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Matters

April/May 2018



Lots of Spring activity
to celebrate inside



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Dear Residents,

Hopefully we have seen the back of the snow and we can look forward to all of the joys of spring!

Thanks to the The Floral Friends of Frampton, there are bulbs bursting into flower for us to all enjoy. Do go along to their Spring Fayre on Saturday 28 April, when spring bunnies will be hopping into the Bockeridge Centre!

Easter is early this year, with Good Friday on 31 March. We are pleased to bring you a seasonal message from Revd Malcolm Strange, along with details of local Easter services and events.

The fabulous Winterbourne Down Village Carnival takes place on Sunday 6th - Monday 7th May 2018. Read about all the exciting activities in store. This year the theme is real-life heros, so starting planning your costume now for the parade!

community@mattersmagazines.co.uk 01454 300900



Local couple Graham and Margaret Newman are looking forward to welcoming you to their Open Garden Days in aid of the Yate-Genieri Link on 16 and 17 June, (2- 5pm), find out more inside.

The Winterbourne Medieval Barn have lots of exciting events planned throughout 2018, kicking off with a Jazz Night on Saturday 26 May. Find out more about this and all their other activities in their article.

There are lots more community reports throughout the publication and you can find details of the numerous local events taking place, on the Community Notice board and Village diary.

Enjoy a wonderful Easter,

Kerry & Jaci x

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News from the Floral Friends of Frampton

Spring is beginning to spring (at last!) Spring bulbs are flowering around the village now, look for lovely displays in the Park, Woodend Road by Beesmoor and along Church Road.

The new bulbs planted by Floral Friends and Iron Acton volunteers are now also beginning to show along Frampton End Road. We can look forward to lovely Spring displays of wild daffodils, bluebells, snowdrops, cowslips and primroses in years to come once they are established.

New Plans for the Triangle – Floral Friends have new plans for the neglected triangle of land opposite the Rising Sun. The area is being cleared and later in the spring, rosemary and poppies will be planted to commemorate the Centenary of the Armistice. Local community groups will help to plant and maintain this area as a remembrance garden.

Poppies – We plan to plant poppies around the village to commemorate the centenary of the end of the First World War. We hope to involve as many people as possible in this – more information will be available soon, so do keep an eye on our regular feature in this magazine and on our webpage for all the latest news.

Floral Boots – Do you have an old pair of boots that you no longer need? Why not recycle them into planters and take part in Floral Friends' Floral Boots display?



Join us for our Spring Fayre – Saturday 28 April



We're inviting everyone (all residents, businesses, associations, community groups and schools within Frampton Cotterell and Coalpit Heath) to plant up a boot, or a pair of boots (normal size please – no giant ones permitted!), with the colour theme of red, white and blue to help commemorate the centenary of the First World War Armistice and the 100th anniversary of the RAF.

Applications will need to be completed by 6 July and the boots displayed in front gardens in the week Saturday 21 July – Saturday 28 July. We will produce a map of where the boots are located so that people may walk around the village to see them all. Certificates and prizes (for the best boots) will be presented on Saturday 28 July at the Bickeridge Centre. So – hang on to those old boots and get creative this spring! More information will be available on our website shortly.

Spring Fayre – The Spring bunnies will be hopping into the Bickeridge Centre on the morning of **Saturday 28 April** to help with our Spring Fayre (opening at 10.30am). Come and meet the rabbits and guinea pigs from *Littlest Rescue* (who rescue rabbits, guinea pigs and other small furies; see www.littlestrescue.org for more information), let the children enjoy the activities on offer, whilst you enjoy a cup of coffee (or tea) and a slice of cake in the Sensory Garden (if the weather's good!), and browse the plants we will have for sale.



Get involved! We will be renewing some of the planting around the village shortly – if anyone has any spare herbaceous perennials that they don't need we could find them a good home – please email us. If you would like to come and help us – you don't have to be a gardening expert, just happy to lend a hand and help us to make our village beautiful – please email us at floralfriendsofframpton@gmail.com

Much more information is available at – <http://fframpton.wix.com/frampton-cotterell>

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What's Going On at Winterbourne Medieval Barn



The Barn is delighted that the long awaited refurbishment of the Cart Shed to provide a Reception and Education Centre has now been completed. They are thankful to all those who have helped to make this possible, particularly LEADER, who

have provided significant funding. They are looking forward to using it for events and activities this year.

The Winterbourne & Medieval Barn trust submitted the final part of their Heritage Lottery Fund Bid details in November 2017. At time of writing they are expecting to hear any day, as to whether or not they will be awarded the main part of the funding, they seek (£1 million) – so fingers crossed! We will keep you up to date in future issues.

There will be some great events taking place at this local, historical venue this year, so please do try and support them.



Summer events start at Winterbourne Barn with a **Jazz Night on Saturday 26 May**. After last year's wonderful sell-out performance, members of the University of the West of England (UWE) Big Band and singers return again. So enjoy cool relaxing swing and Latin classics with silky smooth vocals and foot-tapping grooves, in the very atmospheric setting of the medieval barn.

Delicious locally-sourced food and drink will be on sale from 6.30pm, with hot and cold food from Old Sodbury Lamb and Harcombe Catering, including

vegetarian options, along with Three Engineers beer and Haythorne Cider brewed at the Barn itself. You can't get more local than that! Tickets are available online now from Ticketsource or in person from Daisy's Coffee Shop, Winterbourne, from 12 May. There may be tickets on the gate, but only if the evening is not sold out in advance as it was last year.



The Jazz will be followed on **Sunday 10 June with a Medieval Fayre**, a really wonderful day out for all ages. Experience vivid displays of daily life in a 14th century encampment as living history group – The Company of Chivalry, portray medieval life. Find out what life was like at the time the Barn was built in 1342, how people dressed, how they cooked, how they made everyday things, and more. There will be a full programme throughout the day of talks, demonstrations and re-enactments of medieval life and military combat, falconry, and medieval music, with lots of children's activities, stalls, and plenty of delicious food and drink on sale. A fantastic day out for the whole family. Stay all day – and bring your camera! Entry is only £4 for adults, while accompanied children under 16yrs are free.

On **Saturday 23 June** the Barn will host a one day **Basket Weaving Workshop** from 10am – 4.00pm. This workshop will provide support and guidance to anyone new to basket making, and those wishing to rekindle their skills, enabling them to successfully complete a small to medium sized round basket by the end of the day. And what better setting to learn a traditional craft! It costs £46.50 for the day, which includes all materials and tea/coffee. Advanced booking is required, Tel: Angela on 01454 778436. Numbers are limited to a small group.

More events, courses and workshops will take place over the summer. Check out the new website www.winterbournebarn.org.uk for further details and follow them on Facebook and twitter.

**Winterbourne Medieval Barn,
Church Lane, BS36 1SE**

Open Garden Days

Graham and Margaret Newman look forward to welcoming you to their **Open Garden Days in aid of the Yate-Genieri Link on 16 and 17 June, (2– 5pm) at Nutridge, Ram Hill, Coalpit Heath, BS36 2UF.**

There you can amble in their three acre garden and be serenaded with live music from pianists and singers, on both days. Cream teas will be served in a marquee, courtesy of Danco.

It has been a busy year again in the Gambian village of Genieri. Notably the new Women's garden, located closer to the village than the previous site, is beginning to yield crops. With the help of a solar panelled pump, funded by another organisation, they have high hopes that this project will produce a reliable source of income for villagers.

Another of the couples' pet projects, the Child Care Centre, has received a boost with the promise of funding for a toilet block on the site. This comes from a charity in Scotland with which they have close links.

Other projects such as the lighting for each compound and the Healthcare Centre are still flourishing.

The Gambia as a whole has entered a new phase with the election last year of Adama Barrow, who promised, as part of his election campaign, to rejoin the Commonwealth. That was achieved in February 2018. He succeeded Yahya Jammeh who ruled more and more autocratically, for more than two decades. Although the politics of the country do not affect the Yate-Genieri Link, Graham and Margaret feel that this move towards greater freedom and democracy is welcome.



Women with the Garden Manager, Sulayman Sanneh



The new village gardens flourish watered with the aid of the solar pump

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Yate Shopping Centre
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Under the canopy
outside Boswells

Fundraising for Paul's Place

The aim is to raise awareness of all disabilities in the public's eye, and to bring all abilities together to create a Flash Mob Dance - Zumba style.

The dance will be led by a qualified Zumba Instructor for 1 hour. Jo is also a member of Paul's Place with her own disability, she is a Double amputee.



Are you a parent or carer?

Looking for something to entertain your baby or toddler? Why not pop along to Butterflies baby and toddler group?

We are a friendly and welcoming group and we would love to see you on Mondays 10.00-11.30am during School term time.

St. Saviours Church Hall,
Beesmoor Road, Coalpit Heath, BS36 2RP

We have lots of Fun activities: Including lots of toys, weekly craft table, dressing up, book corner, song time and a sit and ride zone. We have baby changing facilities as well as a designated baby play areas for crawlers. Pay as you go £3 per family.

Refreshments included for grown ups. Drink and snack included for children.

Just come along or email
terfliestoddlergroup@gmail.com



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NEW

Sunday swimming lessons for 4-10 year olds in Winterbourne

I believe every parent wants their child to learn to swim. Whether it be for fun family visits to the local pool, going on holiday, or for the peace of mind that your child is safe in and around water.

It's not always easy to find a class that's local and fits in with your hectic family schedule. Especially if you have two or more children. So, we're very happy to tell you about our new Sunday swimming lessons at Winterbourne International Academy.

Starting from 10.30am until 3.30pm, we'll be teaching classes from Level 1 (complete beginners with a teacher in the water to help them achieve their first unaided swims, jump in confidently and learn to regain their feet quickly and safely in the water) up to Level 4 (for confident swimmers who are developing graceful, efficient strokes on their front and back).

Tash, our teacher, will teach small groups of up to four children, and when they have achieved good alignment, the ability to roll to breath and have their 25 metre swimming badge, they will move into the deep end where they will be taught from the poolside.

We have exclusive use of the 25 metre pool at Winterbourne International Academy and will continue to teach our parent and child classes for babies from three months of age, so if you have two or more children, they can both swim on the same day.

And once you join you'll be able to track the progress of your superstar swimmer through your online account and follow their progress every step of the way.

We're open every weekday from 9.30am to 4pm so call us on 0117 9717165 if you'd like to talk to us about teaching your child to swim. **www.puddleducks.com**



Swimming Lessons
ages 4-10

Ready to learn?

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Weekend swimming lessons at Winterbourne International Academy.
 Call 0117 9717165 to book. Limited spaces available. **www.swim-academy.co.uk**



Fashion Show at M&Co Celebrating TMTG's 50th Anniversary

For those who love a fashion show, here is a special event for your calendars.

M&Co are teaming up with the Thornbury Musical Theatre Group to put on a catwalk show at their major fashion store in St Mary Centre in Thornbury on the evening of Tuesday 17th April.

TMTG, a registered charity, is proud to be celebrating its 50th Anniversary this year and, instead of treading the boards of the Armstrong Hall, some members of the group will be strutting their stuff on the catwalk as they act as models for the evening.

Apart from celebrating TMTG's milestone Anniversary, M&Co will be showcasing a selection of their Spring and Summer stock as it is brought to life on the catwalk. There will be an eclectic mix of styles on show and a selection of clothing for men too. M&Co is a multi-department chain retailer including a petite range for 5'3" and under and a plus range for size 18-28, and a whole lot in between.

Don't miss this rare opportunity. If you would like a night out to view the new stock in a relaxed format and meet members of TMTG, then get your ticket soon as, due to space restrictions, only 50 tickets will be on sale.

Tickets are available from M&Co in Thornbury priced at £4. As an added bonus, attendees will be given a 10% discount voucher on arrival which is valid for purchases on the evening and up to two weeks after the event. For ticket enquiries call 01454 413125.

The fashion show will commence at 7.30 pm, and doors will be open at 7pm. Refreshments will be available during the break.

Hope to see you there!



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Castell Roc: Full Line Up for 2018... and what a line up it is...!!!!!!

Held inside the historic walls of Chepstow Castle and hosting a variety of different shows to suit all tastes, the festival has been nationally praised for its relaxed atmosphere as well as it's world class venue. It's not Glastonbury, it's small (but perfectly formed) it's definitely quaint, it's intimate, the acoustics are brilliant, it's perfect for all ages and it is, by far, much prettier!

Held over 12 nights on the last 3 weekends of August and into the beginning of September, you may want to start planning....

THURSDAY 16th August- "Monsters of Roc"- featuring "Letz Zep", "Whitesnake UK", & "UK Guns N Roses", in what has now become the legendary big Rock triple headliner event show opener.

FRIDAY 17th August- "Alabama 3". The band with a very dedicated following and are noted for their fusion of styles, lyrics and outrageous live performances, known especially for writing the intro to the hit TV show "The Sopranos" plus, support from the amazing "Philippa Hanna"- makes this a show you will not want to miss.

SATURDAY 18th August "Dr Hook" starring the incredible "Dennis Locorriere" performing all the hit singles including - Sylvia's Mother, A Little bit More, When you're in Love with a beautiful woman, Sexy Eyes, plus many, many more.

SUNDAY 19th August- An evening of "Blues & Grooves" with the amazing - "King King" voted best blues band of the year and best vocalist of the year at the "British Blues Awards 2016" also rating 2nd in the Guitarist of the year- support is from "Buck & Evans" who won Guitarist of the year 2017[- a must see show !!!

FRIDAY 24th August- Sees the welcome return of a 2017 sell-out show; back by popular demand "The Magic of Motown" bring top Motown hits, glimmering costumes, dazzling dance routines and an incredible party atmosphere to the castle.

SATURDAY 25th August- We are very proud to introduce the incredible country duo "The Shires" heading for big things, and are very privileged to welcome back to the Castle one more time !!!!

SUNDAY 26th August- Flying in from Australia is none other than the Grammy award winning, international



chart topping music legend "Leo Sayer", supported by Mari Wilson & The New Wilsations" - an amazing evening awaits !!!

MONDAY 27th August- is a unique chance to see two full theatrical shows in one evening with "Return of the King meets Prince" tributes to "Prince" and "Michael Jackson", a show never seen before.

THURSDAY 30th August- brings you the incredible UK stars of Ska & Reggae "The DUALERS"- 9 piece Jamaican band from East London, - First hit the headlines with the hit single "Kiss on The Lips" which stormed into the UK to 30. They have played alongside some of the biggest names in Ska & Reggae !!! Support from the amazing "Navarones".

FRIDAY 31st August- "The Craig Charles Funk & Soul Club", Yes the TV Legend "Craig Charles" returns to Chepstow Castle.

SATURDAY 1st September- Fresh from the big theatre is "Fastlove". An opportunity to re live the passion, flare and the unique sensitivity of "George Michael"- Accurate, captivating and heart- warming, with all the big hits.

SUNDAY 2nd September- Castell Roc festival is proud to be able to open up the gates of the Castle to bring you an all-day "FAMILY FUN DAY" bought to you by local people, for the local community, showcasing a host of local talent, for more information visit www.castellroc.co.uk.

All shows are standing, guests are welcome to bring foldable chairs or blankets (for use in designated areas). Full details are on www.castellroc.co.uk or via the Festival box office at Hannah's Music Chepstow (01291 627122), Limited discounted tickets are currently available from both.

Matters Magazines Ltd is proud to be a media sponsor of the 2018 Castell Roc Festival.

Entrants Welcomed for Charity Bike Ride 26th May

Bradley Stoke Matters was delighted to chat with a courageous and inspiring lady for this issue.

Julie Harvey was diagnosed with an incurable Grade 4 Brain Tumour 15 months ago, having gone into hospital with a bad headache. She had an operation 2 days later to remove a brain tumour and then endured 6 weeks of daily radio- and chemo-therapy followed by a further 6 months of chemotherapy which in her own words "knocks you out for 2 weeks of every month". In spite of all this, Julie has maintained her determination to fight back "I'm just bloody minded really" she told me "why should I let this cancer define me and stop me doing what I want?".

Having previously undertaken 'the odd triathlon', inbetween her treatments Julie trained to undertake a power-walk midnight marathon around Edinburgh and a 2-mile sea swim and plans to undertake a 45-mile cycle in April.

She is also organising a bike ride at the end of May to raise awareness and funds for the Brain Tumour Support group, without whom her life would have been so much more difficult since diagnosis. "I would be lost with out their help" Julie told me "I have a wonderful counsellor called Kate and I can totally be myself with her, let all my frustrations out. She enables me to go back out and face the world and keep being 'me'. The support they have given to me and to others is just so amazing, and I want to give them something back"

The bike ride is for anyone who can get on a bike and pedal! There are 3 routes 33km, 65km, 85km, and the cost is £20.00, £25.00 and £30.00.

Riders can choose between 33km, 65km and 85km rides, costing £20/£25/£30. The rides will start from Thornbury Sailing Club in Oldbury on Severn and before the event Bacon Butties will be available. The entry fee will include Tea, coffee and cake when you finish, pitstop refreshments along the route and a medal for all finishers.

After the event you are welcome to relax at the sailing club. The bar will be open and there will be a BBQ serving hot food.

For further information on the different routes and to enter the event, visit <https://thornburysc.org.uk> and click on the link.

This is the first time Julie and her family have organised such an event and it is a family affair with her husband, daughters, uncle, cousin all being involved. "Anyone not cycling is on cake-baking duty!" Julie laughed.

Top photo shows Julie's husband, her cousin, Julie, her uncle and her daughter, and inset Julie with her bike.



*"When I am
on my bike I
feel free - I am
not ill when
I'm cycling"*



Careers in the frame for National Apprenticeship Week

Two members of staff at an opticians in Bradley Stoke are starting an exciting career in optics thanks to an apprenticeship programme.

Elliot Woodman and Katie Perry have both recently graduated from the Specsavers apprenticeship programme and are sharing their experience with others as part of National Apprenticeship Week which took place earlier in March. 'I've really enjoyed my course and am very grateful to the team here in Bradley Stoke for the opportunities I've been given to progress,' comments Elliot. 'I've been able to gain a qualification while working at the same time and have learnt a huge amount. I'm now looking forward to supporting the current apprentices in store as I was in the same position only months ago so can hopefully offer some help.'

More than 270 people are currently enrolled on the Specsavers apprenticeship programme including Kaitlin Day, Shaun Hillier and Emily Bragg at the Bradley Stoke store.

Store director, Gaurav Patel says: 'Apprenticeships are a great way to unlock the potential of young

people or those looking for a career change and provide a way for them to embark on successful and fulfilling careers.

'The Specsavers scheme offers learners an excellent opportunity to enter the world of work in a safe and structured way, providing them with a real job, great training and qualifications.'

The Specsavers store in Bradley Stoke, along with sister stores in Filton and Cribbs Causeway, are all actively seeking apprentices.

To search for current apprenticeship vacancies visit www.jobs.specsavers.co.uk or for more information, you can find your nearest Specsavers store at: The Willow Brook Centre, Bradley Stoke, BS32 8EF, 01454 275020, www.specsavers.co.uk/stores/bradleystoke



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Bradley Stoke The Willow Brook Centre
Tel 01454 275 020

Specsavers



Community Noticeboard

For free listings contact
community@
mattersmagazines.co.uk

Coming soon to Frampton Cotterell & Coalpit Heath.....



Folk Night
at Crossbow
Date tbc

Soup Lunch
at St Saviour's
Sat 12th May

Christian Aid Week

Fun Quiz Night
at British Legion
Fri 11th May

May 2018

Big Brekkie
at Zion
Sat 19th

Plant Sale
Iron Acton
Sat 19th May

**Further details call
01454 776618**

Trains &
Cream Teas
Bridge House
Sun 20th May

Winterbourne Down & District Horticultural Society Meetings

All Saints Church Hall, Church Road,
Winterbourne Down, BS36 1BX, 7.30pm

Meeting every second Tuesday
of the month. Visitors welcome.



OPEN GARDEN DAYS

Sat June 16th and Sun June 17th 2.00pm – 5.00pm
Nutridge, Ram Hill, Coalpit Heath, BS36 2UF
Admission £4.00. Children under 16 free.

A three acre garden with perennial beds, trees,
shrubs and open spaces.

Refreshments incl. Cream Teas and plants for sale.

Musicians, including pianists and singers will perform
live in the garden during the afternoons.

Proceeds in aid of Genieri, the African village linked with Yate
Charity no. 1057814 www.yategenierilink.org

Winterbourne Tuesday Group

Winterbourne Tuesday Group's new
programme started in September with a
fascinating illustrated talk about 'Heaven on
Lundy' by Alan Mildren.

The Group meets at 7.30pm on the second
Tuesday of the month at The Greenfield
Centre, Park Avenue, Winterbourne.

The meetings, which are open to both ladies
and gentlemen from Winterbourne, Frampton
Cotterell and beyond, give an opportunity
to socialise with refreshments, make new
friends and listen to a speaker.

The 2018 forthcoming programme is:

10 April - My Life in Music with Geoff Pegler

8th May - The Queen's Bodyguard of the
Yeomen of the Guard

12 June - AGM

For further information, please contact
Barbara White on 01454 774229

Winterbourne Musical Theatre presents

THE MIKADO

By W.S. Gilbert and Sir Arthur Sullivan.



Wed 25th, Thurs 26th, Fri 27th April 2018 @ 7.30pm
Saturday 28th April 2018 @ 2.30 only

Winterbourne Community Centre,
Watleys End Road, Winterbourne, BS36 1QG

Tickets £10 Phone 01454 317408

The Manor Hall at Coalpit Heath

CIO Registered Charity Number 1169917



Community Coffee Mornings 18 April & 16 May 2018

In aid of Macmillan. Held in the Jubilee
Room on the 3rd Wednesday monthly, 10am
to 12noon (excl August and Dec)

All profit from the sale of refreshments
will be for the Manor Hall CIO.

Handmade cards sold in aid of BRACE
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Thank you to NISA for sponsoring our coffee
morning and donating the tea and coffee.



What's on at The Miners

Coalpit Heath
Village Hall

Saturday 7 April & Saturday 5 May
1pm to 3pm

Table Top Sale – To book a table

Tel: 07920 145352

Saturday 14th April, 11pm to 5pm
Mind Body Spirit Show

A wonderful day of wellbeing

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Find us on Face book @coalpitheath

214, Badminton Road, Coalpit
Heath, BS36 2QB. Tel: 01454 776958



Kel's Kitchen

8th April & 10th June

£8.95 per head, 2 courses!



Winterbourne Musical Theatre
Next performance 23rd – 28th April

The Players – Theatre Group
17th – 19th May



19th May - *Royal Wedding*
Afternoon Tea.



GREASE SING ALONG SHOW
FRIDAY 29th JUNE, £8 EACH.

FRAMPTON COTTERELL and DISTRICT

LOCAL
HISTORY
SOCIETY



Meetings
at Zion
Church Hall,

Woodend Road
Frampton Cotterell,
BS36 2HY

Commencing at 7.30 pm

April 18 2018

Ghosts in the Garden,
Dr Steve Poole

All welcome. Entry £4
Free to members,
annual subscription £15
Includes light
refreshments

News from Frampton Cotterell WI

Last month's speaker for our WI group was local history expert Mr Trevor Thompson. As you might expect, the talk was of great interest to our members, and we were fascinated to learn that Frampton Cotterell did appear in the 1086 Domesday Book, when the land was owned by "Walter the Crossbowman" (hence Crossbow House). At the time the total population was thought to be around 100 (not including servants and their families). There was a church registered, thought to have been at the site of St. Peter's, however at that time it was no more than 20 years old. The two water mills that we know of now (Mill Lane and Cogmills) were also noted at the time, as were Frampton End Road and Lower Stone Close – it's amazing to think that those places have been around for all that amount of time! We also heard more about the local hatting industry that was highly significant to the Frampton/Winterbourne area in the 19th century, and which leaves several local buildings still standing today (eg: Factory Road, Park Lane, etc.)

The other highlight of the past month was our annual meal out – this year we went for a fine dining experience at Ronnie's of Thornbury, which did not disappoint. Members enjoyed a selection of delicious dishes ranging from slow cooked ox cheek, pan fried cod loin and parmesan gnocchi, to sticky toffee pudding and winter fruit crumble. It was a cold snowy night outside so we all felt very fortunate to be enjoying such comforting food in warm, cosy surroundings!

At time of writing, we are looking forward to another very interesting speaker coming to talk to us at the end of March. We will be delighted to welcome Mr. Tim Bowles, Bristol's Metro Mayor who is going to let us know more about his role and the way in which he works with local councils.

Other talks coming up later this year include – How

to wear a Sari, luxury chocolate making and the history of the Police Force, so there is plenty of variety coming up in the 2018 programme, to look forward to.

Visitors and new members are welcome to our monthly meetings at St Peter's Hall on School Road

at 7.45pm, on the 4th Tuesday of the month. There is a charge of £2.50 for the evening and any new members can also join by paying a membership fee. Special interest groups that meet separately including a book club, craft group, choir and our skittles and darts teams.

Please search FramptonCottWI to find out more, and to like our Facebook page.

Frampton WI members enjoy an evening of fine dining at Ronnie's of Thornbury



Roast cod loin and sticky toffee pudding were amongst the tasty choices on offer



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DO YOU LOVE FLOWERS?....

If you have an interest in Floral Art, or just wish you knew how to show off that bunch of flowers to best advantage then ... **Yes! Winterbourne & District Flower Arrangement Society is for you.**

We would love to welcome new members and visitors. Our meetings are held at St Michaels Room, High Street, Winterbourne 7.30pm start, with doors open from 7.00pm.

For the remainder of 2018 we will be having 'Hands On' meetings on the first Thursdays of April, May, June, July, September, October (also AGM) and November, when titles are provided for members who then bring along their own containers and plant material to interpret these. This is a practical evening where we have a friendly, social gathering together with advice, tips and ideas for improvement and future use.

We also have demonstrations by visiting Area Demonstrators on Thursday May 17th, July 19th, September 20th, October 18th and an Open Christmas Demonstration on Friday November 16th by a National Demonstrator, with a chance to win all the designs created in a raffle. We will also be holding two Club Shows on Saturday 9th June and Saturday 8th December.

All are welcome.

For further details please contact: Celia – 01454 776753 or Val – 01454 322538 or visit our website www.winterbourneflowerclub.com to learn more about us.



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Marlwood School Reunion

Are you a former Marlwood pupil and are celebrating your 50th birthday this year?

A group of former pupils are organising a reunion on the evening of June 9th 2018 at Marlwood School drama hall and are appealing for class mates who started at the school in September 1979 to get in touch.

Richard Cornock, Elspeth Taylor (nee Edwards), and Jane Williams (nee Garratt) said: "A few of us got together over a drink one evening and thought it would be a good idea, now we are all hitting 50, to turn the clock back and get back together to remember our school days. We've booked the drama hall at Marlwood and there will be 80s music, a bar and food – we want as many people to come along as possible and have a good time."

For more information and to buy tickets visit our Facebookpage "Marlwoodschool reunion class of 84-86" or contact the organisers at **Marlwoodreunion@outlook.com**



be surprised with Slimming World

Monday

Frampton Cottrell
Watermore Primary
School (Infants),
Woodend Road,
(Opp the Bickeridge Centre)
5.30 & 7.30pm
Tel: Jude
07968 426809

Tuesday

Winterbourne
The Greenfield Centre
Park Avenue
9.30am, 11.30am
5.30pm & 7.30pm
Tel: Frankie
07519 347243

Wednesday

Frampton Cottrell
Frampton Cottrell C of E
Primary School
7.30pm
Tel: Lisa
07815 759118

Friday

Coalpit Heath
The Manor Hall
Coalpit Heath
9.30am
Tel: Lisa
07815 759118

Facebook Page: Frampton Cottrell and Winterbourne Slimming World

slimmingworld.co.uk 0344 897 8000



touching hearts, changing lives

St Saviours Church, Coalpit Heath Church Events

Wednesday 11 April – Fashion show at 7.30pm in the church hall, tickets will be £4 including refreshments. Tickets are available from Ann Carter 01454 319699 or Diane Saunders 01454 773945. We do hope this will be a huge success, money raised go to the church funds.

Open Church Fridays – Weekly lunches run every Friday in the church hall. From 11.15am coffee or tea are available, then lunch is served around noon. Enjoy homemade soup and roll or bread and a pudding. No need to book, plenty of food available. Any donations go towards church funds. Everyone is welcome.

Mothers union – Meet the 2nd Tuesday of the month. Mothers Union do lots of good work. Sometimes there is a speaker, or other events and interesting projects they are involved in throughout the Diocese. If you would like to have more information Contact Mary Head 01454 887870. See more at – themothersunion.org

Parish Praise – 1st Sunday of the month is for all ages and families at 10am followed by refreshments. A warm welcome awaits you here and indeed at any of our services

www.coalpitheath.org.uk

Canine Partners needs more puppy parents!

Can you help their recruitment drive for more volunteer puppy parents, who take assistance dogs in training into their homes until they are 12 to 14-months-old.

These amazing volunteers will help a growing charity train even more dogs as it works to meet the rising demand.

The volunteers provide early socialisation, taking the puppy into different environments and introducing it to different people, objects and animals so that it is confident and happy in any situation it may encounter when it begins working with a disabled person.

They also help with basic obedience and skills training, with support from one of the charity's experienced puppy trainers.

The dogs will go on to support people like Alex Cook who was matched to canine partner Watson five years ago.

The six-year-old chocolate Labrador has transformed the mum-of-two's life and he can even phone for help in an emergency using a special button in their home. Alex has limited mobility due to spinal conditions spinal stenosis, spondylolisthesis and caudae equine syndrome but with Watson by her side she has more independence as she needs to rely less on carers.

Now Alex is calling for more people to sign up to become puppy parents for the charity so even more people can benefit from a life-changing dog like Watson.



Alex said: "By becoming a puppy parent you have the opportunity to do something great for somebody else. They will change a life and there's nothing else like being a part of that."

"It's impossible to put into words how much difference Watson makes – he's just amazing. He's not a pet – he's an extension of me. I don't feel like I can exist a day without him."

Canine Partners' Bristol, Somerset and Gloucestershire puppy trainer Heather Loan added: "It's important that we recruit more volunteers to this fantastic team because without them we can't train the number of dogs we need to help people like Alex. It's great training these special puppies. Every day is different, every dog is different and it's rewarding to see how much they develop into life-changing assistance dogs."

Sign up today and become a volunteer puppy parent for Canine Partners. Puppy parents receive full ongoing support, both at their homes and at puppy training classes. Food, equipment, vet bills and temporary holiday care is provided.

For more information call 01730 716017 or visit caninepartners.org.uk.

Could you help me to help others?

Canine Partners trains pups like Tia to transform the lives of people with disabilities. But she needs a puppy parent to help her through her early months of training and socialisation. And that's where YOU could help!

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News from Winterbourne Evening WI

The members of the Winterbourne Evening WI have enjoyed a very busy end to their winter. Fortunately our meetings in February and March were either side of the recent spell of atrocious weather and were both very well attended.

At our February meeting our speaker was Kathryn Smeaton, who talked to us about making jewellery, and in particular Memory Bracelets. Then Kathryn demonstrated the technique and many of us tried our hand at this interesting craft. We all produced a bracelet to take home which

will be our memory of a very interesting evening. Kathryn also had for sale a collection of her beautiful hand made jewellery which found many eager buyers. Later in



February, our team of Skittlers came fourth in the Frome Valley Group WI Skittle competition, which was won by Mangotsfield WI. Well done ladies.

At our March meeting, which was held on International Women's Day, we had a very interesting talk from Mark, from the Bristol based Blood Bikes Charity. This is also known as the Freewheelers Emergency Voluntary Service, that provides a free out of hours motorcycle courier service to hospitals in the South West of England. They collect and transport blood, pathology specimens, patient notes, X-rays, breast milk, and other medical supplies, in fact anything which is urgently needed by the NHS and will fit on the back of a motorcycle! An amazing group of very hardworking men and women volunteers who provide this essential service. Thank you Mark for telling us about them.



We have a very full programme of events lined up for us by our events organisers this year, so why not come along and join us at the St Michaels Room, Winterbourne High Street At 7.30pm on the second Thursday of every month except August when we have a day trip instead.

Margaret Beacham

Volunteer to bring joy to older people in care homes



This is an amazing opportunity for people who love to sing to bring enjoyment and vitality to some of the most vulnerable older people living in care homes.

We are looking for volunteers over the age of 50 who have a passion for life, to lead activity sessions with music.

Jan Snook
E: rsvp-west.org.uk
T: 0117 9628 649 or
Ken Dolbear E: ken.dolbear@rsvp-west.org.uk
T: 0117 942 3085
www.rsvp-west.org.uk

Don't let pain hold you back this Spring!



As we enter Spring, with warmer, longer days, it is the perfect time to get outdoors and get active! Don't let an old injury or nagging pain prevent you from taking part in an activity you love, whether this be playing cricket or tennis, running, cycling or leisurely walking the countryside. Local Osteomyologist Dawn Clode is equipped to get you moving – pain free!

Dawn explained, many of us just get used to nursing a sore knee, aching shoulder or painful lower back and as the pain increases over time we gradually restrict the activities we take part in rather than address the cause of the pain. There is however good news! As an osteomyologist Dawn is equipped to tackle the root cause of your pain and get you happily moving again.

Osteomyology is a holistic practice that allows the practitioner to switch seamlessly from one

treatment to another to most effectively treat the individual patient. Dawn incorporates – Acupuncture, Aromatherapy, Cranial Sacral Therapy, Massage, Manipulation, Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP) and Reflexology in her work.

In safe hands – Dawn's talents as a caring, effective therapist have been recognised, with her once again being awarded Osteomyologist of the Year for 2018! Your local Dr of

Osteomyology loves her job and told us there is no better reward than having a patient arrive at her holistic health practice in Little Stoke with pain and leave with significantly less or none!

Dawn is happy for you to get in touch for further information. Please call: **0795 1099 491**

Visit: www.life-and-soul-empowerment.co.uk



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Call me on: **07964 991689**
E Catherine@hypnotherapistbristol.com
www.hypnotherapistbristol.com



Supporting the Community MATTERS! Bradley Stoke Ladies FC

Bradley Stoke Ladies FC are very pleased with the sponsorship of their club's new jackets from Bradley Stoke & Little Stoke Gifford Matters. The Ladies now look very professional on arrival to all matches in the Gloucestershire County Womens Football League Division 2 and the team would like to thank Bradley Stoke Matters for this great donation to the club. The players love their new jackets!

The team was only formed back in May 2015 and for this season 2017-2018 they are currently in 4th position in the League. For the last 2 seasons they have finished in 4th and 5th position respectively.

Do you want to play football? Bradley Stoke Ladies Football Club is geared towards players who want to further their development and improve their skills within a friendly and positive team environment. Any enthusiastic individuals who have a desire to play football are welcome to come along and see what they think. The ladies currently have one team, however are looking to start a new 2nd team for next season so are looking for players, coaches and managers to help them achieve this. Players must be over 16 years old to play in League matches but there is no upper age limit. Training is every Tuesday 7-8pm on the outside astro court under floodlights at the Bradley Stoke Community School.

All current coaches are FA Level 2 qualified and members of the FA Licensed Coaches Association, additionally the League is also of FA Chartered Status. Bradley Stoke Ladies FC is a FA Charter Standard Community Club with strong links to Bradley Stoke Youth FC Girls squads.

If interested please visit their website at bradleystokeladies.wixsite.com/bslfc or contact the Manager Martin at mlee1@bopenworld.com. You can also follow them on Facebook, Twitter and Instagram.



"We are really pleased to be able to help. Having sponsored the BSTFC team for many years now, we thought it only fair to also support the Ladies! Good luck for the rest of the season!"
Jaci, Matters Magazines

Claim your FREE Family Guest Pass to Nuffield Health, Stoke Gifford

Our North Bristol facility located in Stoke Gifford offers members adult and children's swimming pools, a fully-equipped, modern gym, plus personal training support.



We also offer group exercise classes ranging from Yoga to Body Combat, while on the gym floor you'll have access to all the latest cardio and strength equipment. Parking and crèche/nursery facilities make it easy for you to find time for fitness!

Your gym membership will start with a complimentary Health MOT, giving you and our staff a good understanding of your current fitness and help them create a tailored fitness plan for you. When you become a member of our fitness centre you'll also get access to 86 other clubs across the UK.

Have a free Health MOT on us!

Health MOTs are Nuffield Health's free one-hour health checks for gym members. They give you quality time with a highly-trained personal trainer to discuss your fitness. They also include key clinical tests, like blood glucose and blood pressure, to identify potential health risks and give you a full picture of your health and fitness.

Health MOTs help you get fitter, faster by:

- Measuring your current fitness
- Identifying potential health risks
- Defining achievable goals
- Providing a personal fitness programme
- Giving lifestyle guidance
- Tracking progress

Our members are twice as likely to stay on track with regular Health MOTs.

How to redeem

Simply come along to our fitness center with this page and speak to one of our helpful team. You'll be given free access to the facility for the day.

If you'd like to book a free health MOT please contact the club first to pre-book - call us on **0117 9749740**

We're easy to find: via car off Junction 1 of the M32, or via the B4057, with parking available onsite off Simmonds View. We're also a short walk from Bristol Parkway train station. Our Stoke Gifford club welcomes members from across the local communities of Stoke Gifford, Bradley Stoke, Little Stoke, Winterbourne, Frampton Cotterell, Filton and more.



 **Nuffield Health**

Winterbourne Down Village Carnival

Monday 7th May 2018

10 am - 4 pm



Tug-O-War

Fancy Dress

Refreshments

Raffle

May Queen

Entertainment

Demonstrations

Maypole

Charity/Craft Stalls

Theme - Real-life Heroes

This year's chosen charity is -



Full details can be found in our Carnival Programme which can be purchased from local outlets or on the day for 30p

Further information: Fred 01454 772072

web: www.wdcarnival.org facebook: <https://www.facebook.com/wdcarnival>



The Winterbourne Down Village Carnival

is just around the corner -

Sunday 6 May - Monday 7 May 2018

Are you ready for another great carnival weekend?

We will be decorating Down Road, and extend an invitation to residents to join in the spirit and display flags etc.

The chosen charity for this year is FREEWHEELERS. (A charity that delivers much needed blood supplies to hospitals via motorbike.)

Sunday 6 May - Family Village Treasure Hunt with Scarecrow Trail starting at 2pm from Winterbourne Down Methodist Church Hall. Children's 'Playing Out' activities in Camp View between 2pm and 4pm. Refreshments will be on sale in the Methodist Church hall with entertainment by the **Westerly Showband**.

At 6pm, Songs of Praise takes place in the Methodist Church. Everyone is welcome.

Monday 7 May - Carnival Day, the procession leaves Bradley Avenue shops at 10.15 am, en route to the Methodist Church grounds. Please arrive at starting point by 10am. Judging of age groups will take place at the Methodist Church grounds where great money prizes will be awarded.

Remember to dress up as a real-life hero - doctor, policeman, sporting star, fireman, nurse, Olympian, etc. All are welcome to dress up.

Craft and charity stalls will be set up in Down Road and Camp View together with a variety of entertainment and dance displays in both church hall grounds. Full details of the weekend's events will be available in the Carnival Programme on sale from 1 April from local outlets. Please come along and enjoy the weekend and don't forget to invite your friends.

If you wish to run your own stall to raise funds for your favourite charity or you would like to rent a table to sell home made produce/crafts and are willing to make a donation to our chosen charity, please contact Anthé Evans on 01454 778156 for further information.

The carnival organising team runs its own stall during the carnival day, the proceeds of which go towards the next carnival and to local charities. We are in need of any spare items you may have sitting around (unwanted Christmas presents!). This can include good quality toys, books, household goods, bric-a-brac, etc.

For further information please contact Pete Nichols on 01454 777820 or visit our website www.wdcarnival.org or our Facebook page www.facebook.com/wdcarnival

Pete Nichols - Publicity Officer



Events at Winterbourne Library

STAFFED TIMES

Tuesday: 10am – 5pm
Wednesday: 10am – 5pm
Friday: 10am – 5pm
Saturday: 9.30am – 12.30pm

OPEN ACCESS (Unstaffed)

8.30am – 7.30pm
Everyday

EASTER 2018

Fully Closed Thursday 29 March
Open Access only –
Friday 30 March – Monday 2 April
Tuesday 3 April
normal hours resume

See above for new opening times at Winterbourne library. If you register your card for our new Open Access system, and attend an induction, you'll be able to access library facilities throughout the week. You can borrow and return books and use the computers. Speak to a member of staff for more details.

Rhymetime: Rhymes and songs for parents and babies/toddlers to enjoy together every Tuesday morning 10.30 – 11.00am

Pre School Storytime: Join us weekly on Wednesdays 10.30 – 11.00am for stories and a simple craft. Now running throughout the year.

New! 'Feed your Soul' – Come and colour. Enjoy some company – Adults and children, everyone welcome! Tuesdays and Wednesdays 2 – 4pm every week.



Free IT Course: Would you or someone you know benefit from learning or improving their computer skills?

Mondays at Winterbourne Library. There still maybe places available. Contact Ann Hawkins 0117 909 2296 or email ann.hawkins@sgscol.ac.uk

The Craft Group:

The Craft Group is meeting 14 and 28 April 10.00am – 12 noon. New members will always be made welcome by this friendly group. Share tips and ideas for your knitting, sewing or crochet projects.



'Enchanted Wood' Easter Holiday Drop

in: Friday 6 April 10.30 -12 noon Suitable for ages 3 – 10.



Lego Club: Listen to stories and poems, then create a model to display at the library. We'll be meeting on 7 April 10.30 – 11.30am. Suitable for the primary age range, children must be accompanied by an adult.

Spring Silver Singalong: on Friday 20 April 2.00 – 3.00pm. Accompanied by local music teacher Joan Ward, we'll be singing WW2 songs, songs from the shows and songs you might have learnt at school all followed by a well-earned cuppa.

Suitable for 50+ no previous singing experience required – book your Free place at the library.

For more information on any of the above:

T: 01454 868006

E: winterbourne.library@southglos.gov.uk

Visit: www.southglos.gov.uk/libraries

Twitter: @southgloslibs

'Like' us on Facebook: **South Gloucestershire Libraries** for all the latest news.

Local Woman Takes on Charity Challenge of a Lifetime

A local woman has had a complete lifestyle over-haul for 2018, and signed up to trek the Great Wall of China in aid of the Great Western Air Ambulance Charity.

Nicole Beebee, 43, from Winterbourne, will be joining the charity team on this challenge over 8 days in September this year. The life-saving charity still have places to fill and are looking for people to join them on this challenge of a lifetime.

Nicole said: "I've never done anything like this before, it's involved a complete lifestyle change for me! Normally my weekends consist of a takeaway, box of maltesers, glass of prosecco and a film. Now I'm up early, clear headed and out for a run – my friends are all shocked and impressed in equal measures."

Since New Year Nicole has embarked on a healthy eating routine to get her ready for the trek. She's also going on regular walks, doing 'dry January', and has started the 'Couch to 5K' challenge to improve her fitness levels.

When asked why she'd signed up for the trek, Nicole said: "The Great Wall of China is one of those bucket list adventures. It's not every day you get to visit one of the Seven Wonders of the World, and this is a great way to do something amazing whilst raising money for Great Western Air Ambulance Charity and helping to save lives!"

Great Western Air Ambulance Charity (GWAAC) provide the air ambulance and critical care service across Bristol, Bath and North East Somerset, South Gloucestershire, Gloucestershire, North Somerset and parts of Wiltshire. They operate 365 days a year from their helicopter or critical care car providing their life-saving service to 2.1 million people, and ensuring a specialist critical care doctor and paramedic are on the scene as fast as possible.

They form part of the emergency service, and yet receive no day-to-day funding from the Government, relying on fundraising and donations to raise over £3 million which is needed each year to keep them flying.

They still have spaces for people to join this adventure of a lifetime and help raise these vital funds, further information can be found on their website here: www.gwaac.com/china

Nicole continued: "I feel very excited to take part in this amazing experience. China is a fantastic country and I'm looking forward to immersing myself



in the culture. We have a really friendly group going and I'd love for you to come and join us! I'd say to anyone thinking about taking the plunge – go for it! You only live once so make it count, plus you'll be saving lives with Great Western Air Ambulance Charity too."

For more information about joining the Great Western Air Ambulance Charity China Trek 2018 visit www.gwaac.com

You can also sponsor Nicole at <https://china2018.everydayhero.com/uk/nicole-conquers-china>

Quiz Night Winterbourne Library 7:30pm Monday 23 April 2018 Fun for all

**Teams of up to 6
£4.00 per person**

Ask now for more
details and an entry form or
phone 01454 868006

Quizmasters Anne and Andrew Newbery
of Finish First Quizzes

Proceeds to the
Great Western Air Ambulance Charity



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Shopmobility South Glos - offering 12 years of service



Shopmobility South Gloucestershire is reflecting on 12 years of serving the community, and providing a lifeline to many South Gloucestershire Residents.

In the current tougher economic times, the scheme is concerned about continued and future funding for this vital service, with the result that it could have very limited opening hours or even close. Some of it's South Gloucestershire Council funding is due to end.

The service is based in Yate Library, and attracts users from all over South Gloucestershire, and beyond! The first meeting to discuss setting up a local Shopmobility service was called 15 years ago, in 2003, by Keith Holloway from Thornbury, with the service starting in 2006. Hundreds of people have registered with the scheme over the years.

Vice Chairman David Bell, a founding Trustee since 2004, said, "We hope we can continue this vital much needed service for our users, but that is dependent on continued funding."

Shopmobility South Glos Chair Councillor Janet Biggin said, "People come from all over South Glos and beyond, to use Shopmobility as the Shopping Centre is flat and easily accessible. Yate is the only place in the district, apart from the Mall at Cribbs Causeway, where people can visit a variety of shops and services through scooter hire.

We are really making a difference to those people who use the service to visit the shopping centre - allowing independence to our service users, who would be isolated without it."

The service provides mobility scooter and wheelchair hire on a daily and longer term basis. This helps many people with mobility issues to do their shopping and access other services. The scheme does an annual service users survey, and many users tell of how the service also helps them socially by being able to get out and about,

News from Coalpit Heath WI

We enjoyed a talk from Dorothy Cook, a midwife who entertained us with her tales from her busy and rewarding career. The job has taken her to various countries around the world, including Brazil and Oman, where delivering a baby can be a very different experience to what happens in our country!

It was great to hear her say how much she loved her job... very inspiring!

Members also enjoyed tea/coffee and chatter. We all are very much looking forward to a sunny springtime!

We always welcome new members, if you would like to join us please do come along!

We meet at St.Saviours Church Hall in Coalpit Heath on the first Wednesday of each month at 7.30pm.

This month, we will be hearing a talk named "Blood Bikes" by Mike Burns.

helping to reduce social isolation and their health generally. And there have many many calls for increased opening hours.

This essential service hires out battery powered scooters and also wheelchairs, to help people who have limited mobility to retain their independence and to use the facilities of the centre.

If you have a South Gloucestershire Council Diamond card then you can use that on the service.

The Shopmobility office is open Tues and Friday 9.30 am - 4 pm, and Thurs and Sat 9.30 am - 2 pm

Or Telephone 01454 868718 or 07999 574 474 for more information or email shopmobilitysouthglos@yahoo.com

The Scheme has had funding from Scooter / Wheelchair Hire, Donations and from funders such as South Gloucestershire Council, The National Lottery, Local Parish and Town Councils and other sources.

If someone is interested in making a donation or considering leaving a Legacy to Shopmobility, please contact Shopmobility.



In a relaxed environment, our volunteers will show you how to use a computer (PC, laptop or tablet) for word processing, creating spreadsheets, writing emails and using the internet.

Whether you are a complete beginner or someone who wants to improve their skills, we can help.

We use our own PCs, laptops and tablets but you are welcome to bring your own with you and our volunteer helpers will be happy to help with any questions which you may have resulting from use of your own computer or tablet. With one helper for every 2 students, you will learn through practical exercises with someone always on hand to help if you need it.

The Computer Group meets at the Brockridge Centre in Frampton Cotterell on Monday to Thursday mornings. Each session lasts for 2 hours and costs just £2.50.

You can attend as many sessions as you like as our courses are designed so that each person can proceed at their own pace. You can join the Computer Group at any time as soon as there is space available on the day you would like to attend.

If you would like to book a place, please contact: Jill Allan on: 01454 864442.



Frampton Cotterell Computer Group

www.fccomputergroup.uk

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brockridge Centre, Woodend Road Frampton Cotterell.

**Mon - Thurs 9.30am - 11.30am
for each 2 hour session the cost is £2.50**

**If you would like to join us please call Jill on:
01454 864442**

Walking for Health Programme 2018

Wednesday 11 April, Bury Fields & Woods, varied scenery in Frome Valley and pretty lanes. 1.8 miles, approx 1 hour. Meet at 10.30am, Golden Heart, Down Road, off A432 at Kendleshire, BS36 1AU. Park at bottom of pub car park. Bus route 47.

Tuesday 24 April, Half Moon Country Stroll, pleasant country views and fields. 2 miles, approx 1 hour. Meet at 10.30am, Badminton Arms, Badminton Rd, Coalpit Heath, BS36 2KJ. Park in Woodside Road if not using pub. Bus route 46, 47, 86.

Wednesday 9th May, Nightingale's Bridge, Stroll along track & across grass to historic bridge. 1.8 miles, approx 1 hour. Meet at 10.30am, Live & Let Live, Park Lane, Frampton Cotterell, BS36 2EF. Bus routes 46, 82.

Tuesday 22 May, NEW! Bradley Brook Nature Reserve, delightful country stroll on easy paths. 1.75 miles, approx 1 hour. Meet at 10.30am, The Swan, Winterbourne, BS36 1RW. Park in Nicholls Lane if not using pub. Bus route 82.

Wed 6th June, Stroll to Hover's Ford, Country track with lovely views across Frome Valley. 2 miles, approx 1 hour. Meet at 10.30am, opposite café, Church Road, Frampton Cotterell BS36 2JX. Park in side road. Bus route 82.

Tuesday 19th June, Coalpit Heath Wander, easy footpath stroll. Café stop during walk. 1.5 miles, approx. 45 mins. Meet at 10.30am, Miners Village Hall, Badminton Road, Coalpit Heath, BS36 2QB. Park on Right in car park – or side roads if not using Hall. Bus route 46, 47, 86.



The Parishes of Frampton Cotterell, Iron Acton, Winterbourne and Winterbourne Down,
in **THE DIOCESE OF BRISTOL**

Dear Friends

I am having a snow day, looking out from my study window across to the Old Rectory at Winterbourne. It is a classic English winter scene. The wild birds are doing some serious damage to the bird feeders which I filled this morning, the snow is falling again and as I sip my warm coffee it is hard to believe that you will be reading this article in a few weeks' time as we celebrate Eastertide.

One of the questions that GCSE students are often set is this: 'Christmas is the most important Christian Festival, do you agree?' If they are A students (or should I now say level 8) they will contrast the importance of marking the Incarnation, God with us showing us a better way, proclaiming the Kingdom now, with the celebration of the Paschal Mystery, which is at the heart of the Christian Story. Easter is the time that Christians rejoice that through the*

death and resurrection of Jesus our sin is forgiven, the gap between God and humanity caused by sin is filled and the love of God is unconditionally available to all his creation and the road to eternal life is established once again.

As much as I love Christmas, for me Holy Week and the Easter Celebration are what our faith is all about. Jesus makes his way to Calvary, the cross being at the heart of his Mission. He had come to give people a foretaste of what God's Kingdom of 'Peace, Love and Reconciliation' are like. He had brought the invitation to the eternal banquet and now through the cross he was about to activate its benefits for all people in one cosmic and redeeming moment. His whole life points to this moment of divine intervention and the rewards crowned by his glorious resurrection are there for all of us, Alleluia!

I am sure by now the snows have thawed and you are all looking forward to the joys of spring and all that the summer will bring. As we travel the journey from Holy Week to Pentecost, let us give thanks that the impact of our inhumanity, our tendency to hurt each other and sin against God are overturned, thawed if you like by the eternal warmth, power and gift of God's unconditional love made real in the Paschal Mystery.

Revd Malcolm Strange
Rector of the Fromeside Benefice



REJOICE IN THE MIRACLE OF EASTER!



All Saints, Winterbourne Down

10.00am Sunday 25th March - Palm Sunday
Joint Service with Bethesda Methodist Church

9.15am Tuesday 27th March
Holy Communion

7.30pm Wednesday 28th March
Station of the Cross

9.15am Friday 30th March - Good Friday
Communion of the Cross

9.15am - Sunday 1st April - Easter Sunday
Parish Communion

Benefice Services

Sunday 25th March, 6.00pm
Benefice Youth Service
At St Michael's Rooms

Saturday 31st March, 8.00pm
Benefice Vigil Service
At St Peter's

St James, Iron Acton

9.15am Sunday 25th March - Palm Sunday
Parish Communion

10.30am Wednesday 28th March
Holy Communion in the Marshall Rooms

10.30am Friday 30th March - Good Friday
Station of the Cross

9.15am Sunday 1st April - Easter Sunday
Parish Communion

St Michael's, Winterbourne

Sunday 25th March - Palm Sunday
8.00am Holy Communion
10.30am Parish Communion

7.30am Mon to Thur during Holy Week
Holy Communion

Friday 30th March - Good Friday
9.30am Communion of the Cross
11.00am Family Service

Sunday 1st April - Easter Sunday
8.00am Holy Communion
10.30am Parish Communion

St Peter's, Frampton Cotterell

Sunday 25th March - Palm Sunday
10.30am Parish Communion

8.00pm Thursday 29th March
Holy Communion & Watch

Friday 30th March - Good Friday
2.00pm Cross of Christ

Sunday 1st April - Easter Sunday
10.30am Family Communion
6.00pm Evensong



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NB The Barn is an unheated agricultural building

Charity no. 1112908

93rd Annual Concert



Come and enjoy an evening of singing from the

Frampton Cotterell Male Voice Choir

7pm, Saturday 28th April
Zion United Church
Frampton Cotterell

£7 per ticket, available from Derek Hobbs
(07802) 329805, other Choir Members, or on the Door

Frampton Cotterell Male Voice Choir is a registered charity in England and Wales (EW11198)

Almondsbury Charity

(REGISTERED CHARITY No 202263)

The Annual Meeting of Almondsbury Charity will be held on

Wednesday April 25th at 7.30 p.m. at St. Chad's Church Hall, 172 Rodway Road,

PATCHWAY Bristol BS34 5ED

Following the Chairman's report and review of the last year there will be the opportunity for questions.

The meeting will complete with a presentation from **Mr. Hecham Alsaiyad** about life as a refugee in the United Kingdom

Light refreshments will be served

All members of the public are invited to attend.

Full details of the Charity can be found on the website: www.almondsburycharity.org.uk

Peter Orford (Secretary)

Frampton Cotterell & Coalpit Heath Village Diary

April 2018

Sun 1st - Easter Sunday Sunrise Service on the Hillyfields, 6am-7am.

Thur 5th - Frampton Community Singalong, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes. Tel: 07792 495367 / hilary.jay@curo-group.co.uk

Fri 6th - Quiz, Crossbow, 8pm. £1.50 ppn. Tel: 01454 772947 / crossbowhouse@gmail.com

Sat 7th - Table Top Sale, Coalpit Heath Village Hall, 1-3pm. Bookings £5 Tel: 07920 145325.

Sun 8th - Roast Dinners at WADCA, 12-3pm. For the whole community. Dementia-friendly. £8.95 (£5 child). Booking required. Tel: 01454 776268 or e: ca.winterbourne@gmail.com

Mon 9th - Gardening & Social Club, Manor Hall 2pm-3.30pm. All welcome. £2.50 incl refreshments.

Tue 10th - Community Coffee Morning, WADCA, 10.30am - 12.30pm. All welcome.

Tue 10th - Mothers Union, St Saviours Hall, 2.15pm. A variety of speakers. Tel. 01454 777664.

Wed 11th - Village Walks, meet 10.30am Golden Heart, Kendelshire. Bury fields and woods (2 miles) or Pye Corner & Bradley Brook (3 miles).

Wed 11th - Carer's Club, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 0454 775786 or Rona 01454 886925.

Fri 13th - Frampton Folk club, Crossbow, 8pm. £2. All welcome. allinjohn2@gmail.com

Wed 18th - Community coffee morning, Manor Hall, 10am-12.00. Tel: 07873 747513.

Wed 18th - Local History Society, Zion 7.30pm. Ghosts in the Garden. Dr Steve Poole. £4 for non-members incl refreshments.

Fri 20th - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel: 01454 772947.

Tue 24th - Village Walks, meet 10.30am Badminton Arms. Country Stroll or Frog Lane and Bluebell Woods.

Tue 24th - Frampton Cotterell WI. St Peters Hall, School Rd, 7.45 - 10pm, £2.50 Tel. 01454 773426 or 01454 778900 / e. marycroberts@talktalk.net

Wed 25th - Litter Busters, 10am - 12.00. Meet at Heather Avenue.

Wed 25th - Forget-me-not Singalong Group, Zion, 2pm-3.30pm. For local people who enjoy a sing a long. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

Wed 25th - Frampton Cotterell Parish Council AGM, Bickeridge Centre 7.30pm.

Wed 25th to Friday 27th - The Mikado, WADCA 7.30pm & **Saturday 28th**, 2.30pm matinee. Musical comedy. Tickets £10. Tel. 01454 317408.

Thu 26th - Frampton Friendship & Dance, 2-4 pm, Zion Church Hall. Learn easy, gentle dances. No partner needed. £3 incl tea. Tel: 07515 351813.

Sat 28th - Frampton Male Voice Choir Concert, Zion, 7pm. Tickets £7 Tel: 07802 329805.

May 2018

May Thur 3rd - Frampton Community Singalong, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes. Tel: 07792 495367 / hilary.jay@curo-group.co.uk

Fri 4th - Quiz, Crossbow, 8pm. £1.50 ppn. Tel: 01454 772947 / crossbowhouse@gmail.com

Sat 5th - Table Top Sale, Coalpit Heath Village Hall, 1-3pm. Bookings £5 T: 07920 145325.

Mon 7th - Gardening & Social Club, Manor Hall 2pm - 3.30pm. All welcome. £2.50 incl refreshments.

Tues 8th - Community Coffee Morning, WADCA, 10.30 - 12.30. All welcome.

Tues 8th - Mothers Union, St Saviours Hall, 2.15pm. A variety of speakers. Tel. 01454 777664.

Wed 9th - Carer's Club, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925.

Fri 11th - Frampton Folk club, Crossbow, 8pm. £2. All welcome. allinjohn2@gmail.com.

Wed 16th - Community coffee morning, Manor Hall, 10am-12.00. Tel: Alison 07873 747513 for more details.

Thursday 17th to Saturday 19th - 'Ladies Down Under' by Amanda Whittington, Winterbourne Players, WADCA 7.30pm.

Fri 18th - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel. 01454 772947.

Sat 19th - Christian Aid Big Breakfast, Zion 8.30am - 10am.

Sat 19th - Royal Wedding Afternoon Tea, WADCA. £8.50 T: 01454 776268 / e: ca.winterbourne@gmail.com

Tues 22nd - Frampton Cotterell WI, St Peters Hall, School Rd, 7.45 - 10pm, £2.50. Tel: 01454 773426 or 01454 778900 / e. marycroberts@talktalk.net

Wed 23rd - Forget-me-not Singalong Group, Zion, 2pm-3.30pm. For local people who enjoy a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

Thur 24th - Frampton Friendship & Dance, 2 - 4 pm, Zion Church Hall. Learn easy, gentle dances. Suitable for beginners. No partner needed. £3 incl tea. Tel: 07515 351813.

Sat 26th - Jazz in the Barn, UWE Big Band and singers, 6.30-9.30pm, £10 (child £5). Hot and cold food. Beer and cider brewed at the Barn. www.winterbournebarn.org.uk

Wed 30th - Litter Busters, 10am - 12.00. Meet at Gingerbread Man, Church Road. June Fri 1st - Quiz, Crossbow, 8pm. £1.50 ppn. Tel: 01454 772947 / crossbowhouse@gmail.com

To add dates or amend information please email Louiseharrison@gmail.com

All events can be viewed online at - www.villageaction.org.uk



The Greenfield Club in Winterbourne Celebrate Outstanding Ofsted Results

The Greenfield Club, a local After School and Holiday Club is celebrating their most recent Ofsted report of Outstanding! The Club, based in Winterbourne, provides both an After School and Holiday Club for children aged 4-11 years.

The Club is a non-profit making charity with a Management Committee who act as trustees. It provides a daily Breakfast Club and After School Club for local children attending Elm Park and St Michaels Primary Schools, providing flexible and affordable childcare for up to 45 children.

A Holiday Club runs throughout the school holidays which provides a range of activities from crafts, games and exciting trips.

"We're super proud of our Outstanding inspection report – the team have worked really hard to ensure that our standard of care is at it's highest" says Club Manager Mrs Sian Pumford.

The Ofsted report highlighted our continued efforts of improvement; we are committed to training *"highly skilled staff,"* who work *"tirelessly with local schools, pre-schools and other early years providers to fully complement the delivery of the early years foundation stage"*. The inspector added that, *"The Manager is an exceptional role model and empowers her staff highly effectively"*. As a result, here at Club the *"children thrive"* with the support of *"very caring and knowledgeable staff"* who *"meet their emotional well-being exceedingly well"*.

Parents can visit The Greenfield Club website to learn more and local people are invited to join the board of trustees who support the running of the Club – www.thegreenfieldclub.com

'FABULOUS AT 50'



In this, its 50th Anniversary year, the Thornbury Musical Theatre Group invite you to join us at the Armstrong Hall in Thornbury for our celebratory concert 'Fabulous at 50' on Friday 18th and Saturday 19th May. A marvellous medley of musical melodies, TMTG will entertain you with some of our showstoppers from concerts, pantomimes and musicals from the last 50 years. Remastered and orchestrated for 2018 you will be entertained with songs from the stage, silver screen and good ol' favourites, plus high energy dancing and you will be toe tapping your way home without doubt.

There will be three performances: Friday 18th May at 7.30 pm and Saturday 19th May at 2.30 pm and 7.30 pm.

All tickets are £10 and group discounts are also available. Bookable online now at www.tmtg.org.uk. For enquiries call Angie at the Box Office on 07516 270140. Tickets will also be available at Lisa Costa Residential Sales and Lettings at 53 High Street, Thornbury from Saturday 14th April. We are once again indebted to Lisa Costa Residential Sales and Lettings for their generous offer to run our Box Office. The staff are big fans of TMTG and are always delighted to meet our audience members, but remember it's a very busy office so please be patient if they're not available the first time you call.

For more information about 'Fabulous at 50' and our group generally, take a look at www.tmtg.org.uk or contact us by e-mail at membership@tmtg.org.uk. You can also follow us on Facebook.

Throughout the 50 years, people have come and gone (and usually stayed for a very long time), but the one thing that remains is the team spirit and willingness to do a brilliant job and do justice to our artform, both on and off stage as all departments pull together. We are passionate about performing and innovative in the shows we produce and have built up a massive following. Come and witness the talent and splendour of our performers, there for your enjoyment.

We look forward to welcoming you to celebrate our 50 years of performing!



**ANTIQUES
ROADSHOW is
coming to
Aerospace Bristol on
Thursday 17 May**



What story will you bring?

BBC One's Antiques Roadshow will be filming at Aerospace Bristol on Thursday 17 May. Fiona Bruce and the team of Antiques Roadshow experts will be waiting to welcome you, so dust off your family heirlooms and dig out those car boot bargains and bring them along for free advice and valuations to visitors.

The Roadshow will be filming at the home of Concorde - Aerospace Bristol. The new museum celebrates the city's historic links to the birth of aviation and the development of supersonic travel. At the centre of this new attraction is Concorde Alpha Foxtrot - the last Concorde to be made and the last Concorde to fly.

Last year, the programme celebrated four decades on the road with some truly amazing finds, as presenter Fiona Bruce explains: *"Can this year be even better than our last? We'll have to go some way to top the most valuable Faberge ever seen on the programme, a correction to Darwin's theory of evolution by the great man himself and one of the best collections of show business memorabilia ever seen by our experts."*

"But I have every confidence we'll do it and the thousands of people that come along to see us will pull some extraordinary things out of their bags/trolleys/bits of newspaper/suitcases/boats - and one year even out of a cart led by a dog. I can't wait."

Robert Murphy, series producer of Antiques Roadshow, said: *"It's a hometown show for many of the team and Aerospace Bristol is fast proving one of the most fascinating and entertaining new venues in the southwest. We're looking forward to a bumper turnout and can't wait see what kind of cherished objects emerge from the attic!"*

"It's a great free, family day out and you can see how we make one of BBC One's most popular programmes. Our team of experts are on hand to help visitors discover the hidden history of their objects – you never know, it might just be your item that turns out to be something very special and potentially very valuable!"

Doors open at 9.30am and close at 4.30pm. Entry to the show is free, everyone is welcome, and no tickets or pre-registration is required. For parking arrangements please check our website.

Visitors are welcome to just turn up on the day but they can also share their stories about the special items they are bringing along using Share Your Story on the Antiques Roadshow website.

Alternatively, email: antiques.roadshow@bbc.co.uk or write to Antiques Roadshow, BBC, Whiteladies Road, Bristol BS8 2LR.

More information, frequently asked questions, and parking information, can be found at: www.bbc.co.uk/antiquesroadshow or on the show's Facebook page



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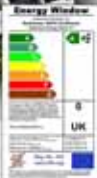
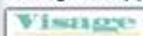
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