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# Winterbourne & Frampton

including Coalpit Heath & Winterbourne Down



Matters

Jan/Feb 2018





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# Dear Residents,

A very Happy New Year to you all! We hope 2018 will be a great one for us all.

It is at this time of year we set about making positive resolutions for the months ahead. If you are looking to get fit, book in for an eye test and improve your health and well being - you will find some fantastic local businesses within the pages of this magazine to help you on your way.

If you have some time on your hands and are looking for fulfilment, and to make new friends, volunteering can be an excellent way to do this, you can read about some local groups that would welcome your help.

It may be that your home or garden could do with some care taken of it in 2018. don't put off the jobs that need doing any longer, visit our Home and Garden Trade Section and feel good about booking an expert in to come and help.

community@mattersmagazines.co.uk

To the Community For the Community We look back to the end of 2017, to celebrate some of the wonderful community spirit that enabled some fantastic fundraising by local groups for Children in Need.

As always, we are pleased to bring you reports from local organisations such as - Winterbourne Library, WADCA, The Floral Friends of Frampton, St Michael's School, The Friends of Brandy Bottom, Winterbourne Medieval Barn, The Village Diary and many more!

If you are a local group looking to share your news or raise your profile in the community, then please do get in touch with us and we will be happy to help.

Take care until next time,

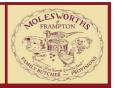
Kerry & Jaci X

01454 300900



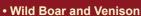
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# News from Floral Friends of Frampton



#### Logs for Glebeland

Logs have now arrived from South Gloucestershire tree surgeons, to mark the border of our wild flower area at the Glebeland. Hopefully this will mark the area clearly to grass cutters so that we can maintain a twice yearly cut.

#### Frampton End Road

Floral Friends volunteers have worked together with volunteers from Iron Acton, to plant native daffodil and bluebell bulbs along the banks of Frampton End Road. Snowdrops in the green and native primroses will be planted at a later date - hopefully these flowers will naturalise and make this a wonderful place for a Spring time walk.







#### Floral Friends AGM

At the recent AGM, the Chair of Floral Friends presented a comprehensive report of what has been a very busy and successful year for the group. It is available on our website http://ffframpton.wixsite.com/ frampton-cotterell

The planters, floral gateways and hanging baskets have now all been replanted with winter bedding. We hope they cheer everyone up through these dark winter months.

If you would like to come and help us - you don't have to be a gardening expert, just happy to lend a hand and help us to make our village beautiful – please email us at floralfriendsofframpton@gmail.com

Much more information about our activities is available on our website - http://ffframpton.wix.com/frampton-cotterell



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#### Wrap around care at Watermore **Primary School**

Watermore is interested to receive expressions of interest from external providers to take over the running of the existing breakfast club, which is currently run as a charity by parent volunteers. The successful tenderer should be in a position to take over the service from the start of the 2018/19 academic year at the latest.

The breakfast club currently takes 42 children and has a waiting list. It operates from the hall, library and former IT room in the Orchard (Woodend Road)

Once the new school building is opened in September 2019, it is our expectation that the organisation running the breakfast club will commence an after-school club. A recent questionnaire sent to parents suggested that there would be significant demand for after school care.

Watermore is running a tender process to select the provider and parties who wish to register their interest should contact the Clerk at alex.jones@ watermoreprimary.org.uk. The closing date for initial applications is Thursday 18 January 2018. The potential providers who are shortlisted will be invited to produce a business plan proposal by 2 March 2018.



3 WHITEGATES, FLAXPITS LANE, WINTERBOURNE BS36 1JX

01454 775530



#### Katherine's Aerobics & Conditioning (Women Only)

Weds 10.30–11.30am, St Michael's Rooms, Winterbourne, BS36 IRD

Sticking with Exercise! Adults should aim to be active daily. Indeed, over a week, activity should add up to at least 150 minutes of moderate intensity activity in bouts of 10 minutes or more. But how on Earth do you stick to it? Attendees from 'Katherine's Aerobics & Conditioning' classes discussed 5 simple steps that have helped them keep on attending her sessions, some for over 7 years!

- 1. Make it fun! Themed routines such as the Retrobics 80s, Dirty Dancing, Bollywood, 90s and Noughties and Gone Clubbing help keep the classes fun.
- 2. Keep it varied Every six weeks the playlist and routine changes, which keeps it interesting.
- 3. Choose the level that's right for YOU! With harder and easier options, the class is open to any level of fitness.
- 4. See the results...and you'll keep coming back for more! Amanda, 41yrs, lost 30lbs on what she refers to as the 'eat less rubbish, do more exercise' diet, which included coming to Katherine's classes.
- 5. It's a bargain! Katherine's Aerobics has a 6 classes for the price of 5 (£25) deal running throughout January - or £5 per class (drop-in).

"I started Katherine's **Aerobics** class in January as part of a new year's



to do more exercise, I think it may be the only one I have ever kept up! I absolutely love this class, it is really fun and has a really positive, friendly vibe."

"I can honestly say this class has become an important and prioritised part of my weekly routine. not only for my physical health but also for my mental wellbeing."

Why not give this local class a go for yourself?

Book Katherine's Aerobics and Conditioning via Move GB or drop in for £5 per class.

For further information: Find Katherines. Aerobics on Facebook, Call 07866 918 683 or Email: katherinesaerobics@hotmail.co.uk





### Clinical Hypnotherapist **Catherine Smart DHP MNCH CHBP**

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Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

Call me on: **07964 991689** E Catherine@hypnotherapistbristol.com www.hypnotherapistbristol.com



#### AllSports Rehab

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Take action today! Book into the local clinic and let me help you back to health in 2018



The annual Winterbourne International Christmas Market was held on Saturday 18 November 2017. There was a great turnout, with the event being well supported by parents, staff and the local community.

There was a wonderful collection of really high quality and diverse goods on offer on the stalls, and the market had a lovely early Christmassy feel. All of the people who came along seemed to have a good time. There were crafts for the children, a 'treasure hunt' for pictures with prizes, and a chocolate tombola stall, along with mulled wine and a mince pie on the refreshments stand.

The Friends of WIA, who organise the event, would like to thank the stall holders and everyone who attended, helped or contributed any of the amazing raffle prizes. A marvellous £1,750 was raised! The team are now looking forward to the 2018 market!





#### Training, Advice, Support & Information

For: - Musculo-skeletal therapies

- Energy medicine
- Muscle energy techniques
- Trigger point therapy NLP & the more esoteric arts
- · Ever considered a career in the healing arts?
- Interested in training across multiple disciplines?

# New regional course coming to your area

Almondsbury, Bristol

The course is a foundation in Osteomyology. By the end of 2018 you will be able to:

- · Set up your own clinic
- Treat your patients effectively and above all safely

# Course starts 25th February 2018

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Course includes: All lectures. Course notes. Anatomy & Physiology Text Books. Static Couch. 1st year Free Membership to "The Association of Osteomyology" www.osteomyology.co.uk

Start the New Year Pain Free!

Book in with local Osteomyologist expert -Dr Dawn Clode Ostm, Lic MET, Lic CR, FAO

Many of us live with pain of some sort - aching lower back, stiff shoulders, sore joints, repetitive stress injuries from hours at the computer! But few of us find the time or resources to rectify these problems, which would enable us to live a happier, healthier life! Now is the time to take action and Osteomyologist Dawn Clode is here to help!

Dawn's New Year has got off to a great start, as she has not only become a Dr of Osteomyology but also once again been awarded Osteomyologist of the Year for 2018!

From her Holistic Health Practice in Little Stoke, Dawn treats people of all ages, suffering with numerous different types of physical or emotional pain.

Dawn practices a wide range of treatment modalities to effectively address each individual's pain. These include; Acupuncture, Aromatherapy, Confidence and Self Esteem Coaching, Cranial Sacral Therapy. Manipulation (HVT), Massage, Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP), Reflexology and Reiki.

For some people one session is enough to rectify their pain completely; for others a few sessions are required. Dawn told me, "The ideal is to balance the



The thrill of having somebody walk in to my Holistic Health Practice with pain and leave with significantly less or none is somethina I will never tire of."

patient, get them moving in tune with themselves. and then see them every few months for a check up to ensure that they are on track!".

#### Make a positive change in 2018!

Is pain holding you back from taking part in hobbies you love? Or do you suffer on a daily basis simply trying to get through your day?

Take action now and make a positive change this New Year, book in for an appointment with Dawn and take your first steps to living pain free!

Dawn is happy for you to get in touch for further information. Please call: 0795 1099 491 Visit: www.life-and-soul-empowerment.co.uk Her holistic treatment room is in Little Stoke.



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# What's Going On at Winterbourne Medieval Barn

Winterbourne Medieval Barn, Church Lane, BS36 1SE

Local people have been working for 20 years to save the wonderful medieval barn, which was on the verge of dereliction, and bring it into community use. In May 2016 'development funding' of £165,000 was awarded by the Heritage Lottery Fund (HLF) to help Winterbourne Medieval Barn Trust and South Gloucestershire Council progress plans for the long-term future of the barn and associated buildings. These plans were submitted to the HLF in November 2017 as Part 2 of the grant application totalling £1.045m, and the HLF decision is expected in March 2018. Meanwhile the Trust also has to raise an additional £400,000 of match-funding.



On the assumption that the HLF approves the proposals, refurbishment work will commence at the Barn early in 2019 and it is anticipated that the site will reopen fully in 2020. The planning application and listed building application have been submitted to South Glos Council, and progress should be shown on the SGC Planning website.

As a separate project, work started in October

to restore the cart shed as a Reception and Education Facility, and it is hoped that this will be in use from early 2018. The Trust is planning another varied programme of community events for 2018, and full details will be on the website shortly. Popular events that will return this year include a Jazz evening in May. Medieval Favre in June. summer music and drama, and Orchard Harvest Day in October. The first event of 2018 is another Apple-Grafting workshop on Saturday 3 March, and bookings are now being taken.

Winterbourne Medieval Barn Trust is always delighted to welcome new volunteers, whether to help with maintenance and repairs, with the productive garden, with planning and administrative tasks, or to help out at events. Volunteering provides an opportunity to meet new people as well as helping the Trust and the wider Community, and maybe learning new skills. You can give as much or as little time as you wish. Volunteers have the opportunity to help to shape the future of this



magnificent building at a crucial point in its history. Contact details and more about the Medieval Barn. are available on the website.

#### www.winterbournebarn.org.uk

Registered Charity No. 1112908

#### **Apple Grafting Workshop -**Saturday 3 March, 10am-4pm



A one day course which explains why and how we graft fruit trees. It is run by Ben Raskin, Head of Horticulture at the Soil Association who is a very experienced horticulturist and an excellent tutor. Learn to sharpen knives, cut the wood correctly and

prepare it for grafting, and then make your own graft from start to finish, ending up with a new apple tree. There will be the opportunity to make at least three grafts to take home. With this skill, you will have the whole world of apple varieties available to you to be able to grow yourself.

The workshop costs £45 for the day and could make an excellent and unusual Christmas present for a keen gardener. Limited to eight people – advanced booking essential. More details on the website www. winterbournebarn.org.uk/events.html or ring Robert on 0117 957 4921.

Winterbourne Medieval Barn. Church Lane, BS36 1SE

# Happy 65th Birthday Frampton Cotterell WI

Frampton Cotterell WI (Avon Federation) recently celebrated it's 65th birthday! Members attending the AGM, enjoyed a special social gathering after the official matters were brought to a close – this included prosecco, a delicious celebration cake baked by one of our members, more cake, and nibbles. Not only that, entertainment was provided by the fantastic Frampton Shanty Men – a locally based male voice choir who sing traditional sea shanties. Everyone enjoyed their performance immensely.

Longer standing members were all presented with a commemorative piece of Bristol Blue Glass to mark the occasion. Also our longest serving member (of 62 years!), Margaret Bates shared the cutting of the cake with our President Rosey Simpkins. It's amazing to think that Frampton's WI has been going strong for 65 years now – and with several members having attended for 50 to 60 years or more. The birthday party was enjoyed by all.

Visitors and new members are welcome to our monthly meetings at St Peter's Hall on School Road at 7.45pm, on the fourth Tuesday of the month.

There is a charge of £2.50 for the evening and any new members can also join by paying a membership fee. Special interest groups that meet separately including a book club, craft group, choir and our skittles and darts teams.

Please search FramptonCottWI to find out more, and to like our page.









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#### Get your skates on with WADCA!

The Ice Rink is here, for ONE DAY ONLY! Saturday 3 February. It is a shared fundraising event for WADCA, Silverhill School, Fromeside Gym and Elm Park Primary School. Anyone can go, but it will be tickets in advance only, due to limited numbers available. Tickets will go on sale from 8 January at £6 each or £20 for a family of 4. There will be food and drinks available to buy and some stalls in our Main Hall to browse. Why not come along to get a mulled wine and watch the fun!

Skating sessions are 25 mins with 35 people per session. Skates are included in the ticket price and there are dual blade skate available for toddlers. Ice scooters and even the option of a disabled chair (if requested) along with a snow machine to add to the atmosphere and fun! WADCA are confident that it will be a huge success and hope to do it annually. So please support your local charities and book your tickets on 8th January 2018.

We look forward to welcoming many of you to Smack the 80s in February (further details below) and, The St Peters Players are performing a fabulous panto at the venue in early March - Oh yes thev are!

A very Happy New Year from WADCA!



# MS FIRES & FLUESLT

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# **Bradley Stoke will be** seen clearly

A BRADLEY STOKE opticians will ensure that more than 1,000 local children and adults are seen more clearly this winter thanks to donations of high-visibility vests.

Specsavers in the Willow Brook Centre, Bradley Stoke, has so far handed out 1,325 of the vests to a variety of groups including schools, nurseries, Rainbows and Brownies,

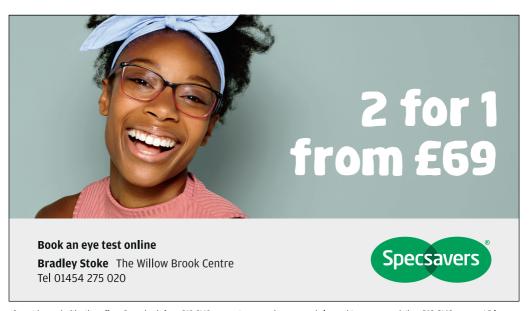
'We feel very strongly about ensuring our local community can be seen when out and about during the winter months,' says store director, Ed Stanleigh. 'Road safety is obviously an important issue all year round, but even more so when there are fewer hours of daylight. We are thrilled to have been able to donate so many vests and hope that they will help give some peace of mind.'

Sara Messenger, Unit Leader of First Alveston Rainbows and First Pilning Rainbows, comments: 'The vests will come in very handy when we go out on trips and visits, ensuring the girls can be seen clearly. They'll also come in very handy to make sure we can keep an eye on

everyone more easily and we'd like to say a big thank you to Specsavers for the donation."

For more information, please visit Specsavers Bradley Stoke at Unit MU4, Willow Brook Centre, Bradley Stoke, BS32 8EF call 01454 275020 or visit www.specsavers.co.uk/ stores/bradleystoke





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# Community Noticeboard

For free listings contact community@ mattersmagazines.co.uk

# Winterbourne Tuesday Group

Winterbourne Tuesday Group's new programme started in September with a fascinating illustrated talk about 'Heaven on Lundy' by Alan Mildren.

The Group meets at 7.30pm on the second Tuesday of the month at The Greenfield Centre, Park Avenue, Winterbourne.

The meetings, which are open to both ladies and gentlemen from Winterbourne, Frampton Cotterell and beyond, give an opportunity to socialise with refreshments, make new friends and listen to a speaker.

The 2018 forthcoming programme is:

- 9 January SS Great Britain
- 13 February Tools for Self-Reliance
- 13 March Humorous Poems and Readings
- 10 April My Life in Music with Geoff Pegler

8th May - The Queen's Bodyguard of the Yeomen of the Guard

12 June - AGM

For further information, please contact Barbara White on - 01454 774229

# St Saviours Church Coalpit Heath Church Events

#### Open Church Fridays

Weekly lunches run every Friday in the church hall. From 11.15am coffee or tea are available, then lunch is served around noon. Enjoy homemade soup and roll or bread. No need to book, plenty of food available. Any donations go towards church funds. Everyone is welcome.

#### Film nights

Once a month for children, with supper. Supper maybe sausage and chips with, popcorn, during the film. The film is chosen by the children – the children bring a film and decide which one they would like to watch. If a family would like to come along, they meet at 5.30pm on the 2nd Saturday of the month.

Also a film night for Grown ups. Every 3rd Tuesday of the month in the Church at 6.30pm, followed by supper, find out more go to the Church Website.

#### Mothers union

Meet the 2nd Tuesday of the month. Mothers Union do lots of good work, if you would like to have more information Contact Mary Head 01454 887870.

See more at – themothersunion.org

#### Parish Praise

1st Sunday of the month is for all ages at 10am followed by refreshments.

www.coalpitheath.org.uk

### What's on at The Miners

**Table Top Sale** 

Saturday 3 February 1pm to 3pm



To book a table at £5. **Tel: 07920 145352** 

www.cphvh.co.uk

Find us on Face book @coalpitheath 214, Badminton Road, Coalpit Heath, BS36 2QB. Tel: 01454 776958

# The Manor Hall at Coalpit Heath

CIO Registered Charity Number 1169917



Community Coffee Mornings on 17 January & 21 February 2018

In aid of Macmillan. Held in the Jubilee Room on the 3rd Wednesday monthly, 10am to 12noon (excl August and Dec)

All profit from the sale of refreshments will be for the Manor Hall CIO.

Handmade cards sold in aid of BRACE usually available monthly.

Thank you to NISA for sponsoring our coffee morning and donating the tea and coffee.



# Zion United Church Celebrating 50 years



Zion United Church,
Woodend Road, Frampton Cotterell, is
celebrating 50 years as one church on
the weekend of
27 and 28 January 2018.

There will be a display of the history of the four churches coming together as one, with tea, coffee and cakes on Saturday morning from 10 -12 in the beacon.

On the Saturday evening, between 7–10 pm, Zion is having a 60s party in the church with a live band, food, a non-alcoholic bar with drinks to purchase and 60s music. This is a ticketed event and tickets will cost £10 each and are available from Zion Office (Tel:01454 776618) with a prize for optional 60s fancy dress!

On Sunday morning Zion is holding a celebration service to which all are welcome.

Please do come and join us.

# Thursday Travel Club

at St Saviours Church Hall, Coalpit Heath

First Thursday, monthly (September to March) 7.30pm, £2.50 to include tea and coffee. All welcome. Contact Roger on 07925 296930

Thursday 4 January 2018

Paul Evans 'Monologues and Poems'

Thursday 1 February

Bernard Merrick 'Islands of Scotland'

Thursday 1 March

Bernard Purrier 'Whales and Dolphins'

Winterbourne Down Carnival needs your help! The committee meets up regularly – why not join us? Just ask one of the committee for details – we'd welcome more help!

Please help to keep this carnival alive! In March 2018 we will once again be seeking volunteers to help during the MayDay carnival day with setting up/manning stalls/manning the road closure areas and tidying up. All we ask is an hour of your time to help make this carnival day another great success — you don't need to join the committee or attend any meetings.

For further information please contact either the Secretary on 01454 851059 or the Chairman on 01454 772072.

# Winterbourne Down & District Horticultural Society Meetings

All Saints Church Hall, Church Road, Winterbourne Down, BS36 1BX, 7.30pm

Meeting every second Tuesday of the month. Visitors welcome.

2018 Programme.

January 9: Nathalie Mignotte – "Seasonal Colours in the Garden"

**February 13:** AGM followed by American Supper

March 13: Alan Wells - "Tulipmania

# Emma cuddles up to soap star Adam after I

"I couldn't believe the

change in Emma. she

looks incredible and

has achieved so much.

It's really humbling to

meet someone who has

had the courage to turn

their life around and do

something positive."

**Adam Thomas** 

A 31-year-old, local, super slimmer has reached the finals of a competition to find the UK and Ireland's top female slimmers, where she met top soap star

Adam Thomas.

Emma Ogden was one of just 10 women to make the finals of Slimming World's Woman of the Year 2017 competition after losing an impressive 11st 10.5lbs.

Emma, who slimmed from 24st 0.5lbs to 12st 4lbs, made it to the semi-finals after members of her Coalpit Heath group voted for her to be their representitive in the national Woman of the Year competition.

She then went on to triumph at the regional heat, which saw her go through to the Woman of the Year 2017 semi-finals at Slimming World's head office in Derbyshire. It was there that she reached the final 10 of the competition and was congratulated by Adam, who is best known for playing the role of Adam Barton in Britain's longest-running soap, Emmerdale.

She says: "Before I found Slimming World, losing weight always seemed such a struggle. If I wasn't feeling hungry or deprived, it was the mental battles - like feeling as though I was missing out because I couldn't socialise with my friends, go out

> for a meal or do things with my family. After I joined Slimming World it was as though my eyes were completely opened and I found a new way of eating that easily fit around my life. The changes I've made were so simple - little things like switching white bread for wholemeal and using low-calorie cooking spray instead of lots of oil. I noticed a change on the scales though – in mv first week I lost

9lbs! I couldn't believe it.

"What made it even easier was the fact that others - including family and friends could eat the same meals. Favourites like spaghetti bolognaise, chicken tikka masala and even chips were all on the menu. I picked up loads of tips in my Slimming World group too. Everyone is full of ideas and advice, and their support really helped me to believe in myself and my ability to make a change. I honestly don't think I could have done it without them!



# be hot! Slimming World

#### **Tuesday**

#### Winterbourne

The Greenfield Centre Park Avenue 9.30am. 11.30am Tel: Frankie 07519 347243

#### **Tuesday**

#### Winterbourne

The Greenfield Centre Park Avenue 5.30pm & 7.30pm Tel: Frankie 07519 347243

#### Wednesday

Frampton Cottrell Frampton Cottrell C of E Primary School 7.30pm Tel: Lisa 07815 759118

#### **Friday**

#### Coalpit Heath

The Manor Hall Coalpit Heath 9.30am Tel: Lisa 07815 759118

Facebook Page: Frampton Cottrell and Winterbourne Slimming World

slimmingworld.co.uk II 0 0 0344 897 8000





touching hearts, changing lives

# r losing 11st 10.5lbs!

"Losing weight has encouraged me to think about how active I am too, so I've taken up running, weight training and cyling. I really enjoy it. Slimming World has completely changed my life."

Adam, who also appeared on I'm a Celebrity... Get Me Out of Here!, was bowled over by Emma's transformation

He said: "I couldn't believe the change in Emma, she looks incredible and has achieved so much. It's really humbling to meet someone who has had the courage to turn their life around and do something positive. Everyone has been chatting about how much they love food today too, some of the Slimming World recipes sound great - a far cry from the grub you'd get in a Bushtucker Trial!"

Lisa Graham, who runs the Coalpit Heath group that Emma attends, said: "Emma is a wonderful asset to our group. Her remarkable transformation has inspired so many of her fellow slimmers, so we feel very lucky to have her. The change on the outside is plain to see, yet she has changed so much inside, too. These days she's bursting with confidence and ready to take on whatever challenges life throws at her. She's beautiful inside and out, and we couldn't be prouder of her.



"If Emma has inspired anyone else in Bristol who'd like to lose weight, they're more than welcome to join our group at the Manor Hall or call me on 07815 759118."

While Emma made it to the final 10 in the competition but unfortunately she was not the overall winner. Slimming World's Woman of the Year 2017 was Fay Marshall, from Enfield in North London



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#### Dick Whittington and his Cat come to Thornbury

After the success of last vear's Rose Bowl nominated pantomime, the Thornbury

Musical Theatre Group, in its 50th Anniversary year, is very pleased to bring to you what we think will be another blockbuster. They will be performing the pantomime 'Dick Whittington and his Cat' at the Armstrong Hall in Thornbury from Wednesday 14 to Saturday 17 February with two matinées.

Written by Chris Denvs and Chris Harris, and directed by Dorothy Wrench, 'Dick Whittington and his Cat' is packed with all the traditional fun. Dick Whittington comes to London with his feline companion Tommy to seek his fortune. He is employed by Alderman Fitzwarren, and falls in love with the Alderman's daughter Alice. Dick and Tommy embark upon an adventure which takes them far from London and its streets paved with gold to Morocco where he makes good with the help of Fairy Bowbells, Tommy and Sarah the Cook, despite the evil schemes of King Rat. With the usual old favourites, and a few new friends, this is sure to be a family favourite.

There is music for everyone and all the fun and frolics of a traditional family pantomime - audience participation, hilarious comedy, catchy music, drama and romance. You might just need your factor 30 sunscreen and your sea sickness remedies!

Performances are 7.30pm nightly and matinées at 2.30pm on the Friday and Saturday. Tickets are bookable online at www.tmtg.org.uk with no booking fee. £12.50 Adults, Senior Citizens £11.50 and only £5 for children as a special 50th Anniversary offer price. Group discounts of 10% for 10+ seats. For enquiries call Angie at the Box Office on 07516 270140. We are once again indebted to Lisa Costa Residential Sales and Lettings for their generous offer to run our Box Office at 53 High Street from Saturday 6 January. The staff are big fans of TMTG and always delighted to meet our audience members, but remember it's a very busy office so please be patient if they're not available the first time vou call.

For more information about 'Dick Whittington and his Cat' and the Thornbury Musical Theatre Group generally, take a look at www.tmtg.org.uk. You can also follow them on Facebook.



#### **FRAMPTON COTTERELL** and DISTRICT

#### LOCAL HISTORY SOCIETY

Monthly meetings are held on the third Wednesday in each month (October to April)

at Zion Church Hall, Woodend Road Frampton Cotterell, BS36 2HY Commencing at 7.30 pm.

All welcome. Entry £4 Free to members, annual subscription £15 **Includes light refreshments** 

### 2018 **PROGRAMME**

#### **January 17 2018**

A Little Kingdom - the Harman family's Lundy 1925-1969, Andre Countanche

#### **February 21 2018**

Tudor History – Bloody Mary, Professor Ronald Hutton

#### March 21 2018

The GWR Badminton Line, Alan Freke

#### **April 18 2018**

AGM, followed by a talk by Sarah Harris -Marie Antoinette's Guide to Farming

#### May 16 2018

Ghosts in the Garden, Dr Steve Poole

# Life in year 6 at St Michael's Primary School, Winterbourne

#### By Sophie, Jess and Holly

We have recently moved up to year six, so far it has been a blast! Many challenges have faced us - like Maths and English but our teachers have always rewarded us with something awesome, like finding gold at the end of a rainbow. Here are some of the fun things we have been up to throughout the 3 months we have been in year 6.

At the start of the year we got paired with buddies in reception. So far we have we have started having lunch with them, having playtime with them on Tuesday and Friday plus, regularly listening to our buddies reading. At lunch we look forward to eating and playing with them: each person in year 6 has their own day to go and eat with their buddy. We all love eating lunch together and chatting about their day. Having a reception buddy is great, as we sometimes help them overcome their challenges.

In Year 6, we are allocated very important jobs, like having to hold the fort in the office, while the staff have their lunch break in the staff room. We also get to sell toast in the junior playground at break time. Another very import role is that of school council representative. The whole school has to select two people from their class to become their school council. The most important job is to be a role model to the school

Recently, a few children in year 6 asked Mr Vye if they were able to organise a cake sell in aid of Children in need. This was a huge event, as we had to design posters to advertise the event and create a letter to send home to parents. The cake sale was a huge success and this year we raised £340 for Children in Need. Pudsey even made a special trip into school to celebrate our fund raising success.

At the start of the year, many of us were nervous about the challenges we would face in year 6. Although we are learning some very challenging topics, we know we can do it and along the way, we have had many laughs with our friends and teachers. At time of writing this we are looking forward to the Christmas holidays but with lots to look forward to in 2018 (school camp in June!), we can't wait to come back to school.









### In His Ancestor's Footsteps

Trevor Pontz from Florida, discovered a couple of vears ago that his ancestor Anthony Sturges, was born in Frenchay in the 1640s and was baptised and married in St Michaels church. Winterbourne. before moving to Philadephia in 1683. Until then. Trevor had always thought that his roots were entirely German. His ancestor Julius Sturgis, who founded the first commercial pretzel baker in America in 1861, is credited with "inventing" the hard or crunchy pretzel.

It turns out that Anthony Sturges was a feltmaker in the hatting industry, and a Quaker, who was given a land grant from William Penn in 1683 for a plot in the new city of Philadelphia. Anthony and his wife Ann, sailed for the New World on the Bristol Factor ship, landing in Philadelphia on 4 October 1683, with four of their children. Sadly, other children had died in childhood - Mary in 1668, Hannah 1669, Joseph 1671, and William 1672 - and while records are inconclusive, it is likely that they were buried at St Michael's. Winterbourne.

As a descendant of a Winterbourne family, Trevor Pontz embarked on his first ever visit to the UK, and Winterbourne, in November 2017, to walk in the footsteps of his own history and that of the early Penn Quakers.

Trevor was welcomed by members of St Michaels church, and trustees of Winterbourne Medieval Barn, who showed him around these buildings. which in many ways have changed little since his forefathers used them in the 1600s. Trevor describes the experience as feeling, "Overwhelmed with just how powerful that moment is." He thought Winterbourne quintessentially English with its "One lane roads, tiny cars, stone walls and hedgerows. confused weather, an equal amount of pubs and churches, and the kindest people one could ever

meet." He loved this visit to his ancestral roots and said he will certainly be coming

Trevor had heard about Winterbourne Medieval Barn online, and had made a generous donation to their Crowdfunder appeal in July 2017, which was part of the Medieval Barn's bid for funding from the Heritage Lottery Fund (HLF). Final plans for the refurbishment of the buildings surrounding

the medieval barn to bring the whole site into community use are being submitted to the HLF now, and the Trust awaits the HLF's decision in the spring of 2018. Meanwhile the Barn Trust still needs to raise thousand of pounds themselves to match the HLF funding (details and links on the website www. winterbournebarn.org.uk)

The Trustees of Winterbourne Medieval Barn were delighted to be able to welcome someone with such an ancient connection to Winterbourne, and are very grateful for Trevor's donation to the Barn refurbishment project.



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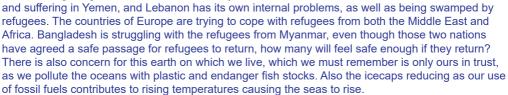


The Parishes of Frampton Cotterell, Iron Acton, Winterbourne and Winterbourne Down, in THE DIOCESE OF BRISTOL

#### **Dear Friends**

As I sit down to write this letter mid December 2017, and look back at what has happened in the world in recent years, it is difficult to see what awaits us in 2018. The decision Great Britain made to leave the European Union is proving to be a much more complicated process than most of those who voted to leave envisaged; can enough progress be made in 2018 to ensure a smooth departure in 2019?

As we look around the rest of the world it is difficult to see anywhere that has the peace and unity that is God's will for his creation. There seems to be no way of resolving the situation in Syria, where the IS fighters seem to be getting out to cause trouble in major cities. There is conflict



There seems to so many difficult situations where aid is urgently needed, how should we respond? We must support appeals for aid when it is possible for us to do so, and not feel guilty that we can't respond to all. One cannot help wondering what sort of world we would be living in if all had listened and acted on the commandment "love your neighbour as yourself."

What we can do is try to lead the life that Jesus wanted us to lead, by loving our neighbour, and by prayer, we can pray for those aid appeals that we chose to support, and pray even more for those that we are unable to support. By recycling and by reducing our waste to a minimum, we can also help to preserve the environment we have been blessed with.

Wishing you every blessing in the year ahead,

#### **Wally Watkivs**

LLM St Michael's Church, Winterbourne







#### **CAN YOU HELP? Could you make a** difference to the life of a Chernobyl child?

We are appealing for two host families to help us next summer (2018). Do you remember the Chernobyl disaster back in April 1986? The population of Belarus can never forget.

They will be forever affected by the legacy of the world's worst nuclear disaster - the radioactive fallout was nearly 400 times greater than the bombs dropped in 1945 on Hiroshima & Nagasaki combined. The World Health Organisation has classified 500,000 of the children in Belarus as being "at risk" - or put another way - only 6% of the children are considered healthy!

The Chernobyl Children's Lifeline charity was established by Victor Mizzi O.B.E. in 1992. Building on his example, we are bringing a group of 16 children from the Osipovichi district of Belarus this summer for a month's respite break.

Could you share your home with two 11 year old children for two weeks from Sunday 22 July to Sunday 5 August? There is a comprehensive network of support for host families - you would not be on your own. The children will take part in lots of planned activities that we have organised on their behalf. These range from sports to the arts. from local visits to coach trips to the sea or countryside. There will be two interpreters with the group and they are on hand around the clock should there be any language difficulties or for general advice and assistance

If you think that you can help us to help these most unfortunate children please call Andy March: 07812 159942, visit our web site at www.ccll.org.uk/ **bristol** to find out more, or visit the Gallery so that you can see all the fun and activities from previous summers. You can also find us on Facebook - go to @ccllbristol

Thank you for thinking about helping us to help these children.





#### Are you a parent or Carer?

Looking for something to entertain your baby or toddler? Why not pop along to Butterflies baby and toddler group?



We are a NEW, friendly and welcoming group and we would love to see you on Mondays 10.00-11.30am during School term time.

St. Saviours Church Hall, Beesmoor Road, Coalpit Heath, BS36 2RP

We have lots of Fun activities:

Including lots of toys, weekly craft table, dressing up, book corner, song time and a sit and ride zone. We have baby changing facilities as well as a designated baby play areas for crawlers.

Pay as you go £3 per family.

Refreshments included for grown ups. Drink and snack included for children.

Just come along or email butterfliestoddlergroup@gmail.com



# Fantastic Gymnastics!

A proud, Winterbourne mum would like to share with you the staggering achievements of her son Jack McManus and Fromeside gymnast George Collins-Beckett.

My son started gymnastics 3 years ago at Fromeside, and was invited to join Bristol Hawks last August. Jack and Fromeside gymnast. George, both ranked in the top 6 at September's annual South West grading competition, held in Barnstaple.

Consequently they were invited to compete at the National Grades Final at the GMAC arena in Birmingham, on 4 November 2017. The boys competed with 66 other boys, all who were ranked in the top 6 of each UK region.

Although the boys now train at different local clubs, they are united in representing the South West squad with 4 other boys from the City of Bristol, Exeter and Barnstaple's gymnastic clubs. As well as significant club training, they train one Sunday a month with the South West coaches and alternate this days training between the Barnstaple and Exeter gym clubs.

The boys competition involved a mixture of strength, flexibility and capabilities demonstrated on each of the apparatus: Rings, Floor, Vault, Pommel Horse, High Bar, Parallel Bars and PPP (flexibility). All boys in the South West region held their nerve and had a confident competition.

At the concluding medal ceremony the South West team were recognised as achieving the highest regional combined score, and were awarded a glass trophy with their Regional coach.

The South West team also won Bronze medals as their top 3 scores on each apparatus ranked them 3rd in the UK just behind the North West and London teams.

Jack proudly holding his bronze medal & certificate

The South West team receiving a glass trophy with their Regional coach

Individually, Jack McManus (Bristol Hawks) ranked 4th in the UK, with George Collins-Beckett (Fromeside) ranking 18th, and fellow team mate, Thomas Hammond (City of Bristol) ranking 2nd! Consequently, the top 10 UK ranked boys are invited to attend an elite 4-day residential training in Staffordshire next month, at Lilleshaw National Sports Centre. This means Jack will be trained by the GB coaches, along with the other qualifying gymnasts.

Recognition and thanks go to all the club coaches for their tireless training, motivation and trailing around the UK to support the boys.

**Winterbourne & Frampton Matters** congratulates these talented gymnasts on all they have already achieved, and looks forward to bringing you details of further success in the future.

If you have been inspired by this story, why not contact local Fromeside Gymnastics Club – www.fromesidegym.co.uk or call: 01454 776873.



- Pre School classes for walking age up to 4 years mornings and early afternoons Monday to Friday.
- Recreational classes for school age children, 4 17 years - weekday evenings and Saturday morning.
- ★ Men and Women's competitive artistic gymnastic squads.
- ★ Over50sfitnessgroup,10–11am ★ School holiday programmes

For full timetables please check www.fromesidegym.co.uk Contact us - T: 01454 776873 E: office@fromesidegym.co.uk Watleys End Road, Winterbourne, BS36 1PW



We always love to be contacted with good news stories, that demonstrate the strength of the community.

A perfect example of this, is when a group of young, local friends decided they wanted to do something to raise money for the 2017, Children in Need appeal.

They all came together to make their products, that was largely 'slime' - the latest craft craze! Along with a selection of much better looking and tasting home-made cakes, to ensure the hungry visitors were well fed.

The group of friends did all the marketing, asked their parents to use social media to advertise the event locally and set a stall in Winterbourne. In just a few hours, they had a raised a fantastic £250 for the charity and created a day they will never forget.

Andrew Horobin and his wife Izumi Mivamoto who hosted the event, told us, "We were really pleased to have the slime sale on our drive, the girls all worked really hard to prepare for it and they surpassed everyone's expectations with the money they raised. We are so proud of them."

Andrew's daughter May, who made much of the



slimes on sale said, "I really enjoyed making and selling the slime with my friends, I wish we could do it every week!".

Sophie White, one of the friends who helped run the stall shared, "We were so pleased to raise so much money to help other children and so happy that so many people came to the stall."

The team would like to thank Andrew and Izumi for hosting the stall and say an even bigger thank you! To all the kind people of Winterbourne. Frampton Cotterell and the lovely customer who made a special trip from Almondsbury (having read their blog) who visited the stall and donated to the sale.

OSCARS is a well established playscheme providing before and after school club and holiday childcare for primary school aged children.



Holiday Childcare Throughout the year.

Open from 7.45 until 6pm Breakfast served until 8.15am Book Full, Half or a School day.

# See our website for full details www.oscarschildcare.org.uk

The Terrapin Frampton Cotterell CofE School **Rectory Road Frampton Cotterell** 

E-mail: oscars.terrapin@btconnect.com

**Telephone: 01454 250523** 

Registered Charity No: 1133716



# Tap Tastic for Children in Need!

Valerie's Dance Studio, based in the heart of Frampton Cotterell, decided to put their best foot forward to raise funds for BBC Children in Need, by taking part in a Tapathon!

I spoke with dance school owner Valerie Voisev to find out more. She explained one of her adult tappers had

seen an advert for the Tapathon and I thought what a great way to bring the whole dance studio together, have some fun whilst raising important funds for the charity

Dancers from age 4 to 40, of all standards and abilities came to together to take part in the Guinness World Record attempt, to have as many people tapping the same routine, in different locations (even countries!) at the same time. This year involved 7,518 tappers, which fell short of the record by just 78 Tappers! Valerie's Dance Studio as a school raised over £1,400 and collectively, through the Tapathon, funds were raised in excess of £38.600 for Children In Need.



"The event was absolutely unforgettable and an amazing experience for everyone involved. The kids loved meeting Pudsey Bear!"

Valerie Voisev

Not only did the dancers take part in a World Record attempt but their fantastic fundraising efforts saw them invited to take part in the live BBC show!

The regional Children in Need show was filmed at the Concorde Museum, which was a fantastic venue for the group to perform at. The talented tappers had a wonderful time on the evening. They found the presenters to be lovely and the hospitality of the BBC staff put everyone at ease.

Valerie said, "We all had to be ready on the dot, to have our run through and then make sure we didn't miss our slot on live TV! The producer made some changes as to how we were going to perform the routine, whilst also interviewing me with two of my students. They told me afterwards how impressed they were with how professional the kids had been and how well everyone coped with all the changes. I feel extremely proud of everyone involved and the experience that we got to be a part of."

I asked Valerie to summarise their involvement with the fundraising and live show, she shared.

"The event was absolutely unforgettable and an amazing experience for everyone involved. The kids loved meeting Pudsey Bear! I think pretty much everyone was pushed out of their comfort zone, conquering fears and anxieties, as some of these guys only started learning to Tap dance in the last few months! I hope it gave everyone a massive confidence boost and a memory to last a lifetime."

www.valeriesdancestudio.co.uk

# January & February 2018 at Winterbourne Library

#### **NEW Opening Times**

#### **OPEN ACCESS**

Monday – Sunday: 8.30am – 7.30pm

#### **STAFFED TIMES**

Tuesday: 10.00am – 5.00pm Wednesday: 10.00am – 5.00pm Friday: 10.00am – 5.00pm Saturday: 9.30am – 12.30pm

#### **New Library Opening Times**

See above for new opening times at Winterbourne library. If you register your card for our new Open Access system, and attend an induction, you'll be able to access library facilities throughout the week. You can borrow and return books and use the computers. Speak to a member of staff for more details.

#### **Rhymetime:**

Rhymes and songs for parents and babies/toddlers to enjoy together every Tuesday morning 10.30 – 11.00am

#### **Pre School Storytime:**

Join us weekly on Wednesdays
10.30 – 11.00am for stories and a simple craft. Now running throughout the year.



#### Lego Club:

Creative fun with stories, poems and Lego. Listen to stories and poems, then create a

model to display at the library. We'll be meeting on

6 January and 3 February, 10.30 – 11.30am. Suitable for the primary age range, children must be accompanied by an adult

#### The Craft Group:

The Craft Group is meeting on 13 and 27

January and 10 and 24 February, 10.00am – 12 noon. New members will always be made welcome by this friendly group. Share tips and ideas for your knitting, sewing or crochet projects.



Friday 16 February, 10.30 –12noon. Suitable for ages 3 – 10.

#### Come and meet the Gruffalo

Join us for a Special Pre School Storytime on Wednesday 28 February 10.30–11am.

For more information on any of the above:

T: 01454 868006

E: winterbourne.library@ southglos.gov.uk

Visit: www.southglos.gov.uk/

Twitter: @southgloslibs 'Like' us on Facebook: South Gloucestershire Libraries for all the latest news.

A very Happy New Year to you all!











al all set for a spellbinding 20

Take a gorgeous Welsh Castle, add a big stage with professional sound and lighting, put in a really good bar selling local ales/ ciders/wine/spirits, include some lovely food and of course some incredible entertainment usually reserved for city centre venues, and you get a taste of what Castell Roc offers...

The Festival continues to go from strength to strength, gaining national praise and recognition for not only great entertainment but for its relaxed atmosphere, enchanting location and superb acoustics.

Castell Roc Festival is now pleased to release details of the first of its star studded 2018 shows. held inside Chepstow Castle.

Friday 17th August 2018 - "Alabama3". The band are notable for their fusion of styles, ironic lyrics, intentionally humorous personae, and outrageous live performances. Oh, and of course they wrote the intro music to the hit TV show 'The Sopranos'.

Saturday 18th August 2018 - the incredible "Dr Hook" starring Dennis Locorriere. All the hit singles including Sylvia's Mother, A Little Bit More, When You're in Love with a Beautiful Woman and Sexy Eyes, plus many, many more.

Friday 24th August 2018 sees the welcome return of a 2017 sell-out show: back by popular demand "The Magic Of Motown" bring top Motown hits, glittering costumes, dazzling dance routines and an incredible party atmosphere to the castle.

Sunday 26th August 2018 flying in from Australia is none other than the Grammy award winning, International chart topping, British music legend "Leo Sayer"! Also including support from "Mari Wilson & The New Wilsations" an amazing evening awaits!

Monday 27th August 2018 is a unique chance to see two full theatrical show's in one evening with "Return Of The King meets Prince Experience". Leading tributes to Prince & Michael Jackson, both Artist's with their full bands and backing singers in a show never seen before.

Will they perform together, in a duo?

Saturday 1st September 2018, fresh from the big theatres is "Fastlove". An opportunity to re-live the passion, flare and the unique sensitivity of George Michael. Accurate, captivating and heart-warming, with all the big hits.

If you haven't checked out Castell Roc before, you really should!

#### Make memories ... Show tickets make great Christmas present too!!

All shows are standing. Guests are welcome to bring foldable chairs or blankets (for use in dedicated areas). Limited tickets are on sale now (with special "earlybird prices") from Hannah's Music, Chepstow (01291 627122), or online via the Festival website at www.castellroc.co.uk. All we suggest is 'be quick or miss out' .....

More shows to be announced soon...



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# growing support

because gardens are good for you





Can You Help Tackle Social **Isolation in Your Community?** 

People living in care are twice as likely to experience severe loneliness and isolation as those living in the community. The recent research also shows up to 50% of older people living in care never go outside. A local organisation, Growing Support, is using a pioneering approach to tackle this isolation. They run gardening clubs for people living in care to help them connect with the outdoors. The clubs use fun, using engaging activities specially designed to increase opportunities for light exercise, sensory stimulation and social interaction.

Growing Support is currently looking for volunteers to support their trained Horticultural Therapists in running the clubs in care homes. You would be helping more people benefit; there is strong evidence

"I would absolutely recommend volunteering with **Growing Support** to others, and regularly do!"

Karen, volunteer

that gardening as part of a group can help people feel a renewed sense of purpose, reduce agitation and improve sleep and appetite.

In 2017, 28 new volunteers joined the Growing Support team, helping them to deliver over 1,000 hours of support. Volunteer Karen said. "I found that often the sight of the plants or the sensory nature of the activity would spark memories to surface and reminiscences about the gardens the residents had at home. Even participants who had quite advanced dementia and limited verbal communication were clearly getting something from the sessions. I saw one woman who went from being quite distressed at the start of a session to leaving us with a big smile on her face and a calm and relaxed demeanour."

When asked if she would recommend this kind of volunteering, she replied, "I would absolutely recommend volunteering with Growing Support to others, and regularly do! The Growing Support team are a lovely bunch and make it clear that the work we do as volunteers is important and valued."

All volunteers receive an induction, support from a mentor and access to further training. There are regular volunteer meetings and Growing Support covers your travel expenses. Growing Support stressed you don't need to be a gardening expert!

For information on the project and how to get involved contact Sarah at volunteers@ growingsupport.co.uk or visit the Growing Support website http://growingsupport. co.uk/get-involved/



In a relaxed environment, our volunteers will show you how to use a computer (PC, laptop or tablet) for word processing,

creating spreadsheets, writing emails and using the internet.

Whether you are a complete beginner or someone who wants to improve their skills, we can help.

We use our own PCs, laptops and tablets but you are welcome to bring your own with you and our volunteer helpers will be happy to help with any questions which you may have resulting from use of your own computer or tablet. With one helper for every 2 students, you will learn through practical exercises with someone always on hand to help if vou need it.

The Computer Group meets at the Brockeridge Centre in Frampton Cotterell on Monday to Thursday mornings. Each session lasts for 2 hours and costs just £2.50.

You can attend as many sessions as you like as our courses are designed so that each person can proceed at their own pace. You can join the Computer Group at any time as soon as there is space available on the day you would like to attend.

If you would like to book a place, please contact: Jill Allan on: 01454 864442.



#### **Frampton Cotterell Computer Group** www.fccomputergroup.uk.

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brockeridge Centre, WoodendRoad Frampton Cotterell.

Mon - Thurs 9.30am - 11.30am for each 2 hour session the cost is £2.50

If you would like to join us please call Jill on:

01454 864442



#### **Volunteering Opportunity with Retired** and Senior Volunteer Programme (RSVP)

Do you love to sing?

Would you like to bring enjoyment and vitality to older people living in care homes?

If so, we would love to hear from you. We are looking to recruit volunteers over the age of 50, to run musical activity sessions for residents living in care homes and extra care sites in Bristol.

We have a small group of volunteers running regular sessions in care homes and are looking to expand this team to run more sessions for some of the most vulnerable people living in our communities, many of whom are living with dementia.

Our next training course will be in March 2018 which will include observing sessions run by our trained volunteers. We offer ongoing support and regular team meetings.

Our volunteers say:

"I absolutely love running these sessions."

"They, the group, are my friends now and I am family."

"I have so much fun and it is wonderful to see them come alive during the session."

If this opportunity appeals to you please do contact us for more information. We will be delighted to hear from you.

Jan Snook, E: rsvp-west.org.uk / T: 0117 9628 649 Ken Dolbear, E: ken.dolbear@rsvp-west.org.uk T: 0117 942 3085

www.rsvp-west.org.uk





# THE NEWEST OLD TRADITION IN WALES

(OR IS IT THE OLDEST NEW TRADITION IN WALES?)

The Chepstow Wassail Mari Lwyd is a very popular annual FREE community event suitable for the whole family combining the mainly English tradition of Wassailing, the Welsh Mari Lwyd tradition, plus a unique social meeting of the English and Welsh on

the Welsh/English border (The river Wye bridge, main photo).

The Mari Lwyd is a Welsh mid-winter tradition which dates back many centuries. The Mari is a decorated, shrouded horse skull which is carried by the Mari Lwyd group who go door-to-door, singing and challenging the families inside to a battle of rhyming insults in Welsh. At the end of the battle of wits (known as pwnco) the group are invited into the house for refreshments. There is usually singing and rowdy banter, after which the Mari group bless the house and it's inhabitants (thlwncdestyn), wish all a happy New Year and move on to the next port of call.

The Chepstow Mari Lwyd takes place on the steps of Chepstow museum in Bridge Street where a large part of the town and many visitors turn out to watch the proceedings.

1.30pm \*\*NEW FOR 2018\*\* Mari Lwyd Ceromony at the GREENMAN BACKPACKERS,

Beaufort Square, Chepstow Town Centre.

3pm Meet at the Three Tuns/Castle Inn, Bridge Street (by the Castle).

> Morris Dancing and capers outside the Tuns followed by WASSAIL of the Castle Dell Apple Trees in the Castle Dell behind the Tuns. Sundry Singing and Dancing and

Party Poppers and Toast and Cider. \*\*NEW FOR 2018: Food Vendors\*\*

\*\*NEW FOR 2018\*\* Mari Lwyd (Welsh Grey Mare) PAGEANT. 4.30pm

> Many (13+?) Authentic Horses Heads Dressed in the Traditional Way. Welsh/ English Banter, Lots of Singing/Colour/Fun and a BEAUTY CONTEST!!

Riverbank for more Morris Dancing, Music and Noise in Preparation for the Famous 5.30pm

"Meeting on the Bridge".

6.30pm Meeting of the English and the Welsh in the Middle of the Old Iron Bridge. "It's like going to War and then all Peace breaks out!" \*\*NEW FOR 2018: The centre

bridge meeting filmed and beamed to large viewscreen on the riverbank!!

GRAND MARI LWYD Performed at the Chepstow Museum. 7.15pm

> All Floodlit, Great for Viewing, Join in the Singing and Rumours of Hot Mulled Cider! \*\*NEW FOR 2018, MARI AND WASSAIL SOUVENIR T-SHIRTS AND BADGES FOR

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# FRIENDS OF BRANDY BOMON COLLIERY, PUCKLECHURCH

There have been 12 work parties since the last newsletter, bringing the total for the year to date to 54. The aim of many of the early work parties during the guarter was to prepare the site for the Heritage Open Days weekend, and after that for the arrival of the masons. Some of the exposed areas of brickwork have been covered up for protection against the worst of the winter weather, and there has also been time to work on spoil clearance around the entrance to the Old Boiler House. The masons started work on rebuilding the tops of the walls of the New Pit heapstead towards the end of November 2017.

The viewing platform in the Vertical Engine House was completed in time for Heritage Open Days weekend (photo 1), and made it much easier to explain to visitors the layout of the building. For example they could look across at the engine bed and see that there was another stone of comparable size below the bed (marked with an arrow in photo 2). This may, or may not, be an earlier engine bed. However a visitor in October, who has worked on similar mine sites in northern England, put forward different ideas about the machinery in the Vertical Engine House and its layout. These ideas are different to our current ones, and are still being assessed. He also suggested that the Cornish Engine House may be a later addition. While that building does not appear in the 1840 Tithe Map, neither does the heapstead or the chimney so its absence from the map cannot be taken as proof that it was built at a later date.

This page is just a section of our latest newsletter, for the full report, along with copies of all the previous FoBB papers, please visit our website www.aibt.org where you will also find over 300 photographs of the buildings, work in progress, and artefacts found at Brandy Bottom.

Future Work Parties: At present visitor access to the site is limited to days when there is a work party in progress. The first dates for 2018 are: Saturday 06. Wednesday 14. Saturday 24 January: Saturday 03, Wednesday 14, Saturday 24 February; Saturday 10, Wednesday 21, Saturday 31 March.

Please note that work parties, and their starting and finishing times, may be altered at short notice, so

newcomers are advised to first make contact via the AIBT's email address of info@aibt.org.

Photos thanks to R H Whitworth (© R H Whitworth 2012, 2017)



Photo 1 – The completed viewing platform spans the Vertical Engine House.



Photo 2 – Photo of the engine bed of the Vertical Engine House in 2012. The arrow points to what may be the bed of an earlier engine.

# Frampton Cotterell & Coalpit Heath Village Diary 2018

#### **January**

Thur 4 - Community Singalong, Crossbow, 2-3.30pm. £3 includes tea and cakes. Tel. 07792 495367 / hilary.jay@curo-group.co.uk

Fri 5 - Quiz, Crossbow, 8pm. £1.50 ppn. Tel. 01454 772947 / crossbowhouse@gmail.com

Mon 8 - Gardening & Social Club. Manor Hall 2-3.30pm. All welcome. £2.50 includes refreshments.

Tues 9 - Community Coffee Morning, WADCA, 10.30-12.30. All welcome.

Wed 10 - Carer's Club, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925.

Fri 12 - Folk @ Frampton, Crossbow, School Road, 8pm, small charge. All welcome.

Wed 17 - Community Coffee morning, Manor Hall, Coalpit Heath, 10am-12.00. Sponsored by NISA, Alison Allan Tel: 07873 747513 for more details

Wed 17 - Local History Society, Zion 7.30pm. 'Harman Family's Lundy 1925-1969'. £4 for nonmembers incl refreshments. www.villageaction.org. uk/village.../localhistorysociety

Thur 18 - Open Mic Night, WADCA, 8-10pm. £2. Bar. Tel. 01454 776268.

Fri 20 - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel. 01454 772947.

Sat 21 - Charity Quiz Team Night, Manor Hall, 7.30pm. £2.50ppn. Tel. 07926 173042.

Tue 23 - Frampton Cotterell WI. St Peters Hall. School Rd, 7.45-10pm, £2.50. Tel. 01454 773426 or 01454 778900 / marycroberts@talktalk.net

Wed 24 - Forget-me-not Singalong Group, Zion, 2pm-3.30pm. For local people who like a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

Thur 25 - Frampton Friendship & Dance, 2-4 pm. Zion Church Hall. Learn easy, gentle dances. Suitable for beginners. No partner needed. £3 incl tea. Tel 07515 351813.

# **February**

Thur 1 – Community Singalong, Crossbow, 2pm-3.30pm. £3 includes tea and cakes. Tel. 07792 495367 / hilary.jay@curo-group.co.uk

Fri 2 - Smack the 80s, retro party band, WADCA, 8-11.30pm. £8 Tel. 01454 776268.

Fri 2 – Quiz, Crossbow, 8pm. £1.50 ppn. Tel. 01454 772947 / crossbowhouse@gmail.com

Sat 3 - Ice Rink at WADCA. £6 ppn (family of 4 £20). Hot food & drinks. Tel. 01454 776268.

Mon 5 - Gardening & Social Club, Manor Hall 2-3.30pm. £2.50 incl refreshments.

Tues 13 - Community Coffee Morning, WADCA, 10.30-12.30. All welcome.

Thu 15 - Open Mic Night, WADCA, 8-10pm. £2. Bar. Tel. 01454 776268.

Wed 21 - Community Coffee morning, Manor Hall, Coalpit Heath, 10am-12.00.

Wed 21 - Local History Society, Zion 7.30pm. Tudor History'. £4 for non-members incl refreshments. www.villageaction.org.uk/village.../ localhistorysociety.

#### March

Thur 1 - Sat 3 - St Peters Players Panto, WADCA 7.30pm. Adult £10, child £5.

Sat 3 - Apple-grafting One day Course, Winterbourne Medieval Barn, 10am-4pm. Booking required. £45. Tel. 0117 957 4921 / www. winterbournebarn.org.uk

Sat 10 - Picture-based Fun Team Quiz, WADCA. Doors open 7.30pm. £6 per person incl light refreshments. Tel. 01454 773370 / callerscorner@ hotmail.com

Fri 30 - Passion Play, Winterbourne Medieval Barn, 6.30pm.

To add dates or amend information please email Louisemharrison@gmail.com

All dates for 2017 can be viewed on the Village Action website - www.villageaction.org.uk



Opened by H. B. Napier ESQ of Long Ashton Bristol, on 3 December 1927. The miners each paid a penny a week out of their wages for the hall to be built. It was a place for them to socialise after a hard day's work in the mines.

They had a tennis court at the front (now car park) and at the back there were changing rooms, a bathing area to clean themselves off after a game of football and a boiler room which provided the hot



Originally the snooker hall was in a shed and the players would provide drinks

and snacks to sell to make it a more social event.

When the miners did not want the hall anymore. they gave it to the village of Coalpit Heath. A committee was formed to run the hall and became a registered charity on 16 October 1963.

In the 1960s and 70s, the building was used to cook

meals for the schools in Gloucestershire. Meals were cooked and delivered to the schools in vans The now snooker hall was a freezer and was also used to weigh out ingredients and make the pastry for the following days meals.

On 7 May 1982, the management committee of Coalpit Heath Village Hall opened the 'Members Bar' in a small room to the rear of the building,







which is now part of the main lounge area. The day to day running of the bar was then under the control of the management committee and the bar was staffed by voluntary, unpaid members, which was to continue

for two years before any staff were paid. Today the bar social club is run by a separate committee.

The hall has many user groups such as Bingo, which has been running for 35 years, Ladies Leisure, Probus, Keep fit, Rising Stars, South Gloucestershire Mines Research Group, Bristol & South Gloucestershire Stationary Engine Club, Bristol Advanced Motorcyclists club & A Fishing & Snooker Club.

As part of the 90th Anniversary celebrations, on Saturday 2 December, the hall hosted a fabulous Open Day, that saw many members of the



community come along to ioin in the fun. Julie O'Donoghue,

secretary of The Miners told us "We had lots of visitors

throughout the afternoon, we would like to thank everyone for their kind donations towards the tombola, we raised £113 And from donations towards tea. coffee, cakes and mince pies - £88.50. all of which will go towards village hall funds.



Many of the visitors were pleased to share memories of their parents and grandparents, who used to work in the Miners, helping to cook the school meals or working in the local mines."

Steve Grudgings and Dave Hardwick attended, from South Gloucestershire Mines Research group, they had lots of information regarding Frog Lane Colliery. They would like to start a record of people's memories of The Miners Coalpit Heath Village Hall, anyone who would like to share any information can do so either in writing, and post to Coalpit Heath Village Hall or email at j.odo@blueyonder.co.uk.

Bristol Ukulele Jam kindly volunteered to play in the afternoon which everyone enjoyed. The organisers received lots of wonderful comments regarding their refurbished hall, which was recently decorated

> by volunteers. Westerleigh Parish council kindly donated £315 towards the decorating supplies.

For any enquires regarding the hall please Tel: 01454 773995, visit: www.cphvh.co.uk or find them on facebook: @Coalpitheath





We are looking forward to working with our local Winterbourne policing team this New Year. We will be pleased to bring you police updates from our next edition and throughout 2018.



Clive Summerill Neighbourhood Manager



Elizabeth Ball Neighbourhood **Beat Manager** 



Jacqui McCormack Police Community Support Officer

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Sharing with Local Schools and Groups



**WADCA** would like to do something different for our community!

One Day Only Ice Rink will be in our side car park for the whole day! We are pleased to be sharing the experience with other charities to help the community raise funds for their various projects.

Tickets will be available from Monday 8 January 2018

Single tickets are: £6 or Family ticket (4 people) are: £20

It is half an hour sessions with skate hire included.

There are Dual blade skates available for toddlers and ice scooters

1 disabled skate chair (advance booking only).

Changing area & stalls in the Main Hall.

Hot food & drinks available to purchase & please support our raffle!

Watleys End Road, BS36 1QG

Tel: 01454 776268 / www.wadca.co.uk FB: winterbournecommunitycentre/WADCA



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