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# Winterbourne & Frampton

including Coalpit Heath & Winterbourne Down

## Matters

May 2017

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## Dear Residents,

Welcome to the May issue of your community magazine. We have lots of lovely Spring events taking place in our community to look forward to.

The Floral Friends of Frampton invite you to the opening of the new Sensory Garden on Saturday 29 April 2017 at 10 am.

The Winterbourne Medieval Barn have announced their 2017 events - kicking off with some Jazz!

And not forgetting the Winterbourne Down Festival weekend - 30 April to 1 May. This year theme is 'Marvel' characters, so get designing your Scarecrows for the trail and costumes for the May day parade.

The Friends of Ram Hill Colliery are holding an Open Day on Bank Holiday Monday 30 May between 10am - 4.30pm for all to enjoy.

For a full list of community events and activities see our Community Notice board and Village Diary - there really is something for everyone.

Frampton Cotterell and Coalpit Heath Good Neighbours Scheme offer a helping hand to all residents of our village, read more about their work and how you can get in touch,

Now that brighter days and warmer weather is upon us perhaps you would like to get out and enjoy our glorious countryside. Why not join the Frampton Strollers for one of their local walks.

We are also pleased to bring you reports from our local W.I groups, the Winterbourne Down & District Horticultural Society, The Friends of Brandy Bottom, WADCA and much more!

Take care until next time, **Kerry**

[community@mattersmagazines.co.uk](mailto:community@mattersmagazines.co.uk) 01454 300900 & Jaci x

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# News from Winterbourne Medieval Barn

## Winterbourne Medieval Barn's Significant Funding Boost

One of the country's few surviving medieval barns with a history preceding the great plagues is a step closer to becoming a hub for the local community nearly 700 years after it was originally built.

Local people have been working for 20 years to save the barn, which was on the verge of dereliction. Work funded by English Heritage stabilised the barn structure, and since then volunteers have worked through Winterbourne Medieval Barn Trust (WMBT) to conserve and repair the barn and its surrounding site and bring them into community use. The Trust is delighted to announce that they have been offered funding of up to £19,900 from the Architectural Heritage Fund.

The Grade II\* listed Winterbourne Medieval Barn is a building of national importance. It was commissioned in 1342 by Sir Thomas de Bradeston, then Lord of the Manor of Winterbourne, who had played a part in all of Edward III's military campaigns and served in Parliament. The barn is an outstanding example of a raised cruck construction, and its original magnificent roof structure has remained largely intact.

WMBT has exciting plans to conserve the Medieval Barn and refurbish it along with its associated outbuildings, to provide a flexible space for a variety of community, educational and commercial uses based around heritage and rural skills. The project is currently receiving support from the Heritage Lottery Fund (HLF) to finalise plans that will ensure the Barn's long-term sustainability in the local community. As part of this project the Trust has to raise £400,000 in order to release almost £1m of funding from the HLF, and the grant from the Architectural Heritage Fund (AHF) is the first step towards this goal. The grant will go towards

professional fees required for the architect, structural engineer, ecologist, etc.

Sue Parsons, Chairman of the WMBT said, *"The Trust is very grateful to the AHF and is excited to know that they are now a step closer to ensuring that the Barn will survive to be enjoyed by the current community and future generations."*

## Big Community Project – Your Barn Needs You!

The Trust would be delighted to hear from more local people who would like to get involved as volunteers. People can give as much or as little time to the project as suits them, and while certain skills are very useful for some roles, there are plenty of volunteering opportunities that require no particular experience. Those who enjoy hands-on physical work might like to help with "Barnforce" once a month on a Saturday morning - just turn up (18 Mar, 15 Apr, etc) or tel. 0117 957 4921– or try the Gardening Group who meet on Friday mornings (ring Liz 01454 775306). No gardening experience is necessary. More information is available on the website.

The Barn would also love to have more people to help out at some of its Events, maybe as a car park attendant, or on the gate, or manning a stall, or helping set up or clear up, or lots of other jobs. Many hands make light work as they say!

The Trust is also looking for people to help with little day-to-day jobs, for example managing the membership list (computer skills needed), or managing social media. Volunteering is a very rewarding experience, and can introduce you to new friends and new activities you might never have considered. Potential volunteers can contact the WMBT by emailing [volunteerwmbt@gmail.com](mailto:volunteerwmbt@gmail.com) or by ringing Robert on 0117 957 4921. Everybody is welcome, whatever your age and whatever amount of time you can offer. Just drop us them a line, or have a chat, and see if there's something you might like to do as part of this big community project.



For those unable to get involved in person, financial help can always be given to this magnificent medieval building by becoming a Barn member for just £5 a year (see WMBT

website). Or if you are a Co-op Member you could nominate WMBT to receive money from the Co-op Local Community Fund. Just log-in to [www.coop.co.uk/membership](http://www.coop.co.uk/membership) and choose Winterbourne Medieval Barn Trust.

## Events in 2017 –

**Kicking off with Jazz!** This year's summer programme at the Barn kicks off with a new event – a Jazz Evening on Saturday 20 May with the UWE jazz band and singers. Come and enjoy cool relaxing swing and Latin classics with silky smooth vocals and foot-tapping grooves.

To accompany the music, delicious locally-sourced food and drink will be available to purchase from 6.30pm and throughout the evening. Relish Old Sodbury lamb burgers or delicious vegetarian food, with beers from The Bolthole Brewery, and Mad Hatter Cider produced at the Barn itself.

Tickets cost £10 for adults, £5 children under 16. These are already on sale from TicketSource, or from 8 May can be purchased at Daisy's Coffee Shop on Flaxpits Lane. You can also pay on the gate although numbers are limited and availability is not guaranteed.

**Medieval Fayre –** On Sunday 11 June a Medieval Fayre will be held at Winterbourne Barn from 11am to 4pm. Living history group



The Company of Chivalry will portray life in a 14th century encampment. Come and find out how people lived, worked and fought during the 100 years' war - everything from talks and demonstrations about clothing, cosmetics, cooking and leisure, to re-enactments of medieval military combat. There will be a live firing of medieval canon at 12 noon. Children can join 'Squires School' and train to be a knight, launch a projectile from the trebuchet, enjoy a treasure hunt, try archery, or be transformed into a knight, princess or mythical creature by the Cats Whiskers Face Painting Team.

A full programme of entertainment will fill the day, with falconry, talks on medieval life, live medieval music, dancing, demonstrations, and medieval battles. Hot and cold food and drink is available all day, including Old Sodbury Lamb, Lorraine's famous sweets and savouries, Icicle tricycle ice cream, Beer and Mad Hatters Cider.

Come early and stay all day! Entry costs £3 and children under 16 are free.

## Tom Harrison Trumpet Performance –

On Sunday 25 June at 2.30pm, trumpet-player Tom Harrison returns home with two talented friends to give a midsummer concert and talk about music and instruments in medieval times and how they have changed. Tom grew up in Frampton but moved to London for his musical training at The Guildhall, where he met Sophie and Essa. The trio will present an entertaining and light-hearted journey through music from medieval times to modern folk. Bring a picnic and enjoy midsummer in the grounds beforehand the concert. Tickets (£10 adult, £5 under 16s) are available now from TicketSource, and will be on sale in Daisy's Cafe from 12 June.

There is lots more music and drama at the Barn this summer, plus craft and singing workshops, so check the website or facebook page for more details.

**Church Lane, Winterbourne BS36 1SE**  
**[www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)**





# Events at WADCA

Winterbourne & District Community Association,  
Watleys End Rd, Winterbourne BS36 1QG

**'A Springtime Soiree'** Winterbourne Musical Theatre are presenting 'A Springtime Soiree' (a programme of ever popular show stoppers) on Thursday 27 and Friday 28 April starting at 7.30 and Saturday 29 April starting at 2.30.

Tickets are £9 to include a light plated supper at evening performances and a cream tea on Saturday afternoon.

**Serious and Soggy: Two One-Act Plays** by the Winterbourne Players. Thursday 18 to 20 May. Tickets available via Ticket Source. Tickets are £7 (3 for the price of 2 for Thursday's performance). Tickets available via [www.ticketsource.co.uk](http://www.ticketsource.co.uk).

**'Inflatable Sharks' live band Friday 16 June** Celebrating 20 years since their Album 'See you on the Ice'. Doors open at 8pm, band on at 9pm. Tickets are £8 each and available via [www.ticketsource.co.uk](http://www.ticketsource.co.uk).

**Date for your diary** Saturday 15 July, Ceilidh Dance. Doors open 8pm, music/dance 8.30pm till 11pm. Tickets £8 each from WADCA. Tel: 01454 776288 or [www.ticketsource.co.uk](http://www.ticketsource.co.uk)



THE INFLATABLE SHARKS  
FRIDAY 16<sup>TH</sup> JUNE 2017

**WADCA**  
Winterbourne & District Community Association

TICKETS £8 EACH

<https://www.ticketsource.co.uk/date/334001>

DOORS OPEN 8PM, BAND 9PM

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[www.wadca.co.uk](http://www.wadca.co.uk) FB: winterbournecommunitycentre/WADCA

winterbourne  
players

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**Serious and Soggy: Two One-Act Plays**

May 18th, 19th & 20th  
Curtain Up 8pm

*The Rose and Crown*  
by J B Priestly



*Hell and Highwater*  
by Leonard Morley

Tickets £7  
(3 for the price of 2 Thursday May 18th)

New booking details

[www.ticketsource.co.uk/winterbourne-players](http://www.ticketsource.co.uk/winterbourne-players)

Tel: 0333 666 3366

Winterbourne Community Centre, Watleys End Road,  
Winterbourne, Bristol BS36 1G



**Saturday 15th July 2017**

*Easy fun Ceilidh dances from around the world, the caller tells you what to do! People of any age and ability can try. You don't need a partner and you don't have to dance all the time, it's find to spend the evening just enjoying the live music.*

Doors open 8pm,  
Music/Dance from 8.30pm till 11pm  
Tickets: £8 each from WADCA  
Tel: 01454 776268 / [www.ticketsource.co.uk](http://www.ticketsource.co.uk)

## Molesworths of Frampton

The newly established Family Butchers at Church Road Frampton Cotterell has been bought by Peter Molesworth from Henleaze Bristol. Peter has a background in food and farming, over the last forty years with more recently taking on the prize winning butchers Palfreys of Newport and Molesworths of Henleaze.

The experiences and contacts made by Peter over this period will be used to develop the Frampton business. Nick Rapps who has worked with Peter over many years is managing the shop. Nick was runner up Young Butcher of the year 2007 and is a local family man.

The business is undergoing rebranding and new lines are being introduced to reflect local needs. In the coming months ready meals, vegetables and fish are being introduced.

The key aspects of the business are locally sourced free range produce, served by staff who can advise on cooking and preparation.

Specialities of the business are Salt Marsh lamb from the Gower, wild boar and venison from



Lydney Park, and game from nearby shoots. In addition there is free range pork and chickens from Newent. Mutton, local veal and goat are also popular.

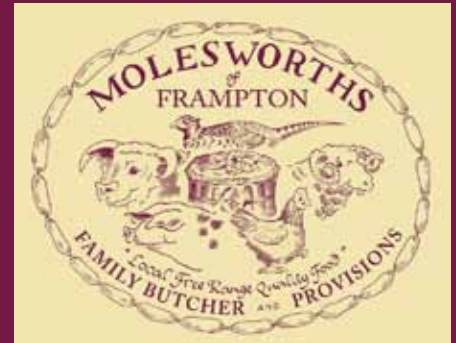
The business produces its own range of sausages and BBQ products all the year round, many gluten free. Pies, faggots and black pudding are produced at the sister branch in Newport.

Commenting Peter Molesworth said "I am extremely pleased with the response we have had so far from local residents and the warm welcome we have received. I am keen we provide families with a great, friendly service."



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**MOLESWORTHS OF FRAMPTON**

147 Church Road,  
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**01454 777 337**

[framptonbutchers@outlook.com](mailto:framptonbutchers@outlook.com)





## Don't let pain hold you back this Spring!



As we enter Spring, with warmer, longer days, it is the perfect time to get outdoors and get active! Don't let an old injury or nagging pain prevent you from taking part in an activity you love, whether this be playing cricket or tennis, running, cycling or leisurely walking the countryside. Local Osteomyologist Dawn Clode is equipped to get you moving – pain free!

Dawn explained, many of us just get used to nursing a sore knee, aching shoulder or painful lower back and as the pain increases over time we gradually restrict the activities we take part in rather than address the cause of the pain. There is however good news! As an osteomyologist Dawn is equipped to tackle the root cause of your pain and get you happily moving again.

Osteomyology is a holistic practice that allows the practitioner to switch seamlessly from one treatment to another to most effectively treat the individual patient. Dawn incorporates – Acupuncture, Aromatherapy, Cranial Sacral Therapy, Massage,

Manipulation, Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP) and Reflexology in her work.

Mrs C, a patient from the Stokes and a keen horse rider told us,

*“As someone with a chronic back problem over many years, I wasn't sure how much Dawn would be able to help me. I'm so glad I paid her that first visit; she has seemingly worked miracles and I have felt great relief from my aches and pains and have enjoyed getting back to the hobby I love. I would have no hesitation in recommending her to others.”*

If you would like to discuss your individual aches and pains, whether they be physical or mental then please get in touch with Dawn.

Dawn is happy for you to get in touch for further information.

Please call: **0795 1099 491** or visit:

**[www.life-and-soul-empowerment.co.uk](http://www.life-and-soul-empowerment.co.uk)**

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Tel: Alison  
07972 376055

### Tuesday

Winterbourne

The Greenfield Centre  
Park Avenue  
9.30am, 11.30am  
5.30pm & 7.30pm  
Tel: Frankie  
07519 347243

### Wednesday

Frampton Cottrell

Frampton Cottrell C of E  
Primary School  
7.30pm  
Tel: Lisa  
07815 759118

### Friday

Coalpit Heath

The Manor Hall  
Coalpit Heath  
9.30am & 7.30pm  
Tel: Lisa  
07815 759118



**[slimmingworld.co.uk](http://slimmingworld.co.uk)** 0344 897 8000

**Facebook Page:** Frampton Cottrell and Winterbourne Slimming World

## News from Floral Friends of Frampton

### The Sensory Garden Opening

Everyone is welcome to the opening of the Sensory Garden (located at the Bickeridge Centre, Woodend Road, Frampton Cotterell) on Saturday 29 April 2017, 10am – 12pm.

Gary Bristow (who won a Gold Medal at RHS Malvern Spring Festival 2015 for his 'Mad as a Hatter Garden' – for more information see <http://garybristowdesign.co.uk/> ) will formally open the Garden and refreshments will be available. There will also be plants for sale and activities for children. Please do come to help us celebrate the Garden – we'll be delighted to see you.

**Bee Posts** – Two bee friendly sign posts to mark our wild flower area at the Glebeland have now been installed by John Morris from South Glos. Hopefully the wild flowers and bee homes will attract lots of bees to our site. Wild flower plug plants will be planted here later this month with the help of Watermore school children to supplement the seeds scattered in October.

**Waitrose Donation** – Floral Friends were delighted to be presented with a donation of £268 from Waitrose as part of their Community Matters green token scheme. This is much appreciated and will be put towards costs of seasonal planting and planter maintenance.

**The Floral Hat Festival** – an exhibition of hats decorated or made with flowers to commemorate our local hatting industry and celebrate summer flowers – will be open on the weekend of 24 - 25 June 2017, at the Zion United Church, Frampton Cotterell. Events include live music (from, among others, the Shanty Men and the Crossbow Singers), children's craft activities, a talk on the hatting industry in S. Glos, refreshments and a plant stall. If you would like to contribute a floral display please email us at [floralfriendsofframpton@gmail.com](mailto:floralfriendsofframpton@gmail.com) for further details. Please put this date in your diary now.

**Much more information about our activities is available on our website – <http://fframpton.wix.com/fframpton-cotterell> – and if you'd like to help us (no gardening experience necessary!) please email us at [floralfriendsofframpton@gmail.com](mailto:floralfriendsofframpton@gmail.com)**



**Come to the official opening of the new**

**Sensory Garden**

**Saturday 29<sup>th</sup> April 2017**

**10 am – 12 pm**

**Bickeridge Centre, Woodend Road, Frampton Cotterell**

**To Be Opened By Gary Bristow**  
(RHS Gold Medal Winner, Malvern 2015)

Refreshments
 Plant Sale
 Children's Activities



## OPEN GARDEN DAYS



**Margaret and Graham Newman's garden at Nutridge, Ram Hill, Coalpit Heath is already looking good, and ready to welcome you on July 1st and 2nd (2.00pm to 5.00pm).**

As in previous years cream teas will be served and pianists and singers will provide live background music.

The Open Days are in aid of the African village of Genieri and the contributions of people in Sodbury and Yate have always been vital in raising the standard of living in the village. (website; [www.yategenierilink.org.uk](http://www.yategenierilink.org.uk))

There have been notable developments in Genieri this year. The charity has donated funds for the establishment of new village gardens, including the digging of wells near the centre of Genieri.

There have been two visits from members of the charity in the last twelve months. Their tasks were to oversee the progress of projects and to allot funds where possible.

The solar lights which were installed last year are now functioning well and teething problems have all been overcome. The generator and solar panels used to power the television are a source of income to the village as their greatest use is to show football matches for which a small charge is made. At other times the television is used for educational purposes in the Day Care Centre.

The big news of the year from The Gambia has been the removal from power of its controversial dictator Yahya Jammeh, an act which was greeted with a sigh of relief in Genieri.



## Frampton Cotterell & Coalpit Heath – Walking for Health

**Short Strolls 1 – 2 miles or less on easy terrain / Longer Rural Walks (3-4 miles)**

**Tues 9th May, 10.30am**

Meeting at St Peter's Church, Church Rd, Frampton Cotterell BS36 2AB.

**Stroll Old Mill & Centenary Bluebells** Short stroll with historical interest.

**Walk – Frome Valley & Algars** Manor Delightful river scenery, woods & fields. 3 miles.

**Wed 24th May, 10.30am**

Meeting at The Swan, Winterbourne, BS36 1RW

**Stroll – Bradley Brook Nature Reserve – New!**

Delightful country stroll on easy paths.

**Walk – Monk's Pool** Delightful riverside Nature Reserve, woods, fields & paths. 3.5 miles.

**Tues 6th June, 10.30am**

Meeting at The New Inn, Badminton Rd, May's Hill BS36 2NT

**Stroll – Wild Flower Meadow** Delights of wild flower meadow & farmland.

**Walk – Wild Flower Meadow** Delights of wild flower meadow, woods & farmland. 3.7 miles.

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## Winterbourne Down & District Horticultural Society

**If you have any interest in plants – whether it be in your own garden, growing vegetables, or visiting open gardens and parks, this is the Club for you!**

We meet on the second Tuesday of the month at All Saints Church Hall, Church Road, Winterbourne Down at 7.30 pm. Apart from our AGM in February, when we have an American Supper, we usually have a speaker. Mostly the talks have some relevance to horticulture, but we do occasionally have a talk on a totally different subject – perhaps for the December meeting.

As well as the monthly meetings we go on day trips to places with some horticultural interest – sometimes these are National Trust properties, and we also visit RHS Wisley or Rosemoor from time to time. Three trips have been arranged for 2017. We also have an annual five day holiday in June which includes trips to places of interest in the area where we are staying.

Each year a Rose Show and a Flower and Vegetable Show are held, when members have the chance to enter their own plants and produce – also, at the Flower Show, photographs and cooked produce. It's all good fun and nobody worries if their entries aren't quite perfect – it's the enjoyment of being involved!

We welcome anyone who wants to come along to one of our meetings to see what goes on. See you there!

**Any further information – please phone: 01454 774448 or 01454 773218.**

*Gill Parker*



## The BIG Lunch

**Sunday 4 June 2017, 11.30am – 4pm  
Beesmoor Road Playing Fields**

**Put this annual get together for friends and neighbours in your diary. The community event on Beesmoor Road Playing Field, will be raising funds to buy more playground equipment for the new area.**

The day will open with a cheer leaders demonstration and at 12.30 there will be a dog show. Plus there is face painting, bouncy castle, petting sessions (Viaduct sanctuary is kindly bringing some of their wonderful animals to get up close to), stalls from local community groups, a karate demonstration and a few more surprises!

There is also a raffle with prizes supported from local businesses. Plus a BBQ and hot drinks and cake.

Please come and support us while having a great time.





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## Community Noticeboard

For free listings contact  
community@  
mattersmagazines.co.uk

## Severn Counties Foreign & British Bird Society

Venue: Winterbourne Down Methodist Church  
Hall, Down Road, Winterbourne Down, BS36 1BN

Meeting on 3rd Thursday of the month  
Talks and slide shows at 8 pm

The local club for people of all ages interested in  
keeping birds. Monthly lectures, social events, day trips

[www.foreign-britishbirds.info/index.html](http://www.foreign-britishbirds.info/index.html)

## Coalpit Heath Church

Summer Fayre, Saturday 24th June

Refreshments, indoor/outdoor stalls & plenty of family fun



## Yate Choral Society

PRESENT

G. F. HANDEL'S

# "MESSIAH"

SATURDAY 20TH MAY AT 7.30P.M.

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Tourist Information Centre

## THORNBURY SEA CADET UNIT IS LOOKING FOR ADULT VOLUNTEERS

Every week across the UK thousands of young people, aged between 10 and 18, get involved in Sea Cadet activities. To make this happen we need the help of volunteers. We have lots of roles to match your skills from instructional staff to unit management.

Instructional opportunities range from sailing to marine engineering, navigation to catering, first aid to adventure training. Training for would-be cadet instructors is available so anyone interested should not be put off because they don't know anything/much about a particular subject. Unit Management opportunities include marketing and PR, asset management (buildings or boats or equipment), organising events, recruitment (adult volunteers and cadets).

### Date/Time:

We meet every Monday and Thursday, 1845-2100.

Please get in touch on how to find out more, Email:  
ChairmanThornburySeaCadets@  
gmail.com or  
Telephone: 07803 259 511

## The Manor Hall at Coalpit Heath

Registered Charity Number 1093035



Community coffee mornings  
on 17th May & 21st June 2017

Held in the Jubilee Room on the 3rd  
Wednesday monthly, 10am to 12noon.

All profit from the sale of refreshments  
will be for the Manor Hall Charity.

Bring and Buy table in aid of the Great  
Western Air Ambulance Charity and  
handmade cards sold in aid of BRACE.

Thank you to NISA for sponsoring our coffee  
morning and donating the tea and coffee.

Floral Friends invite you to the  
official opening of the new

## Sensory Garden

Saturday 29th April 2017

10 am – 12 pm

Brokeridge Centre, Woodend Road,  
Frampton Cotterell

To Be Opened By Gary Bristow

(RHS Gold Medal Winner, Malvern 2015)

## Are YOU interested in playing in a wind band?

Winterbourne Winds are a mixed ability band that started up  
in September 2014 with beginners and returners.

A variety of instruments are available on loan for free. All ability levels  
are welcome, although some musical knowledge is beneficial.

We are a friendly group all ages playing a variety of music including pop,  
musicals and classical, with the chance to play at local concerts.

We meet on Thursday evenings, 7.30-9.30 pm at the Greenfield Centre,  
Park Avenue, Winterbourne, BS36 1NJ

For further information contact Dan Fedigan at  
Fedmeister@outlook.com / 01172 395210

or go to our website: [www.avonwindbandassociation.com](http://www.avonwindbandassociation.com)

Winterbourne Winds is one of four bands in the Avon Wind Band  
Association - a fully registered charity

South Gloucestershire Mines Research Group



## SGMRG Events 2017

Sat 20 May a walk of mining sites, details of where  
to be decided, for info email Roger Gosling

[chairman@sgmrg.co.uk](mailto:chairman@sgmrg.co.uk)

## DOWNEND HORTICULTURAL SOCIETY

Affiliated to the Royal Horticultural Society, National  
Vegetable Society & the Gloucestershire Federation  
of Gardening Societies.

Our meetings & shows are held at the  
Downend Assembly Hall, Salisbury Road,  
Downend, Bristol BS16 5RA.

Non-members are always welcome (Entry £2.00)

Please see [www.downendhortsoc.co.uk](http://www.downendhortsoc.co.uk) for  
details or telephone Hilary Walton on 0117  
9792832 or Roger Davis on 0117 9571763

From September to May we meet on the second  
Thursday of the month at 7.30pm. Our evenings  
start with tea/coffee and homemade cakes or  
biscuits. From about 8pm we listen to a speaker on  
an horticultural related subject until about 9pm.

We are a friendly group of gardening loving  
individuals come and join us when you can.

## Table Top Sale At Coalpit Heath Village Hall

Saturday 6th May  
1pm to 3pm

To book  
Tel: 07920 145352



## Could you make a difference to the life of a Chernobyl Child? Two weeks from you could give two years to these children.



**Can you remember the Chernobyl disaster back in April 1986? The population of Belarus can never forget.**

Their people will be forever affected by the legacy of the world's worst nuclear disaster – the radioactive fallout was nearly 400 times greater than the bombs dropped in 1945 on Hiroshima and Nagasaki combined. The World Health Organisation has classified 500,000 of the children in Belarus as being "at risk".

The Chernobyl Children's Lifeline charity was founded by Victor Mizzi M.B.E. in 1991. Building on his example, we are bringing a group of 16 children from Belarus this summer – 9 July to 6 August for a month's respite care. They are chosen on health grounds, and not means-tested.

It is estimated that a month staying with families here, eating nourishing food, away from the relentless radiation and breathing clean air can add up to two years to their life expectancy and reduce the effect of the harsh winter.

Could you share your home with two 11 year old children for two weeks? There is a network of support for host families – you would not be on your own. The children will take part in lots of activities that we have organised on their behalf. These activities range from sports to the arts, from local visits to coach trips to the sea or countryside. There will be two interpreters with the group and they are on hand around the clock should there be any language difficulties or for general advice and assistance.

**If you think that you can help us to help these most unfortunate children please call Andy March: 07812 159942, or visit our web site at [www.ccll.org.uk/bristol](http://www.ccll.org.uk/bristol) to find out more, or visit the Gallery so that you can see all the fun and activities from previous summers.**

**Winterbourne  
Early Years  
Centre**

**Based at both The Greenfield Centre in Winterbourne & St Michaels C of E School. Ofsted rated 'Outstanding' we provide a range of services for local families**

**Pre-School sessions from 2 years:**  
*Integrated Forest School activities  
 Highly qualified and experienced staff forming a well established team  
 Grant funding for 2, 3 & 4 yr olds  
 Strong links with local schools*

**Free Community Groups:**  
*Baby Group, Toddler Group, Stay and Play sessions*

For more information or to arrange a visit please call Sam on **01454 773781** or see the website **[www.winterbournepreschool.co.uk](http://www.winterbournepreschool.co.uk)**  
**E: [enquire@winterbournepreschool.co.uk](mailto:enquire@winterbournepreschool.co.uk)**  
 The Greenfield Centre, Park Avenue, Winterbourne



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**Join KIDS and help us deliver our Short Breaks service across South Gloucestershire**



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 difference

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Contact us:  
**T: 0117 9476111**  
**E: [swadmin@kids.org.uk](mailto:swadmin@kids.org.uk)**

KIDS support disabled children, young people and their families. We are looking for enthusiastic staff who will be paid to support disabled children and young people in their homes and in the local community.

We are interested in a diverse mix of workers who can bring different skills and experience to the role. Session length ranges from 2 to 6 hours and usually take place after school, weekends or in school holidays. Various contract hours are available and we require a minimum commitment of 3 hours per week. A driving licence is essential for work in the community.

**OSCARS** is a well established playscheme providing before and after school club and holiday childcare for primary school aged children.



**Holiday Childcare  
 Throughout the year.**  
 Open from 7.45 until 6pm  
 Breakfast served until 8.15am  
 Book Full, Half or a School day.

**See our website for full details**  
**[www.oscarschildcare.org.uk](http://www.oscarschildcare.org.uk)**

**The Terrapin Frampton Cotterell CofE School  
 Rectory Road Frampton Cotterell**

**E-mail: [oscars.terrapin@btconnect.com](mailto:oscars.terrapin@btconnect.com)**

**Telephone: 01454 250528**

Registered Charity No: 1133716



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  - Recreational classes for school age children 4 - 17yrs - weekday evenings & Saturday morning.
  - Adult sessions 18+ Monday 9-10:30am
  - Over 50's fitness group - Friday 10-11am
- For full timetables check the website [www.fromesidegym.co.uk](http://www.fromesidegym.co.uk)  
 Contact us on: 01454 776873 Email: [office@fromesidegym.co.uk](mailto:office@fromesidegym.co.uk)

# May 2017 at Winterbourne Library



## Opening Times

**Tue and Fri: 9.30 am - 7pm**  
**Wed & Sat: 9.30 am - 5pm**  
**Closed: Mon, Thur and Sun**



## Rhymetime

Rhymes and songs for parents and babies/toddlers to enjoy together every Tuesday morning 9.30 – 10am

## Pre School Storytime

Join us weekly on Wednesdays 9.30 – 10am for stories and crafts, term time only.

## Go Wild! Half Term Drop in

Come and join us and make some jungle themed crafts on Wednesday 31 May, 10-11.30am, Suitable for ages 4-10.

## The Craft Group

Will be meeting on Saturday 6 and 20 May, 10am – 12noon.

New members will always be made welcome by this friendly group. Share tips and ideas for your knitting, sewing or crochet projects.

## Low cost computer scheme:

Are you 65 years of age or over, registered disabled, on a low income or an unpaid carer? Have you considered the many benefits that owning your own computer can give?

South Gloucestershire Council has teamed up with an IT provider to offer a range of low cost professionally refurbished starter computers at

special discounted prices to eligible residents and registered UK charities. Prices start from under £90 including Windows 7 and Microsoft Office 2010 plus a 12 month return to base warranty.

To find out if you are eligible and for more details visit: [www.southglos.gov.uk/goonline](http://www.southglos.gov.uk/goonline)

## Need help with your computer?

Mike, our IT volunteer, is on hand every Wednesday morning 10.00am – 12.00 noon. Mike can help you with all your computer queries, from setting up an iPad to accessing Universal Jobmatch as well as helping you to get started with Learn My Way, an online course for beginners. You can book a one to one session with Mike by speaking to a member of staff.

## More great services

Other facilities at Winterbourne library include daily papers, laminating and fax services (charges apply), free internet access and free WiFi.

Staff will always be happy to make you a cup of tea or coffee for only 40p.

Did you know that you can reserve and renew books online? You can also download e-books, e-audiobooks and e-magazines. Find out all that's on offer on our website.

## For more information:

**Tel: 01454 868006**

**Email: [winterbourne.library@southglos.gov.uk](mailto:winterbourne.library@southglos.gov.uk)**

**Website: [www.southglos.gov.uk/libraries](http://www.southglos.gov.uk/libraries)**

**Twitter: @southgloslibs 'Like' us on**

**Facebook: South Gloucestershire Libraries for all the latest news.**



## Teamwork at Winterbourne International Academy

On Friday 24 March 2017, Parents and Carers of a number of Year 7 students were invited in to watch their child take part in a typical PE lesson. Although this is quite a common occurrence in Primary Schools, it is relatively uncommon in Secondary Schools. The PE Department at Winterbourne International Academy's rationale for this venture was to build relationships between the Academy and the parents, whilst showcasing their fantastic students.

These students have been learning about Handball since February and have had no prior experience of the sport. Throughout this year their teacher, Chris Jackson has been trying to develop and encourage attributes such as resilience, self-worth and confidence amongst the students,

within their PE lessons. As a result this talented group of students are now working at a level far beyond what you would typically see at this age. These students are taking responsibility for their own learning, supporting one another, have high expectations and are desperate to move on in their learning. They have developed a 'can do' attitude and are working together to achieve the very best that they can be.

After the event one parent commented, "*Fantastic to be able to come into school to see a PE lesson. I really enjoyed it. I was also impressed how every child looked like they enjoyed the lesson. They were given encouragement and all seemed to understand exactly what they were doing. Thank you for letting me watch.*"

**UWE Bristol** | University of the West of England



## Train to Teach with UWE Bristol from September 2017

Places available to train to teach the following subjects at secondary school level: Art & Design, Business, Computer Science, English, Geography, History, Mathematics, Modern Languages, Science (Biology, Chemistry or Physics) plus Primary School Direct.

The programme trains teachers to teach the 11-16 age group, along with opportunities to teach at A level.

- Tax-free bursaries of up to £30,000 available in some subjects.
- Well-established partnership with many local schools.
- Employment rate is 94%.

**Interested?** What to do next: Visit [uwe.ac.uk/traintoteach](http://uwe.ac.uk/traintoteach) and fill in the form to find out more. Come to one of our drop-in sessions (search **UWE Bristol PGCE drop-in** online to find out more). Apply through UCAS (search **UCAS Teacher Training** online).

*"I had a fantastic experience during my PGCE at UWE Bristol. I feel it equipped me immensely well throughout the year; there were a number of sessions that I truly enjoyed and I found incredibly rich and fulfilling."*

*Trainee Teacher, PGCE Secondary Mathematics, 2014-15*



Care and support through terminal illness

## Volunteering for Marie Curie

**Why not get more active and involved in your community and give an hour a week or a day a month and help Marie Curie.**

Volunteers are so important to us. We depend on contributions of time and skills so that we can continue to provide care for patients and their families.

There are plenty of opportunities to volunteer for us. From helping at a collection, to placing collection tins in your local community or by joining your local fundraising group and helping to plan exciting events throughout the year.

If you enjoy meeting new people and raising money for a great cause, we would love to hear from you.

**For More information, please contact Community Fundraiser Helen Isbell on 0117 9247275 or email [Helen.Isbell@mariecurie.org.uk](mailto:Helen.Isbell@mariecurie.org.uk)**



## Frampton Cotterell and Coalpit Heath Good Neighbours Scheme

The Good Neighbours Scheme offer a helping hand to all residents of our village.

*Could you, or anyone you know, use a little help from time to time?*

**Such things as:-**

- Someone to visit and sit with you for a chat?
- Help collecting prescriptions or changing library books.
- Walking the dog or feeding a pet on days you can't manage it.
- Playing a board game or help with a jigsaw puzzle.
- A 'one off' garden tidy up.
- A quick visit in bad weather to make sure someone is OK

### How to get in touch

**Speak to Andrew Edgington**

**Tel: 0743 288 8586** Leave your name and number and he will get back to you, or **email: [vagoodneighbours@gmail.com](mailto:vagoodneighbours@gmail.com) / [www.villageaction.org.uk](http://www.villageaction.org.uk)**

The Good Neighbours project is organised by a group of village community volunteers who willingly supply any help needed. All our volunteers are officially registered, DBS checked and will carry an official identity card.



Coalpit Heath, South Gloucestershire, BS36 2TY

### Visit Ram Hill Colliery

Situated appropriately in Coalpit Heath lie the remains of Ram Hill Colliery. On an open site by the Dramway walkway, this is a time capsule of local mining history.

The site is owned by South Gloucestershire Council and is a scheduled ancient monument, registered with Historic England. The Friends of Ram Hill Colliery manage the site under the Council's supervision.

Coal was mined here for about 40 years up until the 1860's, and the site houses the remains of the shaft, horse gin and engine house. The lower part of the site features the Dramway, a precursor of the railway. Coal was loaded into tubs, which were pulled by horses to the river Avon at Keynsham.

In recent years, with the help of volunteers, notably Green Gym, the woodland area by the railway boundary has been developed as an attractive woodland walk. There is wheelchair access to most of the site but visitors are advised to wear sensible footwear and keep a careful eye on children and dogs.

**The Friends are holding an Open Day on Bank Holiday Monday 30 May between 10am-4.30pm** with refreshments provided. The site is located across from the Railway Cottages, Broad Lane, Coalpit Heath, BS36 2TY. There is limited car parking at the side of Christmas Cottage on the approach to site. For more information please check out Ram Hill Colliery on Wikipedia, or contact David and Marian Godden Tel: 0117-932-2602. Email [da.godden@btinternet.com](mailto:da.godden@btinternet.com)

The Friends of Ram Hill Colliery are actively seeking volunteers, as committee members are getting older, and could do with more help. The Council offers training for lime-mortaring, power strimming etc.

**If you are interested in helping, please contact Liz Hillyard on 0117 923 6595 for details of our next meeting. Guided tours can be arranged.**

**[www.ramhillcolliery.org.uk](http://www.ramhillcolliery.org.uk)**

**[www.ramhillcolliery.org.uk](http://www.ramhillcolliery.org.uk)**

## News from Frampton Cotterell WI

At our last meeting, we had a very interesting and informative talk from Mike Burns from the local Neonatal Intensive Care Support Charity (NICU) that's based at Southmead.

We found out that NICU Support is a life-saving emergency hospital service run by volunteers, that helps premature and sick babies by collecting and delivering donor breast milk from volunteer mums throughout Somerset and the South West. This Charity relies totally on fundraising and has also extended its service to transport mothers to the Neonatal Intensive Care Units at St Michaels, Southmead in Bristol and the RUH in Bath.

We heard how milk banks provide safe donated breast milk to babies who have no access to their mother's own milk. These children are usually born prematurely. Premature babies are born with immature intestines and immune systems so they rely upon this kind of help. This is a great charity, and Mike and his colleagues have done well to raise the funding (mainly through charity bike rides) to supply the cars and bikes that are needed. To find out more, please visit the websites at: [www.milkbanks.co.uk](http://www.milkbanks.co.uk) or [www.NICUsupport.co.uk](http://www.NICUsupport.co.uk)

Our next event is in April (25th) – this will be a talk on "Clear Thinking" and better decision making by local expert Tony Jay, which promises to be fascinating!

In May we have a Beetle Drive game night on the 2nd and the National Federation Resolutions Discussion on the 23rd. Other future events include "A Passion for Pearls – Part II" (back by popular demand), a talk on the history of the Police Force and a Belly Dancing lesson from a professional dancer! There is also our summer meal out to look forward to in early July and our participation at the Frampton Festival where we have our home-made cakes stall.



*Mike Burns and colleague with one of the bikes that they have bought through their fundraising efforts.*

Visitors are welcome to our monthly meetings at St Peter's Hall on School Road at 7.45pm, on the 4th Tuesday of the month. There is a charge of £2.50 for the evening and any new members can join by paying a membership fee. Special interest groups that meet separately including a book club, craft group, choir and our skittles and darts teams.

**Search FramptonCottWI on Facebook to find out more, and do like our page!**

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## News from Coalpit Heath WI

**theWI**  
INSPIRING WOMEN

We had a night at the movies with Sue Giddings bringing her family collection of vintage films to our April meeting. We were treated to the delights of a black and white promotional film on dairy farming in the South West. It showed the old

processes and really was a trip down memory lane – fancy moving the milk on a “motor lorry”.

Sue showed a film for the first time, so we had a premier. In fact the film was so tight in the case that Sue had to prise it out with a spoon! This film, in colour this time, probably from the early 70s gave a very detailed account of the manufacture of glass and then glass fibre and the reams of home-made furnishing that could be made out glass fibre. Curtains, bedspreads, cushion covers, all non-flammatory, non iron, easy to wash (dry in 10 minutes) – where are all these products now we want to know! The film that got the most laughs was a black and white film from 1935 on “How to pass your driving test” – complete with hand signals. Tips on not driving on the kerb or the wrong side of the road were all demonstrated, with commentary such as “how not to try the patience of the examiner”! Obviously a classic.

A film from the Ministry of Food all about the Good Housewife was very entertaining. Tips on how to store food (without a fridge – on a marble slab in the larder) and food hygiene brought back many memories for some of our happy gathering. All topped off with popcorn as well – a good night.

Also as we are so close to Easter we had our Easter raffle, with donations of fabulous hampers – well done ladies.

Thank you to the Frampton Balti for another great night of Indian food – we are always well catered for – next time we will pre-order to give the chaps a chance to serve us. They certainly worked hard.

**A couple of dates for the diary – coffee mornings on 16th May and 10th October and St Saviours fete on 24th June.**

**Coalpit Heath WI meet on the First Wednesday of each month at St Saviours Church Hall, Coalpit Heath at 19.45. New members are always welcome.**



## FLORAL HAT FESTIVAL

**SATURDAY**  
24 JUNE 2017  
10 am – 4 pm



**SUNDAY**  
25 JUNE 2017  
2 pm – 4 pm

**Venue: Zion United Church, Woodend Rd,  
Frampton Cotterell, BS36 2HY**



**A display of floral hats**

If you'd like to contribute a display please email us:  
[floralfriendsofframpton@gmail.com](mailto:floralfriendsofframpton@gmail.com)



**Everyone welcome**

Refreshments  
Plant stall

Live music from The Shanty Men, Crossbow Singers and others  
Talk on the Hatting Industry in S Glos  
Children's craft activities



## A Springtime Soiree

Winterbourne Musical Theatre are presenting 'A Springtime Soiree' (a programme of ever popular show stoppers) on Thursday 27 and Friday 28 April starting at 7.30 and Saturday 29 April starting at 2.30.

The venue is Winterbourne Community Centre (WADCA), Watleys End Road, Winterbourne.

Tickets are £9 to include a light plated supper at evening performances and a cream tea on Saturday afternoon.

**For tickets telephone 01454 317408.**

Winterbourne Musical Theatre.  
presents

## A Springtime Soirée.

**A selection of ever popular  
Showstoppers.**

**Thursday 27th April @ 7.30**

**Friday 28th April @ 7.30**

**(to include a light plated supper)**

**Saturday 29th April @ 2.30 only**

**(to include a cream tea)**

Winterbourne Community Centre,  
Watleys End Road, Winterbourne, Bristol, BS36 1QG.

**Tickets £9 Tel:- 01454 317408**



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## The WINTERBOURNE DOWN VILLAGE CARNIVAL

is just around the corner –

**SUNDAY 30 APRIL – MONDAY 1 MAY 2017**



Are you ready for another great carnival weekend? On Sunday 30 April the village will be invaded by Pokémon who have agreed to take part in our afternoon Treasure Hunt and Scarecrow Trail. At 6pm Songs of Praise will take place in All Saints Church. On Carnival Monday we have some new and exciting acts to entertain you throughout the day.

We will be decorating Down Road and extend an invitation to residents to join in the spirit and display flags etc..

The chosen charity for this year is BRACE (An independent charity committed to defeating dementia through scientific research). In brief...

**Sunday 30 April – Family Village Pokémon Treasure Hunt with Scarecrow Trail** starting at 2pm from Winterbourne Down Methodist Church Hall. Refreshments will be on sale in the church hall with entertainment by the Westerly Showband. Everyone is welcome. At 6pm **Songs of Praise in All Saints Church with North Avon Singers.**

**Monday 1 May is Carnival Day!** Our theme is Marvel Characters and the procession leaves Bradley Avenue shops at 10.15am and finishes at the Methodist Church grounds. Please arrive at starting point by 10am. Judging of age groups will take place at the Methodist Church grounds where great money prizes will be awarded. Remember to turn out your costumes – Magneto, Captain America, Storm, Spiderman, Wonder Woman and the Hulk, all welcome. Now is the time to start looking!

Full details of the weekend's events will be available in the Carnival Programme on sale from committee members. Please come along and enjoy the weekend and don't forget to invite your friends.

Craft and Charity stalls will be set up in Down Road and Camp View. If you wish to run your own stall to raise funds for your favourite charity or you would like to rent a table to sell home made produce/crafts and are willing to make a donation to our chosen charity, please contact Anthé Evans on 01454 778156 for further information.



The carnival committee runs its own stall during the carnival day, the proceeds of which go towards the next carnival and to local charities. We are in need of any spare items you may have sitting around (unwanted Christmas presents!). This can include good quality toys, books, household goods, bric-a-brac, etc... Please contact Fred on 01454 772072 for more information.

### Can you help make the carnival happen?

If you would be willing to give up 1 hour of your time to assist on the day we would love to hear from you. Please contact Fred on 01454772072 to add your name to our 'volunteer list'. For further information please contact – **Sue Cessford, on 01454 777881 or visit our website [www.wdcarnival.org](http://www.wdcarnival.org) or our Facebook page [www.facebook.com/wdcarnival](http://www.facebook.com/wdcarnival).**

Sue Cessford & Pete Nichols -  
Publicity Officers



## WINTERBOURNE DOWN VILLAGE CARNIVAL 2017

### Family Scarecrow Competition

Could you make a Scarecrow to enter the competition on the theme of: "Marvel Characters"



**AND display your finished Scarecrow in your front garden for all to see on**

**May Day Bank Holiday Weekend 2017**

Sunday 30th April 2017 from 1pm: Public viewing & judging  
Monday 1st May 2017 at 3pm : Presentation of prizes.

Please tell John or Jenny your family name, address and telephone number. If you are going to enter by email or post by Friday 28th April 2017.  
Address: 2 Colston Close, Winterbourne Down.

**Tel: 01454 775047.**

**Email: [g.john.turner@blueyonder.co.uk](mailto:g.john.turner@blueyonder.co.uk)**

**The addresses of the Scarecrows will be available on Sunday afternoon in the Methodist Church Hall for those wishing to view.**

## FELTHAMS FIRES & FLUES LTD

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**OFFERS VALID WHILST STOCKS LAST - FINAL DATE FOR OFFER INSTALLATION FRIDAY 18TH AUGUST 2017**



**Federation of Small Businesses**  
The UK's Leading Business Organisation





In a relaxed environment, our volunteers will show you how to use a computer (PC, laptop or tablet) for word processing, creating spreadsheets, writing emails and using the internet.

Whether you are a complete beginner or someone who wants to improve their skills, we can help.

We use our own PCs, laptops and tablets but you are welcome to bring your own with you and our volunteer helpers will be happy to help with any questions which you may have resulting from use of your own computer or tablet. With one helper for every 2 students, you will learn through practical exercises with someone always on hand to help if you need it.

The Computer Group meets at the Broomridge Centre in Frampton Cotterell on Monday to Thursday mornings. Each session lasts for 2 hours and costs just £2.50.

You can attend as many sessions as you like as our courses are designed so that each person can proceed at their own pace. You can join the Computer Group at any time as soon as there is space available on the day you would like to attend.

If you would like to book a place, please contact: Jill Allan on: 01454 864442.



## Frampton Cotterell Computer Group

[www.fccomputergroup.uk](http://www.fccomputergroup.uk)

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Broomridge Centre, Woodend Road Frampton Cotterell.

**Mon - Thurs 9.30am - 11.30am  
for each 2 hour session the cost is £2.50**

If you would like to join us please call Jill on:  
**01454 864442**



## Shopmobility South Gloucestershire are celebrating one of their volunteers winning a prestigious local award for his volunteering.

James Wiltshire won the South Gloucestershire Council Chair's Award 2017 for his work with the local Charity.

Shopmobility S. Glos Vice Chairman David Bell said "We are absolutely delighted to be celebrating James's well deserved success in winning this award. His efforts are greatly appreciated by all involved in the scheme and its many users."

Scheme project worker Sheridan Crew and Shopmobility Chair Councillor Janet Biggin submitted a citation detailing James' work for the Charity: - "James has been helping us at Shopmobility (South Gloucestershire) for nearly five and a half years and is always available to cover for the project worker in his absence. James covers at least one full day a week each week and will cover several days if required. James can identify and empathise with the needs of our members and their carers. James is always prepared to deliver a scooter to people with more severe physical disabilities to their car or bus stop.

The scheme provides a vital service helping people who have limited mobility to retain their independence and to use the facilities of the centre. You can also hire wheelchairs for

longer term if required. The Shopmobility South Glos. scheme is trying to work more closely with community transport groups to bring people with a disability throughout South Glos to the scheme in the Yate Shopping centre.

The service hires out battery powered scooters and also wheelchairs, to help people who have limited mobility to retain their independence and to use the facilities of the centre. You can also hire scooters and wheelchairs for longer term if required. If you have a S. Glos. Council Diamond card then you can use that on the service.

It has proved immensely popular and successful as it has enrolled many active users, who benefit greatly from its service.

**The Shopmobility office is open Tues and Friday 9.30am-4pm and Thurs and Sat 9.30-2pm Telephone 01454 868718 or 07999574474 for more information or e mail shopmobilitysouthglos@yahoo.com**

The Scheme has had funding from Scooter / Wheelchair Hire, Donations and from funders such as S. Glos Council, The National Lottery, Local Parish and Town Councils and other sources.

## 'A NIGHT AT THE MOVIES'

Following on from its NODA award winning concert last year, the Thornbury Musical Theatre Group invite you to join them for their Summer showcase which will take you on a cinematic journey, bringing you the best of the big screen tracks.

In this spectacular serenade of the silver screen, 'A Night at the Movies' will entertain you with singers and dancers galore, with music from a vast variety of films across the ages in the form of emotional power ballads, romantic duets and toe-tapping high-energy dance numbers. Looking to provoke memories, the concert includes songs about love, heartache, imagination, childhood and dance to name a few. For a fully immersive, wonderful evening of entertainment, join them at the Armstrong Hall in Thornbury, after which you will undoubtedly leave with a smile on your face, your toes still tapping and haunting melodies ringing in your ears. Don't miss this fantastic fiesta of your favourite film songs, complete with a live band, just like the good old classic films.

**There will be only two performances, on Friday 2nd and Saturday 3rd June starting at 7.30 pm.**

All tickets are £10. Bookable online now at [www.tmtg.org.uk](http://www.tmtg.org.uk). For enquiries call Angie at the Box Office on 07516 270140. Tickets will also be available at Lisa Costa Residential Sales and Lettings at 53 High Street, Thornbury from Saturday 29th April.

For more information about 'A Night at the Movies' and the group generally, take a look at [www.tmtg.org.uk](http://www.tmtg.org.uk) or e-mail at [membership@tmtg.org.uk](mailto:membership@tmtg.org.uk). You can also follow them on Facebook.



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CHURCHES TOGETHER  
EVENTS IN MAY



## SUPPORTING CHRISTIAN AID

Saturday 6<sup>th</sup> May : **BIG BREKKIE**

8.30-10.30am Zion Hall, Woodend Road

Friday 12<sup>th</sup> May : **FOLK MUSIC**

7.30-10.30pm Crossbow House, School Road

Saturday 13<sup>th</sup> May : **COFFEE & CAKE/SOUP LUNCH**

11am-2pm St Saviour's, Coalpit Heath

Friday 19<sup>th</sup> May : **QUIZ NIGHT**

7.30pm The British Legion, Ryecroft Road

Saturday 20<sup>th</sup> May : **PLANT SALE & COFFEE MORNING**

10am-1.30pm The Lilacs, Station Road, Iron Acton

**TRAIN RIDES & CREAM TEAS**

3pm-5pm Bridge House, Rectory Road

Sunday 21<sup>st</sup> May : **UNITED SERVICE**

6pm Medieval Barn, Winterbourne  
Preacher: The Bishop of Bristol



The Parishes of Frampton Cotterell, Iron Acton, Winterbourne and Winterbourne Down,  
in **THE DIOCESE OF BRISTOL**

*Dear Friends*

*As we move into May the countryside begins to burst forth into colour and as the daylight lengthens there is a real sense that summer is just around the corner. Both Christian and Pagan traditions have marked May with an emphasis on fertility, new life and hope. From dancing around the May Pole, with the 'Green Man' at the heart of many Morris dances, to the blessing of the fields at 'Rogation' and the Crowning of The Virgin Mary as Queen of May, this month certainly has it all.*

*Whilst Harvest Festival is still seen as the principal Christian festival connected with the land, in rural areas the marking of Rogation has also been significant for many years. Rogation as a Christian festival, high-jacked (as Christians often did) the Roman Pagan festival of Robigalia, when an animal was sacrificed to ask the God Robigus to protect the crops that year. Christians in our culture have marked Rogation by having a special service to bless the fields and the crops and festivities have often included a 'beating of the bounds'.*

*This year all the Churches of the Fromeside area are coming together for a special service to mark Rogation and our commitment to Christian Aid. It will be taking place on 21st May at 6pm in the Medieval Tithe Barn in Winterbourne and we are so lucky that the Bishop of Bristol will be there to share with us, as we will reflect on God's many blessings, for our unity as Christians and our commitment to care for the vulnerable and weak in our world, through the work of Christian Aid. The service will conclude with a traditional procession to bless the fields near the Barn, praying not only for the abundance of our harvests, but for the harvest of the whole world, especially in the vulnerable and fragile countries of the developing world.*

*Why not come and join us, rediscover an important part of our traditional culture, linked to a commitment to live out that great Christian virtue of 'love and care' for our neighbour.*

*Happy Rogationtide!!!*

**Revd Malcolm Strange**

Rector of the Fromeside Benefice



**A Flower Festival  
of Village Life**

**Celebrating 230 Years of Worship**  
**at Salem Methodist Church**  
**Watleys End**

**✿Saturday 13th May✿**  
Food Served 10am to 4pm  
Lunches Available at 12pm

**✿Sunday 14th May✿**  
Cream Teas 3pm to 5pm  
Songs of Praise Service  
6.00pm



## News from Winterbourne Evening WI

At our last Meeting we had the great pleasure of listening to a fascinating talk by Martin Horler on the subject of the Role of a Guard on the Royal Mail.

As we were expecting a guard on the

modern railways we were very surprised when a gentleman dressed in a red Frock coat and a Beaver Top Hat and carrying a Post Horn walked in!

Mr Horler and his wife have spent the last 30 years researching their subject and there is not much they don't know about it.

The first Royal Mail was commissioned by Charles 1st in 1635 but as he was then beheaded it was in 1637 that an Act of Parliament formed The Post Office, headed by Ralph Allen. This comprised of Post boys on horseback with the letters locked in their Post bags which was very slow, inefficient and prone to the mail being stolen as it was unguarded. In fact anyone sending money by Post boy was advised to cut the notes in half and send them by different routes. How they eventually got back together was not clear!

Eventually John Palmer and his father, who owned the Theatre Royal in Bath and Bristol, decided that a more secure method was needed as he had to get contracts and scripts and letters to performers, mainly in London, in order to put on his plays. There was usually only one copy made so he couldn't afford for it to get lost or stolen. His coaches ran daily from Bath and Bristol to London with mail and also paying passengers to help with the cost and eventually in 1780 the Post Office started running a very comprehensive service all over the British Isles and the present day system of arterial roads spreading out from London was formed.

There was always an armed guard on the coach who sat up front with the driver leaving room for three passengers on top and usually four inside. It was not a comfortable journey but the numerous coaching in stops along the way provided a welcome break and the chance of some food.

In 1820 the Turnpike Trust was formed by Act of Parliament to improve the appalling state of the roads. This required them to maintain 20 miles of road between their Turnpike Toll Houses in exchange for the right to charge tolls although the mail coaches were exempt.

The armed guard was entitled to shoot Highwaymen on sight without being charged as the mail was so important. The first mail coach in 1780 from the Nails in Bristol took 16 hours and by 1820 this was reduced to 11 hours from Bristol to the Main Post Office at "The Swan With the Two Necks" Pub in London.

In 1820 the cost for a passenger from London to Bath was 24 shillings one way. As a guard earned Half a sovereign a week (10 shillings) coach travel was very expensive.

The Guard was a very important person and the job was highly sought after, especially as he was provided with a new Red Coat every year and of course his beaver hat. Many ex-army men were employed as they were able to use guns. By this time there were 259 Mail Coaches with their guards leaving London every night at 8.00pm and the same number returning overnight.

Mr Horler ended his talk by playing all the calls used on the Post horn, such as "The Mail is coming, make way", "I am going to pass you on the left or right", "The Mail Coach is coming in for fresh horses, so get the Ostlers ready", nothing was allowed to get in the way of the mail. In fact the Mail Guard was fined if he didn't keep to schedule. A very responsible job indeed and thanks were given by Sue Wilkins to Mr and Mrs Horler for such an informative talk.

**We meet at the St Michaels Room in Winterbourne High Street and are always pleased to see visitors.**

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email: [adrian@hardstaxservices.co.uk](mailto:adrian@hardstaxservices.co.uk)

## Frampton Cotterell and Coalpit Heath Village Diary

### May 2017

**Thur 4th - Community Singalong**, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes.

T: 07792 495367 [hilary.jay@curo-group.co.uk](mailto:hilary.jay@curo-group.co.uk)

**Fri 5th - Quiz**, Crossbow, 8pm. £1.50 ppn. Tel: 01454 772947 e. [crossbowhouse@gmail.com](mailto:crossbowhouse@gmail.com)

**Sat 6th - Table Top Sale**, Coalpit Heath Hall, 1-3pm. Table £5, bookings 07920 145325.

**Tues 9th - Community Coffee Morning**, WADCA, 10.30 - 12.30. All welcome.

**Wed 10th - Carer's Club**, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925

**Fri 12th - Folk @ Frampton**, Crossbow, School Road, 8pm, Small charge. All welcome.

**Saturday 13th May - A Flower Festival of Village Life**, Salem Methodist Church, Watleys End. Food served 10am - 4pm.

**Sunday 14th May - A Flower Festival of Village Life**, Salem Methodist Church, Watleys End. Cream Teas 3pm - 5pm. Songs of Praise Service 6pm.

**Wed 17th - Community Coffee morning**, Manor Hall, Coalpit Heath, 10am - 12.00. Sponsored by NISA. Alison Allan Tel: 07873 747513 for more details.

**Thu 18th, Fri 19th & Sat 20th** Winterbourne Players present The Rose & Crown (by JB Priestly) and Hell and High Water (by Leonard Morley), WADCA, 7.30pm.

**Fri 19th - Bingo**, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel: 01454 772947.

**Sat 20th - Jazz at the Barn**, Winterbourne Medieval Barn, 6.30pm - 9.30pm. UWE Jazz band and singer, beer, cider, food. See website [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Tues 23rd - Frampton Cotterell WI**, St Peters Hall, School Rd, 7.45 - 10pm Tel: 01454 773426 Tel: 01454 773426 or 01454 778900 e. [marycroberts@talktalk.net](mailto:marycroberts@talktalk.net)

**Wed 24th - Forget-me-not Singalong Group**, Zion, 2pm-3.30pm. For local people who enjoy a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.

**Thur 25th - Community World Dance**, 2 - 4 pm, Zion Church Hall. All welcome. £3 incl tea.

### June 2017

**Thur 1st - Community Singalong**, Crossbow, 2pm - 3.30pm. £3 includes tea and cakes. Tel. 07792 495367 [hilary.jay@curo-group.co.uk](mailto:hilary.jay@curo-group.co.uk)

**Fri 2nd - Quiz**, Crossbow, 8pm. £1.50 ppn. Tel. 01454 772947.

**Fri 9th - Folk @ Frampton**, Crossbow, School Road, 8pm, Small charge. All welcome.

**Sun 11th - Medieval Fayre**, Winterbourne Medieval Barn, 11am - 4pm, £3. A full day of re-enactments of medieval life, cooking, crafts, weapons, fighting, plus falconry, medieval music, stalls, food and drink, and more. [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Tues 13th - Community Coffee Morning**, WADCA, 10.30 - 12.30. All welcome.

**Wed 14th - Carer's Club**, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925

**Fri 16th - 'The Inflatable Sharks'**, Live Band, WADCA, Doors open 8pm. Tickets £8 from [www.ticketsource.co.uk/date/334001](http://www.ticketsource.co.uk/date/334001) or Tel: 01454 776268.

**Fri 16th - Bingo**, Crossbow, 8pm. £1 for 5 games and 50p for snowball. Tel: 01454 772947

**Wed 21st - Community Coffee morning**, Manor Hall, Coalpit Heath, 10am - 12.00. Sponsored by NISA. Tel: 07873 747513 for more details.

**Thur 22nd - Community World Dance**, 2 - 4 pm, Zion Church Hall. All welcome. £3 incl tea.

**Sat 24th - Basket Weaving Workshop**, Winterbourne Medieval Barn, 9.30am - 4pm Cost £45. Bookings tel. 01454 778436 [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Sat 24th - St Saviour' Church Summer Fair**, 2pm on the Glebe Field.

**Sat 24th - Floral Hat Festival**, Zion Church. Email: [floralfriendsofframpton@gmail.com](mailto:floralfriendsofframpton@gmail.com)

**Sun 25th - 'A Story of Early Music'**, Winterbourne Medieval Barn, 2.30pm. An entertaining journey with period instruments. Gates open 1pm for picnics. Tickets £10 (£5 child). [Ticketsource.co.uk](http://Ticketsource.co.uk) or Daisy's Coffee Shop or on gate. [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Tues 27th - Frampton Cotterell W.I.** St Peters Hall, School Rd, 7.45 - 10pm Tel: 01454 773426 or 01454 778900 e. [marycroberts@talktalk.net](mailto:marycroberts@talktalk.net)

**Wed 28th - Forget-me-not Singalong Group**, Zion, 2pm-3.30pm. For local people who enjoy a singalong. Carers welcome to stay. Details from Jean 01454 775786 or Rona 01454 886925.



## South Gloucestershire Council Chair's 2017 Community Awards winners announced

Nearly thirty unsung heroes and their families attended the Chair's Community Awards at South Gloucestershire and Stroud College's WISE Campus in March.

The annual awards recognise and celebrate the valuable contribution local unpaid volunteers make to life in South Gloucestershire. These people give up their time freely to help others and bring our communities together, and were rewarded for their efforts at the special ceremony.

Chair of South Gloucestershire Council, Cllr Erica Williams attended along with the Lord Lieutenant of Gloucestershire Dame Janet Trotter and Vice Lord Lieutenant Robert Bernays, Group Chief Executive & Executive Principal of South Gloucestershire & Stroud College Kevin Hamblin and Principal and Deputy Chief Sara-Jane Watkins.

Throughout the evening award winners from across South Gloucestershire and from a wide variety of backgrounds were presented with their certificates by Cllr Erica Williams and Sara-Jane Watkins. The final round was the Lord Lieutenant's Special Award, which saw Dame Janet Trotter and Robert Bernays present £100 to Diya Barot and George Beaven for their valued services as mentors and anti-hate crime ambassadors in South Gloucestershire.

Diya Barot and George Beaven became anti-hate crime ambassadors two years ago when Southern Brooks piloted a project at Abbeywood Community School. Since then, they have used their training to mentor victims and perpetrators of hate incidents. Diya and George also volunteer at a local primary school after school club.

Chair of South Gloucestershire Council Cllr Erica Williams said: *"I have been consistently amazed and inspired by the number of people from across our area who dedicate so much of their precious time in a voluntary capacity. These awards are a small way of recognising the effort and tireless service which volunteers provide for their local communities, and to say thank you to just some of them for continuing to make South Gloucestershire a great place to live and work. Choosing from the nominations for this event has been a heart-warming and yet difficult task. All the nominees were clearly highly respected and admired for their commitment and hard work. It has been humbling to read all of the citations and I consider it to be one of the highlights of my role to be able to honour our award winners."*



Principal and Deputy Chief, Sara-Jane Watkins said: *"SGS College is delighted to support the Chair's Community Awards. It is important to acknowledge the people of South Gloucestershire that selflessly enrich our community."*

The annual awards event is sponsored by South Gloucestershire & Stroud College and offers the perfect opportunity to celebrate the hard work and dedication of volunteers in the community who display outstanding commitment in giving up their time and effort to help others. The evening also saw students from the Level 3 Musical Theatre Year 2 group, based at WISE campus of South Gloucestershire and Stroud College, perform some of their latest productions.



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## What can Hypnotherapy do for you? by Catherine Smart, Clinical Hypnotherapist



I have been working as a Clinical Hypnotherapist for 11 years and have helped people to make positive changes in their lives. I work with many issues such as managing stress and anxiety, fears, phobias, stopping smoking, Irritable Bowel Syndrome and many more.

For those who are struggling to lose weight I am now offering a virtual gastric band hypnosis course which offers all the benefits of a gastric band but without the risk of a surgical invasive procedure. The course is over 4 or 5 sessions, complete with a 'virtual gastric band surgery hypnosis', helping to change lifelong poor eating habits along with accompanying audio recordings.

I also am a qualified Easibirthing practitioner for Fertility and Childbirth, which uses hypnosis to help women to learn how to prepare for a positive childbirth experience resulting in a safe, comfortable and easier birth. Hypnosis for Childbirth uses self-hypnosis, relaxation, visualisation and breathing methods to prepare the mind and body for birth. I help expectant mothers to reach a state of deep relaxation, maintaining control over the process of labour and develop a positive attitude, enabling mothers to go into labour feeling calm and confident.

Using hypnosis for fertility issues can help couples manage the pressure of undergoing IVF and the emotional toll of fertility treatments, reducing stress levels, helping to transform negative thought patterns and teaching self hypnosis and relaxation techniques. If you are about to start an assisted fertility cycle, hypnotherapy can help you to feel mentally, emotionally and physically prepared and is a very powerful way to overcome any fears or phobias you may have which may be impacting on your treatment, such as fear of injections, fear of childbirth etc. Relaxation techniques and visualisation for IVF helps to increase the effectiveness of the treatment, increasing the chance of a successful outcome.

Give me a call on **07964 991689** and I will be pleased to discuss any of the above with you.



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- Stress and anxiety



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Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

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## News from the Friends of Brandy Bottom Colliery, Pucklechurch

2016 was a very busy year and considerable progress was made on the conservation of the site. The AIBT would like to thank all those who helped make it so successful, not just by working on site, but by bringing their equipment to the mine

to make certain tasks easier. Others have donated materials for specific tasks, or given their time to negotiate with Historic England, Ibstock Brick, our contractors, or to raise funds for restoration work. Not to forget the backroom tasks of recording what has happened, and the cleaning, cataloguing and storage of the artefacts.

In the last letter the partnership between the AIBT and Historic England was highlighted. However it must be pointed out that it is in fact a three-way partnership between the AIBT, Historic England and Ibstock Brick. Ibstock own the land and have leased part of it to the AIBT at a peppercorn rent, allowing us to work on the conservation of the site. They have agreed to extend the leased area to enclose features, such as the fan engine house, that we have discovered since the fence was put up, and have also provided material assistance to the project, such as the recent tree felling. The AIBT would like to thank Ibstock for their assistance to the project.

There were 55 work parties in 2016, compared to 29 in 2015. While the main emphasis in 2016 was on the Old Pit, in 2017 it should be the turn of the New Pit. The intention is to give the tops of the heapstead walls the same treatment as those of the Old Pit heapstead, to rebuild the windows and doors of the Horizontal Engine House, and to extend the fenced area to enclose the Fan Engine House. We have applied to a new funding body for

a grant to pay for the cost of employing masons, though we are still waiting for the outcome of the application. Historic England has agreed to pay for a set of interpretation boards, which are currently being designed.

The outlet to the pond was cleared of rubbish in November, and the resulting drop in water level has uncovered another culvert feeding water into the area.

The top of the Old Pit heapstead was tidied up in December and early January. The ground was levelled off and the remains of some bushes removed and the stumps of two oak trees were uprooted.

The bushes have been cleared from along the fence running between the New Pit enclosure and the cycle path. While this will allow passers-by to get a better view of the buildings, the main intention was to give us room to erect scaffolding along the side of the heapstead for the repair of the walls.

On the assumption that the conservation work will go ahead, a start was made on the archaeological investigations along the tops of the New Pit heapstead walls. This will allow us to finish the task before the arrival of contractors, and the information gained on the state of the walls also helps to fine tune the tender specifications. After scaffolding had been erected at the north-eastern end of the heapstead, the ivy was removed from the face and top of the wall. Given that old maps show there were railway lines running alongside, it is thought that this wall will contain some tippler slots similar to those found on the Old Pit.

There have been sufficient volunteers at recent work parties to split into several groups. As a result investigations have resumed in the area outside the south-east wall of the Cornish Engine House, where it is thought that the settings for an egg-ended boiler had been found in October 2016. A test pit dug at the southern corner contains some brickwork, but it



*Erecting scaffolding along the north-west wall of the New Pit heapstead.*



*Working on the top of the north-west wall of the New Pit heapstead.*

is not possible at this point in time to say whether this is the other end of the settings. The curved brickwork has not yet been found. However it may have been damaged when the boiler was removed for scrap. Work in this area continues.

Ibstock's tree surgeons cut down a number of trees and large bushes in early February. This included the large spreading willow at the northern corner of the New Pit heapstead, plus many of the bushes along the fences on the cycle path side of both enclosures. As a result passers-by on the cycle path now have a better view of both the Old and New Pit heapsteads and the Horizontal Engine House. The contractors have also cut down two trees near the Fan Engine House, as they would have interfered with the new alignment of the boundary fence. The AIBT would like to thank Ibstock for this contribution to the conservation plan.

### Future Work Parties

**At present access to the site is limited to days when there is a work party in progress. The dates for work parties in 2017 are:**

**May: Sat 06, Wed 10, Sat 20**

**June: Sat 03, Wed 14, Sat 24**

**July: Sat 08, Wed 12, Sat 22**

*Please note that these dates may be altered at short notice, so newcomers are advised to first make contact via the AIBT's email address of [info@aibt.org](mailto:info@aibt.org).*

There is now a location map on the website, currently accessible only from the 'Location and Public Access' section of the main Brandy Bottom page. A description of how to get to the site from the car parking area, and links from other Brandy Bottom pages, will be added shortly.

**To receive an e-mail with a detailed newsletter on all the recent activity that has taken place, please e-mail: [info@aibt.org](mailto:info@aibt.org) or visit [www.aibt.org](http://www.aibt.org)**

**Photos featured thanks to R H Whitworth (© R H Whitworth 2014, 2016, 2017).**



*The Old Pit seen from the top of the Horizontal Engine House, a view that was not possible until the trees had been cut down.*



*The fence along the New Pit enclosure is being cleared of bushes.*

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on the platform at Avon Valley Railway

### 2.00-5.00pm

12<sup>th</sup> April, 3<sup>rd</sup> May, 14<sup>th</sup> June, 28<sup>th</sup> June, 12<sup>th</sup> July, 26<sup>th</sup> July, 9<sup>th</sup> August, 13<sup>th</sup> September and 27<sup>th</sup> September

**Music Train departs at 4.00pm & 4.30pm**

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If the Music Train times are not suitable for your group or organisation, or to pre-book your tickets contact Liz Gray 01173 8272 [avonvalleymusictrain@gmail.com](mailto:avonvalleymusictrain@gmail.com)

Pay for and collect pre-booked tickets for The Music Train near the buffet bar not from the main ticket office.

This event is part of the Community Express initiative by Liz Gray and Milestones Trust which provides activities for the community. Information will be available at each event from Well Aware to signpost people to services and activities that will improve their health and wellbeing.



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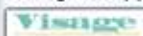
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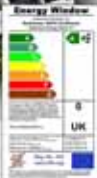
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