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Winterbourne & Frampton

including Coalpit Heath & Winterbourne Down

Matters

June 2017





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Dear Residents.

Welcome to the June issue of your community magazine. We have been busy attending lots of lovely community events over recent weeks.

It was wonderful to witness the opening of the new Sensory Garden, created by The Floral Friends of Frampton. We hope you enjoying learning more about this special garden to be enjoyed by the whole community.

The rain held off and we all had a fabulous Carnival Day, as part of the Winterbourne Down Festival weekend. You get a taste for the Marvel themed costumes on the front cover and you can share in more of the celebrations with our photo montage. It was lovely to see so many of the local groups we regularly feature in the magazine on their stalls, chatting with the happy carnival goers.

This month we bring you news of a dog re-homing centre and their fundraising efforts. A local resident passionate about the organisation called Many Tears, shares with us why she hopes local people will get behind this good cause.

There are many more local events to look forward to, the Medieval Fayre on Sunday 11 June is not to be missed, please do support the work of Winterbourne Medieval Barn, whilst enjoying a wonderful family day out.

For details of all the other Summer Fairs taking place at local venues, check out the community notices and Village Diary.

As I write this the sun has got his hat on - I hope it continues to shine for all of these local activities.

Bye for now!

Kerry & Jaci X

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Events at WADCA

'Inflatable Sharks' live band Friday 16 June

Celebrating 20 years since their Album 'See you on the Ice'. Doors open at 8pm, band on at 9pm. Tickets are £8 each and available via www.ticketsource.co.uk.

Summer Ceilidh Saturday 15 July

Ceilidh Dance. Doors open 8pm, music/dance 8.30pm till 11pm. Tickets £8 each from WADCA. Tel: 01454 776288 or www.ticketsource.co.uk



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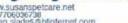
Saturday 15th July 2017

Easy fun Ceilidh dances from around the world, the caller tells you what to do! People of any age and ability can try. You don't need a partner and you don't have to dance all the time, it's find to spend the evening just enjoying the live music.

Doors open 8pm, Music/Dance from 8.30pm till 11pm

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Walk of Dreams for Many Tears

We were recently contacted by Coalpit Heath resident. Caroline Stiddard Bennett, with a request that we help support the animal charity Many Tears, that she is so passionate about.

Many Tears is self funded rescue centre for dogs, that relies entirely on the generosity of the public to donate. It is run by Sylvia and Bill Van Atta at their home in Carmarthen.

In 2006 Caroline's older daughter answered a plea for volunteers from Many Tears Facebook page and went over to help walk the dogs and generally give them some fuss and love. When she came home and described how sad some of them were. Caroline decided to go to the rescue and give some much needed help too. Many of the dogs were ex-breeding bitches and some even with puppies. Caroline was hooked and took to one dog in particular, a Westie called Alice. She told us the poor little dog was so scared she just sat in a basket and shook. Caroline enquired about fostering Alice and so the story began.

After going through the paperwork for fostering, Caroline took Alice home and their friendship blossomed, Alice soon learnt how to be a happy playful dog enjoying life but Caroline couldn't get the other sad dogs out of her mind and so decided to become a fundraiser for Many Tears. She regularly collects old towels blankets food and treats from local people and businesses. Spoilt beauty in Winterbourne recently donated all their towels, as they were renewing them. Caroline visits Many Tears once a month with her sister Nicky, to take car loads of beds blankets towels and food. This year Caroline and the Bristol MT buddies organised a table top sale in Henfield Hall and raised over £900!

Many Tears founder Sylvia has become increasingly worried about what will happen to the rescue centre when her and husband die or have to retire, as things currently stand, this would mean the end for the Many Tears. To raise funds needed to safeguard its future, Sylvia recently embarked on an epic 280 mile trek from London to Wales. The journey. undertaken with a tent on her back and 5 rescue dogs as companions, saw her walk around 20 miles

On 16 May, her journey brought her to Bristol and local resident Caroline, with her four year old grandson Noah, were pleased to join Sylvia, with fellow supporters for part of the Bristol Walk. Winterbourne & Frampton Matters enjoyed the



walk too and capturing some images from the day. Noah's total for his walk of Dreams with Sylvia has toppled over £550, which is a fantastic achievement.

Since adopting her first rescue doas Alice and Poppy, Caroline has gone on to home Daisy Floe and Mr Pippy. She sadly lost Alice in 2015 but sights her motivation for her



fundraising – as the image of Alice on her first visit, and how she was able to live out her days a happy much loved dog. Caroline promotes the rescue centre as much as she can, in the hope that people will be inspired to rescue rather than purchase. She intends to continue to fund raise and if anyone has anything to donate (towels blankets, pillows, old duvets etc) they can take items to The Viaduct Nursery on Badminton Road in Coalpit Heath. where they will happily store things for Caroline. All donations are greatly appreciated.

If you would like to donate to Many Tears please visit www.manytearsrescue.org



I arrived at The Sensory garden official opening at the end of April and was greeted by Floral Friend Lena, who kindly gave me a tour whilst explaining how the creation of new community garden had come about and all the support they had received.

Shortly after Floral Friends was set up, just under 3 years ago, the committee had the idea to set up a community garden for the local residents to enjoy.

The committee set about contacting local businesses and residents to get help with the funding of this wonderful idea. Huge thanks to Suez for the funding for the sensory Garden, it has been transformed from an unused and unloved piece of

The Official Opening of the Sensory Garden

rough lawn behind the Brockeridge centre, into a beautiful garden that anyone is welcome to enjoy. Chair of S.Glos Council, Erica Williams was delighted to pop along and see for herself how things have changed.

Plants have been chosen to reflect the 5 senses and the garden is fully accessible to all, with seating made from recycled materials. A kissing gate was supplied totally free of charge from local iron mongers Drews.

Local school children have also helped by planting herbs and sowing vegetable seeds, with the aim to involve both community groups and individuals and encourage people to use the herbs for cooking.

There is also a wild area to the garden to encourage wildlife, as well as two spectacular wood carvings created by Andy O'Neill of Wild Wood Carving, the wooden owl and hedgehog were particularly attractive to the children. Local hedgehog rescue were on hand to educate residents on how to help the ever declining Hedgehog, her main advise was to leave a saucer of cat biscuits rather than milk/bread or wet food as the hard biscuit helps to

maintain healthy teeth for the hogs, they should also be given water.

The pathways have been laid by local resident Phil Poole from Newlook Surfacing with wheelchair access to all areas. Everyone that has contributed to the creating of the garden, from the school children who created designs and drawings, to the committee that have put in a lot of man hours to enable it to all come together - this has been a truly amazing

Celia Zlobec (Chair of Floral Friends) welcomed Councillor Erica Williams (Chair of S Glos Council) to the Garden along with many friends and supporters. Gary Bristow - RHS Gold Medal winning Festival gardener, officially opened the garden and planted a beautiful weeping cherry tree to mark the occasion. Gary was very complimentary of the design and was impressed that so many good ideas had been put together from the community to create a tranquil yet user friendly Garden.

Village store Nisa has contributed refreshments for the open day and many local residents turned out to support the day, enjoying sampling the delicious home made cakes and biscuits whilst wandering around the

Finally everyone was thanked for their contribution to making it all possible. Congratulations Floral Friends of Frampton for what you have achieved, I am sure this Sensory Garden will be a treasured asset to our community for many years.

For more information on this green-fingered, friendly group, see page 35.







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Events at Winterbourne Medieval Barn



Medieval Favre

What better place to hold a Medieval Fayre than at a medieval barn! Come along on Sunday 11 June from 11am to 4pm, when living history group the Company of Chivalry presents a full day of reenactments of life in a medieval encampment with cooking, crafts, battles, demonstrations and talks. The medieval canon will be fired at 12 noon! There are lots of special activities for children, including "Squire School", firing the trebuchet, and a treasure hunt. There is also live music from Bygonz and The Barrelscrapers, plus excellent hot and cold food and drink available. A great day out for all ages at just £3 per adult (children under 16 free).

Tom Harrison Trumpet Performance –

On Sunday 25 June at 2.30pm, trumpet-player and singer Tom Harrison returns to his home area with talented friends Sophie Creaner and Essa Flett, to give a midsummer concert entitled A Story of Early Music. The performance is part recital, part talk, and the trio will tell a story of how music and musical instruments have changed (or not) from medieval times through to modern day. All three musicians were classically-trained at the Guildhall School of Music and Drama in London, and are specialists in early music as well as folk, jazz, musical theatre, and more. They will present an entertaining and light-hearted journey through music, which should be fun for all ages whether or not you already know anything about early music, period instruments, or folk music. Drinks will be available to purchase beforehand and during the interval, and parking is free. Visitors are welcome to picnic in the grounds beforehand - the gates will open at 1pm. Tickets (£10 adult, £5 child under 16) are available online now from Ticketsource, and from 12 June can be purchased from Daisy's Coffee Shop on Flaxpits lane. Tickets on the gate are subject to availability.

The Miller's Tale

The final medieval-based event at the Barn this summer is a re-telling of Chaucer's The Miller's Tale by folk musician song-and-dance man Pete Morton, on Tuesday 4 July at 7.30pm. This is musical comedy, described as "a 14th century Carry On" and it promises to be very good fun! Tickets (£8 adult, £5 under 16s) are available online now from TicketSource, or from 26 June at Daisy's Coffee Shop, or on the gate subject to availability.



Basketweaving Workshop

The Medieval Barn will also host a one-day Basketweaving Workshop on Saturday 24 June. This is a great introduction to a new skill that you may decide you want to pursue further. The workshop costs £45

and bookings can be made by ringing Angela on 01454 778436. Numbers are limited to 8.

Further summer events

In July and August the Barn will host Rossini's opera The Barber of Seville, a family drama of Alice in Wonderland, and finally Shakespeare's hilarious The Merry Wives of Windsor. All these events supports Winterbourne Medieval Barn Trust, (registered charity number 1112908), and further details about the Barn and events can be found on the website or facebook page.

Church Lane, Winterbourne BS36 1SE www.winterbournebarn.org.uk

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Crossbow Singers Summer Concert 2017



Crossbow Singers' 2017 Summer Concert will take place on Monday 3 and Tuesday 4 July. As usual, this will be held in Crossbow House, School Road, Frampton Cotterell, with performances beginning at 7.30.

All the proceeds from the ticket sales will be split between three local charities. These are the Baby Bank Network (Bristol), Off the Record (Yate), and The Hive Drop-in Service (Kingswood). In choosing these we have tried to cover a wide age range and a variety of different needs within our community.

There will also be a retiring collection to raise funds for the forthcoming improvements to the Beesmoor Road Playing Fields in Frampton Cotterell.

So, make sure you get your ticket - just £6 each and not only enjoy a fun evening of music and song, but also help support a number of good causes.

Tickets for Monday 3 July can be obtained by ringing Shirley on 01454 774812 or, if Tuesday 4 July would be better for you, then give Mary a call on 01454 887885.

We look forward to seeing you there.

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My name is Sam Ash, I am the new manager of Spirit Health club. I have always had a passion for health clubs, even from the age of 15 when I had to do a week's work experience in one. I loved every aspect of it, helping people become fitter, healthier, happier, and even building a community for people to make new friends. From that week onwards, I have been completely hooked.

Once I had finished school, I went straight into college to do a BTEC in Sports Science, before going onto the University of Exeter and Graduating with a BSc Honours in Exercise and Sports Science. Now, as the manager of Spirit Health Club, I am looking to share my knowledge with people just like you, no matter what your goals are.

If you would like to have a chat please feel free to come down to Spirit Health club for a coffee and we can organise your first free visit, or discuss any charitable events you might need assistance for.

I look forward to meeting you!



Fitness tip:

The best exercise for you is the exercise that you enjoy, there is something out there for everyone.



Frampton Cottrell

Watermore Primary School Opposite the Brockeridge Centre, Woodend Road 5.30pm & 7.30pm Tel: Alison 07972 376055

Winterbourne

The Greenfield Centre Park Avenue 9.30am, 11.30am 5.30pm & 7.30pm Tel: Frankie 07519 347243

Frampton Cottrell

Frampton Cottrell C of E Primary School 7.30pm Tel: Lisa 07815 759118

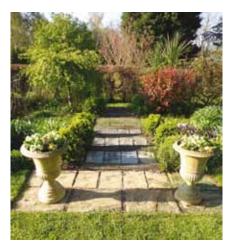
Coalpit Heath

The Manor Hall Coalpit Heath 9.30am & 7.30pm Tel: Lisa 07815 759118



Facebook Page: Frampton Cottrell and Winterbourne Slimming World

OPEN GARDEN DAYS



Margaret and Graham Newman's garden at Nutridge, Ram Hill, Coalpit Heath is already looking good, and ready to welcome you on July 1st and 2nd (2.00pm to 5.00pm).

As in previous years cream teas will be served and pianists and singers will provide live background music.

The Open Days are in aid of the African village of Genieri and the contributions of people in Sodbury and Yate have always been vital in raising the standard of living in the village. (website; www. yategenierilink.org.uk)

There have been notable developments in Genieri this year. The charity has donated funds for the establishment of new village gardens, including the digging of wells near the centre of Genieri.

There have been two visits from members of the charity in the last twelve months. Their tasks were to oversee the progress of projects and to allot funds where possible.

The solar lights which were installed last year are now functioning well and teething problems have all been overcome. The generator and solar panels used to power the television are a source of income to the village as their greatest use is to show football matches for which a small charge is made. At other times the television is used for educational purposes in the Day Care Centre.

The big news of the year from The Gambia has been the removal from power of its controversial dictator Yahya Jammeh, an act which was greeted with a sigh of relief in Genieri.







Winterbourne Down & **District Horticultural Society Summer Events**



If you have any interest in plants whether it be in your own garden, growing vegetables, or visiting open gardens and parks, this is the Club for you!

Winterbourne Down & District Horticultural Society Members' Annual Rose Show to be held at All Saints Church Hall, Church Road, Winterbourne Down on Friday 16th June. Free admission to the public from 7.30 - 8.15 pm.

Winterbourne Down & District Horticultural **Society Meetings:-**

Tuesday, 13th June, 7.30 pm at All Saints Church Hall. Winterbourne Down - Katherine Crouch - 'New Tricks for Old Gardeners'

Tuesday 11th July, 7.30 pm at All Saints Church Hall, Winterbourne Down - Rose Hewlett - 'Village Life in Mid-Victorian Times'

Tuesday 8th August, 7.30 pm at All Saints Church Hall, Winterbourne Down - Dr I. Keith Ferguson -'Flowers - Flamboyant & Demure'

Winterbourne Down & District Horticultural Society Annual Flower Show:-

To be held at the Greenfield Centre. Park Avenue. Winterbourne on Saturday 19th August - staging 8.30 - 10.30 am. Open to visitors - 2 - 4 pm.

For schedules phone: 01454 773218.

We welcome anyone who wants to come along to one of our meetings to see what goes on. See you there!

Any further information – please phone: 01454 774448 or 01454 773218.

Gill Parker



Community Noticeboard

For free listings contact community@ mattersmagazines.co.uk

Severn Counties Foreign & British Bird Society

Venue: Winterbourne Down Methodist Church
Hall, Down Road, Winterbourne Down, BS36 1BN
Meeting on 3rd Thursday of the month
Talks and slide shows at 8 pm

The local club for people of all ages interested in keeping birds. Monthly lectures, social events, day trips www.foreign-britishbirds.info/index.html

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Date/Time:

We meet every Monday and Thursday, 1845-2100.

Please get in touch on how to find out more, Email: ChairmanThornburySeaCadets@ gmail.com or Telephone: 07803 259 511

The Manor Hall at Coalpit Heath

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Community coffee mornings on 21st June & 20th July 2017

Held in the Jubilee Room on the 3rd Wednesday monthly, 10am to 12noon.

All profit from the sale of refreshments will be for the Manor Hall Charity.

Bring and Buy table in aid of the Great Western Air Ambulance Charity and handmade cards sold in aid of BRACE.

Thank you to NISA for sponsoring our coffee morning and donating the tea and coffee.

DOWNEND HORTICULTURAL SOCIETY

Affiliated to the Royal Horticultural Society, National Vegetable Society & the Gloucestershire Federation of Gardening Societies.

Our meeting on 8th June at 7.30pm is a talk on The work of Sir Edward Lutyens & Gertrude Jekyll at Assemley hall, Sailbury Rd, Downend.

Our meetings & shows are held at the Downend Assembly Hall, Salisbury Road, Downend, Bristol BS16 5RA.

on-members are always welcome (Entry £2.00)

Please see www.downendhortsoc.co.uk for details or telephone Hilary Walton on 0117 9792832 or Roger Davis on 0117 9571763

From September to May we meet on the second Thursday of the month at 7.30pm. Our evenings start with tea/coffee and homemade cakes or biscuits. From about 8pm we listen to a speaker on an horticultural related subject until about 9pm.

We are a friendly group of gardening loving individuals come and join us when you can.

St. Peter's Church Summer Fair Saturday 17th June 2 - 4.30 pm.

The Summer Fair is taking place at Bridge House in Rectory Road.

The famous Bridge House Trains will be running.

We will have stalls where you can buy pre-owned toys, games and jewellery there will also be a bottle tombola, raffle and much more.

There will be fun and games for the children and you can also relax in the lovely Bridge House garden with an ice cream, tea or coffee plus delicious home made cakes.

.......

St Saviours Church Coalpit Heath Church Events

Summer Fair, Saturday 24th June, 2pm

Do come along and enjoy the afternoon

Refreshments • Several stalls – Tombola, Bric a brac, Cake Stall, Books Stall • Boats for children • Yate Heritage Display Archives (Parnells) • Parrots Hedgehogs and snakes and much more!

Open Church Fridays

Our Church is open every Friday from 11am until 1pm. Come and join us for Tea or Coffee. Maybe stay for a soup lunch at midday you will be most welcome.

Short Matt Bowls

A Warm welcome awaits all visitors on the 2nd and 4th Wednesday of the month in the church hall, from 2pm-4pm. Being enjoyed by all those taking part and even spectators.

Horticultural and Craft Show

We will be celebrating our 72nd Open Horticultural and Craft Show on 2nd September. So get ready with your exhibits! There is also Junior Section. More details in the next magazine. Or you can phone The Show Secretary 0791 4070535

News from Winterbourne Down W.

It was a lovely sunny evening when our WI had its May meeting. We welcomed various guests who came to hear our Speaker, James Cross who has been Head Gardner at The Bishops Palace in Wells for 13 years. The gardens cover 14 acres and are divided into different areas. There are four main gardners and a number of volunteers who help James.

The first gardens date back to 1206 and over the years have undergone various changes and styles of planting as per the fashion of the day and the wish of the Bishop at that time. James and his team have done a lot of replanting in the herbaceous borders to give a longer display of flowers. He told us that in 1340 Bishop Ralph had fortifications built around the gardens and a moat was built which has to be dredged and kept clean. Of course the famous swans and cygnets swim on the moat. We were shown sketches and slides of the various trees, shrubs, bulbs and flowers that are and have been in the gardens with, of course, Wells Cathedral as a





magnificent back drop. A very interesting talk. Before we listened to our Speaker, members were asked to support the two resolutions which are going to be discussed at the Annual NFWI Meeting in June. The subject matters being a) Alleviating Loneliness and b) Plastic Soup - "Keep Microplastic Fibres Out of Our Oceans". All our members supported these two resolutions.

There were two reports, firstly that some of our members visited Dyrham Park and had an afternoon tour and talk of the gardens. They noted how lovely the flowers and tulips were in the newly laid out beds.

Two of our members and their husbands went to the Keynsham Methodist Church Hall to listen to Jill Toman give a talk on "A Photographers Visit to Tibet and Nepal". A fascinating slideshow whereby Jill, a retired lady, trekked with a small party of like minded photographers across difficult terrain capturing on camera, stunning scenery, buildings, local town life and weather conditions of these two interesting countries.

At the May Day Carnival, we had our usual table selling cakes, jams, marmalades, breads and crumbles. Although everyone was expecting it to rain the weather stayed dry so a lot of people came to support the event.

Next month, on 1st June our Speaker, Ruth Pizzichemi, will be talking about her life as a Wildlife Artist in Africa. All our welcome to join us at 7.30pm in All Saints Churchill Hall.

The BIG Lunch

Sunday 4 June 2017, 11.30am - 4pm **Beesmoor Road Playing Fields**

Put this annual get together for friends and neighbours in your diary. The community event on Beesmoor Road Playing Field, will be raising funds to buy more playground equipment for the new area.

The day will open with a cheer leaders demonstration and at 12.30 there will be a dog show. Plus there is face painting, bouncy castle, petting sessions (Viaduct sanctuary is kindly bringing some of their wonderful animals to get up close to), stalls from local community groups, a karate demonstration and a few more surprises!

There is also a raffle with prizes supported from local businesses. Plus a BBQ and hot drinks and cake.

Please come and support us while having a great time.





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Cup Triumph for Winterbourne Under 12s

Caretaker vacancy at The Manor Primary School, Coalpit Heath starting from 1st September 2017

Part-time - 20 hours per week. Set hours 7.00-8.00 am to open up school and other 15 hours to be agreed. £16,781.00 (pro-rata) to £17,772.00 (pro-rata)

For further info contact the school on 01454 866 555

Winterbourne United Under 12s ended the season on a high after winning the Avon Youth League Plate competition.

The team finished a creditable 3rd in their division but it was the cup competition which gave them most to cheer about. After winning four qualification matches, the final was against opposition that had won the division without losing a single match.

So the final was going to be a huge challenge! But the young team played with tremendous determination and skill. The final was a close and engrossing encounter between two strong teams, but a goal in each half meant Winterbourne deservedly won the match 2-0 and prompted well deserved post match celebrations.

Local Gymnasts Head to USA

A group of 8 gymnasts, aged 8-15, from Fromeside Gymnasts Club in Winterbourne, are off to Florida next February to compete in the Magical Classic Competition in Orlando. This is an international competition and a chance in a lifetime for these elite gymnasts.

'These are dedicated young gymnasts who give all their spare time to their chosen sport. Not only do they attend full-time education, they dedicate no less than 20 hours per week to enhance their gymnastics skills during their training.'

Coaches Kim and Rachel are extremely proud of their commitment and hard work and are looking forward to accompanying them to this dream competition in Florida.

It will cost in excess of £12,000 to get there so they are pulling out all the stops to raise money with various activities from running a competition, raffles, hampers and bag packing, to selling items such as necklaces and even manure!

Please support the girls by donating to their cause at:

https://www.justgiving.com/crowdfunding/ rachel-cozens?utm_id=106&utm_term=mzWr3Vk5R

Any donation is welcome to help them achieve their dreams!!





- ★ Pre School classes for walking age up to 4 years mornings and early afternoons Monday to Friday.
- ★ Recreational classes for school age children, 4 17 years - weekday evenings and Saturday morning.
- ★ Men and Women's competitive artistic gymnastic squads.
- ★ Over 50s fitness group, 10–11am ★ School holiday programs

For full timetables please check www.fromesidegvm.co.uk Contact us - T: 01454 7768 E: office@fromesidegym.co.uk Watleys End Road, Winterbourne, BS36 1PW

University of the West of England



Train to Teach with UWE Bristol from September 2017

Places available to train to teach the following subjects at secondary school level: Art & Design, Business, Computer Science, English, Geography, History, Mathematics, Modern Languages, Science (Biology, Chemistry or Physics) plus Primary School Direct.

The programme trains teachers to teach the 11-16 age group, along with opportunities to teach at A level.

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- Well-established partnership with many local schools.
- Employment rate is 94%.

Interested? What to do next: Visit uwe.ac.uk/traintoteach and fill in the form to find out more. Come to one of our drop-in sessions (search **UWE Bristol PGCE drop-in** online to find out more). Apply through UCAS (search UCAS Teacher Training online).

"I had a fantastic experience during my PGCE at UWE Bristol. I feel it equipped me immensely well throughout the year; there were a number of sessions that I truly enjoyed and I found incredibly rich and fulfilling."

Trainee Teacher, PGCE Secondary Mathematics, 2014-15



News from Frampton Cotterel W.



Our April talk was on the processes behind the concept of "Clear Thinking" and better decision making. Local expert Tony Jay and his associate Doctor Anthony Lamb, talked us year's Frampton Festival through the steps we all take before making decisions in our lives, with some thought-provoking suggestions being made as to how we might analyse the reasons why we come to draw certain conclusions.

On Tuesday 2 May we had a Beetle Drive game night (always great fun!) at Crossbow House. The National Federation Resolutions Discussions will take place on the 23 May at the monthly meeting. Other future events include "A Passion for Pearls - Part II" (back by popular demand), a talk on the history of the Police Force and a Belly Dancing lesson from a professional dancer! There is also our

summer meal out to look forward to in early July – a "Cowboy Tapas" night at The Smokehouse (at The Swan Inn, Winterbourne) which should prove to be a fun night out. And again this year we will have our WI stand at the Frampton Festival when our members will be

Frampton Cotterell & Coalpit Heath - Walking for Health

Short Strolls 1 – 2 miles or less on easy terrain / Longer Rural Walks (3-4miles)

Tues 6th June, 10.30am Meeting at The New Inn, Badminton Rd, May's Hill BS36 2NT

Stroll - Wild Flower Meadow Delights of wild flower meadow & farmland.

Walk - Wild Flower Meadow Delights of wild flower meadow, woods & farmland. 3.7 miles.







Visitors are welcome to our monthly meetings at St Peter's Hall on School Road at 7.45pm, on the 4th Tuesday of the month.

made cakes

There is a charge of £2.50 for the evening and any new members can join by paying a membership fee. Special interest groups that meet separately including a book club, craft group, choir and our skittles and darts teams.

Please search FramptonCottWI to find out more, and do like our page.

Don't let pain hold you back this Summer!



As we enter Summer, with warmer, longer days, it is the perfect time to get outdoors and get active! Don't let an old injury or nagging pain prevent you from taking part in an activity you love, whether this be playing cricket or tennis, running, cycling or leisurely walking the countryside. Local Osteomyologist Dawn Clode is equipped to get you moving - pain free!

Dawn explained, many of us just get used to nursing a sore knee, aching shoulder or painful lower back and as the pain increases over time we gradually restrict the activities we take part in rather than address the cause of the pain. There is however good news! As an osteomyologist Dawn is equipped to tackle the route cause of your pain and get you happily moving again.

Osteomyology is a holistic practice that allows the practitioner to switch seamlessly from one treatment to another to most effectively treat the individual patient. Dawn incorporates - Acupuncture, Aromatherapy, Cranial Sacral Therapy, Massage,

Manipulation, Muscle Energy Technique (MET), NuroLinquistic Programming (NLP) and Reflexology in her work.

Mrs C, a patient from the Stokes and a keen horse rider told us.

"As someone with a chronic back problem over many years, I wasn't sure how much Dawn would be able to help me. I'm so glad I paid her that first visit; she has seemingly worked miracles and I have felt great relief from my aches and pains and have enjoyed getting back to the hobby I love. I would have no hesitation in recommending her to others."

If you would like to discuss your individual aches and pains, whether they be physical or mental then please get in touch with Dawn.

Dawn is happy for you to get in touch for further information.

Please call: 0795 1099 491 or visit: www.life-and-soul-empowerment.co.uk

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Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

Call me on: 07964 991689 E Catherine@hypnotherapistbristol.com www.hypnotherapistbristol.com



Welcome to Mike Harbord Opticians - a family practice in Winterbourne Village.

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News from Coalpit Heath W.I

Our May meeting was a real eye opener for us. We welcomed Pat, a local lady that volunteers at the charity One25 and also Sam Ford. Communications Officer. We were given a history of the charity that was set up in May 1995. Their mission statement is "To reach out to women trapped in or vulnerable to street sexwork, supporting them to break free and build new lives away from violence. poverty and addiction." Pat provided detail as to the type of lives lived by women with addiction and the work

of the 100 volunteers and 20 case workers that support them to rebuild their lives.

Members listened attentively and asked many questions that Pat patiently answered. During



Bristol Brunel and daughter club Bradley Stoke Lions celebrated 100 years of service to the community, at a Masked Ball held in the Aztec Hotel on 20 May. Lions from clubs all over joined in the celebrations - the food was excellent, the wine was flowing, the Blues Band was very popular and everyone had a wonderful evening.

The BS Lions will be back this year at the BS Festival on 10 June with the famous Flying Frog Game. Come along and have some fun!

We are always on the lookout for new members or even to meet those who would like to become a friend of Lions without full committment. Remember, if you are interested in finding out more about the Lions, speak to us at the Festival or come to a meeting at the Doubletree Hilton Hotel. Woodlands Lane, on 2 Wednesday of the month, 7.30pm start. Or, contact President Robin on 07712 046644.





refreshments members bought recipe books and tea towels designed by the women using the services of One25. During the

winter months the charity requires donations of scarves, hats and gloves. Ladies, we need to get our knitting needles out in the Autumn.

Our jarbola stall for The St Saviours Summer fete is coming along nicely, members please re-member to bring your filled jars to the June meeting.

After the visit from the Baby Bank One of our members Marcia Caple approached her employer Imperial Tobacco to help raise funds from a charity day. The kind employees from Imperial raised £394 for the charity – well done Marcia!

As it was national naked gardening day on May 7th we decided to enter into the spirit of things and do some gardening ourselves. A few of us helped weed some of the beds at the lovely Manor Hall - you will be pleased to hear that we kept our clothes on. I don't think Coalpit Heath is quite ready for that!

Our next meeting takes place on Wednesday 7 June when we will hear from guest speaker **Linda Dowsett on Heavenly Hedgerows** and the art of foraging. We meet at 7.45pm on the First Wednesday of every month at St Saviours Church Hall, Beesmoor Road, Coalpit Heath, BS36 2RP.

New members are always welcome, find out more on our Facebook Page.

Molesworths of Frampton

The newly established Family Butchers at **Church Road Frampton Cotterell has been** bought by Peter Molesworth from Henleaze Bristol. Peter has a background in food and farming, over the last forty years with more recently taking on the prize winning butchers Palfreys of Newport and Molesworths of Henleaze.

The experiences and contacts made by Peter over this period will be used to develop the Frampton business. Nick Rapps who has worked with Peter over many years is managing the shop. Nick was runner up Young Butcher of the year 2007 and is a local family man.

The business is undergoing rebranding and new lines are being introduced to reflect local needs. In the coming months ready meals, vegetables and fish are being introduced.

The key aspects of the business are locally sourced free range produce, served by staff who can advise on cooking and preparation.

Specialities of the business are Salt Marsh lamb from the Gower, wild boar and venison from



Lydney Park, and game from nearby shoots. In addition there is free range pork and chickens from Newent. Mutton, local veal and goat are also popular.

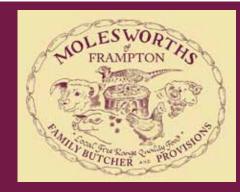
The business produces its own range of sausages and BBQ products all the year round, many gluten free. Pies, faggots and black pudding are produced at the sister branch in Newport.

Commenting Peter Molesworth said "I am extremely pleased with the response we have had so far from local residents and the warm welcome we have received. I am keen we provide families with a great, friendly service."



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- **❖** Gluten-Free Range
- * Butterflied legs of Gower lamb
- **❖** BBQ BOXES and more!



MOLESWORTHS OF FRAMPTON

147 Church Road. Frampton Cotterell, BS36 2JX

01454 777 337

framptonbutchers@outlook.com



Frampton Cotterell and **Coalpit Heath Good Neighbours Scheme**

The Good Neighbours Scheme offer a helping hand to all residents of our village.

Could you, or anyone you know, use a little help from time to time?

Such things as:-

- Someone to visit and sit with you for a chat?
- Help collecting prescriptions or changing library books.
- Walking the dog or feeding a pet on days you can't manage it.
- Playing a board game or help with a jigsaw puzzle.
- A 'one off' garden tidy up.
- A quick visit in bad weather to make sure someone is OK

How to get in touch

Speak to Andrew Edgington

Tel: 0743 288 8586 Leave your name and number and he will get back to you, or email: vaqoodneighbours@gmail. com / www.villageaction.org.uk

The Good Neighbours project is organised by a group of village community volunteers who willingly supply any help needed. All our volunteers are officially registered, DBS checked and will carry an official identity card.



Coalpit Heath, South Gloucestershire, BS36 2TY

Volunteer at Ram Hill Colliery

Situated appropriately in Coalpit Heath lie the remains of Ram Hill Colliery. On an open site by the Dramway walkway, this is a time capsule of local mining history.

The site is owned by South Gloucestershire Council and is a scheduled ancient monument. registered with Historic England. The Friends of Ram Hill Colliery manage the site under the Council's supervision.

Coal was mined here for about 40 years up until the 1860's, and the site houses the remains of the shaft, horse gin and engine house. The lower part of the site features the Dramway, a precursor of the railway. Coal was loaded into tubs, which were pulled by horses to the river Avon at Keynsham.

In recent years, with the help of volunteers, notably Green Gym, the woodland area by the railway boundary has been developed as an attractive woodland walk. There is wheelchair access to most of the site but visitors are advised to wear sensible footwear and keep a careful eve on children and dogs.

For more information please check out Ram Hill Colliery on Wikipedia, or contact David and Marian Godden Tel: 0117 932 2602. Email da.godden@btinternet.com

The Friends of Ram Hill Colliery are actively seeking volunteers, as committee members are getting older, and could do with more help. The Council offers training for lime-mortaring, power strimming etc.

If you are interested in helping, please contact Liz Hillyard on 0117 923 6595 for details of our next meeting. Guided tours can be arranged.

www.ramhillcolliery.org.uk



Go Wild this June with **Avon Wildlife Trust!**

Did you know during June the Wildlife Trusts are encouraging everyone to take time out to spend a bit of time each day being a little wild. Can you take up the 30 Days Wild Challenge?



You have until the 10 June to register online here: www.avonwildlifetrust.org. uk/30DaysWild

But don't worry if you are reading this after the 10th, you

> can still join in, just

take pictures of your adventures and share them on social media using the hashtag #30DaysWild.

In August we will be back at Says Court Farm for another Wild Picnic. Keep an eye out in the next edition for more details.





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Based at both The Greenfield Centre in Winterbourne & St Michaels C of E School. Ofsted rated 'Outstanding' we provide a range of services for local families

Pre-School sessions from 2 years:

Integrated Forest School activities Highly qualified and experienced staff forming a well established team Grant funding for 2, 3 & 4 yr olds Strong links with local schools

Free Community Groups:

Baby Group, Toddler Group, Stay and Play sessions

For more information or to arrange a visit please call Sam on 01454 773781 or see the website

www.winterbournepreschool.co.uk

E: enquire@winterbournepreschool.co.uk

The Greenfield Centre, Park Avenue, Winterbourne

June & July 2017 at Winterbourne Library



Opening Times

Tue and Fri: 9.30 am -7pm Wed & Sat: 9.30 am - 5pm Closed: Mon. Thur and Sun

Rhymes and songs for parents and babies/ toddlers to enjoy together every Tuesday morning 9.30 - 10am

Pre School Storytime

Join us weekly on Wednesdays 9.30 – 10am for stories and crafts, term time only.

The Craft Group

The Craft Group will be meeting on: Saturday 3 and 17 June and Saturday 1, 15 and 29 July 10.00am - 12.00noon.

New members will always be made welcome by this friendly group. Share tips and ideas for your knitting, sewing or crochet projects.

Our Chatterbooks group for young people in Years 5 and 6 will be meeting on Saturday 24 June and Saturday 22 July 2.30-3.30pm.



Everybunny dance at vour library this June!

South Gloucestershire Libraries are celebrating

National Bookstart Week 2017 (5 -11 June) with free drop-in rhymetimes and storytimes for babies, toddlers, and pre-schoolers, encouraging families to have fun reading together, anywhere and anytime.

It's free to come along to any of our activities for little ones and new families are always very welcome. Sharing stories, songs and rhymes at the library is great for babies and young children's development. A Mum from Filton Library said, "It's made him more sociable to other children and he's learning lots of new games and songs which is helping with his vocabulary"

Children who attend any of the events will receive

a free copy of the picture book Everybunny Dance! by Ellie Sandall.

Visit www.southglos.gov.uk/childrenslibrary, call 01454 868006 or drop in to Winterbourne library to find out more.

Low cost computer scheme:

Are you 65 years of age or over, registered disabled, on a low income or an unpaid carer?

Have you considered the many benefits that owning your own computer can give?

South Gloucestershire Council has teamed up with an IT provider to offer a range of low cost professionally refurbished starter computers at special discounted prices to eligible residents and registered UK charities. Prices start from under £90 including Windows 7 and Microsoft Office 2010 plus a 12 month return to base warranty.

To find out if you are eligible and for more details visit: www.southglos.gov.uk/goonline

Need help with your computer?

Mike, our IT volunteer, is on hand every Wednesday morning 10.00am - 12.00 noon. Mike can help you with all your computer gueries, from setting up an iPad to accessing Universal Jobmatch as well as helping you to get started with Learn My Way, an online course for beginners. You can book a one to one session with Mike by speaking to a member of staff.

More great services

Other facilities at Winterbourne library include daily papers, laminating and fax services (charges apply), free internet access and free WiFi.

Staff will always be happy to make you a cup of tea or coffee for only 40p.

Did you know that you can reserve and renew books online? You can also download e-books. e-audiobooks and e-magazines. Find out all that's on offer on our website.

For more information:

Tel: 01454 868006

Email: winterbourne.library@southglos.

gov.uk

Website: www.southglos.gov.uk/libraries Twitter: @southgloslibs 'Like' us on **Facebook: South Gloucestershire Libraries** for all the latest news.

TLE



THE READING AGENCY AND LIBRARIES PRESENT

SUMMER READING CHALLENGE 2017

Join the awesome Animal Agents sleuthing their way to a library near vou this summer!

"My children really enjoy the challenge and it certainly encourages them to read and share the stories with the family." (Parent, Bradley Stoke)

Animal Agents, Summer Reading Challenge 2017 begins in all South Gloucestershire Libraries on 15 July and runs until 16 September. It's FREE to join!

Sign up at your local library and receive a collector folder to start, then read six library books to get a medal and certificate, picking up goodies including stinky stickers, bookmark and wristband along the way.

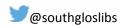
Children's reading can 'dip' during the long summer holidays, but taking part in Animal Agents keeps children reading – with a huge helping of fun!

Libraries are also holding free activities throughout the holiday to help children complete the challenge including: Bristol Zoo workshops, Meet a Guide Dog events and craft sessions.

To find out more visit your local library or: www.southglos.gov.uk/childrenslibrary



facebook.com/sgloslibraries



Illustrations @Tony Ross for The Reading Agency









The Parishes of Frampton Cotterell, Iron Acton, Winterbourne and Winterbourne Down, in **THE DIOCESE OF BRISTOL**

Dear Friends

On the day that Theresa May announced the forthcoming General Election, a Bristol lady suddenly experienced brief fame by her spontaneous reply of horror to that particular piece of news. To the question posed to her by BBC reporter John Kay her response was "Oh, no not another one!" She wasn't alone in those sentiments. There is a great deal of cynicism about politics and politicians, fuelled by the media and the complexity of the whole business of government can be bewildering. However, if we cast our minds back in history or compare ourselves with other nations, we can perhaps appreciate that our democratic process of running this country could be far worse.

About fifteen years ago I read of a survey designed to ascertain the proportion of Christians within different secular professions and occupations: teachers, medics, fire men, etc. The interesting result was that, of all the professions. Members of Parliament contained the highest proportion of Christians.

On another occasion I had the experience of meeting a young man who was employed by a Christian organisation, I think it was the Bible Society, who was based in the Houses of Parliament. His job description was to support Christian MPs and I met him whilst canvassing for a prospective Parliamentary candidate who was a Christian. During the lead up to that particular General Election he was dividing his time between various Christian candidates regardless of party politics.

You may not be aware that the Conservative, Labour and Liberal Democrats each have their own Christian organisations and there is an umbrella organisation called Christians in Politics. (I don't know about the Green Party or UKIP). The purpose of 'Christians in Politics' is to encourage Christians to engage in the issues that politicians have to deal with day by day. No easy or simplistic task of course but I like the sentiment.

I hope you will play your part in our democracy by thoughtfully and prayerfully voting on 8th June. The Diocese has provided us with a prayer for the occasion.

Lord we give thanks for the privileges and responsibilities of living in a democratic society.

Give us wisdom to play our part at election time.

Protect us from the sins of despair and cynicism,

guard us against the idols of false utopias

and strengthen us to make politics a noble calling that serves the common good of all.

We ask this in the name of Jesus Christ, our Lord. Amen. With God's Blessings.

Revd Jean Capstick



Frampton Cotterell and Coalpit Heath Village Diary

June 2017

Thur 1st - Community Singalong, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes.

Tel. 07792 495367 hilary.jay@curo-group.co.uk

Fri 2nd - Quiz, Crossbow, 8pm. £1.50 ppn. Tel. 01454 772947.

Fri 9th - Folk @ Frampton, Crossbow, School Road, 8pm, Small charge. All welcome.

Sun 11th - Medieval Fayre, Winterbourne Medieval Barn, 11am - 4pm, £3. A full day of re-enactments of medieval life, cooking, crafts, weapons, fighting, plus falconry, medieval music, stalls, food and drink, and more. www.winterbournebarn.org.uk

Tues 13th - Community Coffee Morning, WADCA, 10.30 - 12.30. All welcome.

Wed 14th - Carer's Club, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925

Fri 16th - 'The Inflatable Sharks', Live Band, WADCA, Doors open 8pm. Tickets £8 from www.ticketsource.co.uk or Tel: 01454 776268.

Fri 16th - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel: 01454 772947

Wed 21st - Community Coffee morning, Manor Hall, Coalpit Heath, 10am - 12.00. Sponsored by NISA. Tel: 07873 747513 for more details.

Thur 22nd - Community World Dance, 2 - 4 pm, Zion Church Hall. All welcome. £3 incl tea.

Sat 24th - Basket Weaving Workshop, Winterbourne Medieval Barn, 9.30am - 4pm Cost £45. Bookings tel. 01454 778436 www. winterbournebarn.org.uk

Sat 24th - St Saviour' Church Summer Fair, 2pm on the Glebe Field.

Sat 24th - Floral Hat Festival, Zion Church. Email: floralfriendsofframpton@gmail.com

Sun 25th - 'A Story of Early Music', Winterbourne Medieval Barn, 2.30pm. An entertaining journey with period instruments. Gates open 1pm for picnics. Tickets £10 (£5 child). Ticketsource.co.uk or Daisy's Coffee Shop or on gate. www.winterbournebarn. org.uk

Tues 27th - Frampton Cotterell W.I. St Peters Hall, School Rd, 7.45 - 10pm Tel: 01454 773426 or 01454 778900 e. marycroberts@talktalk.net

Wed 28th - Forget-me-not Singalong Group, Zion, 2pm-3.30pm. For local people who enjoy a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

July 2017

Tues 4th - "A Miller's Tale", Chaucer-inspired music and drama, Winterbourne Medieval Barn 7.30pm. www.winterbournebarn.org.uk and www. Ticketsource.co.uk

Thur 6th - Community Singalong, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes.
Tel. 07792 495367 hilary.jay@curo-group.co.uk

Fri 7th - Quiz, Crossbow, 8pm. £1.50 ppn. Tel. 772947 e. crossbowhouse@gmail.com

Sat 8th - Watermore School PTFA Festival, 2.30 - 5pm.

Tues 11th - Community Coffee Morning, WADCA, 10.30 - 12.30, All welcome.

Wed 12th - Carer's Club, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925.

Fri 14th - Folk @ Frampton, Crossbow, School Road, 8pm, Small charge. All welcome

Fri 14th - Mash in the Meadow, Iron Acton, 6pm.

Sat 15th - Frampton Festival, Centenary Field, 2pm - 10pm.

Sat 15th - Ceilidh World Dance Band, WADCA, Watleys End, 8.30pm. Tickets £8 from WADCA tel.776268 or ca.winterbourne@gmail.com or online from Ticketsource

Wed 19th - Community Coffee morning, Manor Hall, Coalpit Heath, 10am - 12.00. Sponsored by NISA, Alison Allan Tel: 07873 747513 for more info.

Fri 21st - Bingo, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel. 01454 772947

Sat 22nd - West Gallery Singing Workshop with Bristol Harmony Quire, Winterbourne. Medieval Barn, 10am - 4pm. £15. Bookings 01633 889019 or 07891 688581.

Sun 23rd - The Barber of Seville, Winterbourne Medieval Barn, 6pm. Gates open 4.30pm for picnics. Tickets £13.50 adult, £10 child from Ticketsource.co.uk or Daisy's Coffee Shop or Tessitoura Opera 07967 991902. www. winterbournebarn.org.uk

Tues 25th - Frampton Cotterell W.I. St Peters Hall, School Rd, 7.45 - 10pm. Tel. 01454 773426 or 01454 778900 e. marycroberts@talktalk.net

Wed 26th - Forget-me-not Singalong Group, Zion, 2pm-3.30pm. For local people who enjoy a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

Thur 27th - Community World Dance, 2 - 4 pm, Zion Church Hall, All welcome, £3 incl tea.



News from the Friends of Brandy Bottom Colliery, Pucklechurch

We have received a grant of £20 000 from the Ibstock Cory **Environmental Trust,** which will be used to employ masons to work on the New Pit.

They will cap the tops of the heapstead walls, replace part of

the missing stone face of its north-west wall, and rebuild the brickwork around the window and door openings of the Horizontal Engine House. This will have the effect of stabilising the structures for the foreseeable future. The trust is an environmental body, founded in 2001, which awards grants to community, heritage and environmental projects through the Landfill Communities Fund. More information on the trust can be found on their website (www.ibstockcory.org.uk). The AIBT would like to thank the Ibstock Cory Environmental Trust for this financial contribution to the project.

The pace of work has not let up, as there have been 18 work parties since the last newsletter and a total of 26 so far in 2017. The tops of the New Pit heapstead walls have been exposed, partly so that detailed specifications could be drawn up for the proposed conservation work, and partly so that we are aware of any archaeological features before the masons start work. The area round the winding ramp of the New Pit heapstead has also been explored. A 30 foot long egg-ended boiler was purchased from a collector in Kent, and delivered to the site in April.

The comments made by passers-by on the forestry work have mainly been favourable, though there

are some who lament the loss of the trees. What is noticeable is the increase in the numbers who stop and ask for a tour. They often remark that they had no idea of what was going on, and are delighted to see that a piece of history is being conserved.

Future Work Parties

At present access to the site is limited to days when there is a work party in progress. The dates for work parties in 2017 are:

June: Sat 03, Wed 14, Sat 24 July: Sat 08, Wed 12, Sat 22 Aug 05 – South Glos Show Wed 09 and Sat 19.

Please note that these dates may be altered at short notice, so newcomers are advised to first make contact via the AIBT's email address of info@aibt.org.

There is now a location map on the website. currently accessible only from the 'Location and Public' Access' section of the main Brandy Bottom page. A description of how to get to the site from the car parking area, and links from other Brandy Bottom pages, will be added shortly.

To receive an e-mail with a detailed newsletter on all the recent activity that has taken place, please e-mail: info@aibt. org or visit www.aibt.org

Photos featured thanks to R H Whitworth (© R H Whitworth 2014, 2016, 2017).





In a relaxed environment, our volunteers will show you how to use a computer (PC, laptop or tablet) for word processing,

creating spreadsheets, writing emails and using the internet.

Whether you are a complete beginner or someone who wants to improve their skills, we can help.

We use our own PCs, laptops and tablets but you are welcome to bring your own with you and our volunteer helpers will be happy to help with any questions which you may have resulting from use of your own computer or tablet. With one helper for every 2 students, you will learn through practical exercises with someone always on hand to help if you need it.

The Computer Group meets at the Brockeridge Centre in Frampton Cotterell on Monday to Thursday mornings. Each session lasts for 2 hours and costs just £2.50.

You can attend as many sessions as you like as our courses are designed so that each person can proceed at their own pace. You can join the Computer Group at any time as soon as there is space available on the day you would like to attend.

If you would like to book a place, please contact: Jill Allan on: 01454 864442.



Frampton Cotterell Computer Group

www.fccomputergroup.uk.

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brockeridge Centre, WoodendRoad Frampton Cotterell.

Mon - Thurs 9.30am - 11.30am for each 2 hour session the cost is £2.50

If you would like to join us please call Jill on:

01454 864442

News from Winterbourne Evening W.I.

Our May meeting was very well attended and much enjoyed by all. After the usual business was concluded our President, Anita Dver, read out the two Resolutions which have been selected by National Federation for us this year. No.1. Was Alleviating loneliness in the population and No.2. Raising awareness of the dangers posed by Microfibres. After much discussion both Resolutions were agreed by members show of hands to be carried forward by our delegate with discretion to vote as she sees fit on the second one.



Instead of a speaker this month we were very fortunate to enjoy a fashion show with clothes provided by M & Co of Yate for charity. They had agreed to provide the clothes for eight of our members to model. Each model had previously visited the M & Co shop to select two outfits, one casual and one for a more formal occasion, the phrase "kids in a sweetie shop" comes to mind! The two lovely ladies from M & Co had labelled each models two outfits and hung them up in order ready for a quick change in very cramped conditions. Most of the ladies had never walked the catwalk before and were very anxious but performed like professionals on the night to much applause. Many of the members said they would be going to Yate the very next morning to get some of the outfits for themselves.

Our President, Anita, then thanked M & Co for providing such lovely clothes for the fashion show and all the ladies who modelled the clothes and then all the models and members enjoyed a very welcome cup of tea and biscuits.

Our next meeting will be on Thursday 8 June, when our speaker Alan Freke, a local historian will tell us about Frenchay Hospital's Hidden Story. We meet a 7.30pm at the St Michaels Room on Winterbourne High Street and you are very welcome to attend as a visitor.

Margaret Beacham, Press Officer Email sales@mattersmagazines.co.uk



St Michael's gets egg-cited about Easter!

St Michael's Primary School once again donned their Easter hats and paraded through Winterbourne High Street, down to St Michael's Church for the annual Easter Church Service.

Year 2 lead the service, reminding all the children of the true meaning of Easter. The children had made palm leaves to tell the story of Jesus' arrival into Jerusalem, and some children dressed up to help tell the events of the Easter story, explaining both why and how we celebrate Easter. The rest of the school joined in with the singing of "Give me oil in my lamp" and "Lord of the

Dance", making the whole service both fun and memorable.

St Michael's also held an Easter egg competition this year, to make a model Easter garden and decorate eggs. We had some egg-cellent entries, showing great imagination and creative skills, from beautiful gardens with real plants, to eggs decorated as chicks, Mr Men and even Minions! All the entries were put on display in the school entrance hall. There was such a variety of designs it was egg-tremely difficult for Mr Vve to have to choose a winner from each class! The egg-cited winners were awarded a chocolate egg and a certificate during the church service.

Well done to everyone who took part in our competition, the displays certainly got everyone egg-cited about Easter!





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News from Floral Friends of Frampton

Opening of Sensory Garden - Floral Friends were delighted to see so many people at the Brockeridge Centre on April 29th for the formal opening of the Sensory Garden. Celia Zlobec (Chair of Floral Friends) welcomed Councillor Erica Williams (Chair of S Glos Council) to the Garden along with many friends and supporters. She thanked all those who had supported the establishment of the Garden - including the Parish Council, Suez (who funded it) and many local businesses. The plants chosen for the Garden reflect the five senses and it is fully accessible to everyone, with seating made from recycled materials. Local school children have helped by planting herbs and sowing vegetable seeds and it is hoped that both community groups and individuals will be involved in activities like using herbs to cook, creating homes for wildlife and of course, helping

Floral Friends to maintain the Sensory Garden.

Gary Bristow (local garden designer and Gold Medal winner at RHS Malvern in 2015) cut a ribbon and planted a weeping cherry tree to mark the occasion. Tea, coffee and cakes were enjoyed, plants were bought and the children met a real hedgehog (together with the wooden one in the garden), planted sunflower seeds and made pinecone hedgehogs. Hopefully the children will bring the sunflowers to Crossbow Park in June when they can be planted at the back of the

Altogether it was a great celebration of all the hard work undertaken by local tradesmen, craftspeople and volunteers. FFF want to thank everyone involved for

their support and hope that lots of people will watch the garden develop in the months to come and use it as a peaceful place to relax and play in.

Wildflower Planting - Pupils from Watermore Primary School helped

Floral Friends volunteers to plant 80 wild flower plugs in the Glebeland meadow. The plug plants were kindly provided by Sally Pattison, Biodiversity Officer from South Glos. Now we are hoping for some rain to help them to grow and provide a beautiful display while attracting pollinators.

Brownies Sow Sunflowers - Floral Friends helped Crossbow Brownies to sow sunflower seeds in a competition to see who can grow the tallest sunflower. Later in June the seedlings will be planted at the back of our wild flower bed at the Park to create a stunning summer display.



The Floral Hat Festival – an exhibition of flowers and hats (to be decorated or made with flowers - or why not try a vase of flowers with a small hat as decoration?) to commemorate our local hatting industry and celebrate summer flowers - will be open on the weekend of 24th - 25th June 2017 at the Zion United Church, Frampton Cotterell. Events include live music (from, among others, the Shanty Men and the Crossbow Singers), children's craft activities, a talk on the hatting industry in S. Glos, refreshments and a plant stall. If you would like to contribute a floral display please email us at floralfriendsofframpton@ gmail.com for further details. Please put this date in your diary now.

Much more information about our activities is available on our website - http://ffframpton.wix.com/frampton-cotterell - and if you'd like to help us (no gardening experience necessary!) please email us at floralfriendsofframpton@gmail.com

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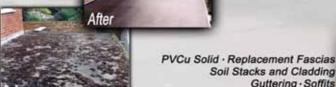


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