 9 and Year 10 students enjoyed the "Creating Your Future" Hidden STEM Careers event held at Cheltenham Science Festival in June. The world famous Science Festival hosts world class Scientists, Mathematicians, Computer Scientists and STEM experts from all corners of the globe.

The aim of the trip was to excite and inspire young people who are interested in STEM (Science, Technology, Engineering and Mathematics). Afterwards, students were free explore the Discover Zone and hands on interactive spaces sponsored by various technology firms, STEM employers and higher education providers e.g. GCHQ, Messier Dowty, Siemens, GE, EDF etc.



In the morning, successful YouTuber and Blue Peter Science presenter Greg Foot compered a stella line up of individuals working in a range of STEM fields. World famous anatomist Prof. Alice Roberts described her career starting as a medical doctor, paleopathologist and now bioscience broadcaster extraordinaire. Inspirational advice from Dr. Roberts included: *"Follow your passion. Make sure you are doing the right GCSEs now, and then the right A levels to allow you to do what you are passionate about. You are going to be good at the stuff you enjoy"*. Other inspirational speakers included Neill Ricketts (entrepreneur and material science expert, successful ex-student and friend of Wydean School and Sixth Form Centre, CEO of £170 million local nanotechnology firm) explained the intriguing world of nanotechnology in 8 minutes. Fantastic.

The chance to meet and hear so many personal, quirky, human, surprising and heart-felt stories from the STEM experts themselves was a rare treat. Students were well behaved, enthusiastic and showed their appreciation for a varied and inspirational STEM day.

## Teentech Awards

Chepstow School pupils were recently shortlisted for the Teentech Award finals. This took place at the London Royal Society, Carlton House which is a hub for the UK's top young creative and scientific minds.

There were 73 schools in attendance from around the UK and Europe; Chepstow School was one of only two schools from Wales who made it through to the finals. The team performed very well, showcasing their work to high profile industry leaders from JVC electronics and Rolls Royce, as well as top UK Physicist Jameel Sadik Al Khalili OBE. The Teentech Awards event has been running for 10 years and is organised by Maggie Philbin OBE who recognises that young learners have inspirational and innovative ideas. It has provided a forum to showcase some of the very best designs to industry leaders. Finalists have the opportunity to obtain industry funding and progress their ideas through to the manufacturing stage, providing early experiences of entrepreneurialism.

*"I am very proud of the Teentech teams and how professional their conduct was throughout the day. They were true ambassadors for Wales and Chepstow School and we are very proud of them and their achievements"* Marek Anthony, Project Leader

Mr Anthony an Art and DT Specialist teacher at Chepstow School was also shortlisted for Teacher of the Year at the event. He told us: *"I was honoured to be shortlisted for Teacher of the Year at the Teentech Awards. It was a fantastic day where we met some very interesting and entrepreneurial people. The students had a great time and learned so much. I would like to thank my colleagues, Tim Smith and Teresa Jones, who supported the students through the various project stages as well as in the final"*.



## Burnt Barn Community (Sports) & Social Club

Burnt Barn Road, Chepstow, Monmouthshire NP16 5AR

**Club activities**

- Mon - Crib/Skittles/Bingo
- Tues - Club members tote prizes to £3000
- Wed - Men's Darts incl Gwent Super League
- Thurs - Mencap till 9pm. Ladies Darts
- Fri - Family night (incl children) Thrift Club • Men's Darts
- Sat - Function room available for hire
- Sun - Pool league

The Club has Free WiFi

Email: [beckett012@btinternet.com](mailto:beckett012@btinternet.com)  
T: 01291 629020 / M: 07850 534 370  
[www.burntbarnclub.co.uk](http://www.burntbarnclub.co.uk)



### Club Associates

Little Acorns Playgroup, 9.15-12.45  
Mon - Fri in term time only.  
Contact Rachel 07904 212135  
Tues - Slimming World  
Thurs - Kung Foo Club

**Large function hall available for hire for all types of parties.**

Room is available for hire Mon - Fri afternoons after 1pm, Fri nights, Sat & Sun all day & evening.

**Resident disco and catering available.**

Opening Times  
Sat: 2.30pm - 12am  
Sun: 12pm - 12am  
Mon-Thurs: 7pm - 11.30pm  
Fri: 7pm - 12am



## Keeping Healthy at Pembroke Primary School



**Playground Pals** Every lunchtime our year 5 pupils organise activities which encourage everyone to get involved and play together. The whole school voted for the areas and ball games, bouncy area, construction and board games are some of the most successful areas. They playground pals also look after our friendship stop; which is where children go if they feel lonely or want someone to play with.



**Daily Mile** Each day, at the end of lunchtime, we have our daily mile. Everyone is encouraged to run or walk around our running track for 15 minutes. It is lovely seeing our smallest learners running with our oldest. Even the staff take part!

**Pembroke Mini-lympics** Many years ago we left the traditional sports' day behind us. We now have a superb day with everyone challenging themselves in 25 different sports' activities. Our Bronze Ambassadors started the event off with an opening speech and an oath on behalf of all the participants. Then we warmed up with the help of one of our parents - Mrs Becky Smart. Parents spent the day with their children encouraging them to beat their own score or time. We all had a picnic lunch and the day was rounded off with a whole school relay; where 2 children in each year group run on behalf of their house colour. This year Tŷ Coch won. Everyone's scores were tallied and each child received a certificate, ranging from taking part to platinum, depending on their

individual score. All scores are collated and our overall winning house this year was Tŷ Melyn

We would like to thank Chepstow School for supplying their sports' leaders as base organisers. We couldn't have run the day without them.

Our nursery participated in their own mini-lympics with help from some year 6 pupils. Once again parents encouraging their children to enjoy and complete the activities. They then received a homemade medal. Everyone was so proud of the children.



**Triathlon** Year 6 travelled to Chepstow Castle to participate in Monmouthshire's Young People's Triathlon. This consisted of running, cycling and a big inflatable assault course. They had a wonderful time.

**Chepstow Cluster Sports** 6 pupils from years 3 to year 6 travelled to Chepstow School to participate in a variety of track and field events against the other schools in the Chepstow Cluster. Our children made us proud with a superb attitude to the events. 6 schools took part and we came 3rd.

**Race For Life** On Tuesday 19th June the whole school and their families participated in our race in aid of Cancer Research. We had a great time and raised £420.50.



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## Sweet Treats You CAN Eat!

Chepstow Matters was delighted to chat with local mum, Vicky, who is a target member of Slimming World. Based upon her own slimming experience Vicky came up with the idea for mummabeartreats.



The small home-run business offers SlimmingWorld friendly food diaries and treat packages, full of sweet treats with given syn values that makes it easier to satisfy your sweet tooth whilst staying on plan!

mummabeartreats is based in Chepstow but sold online at [www.mummabeartreats.co.uk](http://www.mummabeartreats.co.uk) and most recently in Runway, Chepstow. You can also email Vicky on [mummabeartreats@hotmail.com](mailto:mummabeartreats@hotmail.com) or follow her on instagram @mummabeartreats

**mummabeartreats**

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for more information email Vicky on  
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or visit [www.mummabeartreats.co.uk](http://www.mummabeartreats.co.uk)

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# Chepstow Show

## Sat. August 11<sup>th</sup> 2018



**At Chepstow Racecourse**  
Main Ring programme commences 9:30 am.  
Attractions include.

**The Rockwood Dog Display Team; and**  
**The Joseph Peace Fire Stunt Spectacular**

Pony Club Mounted Games  
Curre & Llangibby Hunt Parade of Hounds  
Grand Parade of Livestock  
Woolaston Basset Hounds  
Display of Vintage Vehicles

.....  
ADULTS £10 • CHILDREN (5-16) £4  
UNDER 5's Free • SENIORS £8  
FAMILY TICKET £25 (2 adults and up to 3 children)

**CASH PAYMENTS ONLY FREE PARKING**



**www.chepstowshow.co.uk**

## Chepstow Show - "It's a Great Day Out!"

**Saturday 11th August, Chepstow Racecourse**

The Chepstow Show, organised by the Chepstow Agricultural Society, will take place on Saturday 11th August at Chepstow Racecourse.

Visitors can expect to find the best local food and a showcase of livestock from the largest farmers in the area.

This year's attractions include **The Rockwood Dog Display Team** who provide great family entertainment taking the audience through every aspect of dog training from obedience, dogs jumping through 10inch hoops, agility, fly ball and active Man Work where a dog is seen to apprehend an armed criminal. The dog display is all beautifully performed to music and includes an informative and amusing commentary by Martin Winfield. The dogs' well-being and care is always the priority, with the handlers and all the members handling their dogs with compassion and above all patience. Some of the dogs have been rescued and perform spectacular stunts like parallel bar walking and fire retrieving.

**The Joseph Peace Fire Stunt Spectacular** Apparently Joseph Peace used to be an ordinary man until an epiphany in the circus field at Glastonbury Festival 2002, after which he left his job, remortgaged his house and became a fiery freak! After 9 years developing his crazy show, including 2 spells in the special burns unit, he is here to entertain us all at Chepstow Show - be sure you catch this show!

Also making a return appearance at this year's show will be the Pony Club mounted games. Please come along to support your local youngsters from the Monmouth, Llangibby and Chepstow based Curre pony clubs as they compete against one another. ***The mounted games promises to be fun, fast and fantastic!***

With many more attractions including musical entertainment, show jumping, dog shows, hound parades, vintage vehicles, homecrafts, trade stalls and much more, there is something here for everyone. It's a great family day out whether you work in the agricultural industry, are interested in all things equine or just want a fun day out to see the countryside at its best and enjoy the atmosphere.

**For further details please see**  
**www.chepstowshow.co.uk or**  
**email:**  
**chepstowshow@hotmail.co.uk**





## Little Acorns Playgroup

Little Acorns Playgroup @The Burnt Barn Club, Bulwark is a Pre-school Playgroup providing a fun and educational start to life in a friendly and stimulating environment, encouraging the development of social and communication skills through fantastic play opportunities. Children start from age 2 to pre-school, we are Social Services inspected and members of the WPPA (Wales Pre-School & Playgroup Association)

Little Acorns is a childcare setting run during term time for 2 to pre-school age children. Monday to Friday 9.15-12pm, cost for this session is £8.00. There is also a Lunch Club from 12-12.45 after which children can be collected or taken to Thornwell or Pembroke Nursery in Bulwark, cost for this session is £4.00.

For more information please inbox Rachel on email [acornplaygroup@aol.com](mailto:acornplaygroup@aol.com), phone 07904 212135, or visit the website [www.littleacornplaygroup.co.uk](http://www.littleacornplaygroup.co.uk)



**Little Acorns Playgroup, Burnt Barn Club, Bulwark NP16 5AR**  
Tel: Rachel on 07904 212135



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- large, grassy, outdoor spaces



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Kestrel Gymnastics Recreational gymnasts put on their best performance in this year's Club Championships. Gymnasts aged from 4 yrs onwards had to perform two Tumbles and two Vaults for the Judges. All enjoyed the competition with a full house of proud parents and friends.

The Club also had two gymnasts in the British Tumbling NDP Finals which took place at the Motorpoint Arena in Nottingham. Competing in the 13 yrs plus section, executing three tumble runs, Finley Stenner in NDP Level 2, had an excellent day in his first British Finals taking the Bronze Medal, Joseph Dunster competing NDP Level 3, did his utmost best, finishing in 6th place.

Both Finley and Joseph should be very proud of themselves having qualified through the Welsh Championships and British Semi-Finals to then be ranked in the top six at the British Finals.

**The Club is enrolling new members to start September -**  
[kestrelgymclub@live.co.uk](mailto:kestrelgymclub@live.co.uk)



## Kestrel Gymnastics Club

### Artistic Gymnastics and Trampoline Classes for Girls & Boys

**PeeWees** (Pre-school 2-3 years): A structured class where children together with parent/carer, supervised by a qualified coach work towards British Gymnastics Awards. Mondays 13:00-13.45 & Fridays 09:30-10.15

**Tweeties** (Age 3 1/2 - 4 years): A class led by a qualified coach working on various apparatus. Mondays 13:45-14:30 & Fridays 13:00-13:45

**Recreational Classes** (Age 4 years +) Mondays 16:15-17:15, Wednesdays 16:15-17:15 & 17:30-18:30, Thursdays 16:15-17:15, Friday 16:15-17:15, Saturday 10:30-11:30

**Trampoline** Fridays 16:15-17:15 and Saturdays 10:00-11:30

**Competitive Squad Gymnasts** - Selected Gymnasts with potential to compete at regional and national levels.

**Parkour:** Wednesdays 20:00 - 21:00 pm



#### Open Gymnastics Fun Session

Saturdays  
9.00am-10.00am

For children aged  
4yrs onwards -  
£4.00 per session  
payable on entrance

**01291 620780**

Please email us at: [kestrelgymclub@live.co.uk](mailto:kestrelgymclub@live.co.uk)

Kestrel Gymnastics Club, Bulwark Industrial Estate, Bulwark Road, Chepstow, NP16 5QZ



## Tutshill Community Pre-School

**Tutshill Community Pre-School now have SPACES AVAILABLE for the September 2018 term.**

If you are looking for high quality childcare that promotes independence and encourages child-based learning then why not get in touch?

We are able to take children from 2 years of age and we accept the 15 hours (NEF) free funding for children living in England AND Wales. We offer 30 hours extended funding for eligible families with children who are over 3 years of age.

The Pre-School itself is a registered charity which means that we rely on fundraising activities and grants to enable us to upgrade our facilities and equipment. Currently we are trying to update our décor and also our wider equipment by purchasing an Interactive Whiteboard which will make a huge difference to how the children see the wider world.

If you've visited either Tesco in Chepstow recently then you might have noticed that we are fundraising for this by their bags of help initiative and so if you can, please do vote for us until 31st August.

**If you'd like to find out more or have any questions then please don't hesitate to email us on [tutshillpreschool@talktalk.net](mailto:tutshillpreschool@talktalk.net) or message our Facebook page – [www.facebook.com/tutshillpreschool](https://www.facebook.com/tutshillpreschool) as we will be closed for the summer and may not pick up phone messages over this time.**



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## A New President for Chepstow Rotary

At Abbey Mill, Tintern, on the evening of 3rd July 2018, Richard Wickham of Laburnums, Woolaston, was inducted as the new President of the Chepstow and District Rotary Club, having served as the Senior Vice President for the previous year.

Richard practised as a vet in Canterbury while his wife, Anne, was a doctor. They are both long standing supporters of Rotary and Richard twice served as President of his Canterbury Club. On retirement the couple moved to Woolaston where they were eager to continue with Rotary as a route to friendship and service to the community.

Richard thanked his predecessor, David Burr, for his efforts during his year as President. He reflected on an enjoyable and most successful year and presented a small gift to David and a bouquet of flowers to David's wife, Joyce, on behalf of the Club.

Richard accepted the responsibility of President with enthusiasm and set out the aims and objects of his Presidential year. He plans to follow the four "F's" – fun, fellowship, fund raising and finding new members. He had generated a full programme of meetings, events and activities to ensure that fun and fellowship remain at the top of the agenda. At the monthly ladies' evenings at the St Pierre Hotel speakers have been specially selected to be of interest to the ladies. A Presidents Garden Party and a weekend away in Devon were also described.

He stated that the key fundraising events of The Wye Run for classic cars, Giant Tombola on the Rotary Stand at the Chepstow Show and the Tintern Torchlight Carol Service would all continue with full support.

The last of the four "F's" was Club membership which was undoubtedly the most difficult issue to be addressed and Richard appealed to all members

to leave no stone unturned in addressing this problem. He reminded everyone that the Club is well defined on [www.chepstowrotary.org.uk](http://www.chepstowrotary.org.uk) where anyone interested may read of past and future events and obtain more information. He encouraged any Rotarian who had a potential new member in the form of a friend, relation or neighbour, to bring them and their partner to one of the meetings or social events where they would immediately recognise the enjoyment and satisfaction inherent in Rotary. He stressed that all are welcome

Richard spoke of the overall cost of membership that might be of concern to potential new members. With that in mind, he had tried to ensure that during this coming year all the meetings, events and activities would be affordable and above all good value for money.

He then inducted Christopher Wilson as the incoming Senior Vice President and Geoffrey Sumner as the Junior Vice President.

Finally, he reminded members that The Chepstow and District Rotary Club is a small, friendly Club with a big heart that punches well above its weight on many occasions. He looked forward to serving the Club as President to the very best of his ability after which the members were upstanding for a toast to Rotary and The Chepstow Club.





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# Community Noticeboard

to promote your non-profit making event for FREE email  
community@mattersmagazines.co.uk



**Friday 10th August Meet 7pm**  
Trellech Beacon car park, Beacon Road,  
Trellech NP25 4PR SO510052

**Nightjar Walk Trellech Beacon**

A circular walk on Trellech Beacon offering stunning views across the Wye Valley and to the Forest of Dean, the Cotswolds and the Malvern Hills.

If we're really lucky we may hear the churring of nightjars as daylight fades away.

No charge and no need to book - remember to bring a torch

SUMMER SEASON 2018

## Tintern Film Nights

Big-screen movies close to home

**Friday 10th August**

### Paddington 2

"A beautifully constructed, deliciously acted joy."

All shows start at 7.45pm Tickets £4.00 at the door, Tintern Village Hall

**Saturday 11th August**  
Mathern Mill is open 2pm to 5pm.  
This watermill, with Victorian machinery, tells the story of milling over 3 centuries  
Interest for all the family.  
Entrance free.  
At NP16 6LG tel. 01291 622282

## Tintern Garden Club

### 44th Annual Show

**Saturday 11th August 2018**

If you are a Tintern resident then give it a go and enter something into the show. Free to enter.

**2:30 pm to 4:30 pm**  
**Tintern Village Hall**

Flowers,  
Vegetables,  
Cookery,  
Handicrafts  
Raffle,  
Teas and Refreshments

Contact the Show Secretary dave.tuffery@talk21.com 01291 689919  
Show schedule can be found at [www.tinternvillage.co.uk](http://www.tinternvillage.co.uk)

# FUN DOG SHOW

From the waggiest tail, to the cutest puppy, we all love our 4 legged friends. That's why the Chepstow Agricultural Fun Dog Show is a real hit!  
Sponsorship experts will be on hand to advise on Dog Training, Grooming, Pet Health, Dog Foods, Pet Care Services plus much more...

**..A GREAT DAY OUT FOR ALL THE FAMILY**

**Saturday 11th August 2018**  
to be held at Chepstow Racecourse

**Entry on the day in the Dog Show Ring**  
£2 per class - Judging starts at 11am

- Best Puppy (Under 12 months old)
- Best Female (Pedigree)
- Best Male (Pedigree)
- Best Female (Cross Breed)
- Best Male (Cross Breed)
- Dog with the Waggiest Tail
- Best Child Handlers (Child Under 11 Yrs)
- Best Child Handler (Child 12 - 16 Yrs)
- Best Fancy Dress
- Golden Oldie (Over 8 Yrs Old)
- BEST IN SHOW**

Winners from all classes are eligible to compete for Best in Show in the Main Show Ring

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**CHEPSTOW SHOW**  
DOG SECTION SECRETARY - info@dogshow.fun  
GUEST DOG SHOW JUDGE - Mr Richard Morris  
AGRICULTURAL SOCIETY EST'D 1841  
REGISTERED CHARITY NO: 516919

## Big Bank Holiday Family Raceday with Andy Day & The Chuckle Brothers Monday 27th August

It's back, Chepstow Racecourse's BIG Bank Holiday Family Raceday on the Bank Holiday Monday in August.

As well as the great horse racing throughout the afternoon there will be bundles of free family entertainment on site for the entire family to enjoy, including a performance from popular CBeebies presenter Andy Day and an appearance from famous duo, The Chuckle Brothers!

As well as entertainment on stage all afternoon there will be face painting, go karts, a magician, bouncy castle, cricket skills, football skills and more!

....and remember, all **ENTERTAINMENT IS FREE** with your ticket, children aged 17 and under go free and what's more, you can also bring a picnic (no alcohol)!

Book in advance and save online or by calling 01291 622 260.

See Article page 7

## Houndsfirst Sighthound Rescue Wye Valley Challenge 2018

Walking & Canoeing The River Wye  
**August 16-26**  
For More Info Find Us On  
Facebook  
Go Fund Me

**From Source To Sea**  
140 Miles In 10 days

**Raising Much Needed Funds**

[houndsfirstwyechallenge.weebly.com](http://houndsfirstwyechallenge.weebly.com)

## Mah-Jong - Summer 2018

Mah-Jong can be described as a cross between dominoes and rummy with a raft of options of making your 'Mah-Jong' hand. Where possible we are using the British Mah-Jong Association Rules but we acknowledge there are a number of different ways to play the game.

We are now looking to accommodate new members to add to our current attendance of 12- 14 who have been with us since we started in July 17. Prior experience is not required - just a willingness to have a go at something completely different. You will be allocated an experienced player and will be playing in the first session!

We meet every Monday afternoon in Tidenham Chase.

Contact David Green 07813 200808 or davidwgreen1@aol.com for further information.

## THE CHEPSTOW SOCIETY

70th Anniversary - 1948-2018

### MEETINGS 2018

**Wednesday evenings, 7.15 pm,**  
**at the Drill Hall, Lower Church St.,**  
**Chepstow NP16 5HJ**

**19 September -**  
**Chris Barber - In Search of King Arthur**

**17 October - Sallie James - A History of Beds**

**21 November - Malcolm Watkins - Ginger in a Coffin - Food Preparation in Tudor times**

All welcome - Refreshments available  
Members £1 - Non-members £2  
Annual membership - £10

[www.chepsoc.co.uk](http://www.chepsoc.co.uk) Facebook





## Local Clubs, Groups & Community Organisations in and around Chepstow

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet in the area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please contact us on **community@mattersmagazines.co.uk** and we shall do our best to put it right for you!

### CHEPSTOW COMMUNITY LISTINGS

**Chepstow Castle** Bridge Street, Chepstow, NP16 5EZ 01291 624065

**Chepstow Hub** Manor Way, Chepstow, NP16 5HZ 01291 635730 chepstowlibrary@monmouthshire.gov.uk

**Chepstow Museum** Bridge Street, Chepstow 01291 625981

**Chepstow Town Council** The Town Council Offices, The Gatehouse, High Street, Chepstow, NP16 5LH 01291 626370 clerk@chepstow.co.uk

**Chepstow Tourist Information Centre** Castle Car Park, Bridge Street, Chepstow NP16 5EY. 01291 623772 chepstow.tic@monmouthshire.gov.uk

#### Community Centres:

Palmer Community Centre, Cormeilles Square, High Street, Chepstow, NP16 5LH 01291 628725 main hall and lounge available for hire, Tea Rooms open for all!

The Drill Hall, Lower Church Street, Chepstow, NP16 5HJ Hall available for hire including weddings 01291 628552 or e-mail Mike at ctcdrillhall@aol.com

Bulwark Community Centre, Laburnam Way, Bulwark, Chepstow, NP16 5RF 01291 624138 bccbulwark@btconnect.com Large Hall, seminar room, café, kitchen and garden area.

Sedbury Space, 11 King Alfred's Rd, Sedbury NP16 7AG, info@sedburyspace.org.uk, 01291 626158, community activities & rooms for hire

#### Doctors Surgeries and Community Hospital

**Chepstow Community Hospital**, Tempest Way, Chepstow, NP16 5YX 01291 636636

**Town Gate Practice**, Tempest Way, Chepstow, NP16 5XP 01291 440065; Beachley Road, Sedbury NP16 7AA 01291 626041

**Mount Pleasant Practice**, Tempest Way, NP16 5XR 01291 440154; 12A Main Rd, Portskeewett NP26 5SG 01291 425242

**Vauxhall Surgery Vauxhall Lane**, Chepstow, NP16 5PZ 01291 636100

**Police Station** 14 Moor Street, Chepstow NP16 5XW 01633 838111

### LOCAL CLUBS AND ORGANISATIONS

**Bingo** Wednesdays 2pm Palmers Community Centre

**Bulwark Senior Citizens Club** Contact Joan Johnson 01291 623352 various social trips and get togethers. Bingo Thurs and Sat 2-4pm and Whist on Wed 2-4pm.

**Care Support:** Joy's Gift Shop, Bulwark. Free Activity Sessions for people with Alzheimers \ Dementia Related Illness. Phone Toni to book a place on 01291 629392

**CHAOS Music and Drama** chaosinchepstow@live.co.uk Jon Stow 07926 584 661

**Chepstow Archaeological Society** www.chepstow.org.uk 1st Thursday of the month 7.30 Chepstow Conservative Club

**Chepstow (Archway) Bridge Club** meets Mon, Weds, Thurs at the Palmer Centre, 7-10pm <http://chepstowarchwaybc.org.uk> or call Pete on 01291 - 627599 for more information.

**Chepstow Carers Group** Scout Hut, off Pembroke Road, Bulwark first Wed of the month 10-12 chepstowcarers@yahoo.co.uk 07592 503757

**Chepstow Choral Society** www.chepstowchoralsociety.org.uk info@chepstowchoralsociety.org.uk Wed 7.30 Chepstow Leisure Centre

**Chepstow Community Big Band** Meets on Wednesday evenings during term time at Wydean School NP16 7AA 6pm - Microjazz Training Band; 7pm - Swingcopation Big Band. <http://chepstowcommunitybigband.weebly.com>

**Chepstow Cormeilles Twinning Association** www.chepstowtwinning.wordpress.com

**Chepstow and District Amateur Radio Society** www.gw4lwz.org.uk contact James Hewitt chairman@gw4lwz.com, meet at Chepstow Athletic Club

**Chepstow and District Gardening Club** Caroline Duchet cdgclub@gmail.com

**Chepstow and District Lions** www.caldicot.com/lions 0845 8339565

**Chepstow Folk Dance Club** Wednesdays 7.30 pm Function Room Conservative Club, Moor Street. <http://chepstowfolkdance.weebly.com/>

**Chepstow Hill Walking Club** an informal group of people of all ages who like to walk on the hills and moorland. www.chwc.org.uk

**Chepstow Jubilee Townswomen's Guild** meets at Chepstow Leisure Centre on the 1st Wednesday of each Month. Contact: Maureen Dale 01291 623257

**Chepstow Knitters** first and third Monday of the month Chepstow Methodist Hall 7.30-9.30pm. Contact Margaret Payne 01291 630580

**Chepstow Male Voice Choir** www.chepstowmvc.co.uk Mon & Thurs 7pm The Dell School contact Elvin Hart on 01291 620438 or 07956 891 234.

**Chepstow Photographic Club** www.chepstowphotosoc.org admin@chepstowphotosoc.org

**Chepstow Probus Club** fortnightly meetings for retired business gentleman. Contact Ian Whitford - Secretary for PROBUS of Chepstow 01291 622 193

**Chepstow Round Table** www.chepstow.roundtable.co.uk community voluntary organisation for men aged 18-44. 'find them at Facebook/Chepstow Round Table'

**Chepstow Society** local group exploring history and developments of town, meet each month in Drill Hall. www.chepstowsociety.co.uk Secretary Henry Hodges, 01291 625865.

**Chepstow Town Band** meet Sundays 6.30-8.30 at Bulwark Community Centre, contact Alen Lane 01291 629580

**Chepstow Walk for Health.** Meets 10.00 am every Monday (except Bank Holidays) at the rear of Chepstow Leisure Car Park. Walks no longer than 3 miles with few if any stiles. Come and make new friends and get fitter at the same time. For further information contact Helen 01291 641856

**Chepstow Womens Institute (WI)** www.thewi.org.uk Shirenewton, St Arvans and Tidenham

**Chepstow Group of Gwent Wildlife Trust** Contact Hilary Lee 01291 689326 hilary-lee@tiscali.co.uk

**ComBat Communities of Bulwark and Thornwell**, community group Chairman Ric Hayes ric.hayes@talktalk.net

**Library Friends Group** aims to support and promote the library through a variety of activities. Please contact 01291 635730 for more info.

**Lower Wye Ramblers Sunday Walks** (meet CLC) www.lowerwyeramblers.org.uk 01291 637416

**Mathern, Mounton and Pwllmeyric Villages in Bloom** Meet 7pm last Thur of the month, bi-monthly (Jan, Mar, May, July, Sep, Nov) Mathern Village Hall. <https://www.facebook.com/MMPVB/> email: mmpvb@btinternet.com

**Movie Night** at Bulwak Community Centre and St Arvans Memorial Hall see www.monmouthshiremobilemovies.co.uk

**Musical Youth Theatre** www.cmyt.org Chepstow Baptist Church Tues and Thurs

**Pottery** Thursdays 7-9 Chepstow Comp School Cathy 07917 261511 www.monmouthshirepotters.org hello@monmouthshirepotters.org.uk

**Rotary Club of Chepstow and District** www.chepstowrotary.org.uk

**Royal British Legion Chepstow Branch** meets at the Beaufort Hotel in Chepstow monthly on 4th Tuesday at 7.30 pm. Contact Tom Moran on 01291 427266 tmoran@btinternet.com.

**Royal Naval Association Chepstow Branch** meets at the Conservative Club, Moor Street monthly on 2nd Thursday (except August) at 8.00 pm Contact Ken Davies on 01291 621485 kendavies131@yahoo.co.uk

**The Singing Club** for anyone who wants to sing www.singingclubber.co.uk

**Tidenham Historical Group** meets from September to April on the last Tuesday of the month at 7.30pm in Sedbury Village Hall NP16 7AQ. Visitors are welcome. For details ring 01291 623736 or e-mail info@tidenhamhistory.co.uk.

**University 3rd Age U3A** [www.u3asites.org.uk/chepstow](http://www.u3asites.org.uk/chepstow) Meets the 1st Tuesday of the month 2pm, Chepstow Drill Hall. Check out the website for more information.

**Wye Cross Stitch Club** meets the second and fourth Tuesday of every month. 7.30pm to 10pm Sedbury Village Hall. A warm welcome to any fellow cross stitchers/embroiderers. Contact: Elaine Moore 01291 629666

### CHURCHES

[www.chepstowchurchestogether.org.uk](http://www.chepstowchurchestogether.org.uk)

**Chepstow Methodist Church**, Albion Square, Chepstow, NP16 5DA 01291 627014 [www.chepstowmethodist.org.uk](http://www.chepstowmethodist.org.uk)

**St Marys Priory**, The Vicarage, Mount Way, Chepstow NP16 5NF  
**St Christophers**, Bulwark, (linked to St Marys)  
Rev Phillip Averay 01291 620980  
<http://www.chepstowparish.co.uk/>

**Chepstow Baptist Church**, Lower Church Street, Chepstow, NP16 5HJ 01291 622987 chepstowbaptist.org.uk

**St Marys Catholic Presbytery Church**, Bulwark Road, Chepstow, NP16 5JE 01291 622649 admin@stmarysrchepstow.org.uk [www.stmarysrchepstow.org.uk](http://www.stmarysrchepstow.org.uk)

**St Luke's Church**, Coleford Road, Tutshill NP16 7PT 01291 624868 [www.tidenhamparishchurch.co.uk](http://www.tidenhamparishchurch.co.uk)

**Stroat Evangelical Church**, Gloucester Road, Stroat, Chepstow, NP16 7LR 01594 529209 pastor@stroatchurch.org.uk [www.stroatchurch.org.uk](http://www.stroatchurch.org.uk)

**The Bridge Pentecostal Church**, Unit 1A Critchcraft Buildings, Bulwark Road NP16 5QZ 07943 851799 thebridgechurchchepstow@gmail.com

**Victory Church**, Palmer Community Centre, High Street, Chepstow, NP16 5LH 0845 4092449 [www.victorychurch.co.uk](http://www.victorychurch.co.uk)

### BABY AND TODDLER GROUPS

**Baby Rhyme Time and Under Fives Story Time** at Chepstow library 01291 635730 Rhyme Time Thurs 2.15-2.45 Story Time Fri 10.15-10.45

**Chepstow Leisure Centre Playgroup.** Contact: Karen Isaac 01291 623392 karenisaac61@aol.com

**Chepstow Methodist Church Parent and Toddler Groups** mornings 10am term time [www.chepstowmethodist.org.uk](http://www.chepstowmethodist.org.uk)

**Cylch Ti A Fi Cas-Gwent** Chepstow Library contact Mai Jones mai.jones@meithrin.co.uk Tuesdays 10.15-11.15

**Devauden Mother and Toddlers**, Devauden Village Hall contact sarah\_trim@rocketmail.com Mondays 10-12 including holidays, babies to school age

**Mini Acorns Toddler Group**, Burnt Barn Club, Burnt Barn Road, Bulwark. Contact Rachel Llewellyn-Bennett 07904212135 acornsplaygroup@aol.com Tuesdays term time 1-3pm.

**Parent and Toddler Time at Whirlikidz** Unit 2, School Hill Business Centre, 01291 628700 Mondays 10-12 term time

**Shirenewton Parent and Toddler** Shirenewton Recreation Hall, contact Paula Siddall p.rimmer10@btinternet.com every Thurs 1.30-3pm

**St Arvans Baby and Toddler** St Arvans Memorial Hall contact Sabrina 07701027313 sabrinaortner@yahoo.co.uk every Wed 10-12.

**St Christophers Under Fives and Familys** St Christophers Church, Bulwark contact Babs Middleton 07594172720 babsmiddleton80@gmail.com Wed 3.45 term time, all age siblings welcome FREE

**Sedbury Stay & Play**, Sedbury & Beachley Village Hall, Wednesdays 9.30-11am. Glos term times only. Contact Jane Penny 07856 679377

**Tutshill Baby & Toddler group**, Tutshill Memorial Hall, Tuesdays, 9.30-11.15am Glos term times only. Contact Jane Penny 07856 679377



Please support us and connect with us:  
@ChepstowMatters



/ChepstowMatters



### NURSERIES / PRESCHOOLS

**Bluebells Playgroup** Fairfield Road, Chepstow 01291 628908  
bluebellspg@outlook.com

**Hedgehogs Nursery**, in Tutshill Open 7.30am–6.00pm  
for ages 3m–4 yrs. 01291 628344 hedgehogs@  
deanclosenurseries.co.uk

**Little Acorns Playgroup** Burnt Barn Road, Chepstow 01291  
628031 www.littleacornsplaygroup.co.uk

**Little Scamps Pre-School** and Nursery Beachley Barracks,  
Chepstow Nicky Morgan 01291 645381

**Penguins Pre-School**, c/o Offas Mead Academy, Beachley  
Road, Sedbury NP16 7DT Michelle 07923548584

**Robins Nursery**, in St Arvans Open 7.30am – 6.00pm for ages  
3m–4yrs. 01291 624893 robins@deanclosenurseries.co.uk

**Shirenewton Playgroup** contact Beverly Lindsay, Playgroup  
Supervisor 07881 480764 shirenewtonplaygroup@gmail.com

**Tutshill Community Pre-School** Debra Hockin 01291 629134  
www.tutshillpreschool.org.uk tutshillpreschool@talktalk.net

### PRIMARY SCHOOLS

**(The) Dell Primary** Welsh Street, Chepstow NP16 5UQ  
01291 635641 thedellprimary@monmouthshire.gov.uk  
www.dell.monmouthshire.sch.uk

**Offa's Mead Academy** Beachley Road, Sedbury, Chepstow  
NP16 7DT 01291 622932 www.offasmeadacademy.org  
contactus@offasmeadacademy.org

**Pembroke Primary School** Fairfield Road, Bulwark NP16 5JN  
01291 622310 pembrokeprimary@monmouthshire.gov.uk  
www.pembrokeprimaryschool.co.uk

**Shirenewton Primary School** Shirenewton, Chepstow, NP16  
6RN, 01291 641774 shirenewtonprimary@monmouthshire.  
gov.uk

**St John's on-the-Hill**, Independent, co-educational  
school for ages 4 -13 years. 01291 622045 enquiries@  
stjohnsonthehill.co.uk.

**St Marys RC Primary School** (Voluntary Aided) Bulwark  
Road, Chepstow NP16 5JE, 01291 623006 stmarysprimary@  
monmouthshire.gov.uk

**Thornwell Primary and Nursery Unit** Thornwell  
Road, Bulwark, Chepstow, NP16 5NT 01291 623390  
thornwellprimary@monmouthshire.gov.uk

**Tutshill C of E Primary School**, Coleford Rd, Tutshill,  
Chepstow NP16 7BJ 01291 622593 admin@tutshillcofe.  
gloucs.sch.uk

**Ysgol Y Ffin (Welsh medium)**, Sandy Lane, Caldicot, NP26  
4NR 01291 420331 Headteacher: Mr J Hallett

### SECONDARY SCHOOLS

**Chepstow School** Ms Claire Price, Headteacher, Welsh  
Street, Chepstow, NP16 5LR 01291 635777  
www.chepstowschool.net

**Mounton House Special School** Mr P Absalom, Headteacher  
Pwllmeyric, Chepstow, NP16 6LA, 01291 635642  
www.mountonhouse.org.uk/

**Wyedean School** Robert Ford, Headteacher Beachey Road,  
Sedbury NP16 7AA 01291 625340 www.wyedean.gloucs.  
sch.uk

### SPORTS CLUBS

**Archery** – St Kingsmark Bowmen www.st-kingsmark.co.uk  
Wed & Fri 7pm Chepstow Athletics Club

**Chepstow Amateur Boxing Club** www.welshboxing.org  
Stephen Woods 07793 047 941

**Chepstow Athletics Club** (Sports and Social Club) www.  
chepstowathleticac.co.uk Tony and Shirley Hardy 01291  
622126

**Chepstow Badminton Club** www.gwentbadminton.co.uk  
Tues 8-10 Leisure Centre. Miss P Jenkins 01291 624438

**Chepstow Boat Club** www.chepstowboatclub.co.uk Ben  
Ponting 07872 532145 secretary@chepstowboatclub.co.uk

**Chepstow Bowling Club** www.chepstowbowlingclub.co.uk  
Mike Roy 01291 626137

**Chepstow Cricket Club** www.chepstow.play-cricket.com  
markburch1228@hotmail.com 01291 622126

**Chepstow Cycling Club** www.chepstowcyclingclub.wales/  
**Chepstow Darts League** contact Rob Murdin - murdrobe@  
sky.com or Chris Smith - smudger391@hotmail.com, tel -  
07445 287018.

**Chepstow & District Yacht Club** www.cdyc.co.uk Roger  
Nasey 07968495124

**Chepstow Harriers Running Club**  
www.chepstowharriers.org.uk Tues and Thurs 7pm Leisure  
Centre

**Chepstow Ladies Hockey** www.pitchero.com/clubs/  
chepstowladieshockeyclub Jamie Clifton (Secretary) email:  
jamie.clifton@hotmail.co.uk

**Chepstow Mountain Biking** www.chepstowmtb.co.uk  
chepstowmtb@tiscali.co.uk

**Chepstow Rugby Club** www.chepstowrfc@mywru.co.uk  
01291 624818 email: chepstowrfc@outlook.com

**Chepstow Swimming Club** www.swimchepstow.org.uk  
information@swimchepstow.co.uk

**Chepstow Tennis Club** www.chepstowtennisclub.co.uk,  
admin@chepstowtennisclub.co.uk contact Ian Russell 01633  
400957 meet at Chepstow Athletics Club

### Football:

**Chepstow Athletic Football Club** www.clubwebsite.co.uk/  
chepstowathletic

**Chepstow Town Football Club** www.clubwebsite.co.uk/  
chepstowtownafc. Contact Stuart Carter 07592 323 770

**Chepstow Garden City Junior Football Club** www.  
gardencityjfc.com

**Thornwell Red and White Football Club** www.teamstats.  
net/thornwellfc



The month of July saw the club's new President  
Lion Brian Prout take over from Lion John Robinson,  
Lion Brian is serving his second term as President,  
having served during the year 2016-2017. Brian  
lives in Caldicot with his wife Margaret and is well  
known around the area having worked at Whitbread  
Brewery for many years.

Brian was the first to thank Lion John Robinson for  
leading the club during his year as president, and  
hopes that he can carry on John's good work

One of the clubs biggest achievements during the  
past three years is the placement of defibrillators  
in local communities. This month saw the club  
present its twenty-third defibrillator to Garden City in  
Chepstow.



Lion President Brian was delighted to present the  
newest one, which is placed in the old telephone  
kiosk on Caird Road in Garden City.

The club was delighted to assist at the Devauden  
Fete this month and great fun was had with the  
club's new attraction the Pig Race, no not real pigs  
but pink fluffy ones with batteries.



Earlier this month Vice President Lion Glyn Williams  
spent some time in Florida and was invited to attend  
The Florida and Bahamas Lions District meeting  
held in Orlando. Lion Glyn spent the whole day  
with the members of the district and had great fun  
participating in their meeting and BBQ.



At present the club is gearing up for two very big  
days, the 11th of August is the Chepstow Show,  
where the members man the gates and steward the  
car parking , and sell raffle tickets to raise funds for  
causes in the community. This year the First Prize  
will be a wheelbarrow full of goodies, plus many  
more prizes.

On the 27th of August, the members will be  
participating at the family Fun Day to be held on  
Chepstow Race Course, it is hoped that the Lions  
Mascot Leo the Lion will attend to entertain the  
children.

**Chepstow and Caldicot Lions has served  
the community for forty seven years, and  
will continue to do so, but the club is very  
short of volunteers, if you feel you could help  
and would like to put something back into  
the community, please contact membership  
Chairman Lion Glyn Williams on 0845 833  
9565.**

*Photos show - Garden City: Lion President Brian  
Prout, Kevin Giles and Sheen Ellis of Garden City  
Community. Devauden fete: Lion President Brian  
Prout and Lion Sandra Bushell. Florida lions: Lion  
Glyn and District officers*



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01291 627137

auto.care@btconnect.com

www.auto.centre.co.uk

## Chepstow Chamber of Commerce & Tourism Supporting Local Business

Chepstow Chamber of Commerce and Tourism is a long-standing group of local businesses who work together to benefit the economy and community in and around Chepstow. Our Members are varied and diverse, include retail, hospitality and service businesses.

Email [secretary@chepstowchamber.com](mailto:secretary@chepstowchamber.com) for further information  
[www.chepstowchamber.com](http://www.chepstowchamber.com) / [www.facebook.com/ChepstowAGreatPlaceTo](https://www.facebook.com/ChepstowAGreatPlaceTo)



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T: 01291 408240 [www.baabrewing.com](http://www.baabrewing.com)



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**Chepstow Racecourse**  
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Chepstow NP16 6BE  
T: 01291 622260 [www.chepstow-racecourse.co.uk](http://www.chepstow-racecourse.co.uk)



**Cherished Earth Wholefoods**  
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3 Rifleman's Way, Chepstow NP16 3EJ  
T: 07730 764547 [www.cherishedearth.co.uk](http://www.cherishedearth.co.uk)



**Country Clutter**  
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2 St Mary St, Chepstow NP16 5EU  
T: 01291 630036 [www.shop.giftshopuk.biz](http://www.shop.giftshopuk.biz)



**Deacons Florist**  
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**Eden Rose**  
Independent fashion boutique  
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T: 01291 627340 [www.edenroseonline@icloud.com](mailto:www.edenroseonline@icloud.com)



**First Stop Stationers**  
Town centre printer with Fuji Photo Lab. Greetings cards, art & craft; stationery 3 Library Place, One Manor Way, Chepstow NP16 5HZ T: 01291 623999 [www.firststopstationers.co.uk](http://www.firststopstationers.co.uk)



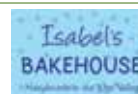
**Greenman Backpackers Ltd**  
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**Herbert Lewis**  
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**Isabel's Bakehouse** (award winner)  
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# Chepstow Chamber of Commerce & Tourism

## Supporting Local Business



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T: 01291 626995/ 07500 930844 www.mathernpalace.com



**Runway**  
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T: 01291 622033 www.runwaychepstow.com



**Scandia**  
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35 Moor St, Chepstow NP16 5DE T: 01291 627272  
www.facebook.com/scandia-shoes



**Stonerock Pizza**  
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T: 01291 621616 www.stonerockpizza.co.uk



**St Pierre Marriot**  
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T: 01291 625261 www.marriottspierre.co.uk



**St Tewdrics House**  
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www.theroyalgeorgetintern.co.uk



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## Services

## Financial Advice for the 'Sandwich Generation'

It is estimated that up to 17 million people<sup>1</sup> are finding themselves part of what has come to be known as the 'sandwich generation' - those who are looking after the needs of children and ageing parents.



There is increasing evidence that people in this situation can find it difficult to put in place the right plans for their own financial well-being while taking care of others. Increased life expectancy, coupled with starting families later in life, means that more of us than ever are facing heavy demands on our time and energy, and there could be implications for our finances too.

### Plan for your future as well as theirs

In your middle years, the chances are that looking after your growing family means that the important things like day-to-day living costs, family holidays and possibly school fees, will all be taking a sizeable bite out of your disposable income. At this stage, you may find yourself needing to take more financial care of your ageing parents.

With family members young and old depending on your support, it is vital to have in place the right sort of protection policies so that if one of life's painful and unexpected events were to occur, there would be a payout from a policy to help ease the financial burden.

### Retirement is on the horizon

Although retirement could be anything from five to 15 years away at this point, these are likely to be your peak earning years, so it is important to make sure you are on top of your money.

You will need to have a retirement plan in place, even if it seems light years away right now; it will come around quicker than you think, so keep an eye on your pension. It is critical to know how much it is likely to be worth, so that you can make plans to save more if you need to.

This is also the time to focus on your savings and investments. Ensuring you review your portfolio regularly will mean your investment strategy remains in line with your goals, and takes account of your attitude to risk, which may change over the years.

There is a lot to think about, and taking financial advice at this stage in your life can make the difference between just about managing your later years, or enjoying a financially-secure retirement.

<sup>1</sup> Aviva, 2017

*If you are making plans for retirement and would like some professional advice, then please get in touch.*

*The value of investments and pensions and the income they produce can fall as well as rise.*

*You may get back less than you invested.*

**Dr Josh Lewis**  
MBChB MBA MRCGP DipFA  
MLIBF ACSI CertPFS MAQ  
**Senior Financial Planning Consultant**  
**IAM Financial**



**Mobile: 07979 157259**  
**Chepstow: 01291 626373**  
**Abergavenny: 01873 854488**

Email: [joshlewis@thinkpositive.co.uk](mailto:joshlewis@thinkpositive.co.uk)  
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