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including Coalpit Heath & Winterbourne Down

Matters

October 2017



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Price includes a welcome Christmas cocktail, festive 3 course meal, tribute act followed by our very own resident DJ.

Price: From £38.00 per person

Date available: 24th November

Time: 7.00pm - 1.00am

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Prepare to feast all your senses in a dazzling night of fine food and Christmas revelry.

Price includes welcome Christmas cocktail, festive 3 course meal and resident DJ.

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Dates Available: 1st, 2nd, 8th, 9th, 15th, 16th, 22nd, 23rd December

Time: 7.00pm - 1.00am

Private hire options available

Mid-week Party Nights

Join us for our mid-week party nights and you can have all the fun of the party without the stress of the planning.

Price includes welcome Christmas cocktail, festive 3 course meal and resident DJ.

Price: From £28.00 per person

Dates available: 3rd-7th, 10th-14th, 17th-21st December

Time: 7.00pm - 1.00am

Private hire options available

CELEBRATE WITH US

Dear Residents,

The seasons may be changing but there is no sign of community activity slowing down this Autumn. We are delighted to bring you a magazine bursting with local events to look forward to and to share accounts of those that have recently taken place.

The Winterbourne Medieval Barn invite you to join in their Harvest Day on Sunday 8 October, 11am - 4pm.

Local charity Paul's Place would love to welcome you to their Fashion Show on Thursday 26 October, 7.00pm. A full range of sizes will be available with prices that most purses can afford!

Why not take part in the Churches together in Frampton Cotterell, annual Scarecrow Trail? This year's theme is favourite nursery rhymes.

We were pleased to attend the launch of the Winterbourne Skate Park that

provides a wonderful new facility for the local youth. We hope you enjoy our account of the day.

You can also share in the successful launch of WADCA's new Community Dementia/Sensory Garden, along with details of all their forthcoming events.

The Winterbourne Down Horticultural Society tell us about their popular, 57th Flower & Vegetable Show, and we hear news from the Floral Friends of Frampton.

We also talk to local author Ian Haddrell and find out all about his new book.

There are updates from The Friends of Brandy Bottom, local W.I's and Winterbourne Library, as well as details of numerous local events throughout the magazine.

Enjoy!

community@mattersmagazines.co.uk 01454 300900

Kerry
& Jaci x

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News from Winterbourne Medieval Barn



Orchard Harvest Day - Sunday 8 October 11am – 4pm

Visit the wonderful medieval barn built in 1342, and celebrate the Great British Orchard. Apple display and advice available to let you know how you can identify your apples.

See traditional cider making demonstrations using a Victorian press – and taste the results from the Winterbourne Cider Company!

Learn about medieval falconry and watch these beautiful birds with Raptorcare's static and flying displays – you can even take a 'selfie' with a bird on the glove.

Demonstrations from 'Flaxland' – find out all about flax and linen, and how this traditional crop fits into the agricultural history of Flaxpits Lane, Winterbourne. See the different stages of flax growing, and watch breaking, scutching and hackling as the crop is processed. Flax, with its beautiful blue flowers, has many uses from linseed oil to linen to 'Lino' flooring (for those old enough to remember it!).

There will be something for all the family – a steam engine, local crafts and rural skills, the ever-popular Ferret-Racing, plus skittles, archery, llamas, apple-bobbing, face-painting and lots of other children's activities and games.

Music and dance from the Frampton Shantymen, Winterbourne Down Border Morris, and Barber Shop Singers.



Food and drink available all day from Old Sodbury Lamb, Harcombe Catering (Lorraine's wonderful sweets and savouries), Icicle-Tricycle Ice Cream, and the Barn cafe. Bar provided by The Globe Inn from Frampton Cotterell, plus Haythorn Cider brewed at the Barn.

Assistance and well behaved dogs on a lead are welcome. Dogs remain the responsibility of the owner within the grounds of the Barn.

Adults only £3 (children under 16 are FREE).

Parking charge of £2 per vehicle in aid of The Alzheimers Society.



Crowdfunding Success!

The Medieval Barn recently ran a Crowdfunding campaign, successfully achieving their stretch target of £10,000! This campaign was helped by a generous donation from Christopher Dunn, in memory of his mother Nancy Dunn, who was heavily involved in community matters in Winterbourne (read a tribute to this wonderful lady on page 30). The Barn are most grateful for Christopher's and all the other fantastic donations.

Although the Crowdfunding has now closed, donations to the refurbishment project would still be very welcome, please visit their justgiving website: www.justgiving.com/campaigns/charity/winterbourne-medievalbarntrust/autumn2017.

Church Lane, Winterbourne, BS36 1SE

www.winterbournebarn.org.uk

Find us on facebook

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My English Home Studio, 145 Church Road, Frampton Cotterell, Bristol, BS36 2JX - 01454 777120 and

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My English Home Studio is a destination interiors shop stocking Chalk Paint™ in Frampton Cotterell and in the historic Clifton Arcade in Clifton Village, Bristol. We offer furniture painting advice, interior design ideas, workshops and a furniture painting service - everything you need to learn to paint furniture or we can paint it for you - and we sell soft furnishings, homewares, gifts, cards and candles.



What's on in October

Workshops and Courses

- 7th Oct - Essential Technique - An Introduction to Chalk Paint
FULLY BOOKED
- 10th Oct - Learn How to Make a Cushion Cover
- 11th Oct - Essential Technique - An Introduction to Chalk Paint
- 14th Oct - Macrame - Make a Plant Hanger
- 17th Oct - Make a Drum Lampshade
- 21st Oct - Full Day Course - Essential Technique -
An Introduction to Chalk Paint and Advanced
Decorative Finishes includes Lunch
- 27th Oct - **FRAMPTON COTTERELL CHRISTMAS FAIR 5-9pm**
- 28th Oct - Make a Drum Lampshade
- 31st Oct - Techniques 2 Advanced Decorative Finishes
with Chalk Paint

If you are interested in attending one of our workshops or would just like some more information please contact sarah@myenglishhome.co.uk or natalie@myenglishhome.co.uk for more details and to book your place.

www.myenglishhome.co.uk



Join us on
**Friday, 27th
October**
for our
**Frampton
Cotterell
Christmas Fair**
from 5-9pm

News from Floral Friends of Frampton

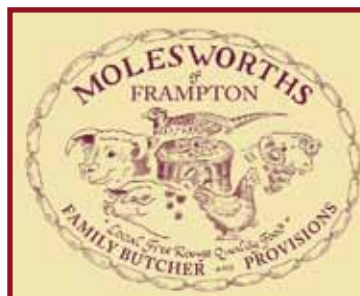
Floral Friends have been busy over the summer maintaining the wildflower areas, the planters and hanging baskets around the village.

New Sculpture for Sensory Garden – Andy O'Neill of Wild Wood Carving, has created this delightful sculpture of a family of field mice playing on a log for the Sensory Garden. The Sensory Garden is now complete for everyone to come and enjoy. Do help yourself to herbs like rosemary and mint to flavour your cooking. The cherry tomatoes are also flourishing.

Happy Bees in Glebeland – Happy bees have shown how much they appreciate our wild flower area at the Glebeland by setting up home in the bee posts. These are solitary leafcutter bees who use leaves to block the ends of their tunnels and lay female then male eggs, which will emerge next Spring. They are excellent pollinators and rarely sting, so we welcome them to our wild flower area.

Please join us! This is a busy time of year for the volunteers – please come and help us if you can – you don't have to be a gardening expert, just happy to lend a hand and help us to make our village beautiful – please email us at floralfriendsofframpton@gmail.com

Much more information about our activities is available on our website – <http://fframpton.wix.com/frampton-cotterell>

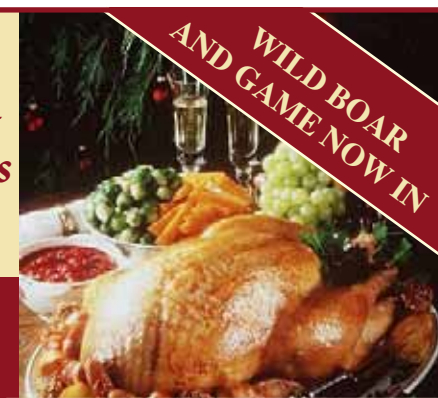


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"My English Home" Christmas Fair
5-9pm Friday 27th October**

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101 Henleaze Road,
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0117 962 1095

New book from local author Ian Haddrell

Many of you may remember a feature on the talented Mr Haddrell (pictured right) a couple of years ago in Winterbourne & Frampton Matters. Ian has written several books, including two history books on Coalpit Heath and Frampton Cotterell, where he lives. This month sees the launch of his latest book, 'The History of Dings Crusaders Rugby Club'.

We asked Ian why he had selected this subject matter for his new book, he explained, *"When I wrote my second book of old photographs of Lockleaze (where I went to school), I included a chapter on sport in the area – football, basketball, netball and rugby. As well as including photographs of Dings Crusaders Rugby Club, which has been based at Lockleaze since 1948, I wrote a brief history on its origins from 1897 when it was formed as part of the Shaftesbury Crusade in the Dings area of St Philip's, Bristol. Like most rugby clubs, their Landseer Avenue clubhouse is adorned with many team photographs dating back to the club's inauguration to the present day, some of which I used in the book entitled "Lockleaze".*

"The chairman of Dings, Steve Lloyd, very kindly loaned me some of these precious photographs and during one of our conversations I suggested that with the wealth of historical photographs available it would be good to produce a book of old photographs of Dings Crusaders RFC. Steve was more than happy for me to write the book and that's how the project started a few years ago."

During the course of researching the history of the club, Ian discovered that Dings had a particularly interesting origin, as it was formed as part of The Dings' Club, a section of The Shaftesbury Crusade, a Christian and social mission based in St Philip's – hence the name of the club. Ian said, *"What had originally been the intention to simply produce a book of some 200 photographs with captions developed into a more textual publication plotting the origins of the club through to 2017, with approximately 100 pictures. The initial book layout was to have included just black and white photographs but as the format change it was decided to publish in full colour."*

The publication date of October 2017 was set to coincide with Dings move from its Lockleaze home of 70 years to a brand ground and facility at Frenchay – 'Shaftesbury Park', so named to recognise the club's origins.

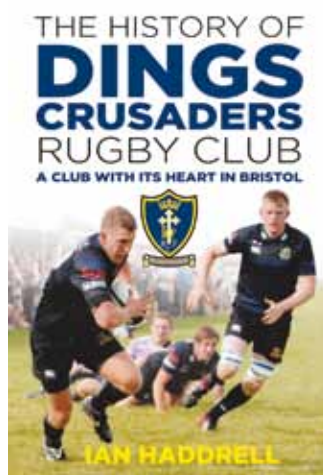
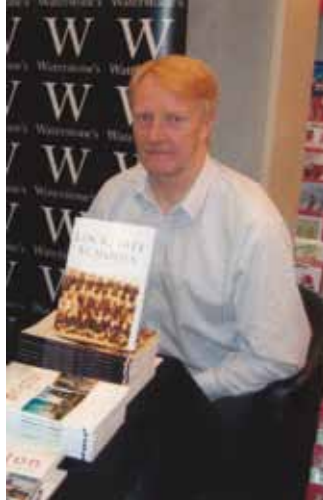
Ian has a clear passion for history, if this is an interest you share, he recommends you come along to monthly meetings of the Frampton Cotterell and District Local History Society, of which he is pleased to be a committee member. The group meet at Zion Church Hall, Frampton Cotterell, for the full programme of forthcoming talks, please see page 36.



Dings Crusaders First XV ('The Unbeatables')
1938/39 season: played 29, won 28, drawn 1.

An active member of the community, Ian takes a lead role in organising the popular Frampton Festival, that was another huge hit this year. Thank you to Ian and his team for delivering this fabulous, free, family event.

If you would like to read Ian's latest book, 'The History of Dings Crusaders Rugby Club', copies can be purchased from the club at Shaftesbury Park, priced at £14.99.



In a relaxed environment, our volunteers will show you how to use a computer (PC, laptop or tablet) for word processing, creating spreadsheets, writing emails and using the internet.

Whether you are a complete beginner or someone who wants to improve their skills, we can help.

We use our own PCs, laptops and tablets but you are welcome to bring your own with you and our volunteer helpers will be happy to help with any questions which you may have resulting from use of your own computer or tablet. With one helper for every 2 students, you will learn through practical exercises with someone always on hand to help if you need it.

The Computer Group meets at the Bickeridge Centre in Frampton Cotterell on Monday to Thursday mornings. Each session lasts for 2 hours and costs just £2.50.

You can attend as many sessions as you like as our courses are designed so that each person can proceed at their own pace. You can join the Computer Group at any time as soon as there is space available on the day you would like to attend.

If you would like to book a place, please contact: Jill Allan on: 01454 864442.



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Frampton Cotterell Computer Group

www.fccomputergroup.uk

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Bickeridge Centre, Woodend Road Frampton Cotterell.

**Mon - Thurs 9.30am - 11.30am
for each 2 hour session the cost is £2.50**

**If you would like to join us please call Jill on:
01454 864442**



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News from Coalpit Heath W.I

It has been a busy couple of months with preparation for St Saviours summer fete. It was a warm and windy day, so we had to baton down the gazebo. This year we decided to run a jarbola stall, with ladies decorating and filling jars with various goodies, such as sweets, toiletries, marbles, pennies. We had a lot of fun decorating the jars and by the end of the day they were more or less all gone. Our second hand book supplies were depleted as well, which is great news.

It was really lovely weather for the *Great British Get Together*, to celebrate the life of the murdered MP Jo Cox. We needed the gazebo to keep the sun off, well done to Leigh for organising the picnic. I think we were all glad to have a couple of hours to sit and relax.

In order to celebrate British Flower week, some of our ladies visited Sarah at Compton Garden Flowers, based in Compton Dando. Sarah is part of the movement 'Flowers from the Farm' that



encourages florists to use home grown British flowers, rather than flowers that have been flown from the other side of the world. Sarah made us very welcome, giving us a history of her new business, a tour round her flower beds and poly tunnel, ending with a flower arranging demonstration. All topped off with refreshments, it was a lovely few hours. The Sweet peas, Larkspur and Ammi were so beautiful, that many of us decided to go home and weed the garden.

We were also invited to attend a vintage tea organised by Bromley Heath W.I, held in the Manor Hall in Coalpit Heath. The Hall looked amazing, all decked out in bunting and it was very nice to be greeted with a glass of prosecco. An incredible spread was laid on, scones and jam, Victoria sandwich, sandwiches and small cakes all on



beautiful china. It was a lovely event, with funds raised going to the charity *Survive*, that help victims of domestic abuse. Well done Bromley Heath ladies.

Our July meeting was a hilarious tale of Linda Dowsett's appearance on the Weakest Link – laughter in abundance, such a good tonic for a Wednesday evening. Our August meeting was another evening of laughs, unfortunately the MS Society had to cancel, so we were lucky enough to have Robert Cutts stand in, at the very last minute. After a few technical issues, that kept the ladies entertained, Richard gave an insight into the Brideships of the late 1800s. Robert's interest in the subject was sparked by his Great grandfather Henry Taylor, who saw an advert in *The Times*, asking for women to go to British Colombia, where they would find a husband and great riches. Apparently there was a shortage of women! In June 1862, 60 ladies set sail across the English Channel to British Columbia, they were chaperoned but the conditions were rough, they suffered terrible sea sickness and there was even a mutiny on board. They sailed via the Falklands, Cape Horn, San Francisco, Vancouver Island where they were then ferried to Victoria. They were met by a huge audience of men – with one woman even receiving (and accepting) a proposal of marriage as soon as she stepped off the boat! Thanks Robert for



standing in so late in the day – we appreciate it.

July saw the return of our baskets to the village. We seem to have been able to fill them more this year (or maybe they are just bigger) – thank you ladies for your donations, we always have great fun planting them. We hope they brightened many a dull car journey into Bristol.

We meet at 7.45pm on the First Wednesday of every month at St Saviours Church Hall, Beesmoor Road, Coalpit Heath, BS36 2RP.

New members are always welcome, find out more on our Facebook Page.

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Based in Winterbourne

Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

Call me on: **07964 991689**

E Catherine@hypnotherapistbristol.com

www.hypnotherapistbristol.com

Local Slimming World Member is National Star!

After decades of putting work first, Geoff Spicer was facing retirement unhealthy and overweight. Inspired by a friend who had successfully lost weight with Slimming World, he and his wife set their own weight loss challenges to look and feel good for a family wedding.

Geoff had received a warning from his doctor that his high blood-sugar levels put him in the pre-diabetic category, and if he didn't make some lifestyle changes he was at risk of developing Type 2 diabetes. With this on his mind, when himself and wife were invited to a barbecue, and saw one of their oldest friends looking fabulous, having lost 2st in just a few months, they were interested to hear her secret was joining Slimming World! Geoff tells us, "My jaw dropped as she showed us her before and after photos. On the drive home my wife said how she would love to drop a dress size before our nephew's Carl's wedding (in just under five months). I thought how much I could lose, too, and a week later we were pushing open the doors of the community centre where our Consultant, Frankie, welcomed us inside."

Looking back, Geoff wonders why he had ever felt intimidated about joining a group, "Everyone was so supportive and, from the word go, Frankie's enthusiasm was infectious."

Come the wedding, Geoff and Tracey proudly posed for photos and enjoyed all the compliments that came their way. Tracey had dropped two dress sizes, losing 1st 8lbs and Geoff 3st 9.5lbs! He felt amazing fitting into 32in-waist suit trousers, "a size I hadn't worn since I'd been 21 and getting my very first police uniform!"

"Now I'm focusing on maintaining this weight throughout my retirement to stay as fit, healthy and happy as I am now. So it's great to know that with the help and support of my group and Frankie, and all the tools she's given me, I'm in safe hands. My only regret is that I didn't do this sooner. Who knew it was possible to live, love, laugh and lose weight along the way?"



Geoff with Slimming World Group leader Frankie, who is so proud of his weight loss and feature in Slimming World magazine!



Update from Bradley Stoke Lions

Bradley Stoke Lions thoroughly enjoyed being part of the Bradley Stoke Carnival for the first time this year. To our delight we were awarded 1st prize for our float with the theme, The Lion, The Witch and the Wardrobe. A great deal of thought is already being given to what to do for next years float!

Photo shows us being presented with our trophy from Mayor of Bradley Stoke (and BSR presenter), Andy Ward.



A big thank you goes to those people who have already donated old spectacles to our recycling bin outside the Opticians within Tesco's in the Willow Brook Centre. We hope many more of you will contribute, as these old glasses are refurbished and sent off to India, Nepal, Africa etc to give the gift of sight to those less fortunate than ourselves. You may wish to know that the Lions Club was asked to become Knights for the Blind by American Helen Keller way back in the 1940s! She was the first deaf-blind person to earn a Bachelor of Arts degree and went on to become an author and political activist for the disadvantaged. She died aged 88 in 1968. The Lions have proudly borne the title Knights for the Blind ever since, supporting sight projects in many countries of the world including Britain. So please drop your old spectacles in our bin at Tesco's Opticians and give them a chance to help someone else.

Calling all one-time Lions who have left the pride for a while for any reason – we look forward to welcoming you back into the pack as well as any would-be Lions. If you would like to know more about the Lions, come to a meeting at the Doubletree Hilton Hotel, Woodlands Lane, every 2nd Wednesday of the month, 7.30pm start. Or, contact Past President Robin on 07712 046644.



Monday

Frampton Cottrell
Watermore Primary School
Opposite the Brockeridge
Centre, Woodend Road
5.30pm & 7.30pm
Tel: Alison
07972 376055

Tuesday

Winterbourne
The Greenfield Centre
Park Avenue
9.30am, 11.30am
5.30pm & 7.30pm
Tel: Frankie
07519 347243

Wednesday

Frampton Cottrell
Frampton Cottrell C of E
Primary School
7.30pm
Tel: Lisa
07815 759118

Friday

Coalpit Heath
The Manor Hall
Coalpit Heath
9.30am
Tel: Lisa
07815 759118

Facebook Page: Frampton Cottrell and Winterbourne Slimming World

slimmingworld.co.uk



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Bradley Stoke The Willow Brook Centre. Tel 01454 275 020



If you're over 60, you can get 25% off frames, lenses and any Extra Options when you buy from the £69 frame range or above. Applies to one pair of glasses. Cannot be used with other offers. Excludes reglazes, safety eyewear, contact lens products and non-prescription sunglasses. Discount not transferable in whole or in part for cash. Free eye test funded by the NHS. SKU 25666151. ©2017 Specsavers. All rights reserved.

Community Noticeboard

For free listings contact
community@
mattersmagazines.co.uk

Christingle Service, in aid of The Children's Society, 6pm on Sunday 29 January 2018, at St Saviours, Coalpit Heath.

Children's Society collecting boxes can be brought along for counting and emptying. Hear news about the work of the Society and everyone gets a Christingle orange.



Christmas Market

Traidcraft Gifts and Cards

Zion United Church
Woodend Road
Frampton Cotterell

Saturday November 5th
10.00 a.m — 2.00 p.m



St Saviours Church Coalpit Heath Church Events

Open Church Fridays

Our Church is open every Friday from 11-15am -1pm. Come and join us for Tea or Coffee. Maybe stay for a soup and crumble lunch at midday. There is usually a choice of three soups with fresh bread. There is no fixed charge but a donation is welcome, this goes towards items for the church, we were able to replace the carpet at the bottom of the chancel steps which was wonderful. You would be most Welcome.

Film nights

Once a month for children, with supper. Supper maybe sausage and chips with, popcorn, during the film. The film is chosen by the children – the children bring a film and decide which one they would like to watch. If a family would like to come along, they meet at 5.30pm on the 2nd Saturday of the month.

Also a film night for Grown ups. Every 3rd Tuesday of the month in the Church at 5.30pm, followed by supper, find out more go to the Church Website.

Mothers union

Meet the 2nd Tuesday of the month. Mothers Union do lots of good work, if you would like to have more information Contact Mary Head 01454 887870.

See more at – themothersunion.org

Short mat bowls

A warm welcome awaits all visitors on the 2nd and 4th Wednesday of the month in the Church Hall, from 2-4pm.

Being enjoyed by all those taking part and even spectators

Please contact the show Secretary Mrs K Bidwell on 07914070535 for more information or if you would like to enter a competition.

The Manor Hall at Coalpit Heath

CIO Registered Charity Number 1169917



Community Coffee Mornings on 18 October & 15 November 2017

In aid of Macmillan. Held in the Jubilee Room on the 3rd Wednesday monthly, 10am to 12noon (excl August and Dec)

All profit from the sale of refreshments will be for the Manor Hall CIO.

Handmade cards sold in aid of BRACE usually available monthly.

Thank you to NISA for sponsoring our coffee

Christmas Fair

at
St.Peters Church
Frampton Cotterell

SAT 18th NOV 2017

10.30 until 1pm



Hot/Cold Drinks
Cakes
Soup & Roll



FREE
ENTRY



FATHER CHRISTMAS
will be ARRIVING at 10.45am

Thursday Travel Club

at St Saviours Church Hall, Coalpit Heath

First Thursday, monthly (September to March) 7.30pm, £2.50 to include tea and coffee. All welcome. Contact Roger on 07925 296930

Thursday 5 October 2017

Chris Bigg. Bristol The Inner City
'The heart of the city in Pictures'

Thursday 2 November 2017

Jenny Bowen 'The Kingdom of Swaziland'

Thursday 7 December 2017

John Parsons 'A Quiz'

Winterbourne Down Carnival needs your help
The committee meets up regularly – why not join us?
Just ask one of the committee for details – we'd welcome more help!!

Please help to keep this carnival alive! In March 2018 we will once again be seeking volunteers to help during the MayDay carnival day with setting up/manning stalls/ manning the road closure areas and tidying up. All we ask is an hour of your time to help make this carnival day another great success – you don't need to join the committee or attend any meetings. For further information please contact either the Secretary on 01454 851059 or the Chairman on 01454 772022.

What's on at The Miners

Table Top Sale

Saturday 7th October
1pm to 3pm

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October 2017 at Winterbourne Library

NEW Opening Times (from 1 October)



OPEN ACCESS

Monday – Sunday:
8.30am – 7.30pm

STAFFED TIMES

Tuesday: 10.00am – 5.00pm
Wednesday: 10.00am – 5.00pm
Friday: 10.00am – 5.00pm
Saturday: 9.30am – 12.30pm

New Library Opening Times from 1 October

See above for new opening times at Winterbourne library! If you register your card for our new Open Access system you'll be able to access library facilities throughout the week. You can borrow and return books and use the computers. Speak to a member of staff for more details.

Rhymetime: Rhymes and songs for parents and babies/toddlers to enjoy together every Tuesday morning 10.30 – 11.00am



Pre School Storytime: Join us weekly on Wednesdays 10.30 – 11.00am for stories and a simple craft. Now running throughout the year.

Lego Club: New to Winterbourne library for October! Creative fun with stories, poems and Lego. Listen to stories and poems, then create a model to display at the library. One Saturday a month 10.30 – 11.30am **starting on Saturday 14 October.** Suitable for the primary age range, children must be accompanied by an adult.

Join library staff for Pirate Pandemonium Friday 27 October 10.30 – 12.00am. Come and make some piratical crafts at our half-term drop-in. Suitable for the primary age range.

The Craft Group is meeting on 7 and 21 October 10.00am – 12 noon. The group always welcomes new members so come along with your own craft project and join in the knitting and nattering.

Do you have what IT takes? WT library is looking for IT volunteers to help customers with basic computing skills including setting up an

iPad; accessing and using Universal Jobmatch; using mobile phones; emailing and surfing the Internet. If you're a confident computer user and could offer a couple of hours of your time each week, please talk to a member of staff.

For more information on any of the above:

T: 01454 868006

E: winterbourne.library@southglos.gov.uk

Visit: www.southglos.gov.uk/libraries

Twitter: @southgloslibs 'Like' us on

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Winterbourne Tuesday Group

Winterbourne Tuesday Group's new programme started in September with a fascinating illustrated talk about 'Heaven on Lundy' by Alan Mildren.

The Group meets at 7.30pm on the second Tuesday of the month at The Greenfield Centre, Park Avenue, Winterbourne.

The meetings, which are open to both ladies and gentlemen from Winterbourne, Frampton Cotterell and beyond, give an opportunity to socialise with refreshments, make new friends and listen to a speaker.

The 2017/18 forthcoming programme is:

10 October - The Panama Canal

14 November - Bristol Male Voice Choir's visit to America

12 December - Communicating Christmas

9 January - SS Great Britain

13 February - Tools for Self-Reliance

13 March - Humorous Poems and Readings

10 April - My Life in Music with Geoff Pegler

8th May - The Queen's Bodyguard of the Yeomen of the Guard

12 June - AGM

For further information, please contact Barbara White on 01454 774229

Award Winning Customer Service at Bundy & Bond



Mary Bond and Tina Bundy

Local estate agents Bundy & Bond are delighted to have struck **GOLD** at the 2017 British Property Awards.

Owners Mary Bond and Tina Bundy told us, "It feels fantastic that all our hard-work and dedication to our clients has been recognised with this British Property Award for Chipping Sodbury."

Over a number of months, the award judges, independently assess estate agents against a set of 25 criteria, most of which is often overlooked by the clients and certainly overlooked before they decide to get in contract with an agent.

Mary and Tina went on to say, "Our team were assessed on their customer service without our knowledge over several weeks."

The judges have taken a forceful step away from the traditional method of relying on feedback from successful sales, as they believe this to be a very narrow and easily influenced viewpoint. "We judge agents on a town by town basis, ensuring that only those agents who meet a certain standard are awarded by our team. Should all agents within a given town fail to meet this standard, no award will be provided by our team. We judge all agents who meet a minimum set of criteria over a number of months to ensure continuity and stability."

Congratulations Bundy & Bond! If you would like to use their award

winning services, please call them on 01454 540 200, e-mail:

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www.winterbournepreschool.co.uk

E: enquire@winterbournepreschool.co.uk

The Greenfield Centre, Park Avenue, Winterbourne



News from Winterbourne Evening W.I

Our members have enjoyed a wonderful W.I summer despite the weather! In July many of our members gathered in the wonderful garden belonging to Pat Duke, to be treated to an amazing afternoon tea, provided by Pat and her helpers. Fortunately it was one of the few sunny days in July and we were all having such a good time that some were spotted going home near five o'clock in the afternoon! Thank you Pat.

In August it was time for every woman's dream outing, a visit to the Cheddar Chocolate Factory and then on to Clark's Village for some retail therapy and lunch. The Chocolate Factory was started by Dean Swift and his mother, some 15 years ago, and they still do all the work themselves with the help of one part time worker. Primarily they produce after dinner chocolate squares but now have branched out into other handmade chocolates. All their produce can be brand named for promotional purposes via a very clever little machine which takes in the chocolate square at one end and pops them out at the other already wrapped, sealed and brand named and ready to be boxed. Amazing! Dean and his mother then let us make some chocolate for ourselves, amidst much hilarity and chocolate splashes. However we took home our own efforts all wrapped and with the W.I logo printed on them. A wonderful day out.

At our September meeting members brought produce for our Harvest Stall. There were many lovely apples as it is a very good year for them and all the produce was eventually sold in aid of our W.I funds.



Our speaker for the evening was Elizabeth Rhodes, for 20 years a Museum Curator at Bristol City Museum and now a speaker and life coach. Elizabeth's talk was entitled *Sweet Success – Bristol and the Sugar Trade*. Aided by slides and appropriate music, Elizabeth told us much about the Bristol Sugar Trade and also the Slave Trade which were intertwined. Many of the slaves who came to Bristol to work as servants were treated very well and some given their freedom and rose to be prominent businessmen and abolitionists.

The process of obtaining sugar from the cane was a very dangerous process, not least from the many snakes in the cane fields. The resulting brown sugar and molasses was then shipped to Britain where it was refined and made into large sugar cones and syrups. Unfortunately time did not permit Elizabeth to finish her fascinating talk but hopefully another time can be arranged.

Our speaker in October will be Sarah Harris – *Marie Antoinette's Guide to Farming*, which sounds very unlikely but no doubt all will be revealed!

Do come along and Join us, 7.30pm on Thursday, 12th October at the St. Michael's Room, Winterbourne High Street, we will be very pleased to see you.

Margaret Beacham, Press Officer

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Beautiful Woodland Restored Thanks to local Volunteers

Splatts Abbey Wood, which is near the MoD and Cheswick Village, is looking great! This is the result of years of hard work by the Conservation Group that looks after it; Sims Hill Community Woodland; UWE students and their GreenSpace Group; the Forest of Avon Trust; Wallscourt Farm Academy School in Cheswick Village; and South Gloucestershire Council. The woodland is a valuable resource in an area of increasing development.

Fred Hillberg (Vice Chairman), Andy Ward (Secretary) and David Bell (Chairman), recorded a recent visit to the woodland, and wanted to share the results of the work that has been done there.

David Bell, Chairman of Splatts Abbey Wood Conservation Group said - *"Splatts Abbey Wood is a local treasure, and we hope that the local community will continue to use and value it. The committee would like to thank all those who have done such great work at the historic woodland over many years."*

Fred Hillberg and Andy Ward have both won prestigious Council awards for the volunteering for the Splatts Abbey Wood Conservation group. Fred told us: *"We enjoyed a very pleasant walk through this Ancient Woodland the other morning, and it was very gratifying to see that all the hard work, and maintenance by The Splatts Abbey Conservation Group and the Students from UWE has paid off. We now have an Ancient Woodland that looks like an Ancient Woodland, for all to respect and enjoy. Flora and Fauna in abundance!"*

The group would love to recruit more volunteers from the community, and is also very keen to recruit more committee members. If you are interested in volunteering for the Group, please email the group at splattsabw@gmail.com



Launch of the New Winterbourne Skate Park

We were pleased to attend the launch of the fantastic new Skate Park in Winterbourne, on Saturday 23 October. The facility was officially opened by The Mayor of the West of England – Tim Bowles (former district councillor for Winterbourne).

We spoke to one local lad in attendance, Josh Pearce (13), a pupil from Winterbourne International Academy.

He shared with us, *"My dad told me that he had read on the parish notice board, that there were plans to build a skate ramp in the Rec at Winterbourne. So I decided to email the local parish council to ask what the plans were and to put my ideas across."*

Josh told us the skate ramp that was previously on the site was very old, constructed all in metal and had become unusable. A keen skate park user with his scooter, Josh was excited to attend the official opening and see for himself what had been built. He wasted no time, taking to the new ramps.

The Winterbourne parish council commissioned Bristol based park designers *Wheelscape* to deliver the project. Mayor Tim said, *"It was important to keep it as local as possible and when the council had the old skate ramp on the site tested for metal fatigue, it was found to be dangerous and so was removed straight away. The parish wanted to design something for the youth of the village to enjoy and so set about have this one created."*

It has already proved very popular, as 13 year old Henry Kayes said, *"I meet friends here most days after school and its a great way to keep fit."*

A Winterbourne resident of 55 years, who was also in attendance at the opening told us, *"I used to play on the Rec as a child. In my day it was swings, a very tall slide, a merry go round and climbing bars. There was always loads of kids playing here, so it is great it is still so well used today."*

This skate park is very up-to-date and a big hit with the local youth. As well as the skate ramps, there is also a volley ball park, tennis courts, full size football and a cricket pitch for everyone to enjoy.



Local skate park enthusiasts
Henry Keys & Josh Pearce



The Mayor of the West of England – Tim Bowles
officially opening the new Skate Park





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Local school girl cycles Coast to Coast to feed Ethiopian street children

10 year old local school girl, Sky Silcock, has raised over £1,300 tackling the 74 mile route from Barnstaple to Paignton to raise funds to provide breakfast for destitute street children in Addis Ababa, Ethiopia.

Sky decided she wanted to raise funds to help feed street children after learning about the charity at her school. Sky said ***"I decided to raise money for the children in Ethiopia as I know how important a breakfast is to help you concentrate and start the day right. The street children are really poor and sometimes the breakfast is all they get to eat all day."***

Supported by her family Sky spent months preparing for her big ride by training at weekends and eating healthily. The ride took her 2 days and she was met in Paignton by family who cheered and cycled with her for the last few miles.

Sky's dad, Adam, said *"Sky decided that she wanted to raise money for Ethiopiaid after hearing about them at school. Our first impression was that it may have been a bit of a flash in the pan idea but, Sky was determined. After several months the determination was still there and we developed the idea of a mini coast to coast bike ride. Sky is very confident on her bike and had completed her bikeability level 2 a year early and was the driving force behind the training for the ride. When we started the sponsorship forms, Sky had set herself a target of raising £100. Due to the generosity and support of all of those who know her, she's raised over £1,300 which also includes £100 collected along the ride, from complete strangers!"*

On the ride, Sky was faced with several different terrains and around Dartmoor, had some very challenging hills to climb. Although tough and energy zapping, she carried on to ensure she completed her challenge.



We are all very proud of Sky for her determination to help others and to complete what she set out to do. We would like to thank all of those who supported Sky whether that was through route planning, sponsorship, meeting us along the route, and being at the finish line."

"We were really delighted that Sky was inspired to help the children we support in Ethiopia. I have visited the street children's breakfast project myself and have seen firsthand how important it is for the 850 children who turn up every morning for their milk, roll and banana. These children, some as young as 3 or 4 years old, live in abject poverty on the streets or in slums in the city. They arrive at the project for their free breakfast every day before they head off to school. It costs around 25p to 30p to provide a breakfast for one child so Sky's fundraising will help provide over 4,000 breakfasts."
- Lisa Cousins, Ethiopiaid's Executive Director.

There are approximately 150,000 children living on the streets in Ethiopia and 60,000 of those are in Addis Ababa. More than half of those children do not have access to adequate shelter, food or education.

Ethiopiaid provides funding to 'Hope Enterprises' to help feed and school thousands of street children who are living in doorways, bus stations and makeshift shelters. The street children's breakfast provides 850 homeless children with two bread rolls, milk and a banana six days a week. The breakfast is an incentive to attend the informal literacy and numeracy classes that are held afterwards. By removing the constant pressure of finding money for food, the children are given time to learn so that they can progress to primary and secondary education. The Ladders of Hope programme helps children and youths in Addis Ababa work themselves out of poverty.

To find out more about Ethiopiaid visit www.ethiopiaid.org.uk or telephone 01225 476385.

Teen-work!

Local youngsters making a difference in our community

Winterbourne Matters was pleased to hear from one of the fathers of a small group of teens across the who got involved in the National Citizenship Service project this summer.

NCS is a chance for 15 to 17 years-old to embark on exhilarating challenges outside of term time, helping the local community whilst building skills for work and life.

16 year old Team Leader Lucy, who lives locally in Winterbourne, told us about her experience:

"My name is Lucy Serjent, and this summer I participated with a group of friends to complete a government funded project called NCS (National Citizenship Service).

In my group, we all decided to have our main focus to be the wellbeing of others, and the awareness of mental health issues. Therefore, to help the community also, we decided to volunteer at the Frenchay Feed Bristol Farm for our one week of social action. We decided to do this because Feed Bristol's 6 acre garden area is based to help promote wellbeing, both mentally and physically. So, this fitted in perfectly with our aim.

Over the week, we were put on the project of helping create and finish a wheelchair accessible entrance, which involved a lot of shovelling dirt and placing it carefully next to a pathway so that flowers can be planted. We also cleared a stage which was overgrown with weeds and nettles, for their harvest festival event on the 5th. Then, once cleared, we all added some wood chippings on the floor - so as to give it a little cleaner look.

With the weather, half the time my experience (as well as everyone else's I'm sure) was shrouded with heat waves - and the other half dampened with rain... but I guess that just added to the challenge!

With our other 3 weeks, we went on an action camp, lived at UWE for a week and planned what we would do with our social action week. Within the final week, we also decided to fundraise. We managed to raise just over £200 pounds for Feed Bristol by doing a cake sale, nail painting and henna art - which I feel is an amazing accomplishment!

Overall I feel like NCS was definitely a worthwhile experience."

For more information on NCS and to get involved see their website <http://www.ncsyes.co.uk>



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WADCA Events:

October 10 – Tuesday monthly, coffee morning, 10.30 - 12.30, all welcome!

October 11 – 14 – 'A Christmas Schooner Musical' by Winterbourne Musical Theatre. 7.30pm apart from the Saturday matinee at 2.30pm.

October 19 – Open Mic Night, 7.30 – 9.30pm. Monthly on the third Thursday of each month.

October 21 – Ceilidh Dance (Similar to a Barn Dance), great fun. Doors open at 8pm, music/dance from 8.30 – 11pm. £8 a ticket.

November 4 – Dinner Dance, 8pm – late. Tickets on sale now for a wonderful evening with entertainment from Tony Graham.

November 18 – Seasonal Fun Quiz, doors open at 7.30pm for 8pm start. Good variety of individual rounds. Teams of 6 people (can be sorted out on night if needed). Tickets £6, light refreshments included. Bar and raffle.

WADCA

Winterbourne & District Community Association

WADCA's Successful Dementia / Sensory Garden & Memory Walk Project

WADCA recently launched their new Garden and Memory Walkway – celebrating with a slap-up Sunday roast with friends and volunteers of the community association.

They are delighted with the positive feedback that they received from the day, and are hoping to continue their **Sunday roast** once a month, the next being **Sunday 15 October, 12–3pm**. Just £8.95 per head, booking advised.

Starting with a blank space, WADCA were keen to transform part of their outside space to benefit all who visit the venue. Gardens are wonderfully therapeutic for everyone, they boost health, help beat depression, reduce stress, anxiety and lower blood pressure – stimulating all of the senses.

WADCA's Dementia friendly Sensory Garden has been designed to help those in the community who suffer, family members and carers. It is also open to any member of our community looking for a relaxing space in which to sit and enjoy nature. WADCA would love to hear from anyone who may like to get involved in the maintenance of this green space or perhaps would like to plant something for everyone to enjoy.

The community venue have been fortunate in the support they have received from local funders and volunteers, without them this project would not have been possible. Special thanks go to Merlin (www.merlins.co.uk), Tesco Bags of Help, South Gloucestershire Council, Member Award Funding, Zumba gold – Karen Davis and ALL WADCA Volunteers.

Why not support or visit WADCA? There is always more to do, to improve this wonderful community facility and the team do still have some of the funding available to utilise. Volunteers are always welcome, as in anyone would like to know more about WADCA, their events and clubs. Everyone is invited to go along to their monthly, **coffee mornings**, the next one takes place on **Tuesday 10 October, 10.30 - 12.30**. See left for further forthcoming events.

Please do get in touch –

www.wadca.co.uk • E-mail: ca.winterbourne@gmail.com • Tel: 01454 776268

• Facebook: [Winterbournecommunitycentre/WADCA](https://www.facebook.com/Winterbournecommunitycentre/WADCA)



WIN TICKETS TO THE HIT COMEDY MUSICAL 'THE WEDDING SINGER'

Are you ready to rock out with the Thornbury Musical Theatre Group? Grab your widest shoulder pads and the biggest can of hairspray you can find, as we present the hit comedy-musical 'The Wedding Singer'. This will take place at the Armstrong Hall in Thornbury from **Wednesday 25 to Saturday 28 October at 7.30pm nightly, including a matinée on Saturday at 2.30pm.**

Based on the classic movie of the same name, 'The Wedding Singer' will transport you back to 1985: a time when hair was big, music was loud and money was everything. Robbie Hart, a small-town wedding singer is engaged to marry the love of his life, but fate has other plans. Meanwhile, will Julia Sullivan, a cheerful if slightly naïve waitress ever marry her slimy boyfriend Glen and fulfil her dream of becoming Mrs Julia Guglia? Featuring a totally awesome 1980s score, this show is sure to leave you with a smile on your face and a head full of catchy tunes.

Tickets from £10.50, group discount available. Contact the Box Office on 07516 270140 or book online at www.tmtg.org.uk. Tickets will also be available at Lisa Costa Residential Sales and Lettings at 53 High Street, Thornbury from Saturday 23 September. The staff are big fans of TMTG and always delighted to meet our audience members, but remember it's a very busy office so please be patient if they're not available the first time you call.

For a chance to win two tickets to the opening night, enter our 80s impressions competition. What do Billy Idol, Tina Turner, Ronald Reagan and Cyndi Lauper all have in common? Why, they all appear in 'The Wedding Singer' of course! If you've always been told that you have a celebrity doppelganger, why not send your 80s celebrity lookalike photos to us; the best picture will win two tickets to the opening night of 'The Wedding Singer'. Plus, join us during the week in the show to browse our gallery of entries (with a few additions of our own!). Please send entries to publicity.committee@tmtg.org.uk or take your entry on Saturdays to Lisa Costas. The competition closes 11 October.

For more information about 'The Wedding Singer' go to our website www.tmtg.org.uk or follow us on Facebook.

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The Crossbow Singers – in fine voice!

The Crossbow Singers' Summer Concert was a great success, with lots of complimentary comments from the lovely audience. Thank you for all your support.

This year all the proceeds from the ticket sales were split between three local charities. These are the Baby Bank Network (Bristol), Off the Record (Yate), and The Hive Drop-in Service (Kingswood). We are so pleased to report that, with a small 'top-up' from choir funds, we were able to donate £300 to each of these charities.

There was also a retiring collection to raise funds for the ongoing upkeep of the Beesmoor Road Playing Fields in Frampton Cotterell. As a result of the generosity of our audience, with again a small amount from choir funds, we are donating £110 to the Beesmoor Road Playing Field Committee. We hope this will help them continue their good work for the community.

After a short break, the choir started back mid September, preparations have begun for our Christmas concert. **Our festive show will take place on Monday 11 and Tuesday 12 December.** Please make a note in your diary and look out for more information nearer the time.

We look forward to seeing you there.

Chris Palmer, Crossbow Singers' Secretary



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A scene from 2016 production of Patience

Prepare to Board The Christmas Schooner

Although it is well in advance of the festive season Winterbourne Musical Theatre are setting sail in 'The Christmas Schooner' during the second week of October. This tuneful musical is a heart-warming story of love, friendship, and of how family values and traditions can overcome hardship, even in the face of tragedy.

Set in the late 1800s America it is the story of how, as the result of a letter from his Germany cousin in Chicago, Peter Stossel, his family and crew (German immigrants themselves), brave the winter weather to sail the 300 miles across Lake Michigan to deliver Christmas trees to the citizens of Chicago so that they can once again celebrate Christmas in the traditional way with a TANNENBAUM; a Christmas tree.

After the initial successful voyage it becomes an annual event which is eagerly anticipated by the people of Chicago. In spite of one tragic trip the family are determined to continue to deliver their yearly message of love, peace and friendship each Christmas.

With the book by John Reeger and music and lyrics by Julie Shannon 'The Christmas Schooner' is a musical all the family will enjoy.

Sailing dates are 11, 12, 13 October at 7.30pm and Saturday 14 October at 2.30pm only. Boarding passes are £10 and are available now!

Frampton Cotterell Village Action

Throughout the summer months, Frampton Cotterell Village Action have been continuing their efforts to reduce the amount of Himalayan Balsam along the River Frome. This invasive, non-native plant has no natural checks to its growth so it out competes native wildflowers and forms dense clumps which reduce biodiversity on the riverbank. It also increases the risk of riverbank erosion as it leaves large areas of bare soil when it dies back in the autumn. It is an annual plant which grows from seed every year so the key to getting it under control is to prevent it from setting seed.

Since late May, a group of volunteers have been going out to clear patches of balsam along the Frome from Cogmill down to Nightingale Bridge. Phil Handy, who coordinates the group, says "We've seen a marked improvement in areas we've tackled in previous years, and as we get areas under control, we've been able to spend more time reaching places which are less easily accessible. Reinfestation is always possible but, by regular clearing, we can stop it forming dense clumps."



"We welcome anyone who wants to join one of our working parties, which are a good way to get gentle exercise in friendly company, while enjoying the natural world down by the river. We often see kingfishers, the river is full of fish, and we live in hope of spotting water voles or otters!"

"It's good to see that many people whose property borders on the river already take steps to clear balsam. However some places are difficult to access without the proper tools or waders for getting in the river so we'd be happy to come along and help if anyone needs any assistance."

"People walking along the Frome Valley Walkway can also help. The roots of Himalayan balsam are very shallow so it's easy to pull out, crush and pile up where it can rot down."

To find out more, visit the Village Action website – www.villageaction.org.uk or read our Frampton Cotterell Balsam Journal (<http://fcbalsam.blogspot.co.uk>). To get in touch – email framcottva@hotmail.co.uk

"We welcome anyone who wants to join one of our working parties, which are a good way to get gentle exercise in friendly company, while enjoying the natural world down by the river. We often see kingfishers, the river is full of fish, and we live in hope of spotting water voles or otters!"



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Celebrating the life of community spirited – Nancy Dunn



This month we are pleased to share with you some of the late Nancy Dunn's achievements and to celebrate the important role she played in our community. Thanks to her

son Christopher Dunn for providing this information.

Nancy Dunn nee Simmons, was born Born 08 08 1920, near the docks in Gloucester. She grew up with two older brothers (one a Dunkirk veteran) and one younger sister Mary, who is still alive. Her father

owned a garage and used to mend the bishop's car, in which she 'courted' Alfred. Quiet; studious; 'bookish', Nancy was the only one or the four who went to Grammar school and would have gone on to

"The Winterbourne Medieval Barn Trust is very grateful to Nancy for being one of the people with the determination to rescue this unique historic building. The Medieval Barn is currently planning a major refurbishment project to ensure that it will be available to the community for generations to come.

A big thank you to her son Christopher Dunn for his recent, generous donation to our successful crowdfunding appeal, that raised £10,000. Although this appeal is now closed, donations to the refurbishment project would still be welcome and we have a justgiving website – www.justgiving.com/campaigns/charity/winterbourne-medievalbarntrust/autumn2017"
Sue Parsons, Winterbourne Medieval Barn

Primary School, Winterbourne, where JK Rowling was a pupil until the age of nine. JK Rowling "remembers him fondly, his shiny bald head and his love of Bristol Rovers."

The Dunn's lived in the school house on the High street until Alfred Dunn's retirement in 1978, and then to a bungalow in Coalpit Heath till 2013.

Nancy was heavily involved in community matters in Winterbourne, being a founder member of the Winterbourne Society, to save some of the heritage and community facilities in the village. Nancy could spot and activate gaps in the community life, setting up groups for the young and old alike. And she played a crucial role in starting the long process to save the Medieval Barn for the community.

Before Nancy died, it was a real pride for her to experience the great success of the Barn as an extra useful cultural facility in the village.

Nancy was a very keen, prize winning flower arranger and gardener at the school house and member of the Horticulture/flower arranging society.

She was well known in Winterbourne for her independent artistic spirit and was not perhaps the typical Headmaster's wife! She promoted the Winterbourne Players amateur dramatics group and enjoyed country and ball room dancing.

Her political views were Liberal, like her father, who was a first World War veteran.

Son Christopher told us, she never swore or cried, she was quiet, thoughtful, "keeping her cards close to her chest, so close they were still in the packet!". She was a great, great grandmother, who the children loved to play with.

Nancy Dunn died 07 07 15 in Kingswood, Gloucester and is now buried with Alfred Dunn at St Michael's Church yard. We can all learn a lot from this wonderful lady's approach to community life and getting things done.



Nancy Dunn in Winterbourne Medieval Barn

News from Paul's Place Cream Tea

We had a wonderful idea to hold a Cream Tea and luckily the weather was kind to us.

With the help of Staff & Volunteers, Members Family & Friends, a Great day was had by all! With an amazing £286.55 being raised for Paul's Place. Marks and Spencer in Yate very kindly donated a few of our raffle prizes, and Lidl Yate baked and had ready all of the delicious scones that were devoured on the day.

Thank you to everyone that supported the event, hopefully this will be the start of something new.....

Here are some of the snaps from the day.

Kerry Lewis and Paula Jordan-Matthews



Paul's Place Fashion Show

Thursday 26th October 2017

7.00 pm for 7.30 pm

Tickets: £5.50



A full range of sizes will be available with prices that most purses can afford and an opportunity to try before you buy. Get your tickets now and join friends for a bit of fun and bargains at what promises to be a good night out.

**For tickets and further information,
Please contact Paul's Place on 01454 777236**

FRIENDS OF BRANDY BOTTOM COLLIERY, PUCKLECHURCH



To read a more detailed report on progress over recent months and for further information on Brandy Bottom, please visit www.aibt.org

Future Work Parties: At present access to the site is limited to days when there is a work party in progress. The date for work parties for the rest of 2017 are: **October:** Sat 07, Wed 11, Sat 21, Sat 28. **November:** Sat 04, Wed 08, Sat 18. **December:** Sat 02, Wed 13. Please note that work parties may be altered at short notice, so newcomers are advised to first make contact via the AIBT's email address of info@aibt.org.

There have been 16 work parties since the last newsletter, bringing the total for the year to date to 42. Information has been found about possible changes to winding operations in the New Pit, a stone floor was uncovered in the Old Boiler House, and a new structure found outside the southwest wall of the Cornish Engine House. There has been no progress on the ground of the rebuilding of the New Pit structures, as the exact scope, and hence the cost, of the contract is still under discussion. It is hoped that work will start next month.

A paper on the conservation of Brandy Bottom was presented to the 2017 conference of the National Association of Mining History Organisations.

The AIBT had a stand at the 2017 South Gloucestershire show. It was located alongside that of the SGMRG, and showcased the work being done at Brandy Bottom. As well as the AIBT banner seen in the photo above ((photo right © M Fletcher), a second banner inside the tent carried the logos of Historic England, Ibstock, and the Ibstock Cory Environmental Trust as acknowledgment of their financial and/or material assistance to the project.

There was a visit on a rainy evening in July by the Friends of Yate Heritage Centre, another in August by members of the Bristol Industrial Archaeological Society, and Brandy Bottom was open over the 'Doors Open Day' weekend in September. Many passers-by have been given tours during recent work parties.

*Unless otherwise stated all photos are by R H Whitworth
(© R H Whitworth 2012, 2017)*



View of the south-east wall of the New Pit winding ramp after the spoil had been removed from the area.



Crack in the north-west wall of the New Pit winding ramp.



Blooming success with the Winterbourne Down & District Horticultural Society

Our 57th 'Flower & Vegetable Show' held on Saturday 19 August, at the Greenfield Centre, Winterbourne, was another great success.

This is an open show, so anyone can enter. The judging took place in the morning, and in the afternoon the public were able to come and have a look and the displays and enjoy the refreshments.

The main Hall was taken up with the flowers, fruit and vegetables, whilst another room exhibited photography and home-craft sections, so there was plenty to see.

At the end of the afternoon all the cups were presented by Honorary President, John Jarvis, who



is a long-standing member of the Society and has been an active supporter for very many years.

Having been a regular village event for such a long time, it is hoped the Show will continue for many years to come, that of course depends on people's continued interest in cultivating and growing things. There's nothing quite like growing your own and enjoying the fruits of your labour – a relaxing and productive pastime.

Why not join us? For those who would be interested to join us, we meet every second Tuesday of the month – 7.30 pm at All Saints Church Hall, Winterbourne Down.

Coming up: **October** – Lois Phillips will be talking about 'The Art & Science of Compost Making'. **November** – Roy Cheek's talk is entitled 'Holly, Ivy & Mistletoe'. **December** – Yvonne Bell will tell us about 'Grandma's Garden' followed by sherry and mince pies.

Gill Parker



The Parishes of Frampton Cotterell, Iron Acton, Winterbourne and Winterbourne Down,
in **THE DIOCESE OF BRISTOL**

Dear Friends,

As summer draws to a close and autumn presents itself with a change of temperature, shorter days and nature is preparing for its long winter rest. I am always drawn to the vibrant splash of colour and beauty that nature displays and want to thank God for his provision – something we can so easily take for granted. This reminds me of the words of the chorus from a well-known hymn:

"All good gifts around us are sent from heaven above, then thank the Lord, Oh thank the Lord for all his love".

The moving seasons are experienced in our own spiritual life as well as in nature and can be seen as an important tool for our growth. Seasons sometimes become more apparent as we grow older and looking back at our past highs and lows, we can see God's hand of provision and love within them – even in the dark and difficult times.

This year has taken me through a major change of season – in moving church to become a member of the visionary team led by Rev Malcolm Strange and also, in January, losing my mum of whom I had cared for in recent years during her dementia. It was a difficult time but through that sadness the silver lining was moving to the newly formed Fromeside Benefice and returning to ministry; particularly encouraging families, and seekers of the Christian faith in prayer and healing.

For many of us, we become reluctant to move from season to season preferring to stay in the calmness and warmth of the summer, fearing the future and resisting the changes that lie before us. We need to see the seasons through the eyes of a child, trusting and relying on the maturity of others to provide all they need to grow, changes that will take place regardless. The seasons are moving faster than ever for the younger generation. We have to keep up with Brexit approaching, changes to our healthcare and education, and the way we do Church – that will no doubt shake us up! But these changes will take place just as leaves drop from the trees and plants seemingly die, then awake again in the spring with new life, new vitality surrounded with God's love. These changing seasons of life call us to pray, to draw closer to the one who provides all we need to transform darkness to light, sadness to joy and in death new life into eternity.

As we continue to work together to build God's Kingdom, let us thank the Lord for all his love and let us respond by sharing our faith stories with others. To tell them about God's provision for them in the knowledge of the good gifts that are all around us.

Blessings,

Julia

Revd Julia Chard
fromesidechurches.org.uk

Coping with The Costs of Care Free Public Information Event

Planning for care costs is something that many people have very little experience with which is why it is helpful to know what help and funding options are available. With careful financial and legal planning, there are ways you can protect your home and savings.

Join us for a free public information event with financial and legal experts who will provide expert guidance.

**Date: Wednesday 18 October 2017,
5.30 to 7.30pm**

**Venue: St Monica Trust, Cote Lane,
Westbury-on-Trym, Bristol BS9 3LN**

To book please visit – www.alzheimers-brace.org/Event/free-public-information-event-coping-with-the-cost-of-care Or email admin@alzheimers-brace.org

Phone: 0117 414 4831

Pain Relief is at hand for Mum's to be!

Pregnancy is a wonderful thing. It does however put a whole new set of strains on the mother's body, often resulting in some level of pain.

As pregnancy goes on, your body can be carrying an extra 2 stone of weight, putting a considerable amount of strain on your spine. During pregnancy a hormone called relaxin is dispersed to soften the ligaments, to enable separation of the pelvic bones. A necessary procedure to prepare the body for birth but at the same time it can cause other ligaments of the spine and pelvis to weaken. All of these changes on the body and your posture can cause varying degrees of pain from a dull ache to severe pain. Pubic Symphysis Dysfunction is another painful problem that is common during pregnancy.

Do not suffer in silence! Osteomyologist Dawn Clode, is well equipped to address problems both during and after pregnancy for mother and baby. Dawn will adapt her treatments to be mindful of mother to be's needs.

Child birth is one of life's miracles that enables new life to come into the world. It is a time of extreme joy for new parents, but labour can also be a traumatic experience for both the Mother and baby's body. It may take some time to get back to your normal self. This is nothing to worry about but you will benefit from a session or two with Dawn, to re-balance your body, and set you on the right way to a speedy recovery.

For babies, the journey through their mother's pelvis when they are born is arduous. Many babies will benefit hugely from receiving Cranial Sacral Therapy.

One session can put right any problems young ones are experiencing when trying to latch onto the breast to feed.

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Dawn is pleased to offer a free Cranial Sacral Therapy treatment to the babies of parents who are already her existing clients.

For more information visit www.life-and-soul-empowerment.co.uk or give her a call on **07951 099 491**. Dawn is based in Little Stoke.

Reader Offer: £10 off Mum-to-be's first appointment during October and November!

Don't forget to mention W&F Matters when you book in!



Are you a parent or carer?

Looking for something to entertain your baby or toddler?

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Mondays 10.00–11.30am during School term time.

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Pay as you go £3 per family.

Refreshments included for grown ups. Drink and snack included for children.

Just come along or email butterfliestoddlergroup@gmail.com



Frampton Cotterell & Coalpit Heath Village Diary

October

Thur 5th - Community Singalong, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes. Tel. 07792 495367 hilary.jay@curo-group.co.uk

Fri 6th - Quiz, Crossbow, 8pm. £1.50 ppp. Tel. 772947 e. crossbowhouse@gmail.com

Sat 7th - Table Top Sale, Coalpit Heath Hall, 1-3pm. Table £5, bookings 07920 145325.

Sun 8th - Orchard Harvest Day, Winterbourne Medieval Barn, 11am - 4pm. A full day of Cider-making, stalls, information and activities related to orchards, falconry, archery, live music, food & drink, and lots more. Entry £3. winterbournebarn.org.uk

Tues 10th - Community Coffee Morning, WADCA, 10.30 - 12.30. All welcome.

Wed 11th - Carer's Club, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925.

Wed 11th - Saturday 14th - 'The Christmas Schooner' Musical Comedy, WADCA. All performances 7.30pm apart from Saturday's matinee show at 2.30pm. www.winterbournemusical.co.uk Tickets Tel. 01454 317408.

Fri 13th - Folk @ Frampton, Crossbow, School Road, 8pm, Small charge. All welcome.

Fri 13th - Quiz Night, Friends of FCCE school.

Sat 14th - Race Night, WADCA, 8pm.

Sun 15th - Monthly Roast Dinners at WADCA. For the whole community. £8.95 (£5 child). Dementia-friendly. Booking Tel. 01454 776268 or e. ca.winterbourne@gmail.com

Wed 18th - Community Coffee morning, Manor Hall, Coalpit Heath, 10am - 12.00. Sponsored by NISA. Alison Allan Tel: 07873 747513.

Wed 18th - Local History Society, Zion hall 7.30pm. Tel: 01454 775265 rockthom@btinternet.com

Thur 19th - JelliRecords Open Mic Night, WADCA, 7.30 - 9.30pm. £2. Bar. Tel. 01454 776268.

Fri 20th - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel. 01454 772947.

Sat 21st - Ceilidh World Dance Band, WADCA, 8 - 11pm. Tickets £8 Tel. 01454 776268 or e. ca.winterbourne@gmail.com or online from Ticketsource.co.uk

Sat 21st - Eleazar King Soul & Motown night, The Miners, 8pm. £5. Tel. 01454 776958.

Tues 24th - Frampton Cotterell W.I. St Peters Hall, School Rd, 7.45 - 10pm Tel. 01454 773426, maryroberts@talktalk.net

Wed 25th - Forget-me-not Singalong Group, Zion, 2pm-3.30pm. For local people who enjoy a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

Wed 25th - Litter Busters, 10am - 12.00, meet at Gingerbread Man cafe.

Thur 26th - Frampton Friendship & Dance Group, 2 - 4 pm, Zion Church Hall. Learn easy, gentle dances from around the world. Suitable for beginners. Authentic live music. No partner needed. Contact Tel no. 07515 351 813. All welcome. £3 incl tea.



FRAMPTON COTTERELL and DISTRICT LOCAL HISTORY SOCIETY

Monthly meetings are held on the third Wednesday in each month (October to April) at Zion Church Hall, Frampton Cotterell.

Commencing at 7.30 pm.

2017/2018 PROGRAMME

Sept 20th - A Trip to Jerusalem - Pubs & Pub Signs, Mike Rowland

Oct 18th - The Port of Bristol, John Penny

Nov 15th - In Defence of the Drift, Paul Barnett

Dec 13th - The Tudor Navy - from the Mary Rose to the Armada, Tim Bowly

Jan 17th - A Little Kingdom - the Harman family's Lundy 1925-1969, Andre Countanche

Feb 21st - Tudor History - Bloody Mary, Professor Ronald Hutton

March 21st - The GWR Badminton Line, Alan Freke

April 18th - AGM, followed by a talk by Sarah Harris - Marie Antoinette's Guide to Farming

May 16th - Ghosts in the Garden, Dr Steve Poole

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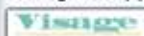
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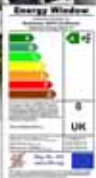
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