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Matters

July/Aug 2017



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Dear Residents,



Welcome to the July/August summer issue of your community magazine. I write this on a glorious sunny day, I do hope the good weather will hold for the many events running over the summer.

The 2017 Frampton Festival is not to be missed! This free fun-filled, family day takes place on Saturday 15 July in Centenary Field, Mill Lane, Frampton Cotterell, commencing at 2pm and finishing at 10pm with the lighting of the parish beacon and fire work display.

The Winterbourne Medieval Barn's recent Fayre was once again a huge success, we hope you enjoy the photos from the day. Do book in to see Chaucer's, 'The Miller's Tale' on Tuesday 4 July and Rossini's, 'The Barber of Seville' on Sunday 23 July, both fantastic shows taking place at the Barn.

For information on the many other local activities, please see our Community Notice Board and Village Diary. As always, our local WI's have been busy over recent weeks, you can catch up on all of their activities inside.

The Floral Friends of Frampton celebrated the official opening of their Sensory Garden in the Spring; you can read about this and all their recent planting with the assistance of local groups. A big thank you to this group for keeping the village looking so beautiful.

We wish you all a wonderful summer, if you are involved with a group or attend an event that you would like to see featured in the magazine, then please do get in touch.

Take care until next time, **Kerry** & **Jaci x**

community@mattersmagazines.co.uk

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& Jaci x

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Crossbow Singers Summer Concert 2017



Crossbow Singers' 2017 Summer Concert will take place on Monday 3 and Tuesday 4 July. As usual, this will be held in Crossbow House, School Road, Frampton Cotterell, with performances beginning at 7.30.

All the proceeds from the ticket sales will be split between three local charities. These are the Baby Bank Network (Bristol), Off the Record (Yate), and The Hive Drop-in Service (Kingswood). In choosing these we have tried to cover a wide age range and a variety of different needs within our community.

There will also be a retiring collection to raise funds for the forthcoming improvements to the Beesmoor Road Playing Fields in Frampton Cotterell.

So, make sure you get your ticket – just £6 each – and not only enjoy a fun evening of music and song, but also help support a number of good causes.

Tickets for Monday 3 July can be obtained by ringing Shirley on 01454 774812 or, if Tuesday 4 July would be better for you, then give Mary a call on 01454 887885.

We look forward to seeing you there.



THE MILLER'S TALE

A musical comedy of Chaucer's "14th Century Carry-On" told as never before!

Starring Pete Morton as the evergreen song and dance man, The Miller

Tuesday 4th July
7.30pm

WINTERBOURNE MEDIEVAL BARN



Tickets £8 (under 16s £5)

from
www.ticketsource.co.uk NOW
or Daisy's Coffee Shop,
Flaxpits Lane, Winterbourne (from Monday 26th June)



Events at Winterbourne Medieval Barn



Medieval Fayre

Crowds flocked to the Medieval Fayre on 11 June and spent the day immersed in the 14th Century! Living history group the Company of Chivalry had set up camp and showed visitors how people lived in the mid 1300s, with demonstrations of crafts and trades, cooking, make-up and clothing, military combat and falconry. "Blanche de Bradstone" rode in on her horse with a colourful procession. Children enjoyed firing the trebuchet, trying jousting skills, and a spoon dance. And visitors of all ages were entertained with live medieval songs and dance music. With excellent food and drink supplied by The Globe pub, Old Sodbury Lamb, and Lorraine's catering, as well as the Barn's own Mad Hatter ciders, it was both a relaxing and exciting day for everyone.

The Miller's Tale

The final medieval-based event at the Barn this summer is a re-telling of Chaucer's The Miller's Tale by folk musician song-and-dance man Pete Morton, on **Tuesday 4 July at 7.30pm**. This is musical comedy, described as "a 14th century Carry On" and it promises to be very good fun! Tickets (£8 adult, £5 under 16s) are available online now from TicketSource, or from 26 June at Daisy's Coffee Shop, or on the gate subject to availability.

Further summer events

In July and August the Barn will host Rossini's opera The Barber of Seville, a family drama of Alice in Wonderland, and finally Shakespeare's hilarious The Merry Wives of Windsor. All these events supports Winterbourne Medieval Barn Trust, (registered charity number 1112908), and further details about the Barn and events can be found on the website or facebook page.

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Local Gymnasts Head to USA

A group of 8 gymnasts, aged 8-15, from Fromeside Gymnasts Club in Winterbourne, are off to Florida next February to compete in the Magical Classic Competition in Orlando. This is an international competition and a chance in a lifetime for these elite gymnasts.

'These are dedicated young gymnasts who give all their spare time to their chosen sport. Not only do they attend full-time education, they dedicate no less than 20 hours per week to enhance their gymnastics skills during their training.'

Coaches Kim and Rachel are extremely proud of their commitment and hard work and are looking forward to accompanying them to this dream competition in Florida.

It will cost in excess of £12,000 to get there so they are pulling out all the stops to raise money with various activities from running a competition, raffles, hampers and bag packing, to selling items such as necklaces and even manure!

Please support the girls by donating to their cause at:

https://www.justgiving.com/crowdfunding/rachel-cozens?utm_id=106&utm_term=mzWr3Vvk5R

Any donation is welcome to help them achieve their dreams!!





Fromeside Gymnastics Club

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- ★ Pre School classes for walking age up to 4 years – mornings and early afternoons Monday to Friday.
- ★ Recreational classes for school age children, 4 – 17 years – weekday evenings and Saturday morning.
- ★ Men and Women's competitive artistic gymnastic squads.
- ★ Over 50s fitness group, 10–11am ★ School holiday programs

For full timetables please check www.fromesidegym.co.uk
 Contact us – T: 01454 7768 E: office@fromesidegym.co.uk
 Watleys End Road, Winterbourne, BS36 1PW

Slimmers donate bundles of clothes for Cancer Research UK

Generous slimmers in Winterbourne, Frampton Cotterell, Coalpit Heath and Bradley Stoke have been donating the clothes they've slimmed out of, to **The Big Slimming World Clothes Throw** in support of Cancer Research UK.

The groups have collected 568 bags of the clothes, shoes and accessories from members who slimmed out of their old wardrobes and feel confident they'll never need their 'before' clothes again. With each bag worth around £25 to the charity, slimmers in the area have raised around £14,200 for Cancer Research UK.

The Big *Slimming World Clothes Throw* aims to increase awareness of how keeping a healthy weight helps reduce the risk of developing some types of cancer. The event has been supported by the singer and TV presenter, Peter Andre, who is a joint ambassador for the campaign and founder of his own Cancer Research UK fund after sadly losing his brother to cancer.

Last year, slimmers across the UK raised £2.1 million through donations and this year it's hoped the event will smash that target and raise £3 million for Cancer Research UK.

Consultant Frankie Hunt, who runs the weekly group on a Tuesday in Winterbourne and on a Friday in Bradley Stoke, is proud of her members' fundraising efforts she says: *"The members never fail to amaze me with their weight loss results week after week and it has been great to see so many bags of clothes donated through The Big Slimming World Clothes Throw."*

If you are interested in joining one of the local Slimming World groups, do get in touch via the contact information below.



Cup Triumph for Winterbourne Under 12s



Winterbourne United Under 12s ended the season on a high after winning the Avon Youth League Plate competition.

The team finished a creditable 3rd in their division but it was the cup competition which gave them most to cheer about. After winning four qualification matches, the final was against opposition that had won the division without losing a single match.

So the final was going to be a huge challenge! But the young team played with tremendous determination and skill. The final was a close and engrossing encounter between two strong teams, but a goal in each half meant Winterbourne deservedly won the match 2-0 and prompted well deserved post match celebrations.

Caretaker vacancy at The Manor Primary School, Coalpit Heath starting from 1st September 2017

Part-time – 20 hours per week.
 Set hours 7.00-8.00 am to open up school and other 15 hours to be agreed.
 £16,781.00 (pro-rata) to £17,772.00 (pro-rata)

**For further info contact the school on
01454 866 555**



live happy this summer!

with
Slimming World

Monday	Tuesday	Wednesday	Friday
Frampton Cottrell	Winterbourne	Frampton Cottrell	Coalpit Heath
Watermore Primary School Opposite the Brockeridge Centre, Woodend Road 5.30pm & 7.30pm Tel: Alison 07972 376055	The Greenfield Centre Park Avenue 9.30am, 11.30am 5.30pm & 7.30pm Tel: Frankie 07519 347243	Frampton Cottrell C of E Primary School 7.30pm Tel: Lisa 07815 759118	The Manor Hall Coalpit Heath 9.30am Tel: Lisa 07815 759118

slimmingworld.co.uk

Facebook Page: Frampton Cottrell and Winterbourne Slimming World

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touching hearts, changing lives

News from Coalpit Heath W.I.

With all the lovely weather we decided to help Floral Friends out by sowing wildflower seeds at Crossbow Park. It was a very warm day with the promise of rain later so we hurried to get the seeds in and boy did it rain!

After just a couple of weeks the seeds have already germinated, so we are hoping for a beautiful array of wildflowers. In the meantime the children from Watermore school have been growing sunflowers which needed planting out so back we went to the wildflower beds to put the sunflowers in their new home. We will wait to see whose sunflower grows the best.

After so much gardening we decided to treat ourselves to coffee and cake, thank you to Joan Clayden and Jacquie Dean who organised a wonderful coffee morning. There were plenty of homemade cake and Jennie Mitchell's pineapple fruit cake proved a winner. Well done Joan and Jacquie – we all had a lovely relaxed morning. Leigh, Tracy and Debbie have been making Little Dresses for Africa, dresses are made out of pillowcases and are sent out to Africa to show these young vulnerable girls that they are



not forgotten. It's not just about sending dresses it's about sending hope. We made 18 dresses which are all packaged up and ready to send.

Any ladies hoping to get involved, please let us know – the patterns are very basic but what is lovely is that you can use your creative skills and make unique little dresses, with pockets and embellishments.

In June we were visited by Chris, of Heavenly Hedgerows, who taught us all about foraging and preserving. Chris brought samples of wild flowers and herbs found locally to see if we could recognise them – we managed a few! She talked us through the making of jams, jellies, liqueurs



out of dandelions, dead nettle, borage. She had recipes for pestos, soups and bread – all out of things we might usually dig up or compost. What started initially as a hobby soon turned into a business and Heavenly Hedgerows have achieved some great food awards, such as Good Taste. Whilst selling her products locally in



Bristol and Bath she is also able to supply hotels. It was a fascinating talk, topped off with tasters and then several purchases of marmalades and jams, the elderflower and gooseberry preserve was a definite hit.

We meet at 7.45pm on the First Wednesday of every month at St Saviours Church Hall, Beesmoor Road, Coalpit Heath, BS36 2RP.

New members are always welcome, find out more on our Facebook Page.



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Christian Aid Week 2017

A huge thank you on behalf of the local churches to everyone who supported this year's fundraising in Frampton Cotterell and Coalpit Heath.

We hope you were able to come along to some of our community events: there was the Big Brekkie (fantastic food!), a special charity Folk@Frampton (if you enjoy folk music 'Folk@Frampton is a regular monthly event at Crossbow House), a Quiz Night at the British Legion, Homemade Soup Lunches at St Saviour's, a Plant Sale in Iron Acton (if you missed it this year, look out for it in 2018, a great opportunity to buy your summer plants!) and Cream Teas and Train Rides at Bridge House, a village favourite for all ages (Bradley Stoke Radio have some great coverage on their Facebook page)! Our Week concluded with a special service on a warm, sunny, Sunday evening in the Medieval Barn at Winterbourne to which all the local churches and community were invited. We hope that our fun events will become a firm favourite in the local social calendar.

Overall, the Frampton Cotterell and Coalpit Heath Christian Aid Group raised £3,908 (to which will be added approx £400 of Gift Aid).

Christian Aid Week was set up 60 years ago to support the charity's work, with those left with nothing following the Second World War. This year the focus of Christian Aid Week has been to help the tens of millions of people worldwide, who are fleeing conflict and disaster, making dangerous journeys in search of safety. The slogan this year was: **"We've been there for refugees since 1945. We won't turn our backs now"**

If you missed any of the events this year, do look out for them in 2018! If you have any feedback or suggestions for next year, we would love to hear from you (Email: office@zuchurch.co.uk.) Once again, many thanks for your support.



Cream Teas & Train Rides at Bridge House

Oscars - Celebrating 25 years!

OSCARS celebrated their 25th Anniversary in fine style, with a garden party on Friday 9 June, (May 1992 – 2017) in glorious sunny weather.

Ex staff, committee members and anyone who attended as a child were all invited. Lots of them came along and enjoyed tea, cake and looking at all the photos and the time line from the past 25 years!

Manager, Pam Bailey told us, "It was lovely to meet up with the young people and hear all about what they are doing now."

Previous committee members were impressed at how all their hard work in the past is still going so well and improving all the time. The children all had a fabulous time on the bouncy castle!

Left to right: Manager, Pam Bailey and Claire Walters (a supervisor at OSCARS since the summer of 1992).



St Michael's pupils Shine at the Festival of Youth Sport



Learn Care Enjoy

Children from St Michael's had a wonderful time competing in the festival of youth sport.

Over 800 children from surrounding

schools competed in the Olympic-style multi-sport event.

The event started with an 800 metre race with some of the most talented runners in the area. St Michael's started the day well as Callum and Molly finished as the fastest boy and girl.

After a Olympic style opening ceremony, where each school walked a lap of the athletics track waving the flags of their designated country, the children split into their various teams and the games began!

St Michael's were represented by a year 3 and 4 tag rugby team and a year 5 and 6 girls football team. It was fantastic to see both teams working together, trying their best and showing brilliant sportsmanship whether they won, drew or lost.



OSCARS is a well established playscheme providing before and after school club and holiday childcare for primary school aged children.



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Saturday 15th July 2017

Easy fun Ceilidh dances from around the world, the caller tells you what to do! People of any age and ability can try. You don't need a partner and you don't have to dance all the time, it's find to spend the evening just enjoying the live music.

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News from Winterbourne Down W.I

Our President, Dawn Mahoney, welcomed members and guests to our June meeting. It was a lovely sunny evening and members enjoyed meeting friends and colleagues for a chat and catch up.

Our Speaker was Ruth Pizzichemi and her talk and slide show was called *My Life as a Wildlife Artist in Africa*. Ruth has been going to Africa for about 20 years. Her first visit celebrating a Wedding Anniversary. She was inspired by the colours and clarity of the scenery, whether being a man cycling across scrubland with mountains in the background or the wildlife that roamed across the Masai Mara National Reserve, which straddles Kenya and Tanzania. She showed us a slide of Mount Kilimanjaro which is made up of three snow covered peaks. Apparently nowadays the snow doesn't stay on the top of the mountain for long due to global warming. We were shown slides of Victoria Falls which stretches width ways for 1.25 miles. We learnt, when in full flow, 2m gallons of water per second cascades over the Falls! Ruth showed us wonderful slides of the *big five* animals (African lion, African elephant, Cape buffalo, African leopard, and rhinoceros) and then her own pictures that she had painted. A very talented lady.

Our July meeting will be held in a member's garden and in August there is no meeting. **On Thursday 7 September, our speaker will be Yvonne Cox, talking about Hedgehog Rescue. All are welcome to come and join us in All Saints Church Hall at 7.30pm.**



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A Truly Pampering Treat on Offer at Beauty Plus by Myriam

Winterbourne Matters was delighted to be invited along to meet the very lovely Myriam Rogerson at her salon 'Beauty Plus' in Frampton Cotterell. The salon is easily located in Church Road and parking was found immediately outside.

Recognising a hint of an accent on meeting Myriam, it transpired that she was born in Malta and spent a great deal of her adult life travelling in different countries, enjoying creating Beauty Spas in many top hotels. Now with over 30 years in the business, it is the one thing she was keen to recreate when she settled locally and took over the salon in Frampton Cotterell some eight years ago. ***"I want to give my clients the 'Spa' experience" Myriam told me "The 'Plus' part of Beauty Plus is to emphasis that little extra bit of special that clients receive when they come to me".***

At Myriam's suggestion I experienced a very special treat - the Aroma Deluxe Facial, which also includes a back and foot massage. After a brief consultation for personal details and medical history, I was invited to lay on the couch to commence my treatment which, after a brief moment focussing on breathing and listening to the soothing music, started with a very stress-releasing back, neck and shoulder massage using essential oils to encourage relaxation.

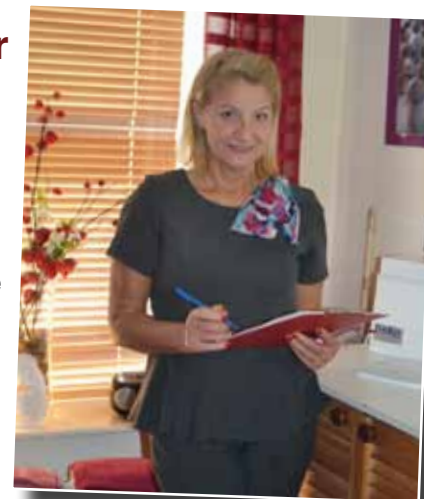
The facial again focussed on relaxation and rehydration of my skin. In a very rhythmical fashion my face, neck and décolletage areas were soothed, deep cleansed, and hydrated whilst I simply relaxed and enjoyed the experience. Whilst my face mask worked its magic, Myriam worked her own magic on my feet with a cleanse and massage, which was heavenly.

My session simply flew by and I couldn't quite believe the time when I reluctantly had to get back off the couch. I would have loved to have stayed and partaken of the herbal tea offered but sadly had to dash off on the school run!

Myriam asked me what the favourite part of my treatment had been. My comment was 'all the hands-on parts'..Myriam has the most magical hands, I have never felt so relaxed during any kind of massage or treatment. I am never one to ever fall asleep during such treatments but in this case I did. Myriam mentioned that this is something her clients are often kind enough to compliment her on - *"I have often been asked if my hands are insured!"* she smiled.

I can thoroughly recommend this wonderful relaxing pamper session, just make sure you give yourself extra time to come around afterwards!

Myriam is generously offering Winterbourne Matters readers a £10 discount on the usual price of the Aroma Deluxe Facial package during July and August - See advert for information on how to book.



Myriam has the most magical hands ... "I have often been asked if my hands are insured!" she smiled.



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By Myriam
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Enjoy our Aroma Deluxe Facial package - including back massage and foot massage, for £57 instead of £67 - a saving of £10!

Call to book your appointment today and take advantage of this offer.

We regret that this is not suitable for pregnant women and for those allergic to nuts as it is based on essential oils.

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Community Noticeboard

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Are you a parent or carer?

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Why not pop along to Butterflies baby and toddler group?



We are a NEW, friendly and welcoming group and we would love to see you on

Mondays 9.30-11.30am during School term time.

(From 11th September 2017)

St. Saviours Church Hall, Beesmoor Road, Coalpit Heath, BS36 2RP

We have lots of Fun activities:

Including lots of toys, weekly craft table, dressing up, book corner, song time and a sit and ride zone. We have baby changing facilities as well as a designated baby play areas for crawlers.



Pay as you go £3 per family.

Refreshments included for grown ups. Drink and snack included for children.

Just come along or email
butterflietoddlergroup@gmail.com



St Saviours Church Coalpit Heath Church Events

Open Church Fridays

Our Church is open every Friday from 11-15am -1pm. Come and join us for Tea or Coffee. Maybe stay for a soup and crumble lunch at midday. There is usually a choice of three soups with fresh bread. There is no fixed charge but a donation is welcome, this goes towards items for the church, we were able to replace the carpet at the bottom of the chancel steps which was wonderful. You would be most Welcome.

Film nights

Once a month for children, with supper. Supper maybe sausage and chips with, popcorn, during the film. The film is chosen by the children – the children bring a film and decide which one they would like to watch. If a family would like to come along, they meet at 5.30pm on the 2nd Saturday of the month.

Also a film night for Grown ups. Every 3rd Tuesday of the month in the Church at 5.30pm, followed by supper, find out more go to the Church Website.

Mothers union

Meet the 2nd Tuesday of the month. **July 11th will be a Strawberry tea and is an open invitation** to anyone who would like to join us in the hall at 2pm. Mothers Union do lots of good work, if you would like to have more information Contact Mary Head 01454 887870.

See more at – themothersunion.org

Short mat bowls

A warm welcome awaits all visitors on the 2nd and 4th Wednesday of the month in the Church Hall, from 2-4pm. Being enjoyed by all those taking part and even spectators

Horticulture and craft Show

We will be celebrating our **72nd Horticulture and Craft show on 2nd September**. Entry to Church Hall - £1 Adults 50p children. There is Vegetable section, Fruit, Flower, Photographic & Visual Art, Handicraft, Floral Art Section, Class 78-Victoria Recipe Domestic, (Novelty – Longest Runner Bean, Heaviest Potato, Largest Apple ect).

Also a junior section 15 years and younger.

Please contact the show Secretary Mrs K Bidwell on 07914070535 for more information or if you would like to enter a competition.

The Manor Hall at Coalpit Heath

CIO Registered Charity Number 1169917



Community coffee mornings on 19 July & 20 September 2017

In aid of Macmillan. Held in the Jubilee Room on the 3rd Wednesday monthly, 10am to 12noon (excl August and Dec)

All profit from the sale of refreshments will be for the Manor Hall CIO.

Handmade cards sold in aid of BRACE usually available monthly.

Thank you to NISA for sponsoring our coffee morning and donating the tea and coffee.

10am – 12 Noon

Kid's Summer Fun

Thursday AM

Snacks & Drinks available to purchase

Ideal for 4-10 year olds

27th July – Fairies & Superheroes
CIO Facts with Music, games, parachute, games
Lots of fun – Best Fancy Dress Prize
£7 each child

3rd August – Pokemon & Minions Fun!
Crafts, games and fun for all
£2 each child

10th August – Funky Puppet Show
Puppets, games, crafts, games & magic shows
£5 each child

17th August – Lego Fun!
Crafts, games, activities
£2 each child

24th August – Emoji Fun!
Crafts, games, activities
£2 each child

Order Tickets NOW!

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Afternoon Tea Fundraiser

Join us for a Wimbeldon themed afternoon tea party in aid of Muscular Dystrophy UK at the Wansdyke Room, Wedmore Room, Wedmore Road, Saltford, BS31 3BY

Sunday 9 July 2017

2pm - 4pm

Afternoon Tea

£10 per person or £12 with a glass of prosecco

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*Terms apply, ask in club for details.

Sam waits to give you a warm welcome at Spirit Health Club

My name is Sam Ash, I am the new manager of Spirit Health club. I have always had a passion for health clubs, even from the age of 15 when I had to do a week's work experience in one. I loved every aspect of it, helping people become fitter, healthier, happier, and even building a community for people to make new friends. From that week onwards, I have been completely hooked.

Once I had finished school, I went straight into college to do a BTEC in Sports Science, before going onto the University of Exeter and Graduating with a BSc Honours in Exercise and Sports Science. Now, as the manager of Spirit Health Club, I am looking to share my knowledge with people just like you, no matter what your goals are.

If you would like to have a chat please feel free to come down to Spirit Health club for a coffee and we can organise your first free visit, or discuss any charitable events you might need assistance for. I look forward to meeting you!



Fitness tip: *The best exercise for you is the exercise that you enjoy! There is something out there for everyone.*

**The Spirit Club is located at The Holiday Inn Bristol Filton.
Contact : 0117 910 4296 email : spirit@hibristolfilton.co.uk**

Autumn Fete & Craft Fayre

This year's MacMillan Autumn Fete and Craft Fayre organised by the Holiday Inn Filton is being held on

Sunday 24th September.

We are looking for community groups to attend and carry out demonstrations plus craft stalls are available at £10 per stall.

Contact Margaret on
0117 910 42426 or email margaret.coffey@hibristolfilton.co.uk



Based at both The Greenfield Centre in Winterbourne & St Michaels C of E School. Ofsted rated 'Outstanding' we provide a range of services for local families

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*Integrated Forest School activities
Highly qualified and experienced staff
forming a well established team
Grant funding for 2, 3 & 4 yr olds
Strong links with local schools*

Free Community Groups:

Baby Group, Toddler Group, Stay and Play sessions

For more information or to arrange a visit please call Sam on **01454 773781** or see the website

www.winterbournepreschool.co.uk

E: enquire@winterbournepreschool.co.uk

The Greenfield Centre, Park Avenue, Winterbourne

The Official Opening of the Sensory Garden



I arrived at The Sensory garden official opening at the end of April and was greeted by Floral Friend Lena, who kindly gave me a tour whilst explaining how the creation of new community garden had come about and all the support they had received.

Shortly after Floral Friends was set up, just under 3 years ago, the committee had the idea to set up a community garden for the local residents to enjoy.

The committee set about contacting local businesses and residents to get help with the funding of this wonderful idea. Huge thanks to Suez for the funding for the sensory Garden, it has been transformed from an unused and unloved piece of rough lawn behind the Bickeridge centre, into a beautiful garden that anyone is welcome to enjoy. Chair of S.Glos Council, Erica Williams was delighted to pop along and see for herself how things have changed.

Plants have been chosen to reflect the 5 senses and the garden is fully accessible to all, with seating made from recycled materials. A kissing gate was supplied totally free of charge from local iron mongers Drews.

Local school children have also helped by planting herbs and sowing vegetable seeds, with the aim to involve both community groups and individuals and encourage people to use the herbs for cooking.

There is also a wild area to the garden to encourage wildlife, as well as two spectacular wood carvings created by Andy O'Neill of Wild Wood Carving, the wooden owl and hedgehog were particularly attractive to the children. Local hedgehog

rescue were on hand to educate residents on how to help the ever declining Hedgehog, her main advice was to leave a saucer of cat biscuits rather than milk/bread or wet food as the hard biscuit helps to maintain healthy teeth for the hogs, they should also be given water.

The pathways have been laid by local resident Phil Poole from Newlook Surfacing with wheelchair access to all areas. Everyone that has contributed to the creating of the garden, from the school children who created designs and drawings, to the committee that have put in a lot of man hours to enable it to all come together – this has been a truly amazing transformation.

Celia Zlobec (Chair of Floral Friends) welcomed Councillor Erica Williams (Chair of S Glos Council) to the Garden along with many friends and supporters. Gary Bristow – RHS Gold Medal winning



Festival gardener, officially opened the garden and planted a beautiful weeping cherry tree to mark the occasion. Gary was very complimentary of the design and was impressed that so many good ideas had been put together from the community to create a tranquil yet user friendly Garden.

Village store Nisa has contributed refreshments for the open day and many local residents turned out to support the day, enjoying sampling the delicious home made cakes and biscuits whilst wandering around the garden.

Finally everyone was thanked for their contribution to making it all possible. Congratulations Floral Friends of Frampton for what you have achieved, I am sure this Sensory Garden will be a treasured asset to our community for many years.

For more information on this green-fingered, friendly group, see page 29.



Molesworths of Frampton

The newly established Family Butchers at Church Road Frampton Cotterell has been bought by Peter Molesworth from Henleaze Bristol. Peter has a background in food and farming, over the last forty years with more recently taking on the prize winning butchers Palfreys of Newport and Molesworths of Henleaze.

The experiences and contacts made by Peter over this period will be used to develop the Frampton business. Nick Rapps who has worked with Peter over many years is managing the shop. Nick was runner up Young Butcher of the year 2007 and is a local family man.

The business is undergoing rebranding and new lines are being introduced to reflect local needs. In the coming months ready meals, vegetables and fish are being introduced.

The key aspects of the business are locally sourced free range produce, served by staff who can advise on cooking and preparation.

Specialities of the business are Salt Marsh lamb from the Gower, wild boar and venison from



Lydney Park, and game from nearby shoots. In addition there is free range pork and chickens from Newent. Mutton, local veal and goat are also popular.

The business produces its own range of sausages and BBQ products all the year round, many gluten free. Pies, faggots and black pudding are produced at the sister branch in Newport.

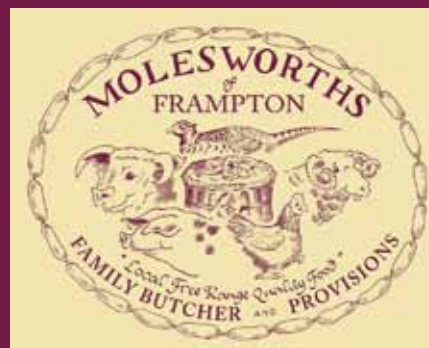
Commenting Peter Molesworth said "I am extremely pleased with the response we have had so far from local residents and the warm welcome we have received. I am keen we provide families with a great, friendly service."



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- ❖ Gluten-Free Range
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MOLESWORTHS OF FRAMPTON

147 Church Road,
Frampton Cotterell, BS36 2JX

01454 777 337

framptonbutchers@outlook.com

News from Frampton Cotterell W.I

The National Federation Resolutions Discussions took place on Tuesday 23 May at the monthly meeting. There were two important subjects up for debate – action to help combat loneliness, which can affect people of any age, in almost any circumstances. And action to help spread awareness and drive proactive further research into the harmful effect of microscopic plastic fibres that can be produced by synthetic clothing being washed and passing these dangerous particles into our rivers and oceans. Votes were then taken as to recommend or decline further involvement via the National Federation. We all enjoyed the debate, along with refreshments, nibbles and cake, and of course a good general chat and catch up.

At time of writing we are looking forward to our June talk at the end of June, which will be *A Passion for Pearls – Part II* by Frances Benton (back by popular demand!). Frances returns for a second talk as the first talk was so fascinating – she really does know all there is to know about the subject and she will be bringing along a range of her hand-made pearl jewellery to show and for sale on the night.

July is an eventful month for Frampton WI! Our Members summer meal out takes place on the 5 July – a “Cowboy Tapas” night at The Smokehouse (at The Swan Inn, Winterbourne) which we’re



all looking forward to. And of course we will be setting up our annual home made cake stand at The Frampton Festival later in the month. On July 27 we have The Great Western Air Ambulance charity in for our monthly meeting to tell us more about their great work as a charity. In August we have a break from the monthly meetings. These will resume again in September. Amongst other things, a talk on the history of the Police Force and a Belly Dancing lesson from a professional dancer are in store for us during the late summer/early Autumn months.

Visitors are welcome to our monthly meetings at St Peter's Hall on School Road at 7.45pm, on the fourth Tuesday of the month. There is a charge of £2.50 for the evening and any new members can join by paying a membership fee. Special interest groups that meet separately including a book club, craft group, choir and our skittles and darts teams. Please search FramptonCottWI to find out more, and do like our page.

Please search FramptonCottWI to find out more, and do like our page.



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Reader Recommendation “Dawn has worked miracles with my pain”

It was wonderful to be contacted by Matters Magazine reader Julie, who couldn't wait to share how brilliant she has found the treatment she receives from local Osteomyologist Dawn Clode.

Julie explained how she was inspired after reading an article in our magazine where Dawn spoke of her own personal battle with back pain and how Osteomyology had conquered this.

“I have suffered with chronic back pain for the past ten years after an injury I sustained during pregnancy. Dawn wrote with such empathy about pain that I had to get in touch”.

Julie told me that for years she had been making expensive trips to a chiropractor that would initially release the pain but sadly it was back with a vengeance in just a day or two. She was overjoyed to find that the release from pain that Dawn can achieve, lasts!

Julie told me she was extremely sceptical about Osteomyology working for her, *“Even as I went along for my first appointment I was thinking ‘this will never work’; I am delighted to have been proved wrong, as are my husband and children - we are all benefitting from my new found energy.”*

Julie feels Dawn is excellent value for money with standard sessions at £50 for an hour, £25 for half an hour.

The severity of Julie's pain was such that she had been unable to work. Fantastically that has now changed. After the first couple of treatments she felt able to tackle an application form. *“I had been living under a cloud, once my physical health improved I felt so much better mentally too”.*

Dawn practices a wide range of treatment modalities to effectively address each individual's pain. These include; Acupuncture, Aromatherapy, Confidence and Self Esteem Coaching, Cranial Sacral Therapy, Manipulation (HVT), Massage, Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP), Reflexology and Reiki.

Julie explained that Dawn takes a completely holistic approach that will sooth both your physical and mental pain. *“Dawn has been amazing for me, I cannot believe my luck. The sessions have been tough at times with deep tissue massage but*

totally worth it. If you want to get well visit Dawn.”

From a personal perspective, I can also add my own recommendation for Dawn. I too am a long-term sufferer of chronic back pain and started seeing Dawn 6 months ago when she started advertising with us in the Bradley Stoke & Little Stoke Gifford Matters, having moved her base from Bishopston to her home in Little Stoke. Dawn has eased my lower back pain considerably. After just a couple of sessions with Dawn, I was walking the dog in Little Stoke Park straight from my appointment and suddenly realised I was walking with no pain at all, which was the first time in a long time - it was a revelation!

Why not see if Dawn can help you?

07951 099 491

www.life-and-soul-empowerment.co.uk



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Hypnotherapy can help you:



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- Stress and anxiety



Based in Winterbourne

Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

Call me on: 07964 991689

E.Catherine@hypnotherapistbristol.com

www.hypnotherapistbristol.com

Says Court Farm Open Day

Meet at Says Court Farm, Badminton Rd, Frampton
Cotterell, BS36 2NY . Free car parking is available.



Tues 8th August 12noon— 2:30pm Wildflower Meadow Wild Picnic



An afternoon of nature based exploration including bug hunting, bird watching, charcoal drawing and much more. Bring a picnic and make the most of the summer holidays in this secluded wildflower meadow surrounded by traditional farmland and a new solar farm. A mix of led and free play activities available.



Booking essential.

To book: www.avonwildlifetrust.org.uk/
whats-on

£2.50 per child. Suitable for children aged 5yrs and above. All children must be accompanied by an adult. Includes a walk of approx. 1mile.



News from Avon Wildlife Trust!

During half term several families joined me at Says Court Farm as we went on an adventure around traditional fields and the wildflower meadow. We were joined by the RSPB and together we started our expedition with a scavenger hunt. After spotting evidence of deer, rabbits and foxes as well as

checking out the owl boxes we found ourselves in the beautifully blooming wildflower meadow.

Amongst the oxeye daisies, birds-foot trefoil, clover and other wild flowers we enjoyed a picnic in the sunshine before going on bug hunting and bird watching expeditions. There was also a chance to get creative by making crafts with natural materials and everyone was able to sow some wildflower seeds and make a bee hotel to take home. Enabling them to create a little bit of wildflower meadow in their gardens, perfect for pollinators and other mini-beasts.

It all went so well we look forward to repeating it all again in the summer holidays on Tuesday 8 August. If you would like to book on or find out more please email nicole.daw@avonwildlifetrust.org.uk



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avonwildlifetrust.org.uk

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Avon Wildlife Trust 32 Jacobs Wells Road, Bristol BS8 1DR Ltd Company no. 1495108 Reg. charity no. 280422

Frampton Festival 2017



15TH JULY
2017
Frampton Festival
FREE ENTRY FROM 2.00PM
FIREWORKS AT 10.00PM
THE CENTENARY FIELD
FRAMPTON COTTERELL



Musical entertainment will be provided by Kirris Riverse, Hicktown Breakout, Ashton, with local band Elevation, rounding off the festival.

Local businesses and organisations have supported the festival and many will be in attendance on the day. Stalls include;

Frampton Cotterell Local History Society, Pint Size People, NISA, Avon Wildlife Trust, Frampton Cotterell Community Association, face painting by Bee Painted, Cake From The Soul, Frampton Cotterell WI, Bramley and Gage, Slimming World and Winterbourne Vets.

Refreshments will again be available on the day, with "Brambles Bar" providing an on-site bar selling a range of beers, ciders, wine, and lager.

The committee would welcome a few additional helpers on the day to ensure that the festival runs smoothly and safely. If anyone feels that they could spare an hour (or two) on the Saturday of the festival, please contact the festival committee at info@framptonfestival.co.uk

The free festival takes place on Saturday 15 July in Centenary Field, Mill Lane, Frampton Cotterell, commencing at 2.00pm and finishing at 10.00pm, with the lighting of the parish beacon followed by a fire work display.

Well behaved dogs are welcome at the festival, but owner's need to be aware that the firework display is rather noisy for our four-legged friends.

Unfortunately bar-b-qs are not permitted at the festival.

Information and photographs can be found on the Festival's Facebook page –

www.facebook.com/FramptonFestival



This year's Frampton Festival promises, once again, to be a fun-filled family day out with preparations almost complete for this popular local event, now in its fourth year. Last year's event was once again, a great success as local residents enjoyed the numerous attractions and live music in Centenary Field.

The Festival committee have been working hard since January to ensure that popular attractions from previous festivals have been booked, as well as securing some new crowd-pullers. The ever-popular Professor Panic's Circus returns, along with a variety of fairground rides, engine rides, flight simulator, face painting, coconut shy, and a car and vehicle display.

The festival opens with the Thornbury Brass Band, with a variety of events taking place throughout the day including; KRG Karate demonstration, and a fun dog show for canines of all shapes and sizes.



Walk of Dreams for Many Tears

We were recently contacted by Coalpit Heath resident, Caroline Stiddard Bennett, with a request that we help support the animal charity Many Tears, that she is so passionate about.

Many Tears is self funded rescue centre for dogs, that relies entirely on the generosity of the public to donate. It is run by Sylvia and Bill Van Atta at their home in Carmarthen.

In 2006 Caroline's older daughter answered a plea for volunteers from Many Tears Facebook page and went over to help walk the dogs and generally give them some fuss and love. When she came home and described how sad some of them were, Caroline decided to go to the rescue and give some much needed help too. Many of the dogs were ex-breeding bitches and some even with puppies. Caroline was hooked and took to one dog in particular, a Westie called Alice. She told us the poor little dog was so scared she just sat in a basket and shook. Caroline enquired about fostering Alice and so the story began.

After going through the paperwork for fostering, Caroline took Alice home and their friendship blossomed, Alice soon learnt how to be a happy playful dog enjoying life but Caroline couldn't get the other sad dogs out of her mind and so decided to become a fundraiser for Many Tears. She regularly collects old towels blankets food and treats from local people and businesses. Spoilt beauty in Winterbourne recently donated all their towels, as they were renewing them. Caroline visits Many Tears once a month with her sister Nicky, to take car loads of beds blankets towels and food. This year Caroline and the Bristol MT buddies organised a table top sale in Henfield Hall and raised over £900!

Many Tears founder Sylvia has become increasingly worried about what will happen to the rescue centre when her and husband die or have to retire, as things currently stand, this would mean the end for the Many Tears. To raise funds needed to safeguard its future, Sylvia recently embarked on an epic 280 mile trek from London to Wales. The journey, undertaken with a tent on her back and 5 rescue dogs as companions, saw her walk around 20 miles a day.

On 16 May, her journey brought her to Bristol and local resident Caroline, with her four year old grandson Noah, were pleased to join Sylvia, with fellow supporters for part of the Bristol Walk. Winterbourne & Frampton Matters enjoyed the



Caroline and Noah meet up with Many Tears founder Sylvia for part of her epic walk

walk too and capturing some images from the day. Noah's total for his walk of Dreams with Sylvia has topped over £550, which is a fantastic achievement.

Since adopting her first rescue dogs Alice and Poppy, Caroline has gone on to home Daisy Floe and Mr Pippy. She sadly lost Alice in 2015 but sights her motivation for her fundraising – as the image of Alice on her first visit, and how she was able to live out her days a happy much loved dog. Caroline promotes the rescue centre as much as she can, in the hope that people will be inspired to rescue rather than purchase. She intends to continue to fund raise and if anyone has anything to donate (towels blankets, pillows, old duvets etc) they can take items to The Viaduct Nursery on Badminton Road in Coalpit Heath, where they will happily store things for Caroline. All donations are greatly appreciated.

If you would like to donate to Many Tears please visit www.manytearsrescue.org



In a relaxed environment, our volunteers will show you how to use a computer (PC, laptop or tablet) for word processing, creating spreadsheets, writing emails and using the internet.

Whether you are a complete beginner or someone who wants to improve their skills, we can help.

We use our own PCs, laptops and tablets but you are welcome to bring your own with you and our volunteer helpers will be happy to help with any questions which you may have resulting from use of your own computer or tablet. With one helper for every 2 students, you will learn through practical exercises with someone always on hand to help if you need it.

The Computer Group meets at the Brockeridge Centre in Frampton Cotterell on Monday to Thursday mornings. Each session lasts for 2 hours and costs just £2.50.

You can attend as many sessions as you like as our courses are designed so that each person can proceed at their own pace. You can join the Computer Group at any time as soon as there is space available on the day you would like to attend.

If you would like to book a place, please contact: Jill Allan on: 01454 864442.



Making the Most of Your Digital Photographs

Frampton Cotterell Computer Group

www.fccomputergroup.uk

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brockeridge Centre, Woodend Road Frampton Cotterell.

**Mon - Thurs 9.30am - 11.30am
for each 2 hour session the cost is £2.50**

If you would like to join us please call Jill on:

01454 864442



Coalpit Heath, South Gloucestershire, BS36 2TY

Volunteer at Ram Hill Colliery

Situated appropriately in Coalpit Heath lie the remains of Ram Hill Colliery. On an open site by the Dramway walkway, this is a time capsule of local mining history.

The site is owned by South Gloucestershire Council and is a scheduled ancient monument, registered with Historic England. The Friends of Ram Hill Colliery manage the site under the Council's supervision.

Coal was mined here for about 40 years up until the 1860's, and the site houses the remains of the shaft, horse gin and engine house. The lower part of the site features the Dramway, a

precursor of the railway. Coal was loaded into tubs, which were pulled by horses to the river Avon at Keynsham.

In recent years, with the help of volunteers, notably Green Gym, the woodland area by the railway boundary has been developed as an attractive woodland walk. There is wheelchair access to most of the site but visitors are advised to wear sensible footwear and keep a careful eye on children and dogs.

For more information please check out Ram Hill Colliery on Wikipedia, or contact David and Marian Godden Tel: 0117 932 2602. Email da.godden@btinternet.com

The Friends of Ram Hill Colliery are actively seeking volunteers, as committee members are getting older, and could do with more help. The Council offers training for lime-mortaring, power strimming etc.

If you are interested in helping, please contact Liz Hillyard on 0117 923 6595 for details of our next meeting. Guided tours can be arranged. www.ramhillcolliery.org.uk

July & August 2017 at Winterbourne Library



Opening Times

Tue and Fri: 9.30 am -7pm
Wed & Sat: 9.30 am - 5pm
Closed: Mon, Thur and Sun

Rhymetime

Rhymes and songs for parents and babies/toddlers to enjoy together every Tuesday morning 9.30 – 10am

Pre School Storytime

Join us weekly on Wednesdays 9.30 – 10am for stories and crafts, term time only.

Chatterbooks

Our Chatterbooks group for young people in Years 5 and 6 will be meeting for the last time this school year on Saturday 22 July, 2.30-3.30pm.

The Craft Group

The Craft Group will be meeting on: Saturday 1, 15, 29 July and 12 and 26 August, 10.00am – 12.00noon. New members will always be made welcome by this friendly group. Share tips and ideas for your knitting, sewing or crochet projects.

Join the awesome Animal Agents sleuthing their way to a library near you this summer



"My children really enjoy the challenge and it certainly encourages them to read and share the stories with the family." (Parent, Bradley Stoke)

Animal Agents, Summer Reading Challenge 2017 begins in all South Gloucestershire Libraries on **15 July and runs until 16 September. It's FREE to join!** Sign up at your local library and receive a collector folder to start, then read six library books to get a medal and certificate, picking up some stinky stickers, bookmark, wristband and ticket to visit the Wild Place Project* or borrow a DVD along the way. Children's reading can 'dip' during the long summer holidays, but taking part in Animal Agents keeps children reading – with a huge helping of fun. Libraries are also holding free activities throughout the holiday to help children

complete the challenge including:

Bristol Zoo workshops, Meet a Guide Dog events and craft sessions.

Visit www.southglos.gov.uk/childrenslibrary or drop in to your local library to find out more. Like us on www.facebook.com/sgloslibraries and follow us on @southgloslibs to get the latest on all our activities for children.

*See www.southglos.gov.uk/childrenslibrary for terms and conditions.

Computer Classes for Beginners Starting in September

Sign up now for our popular beginners' computer class run by South Gloucestershire and Stroud College and completely FREE OF CHARGE. This will be an eighteen week course with sessions on a Monday morning 9.30am -12.30pm and will include: word processing, emailing, using the internet and online shopping. If you are interested please speak to a member of staff - places are limited.

More great services

Other facilities at Winterbourne library include daily papers, laminating and fax services (charges apply), free internet access and free WiFi.

Staff will always be happy to make you a cup of tea or coffee for only 40p.

Did you know that you can reserve and renew books online? You can also download e-books, e-audiobooks and e-magazines. Find out all that's on offer on our website.

Library closures

Please note, there will be library closures in July/August due to essential building works, please check our website for further details and revised opening times

For more information:

Tel: 01454 868006

Email: winterbourne.library@southglos.gov.uk

Website: www.southglos.gov.uk/libraries

Twitter: @southgloslibs 'Like' us on

Facebook: South Gloucestershire

Libraries for all the latest news.

News from Floral Friends of Frampton

Sunflowers at the Park

Floral Friends volunteers along with local WI volunteers, planted out sunflower seedlings sown by Watermore school children, who had used the seeds collected from last year's sunflowers. They are already tall and growing rapidly.

Crossbow Brownies have now also planted out their sunflowers which they have carefully grown at home for the sunflower display at the Park. Some have grown really tall already! The Brownies are good gardeners and had fun scattering wild flower seeds around their sunflowers. They have also been designing floral hats for our Floral Hat Festival.

Summer Planters

Our Summer display plants arrived at the beginning of June in bright fiery colours to warm our spirits despite the cold wet weather. Floral Friends have 33 planters and 4 gateways to fill with flowers and the hanging baskets are also being replenished. Hopefully the plants will establish quickly and flourish well in time for the judges of our RHS Britain in Bloom entry who will be here later this month.



Beautiful Spring Display

Thanks to the hard work of Floral Friends, the Spring flowers along Beesmoor/Woodend have been looking magnificent and have attracted lots of bees and butterflies.



New Compost Bin

To help with the recycling of plants and old compost, a new compost bin has been built at the Bockeridge Centre. Any plants removed from the planters and hanging baskets that can't be reused elsewhere will now be composted, and the resulting compost used in future planting.

Please join us! This is a busy time of year for the volunteers – please

come and help us if you can – you don't have to be a gardening expert, just happy to lend a hand and help us to make our village beautiful – please email us at floralfriendsofframpton@gmail.com

Much more information about our activities is available on our website – <http://fframpton.wix.com/fframpton-cotterell>

Much more information about our activities is available on our website – <http://fframpton.wix.com/fframpton-cotterell> – and if you'd like to help us (no gardening experience necessary!) please email us at floralfriendsofframpton@gmail.com



Winterbourne Down & District Horticultural Society Summer Events



If you have any interest in plants – whether it be in your own garden, growing vegetables, or visiting open gardens and parks, this is the Club for you!

Winterbourne Down & District Horticultural Society Meetings:-

Tuesday 11th July, 7.30 pm at All Saints Church Hall, Winterbourne Down – Rose Hewlett – 'Village Life in Mid-Victorian Times'

Tuesday 8th August, 7.30 pm at All Saints Church Hall, Winterbourne Down – Dr I. Keith Ferguson – 'Flowers – Flamboyant & Demure'

Winterbourne Down & District Horticultural Society Annual Flower Show:-

To be held at the Greenfield Centre, Park Avenue, Winterbourne on **Saturday 19th August** – staging 8.30 - 10.30 am. Open to visitors – 2-4 pm.

For schedules phone:- 01454 773218.

We welcome anyone who wants to come along to one of our meetings to see what goes on. See you there!

Any further information – please phone: 01454 774448 or 01454 773218.

Gill Parker

Frampton Cotterell & Coalpit Heath Village Diary

July 2017

Sat 1st - FCCE School Fete, Rectory Road.

Sat 1st & Sun 2nd - Open garden, Nutridge, Ram Hill, 2-5pm. In aid of genieri link with The Gambia.

Sun 2nd - St Peter's Festival, informal Family Communion at FCCE school 10.30am, and Festive Choral Evensong 6pm, St Peters (wine & nibbles after!) All welcome.

Mon 3rd - Crossbow Singers Concert, Crossbow, 7.30pm. £6. Tel. Shirley 01454 774812.

Tues 4th - Crossbow Singers Concert, Crossbow, 7.30pm. £6. Tel. Mary 01454 887885.

Tues 4th - "A Miller's Tale", Chaucer-inspired music and drama, Winterbourne Medieval Barn 7.30pm. www.winterbournebarn.org.uk and www.Ticketsource.co.uk

Thur 6th - Community Singalong, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes. Tel. 07792 495367 hilary.jay@curo-group.co.uk

Fri 7th - Quiz, Crossbow, 8pm. £1.50 ppn. Tel. 772947 e. crossbowhouse@gmail.com

Sat 8th - Watermore School PTFA Festival, 2.30 - 5pm.

Tues 11th - Community Coffee Morning, WADCA, 10.30 - 12.30. All welcome.

Wed 12th - Carer's Club, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925.

Fri 14th - Folk @ Frampton, Crossbow, School Road, 8pm, Small charge. All welcome.

Fri 14th - Mash in the Meadow, Iron Acton, 6pm.

Sat 15th - Frampton Festival, Centenary Field, 2pm - 10pm. Free. Stalls, entertainment, displays, dog show, fairground, bands, bar, food, ends with fireworks at 10pm. More volunteers needed for a couple of hours - please see facebook page.

Sat 15th - Ceilidh World Dance Band, WADCA, Watleys End, 8.30pm. Tickets £8 from WADCA tel.776268 or ca.winterbourne@gmail.com or online from Ticketsource.

Wed 19th - Community Coffee morning, Manor Hall, Coalpit Heath, 10am - 12.00. Sponsored by NISA. Alison Allan Tel: 07873 747513 for more info.

Fri 21st - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel. 01454 772947.

Sat 22nd - West Gallery Singing Workshop with Bristol Harmony Quire, Winterbourne. Medieval Barn, 10am - 4pm. £15. Bookings 01633 889019 or 07891 688581.

Sun 23rd - The Barber of Seville, Winterbourne Medieval Barn, 6pm. Gates open 4.30pm for picnics. Tickets £13.50 adult, £10 child from Ticketsource.co.uk or Daisy's Coffee Shop or Tessitoura Opera 07967 991902. www.winterbournebarn.org.uk

Tues 25th - Frampton Cotterell W.I. St Peters Hall, School Rd, 7.45 - 10pm. Tel. 01454 773426 or 01454 778900 e. marycroberts@talktalk.net

Wed 26th - Forget-me-not Singalong Group, Zion, 2pm-3.30pm. For local people who enjoy a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

Wed 26th - Litter Busters, 10am-12.00, Heather Avenue.

Thur 27th - Kids' Summer Fun, WADCA 10am-12.00. Fairies & Superheroes. £7. T: 01454 776268, e: ca.winterbourne@gmail.com or book on Ticketsource.co.uk

Thur 27th - Community World Dance, 2 - 4 pm, Zion Church Hall. All welcome. £3 incl tea.

August 2017

Thur 3rd - Community Singalong, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes. Tel. 07792 495367 hilary.jay@curo-group.co.uk

Thur 3rd - Kids' Summer Fun, WADCA 10am -12.00. Pokemon & Minions. £2. Tel. 01454 776268.

Fri 4th - Quiz, Crossbow, 8pm. £1.50 ppn. Tel. 772947 e. crossbowhouse@gmail.com

Thur 10th - Kids' Summer Fun, WADCA 10am -12.00. Funky Puppet Show. £5. Tel. 01454 776268 or email ca.winterbourne@gmail.com or book on Ticketsource.co.uk

Sun 13th - Alice in Wonderland, Winterbourne Medieval Barn 2.30pm. A drama for all ages from IKP Productions. Tickets £10 (child £8) from Ticketsource.co.uk or Daisy's.

Coffee Shop. Gates open 1pm for picnicking. www.winterbournebarn.org.uk

Tues 15th - Go Wild at Winterbourne Medieval Barn, family day with Avon Wildlife Trust, 11am-3pm. No charge but registration advised. www.winterbournebarn.org.uk

Thur 17th - Kids' Summer Fun, WADCA 10am -12.00. Lego Fun. £2. Tel. 01454 776268.

Fri 18th - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel. 01454 772947.

Wed 23rd - Forget-me-not Singalong Group, Zion, 2pm-3.30pm. For local people who enjoy a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

Thur 24th - Kids' Summer Fun, WADCA 10am -12.00. Emoji Fun. £2. Tel. 01454 776268.

Thu 24th - Community World Dance, 2 - 4 pm, Zion Church Hall. All welcome. £3 incl tea.

Tues 29th - Shakespeare in the Barn, 'Merry Wives of Windsor', Winterbourne Medieval Barn, 7pm. Gates open 5.30pm for picnics. Tickets adult £14, child £10, from Ticketsource.co.uk or Daisy's Coffee Shop. www.winterbournebarn.org.uk

Wed 30th - Litter Busters, 10am - 12.00, meet at Gingerbread Man cafe.

September

Fri 1st - Quiz, Crossbow, 8pm. £1.50 ppn. Tel. 772947 e. crossbowhouse@gmail.com

Sat 2nd - Horticultural and Craft Show, St Saviours. Tel. 07914 070535.

Thur 7th - Community Singalong, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes. Tel. 07792 495367 hilary.jay@curo-group.co.uk

Fri 8th - Folk @ Frampton, Crossbow, School Road, 8pm, Small charge. All welcome.

Sat 9th & Sun 10th, Heritage Open Day, Winterbourne Medieval Barn, 2pm - 5pm. Free entry. Includes exhibition 'South Glos in the 1st World War' www.winterbournebarn.org.uk

Sun 10th - Heritage Open Day at Ram Hill Colliery.

Tues 12th - Community Coffee Morning, WADCA, 10.30 - 12.30. All welcome.

Wed 13th - Carer's Club, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925.

Fri 15th - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel. 01454 772947.

Wed 20th - Community Coffee morning, Manor Hall, Coalpit Heath, 10am - 12.00. Sponsored by NISA. Alison Allan Tel: 07873 747513 for more details.

Thur 21st - JelliRecords Open Mic Night, WADCA, 8.30 - 11pm. £2. Tel. 01454 776268.

Tues 26th - Frampton Cotterell W.I. St Peters Hall, School Rd, 7.45 - 10pm Tel. 01454 773426

Wed 27th - Litter Busters, 10am - 12.00, meet at Heather Avenue.

Wed 27th - Forget-me-not Singalong Group, Zion, 2pm-3.30pm. For local people who enjoy a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.



Fantastic costumes in the Marvel Theme



The beautiful 2017 Carnival Queen and her Attendants.
Left: Amelia Hookings aged 8, Middle: Hannah Daniels (Carnival Queen) aged 9, Right: Elizabeth Cobbett aged 7. They are all students of Hambrook Primary School.



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News from the Friends of Brandy Bottom Colliery, Pucklechurch

We have received a grant of £20 000 from the Ibstock Cory Environmental Trust, which will be used to employ masons to work on the New Pit.

They will cap the tops of the heapstead walls, replace part of

the missing stone face of its north-west wall, and rebuild the brickwork around the window and door openings of the Horizontal Engine House. This will have the effect of stabilising the structures for the foreseeable future. The trust is an environmental body, founded in 2001, which awards grants to community, heritage and environmental projects through the Landfill Communities Fund. More information on the trust can be found on their website (www.ibstockcory.org.uk). The AIBT would like to thank the Ibstock Cory Environmental Trust for this financial contribution to the project.

The pace of work has not let up, as there have been 18 work parties since the last newsletter and a total of 26 so far in 2017. The tops of the New Pit heapstead walls have been exposed, partly so that detailed specifications could be drawn up for the proposed conservation work, and partly so that we are aware of any archaeological features before the masons start work. The area round the winding ramp of the New Pit heapstead has also been explored. A 30 foot long egg-ended boiler was purchased from a collector in Kent, and delivered to the site in April.

The comments made by passers-by on the forestry work have mainly been favourable, though there

are some who lament the loss of the trees. What is noticeable is the increase in the numbers who stop and ask for a tour. They often remark that they had no idea of what was going on, and are delighted to see that a piece of history is being conserved.

Future Work Parties

At present access to the site is limited to days when there is a work party in progress. The dates for work parties in 2017 are:

July: Sat 08, Wed 12, Sat 22.

Aug 05 – South Glos Show,

Aug: Wed 09 and Sat 19.

Sept: Sat 02, Wed 13, Sat 23.

Please note that these dates may be altered at short notice, so newcomers are advised to first make contact via the AIBT's email address of info@aibt.org.

There is now a location map on the website, currently accessible only from the 'Location and Public' Access' section of the main Brandy Bottom page. A description of how to get to the site from the car parking area, and links from other Brandy Bottom pages, will be added shortly.

To receive an e-mail with a detailed newsletter on all the recent activity that has taken place, please e-mail: info@aibt.org or visit www.aibt.org

Photos featured thanks to R H Whitworth (© R H Whitworth 2014, 2016, 2017).



Egg-ended boiler waiting to make its approach to Brandy Bottom

The partially uncovered winding ramp of the New Pit heapstead. The gap between the walls narrows towards the Horizontal Engine House.



The Parishes of Frampton Cotterell, Iron Acton, Winterbourne and Winterbourne Down, in **THE DIOCESE OF BRISTOL**

Dear Friends

On 5 June, in the chapel of Trinity College Bristol, Bishop Mike launched the 'New Mission Area' initiative. Basically, with nearly a million pounds of Church Commissioners strategic funding and with considerable match funding by the Diocese of Bristol, three areas have been designated to be 'Mission Hubs'. Churches in those areas will be offered considerable support and resource to move the focus from being 'Maintenance Church' to 'Missional Communities'. The Fromeside Benefice has been linked with the Yate Team Ministry to be one such Mission Area (Hub), called the Yate and Fromeside Mission Area.

St Mary's Yate has been designated the Resource Church and its Rector, The Revd Ian Wallace, has been appointed the Mission Area Lead. The Fromeside Benefice and Yate will be working closely together, over a six-year period and beyond, to identify areas of missional focus, developing resources and strategies for delivering mission and growth and finally becoming an area of learning from which other parishes in the Diocese of Bristol can learn and reflect on how to approach mission in their communities. We hope to learn from the mistakes we will inevitably make and from our successes.

In the next couple of years, we will tangibly see additional resource on the ground, including a Curate for Fromeside, a number of internships focusing on work with the young people, families, the elderly and other specific areas of pastoral care, in addition to a pioneer Minister for the developing housing estates of Yate and the east end of the Fromeside Benefice. We will run courses for 'growing and developing leaders', in addition to training to look at new ways of being church in the Mission Area and much more!

At present both ministerial areas are working on the initial stages of development of the project and in the Autumn, a 'Covenant Agreement' with Yate will be signed.

Despite the additional resource, which is considerable, it will be vital that there is clear subsidiarity and ownership at local level, with everyone pulling together. After all what is Church, if it is not about growing the Kingdom of God?

This is an exciting opportunity for the area and it is really important that we all engage with the opportunity given to us. We need to own and develop the missional approach of being Church on the Fromeside and to deepen our own discipleship, encourage others to become disciples and contribute together to the building up of Gods Kingdom for the benefit of all where we live!



God Bless

Malcolm

Revd Malcolm Strange
Rector of Fromeside Benefice

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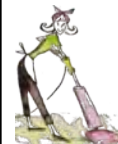
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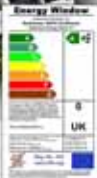
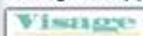
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