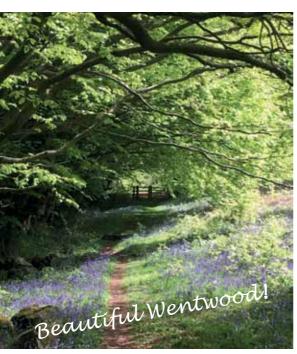


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Matters Magazines Ltd 2017

Dear Readers...

This year seems to be moving way too fast and it is hard to believe that we are on our June edition already! As I write this summer feels like it has definitely arrived and we have enjoyed some beautiful family walks recently (such as our front page photo taken in Wentwood).

#SupportLocal. We are pleased to welcome new advertisers on board with us for this issue and also welcome back previous advertisers too. Please readers do return the favour by **#KeepingltLocal** and giving all our lovely advertisers your support by utilising their services whenever you have a need. A full list of our advertisers is on the last page of the magazine. Thank you for your support!

There are lots of forthcoming events promoted within our pages this month, including the Chepstow Big Lunch (p4-5), Tintern picnic (p31), Monmouth Show (p31), Mathern Mill Open Day (p12), Chepstow Choral Society (p29), Chaos Mad's production of Peter Pan (p30), Chepstow Male Voice Choir (p24), Chepstow Racecourse events (p28,35), to name a few! More are listed on our Community Noticeboard on pages 36-37.

We also bring you updates from the local Lions, news from local schools, information from the Armed Forces breakfast club and the Royal British Legion, a fundraising concert form the Friends of Tidenham Church, amongst others! **Enjoy the read!**

If you would like to appear in our next issue, the deadline will be 15th June for our July edition.

Don't forget you can keep up with each monthly edition of your favourite local community magazine via www.mattersmagazines.co.uk/chepstow

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The Big Lunch is an event organised annually across the whole of the UK where people have lunch with their neighbours in a simple act of community, friendship and fun.

Chepstow's Big Lunch is at Chepstow Castle on Sunday 18th June, 12-3pm. Bring your own picnic and celebrate together with local groups. FREE family entertainment including live music, a bouncy castle and children's activities.

Prizes to be won for Best Healthy, Best Green and Best Historical Picnic! FREE entry to all local residents with 'Group Invitation' from 950 Celebration Programme or Cadw/town pass.

What if it rains? We are covered! There will be a canopy in the Castle that can cover around 350 people and we will have 22 gazebos from Town Council for community group stalls and activities.

Can I bring a disposable barbecue? No

barbecues or cooking allowed on site. Please bring a picnic that is ready prepared. You can also bring chairs, blankets and decoration!

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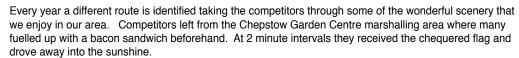






The Chepstow Rotary Club staged the 14th Wye Classic Car Run on Saturday 29 April.

Some 56 cars took place, ranging from a 1923 Crossley with a canvas canopy roof through Hillman Imp, Swallow Doretti, a couple of Citroen DS, MG's and two splendid Jaguar E-Types.



This year the route went through the lanes westwards to Llandegfedd Reservoir with its splendid waterside cafe where many stopped for coffee while enjoying the view. Just outside Abergavenny we stopped at Goytre Wharf where we strolled alongside the many narrow boats in the morning air. A good leg stretch. The route then headed north and through narrow winding lanes with long views across the splendid open country that is Herefordshire. Here lay Weston's Cider Mill where several enjoyed lunch and a tour of the site and leaving with a couple of special bottles in the boot, no doubt. Later it was Ross-on-Wye where the drivers enjoyed a stroll through the High Street and stood to admire the Wye flowing past this interesting town. The final leg took us past Monmouth and over the top through Trellech after which they dropped down into the Wye Valley at Tintern where they finished at the Anchor Inn where they were marshalled by Rotarians in Day-Glo jackets. It was clear that everyone had enjoyed the drive, the waypoints and meeting the other competitors. And they also spoke of the magnificent Monmouthshire and Herefordshire scenery that everyone had enjoyed.

All the teams completed the 100-mile 2017 Wye Run and received their Finishers Certificates that included a photograph of the car starting The Run. Some £1,500 was raised for charity. Prizes were awarded by Rotary President Mac McCarty for "The President's Choice", an elderly Austin 7, 'The Oldest Car', was the Crossley, 'The Youngest New Entry' was a red Hillman Imp, the 'Best Presented Car' was an A35 owned by Roger Evans and 'The President's Wife's Choice' was a Morris Minor Traveller. Much discussion, both social and technical, followed but all involved spoke of our beautiful location, splendid cars and those narrow lanes. The 2018 Rotary Wye Run will take place on Saturday 5th May, so get this date in your diaries for next year!

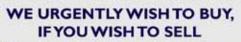
The Rotary Club are organising an Autumn Wye Run on Sunday 17 September. This will be a much shorter event and finish at the Bloodwise Big Welsh Car Show at Chepstow Racecourse where you will enjoy free entry.

If you are interested in joining or supporting Rotary or seeking more information please see www.chepstowrotary.org.uk



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Chepstow Matters was delighted to hear from Ray Taylor last month about a new local branch of the National Armed Forces Veterans Breakfast Clubs Organisation.

Ray explained that the core value of the Armed Forces Veteran Breakfast Clubs is the welfare of its members. "When men and women leave the Armed Forces, despite what you hear about resettlement from the Government, the 'Armed Forces Covenant' and the now vast array of charities that exist, the reality is, other than their own families in their home towns (if indeed they are headed back to their home town), there really isn't anyone physically there for ex-servicemen and women, they are alone, and the isolation is something they have never really experienced in the forces where you are always part of a team.

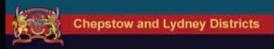
"The Armed Forces trains/'conditions' the individual, constantly, to be a soldier/sailor/airman/marine, but does not 'recondition' men and women to be civilians.

"When leavers are younger, perhaps in their late twenties, it is something they often haven't given much thought to, and because of the 'Pride' which is instilled in them, and their 'conditioning' to persevere, to keep going, no matter what, they simply try and make the best of it. To find a job, find somewhere to live, and all too often are too proud to ask for help.

"This is sometimes so alien to them, that they end up homeless or in prison, and this simply cannot be allowed to continue. It is a dreadful time especially for those that have served for a long period of time, and/or have associated psychological problems. The effects of PTSD are minimalized during service, because you have mutual support from those in your unit. After your service is over however, the isolation veterans tend to feel, can magnify underlying psychological issues like Combat PTSD.

"There are plenty of veterans out there not so drastically affected, all working and supporting families, who were once part of a cohesive, professional team for which the military had conditioned them, who are also now struggling with feelings of isolation. This is often greatly magnified if said individuals have experienced

Armed Forces and Veterans Breakfast Clubs



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combat. Many struggle to come to terms with this, and feel guilty because they believe they shouldn't feel isolated when they are part of a family."

The Chepstow & Lydney District of the Armed Forces and Veterans Breakfast Club is a group of local veterans and serving members of Her Majesties Armed Forces, and like other Veteran's Breakfast Clubs around the country and overseas, their ethos is mutual support. Ray concludes "It works because we all have a similar humour and outlook, the social life we enjoy together is like our service days. Our club activities include dinners or other planned events and where personal support is always on hand for those who need it."

New members are very welcome.

Either join the local Facebook group - search for Chepstow and Lydney Veterans Breakfast Club - or just turn up to one of the breakfast mornings (see poster above).

Alternatively contact Ray on 07746 043666 or Gethin Evans on 07590 359583 if you need more informaton.



St John's raises money to train guide dogs

Pupils at St John's on-the-Hill School raised more than £660 for Guide Dogs Cymru.

Frank Greig, community fundraising officer from the charity, visited the school, along with Hilary Lester and her guide dog Yelena, to give a special assembly on Wednesday 3 May.

Lynne Summerfield, head of learning support at St John's, said: "This was a lovely opportunity to hear about the work the charity does and how it changes lives. The money raised will go towards sponsoring a class of three puppies.

The children are very excited to find out how the puppies get on with training and we will keep up-to-date with their progress."

The pupils dressed up in neon clothing and took part in a range of fun games, a cake sale and a raffle to raise the money.



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The activities that dogs and humans can perform in the water are virtually the same, ranging from recreational swimming to educational swimming, even swimming courses for the rehabilitation of the elderly. In fact, the exercises shorten the time of treatment: ten minutes of movement in water is equivalent to about 30 minutes of running outdoors. Without overlooking water aerobics, suitable for dogs of any age and size, it is probably the most recommended aerobic exercise for both growing puppies and older dogs, including those with bone and joint problems. But don't worry about the safety of the dogs, there are appropriate floatation jackets and specialised canine hydrotherapists ready to help.



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Do you have a dog that may benefit from swimming? If so, please contact us by calling 01594 844222 or email us at: hello@bilbospetspa.biz You can find us at Marina Park, Harbour Road Lydney GL15 5ET. See us in action at: www.bilbospet.biz, Facebook or Twitter







Mathern Mill is a watermill dating back to at least the late 17th century. It was once part of the St. Pierre estate and continued to serve the community of Mathern and surrounding area until the 1960s. It was one of at least eight mills on the Mounton brook but is the only one to have always been a corn mill. It was powered by an overshot water wheel, the skeleton of which can still be seen. Then in Victorian times an engine house was added to house a steam engine to increase the power and capacity of the mill. Much of the Victorian machinery remains in situ and visitors can get a good idea of what the mill was like and how it worked.



From their own research the family have a lot of information about past occupants of the mill who were not only millers, but also farmers and publicans.

There is plenty to see in the mill, with audio and visual displays and lots of information explaining the milling process, the role of the miller and the social history of the time. There are also some activities specially for children. Entrance is FREE.

Jan and Dave Bowen look forward to welcoming visitors and sharing this wonderful building with you. Contact them on 01291 622282 for more information. Postcode reference is NP16 6LG.





Fresh Air Fridays

Fresh Air Fridays is a membership community that takes you outside and gives you time to create the balance you need to live a happy, healthy life. We teach simple tools and techniques that support your wellbeing, not just physical but mental and emotional too.



Saranne Postans, who runs a session in Chepstow, tells us more.



"Fresh Air Fridays is for you if you'd like your life to be different. We're often so busy, working, taking care of family and friends that we forget to look after ourselves. Taking time out for you can feel like a luxury but it's really importrant.

"At Fresh Air Fridays we call it 'filling yourself up first' and it's one of our key themes. If you look after yourself it supports not just your wellbeing but, because you'll feel happier and more relaxed, it has the knock on effect of supporting the people around you too.

"I'm a qualified coach and mentor, supporting and challenging people to live their best life, whatever that means for them.

"I also love being outside and know that changing my physical space changes my brain space, giving a different perspective and helping me to think more clearly.

"Fresh Air Fridays is all about this - the sessions give you time and space in the great outdoors with like-minded people, walking and talking around the theme of the month, sharing your thoughts and making a commitment to take action in the months ahead.

"On my sessions we'll be taking in some of the beautiful countryside around Chepstow on the last Friday of each month. There'll be tea, and maybe cake too!

"I LOVE Fresh Air Fridays. And I really think you will too."

If this sounds like it's for you, please come along and give it a try - the first session's always free. You can sign up by contacting Saranne through Facebook @ freshairfridayssarannepostans, on 07557 226473 or via email: saranne@tandemcc.co





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Friends of St Mary and St Peter, Tidenham Registered Charity no 1159658 SUMMER EVENTS AT TIDENHAM CHURCH – A CONTINUING STORY

Situated just over a mile along the A48 from Chepstow, accessed up the lane from the "Tidenham" turn, and with glorious views overlooking the Severn Estuary, stands one of Chepstow's most beautiful and historic churches - St Mary & St Peter, Tidenham. Dating from the 13th century, it remains an active church after various restorations and history over 800 years. Weekly services, weddings and funerals are still conducted there, but 21st century requirements are now very different. In June 2014, a Friends Association was formed, immediately commencing intensive fundraising for major refurbishment projects. These include carpark, indoor facilities, disabled access, kitchen, toilets, new heating, and other aspects to encourage additional wide community usage as well as the continued church services. To date, there have been Quiz Evenings, a Music Sponsorship Festival, Flower and Christmas Tree Festivals, Open Garden Days, Summer Barbeque, Art Competition and various concerts, all highly successful. Much preparatory hard work has been achieved by Trustees and enthusiastic parishioners - but much more voluntary fundraising is required as "evidence of serious intent" for submission to other sources.

This summer will see more activity. There is a Flower Festival planned over the first weekend of July (30th June – 4th July), followed by A Summer Gala Concert held at the Church on Saturday 8th July, 7.30pm. This

14



promises to be an outstanding evening of musical entertainment with refreshments featuring three superb professional singers – Angharad Morgan (Soprano, Welsh National Opera), David Fortey (Tenor) and Stephen Hamnett (Bass) – both from "OnlyMenAloud" – joined by local musicians Ruth

Rusling (Trumpet) and Marjorie Duerden & Sophie Adams (Piano). The music will be wide-ranging – from popular well-known items from opera, light opera, musicals, wonderful songs, fun items – from Handel, Mozart, Bizet, Rossini and Verdi to Lehar, Rogers & Hammerstein, Cole Porter, Ivor Novello – and more!

Wine and refreshments are included in the ticket price (£15), already available via the Friends Trustees, and Chepstow Bookshop . For further information, please phone 01291 623310, or e-mail bduerden@outlook.com and view www. tidenhamparishchurch.co.uk

Tidenham Church is alive and well! Please come along to support us this Summer and see this wonderful church in its superb setting hosting these events in July.



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New welfare support for Armed Forces in Chepstow

An advice service for members of the Armed Forces, veterans and their families will be available at The Hive Information Centre at Beechley Barracks, Chepstow.

The Royal British Legion service will be available on the first Monday of every month between 10am - 12pm.

The Royal British Legion's work is encapsulated within its ethos: Live On – To the memory of the fallen and the future of the living. The Legion is the nation's biggest Armed Forces charity providing care and support to all members of the British Armed Forces past and present and their families. It is the national custodian of Remembrance and safeguards the Military Covenant between the nation and its Armed Forces. It is well known for the annual Poppy Appeal, and its emblem the red poppy, www.britishlegion.org.uk.

LEGION

The Hive Information Centre is one of a number of planned new outreach locations across Wales which will make the Legion's welfare services more accessible to the Armed Forces community past and present, and their families, across the UK.

Alexis Walker, Advice and Information Team Leader for The Royal British Legion in Wales, told us:

"Though we're an UK national organisation, we work in local communities across the UK, delivering information, advice and support where it is needed most. Whether it's money worries, housing support, a seaside break with the family, careers advice after Service, independent living or care in later life, we're here to help. This latest partnership with Beechley Barracks in Chepstow will make our welfare services as accessible as possible to our beneficiaries across the region"





Chepstow and Caldicot Lions Support Paediatric First Aid Courses

Chepstow and Caldicot Lions were more than delighted to support a call for Paediatric First Aid Courses in Chepstow, the courses have been set up by Alexis Francis-Lang who has already run two First Aid Courses in the area.

The courses are designed to make first aid, especially for young children more accessible to struggling families in the area.

Along with the support from Children's Hub Information for Parents (Chip), Chepstow, and Caldicot Lions these courses will help parents understand the importance of knowing what to do in an emergency.

The Chepstow and Caldicot Lions have provided the funding for parents who are in receipt of benefits to attend these Courses. Lion President Brian Prout said this were the kind of project the club is always looking to support.

The first Paediatric First Aid Course was held on Saturday 20th of May at the Burnt Barn Club in Bulwark.

Chepstow and Caldicot Lions Club keep the first responders kitted out.

Further to the Chepstow and Caldicot Lions providing three new defibrillators and medical kits to the Chepstow and Newport First responders, they have now been able to supply the First responders with new clothing, consisting of polo shirts, sweaters and wet weather gear.

All the clothing comes with the Lions emblem embroidered on them for members of the public to





Paediatric First aid: Left to right Vicki Yates (Chip), Alexis Francis-Lang, Lion President Brian Prout, Lion Sandra Bushell, Chairman of the Lions welfare committee Ray Nash, Front row Isabelle Francis-Lang, Amelia Francis Lang, Holly Avent.

see that the club supports the emergency services in the area.

Chairman of Welfare Lion Ray Nash was able to present the clothing to the First Responders at the Chepstow Ambulance station on Tuesday 16th May.

June 2017 sees the end of the Lions Calendar and it is the time of handover to the incoming President. The coming year will see Lion John Robinson. currently Vice President, take over from Lion Brian Prout. The official handover will take place on the 21st of June at a dinner to be held at the Huntsman Inn Shirenewton. All the other officers of the club have now been nominated and a full list will be available in next month's issue.

Some Diary dates

10th June Shirenewton Church Fete 15th June Zone Social Burnt Barn Club 1st July Garden City Celebration

7th and 8th July Bucket Collection Tesco Chepstow

If you would like to help the Chepstow and Caldicot Lions why not come and join us at the Chepstow Castle Inn on the first Wednesday of every month, come and put something back into the community and have some fun doing it.

Please ring the Secretary Glyn Williams on 0845 8339565 for more information.



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"I had a fantastic experience during my PGCE at UWE Bristol. I feel it equipped me immensely well throughout the year: there were a number of sessions that I truly enjoyed and I found incredibly rich and fulfilling."

Trainee Teacher, PGCE Secondary Mathematics, 2014-15

Pembroke Primary loves Forest School

Update from Mrs Jade Wakley, Deputy Head

We are very lucky to have a wonderful Forest School area here at Pembroke Primary with amazing trained staff who are dedicated to outdoor learning and lead exciting and adventurous activities for all our pupils. These activities provide excellent learning opportunities for all and focus on developing pupil wellbeing, as we believe that pupils' happiness is paramount to a successful education.

Forest School can provide children with new, memorable experiences and helps them to connect with nature in a relaxed, calm environment, where they are motivated and eager to learn.

Activities are often child led and spontaneous depending on what is happening on the site at the time, recently the pupils have been in awe of the frogs, butterflies and bumble bees which are dominating the site. Tree climbing, pond dipping, kite flying and den building are just a few of the children's favourite activities at the moment.

"We love our forest school! We do all sorts of activities e.g. kite Flving, tree climbing, pond dipping and bird watching. Sometimes we have campfires and toast marshmallow's with sticks which is so much fun. We love to observe the interesting birds who make nests in our trees and the many other insects we find here. Our forest school is a large area, it has a lot of trees, plants and flowers which we learn a lot from and a large pond full of interesting

wildlife. We get so excited when we are free to explore because we love to be adventurous.

Mia and Sofia Year 4











Shirenewton Primary News

"Learning Together, Achieving for Life" "Dysgu Gyda'n Gilydd, Cyflawni am Oes"







DELVE & DISCOVER DAYS

To excite and inspire pupils in planning their learning activities we hold 'Delve & Discover' days at the start of a new topic ...



All four Junior classes had a fantastic start to their "Coasts" topic on Ogmore beach ... rock pooling, fossil hunting, sand sculpting, beach combing for wildlife, scavenger art work and sketching were just some of the activities they enjoyed!



Foundation Phase children were surprised to find a knight in school and very excited that he invited them to visit his castle in Caldicot the very next day! They helped the chef with his cooking and learned about what life was like in medieval times with Lady Alianore.

DEFIBRILLATOR



We are now the proud owners of our very own defibrillator thanks to one of our Governors. Laura Saysell who ran the London Marathon last year, raising the money to buy us one. All staff have had training on resuscitation techniques and were shown how to use it.

www.shirenewton.monmouthshire.sch.uk

20

TOOTY FRUITY DAY



Thank you to our Healthy Schools Committee for organising a 'Tooty Fruity' day and encouraging us to taste some exotic fruits ... Mmmmm!

BIG BATTERY HUNT

Our Eco Committee ran a competition to see how many batteries we could collect & recycle ... they saved 1184 batteries from going to landfill.



"Bags of Help" is Tesco's local community grant scheme where money raised from the 5p bag charge is used to fund thousands of local projects. Customers are given a token when they buy their shopping that they can use to make their choice using the voting units. Online customers can take their Customer Delivery Note into store and show this to a colleague in order to be given a voting token. For the months of May and June, Shirenewton is up against The Dell PTA and Monmouthshire Upcycle! The project with the most votes will receive a grant of up to £4,000; second place receiving up to £2,000 and third place up to £1,000. We will use the money to furnish a much-needed outdoor learning chalet! Please encourage everyone you know who shops in Tesco to vote for us!!

SUMMER FAYRE & VILLAGE MARKET All villagers are welcome to join us on Saturday 17th June 11am-2pm for our yearly Summer Fayre; this year we will be joined by the Village Market stallholders

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 - Memorials

CHEPSTOW

FUNERAL SERVICE

Euro House, Bulwark Road Chepstow NP16 5JN

01291 626832

Fat of Ogreyot, A British Cons



Chepstow School in National Maths Final



A team of 4 pupils from Chepstow School will be competing against teams across the United Kingdom for this year's UK Team Maths Challenge trophy.

The team, Rhiannon Craig (Y8), David McIntosh (Y8), Rachel McIntosh (Y9) and Matthew Drew (Y9) finished in first place at the Regional Final held in Aberdare at the end of April, winning the opportunity to compete in the National Final at the Royal Horticultural Hall in London on Monday 19th June 2017.

Over 1700 schools entered the competition and 88 have qualified to take part in the Final. What a fantastic achievement!

Good Luck team for 19th June!!

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Little Acorns Playgroup

Little Acorns Playgroup @The Burnt Barn Club, Bulwark is a Pre-school Playgroup providing a fun and educational start to life in a friendly and stimulating environment, encouraging the development of social and communication skills through fantastic play opportunities. Children start from age 2 to pre-school, we are Social Services inspected and members of the WPPA (Wales Pre-School & Playgroup Association)

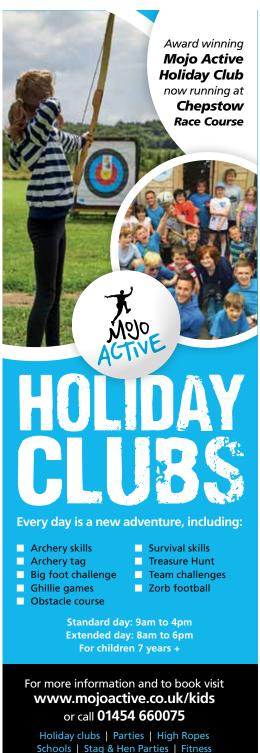


Little Acorns is a childcare setting run during term time for 2 to pre-school age children. Monday to Friday 9.15-12pm, cost for this session is £7.50. There is also a Lunch Club from 12-12.45 after which children can be collected or taken to Thornwell or Pembroke Nursery in Bulwark, cost for this session is £3.50.

For more information please inbox Rachel on email acornsplaygroup@aol.com, phone 07904 212135, or visit the website www.littleacornsplaygroup.co.uk

Little Acorns Playgroup, Burnt Barn Club, Bulwark NP16 5AR Tel: Rachel on 07904 212135





Corporate Teambuilding

Mojo Active
Holiday
Club:
"A day of
adventure
and fun!"



School holidays no longer need to be a drag book your kids into the action-packed Mojo Active Holiday club based at Chepstow Race Course for some fantastic outdoor adventures.

With so much to do on site including learning archery skills, scaling the climbing wall, battling across the assault course and enjoying fun team games like zorb football and archery tag, the kids really will make the most of the great outdoors!

"I've just collected my son from the Mojo Active Chepstow Club. He says it was fantastic and would happily go every-day of the Summer holiday. This is high praise indeed and great news from a boy who normally needs to be dragged to clubs...your club is a day of adventure and fun and he loved it!" Mrs E Taylor





Come and sing at our special 'Taster' session Thursday July 6th 7.00pm-9.00pm

> The Dell School Welsh Street Chepstow NP16 5UO



Contact us to register and obtain further details Alf Giaguinto 01633 400024

> E-mail secretary@chepstowmvc.co.uk You can also find more information

www.chepstowmvc.co.uk www.facebook.com/chepstow-Male-Voice-Choir.

More Men Wanted!

Chepstow Male Voice Choir Needs You!

The choir committee have organised a "Taster Evening" to encourage more local men of all ages to come along and give the choir a try. This will be taking place at the Choir's usual rehearsal venue at The Dell Primary School, Welsh Street on June 6th from 7.00pm-9.00pm. Any gentleman who may have an interest in possibly joining will be made very welcome and encouraged to join in with some singing.

There is no pre-requisite for the ability to read music, or to speak Welsh, please remember that every one of our choristers had to start somewhere! Importantly, no-one will be asked to sing in front of anyone, but you'll be welcome to ioin in if you feel so inclined. The choir is a great social thing, with a weekend away trip planned every couple of years. This September they are off to Cumbria to join up with two other male voice choirs - Darlston MVC from Carlisle and K Shoes Male Voice Choir from Kendal.

DO come along to our Taster evening, you will be made welcome. Also check out our website at www.chepstowmvc.co.uk

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Local Gym Members off to Welsh Championships

Chepstow Matters was pleased to hear of more competition success from the members at Derek's Gym, who have qualified for the British Drug Free Power Lifting Association Welsh Championships to be held in Cardiff on 11 June.

Those qualifying and taking part in the Championships later this month include Gail Olso (previously featured in our February edition of Chepstow Matters), Ross MacFarland, Alex Blanchard and Mark Barbosa.

Derek Platt, owner/trainer at Derek's Gym told Chepstow Matters how proud he was of each member's success and would like to wish each of them the very best of luck at the forthcoming championships.

Hopefully we shall bring you news of more Welsh Champions in the next issue!



Gail Olso - Ladies Master Class



Ross MacFarland - Men's Master Class



Alex Blanchard - Men's 60-70 kilo



Mark Barbosa - Men's 60 kilo

DEREK'S GYM & FITNESS CENTRE

Est in Chepstow 1969



10am-1pm Mon, Wed, Fri & Sun

5-9pm Mon - Thur, 5-8pm Fri Membership Options:

£3.50 per session, or £2.50 per session to members (£15 annual fee), Unlimited membership - £45 for 3 months or £80 for 6 months

01291 624 222

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Great Tumbles from Kestrel gymnasts at the Welsh Tumbling NDP Championships in Cardiff last month!

The aymnasts had to compete three set Tumbles, and a Range and Conditioning routine showing flexibility and strength, whilst aiming to achieve the required scores in the top two places to gain a place to represent Wales at the Regional Championships in Birmingham this month (June).

In Grade 1, 8 yr old Olive Dunster was totally focussed, and won Gold in the 9/10 yrs age group. In the 11/12 yrs Grade 2 section, the girls worked well, with Charlotte Jones taking Bronze, and Maisie Edwards in Silver position.

The 11/12 yrs boys went on with harder tumbles in Grade 3, Joel Kohler-Hoon won Silver, and Joseph Dunster was Champion winning Gold. Georgie Davies had great tumbles in 13 yrs+ section also taking Gold.

It was a fantastic day to have five gymnasts, Olive, Maisie, Joseph, Joel and Georgie, presented with qualifying trophies, and going on to represent Wales a the Regional Champtionships later this month. We wish them lots of

Top photo: Charlotte Jones, Olive Dunster, Maisie Edwards Bottom photo: Joel Kohler-Hoon, Georgie Davies, Joseph Dunster





Suffer with Joint & Muscle Pain? Forever Move™ may be just the solution you've been waiting for!

Rachel Jones of Homestead Health Solutions is an ex-Registered Nurse who is now running her own health solutions business utilising products that contain the natural substance of aloe vera. Aloe vera is well known for its health benefits of supporting the body to function at its optimum and as an all round general health tonic.

Chepstow Matters was pleased to catch up with Rachel this month to hear about the newest product to become available - Forever Move. Personally we can't wait to try it!

The ability to move is often something we take for granted. With Forever's latest and most clinically advanced joint and muscle supplement, you can move freely and get support for joint comfort and flexibility. Forever Move is the latest patented technology in joint care. It has been clinically proven to work in as little as 7-10 days. With a 60-day money back guarantee what have you to lose? Call Rachel now on 07967 671795 to place your order!



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- You will be added to a support page to engage with others on the programme

To order or discuss your requirements please email racheljones.flp@gmail.com



Kestrel Gymnastics Club

Artistic Gymnastics, Acrobatics and Trampoline Classes for Girls & Boys

PeeWees (Pre-school 2-3 years): A structured class where children together with parent/carer, supervised by a qualified coach work towards British Gymnastics Awards. Mondays 13:00-13.45 & Fridays 09:30-10.15

Tweeties (Age 3 1/2 - 4 years): A class led by a qualified coach working on various apparatus. Mondays 13:45-14:30, Wednesdays & Fridays 13:00-13:45

Recreational Classes (Age 4 years +) Mondays 16:15-17:15, Wednesdays 16:15-17:15 & 17:30-18:30, Thursdays 16:15-17:15, Friday 16:15-17:15, Saturday 10:30-11:30

Trampoline Thursdays 16:15-17:15 and Saturdays 10:00-11:00

Competitive Squad Gymnasts - Selected Gymnasts with potential to compete at regional and national levels.

Adult Classes: Wednesdays 19:00 - 20:00

Parkour: 20:00 - 21:00 pm

26

Acrobatics Wed & Thursdays 17:00-18:00



Open Gymnastics **Fun Session**

Saturdays 9.00am-10.00am

For children aged 4yrs onwards -£3.00 per session payable on entrance

01291 620780 Please email us at: kestrelgymclub@live.co.uk

Kestrel Gymnastics Club, Bulwark Industrial Estate, Bulwark Road, Chepstow, NP16 5QZ



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For a **FREE** brochure or to order call us on: 00 892 855

Our Summer Menu and Summertime Selection Pack are available to order from 5th June 201







Hooves & Grooves at Chepstow Racecourse

This summer there are five exciting new 'Hooves and Grooves' music race nights at Chepstow Racecourse.

We've chosen tributes to the biggest acts on the planet - The Beatles, Queen, Abba, Rod Stewart (on Ladies Evening) and Bob Marley for five evenings of exhilarating horse racing and iconic entertainment.

Our series of music and racing nights begin with the Upbeat Beatles on June 10th, followed by Abba Revival on June 16th.

We have a variety of packages from general admission to hospitality for each night, so make sure you visit Chepstow-racecourse.co.uk, email us on info@chepstow-racecourse.co.uk or call us on 01291 622 260 for more information.





We are always looking for new ideas that will benefit our customers and their cars

Introducing a new technology to the UK - TerraClean which not only saves money by improving your vehicles efficiency, It improves vehicle performance, restores MPG and significantly reduces emissions, protecting our environment. The other added benefit is that TerraClean prolongs the life of your cars, engine, ignition and exhaust system components reducing maintenance

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The process is already part of the Franchised Dealer service plan in the US for some vehicle manufacturers (e.g. Subaru), and in the UK is endorsed and used by TV mechanic Edd China in his own garage workshops.









www.terraclean.co.uk

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www.auto.centre





Summer Gala Concert

Wednesday 28th June, 7.00pm at Chepstow Leisure Centre (Arts Hall)

As the end of the traditional choral season for CCS beckons, Chepstow Choral Society members are preparing for the final concert of the annual cycle.

Following our hugely successful Passiontide Concert which took place 2 weeks before Easter, this Summer Gala Concert – to be held on Wednesday 28th June. 7.00pm at Chepstow Leisure Centre will be a complete change of mood and style, with items appealing to all tastes. The Society always aims to offer different styles of music for the Summer programme -. CCS is also NOT a "one-style choir" - and a whole range of music is out there and available!

The programme chosen for 28th June will offer a wide-ranging selection of music - oratorio choruses, madrigals, some traditional part songs, a "Sounds of the 60s" section with 2 wonderful medleys and song arrangements - "Classic Pop Ballads", a touch of James Bond (with an amazing medley entitled "The Best of Bond"), and a medley of popular Abba songs. Along with two or three surprise items, plus young guest instrumentalists, this is an ideal way to spend a mid-week summer's evening - and the concert price includes refreshments/wine/soft drinks!

Tickets (£10, students/u18s free) available from Chepstow Bookshop, or choir members – tel. 01291 623310, 620414, 408624, Further information can be obtained from our website (see below).

Prior to this concert, CCS will also be singing at the "Big Lunch" to celebrate Chepstow's 950th Anniversary at the Castle (Sunday 18th June).

After 28th June, rehearsals resume in early September for the 2017/2018 season at Chepstow Leisure Centre, Wednesday evenings, 7.30pm-9.30pm. If you can sing - or would like to! - and wish to be part of a friendly crowd, and to experience performing with professional instrumentalists and soloists, as well as participating in Chepstow's annual Christmas Music Presentation in St Mary's Priory Church, CONTACT US (see website details below). Without singers, choral societies cannot exist! All voice sections (soprano, alto, tenor and bass) are welcome - particularly tenor and bass recruits (try a break from all the football, cricket, squash etc and spend one evening a week singing!)

For information about singing membership, concerts etc, tel 01291 623310 or see our website - www.chepstowchoralsociety.org.uk

CCS is affiliated to Ty Cerdd-Music Centre Wales and Making Music-National Federation of Music Societies, and is a Registered Charity (no. 1127098).

MUSICAL DIRECTOR: GRAHAM BULL





2017 Monmouthshire Show

The date for this year's Monmouthshire Show has changed for the first time in 150 years! The new show date is **SATURDAY 1ST JULY** and there are lots of things to see and do for everyone!

Our main ring show entertainment is James Dylan's Motorbike Stuntworld. A jaw dropping show of ramp jumps, wheelies and other amazing motorcycle stunts that have to be seen to be believed! The livestock and horse competitions will take place all day, come and see the animals beautifully turned out, competing for the Championship prize of the show. We are delighted to be hosting for the first time this year The Welsh Tug of War Championships. Men's, Ladies and Junior teams will compete for the prestigious title.

The Countryside Area remains a firm favourite with the return of the Black Mountain Falconry display with their birds of prey and stunning Andalusian horse. There are farm animals to pet, and for the braver one's amongst you, stroke and hold an exotic reptile! There will be vintage vehicles, and heavy horse demonstration. Watch the professionals work their gun dogs or have some fun with your own in the fun dog show. The whole family can join in and to let off steam there are children's races. Plus many more rural displays for you to take part in.

Home and Gardens have fantastic competitions for all ages! It will be a marquee full with a riot of floral colour and wonderful aromas. *Closing date for the classes is 24th*

MONMOUTHSHIRE SHOW

JAMES DYLAN'S MOTORBIKE STUNTWORLD WELSH TUG OF WAR CHAMPIONSHIPS HORSES • LIVESTOCK • RURAL DISPLAYS SHOPPING • FOOD • ENTERTAINMENT AND SO MUCH MORE TO SEE AND DO!

SATURDAY 1ST JULY 2017

A Great Day Out For Everyone!



Monmouth Showground NP25 4LG Tel: 01873 890365

• www.monmouthshow.co.uk

June, so get planting now! There will be lots of tradestands once again with many new traders this year in the Craft & Shopping Mall. For the children we have Jitterbug Circus and Professor Crump to entertain, along with choirs and bands to stop and listen to around the showground and the wonderful Mr Frog Treasure Hunt.

Come and have a great day out! Book your tickets on line for a discounted rate now and beat the queues! For more information go to the website. www.monmouthshow.co.uk.







Local Clubs, Groups & Community Organisations in and around Chepstow

CHEPSTOW COMMUNITY LISTINGS

Chepstow Castle Bridge Street, Chepstow, NP16 5EZ 01291 624065

Chepstow Hub Manor Way, Chepstow, NP16 5HZ 01291 635730 chepstowlibrary@monmouthshire.gov.uk

Chepstow Museum Bridge Street, Chepstow 01291 625981

Chepstow Town Council The Town Council Offices, The Gatehouse, High Street, Chepstow, NP16 5LH 01291 626370 clerk@chepstow.co.uk

Chepstow Tourist Information Centre Castle Car Park, Bridge Street, Chepstow NP16 5EY. 01291 623772 chepstow.tic@monmouthshire.gov.uk

Community Centres

Palmer Community Centre, Cormeilles Square, High Street, Chepstow, NP16 5LH 01291 628725 main hall and lounge available for hire, Tea Rooms open for all!

The Drill Hall, Lower Church Street, Chepstow, NP16 5HJ Hall available for hire including weddings 01291 628552 or e-mail Mike at ctcdrillhall@aol.com

Bulwark Community Centre, Laburnam Way, Bulwark, Chepstow, NP16 5RF 01291 624138 bccbulwark@btconnect. com Large Hall, seminar room, café, kitchen and garden area.

Doctors Surgeries and Community Hospital

Chepstow Community Hospital, Tempest Way, Chepstow, NP16 5YX 01291 636636

Town Gate Practice, Tempest Way, Chepstow, NP16 5XP 01291 440065

Mount Pleasant Practice, Tempest Way, Chepstow NP16 5XR 01291 440154

Vauxhall Surgery Vauxhall Lane, Chepstow, NP16 5PZ 01291 636100

Police Station 14 Moor Street, Chepstow, NP16 5XW 01633 838111

LOCAL CLUBS AND ORGANISATIONS

Bingo Wednesdays 2pm Palmers Community Centre

Bulwark Senior Citizens Club Contact Joan Johnson 01291 623352 various social trips and get togethers. Bingo Thurs and Sat 2-4pm and Whist on Wed 2-4pm.

CHAOS Music and Drama chaosinchepstow@live.co.uk Jon Stow 07926 584 661

Chepstow Archaeological Society www.chepstow.org.uk 1st Thursday of the month 7.30 Chepstow Conservative Club

Chepstow (Archway) Bridge Club meets Mon, Weds, Thurs at the Palmer Centre, 7-10pm http://chepstowarchwaybc. org.uk or call Pete on 01291 - 627599 for more information.

Chepstow Carers Group Scout Hut, off Pembroke Road, Bulwark first Wed of the month 10-12 chepstowcarers@ yahoo.co.uk 07592 503757

Chepstow Choral Society www.chepstowchoralsociety.org. uk info@chepstowchoralsociety.org.uk Wed 7.30 Chepstow Leisure Centre

Chepstow Community Big Band Meets on Wednesday evenings during term time at Wyedean School NP16 7AA 6pm – Microjazz Training Band; 7pm - Swingcopation Big Band. http://chepstowcommunitybigband.weebly.com

Chepstow Cormeilles Twinning Association www.chepstowtwinning.wordpress.com

Chepstow and District Amateur Radio Society www.gw4lwz. org.uk contact James Hewitt chairman@gw4lwz.com, meet at Chepstow Athletic Club

Chepstow and District Gardening Club Caroline Duchet cdgclub@gmail.com

Chepstow and District Lions www.caldicot.com/lions 0845 8339565

Chepstow Folk Dance Club Wednesdays 7.30 pm Function Room Conservative Club, Moor Street. http:// chepstowfolkdance.weebly.com/

Chepstow Hill Walking Club an informal group of people of all ages who like to walk on the hills and moorland. www. chwc.org.uk

Chepstow Jubilee Townswomen's Guild meets at Chepstow Leisure Centre on the 1st Wednesday of each Month.

Contact: Maureen Dale 01291 623257

Chepstow Knitters first and third Monday of the month Chepstow Methodist Hall 7.30-9.30pm. Contact Margaret Payne 01291 630580

Chepstow Male Voice Choir www.chepstowmvc.co.uk Mon & Thurs 7pm The Dell School contact Stuart Vigus on 01291 626566 / 07733 804317 or stuartvigus@aol.com.

Chepstow Photographic Club www.chepstowphotosoc.org admin@chepstowphotosoc.org

Chepstow Probus Club fortnightly meetings for retired business gentleman. Contact Ian Whitford - Secretary for PROBUS of Chepstow 01291 622 193

Chepstow Round Table www.chepstow.roundtable.co.uk community voluntary organisation for men aged 18-44. 'find them at Facebook/Chepstow Round Table'

Chepstow Society local group exploring history and developments of town, meet each month in Drill Hall. www. chepstowsociety.co.uk Secretary Henry Hodges, 01291 625865.

Chepstow Town Band meet Sundays 6.30-8.30 at Bulwark Community Centre, contact Alen Lane 01291 629580

Chepstow Walk for Health. Meets 10.00 am every Monday (except Bank Holidays) at the rear of Chepstow Leisure Car Park. Walks no longer than 3 miles with few if any stiles. Come and make new friends and get fitter at the same time. For further information contact Helen 01291 641856

Chepstow Womens Institute (WI) www.thewi.org.uk Shirenewton, St Arvans and Tidenham

Chepstow Group of Gwent Wildlife Trust Contact Hilary Lee 01291 689326 hilary-lee@tiscali.co.uk

ComBat Communities of Bulwark and Thornwell, community group Chairman Ric Hayes ric.hayes@talktalk.net

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet in the area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please contact us on **community@mattersmagazines.co.uk** and we shall do our best to put it right for you!

Library Friends Group aims to support and promote the library through a variety of activities. Please contact 01291 635730 for more info.

Lower Wye Ramblers Sunday Walks (meet CLC) www. lowerwyeramblers.org.uk 01291 637416

Mathern, Mounton and Pwllmeyric Villages in Bloom Meet 7pm last Thur of the month, bi-monthly (Jan, Mar, May, July, Sep, Nov) Mathern Village Hall. https://www.facebook.com/MMPVB/email: mmpvb@btinternet.com

Movie Night at Bulwak Community Centre and St Arvans
Memorial Hall see www.monmouthshiremobilemovies.co.uk

Musical Youth Theatre www.cmyt.org Chepstow Baptist Church Tues and Thurs

Pottery Thursdays 7-9 Chepstow Comp School Cathy 07917 261511 www.monmouthshirepotters.org hello@monmouthshirepotters.org.uk

Rotary Club of Chepstow and District www.chepstowrotary.org.uk

Royal British Legion Chepstow Branch meets at the Beaufort Hotel in Chepstow monthly on 4th Tuesday at 7.30 pm. Contact Tom Moran on 01291 427266 tymoran@btinternet.com.

Royal Naval Association Chepstow Branch meets at the Conservative Club, Welsh Street monthly on 2nd Thursday (except August) at 8.00 pm Contact Ken Davies on 01291 621485 kendavies131@yahoo.co.uk

The Singing Club for anyone who wants to sing www.singingclubber.co.uk Karl@operaplayhouse.com

University 3rd Age U3A www.u3asites.org.uk/chepstow
Meets the 1st Tuesday of the month 2pm, Chepstow Drill Hall.
Check out the website for more information.

Wye Cross Stitch Club meets the second and fourth Tuesday of every month. 7.30pm to 10pm Sedbury Village Hall. A warm welcome to any fellow cross stitchers/embroiderers. Contact: Elaine Moore 01291 629666

Wye Valley Railway Society - for all model engineering enthusiasts, we run miniature trains at Tintern Old Station from Easter to September, on Bank Holidays and the last Sunday of the month. Contact Peter Kenington peter@trap-farm.freeserve.co.uk

CHURCHES

www.chepstowchurchestogether.org.uk

Chepstow Methodist Church, Albion Square, Chepstow, NP16 5DA 01291 627014 www.chepstowmethodist.org.uk

St Marys Priory, The Vicarage, Mount Way, Chepstow NP16 5NF Father Chris Blanchard 01291 620980 www. chepstowpriory.org

St Christophers, Bulwark, (linked to St Marys) www. chepstowpriory.org

Chepstow Baptist Church, Lower Church Street, Chepstow, NP16 5HJ 01291 622987 chepstowbaptist.org.uk

St Marys Catholic Presbytery Church, Bulwark Road, Chepstow, NP16 5JE 01291 622649 admin@ stmarysrcchepstow.org.uk www.stmarysrcchepstow.org.uk

St Luke's Church, Coleford Road, Tutshill NP16 7PT 01291 624868 www.tidenhamparishchurch.co.uk

Stroat Evangelical Church, Gloucester Road, Stroat, Chepstow, NP16 7LR 01594 529209 pastor@stroatchurch.org.uk www. stroatchurch.org.uk

The Bridge Pentecostal Church, Unit 1A Critchcraft Buildings, Bulwark Road NP16 5QZ 07943 851799 thebridgechurchchepstow@gmail.com

Victory Church, Palmer Community Centre, High Street, Chepstow, NP16 5LH 0845 4092449 www.victorychurch.co.uk

BABY AND TODDLER GROUPS

Baby Rhyme Time and Under Fives Story Time at Chepstow library 01291 635730 Rhyme Time Thurs 2.15-2.45 Story Time Fri 10.15-10.45

Chepstow Leisure Centre Playgroup. Contact: Karen Isaac 01291 623392 karenisaac61@aol.com

Chepstow Methodist Church Parent and Toddler Groups mornings 10am term time www.chepstowmethodist.org.uk

Cylch Ti A Fi Cas-Gwent Chepstow Library contact Mai Jones mai.jones @meithrin.co.uk Tuesdays 10.15-11.15

Devauden Mother and Toddlers, Devauden Village Hall contact sarah_trim@rocketmail.com Mondays 10-12 including holidays, babies to school age

Mini Acorns Toddler Group, Burnt Barn Club, Burnt Barn Road, Bulwark. Contact Rachel Llewellyn-Bennett 07904212135 acornsplaygroup@aol.com Tuesdays term time 1-3pm.

Parent and Toddler Time at Whirlikidz Unit 2, School Hill Business Centre, 01291 628700 Mondays 10-12 term time

Shirenewton Parent and Toddler Shirenewton Recreation Hall, contact Paula Siddall p.rimmer10@btinternet.com every Thurs 1.30-3pm

St Arvans Baby and Toddler St Arvans Memorial Hall contact Sabrina 07701027313 sabrinaortner@yahoo.co.uk every Wed 10-12.

St Christophers Under Fives and Familys St Christophers Church, Bulwark contact Babs Middleton 07594172720 babsmiddleton80@gmail.com Wed 3.45 term time, all age siblings welcome FREE



Please support us and connect with us: @ChepstowMatters





Local Clubs, Groups & Community Organisations in and around Chepstow continued

NURSERIES / PRESCHOOLS

Bluebells Playgroup Fairfield Road, Chepstow 01291 628908 bluebellsplaygroup@outlook.com

Hedgehogs Nursery, in Tutshill Open 7.30am–6.00pm for ages 3m-4 yrs. 01291 628344 hedgehogs@deanclosenurseries co.uk

Little Acorns Playgroup Burnt Barn Road, Chepstow 01291 628031 www.littleacornsplaygroup.co.uk

Little Scamps Pre-School and Nursery Beachley Barracks, Chepstow Nicky Morgan 01291 645381

Penguins Pre-School, c/o Offas Mead Academy, Beachley Road, Sedbury NP16 7DT Michelle 07923548584

Robins Nursery, in St Arvans Open 7.30am – 6.00pm for ages 3m–4yrs. 01291 624893 robins@deanclosenurseries co.uk

Shirenewton Playgroup contact Beverly Lindsay, Playgroup Supervisor 07881 480764 shirenewtonplaygroup@gmail.

Tutshill Community Pre-School Debra Hockin 01291 629134 www.tutshillpreschool.org.uk tutshillpreschool@talktalk.net

PRIMARY SCHOOLS

(The) Dell Primary Welsh Street, Chepstow NP16 5UQ 01291 635641 thedellprimary@monmouthshire.gov.uk www.dell.monmouthshire.sch.uk

Offa's Mead Academy Beachley Road, Sedbury, Chepstow NP16 7DT 01291 622932 www.offasmeadacademy.org contactus@offasmeadacademy.org

Pembroke Primary School Fairfield Road, Bulwark NP16 5JN 01291 622310 pembrokeprimary@monmouthshire.gov.uk www.pembrokeprimaryschool.co.uk

Shirenewton Primary School Shirenewton, Chepstow, NP16 6RN, 01291 641774 shirenewtonprimary@monmouthshire. gov.uk

St John's on-the-Hill, Independent, co-educational school for ages 4 -13 years. 01291 622045 enquiries@ stjohnsonthehill.co.uk.

St Marys RC Primary School (Voluntary Aided) Bulwark Road, Chepstow NP16 5JE, 01291 623006 stmarysprimary@ monmouthshire.gov.uk

Thornwell Primary and Nursery Unit Thornwell
Road, Bulwark, Chepstow, NP16 5NT 01291 623390
thornwellprimary@monmouthshire.gov.uk

Tutshill C of E Primary School, Coleford Rd, Tutshill, Chepstow NP16 7BJ 01291 622593 admin@tutshillcofe. gloucs.sch.uk

SECONDARY SCHOOLS

Chepstow School Ms Claire Price, Headteacher, Welsh Street, Chepstow, NP16 5LR 01291 635777 info@ chepstowschool.net. www.chepstowschool.net

Mounton House Special School Mr P Absalom, Headteacher and enrolment contact Pwllmeyric, Chepstow, NP16 6LA.

01291 635642 mountonhouse@monmouthshire.gov.ul www.mountonhouse.org.uk/

Wyedean School Robert Ford, Headteacher Beachey Road, Sedbury NP16 7AA 01291 625340 www.wyedean.gloucs. sch.uk

SPORTS CLUBS

Archery – St Kingsmark Bowmen www.st-kingsmark.co.uk Wed & Fri 7pm Chepstow Athletics Club

Chepstow Amateur Boxing Club www.welshboxing.org Stephen Woods 07793 047 941

Chepstow Athletics Club (Sports and Social Club) www. chepstowathleticac.co.uk Tony and Shirley Hardy 01291 622126

Chepstow Badminton Club www.gwentbadminton.co.uk
Tues 8-10 Leisure Centre contact Miss P Jenkins 01291
624438

Chepstow Boat Club www.chepstowboatclub.co.uk Christine Norman 01291 624897

secretary@chepstowboatclub.co.uk

Chepstow Bowling Club www.chepstowbowlingclub.co.uk Peter Shapland 01291 422208

Chepstow Cricket Club www.chepstow.play-cricket.com markbirch1228@hotmail.com 01291 622126

Chepstow Darts League contact Rob Murdin - murdrobe@ sky.com or Chris Smith - smudger391@hotmail.com, tel - 07445 287018.

Chepstow & District Yacht Club www.cdyc.co.uk Roger Nasey 07968495124

Chepstow Harriers Running Club

www.chepstowharriers.org.uk Tues and Thurs 7pm Leisure Centre

Chepstow Ladies Hockey www.pitchero.com/clubs/chepstowladieshockeyclub Pat Morris 01291 621498

Chepstow Mountain Biking www.chepstowmtb.co.uk chepstowmtb@tiscali.co.uk

Chepstow Rugby Club www.chepstowrfc@mywru.co.uk 01291 624818 email: chepstowrfc@outlook.com

Chepstow Swimming Club www.swimchepstow.org.uk information@swimchepstow.co.uk

Chepstow Tennis Club www.chepstowtennisclub.co.uk, admin@chepstowtennisclub.co.uk contact Ian Russell 01633 400957 meet at Chepstow Athletics Club

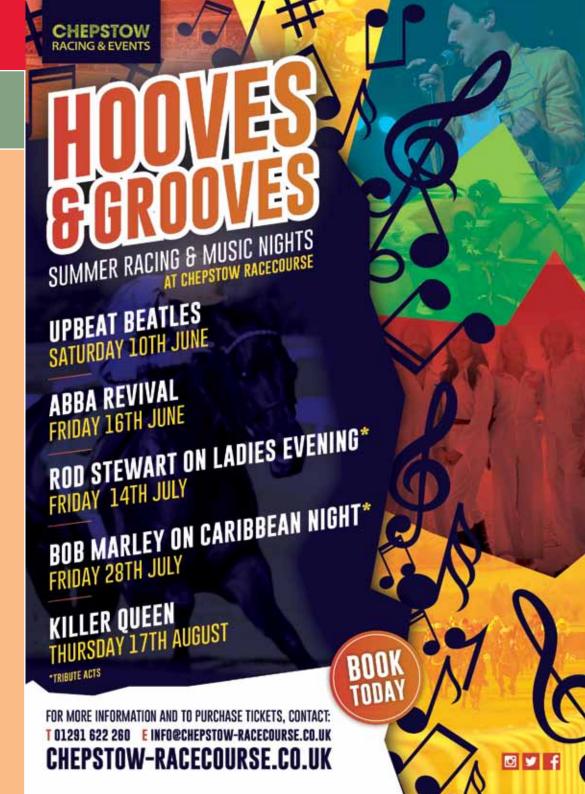
Football

Chepstow Athletic Football Club www.clubwebsite.co.uk/ chepstowathletic

Chepstow Town Football Club www.clubwebsite.co.uk/ chepstowtownafc. Contact Stuart Carter 07592 323 770

Chepstow Garden City Junior Football Club www. gardencityjfc.com

Thornwell Red and White Football Club www.teamstats. net/thornwellfc



Community Noticeboard

to promote your non-profit making event for FREE

community@mattersmagazines.co.uk



This June is 20 years since Harry Potter hit our bookshelves!

To celebrate Shirenewton Primary School is holding

a Harry Potter themed Summer Fete and Village Market Saturday 17th June 11am-2pm

CHEPSTOW RACING & EVENTS

FORTHCOMING FIXTURES AND EVENTS

AFTERNOON FLAT RACING 10th UPBEAT BEATLES RACE NIGHT

ARRA REVIVAL RACE NIGHT

AFTERNOON FLAT RACING

TUES 4th SUMMER EVENING RACING THUR 20th SUMMER AFTERNOON RACING FRI 28th CARIBBEAN RACE NIGHT

28th BANK HOLIDAY FAMILY RACEDAY

To Book Tickets www.chepstow-racecourse.co.uk

Tel: 01291 622260

Tintern Village Fete and Summer Market

Saturday 24th June, 12 noon 'til late

> Live music, stalls, refreshments. entertainment **FREE admission**

For more details go to: www.tinternvillagefete.co.uk



Shirenewton Village Fete

Saturday 10th June

Shirenewton Recreation Ground

Carnival Procession, Live music, Local Stalls, Refreshments, Entertainment All Welcome!

Mathern Mill Open Day Saturday 10th June 2017 open from 2 to 5pm

See page 12

An historic water mill in Mathern with much of the machinery intact Plenty to see and do for all the family.

Entrance FREE Postcode NP16 6LG More information tel. 01291 622282

Chepstow and District Garden Appreciation Society (CADGAS)

'Grasses and Perennials Make Good Companions'

A talk by Mary Payne, MBE -Writer and Gold Medal Winner at both Hampton Court and Chelsea Flower Shows

Wednesday 28 June 2017 7.30pm Chepstow Leisure Centre All Welcome Visitors £4

Chaos Music and Drama Society will be performing

See Ad on p30

Peter Pan the Musical

at the Drill Hall Chepstow

Friday 16th June at 7.30, Saturday 17th June at 2.30 and 7.30, and on Sunday 18th June at 2.30.

Tickets are £6.00 each and available from Chepstow Museum, Whirliykidz and Hannah's Music.

CHEPSTOW MUSEUM

EXHIBITION:

Hidden in the Lining: Krishna in the Garden of Assam, the tales of two textiles

A partnership exhibition with the British Museum, which explores the origins, stories and meanings of wonderful silk woven temple textiles from 17th century NE India

For associated events tel 01291 625981 Chepstow Museum, Bridge St, NP16 5EZ throughout June open Mon-Sat 11-5, Sun 2-5, **FREE**

EVENTS:

Thursday 1 June 2-4pm The Drill Hall

Drop-in-and-make Craft afternoon for half term Suitable kids all ages

£2 donation Children aged 3+, must be accompanied by adult max 3 per adult

> Tuesday 13 June 7.30pm The Drill Hall 'Exhibition on Screen:

Michelangelo - Love & Death' in conjunction with glorious exhibition at National Gallery, London on this Renaissance genius Tickets £10 from, and to raise funds for Chepstow Museum tel 01291 625981

> Wednesday June 14, 7,30pm The Drill Hall

Wear and tears – the textile conservator's trials and triumphs

Find out how the Indian Gown now featuring in Chepstow Museum's special exhibition was conserved to make possible its star appearance at the British Museum, with Constanze Zimmer of Textile Conservation Ltd, Bristol

Tickets £4/ £3 concession from Chepstow Museum tel 01291 625981



CHEPSTO

Male Voice Choir



Saturday 17th June 2017

St Mary's Priory Church 7pm CHEPSTOW 7pm

Vox in Frox

All Female Chamber Choir

Tickets £10

Herbert Lewis, Chepstow Leisure Centre **Choir Members**

CHEPSTOW BOWLING CLUB

Mathern Road Bulwark, Chepstow.

League and friendly matches played by Ladies and Men on weekend and midweek afternoons. Club Competitions and Tournaments are arranged during the season.

Experienced bowlers and beginners welcome coaching is available in a friendly Club.

Please contact:

Peter Shapland 01291 422208 or visit the **Club Website**

www.chepstowbowlingclub.co.uk

See

Ad on

St John's on-the-Hill School is hosting a

Charity Ceilidh

p12 featuring South Wales band Uisge Contraband on Monday 12th June 2017.

The event will raise funds for children's hospital charity, Noah's Ark, and British servicemen and women's charity, Help for Heroes.

Join us for this fantastic family evening from 6.30pm - 9pm. Entrance is free of charge.

LUCAL ADV	
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Monmouthshire Show Tintern Picnic	31 31
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Health, Wellbeing & Fitr Derek's Gym	25
Fresh Air Fridays	13

Dry Cleaners/Launderette	
Fresh & Clean	8
Health, Wellbeing & Fitness -	
Derek's Gym	25
Fresh Air Fridays	13
Homestead Health Solutions	27
Kestrel Gym Club	26
Funeral Directors	
Chepstow Funeral Service	21
Ian Watts & Sons	4

Derek's Gym	25
Fresh Air Fridays	13
Homestead Health Solutions	27
Kestrel Gym Club	26
Funeral Directors	
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R H White Plumbing & Heating	21
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12
15
23

TV/Aerials - The Aerial Man



Beauty Salon - Storm **Business Services** Virtual Office - Basepoint

Toolbox Trades

Easy Car Care Terraclean

Child Care -

Stagecoach

Hedgehogs Nursery

Children's Activities Kestrel Gym Club

Community Listings

Ceilidh Fundraiser

Chepstow Big Lunch

Chepstow Choral Society

Chepstow Male Voice Choir

Little Acorns Playgroup

MoJo Active Holiday Camp

Community Noticeboard

Days Out/Events/Activities

Auctioneers' Local Valuation Day 7

Building/Property Maintenance

16 2

28

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23

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14

4.5

29

32-34

36-37

Car Maintenance / Car Sales AutoCare, Chepstow



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Tree surgery

Paving

Loft conversions

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Jraditional Breakfast

Available Monday - Friday, 9am - 11.30am

(usually £4.25)



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TO TAKE ADVANTAGE OF OUR MONTHLY OFFERS JOIN OUR FREE GARDENER'S CLUB
Ask in store for details

Pwllmeyric, Chepstow NP16 6LF On the A48 just west of Chepstow TEL: 01291 626035

www.chepstowgardencentre.co.uk

MON-FRI 9am-6pm SAT 9am-5.30pm SUN 10.30am-4.30pm