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# Winterbourne & Frampton

*including Coalpit Heath & Winterbourne Down*

## Matters

April 2016



Hurray for World Book Day!

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## Dear Residents,



This month we are pleased to welcome Spring with all the beautiful seasonal bulbs beginning to bloom around the village and hedgerows. As well as a change in the seasons, this edition of your community magazine is brought to you by some new contributors - Kerry and Jaci. As editors of neighbouring Community Matters magazines we are now pleased to be involved with the Winterbourne edition too. Many of you may already have heard from either ourselves or Andrea as we have all gradually been getting involved with the magazine over recent months; for those that haven't we hope to be in touch with many of you in the future.

We are all friends, and would like to take this opportunity to thank Wendy for all of her efforts with the magazine, we are sure you will agree she has done a fabulous job over the last 6 years. You will still see her smiling face around as she remains a happy, local resident.

As you can see by our front cover picture, local schools enjoyed celebrating World Book Day with some fabulous costumes, we hope you enjoy reading what fun was had by Elm Park and The Ridings' Federation of Academies.

Plans are now well underway with Winterbourne Down's Village Carnival, it promises to be bigger and better than ever! We are pleased to share with you some of the wonderful activities they have in store, starting with the 'Mystical Creatures' theme for fancy dress.

If you are a local group or resident that has some news to share, please do get in touch, we would love to hear from you. Best wishes to you all,



Kerry & Jaci x

[community@mattersmagazines.co.uk](mailto:community@mattersmagazines.co.uk) 01454 300900

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## Lots to Celebrate at Elm Park Primary School

The local primary school had great fun celebrating World Book Day. The children embraced the occasion and looked fantastic!

They were delighted to be visited by award winning Children's writer Helen Docherty. The popular author assisted with some writing workshops at the school, which produced some extremely creative writing from the inspired pupils.

The school are also happy to celebrate there recent, successful Ofsted inspection. The school was judged as 'good' in all areas. It was pleased to be recognised for its motivated and responsible children, positive learning climate with aspirations for all children and passion for sport.

Great work Elm Park!



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## Winterbourne Musical Theatre: 40 Years On!

Winterbourne Matters was delighted to hear from the Winterbourne Musical Theatre Group, which is celebrating its 40th anniversary with their forthcoming performance of *Patience*.

It was in 1975 that the idea of forming a group to be called The Winterbourne Singers was suggested by the late Edward Bailey the Rector, The Rev. Roger Clifton and Steve Bedell the organist, who invited members of the congregation of St Michael's Church to join with the purpose of staging one of Gilbert and Sullivan's operas.

Among those who expressed an interest was the Head of The Collegiate School (now Silverhill), Miss J. Cable. As a result the theatre

of the school was the venue for the first production – "Trial by Jury" – 40 years ago this year! Productions were staged there until 1994 when the school was sold and the Winterbourne Community Centre thus became the new home for the group.

From the outset it was very much a family affair with both parents and children appearing together in many productions. In 1978 there were three members of the Massey family in the cast list of "The Mikado". Happily this is still true today as George Lunt and his daughters will all be performing in "Patience" this April.

Three of the group's current members are celebrating their 40th year with the company, Ted King, David Massey and Barbara Smith who are all in their eighties!

Times change. For the first 20 years the company only performed Gilbert & Sullivan, but changing tastes lead to a greater variety of programme. The group was renamed Winterbourne Operatic Society in 1981 and several years later became Winterbourne Musical Theatre, this reflecting more accurately the type of show being staged. In 1994 they were accompanied by an 18 piece orchestra – today it is just a piano!

This April, in celebration of its 40th Anniversary year, the Winterbourne Musical Theatre is going

*The Mikado" in 1978. Ted King is far right and David Massey centre back (without beard).*



back to its routes by performing Gilbert & Sullivan's *Patience*. The play satirizes the "aesthetic craze" of the 1870s and '80s, when the output of poets, composers, painters and designers of all kinds

was indeed prolific — but, some argued, empty and self-indulgent. This artistic movement was so popular, and also so easy to ridicule as a meaningless fad, that it made *Patience* a big hit. The topical nature of the story may make *Patience* somewhat less accessible to some modern audiences, and Gilbert & Sullivan fans tend to have strong feelings one way or the other about *Patience*.

Synopsis: All the well-born young ladies in the village, rapturously caught up in aestheticism, are in love with two contrasting aesthetic poets — a "fleshy" poet and an "idyllic" poet. But the poets

are both in love with *Patience*, the simple village milkmaid, who cares nothing for poetry. *Patience* learns that true love must be completely unselfish—it must wither and sting and burn! The girls' military suitors don't see the point to aesthetics, but they decide to give it a try to win the women's hearts. It is touch and go for awhile, but everyone ends up with a suitable partner, even if it is only a tulip or lily.

**Winterbourne Musical Theatre is a lively and friendly group who make everyone welcome. They meet at the Winterbourne Community Centre at 7.30 every Thursday evening and are always on the lookout for new (and certainly younger) talent. Why not go along and join in? You never know what you can do until you try!**



*"Salad Days" from 2005. Barbara Smith is in the red hat.*



*"Songs that Won the Wars" are most recent show and the gent is David Massey.*

Winterbourne Musical Theatre.  
**40th Anniversary Production.**

**PATIENCE**  
(Or Bunthorne's Bride.)  
By W.S. Gilbert & Sir Arthur Sullivan.

Wednesday 20th April to Saturday 23rd April 2016

Winterbourne Community Centre,  
Watleys End Road, Winterbourne, BS36 1QG

Tickets £9 Telephone 01454 317408



## News from Winterbourne Down WI Report

At our March meeting we had Martyn Poole give us a most entertaining account of his work and involvement in the SOUP RUN for the homeless in Bristol.

He explained how things have changed over the 30 years he has been running this venture, with the change of drinking hours and cheap strong larger making it worse and more vulnerable for the people living on the streets, sleeping in doorways and on park benches.

Martyn told us some personal and moving stories of a few characters he had met when handing out socks, razors, toothbrushes and blankets. Some people hide their blankets in black bags in the middle of roundabouts during the day. Martyn's band of ladies cook soup and even pizzas! It was a most interesting and moving talk.

During this last month members have been to some good events, including a one act play about Mrs Beeton followed by a cream tea, a dance afternoon and the Group darts competition.

We have been successful with our skittles competitions and won the Group skittles. We had a very well supported coffee morning at one of our member's homes which everyone enjoyed.

Our next meeting is on Thursday 7th April with Nicola Eaton from the Really Expensive Chocolate Company. This will include tastings.

On Thursday 5th May we will be holding the Resolution meeting.

Don't forget to come to our cake and jam stall at the May Day Carnival on 2nd May!

All are welcome to join us at 7.30pm in All Saints Church Hall.



## News from Frampton Cotterell WI

This February, we all had a wonderful time at the annual Frampton Cotterell WI dinner, which was held at the Alveston House Hotel in Thornbury, on the evening of Tuesday the 2nd. The good food and excellent company certainly brightened up a very chilly winter night!

For our February members meeting on the 23rd, Lou Vigers from The Cabin, on Beesmoor Road came along to show us all how to up-cycle old, previously unwanted picture frames. This was a fascinating talk as Lou has taken various courses ranging from upholstering to painting, which allows her to update and transform furniture items including chairs, tables, cabinets, pictures and mirrors.

For the picture frames, Lou tends to use chalk paint as it needs no priming or sanding beforehand. After application, the paint can be "distressed" using sandpaper and then a soft clear wax is applied to protect and intensify the colour of the paint.

Lou gave us plenty ideas for items that can be framed - not just photos and pictures, but also maps, silhouettes cut from wallpaper samples, blackboards, old sheet music and pages from vintage comics or magazines.



As well as encouraging others to "have a go" and see what they can achieve, she also takes commissions to up-cycle and restore specific furniture items.

In March, Richard Drew from Frome Valley Voice will be coming in to meet us all and to talk about the publication. Other events coming up over the coming months will include more craft demonstrations, a Beetle Drive evening (April 12th), a chance to learn about and try Morris dancing and a presentation from a local award winning gardener. So there is lots to look forward to this coming year, as well as our summer meal out (venue as yet tbc) and our involvement in the Frampton Festival in July.

We're happy to report that our darts team is currently doing rather well too - not wishing to tempt fate, however the new year has got off to rather a good start as we have won both matches against local teams so far - it must be the good luck brought to us by our new team shirts! (And the supreme sporting skills and focus of the team members of course!).

Visitors are welcome to our monthly meetings at St Peter's Hall on School Road at 7.45pm, on the fourth Tuesday of the month. There is a charge of £2.50 for the evening and any new members can join by paying a membership fee. Special interest groups that meet separately including a book club, choir and our skittles and darts teams.

Please search FramptonCottWI to find out more, and do like our page.

### PUBLIC CONSULTATION

Wednesday 13<sup>th</sup> April 2016

St Michael's Church  
The Old School Rooms  
Stoke Gifford  
2-8 pm 'drop in' event

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## News from Coalpit Heath WI

The March meeting was slightly re-arranged as the West of England MS centre, had to cancel on us, luckily Nicola Eaton from the Extremely Expensive Chocolate Company was able to stand in at the last minute. Nicola has visited us before and always brings samples of her delicious chocolate – this time champagne truffles, and caramel and ginger chocolates. Nicola demonstrated how to make the truffles and also brought chocolate for us to buy – which was handy as mother's day and Easter were imminent.

Once again our ladies brought Easter eggs to the meeting for distribution to the local food bank. We also had our Easter raffle and some of us were lucky enough to win lovely prizes of hampers and chocolate eggs.

With all the talk of chocolate it is probably just as well to remind ladies of the Midnight Walk for St Peter's Hospice in July – please remember to register at the next meeting if you are interested.

Some of our ladies were lucky enough to be invited to Thornbury Castle for a tour of the Castle and also afternoon tea. They had a very enjoyable time and are keen to visit again. The Ladies that Lunch dining experience is high up our list of forthcoming events on Monday 9th May.

The third round of the skittles tournament was held at the Miners Club in Coalpit Heath against Falfield WI. Despite illness, Sue (the Sniffles) Keel and Joan (Chesty cough) Claydon did not let the side down and helped our team to a win! The final score was 139 v 121 with our Captain Marcia Caple being our top scorer, with 31. Joan was close behind with 30 in spite of having a foot fault which took off 4 points – what she will do when fully fit we are keen to see.

*Our meetings are held at St Saviours Church Hall, Coalpit Heath on the first Wednesday of every month – start time 7.45 pm, new members are welcome.*



## Events at WADCA

(Winterbourne & District Community Association)

**Watleys End Road, BS36 1QG.**

**There are a number of fundraising events to attract new people to this fantastic community centre and raise money to repair the roof!**

**Saturday 2 April, top Rock and Roll band "The Alligators"** return to do a fundraising gig for WADCA. 50s and 60s music from Elvis, Roy Orbison, Chuck Berry, etc. Doors and bar open from 7.30pm. Tickets are £8 in advance, or £10 on the door (subject to availability - numbers are limited to allow plenty of room for dancing!). Contact Vicky Tel 07710 626746 or email WADCA at [ca.winterbourne@gmail.com](mailto:ca.winterbourne@gmail.com)

**Saturday 9 April, Fun Picture-based Quiz** at WADCA at 8pm. Tickets £5 in advance (includes light refreshments) from Margaret Tel 01454 773370. Teams of 6 can be put together on the night if not pre-booked as a six. Doors and bar open from 7.30pm.

**Wednesday 20 - Friday 22 April**, at 7.30pm, **musical comedy "Patience"** at WADCA. Also Saturday 23 matinee at 2.30pm. Tickets £9 from Anne Tel 01454 317408.

**Thursday 21 April, Coffee Morning** to celebrate the Queen's 90th birthday, 10am - 12 noon at WADCA.

**Friday 22 April, Craft Night** making knitted brooch, at WADCA 7.30pm - 9.30pm. Tickets £10 in advance Tel 01454 776268 or email [ca.winterbourne@gmail.com](mailto:ca.winterbourne@gmail.com).

**Thursday 12 - Saturday 14 May, Winterbourne Players present 'Bazaar and Rummage'** by Sue Townsend, at WADCA, 8pm. Tickets £7 Tel 07899 808943.

**Saturday 21 May, Community Centre Disco**, at WADCA, 7.30pm.

**For more details about WADCA please see [www.wadca.co.uk](http://www.wadca.co.uk).**



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## Growing Support

Growing Support is a local organisation supporting older people and people living with dementia to enjoy the garden and stay

connected with their community. We deliver 'social and therapeutic' gardening activities which basically means running gardening clubs with fun, engaging activities specially designed to increase opportunities for light exercise, sensory stimulation and social interaction.

Most people recognise that spending time outdoors, connecting with nature or being active in the garden makes us feel better. Studies show that regular gardening as part of a group can help people with dementia feel a renewed sense of purpose and belonging, reduce agitation and improve sleep and appetite. Yet as people grow older, particularly if they have dementia, they are less likely to be active and more likely to lose the confidence to leave the house, spend time outdoors or meet new people.

Growing Support runs thriving gardening groups across Bristol, with many groups being run in Care Homes in the Winterbourne area. Our typical gardener is over 70 and living with day to day challenges such as difficulty following instructions, problems remembering how to do small tasks, limited mobility or issues with sight or hearing. And yet, our gardeners are always working hard completing all kinds of jobs such as growing and harvesting food crops, creating colourful flower displays and fragrant herb gardens or helping attract wildlife by making bug hotels or bird cakes.

Local volunteers are key to a great gardening group. They provide individual support for the more difficult tasks so that everyone can take part and feel a sense of achievement at the end of the session. An important part of their role is to create a cheerful social atmosphere, chatting with the gardeners and



encouraging reminiscence and story telling.

Perhaps the best way to describe what we do is through the experience of one of our gardeners: Doreen was very agitated and upset when she arrived at the gardening club. Care staff commented that she was 'inconsolable, no matter what we try'. A Growing Support volunteer walked around the garden with her and they chatted until she became calmer. The group leader then supported her to plant flowers using accessible tools. After an hour Doreen was much calmer and interacting with the rest of the group, laughing when they laughed, and contributing to group activity. Care staff were amazed at the change in her!

It is this kind of positive impact on behaviour and mood that Growing Support wants to share with more people across Bristol.

New volunteers are always made very welcome by the friendly team. Full training is provided along with regular social events to help get to know fellow volunteers and share ideas and experiences.

If you would like to find out more about our work please visit our website <http://growingsupport.co.uk/> or if you have a query about volunteering please contact Sam on [volunteers@growingsupport.co.uk](mailto:volunteers@growingsupport.co.uk) who will be happy to help.



FLORAL  
FRIENDS  
OF FRAMPTON



## An update from – Floral Friends of Frampton

**TOP SOIL** – Thanks are due to local builders Draisey and Company, who are restoring a house in Church Road and kindly donated about 4 tons of good quality topsoil (with some bulbs growing in it) for us to top up the hollows in the Woodend/Beesmoor strip – daffodils are already flowering here. Spare topsoil has been bagged up in preparation for the proposed raised vegetable planters at the planned future Sensory Garden at the Brokeridge Centre.

### COMMUNITY ORCHARD

A group of school children from Watermore School, assisted by volunteers from Village Action and Floral Friends, planted some Frampton Magnum Plum Trees in the community orchard. Once common in the village, this heritage variety still exists in people's gardens and in forgotten corners of the village. Graham White, "Mr Fruit" identified some existing trees and has grown some saplings which have now been planted for all to enjoy in a few years time.

### SPRING FAIR – A DATE FOR YOUR DIARY

**Floral Friends will be holding a Spring Fair on St George's Day – Saturday April 23rd 2016 – at the Brokeridge Centre (10.30 am – 2 pm).**

Plants and homemade cakes will be on sale, refreshments will be available. Donations of plants would be much appreciated (email [floralfriendsofframpton@gmail.com](mailto:floralfriendsofframpton@gmail.com)). All proceeds will be used to continue our work with plants and flowers around the village, making it a better place to live.

Do you have an hour to spare? If so, why not join us in helping to make the village a better place to live – full details are on our webpage <http://fframpton.wix.com/frampton-cotterell>.

A Floral Friends of Frampton Village Event to raise money for flowers in our village



## St George's Day Fayre



Date: Saturday April 23<sup>rd</sup> 2016

Time: 10.30 am – 2.00 pm

Venue: The Brokeridge Centre, Woodend Road, Frampton Cotterell

Have lots of fun at our St George's Day Fayre!



A Floral Friends of Frampton Event  
to raise money for flowers and plants around our village.

[floralfriendsofframpton@gmail.com](mailto:floralfriendsofframpton@gmail.com) / <http://fframpton.wix.com/frampton-cotterell>



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## Fired Up Netball Club

Winterbourne Matters was delighted to find out more about a relatively new social netball club training twice a week in Winterbourne.

Fired Up Netball Club started just over a year ago with the aim of providing a friendly and sociable way for ladies to get back to playing netball, meet new friends and get fit at the same time. The group usually plays on the outdoor courts at Fromeside Community Centre, next door to the gymnastics club on a Tuesday evening (7 – 8pm) and also on Saturday mornings (9.30 – 10.30am). However the Tuesday session has currently moved to the Jubilee Centre in Bradley Stoke to take advantage of the floodlights - it will be back in Winterbourne from the beginning of April.

Understanding that everyone has lots of work and life commitments, the club goes the extra mile to make it as flexible as possible. Some ladies are able to train regularly whilst others only train when they can, and this is completely fine. A regular weekly commitment is not expected but obviously it is lovely to see ladies returning week on week and really enjoying having fun whilst having a workout! Fired Up Netball play friendlies with local teams and have also taken part in a few Back to Netball tournaments. There are also regular social events.

You don't need to have any previous experience of playing netball as all the rules are explained. Most of the current group hadn't played since school (which for some was a very long time ago!) The club is open to ladies over 30 of any level of fitness and ability. They have just run some Back to Netball sessions through Avon Netball and have welcomed more new players back to the court, which is great. Hopefully some of our readers will be encouraged to go along and try out your netball skills (good or bad!).

**If you would like any more information please contact Catherine Neck on 07773 658446 or email [Catherine.neck@btinternet.com](mailto:Catherine.neck@btinternet.com).**



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### Wednesday

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Frampton Cottrell C of E  
Primary School, 7.30pm  
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07815 759118

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## Community Noticeboard

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Elm Park Primary School, Nicholls Lane, Winterbourne, Bristol BS36 1NF

Mind, Body & Spirit Show  
Coalpit Heath Village Hall  
Saturday 16th April  
11am to 5pm  
£1 entry all day ticket, come & go as you please

Hi, We are a young couple looking for our first house in this area. We have a good deposit and a mortgage in place; if you are looking to sell your house now or in the very near future please consider contacting us directly, to cut out the 'middle man fees'. This is a genuine search we are in rented locally and don't have to give any notice as it is a relatives house, so no chain and no hold ups.

Many Thanks Sian and Tom

Sian – 07974 740054

Tom – 07583 577636

## DOWNEND HORTICULTURAL SOCIETY

Affiliated to the Royal Horticultural Society, National Vegetable Society & the Gloucestershire Federation of Gardening Societies.

Our meetings & shows are held at the Downend Assembly Hall, Salisbury Road, Downend, Bristol BS16 5RA.

Our next meeting on April 14th at 7.30pm is our Spring show.

Our Summer Show is on 20th August 2016. The show is open to anyone to enter and there are prize cards & cups for the winners. Exhibits must be staged between 8am & 10.50am

The show opens to the public at 2pm

Please see [www.downendhortsoc.co.uk](http://www.downendhortsoc.co.uk) for details or telephone Hilary Walton on 0117 9792832 or Roger Davis on 0117 9571763

From September to May we meet on the second Thursday of the month at 7.30pm. Our evenings start with tea/coffee and homemade cakes or biscuits. From about 8pm we listen to a speaker on an horticultural related subject until about 9pm.

Non-members are always welcome (Entry £2.00)

We are a friendly group of gardening loving individuals come and join us when you can.

Come and find out what goes on in your local church.

St Michael the Archangel Church in Church Lane, Winterbourne, will be holding the Annual Church Parochial Meeting on Sunday 17th April 2016

at 12 noon, after the morning service.

Tea/coffee and cake will be served.

You will be most welcome to come



Spring/ Summer at Bethesda  
Winterbourne Down

Dates for your diary:

Joint Carnival Songs of Praise  
1st May at 6pm – All welcome

Invitation to all – Picnic and games at Blaise Castle 11th June (time tbc.)

Invitation to all – BBQ at the Church 16th July

## Flying Teddies!

At St. Peter's Church  
Frampton Cotterell

Sunday May 1<sup>st</sup>  
12.30 until 5pm

A fun event for Children, Teddies and their families!

Children will make a parachute for their favourite Teddy (or small soft toy) in a workshop. When completed, the children and their family will watch as their Teddy is launched from the church tower.

Cost £2 per Teddy



The best size of teddy for a successful descent is around 20cm high.  
So search out your teddy now and bring the family along for a great time!

Tea, Coffee and cakes will also be available in the church.

In case of bad weather the event will be moved to Monday May 2<sup>nd</sup>

## OPEN GARDEN DAYS

Sat July 2<sup>nd</sup> and Sun July 3<sup>rd</sup> 2.00pm – 5.00pm  
Nutridge, Ram Hill, Coalpit Heath, BS36 2UF  
Admission £3.50. Children under 16 free.

A three acre garden with perennial beds, trees, shrubs and open spaces.

Refreshments incl. Cream Teas and plants for sale. Musicians will perform in the garden during the afternoons.

Proceeds in aid of Genieri, the African village linked with Yate  
Charity no. 1057814 [www.yate-genierilink.org](http://www.yate-genierilink.org)



## News from The Ridings' Federation of Academies

**Medal haul at Bristol Schools Swimming Gala** – Winterbourne International Academy swimmers did us proud at the Bristol Schools Swimming Gala Finals in March by claiming FOUR new records and a selection of bronze, silver and gold medals.

The Intermediate boys team did exceptionally well by achieving gold in the Freestyle Relay, breaking the record they set in the heats and then repeated this feat in the Medley Relay. Jedd Woodruff broke another record and took gold in the 50m Breaststroke final. Jack Smith and Sam Lewis took silver in their individual events and the boys were awarded the overall team trophy.

The Junior boys also took gold and broke the record in their Medley Relay and backed it up with a silver from Sam Oxley in the backstroke and a bronze from Sam Taylor in the breaststroke event. Our two girls also swam well in their individual events. Georgie Locke took silver in her breaststroke event.

PE Teacher Trish Lewis said *"We are very proud of how our students performed. They are all very talented swimmers! Without the support of parents this event could not have happened so a huge thanks to them for transporting children, volunteering on the poolside and supporting from the balcony!"*

### World Book Day across The Ridings' Federation of Academies

**WIA** – Teachers and operational staff from WIA dressed up as their favourite book characters and year 7 students were challenged to guess as many characters as possible (see group shot below).

**YIA** – Students were encouraged to bring in their favourite books and exchanging choices in order to discover some new stories. YIA were also offering a £1 World Book Day special offer on Scholastic book leaflets so students could purchase new books at discounted prices.

**Woodlands Primary** – Teachers and pupils from reception through to year six dressed up as book characters, princesses, animals and super heroes and teachers gave talks during assemblies about who they were dressed up as and why the children should read the teacher's chosen book.

**Woodlands Nursery** – Woodlands Nursery staff all dressed up as dinosaurs in order to complement this term's dinosaur theme with World Book Day. The nursery children, all aged between 3-4 years old, came in fancy dress and enjoyed reading lots of different stories throughout the day.

**Woodlands Primary seek new library books** – Woodlands Primary recently renovated their library thanks to donations from B&Q, Crayola and Ikea. The renovation included new flooring, newly painted walls, matching shelving units and inspirational quotes. This is a wonderful open space near the reception area and one of the first rooms visitors pass as they enter the 3-11 year school. Woodlands Primary donated some of their older books to an overseas charity and are in the process of fundraising for new books.

During World Book Day, both Woodlands Primary and Woodlands Nursery raised over £100 from children who dressed up as their favourite book and super hero characters.

The year 5 and 6 pupils have been proactively suggesting lots of weird and wonderful ideas on how we could raise these funds and the next planned events is likely to be a cake sale later in the term. If there are any companies and people within the local community who would like to assist with fundraising or donations then, in the first instance, they should contact [rob.phillips@trfa.org.uk](mailto:rob.phillips@trfa.org.uk).



## April at Winterbourne Library

**Open: Tue and Fri: 9.30 am - 7.00 pm**  
**Wed & Sat: 9.30 am - 5.00 pm**  
**Closed: Mon, Thur and Sun**

**The Great Eggscape!** Come along to the library on Wednesday 6 April 10.00 – 11.30 am for a boredom-busting holiday drop-in and make some stomping, slithering and snapping crafts! Suitable for the primary age range.

Look out for further details of a special **Witches and Fairies Shakespeare Storytime** on Saturday 23 April starting at 11.00 am.

Singing with others has proven health benefits so why not join library staff for our **Spring Singalong** on Friday 22 April 2.00-3.00 pm. Accompanied by local music teacher Joan Ward, we'll be singing WW2 songs, songs from the shows and songs that you might have learnt at school. Suitable for 50+ no previous singing experience required. Book your place at the library.

**Our popular Quiz Night** is back on Wednesday 27 April 7.15pm for 7.30 pm start. Please bring your own tippie - glasses and light refreshments will be provided. Teams of up to six people, £3 per person, tickets from the library.

**Rhymetime:** Rhymes and songs for parents and babies/toddlers to enjoy together every Tuesday morning 9.30 – 10.00 am.

**Pre School Storytime:** Join us weekly on Wednesdays 9.30 – 10.00 am for stories and crafts, term time only.

**Pre-school Stay 'n' Play sessions!** Join library staff every Friday afternoon 2.15-2.45 pm for stories, colourings and play. This session will run throughout the year.



### Fromeside Gymnastics Club

- Pre School Classes for walking age - 4yrs - mornings & early afternoons Monday - Friday.
- Recreational classes for school age children 4 - 17yrs - weekday evenings & Saturday morning.
- Adult sessions 18+ Monday 9-10:30am
- Over 50's fitness group - Friday 10-11am

For full timetables check the website [www.fromesidegym.co.uk](http://www.fromesidegym.co.uk)  
 Contact us on: 01454 776873 Email: [office@fromesidegym.co.uk](mailto:office@fromesidegym.co.uk)



**Chatterbooks group** for young people in Years 5 and 6. The next meetings will take place on Saturday 23 April, 2.30-3.30 pm.

**Book Group** for Parents will next be meeting on

Friday 15 April, 2 – 3 pm. New members are welcome – please speak to a member of staff or contact Liz on 07825 510 079.

**Craft Group** the next meetings will take place on Saturday 9 and 23 April, 10.00 am – 12 noon. New members are always very welcome.

**Reading group** would welcome new members. We meet at the library the third Tuesday in the month 7.30 – 9.00 pm. If you are interested in joining us please contact Jenny Wellman tel: 01454 778849, email: [cjwellman@talktalk.net](mailto:cjwellman@talktalk.net).

### HAVE YOUR SAY

South Gloucestershire Council is consulting with residents about changes to the library service due to reduced funding from Government. The current proposal is to cut the library service by £650,000 from a total of £2.6m. Various ways of achieving these cuts are outlined in a consultation document available online or through libraries.

**The consultation runs for 12 weeks, until 13 May.** You are encouraged to offer your views on the current proposal, details of which can be found at [www.southglos.gov.uk/librarychanges](http://www.southglos.gov.uk/librarychanges). 'Have Your Say' if you can think of other ways of reducing costs.

**If you'd like to find out more come along to Winterbourne library's 'Coffee and Consultation' drop-in session on Tuesday 19 April 2.00-7.00 pm.** Drop-in sessions will be held at all South Gloucestershire libraries, see the link above for more details.

**For more information: Tel: 01454 868006**  
**Email: [winterbourne.library@southglos.gov.uk](mailto:winterbourne.library@southglos.gov.uk)**  
**Website: [www.southglos.gov.uk/libraries](http://www.southglos.gov.uk/libraries)**  
**Twitter: @southgloslibs** 'Like' us on Facebook: **South Gloucestershire Libraries** for all the latest news.





# FUN SEEKERS Welcome



## Tribute Night

Join us for a Robbie Williams tribute night including a 3 course meal, a half bottle of wine, tribute act and disco.  
**Friday 22nd April 2016, 7.30pm**  
**£32.00 per person**



## Love Birds Welcome

Free mini-moon when you book your wedding at Holiday Inn Bristol-Filton.

Unforgettable day at an unforgettable price.



## Charity Events

When you book your charity event at Holiday Inn Bristol-Filton we will donate 10% of the revenue to your chosen charity.

We will also provide a raffle prize.



## Picture your perfect prom

Plan your ideal prom, leavers ball or graduation ceremony at Holiday Inn Bristol-Filton.

Expect to be impressed from start to finish.



## Spirit Club

Get fit for Summer with Spirit Health Club Bristol, why not join one of our boot camps?

To book call us now on 0117 910 4253  
or email [meetings-bristol@hibristolilton.co.uk](mailto:meetings-bristol@hibristolilton.co.uk)

W: [hibristoliltonhotel.co.uk](http://hibristoliltonhotel.co.uk) | [HIBristolFilton](https://www.facebook.com/HIBristolFilton) | [HolidayInnBristolFilton](https://www.facebook.com/HolidayInnBristolFilton)

Terms and conditions apply.



## Community Matters:

### In the community with the Holiday Inn Bristol Filton

Little Stoke Gifford Matters was delighted to be invited in to the Holiday Inn Bristol Filton to meet with Margaret Coffey, Director of Sales for the Hotel. Margaret was keen to impress how much the hotel would like to improve its connections with the local community - their new General Manager, Shaun Wilde, being particularly focused on developing more community partnerships.

Each year the Holiday Inn Bristol Filton chooses a charity to support. Last year they raised in excess of £3,500 for the local Macmillan Cancer Support for the Macmillan Wellbeing Centre based at Southmead Hospital. They held a variety of raffles and cakes sales and also hosted a Family Fun Day and coffee morning which raised over £1,000. Members of staff from across the hotel team also got involved in the fundraising, such as Food and Beverage Assistant Lee Allen who raised £120 from a sponsored body wax! The Conference Ops Team hosted a bag packing session at the local Asda and raised £400, whilst the Housekeeping team raised £230 by making and selling magnets and good luck charms!

Shaun Wilde, General Manager told us: "We're delighted to present to Macmillan the funds our team has raised last year, and look forward to seeing the difference it will make to the support centre at Southmead Hospital. Whilst we enjoyed every minute of our fundraising activities, the real reason for organising and taking part in the events was never far from our minds. Macmillan is a charity close to our hearts and we know what a difference every penny makes."

The chosen charity for this year is the Make A Wish Foundation, although they are also still looking for a local charity to support too. The Holiday Inn Bristol Filton will be hosting its second Family Fete & Fun Day on 25th September this year, from 12-4pm. Margaret is looking for additional local community groups who may wish to join in with the fun day and participate by running a stall or putting on a demonstration on the field. If your community group would like to get involved please contact Margaret directly via email: [margaret.coffey@hibristolilton.co.uk](mailto:margaret.coffey@hibristolilton.co.uk).



Photo shows Margaret Coffey, Raphael Herzog, Matthew Stubberfield and Georgina McMenamin





**OSCARS** is a well established playscheme providing before and after school club and holiday childcare for primary school aged children.



Holiday Childcare  
Throughout the year.

Open from 7.45 until 6pm

Breakfast served until 8.15am

Book Full, Half or a School day.

**See our website for full details**

**www.oscarschildcare.org.uk**

The Terrapin Frampton Cotterell CofE School  
Rectory Road Frampton Cotterell

Email: [oscars.terrapi1@virgin.net](mailto:oscars.terrapi1@virgin.net)

**Telephone: 01454 250528**

\*terms and conditions apply Registered Charity No: 1133716

## Coalpit Heath Pre-School



New premises:  
Mafeking Hall  
Serridge Lane  
Coalpit Heath

We provide a happy, stimulating and caring environment for children aged 2-5yrs.

Rated "Outstanding" by Ofsted.

Our NVQ trained staff are committed to delivering the highest quality of learning and care.  
Government funded places available.

- Breakfast club featuring mini me munchies ✓  
(Lunchtime meals coming soon)
- Exciting outdoor area - Forest School Sessions ✓
- Secure premises with sole use ✓
- Open 8am – 3pm Monday to Friday ✓

To book your place please call:

**07715 531066 or 07979 475757**

E-mail: [Charnicholls12@hotmail.co.uk](mailto:Charnicholls12@hotmail.co.uk)



Based at The Greenfield Centre in Winterbourne we are a long established centre providing a range of services for local families.

### Pre-School sessions:

Pre-school sessions from 2 years:

- Weekly Forest school sessions
- Highly qualified staff.
- Grant funding for 2,3 & 4 yr olds
- Strong links with local schools

### Other services:

Baby Group, Parent Led Toddler Group and Stay and Play sessions

For more information or to arrange a visit please call Helen on **01454 773781** or see the website [www.stmichaelspreschool.net](http://www.stmichaelspreschool.net)

E: [enquire@stmichaelspreschool.net](mailto:enquire@stmichaelspreschool.net)

The Greenfield Centre, Park Avenue, Winterbourne.

## Wizkidz

After School & Holiday Club

[www.wizkidzclub.co.uk](http://www.wizkidzclub.co.uk)



Creative Activities  
Construction  
Outside Play  
Cooking  
Gardening  
Dressing Up  
And lots lots more

Wizkidz club offers a wide range of activities specially designed to deliver the key elements of the EYFS, encouraging self-esteem, learning new skills and meeting new friends.

**Bookings now being taken for**

**Summer holiday club**

**HOLIDAY CLUB HOURS**

All Day ~ 8am - 6pm or 8am - 4pm

School Day ~ 8am - 4pm

Half Day ~ 8am - 1pm OR 1pm - 6pm

For More information or to book a session please call Gemma on : **07845 900 434**

The Manor Hall, Henfield Road, Coalpit Heath.

## Raising Awareness of Baby Hip Health

### A local family's story

This month we were pleased to be contacted by a Frampton Cotterell family with a request to help raise awareness of the organisation STEPS – a national charity supporting children and adults affected by a lower limb condition such as clubfoot or a hip condition. This is a charity particularly close to their heart after calling on their support when their eldest daughter was just a few weeks old.

Mum Mady explained to me it was during her baby Beatriz's eight week check that the doctor suspected she may have Hip Dysplasia, a scan confirmed this. At ten weeks young Beatriz was put into a harness, the family were told she would have to wear this for sometime between two months to two years and surgery may be necessary.

Recalling the events Mady told me it was an extremely traumatic time both emotionally and on a practical level. The brace that pins the legs into a frog like position could not be removed at all, so there was no bathing, no swimming and clothes had to be adapted to fit dear Beatriz. It was at this frightening time that the family discovered STEPS. The charity's website filled with practical information was a life saver, the family were also able to read about several success stories on the site and were given hope. "They made the condition seem ok and we could see there was light at the end of the tunnel" said Mady.

Amazingly at twenty weeks Beatriz was able to be released from her harness. The physio the family saw, told them in twenty five years she had never

seen such a bad case. So it is remarkable what a great recovery she made in that time. Beatriz was signed off with the consultant at twenty months and has never looked back.

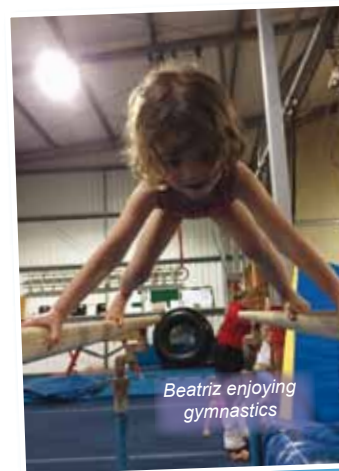
Now four years old, she is extremely active and loves swimming and gymnastics.

When I spoke with Mady, Beatriz was tearing around in the garden with little sister Lorena. It was expected that Lorena would be born with the same condition but thankfully this was not the case.

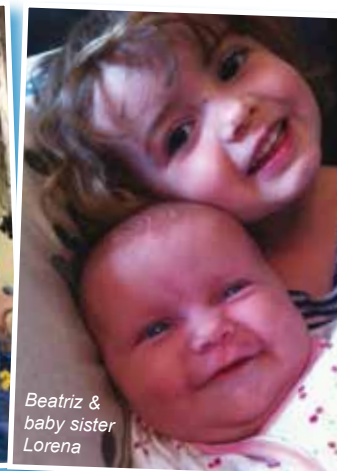
The local family would like to encourage people to support STEPS in anyway that they can, perhaps by hosting a 'Put the Kettle on' coffee morning at home or work to spread the word about baby hip health and help raise vital funds at the same time. Alternatively you can make a donation via the **website – [www.steps-charity.org.uk](http://www.steps-charity.org.uk) where you will also find lots of helpful advice. Alternatively you can contact the STEPS Helpline on 01925 750271 or email [info@steps-charity.org.uk](mailto:info@steps-charity.org.uk).**



Baby Beatriz being brave in her harness



Beatriz enjoying gymnastics



Beatriz & baby sister Lorena



A happy family!

## Health Matters at Frome Valley Medical Centre

**Frome Valley Medical Centre (FVMC) is one of the larger GP Practices in the region, caring for 14,600 patients. The Practice is committed to providing a high standard of professional care to patients of all ages, as recognised by the recent 'Outstanding' Care Quality Commission result.**

FVMC adopts a holistic approach to medicine and hosts regular multidisciplinary Team Meetings to ensure that the best care is given to patients. There is an independent pharmacy next door, and the Surgery is utilised by visiting Health Visitors, Physiotherapists, Dieticians, Audiologists and Chiropodists, Diabetic Retinal Screening and Counsellors.

Doctors visit patients at residential and nursing homes locally. Practice Nurses run a variety of special disease management clinics for asthma, COPD, diabetes and heart disease. Patients with these conditions attend regular health reviews. We offer Cervical smears and contraceptive services, immunisations, travel health, child health and health promotion. Over 75 year olds are offered an annual health check and the most vulnerable patients are identified and regularly reviewed.

We have to date given 3,500 flu vaccinations to

patients this year. Do get in touch if you are eligible but have not yet arranged to have yours. You are entitled to a free flu vaccination if you are 65 years or above, or if you have a chronic condition such as diabetes, heart or kidney disease or asthma. We have also provided nasal flu vaccinations to children aged 2, 3 or 4 again this year. We offer private flu injections separately for those not eligible for the free NHS vaccinations at a cost of £10. Free Shingles vaccinations are also given to eligible patients who are 70, 78 and 79 this year, who should already have received an invitation.

If you care for a relative, friend or neighbour and would like support, do tell us. A carers group meet regularly at the surgery and find it a useful opportunity to support each other and exchange information. We also have an active Patient Participation Group which meets regularly to discuss the patient experience and help us to provide the best possible service. The Friends of Frome Valley Medical Centre continue to provide very valuable support, fundraising to purchase items of equipment which might otherwise be difficult to fund. All these groups welcome new members if you have a little time to spare. Do let us know and we will put you in touch.

**FVMC: Main Switchboard number 01454 772153. Out of Hours Service 111.**



### FROME VALLEY MEDICAL CENTRE

2 Court Road, Frampton Cotterell, Bristol, BS36 2DE. Telephone 01454 772153 [www.fromevalley.nhs.uk](http://www.fromevalley.nhs.uk)

Frome Valley Medical Centre is an NHS medical practice which offers a broad range of services.



#### NHS Services Include:

Management of chronic diseases  
Early / Late clinics for working people  
Family Planning and 'No Worries'  
Stop Smoking  
Carers Group  
NHS Healthchecks  
Immunisations

#### Plus a range of Private Services:

Travel vaccinations (including Yellow Fever)  
Medicals for employment and HGV  
Private Smears  
Physio, Acupuncture and Podiatry

**Opening Times:** Monday 8.00 am - 6.30 pm Tuesday 7.30 am - 7.00 pm  
Wednesday 7.30 am - 7.00 pm Thursday 8.00 am - 6.30 pm Friday 8.00 am - 6.30 pm

The surgery offers a variety of clinics during these times. Phone lines are open from 8.00 - 6.30

## Roll on the next match for Paul's Place Boccia Team!



In the last Winterbourne Matters, it was stated that Mark Rance, Andy Batten and Matt Badman had qualified for the finals of the Boccia England Heathcoat Cup. Unfortunately, due to the politics and strict rules that govern the game of Boccia, all three were subsequently disqualified as a result of them being reclassified into different groups. It might have been fairer to let them carry on in the competition, but Boccia England have made it quite clear that those are the rules.

Last weekend the Superleague team travelled to Mansfield to play in the second round of their competition, which ended with an underwhelming outcome. It was a bit like a Paul's Place version of a Lamppoon Vacation movie! The two hour journey took the best part of five hours, but we eventually arrived at our hotel in good spirits. We had booked four rooms, only two of which had the right number of beds! We eventually sorted that out by moving rooms. We always have to leave by 8am in the morning to get to the sports centre in time to register, which means we need breakfast by 7.30am at the latest. The pub attached to the hotel did not open until 8.00 am for breakfast, but we talked them into opening at 7.30am.

The back door of our minibus decided it would not open anymore, which left us with a slight problem.

We could not get Sean's wheelchair back on the bus. Fortunately, another team member, Andy, takes his own transport and we managed to load Sean into Andy's van for the rest of the weekend. Then on the way to the sports centre, the sunroof shattered for no reason – leaving us shocked and cold for the rest of the journey to the venue.

To compound a slightly disappointing weekend, the team performed well below their potential to finish fourth out of the six teams. Our first game ended in an 11-3 victory against Bury, but was less than convincing. The second game against our big rivals, The Southern All Stars, ended in a 6-5 defeat but the manner of it was disappointing. They played badly and we were worse! Our final match of the day resulted in a 7-1 defeat against Bexley Hill Dodgers, who, on any other day, we would beat in second gear. If ever the phrase "bad day at the office" was appropriate to use, this was the right time! This was the first time in a couple of years we have looked like rabbits in the headlights, losing all confidence and composure.

The team now has to regroup and come back stronger. We have already focussed on some of the issues in our first training session since the weekend and will be back better than ever next time in May.

### HARBORD OPTICIANS

Welcome to Mike Harbord Opticians - a family practice in Winterbourne Village.

Friendly, personal service and advice.

Full Eye Examinations and Retinal photography.

Qualified Optometrists and Dispensing Opticians.

A wide range of spectacles from NHS to handmade and bespoke frames.

Call today for an appointment

**01454 775530**

3 WHITEGATES, FLAXPITS LANE, WINTERBOURNE BS36 1JX

## Clinical Hypnotherapist

**Catherine Smart DHP MNCH CHBP**

Hypnotherapy can help you:



- Stop smoking
- Stop panic attacks
- Lose weight
- Improve your self-esteem
- Combat Fears and Phobias
- Easibirthing practitioner for labour and fertility
- Stress and anxiety



Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

Call me on: **07964 991689**

E: [Catherine@SmartHypnotherapy.co.uk](mailto:Catherine@SmartHypnotherapy.co.uk)

Based in Winterbourne





Don't miss our even more exciting  
**Winterbourne Down Village Carnival**  
**Saturday 30 April - Monday 2 May 2016**  
News from the Carnival committee



As stated in the heading, we are planning to make our carnival even more fun-filled and exciting than last years! Our 2016 theme is 'Mystical Creatures'.

On Saturday 30th April, we have something special for the children of the village and their friends. **Fantastic Mascot Show** will be at **All Saints Hall from 7pm** to entertain for an hour. Bring the children along to meet the fantastic characters. This will be followed at **8pm** by an **evening of line dancing with Sam's Sidesteppers** and Fred and the team will provide a lip-smacking BBQ. Tickets go quickly for this event, so don't leave it too late to order yours.

On Sunday 1st May, we will be combining the Treasure Hunt with our Scarecrow Trail – details appear later in article. Our Sunday evening Songs of Praise will take place in the Methodist Church at 6pm.

On Carnival Monday, apart from some new and exciting acts to entertain you throughout the day, we are once again inviting commercial stalls, as well as the charity stalls, to line the streets.

We will be decorating Down Road as usual and extend an invitation to residents to join in the spirit and display flags etc..

So, in brief, Fantastic Mascot Show, Line Dance and Barbecue at All Saints' Church Hall on Saturday, 30th April. Tickets will be on sale from 1st April (Adults £5/Children £3 to include the delicious Barbecue) – contact Fred Smith 01454 772072 or Sue Cessford 01454 777881. Remember to bring your own drinks and plastic glasses to Line Dance/BBQ but drinks will be provided for children at the show.

**On Sunday, 1st May - Family Village Treasure Hunt combined with Scarecrow Trail starting at 2pm. from Winterbourne Down Methodist Church Hall.** Refreshments will be on sale in the church hall from 2.30pm and from 2.45pm entertainment will be provided, free of charge, by the Westerly Showband. Everyone is welcome.

This will be followed at **6pm** by **Songs of Praise in the Methodist Church** with entertainment provided. The charity for the collection this year will be the British Red Cross.

**Monday 2nd May is Carnival Day**, when there will be a **procession from Bradley Avenue shops, leaving at 10.15am, to the Methodist Church grounds.** Please arrive at starting point by 10am. because Fred will be offering a special prize for the best dressed participant in the procession. Judging of age groups will take place at the Methodist Church grounds where great money prizes will be awarded. **Remember to turn out your mystical character costumes** – Tinkerbell, Little Mermaid, Shrek and Avatar, are all welcome. Now is the time to start preparing!

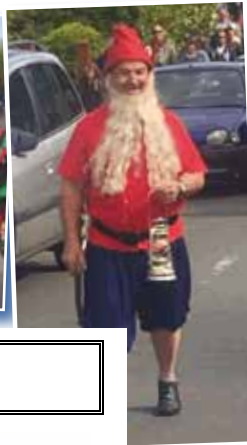
Craft and Charity stalls will be set up in Down Road and Camp View. If you wish to run your own stall to raise funds for your favourite charity or you would like to rent a table to sell home made produce/crafts and are willing to make a donation to our chosen charity, please contact Anthé Evans on 01454 778156 for further information.

**Full details of the weekend's events will be available in the Carnival Programme on sale from 1st April from committee members. Please come along and enjoy the weekend and don't forget to invite your friends!**

The carnival committee runs its own stall during the carnival day, the proceeds of which go towards the next carnival and to local charities. We are in need of any spare items you may have sitting around (unwanted Christmas presents!). This can include good quality toys, books, household goods, good quality bric-a-brac, etc. Please contact any committee member for more information.

If you want to be involved in the organisation of our carnival, please come to one of our meetings – 4th and 18th April at 8pm in the Methodist Church hall. We will once again be seeking volunteers to help during the carnival day with setting up/manning stalls/manning the road closure areas and tidying up. Please contact Fred to add your name to our 'volunteer list'. All we ask is an hour of your time to help make this carnival day another great success.

**For further information please contact either the Chairman on 01454 772072 or myself, Sue Cessford, on 01454 777881 or visit our website [www.wdcarnival.org](http://www.wdcarnival.org) or our Facebook page [www.facebook.com/wdcarnival](http://www.facebook.com/wdcarnival).**



**30<sup>th</sup> April, 1<sup>st</sup> 2<sup>nd</sup> May**



## Theme – Mystical Creatures

Line Dance  
& BBQ

Fancy Dress  
Charity Stalls  
Craft Stalls

Refreshments  
Demonstrations  
Small Animals

Songs of Praise  
Treasure Hunt

May Queen  
Entertainment  
Scarecrows

Raffle  
Maypole  
Remote Control  
Boats



**2016**

This year's charity is **British Red Cross**.  
Full details can be found in our **Carnival Programme** which can be purchased from **Winterbourne Library, The Cross Hands, Salon Fifty2, Newsagents, Bradley Avenue** and committee members for 30p.

Further information: Fred 01454 772072 or [www.wdcarnival.org](http://www.wdcarnival.org)



# Friends of Brandy Bottom Colliery, Pucklechurch

**Progress:**  
**December 2015 – February 2016**

Clearance work in the northern corner of the Vertical Engine House in December uncovered a channel in the south-east wall. The opening leads to a vertical

channel on the outside of the wall. The top of the latter channel is located below ground level and is sealed, so the direction of the channel will have to be investigated at a later date when specialist equipment is available.

In January 2016 Historic England agreed to fund restoration work, mainly in the Old Pit area, and CWS Landscaping returned to site. The southern corner of the Cornish Engine House had been rebuilt by the end of January and work on this building was largely completed by the middle of February. A buttress is being built at the southern end of the bob (north-west) wall to support the arch in the wall. The area around the alcove in the south-east wall has also been patched.

The masons are also working in the Vertical Engine House, where the south-east wall is currently being partly rebuilt. This includes the reinstatement of the fireplace, dated 1882. The position of the holding down bolt in front of the fireplace suggests that the latter may have been a later addition.

A buttress is being built against the south-west wall between the winding drum pit and the adjacent engine bay to support an overhanging section of wall that is currently held up by ivy roots.

Clearance work by the volunteers at the heapstead end of the southern fan duct uncovered the bottom of one of the dampers still in place. It is still sitting against a cement seat in that (southern) wall, and there is a mark on the opposite wall where it must have hit when closing the northern duct. The northern duct has been cleared of spoil, revealing a sloped bottom. Spoil clearance outside and to the north of the ducts, has uncovered two square engine beds. Adjacent to them is a length of armoured power cable. An 8 1/2" long glass bottle, marked 'Holbrook & Co' was found in this area. Spoil clearance outside the fence has uncovered what may be the position of the fan. A curved brick built structure has been found under the ground level, aligned with the engine bed found in 2013.

The masons stripped back the ivy and other shrubs growing along the top of the Old Pit heapstead walls so that the tops of the walls could be capped at a later date. This uncovered two structures that were probably tippler slots for loading railway wagons and these were investigated by the volunteers. One artefact found here was part of a spoken wheel, probably from a coal tub. Cleaning off-site separated it into two pieces, the remains of the wheel and an unrelated piece of bent pipe. This area is still being investigated.

## Outline of Work for 2016

Following discussions with Historic England about a grant, it was decided to use professional masons to rebuild/patch/repaint/cap various walls in 2016. This will stop further deterioration of the structures by sealing surfaces against the ingress of rain. As well as the work on the Cornish Engine House, Vertical Engine House and Old Pit heapstead ramp wall that has already been described, the contract includes capping of the tops of the Old Pit heapstead walls and repointing the brickwork on the outside of the top of the chimney. Other work that will hopefully be completed this year is the capping of the top of the New Pit heapstead walls, rebuilding the edges of the doors and windows in the Horizontal Engine House, and repairs to both the brickwork of the passage under the Pumping Shaft crossover and the fan ducts.

There is still plenty for the volunteers to do. As well as continuing their work in the Fan Engine house area, there are a number of features elsewhere that have been uncovered by the masons and which need investigating. There are some walls that need rebuilding and repointing. And by the time they finish that lot, Brandy Bottom is bound to have pulled something else out of the hat!

## Forthcoming Work Parties

Access to the site is limited to days when there is a work party in progress. The dates for work parties for the remainder of 2016 are currently: Wed 13, Sat 23 April; Wed 04, Sat 14, Wed 25 May; Sat 04, Wed 15, Sat 25 June.

**For further information about the project or to enquire regards working parties, please visit [www.aibt.org](http://www.aibt.org).**



Above: The dogtooth gap of missing masonry in the north-east wall of the Cornish Engine House, taken from the inside of the building.



Above: The inside of north-east wall of Cornish Engine House during the rebuild and afterwards below.



All images thanks to R Whitworth ©

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**Winterbourne Matters** was pleased to catch up with **Claire White** from **Winterbourne Rabbits (and Guinea Pigs!)** for this issue. We learned that rabbits are the UK's 3rd most popular pet and there are more than 60 breeds to choose from (who knew that!)

Claire and her team know all about rabbits, having over 30 years experience in caring for and working with rabbits and guinea pigs. She offers a 5\* holiday boarding service for your pet bunny or guinea, which offers large, clean, airy and spacious facilities, giving you peace of mind to enjoy your time away.

Winterbourne Rabbits operates a non-profit rescue centre for re-homing rabbits and guinea pigs, working very closely with the local vets in connection with re-homing and health checks of the rescued pets. The centre is vet approved and holds a full South Gloucestershire County Council Rescue Licence which allows them to provide a re-homing facility for pets that can no longer be cared for by their owner (for a variety of reasons). Winterbourne Rabbits will not judge anyone who brings in a rabbit or a guinea pig for rehoming - being only concerned about your pets welfare. They will provide a happy caring home for your pet until a suitable loving new home can be found.

However, re-homing is an expensive process, including not just food and board but also vaccinations, neutering (where necessary) and vets' bills. The rescue centre is operated on a very small budget, relying on donations to help contribute towards the expense.

***There are plenty of rescues looking for loving homes, so if you are seeking a new pet rabbit or guinea pig, why not contact Claire - she may well have the perfect pet for you?***

Winterbourne Rabbits will be at the Royal Bath & West Show on 3rd/4th June this year raising awareness of the Rabbit Rescue, along with some rabbits and guinea pigs looking for new loving homes!

Winterbourne Rabbits are dedicated to the welfare of rabbits and guinea pigs and are happy to provide advice and guidance where needed - there is a wealth of information under **'caring for your pet'** on their website [www.winterbournerrabbits.co.uk](http://www.winterbournerrabbits.co.uk) that you are welcome to browse and Claire would be pleased to hear from you if you require further information. Telephone 01454 774 965 or 0771 373 2210, you can also find them on facebook 'Winterbourne-Rabbits' and follow them on twitter /WbourneRabbits.

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In a relaxed environment, our volunteers will show you how to use a computer (PC, laptop or tablet) for word processing, creating spreadsheets, writing emails and using the internet.

Whether you are a complete beginner or someone who wants to improve their skills, we can help.

We use our own PCs, laptops and tablets but you are welcome to bring your own with you and our volunteer helpers will be happy to help with any questions which you may have resulting from use of your own computer or tablet. With one helper for every 2 students, you will learn through practical exercises with someone always on hand to help if you need it.

The Computer Group meets at the Brokeridge Centre in Frampton Cotterell on Monday to Thursday mornings. Each session lasts for 2 hours and costs just £2.50.

You can attend as many sessions as you like as our courses are designed so that each person can proceed at their own pace. You can join the Computer Group at any time as soon as there is space available on the day you would like to attend.

**If you would like to book a place, please contact: Jill Allan on: 01454 864442.**



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**Frampton Cotterell Computer Group**

[www.fccomputergroup.uk](http://www.fccomputergroup.uk)

If you would like to learn how to use your computer or brush up on old skills, we are here to help you with one to one and group sessions. We meet at The Brokeridge Centre, Woodend Road Frampton Cotterell.

**Mon - Thurs 9.30am - 11.30am**  
**for each 2 hour session the cost is £2.50**

**If you would like to join us please call Jill on: 01454 864442**

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## News from Crossbow Singers

Crossbow Singers are now well into rehearsals for their Summer Concert, under the temporary leadership of Carolyn Dutton, ably assisted by Liam Grogan and accompanied on the piano by Mary Darby. Our regular Musical Director, Rachel Gittoes, is currently on maternity leave and we all wish her well. At the time of writing, Rachel is still awaiting her new arrival, but, by the time this article goes to press, all that may have changed! Good Luck, Rachel, we send you our love.

The music for our Summer Concert has been chosen by our newly appointed Music Committee. They have decided upon the theme 'Great Music for Great Britain', choosing music written by British composers from various ages and genres – hopefully something there to suit all tastes. Our **Summer Concert will take place on Monday and Tuesday, 4th and 5th July, so put it in your diary now and look out for our posters around our area nearer the time.** All profits from the Summer Concert will be shared between two charities nominated by members of the choir. We rehearse and perform in Crossbow House, School Road, Frampton Cotterell. Before the concert, however, Crossbow Singers will be holding their AGM, when the items under discussion will range from business matters such as appointing officers, to what refreshments to have



at the concerts and whether we should change our dress code! The important matter of the charities to be supported this year will also be decided. The AGM will be held at 7.30 pm on Monday, 11th April in Crossbow House.

### Would you like to join us?

As always, and sadly in common with many mixed choirs, we are in need of more tenors and basses. **We are a friendly group who meet each Monday evening during term time, starting at 7.30 and finishing around 9.00 pm.** Although helpful, it is not necessary to be able to read music – all 4 parts are practiced thoroughly. However, a love of singing is essential! So, if you sing tenor or bass and have Monday evenings free, why not come along and give us a try? We look forward to welcoming you.

A rather belated Happy New Year to all our supporters.

**Chris Palmer, Choir Secretary**

## Triathlete Champion at Launch of Triathlon in aid of MS Therapy Centre

The West of England MS Therapy Centre held its launch party at the Players Club, Chipping Sodbury, on Thursday 10th March, for their first annual Players Spirit Triathlon.

Matters Magazines was delighted to be invited along to learn more about the event that will take place on Sunday 2nd October 2016.

The triathlon will include a 750 metre swim, a 20 kilometre bike ride and a 5 kilometre run in what will be the charity's biggest ever event, raising funds for the services provided at the local Centre for people living with Multiple Sclerosis and other neurological conditions.

Jane Leslie, mother of MP Charlotte Leslie and British Champion Triathlete, opened the event registration stating "for those of us lucky enough to have health and opportunity we must try to give something back. I really hope we will be very well supported in this."

*"If you are thinking about setting yourself a physical challenge this year, this event is perfect; to get fit and at the same time support people in our community, it is a win, win situation all round!"*

**Jane Leslie, British Champion Triathlete**

The launch party was attended by some of South Glos' finest dignitaries to promote and assist The West of England MS Therapy Centre's good work. Councillor Erica Williams, Chairman of South Gloucestershire Council, commented: "It is lovely to have this event in South Gloucestershire. MS is not as widely supported as a lot of national charities but I think this will certainly raise the profile and it certainly deserves the support."

Terri McDonald Head of Fundraising for the MS Centre said "The Triathlon will be held at The Players Club, one of the region's most prestigious golf courses and the first of its kind to be held at the championship golf club.

"The course will see participants swim 750m in an open-water lake, cycle 20km through village lanes and finish with a 5km run along the scenic greens of the course itself. We will be working alongside Triathlon England, governing body for the UK's Triathlon, with their wealth of experience from health and safety regulations, accreditation and having a Triathlon England race official at the event will put our Players Spirit Triathlon on the map in the West Country".

**Competitors can now register online at [www.mstherapybristol.org.uk/triathlon](http://www.mstherapybristol.org.uk/triathlon).**

Opportunities for event sponsorships are also available with packages starting at £500; please email [terri.mcdonald@mstherapybristol.org.uk](mailto:terri.mcdonald@mstherapybristol.org.uk) or [emma.sansom@mstherapy.org.uk](mailto:emma.sansom@mstherapy.org.uk) or call 01454 628725 for more information.



**Jon Greenwood, GB Triathlete and Jane Leslie, British Champion Triathlete**

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### Unwanted Foreign & Old Coins Appeal

The back of drawers, in sofas we all have little corners we have not looked in for ages. Please have a look and put your old coins to good use, it will enable RP Fighting Blindness to continue giving help and support where it is needed.

The Used Stamp Appeal continues, Gina and Ron would like to say a big thank you to all who have sent stamps previously, if you have not, but would like to send us your used stamps please do (if you can trim outside the perforations we get more money for them) also unwanted collections are welcome.

Do you belong to a group or club that have speakers? Would they like someone to come along and give a talk? The talk is designed to be Interesting, Informative, & Humorous, (we do not charge for the talk) so please feel free to contact us. Ron & Gina Pritchard 22, Huckford Road, Winterbourne, Bristol, BS36 1EA

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**[www.rpfightingblindness.org.uk](http://www.rpfightingblindness.org.uk)**



## Wind Band Association Celebrates Charity Status

Two years after its formation, Avon Wind Band Association is celebrating being granted full registered charity status by the Charity Commission.

The Association came into being in February 2014. It comprises four bands with a total of nearly 90 members. Between them the bands cater for players of all levels and abilities ranging from Grade 8 players to complete beginners.

The Phoenix Wind Band (top photo) is the senior band with the majority of its 28 players being of Grade 6 standard and above. It rehearses at Emersons Green Library on a Monday evening. The Phoenix Band was also formed in 2014.

The Apollo Band (photo 2) has been together for just over three years and caters for players of around Grade 3 and 4. It meets in Yate on a Tuesday evening.

The Westerly Winds Staple Hill Band (photo 3) has been playing for just over two years and, as its name implies, meets in Staple Hill Library on a Wednesday evening.

The most junior band is Winterbourne Winds (photo 4) which was formed just under eighteen months ago for complete beginners and returners. They meet at the Greenfield Centre, Winterbourne on a Thursday evening.

Having a "family of bands" at all levels offers the opportunity for players to move to a different band as their skills develop. Currently the minimum age for band membership is 18 years but the Association is on the point of offering membership to 16 and 17 year olds. Although based in South Gloucestershire, many of the players were attracted to the bands from further afield.

Keith Hunt, Chairperson of the charity, said "We are always open to welcome new members of all abilities and it would be a fitting way to celebrate the new status of the Association if the membership reached 100 this year."

**Anyone interested in joining should contact Keith on 0117 9049125 or by e-mail [keh35@blueyonder.co.uk](mailto:keh35@blueyonder.co.uk) who will be pleased to answer any questions. Further information can be found on the Association's website**

[avonwindbandassociation.com](http://avonwindbandassociation.com)



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## Frampton Cotterell & Coalpit Heath Village Diary 2016

### April 2016

**Sat 2nd - The Alligators**, Rock 'n' Roll Band, WADCA, from 7pm. Tickets £8 in advance or £10 on the door. Tel. 07710 626746. email - [ca.winterbourne@gmail.com](mailto:ca.winterbourne@gmail.com)

**Fri 8th - Frampton Folk Music Club**, Crossbow, School Road, 8pm.

**Sat 9th - Fun Pictorial Quiz**, WADCA 8pm. Teams of 6 but you can make up teams on the night. Bar from 7.30pm. Raffle. Tickets £5 tel. Margaret 01454 773370 or WADCA 01454 776268

**Wed 13th - Carer's Club**, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925

**Wed 20th - Community Coffee morning**, Manor Hall, Coalpit Heath, 10.00-12.00. Free entry. Sponsored by NISA. Alison Allan Tel: 07873 747513 for more details.

**Wed 20th - Frampton Local History Soc**, Zion church, 7.30pm. [rockthom@btinternet.com](mailto:rockthom@btinternet.com)

**Wed 20th - Sat 23rd 'Patience', Winterbourne Musical Theatre**, WADCA, Watleys End, 7.30pm. Saturday matinee 2.30pm. Musical comedy. Tickets tel. 01454 317408 [www.winterbournemusical.co.uk](http://www.winterbournemusical.co.uk)

**Wed 27th - Litter Busters**, 10am - 12:00, meet Heather Avenue.

**Wed 27th - Forget-me-not Singalong Group**, Zion, 2pm-3.30pm. For local people who like to have a sing along. Details from Jean 01454 775786 or Rona 01454 886925

### May 2016

**Wed 11th - Carer's Club**, Zion, 2-4pm. Carers welcome to stay with the person they care for or use the free time as they wish. More details from Jean 01454 775786 or Rona 01454 886925

**Thur 12th - Sat 14th - Winterbourne Players production**, WADCA 8pm

**Fri 13th - Frampton Folk Music Club**, Crossbow, School Road, 8pm.

**Wed 25th - Forget-me-not Singalong Group**, Zion, 2pm-3.30pm. For local people who like to have a sing along. Details from Jean 01454 775786 or Rona 01454 886925

## Community Matters cont ...

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**Carers Support Centre**  
Bristol & South Gloucestershire

**Volunteers Needed to Support Carers:** Could you please help develop and increase support to carers, people looking after an unwell, disabled or elderly family member or friend in Bristol and South Gloucestershire? Could you help develop the support that carers can access through their G.P. surgery and other sources? If you are outgoing and could offer two mornings a month to meet, greet and give information to carers when they visit their GP surgery, the Carers Support Centre would be very glad to hear from you. Full training and support for this role is provided. Please contact, Mike Hatch, GP Carer Link Volunteer on 07503 577830: alternatively please send an e-mail with your name and telephone number to [mikeh@carerssupportcentre.org.uk](mailto:mikeh@carerssupportcentre.org.uk).

If YOU look after someone who couldn't manage without you, and would like some information about their services for carers or would just like someone to talk to about caring for the person you look after, please telephone the Carersline on 0117 965 2200 or visit the website [www.carerssupportcentre.org.uk](http://www.carerssupportcentre.org.uk).

**Volunteer to bring joy to the lives of older people:** Volunteers (aged 50+) are sought by respected charities, Alive! and RSVP, to lead activity sessions for older people in care homes involving music, poetry, reminiscence and armchair exercise. Make a real difference to the lives of older people and have a great time doing it. Comprehensive training and ongoing support will prepare you for one of the best voluntary roles in town. Feel good, meet new people, develop your skills and use your outgoing personality to light up lives in Bristol care homes. For further information: contact [jan.snook@rsvp-west.org.uk](mailto:jan.snook@rsvp-west.org.uk) or [ken.dolbear@rsvp-west.org.uk](mailto:ken.dolbear@rsvp-west.org.uk) or 0117 942 3085.

**Barnforce Morning** Usually the 3rd Saturday each month, 10am-1pm. A small friendly group which maintains and improves the barn site, and tends the productive garden. Anyone welcome on any Barnforce morning – ring Robert on 0117 957 4921 for details or just turn up! Check the website for dates. [www.WinterbourneBarn.org](http://www.WinterbourneBarn.org). **Garden Group Friday mornings** 9.30 - 12.30. For 5 years the team have been growing vegetables at the Barn and selling some produce to 'Melanie's Kitchen' in Downend. The Barn acts as a allotment for people who have some, or no, expertise in growing vegetables, to learn and have fun. They meet on site on Friday mornings in a very informal manner - those who want to turn up do. For more details ring Liz Smith 01454 775306. [www.WinterbourneBarn.org](http://www.WinterbourneBarn.org).

**Helpline Volunteers Needed** Womankind Helpline offers listening support to women experiencing mental health difficulties and emotional distress, including those with experience of domestic and sexual abuse. They are seeking volunteers for their next training course which starts in April 2016 – the training and the Helpline are run from our offices in central Bristol. They offer: High quality training programme; Experience of volunteering using listening skills; Support and supervision; Expenses; An opportunity to meet and socialise with other volunteers. For further information or an application pack contact Nicola or Suzi at [nicola@womankindbristol.org.uk](mailto:nicola@womankindbristol.org.uk) or [suzi@womankindbristol.org.uk](mailto:suzi@womankindbristol.org.uk) Tel 0845 4582914 or 0117 9166461. Please note that this role is best suited to women only, over the age of 21 years.

**Antique & Vintage Fair, Sunday 3rd April 10am-3.30pm**, Ashton Court Mansion, Long Ashton Bristol BS41 9JN. 40 quality stalls - all in doors. Antiques & Collectables; Vintage & Reclaimed; Café with afternoon cream teas; £2.00 entry (under 16s free); Car Park access: Kennel Lodge entrance.

**Caravan Bookings:** Paul's Place caravan on the Haven Site is disabled friendly and is situated on a perfectly flat area in Burnham-on-Sea. There are lovely facilities which include two swimming pools, two fishing lakes, Spar shop, café/ restaurant and evening entertainment perfect for kids and adults. It is a short walk along the promenade to the town centre which is all on the flat and completely suitable for wheelchairs. Caravan facilities include: portable Hoist, portable shower chair, underneath bed clearance for hoist, sufficient wheelchair access around caravan, twin room, twin room with hoist, put up bed, pull out double bed in lounge, accessible veranda area with patio table and chairs, TV, DVD player and full kitchen. Caravan site facilities include: crazy golf, cash Point, indoor and outdoor pools, kart hire, two fishing lakes, launderette, restaurant and takeaway, show Bar, archery, bowling, and so much more. Bookings are now being taken for 2016. If anyone has any interest regarding prices and bookings then please contact the office on 01454 777236 / [info@paulsplace.org.uk](mailto:info@paulsplace.org.uk) or [disabledholidays.com](http://disabledholidays.com).



## Local Estate Agent Sponsors Sports Department

MacKendrick Norcott is the proud new sponsors of Frampton Cottrell C of E primary school sports department having supplied funding for PE teacher Mr Osborne to design four new full sports kits for the Netball, Football, Basketball and Rugby teams.

As a thank you, members of the Winterbourne-based estate agent were invited along to assembly to present the children with their new kits, and in return were presented with a beautiful bouquet of flowers (in company colours too!).

MacKendrick Norcott would like to take this opportunity to wish the children the best of luck in all their sports competitions for this year!

MacKendrick Norcott is the longest established estate agent in Bristol and South Gloucestershire, having survived and grown stronger through many market fluctuations in its 39 years. The local agent is actively engaged in selling, letting and managing property across a wide area surrounding its Winterbourne base and continues to work with its original objective in mind – “When we deal with customers we hope to retain their business for life and aim to provide a very personal committed service. Being a part of, and supporting, the local community has always been an important and integral part of our company and supporting the local primary school with their new sports kit is just one way in which we are actively involved.”



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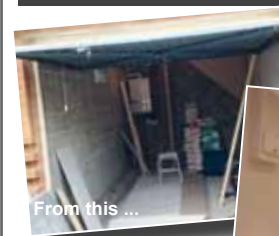
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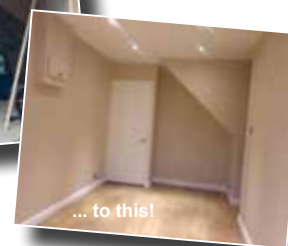


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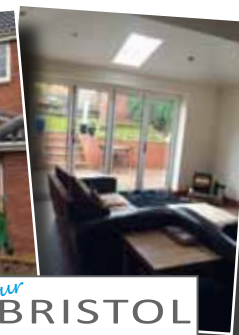
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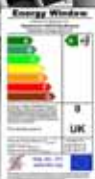
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